

# CREp182

 Tue, May 27, 2025 9:32PM  2:44:58

## SUMMARY KEYWORDS

human trafficking, narcissism, sleep paralysis, shadow people, dark entities, trauma, consent, dream manipulation, spiritual contracts, radical empathy, abuse prevention, control mechanisms, doppelganger theories, screen memories, vampiric entities, Human trafficking, emotional manipulation, narcissism, predator interview process, vulnerability, digital privacy, emotional avatar, abuse prevention, psychological impact, support network, predator tactics, emotional connection, online safety, parental supervision, emotional vulnerability., Emotional manipulation, narcissistic behavior, human trafficking, communities of belief, Corey Good, Blue Avians, delusional experiences, emotional boundaries, radical empathy, Reef Cares, mental health crisis hotline, 988, suicide prevention, storytelling, Curious Realm.

## SPEAKERS

Speaker 4, Speaker 5, Speaker 2, Speaker 3, Speaker 1, Speaker 6

---



00:17

Coming to you from the city of the weird



Speaker 1 00:22

exploring. Topics from the esoteric and unexplored to dimensions unknown, shining a light of truth on the darkest corners of our reality.



00:34

Welcome to the curious realm. You



Speaker 2 00:46

Well, hello everybody, and Happy Tuesday night. So glad to be right here with you, so glad to be back home. Nice few weeks on the road. Getting bad keeps me in shape keeps me doing



01:01

.. .. . - .. .. . . . . .

things. Hey, road family, Hope y'all are well tonight.



01:05

Man, we've had



Speaker 2 01:07

some fun conversations over the last few weeks. We got into some Knights Templar the UFO whistleblower stuff. Make sure to go by and check out Tyler Roberts folks, his show total disclosure is fantastic, and he's been working hard with the International UFO Bureau getting things up and running over there. So congrats to our friends over there for finally getting their reporting system up. Everything else. Stop on by and check them out, folks, international UFO bureau.com our guest in the second segment tonight is our good friend Billy Joe Kane, as well as his wife for the first time, as we speak about Jacqueline all the time on the show and the fact that they began radically Education Foundation together, and she really is behind the scenes a lot with it. But we get together tonight, actually, here in studio, and talk about the roots of abuse, narcissism, how people come to be human trafficked. You know, how people come to join cults, all kinds of things this, this narcissistic means by which people control others. And we'll be talking a lot about that through, through a song from the movie Hunchback of Notre Dame from Disney. So it's pretty interesting how the lyrics of that song literally lay out the way that somebody controls another person's mentality and makes them think that that is a normal, healthy, good thing. So we'll be getting into that in the second part. Our guest in the first part is our good friend Vicky Joy Anderson. She is the author of they only come out at night. Her website is vickjoy anderson.com we will be talking with her tonight about dark entities, shadow people. This. This is one of my favorite topics, Vicki, because it is something that is that has literally happened in my life when it comes to paranormal experience. This, the experience of the old hag and and shadow people is one that is has definitely impacted me, like I had a shadow person actively grab me and start climbing on top of me, and it was one of the most frightening experiences of my life. I know it was tied to sleep paralysis, but, but it's still one of those like I experienced that, and it shook me to the core when it happened. What? What brought you down the path of researching this topic to begin with. Vicki,



Speaker 3 03:47

yeah, well, first of all, Chris, thanks for having me back. It's been a while I missed you. So thanks for having me again. And so it was, it wasn't really by choice, even though I never in a million years anticipated that I would be researching or writing about this topic. It's been a part of my life, probably since day one. I can pinpoint the first beginning to end sleep paralysis experience I had at about four or five years old. I remember because we were living in a house in Willow Grove, Pennsylvania, and it was the 70s, so I had my olive green shag carpet my bedroom that that year, right? So I can, I can trace it back to then, because my first experience that was memorable from beginning to end was in this room, and it was an, it was an out of body version, because I had leapt out of my bed, or so I thought, and was running towards my door to, you know, run down the hall and get my mom and dad, and all I remember is this little girl is looking at my bare feet with the green shag carpet, you know, coming up through my toes. And I got to the door, and the door was closed. Closed, which I think was unusual back

then, because I would sleep with my room open, so I because the hall light would be left on for me and my brother. And so even from that early, early experience, there were some glitches. I always tell people that you you have to have a little bit of a totem light, to quote, Inception. You can usually tell, even when you think you're awake in your bedroom. You can't always tell, because I think that they have a way of doing a screen memory there, and there's, there's usually a glitch there. You know, there's usually a glitch, there's something off in the room. Not a lot of things. It'll be like one thing. But I do believe that the experiences started before then, because I also remember, at an earlier date, telling my mom that I was afraid of the shadows on my wall. And the reason I remember this at such a young age is the moonlight was coming in through my bedroom, and my mom said, No, those are just shadows of the trees outside. And she did this little experiment with me, where, in the moonlight, she would put something and make a shadow puppet on the wall, and then I had to guess what it was. And so I just remember my little black patent leather Sunday School shoe, and I remember it going up against the wall and saying, it's my shoe. And she did like two or three things until I could guess. And I went to bed, very pacified and made sense to me. And yet, in retrospect, many, many years later, I look back and thought, I wonder what shadows I was really talking about at three years old. And then if you go back even earlier, I have a memory of when we lived in Virginia. And I remember again, I remember this because it was like a funny story between my mom, and I remember telling her I was afraid of the dark, and she said, You don't have to be afraid, because the angels are watching over you. And I was so young, I had no idea what an angel was. This was probably the first time I'd heard that word. And I said, Well, what's an angel? And because she explained it to me in two year old terms. She said they're big, they're bright and they're everywhere. So she failed to explain to me that they were invisible. So when she left, I guess I've always been a doubting Thomas, I was like, Well, I don't see anything big, bright and everywhere. So I decided to do some exploration, and I hopped up on one of my pieces of furniture, and I looked out my window. And outside of my window, this was in Fairfax, Virginia, there were large, kind of those street lights that would bend over and kind of had a war of the world's eyeball on the end, yeah, and they were all the way up and down both sides of the street. And I thought, well, that must be the angels. They're big, they're bright, and they're all the way up and down the street. And so I, again, I very naively thought I was safe because they were all parked outside my door. So I think it was going on probably my whole life. And I everything else is, you know, speculation, but these shadow people, the nightmares, I didn't understand a lot of it, Chris, in fact, I haven't really fully understood a lot of it, even since the book came out. And having conversations with people such as yourself and getting to have these conversations with other people has really filled in a lot of color and connected a lot of dots. So I knew that there was something a little more than nightmares. Again, at five years old, our culture and our worldview will color how we define these experiences. And because I was a little girl who went to Sunday school every Sunday, I knew about Jesus and I knew about the devil, and that was probably about it, right? And I remember distinctly believing that these dreams had something to do with the devil, probably because when I instinctively called on Jesus to help me, it would stop. So I assumed this is his This is his enemy, not mine, right? And so I don't think I had any concept at that point of a demon or any sort of like fallen angels or anything like that. So and I do remember even as young as five years old, having the wherewithal to articulate to my mother at the breakfast table, Hey, Mom, I had another one of those dreams last night. I didn't say I had a bad dream last night. I said I had another one of those dreams, and even at five years old, I thought that they were unusual, because it was a was a heightened sense of terror that from an average bad dream, and I had some sort of sense that the devil had something to do with it. But even more so, I would recognize that I couldn't figure out if I was awake or asleep, and I would recognize coincidentally, if it was a dream and I was just dreaming. Why did the reality of the room always line up like I was always wearing the pair of pajamas that I was really wearing? And I, you know what, Chris, as an adult,

I. It blows my mind to know that as a five year old, I was observing things like that, yeah, and that my brain was concluding things and piecing things together. And I think you know, when you get to be my age and older, you're so far flung from being that young, you just assume that kids are are silly and uneducated and stupid and don't know anything about the world yet, but when I look back and how I was analyzing and interpreting what that exactly was, I'm blown away that a five year old brain was concluding some of the things that I was concluding even way back then. Well, you know,

S

### Speaker 2 10:38

it's because your gut doesn't really steer you wrong. Vicky, you know, we it's something that we talk about in the pre record section coming up with our guest. You know, like when it it doesn't matter what term you have for a part of your body. You know when something icky has happened to you. Yes and and obey that, and know that, and know that you're right. And feeling icky doesn't matter what anybody else says, um, your your base feeling is right, and, and, yeah, you know, like my, my first experiences with, I guess, a shadow person would be what I would consider to be my, my sighting of the devil when I was a very young child. I was four or five years old, possibly even a little bit younger, but I distinctly remember a shadowy being out near our swing set beckoning me to come outside. Wow and and being afraid to the core of my being, of of what that thing was. And to me, it literally looked like the quintessential devil, like the devil from a can of ham, like it had horns, a tail, things like that. I can't say as we were hugely religious at the time, or attending church like later. I mean, I studied as a seminarian for the Catholic Church later, so I definitely became very, very close to God. And there is that aspect of Yes, whenever you choose that line of service, other things don't really mind being around you, and they kind of want to be around you to keep you from doing that service. And but even, even my shadow person experience, of the one climbing on top of me, I I still kind of, I was going through a lot of things in my life. At that time, I was getting over some addiction. I was getting ready to move away to help myself with a lot of things. And I actually, I actively have kind of brought that back to the point of, I think it was almost more like a primordial me, like the me that I had manifested that wasn't actually me, but was doing these horrible things and and wanted to keep doing these base and horrible things, You know. So it was, it was almost like a split version of me that was trying to hold on and stay there, and something that I fully gave my consent to, you know,

S

### Speaker 3 13:15

yeah, that's so fascinating that you would say that Chris, because one of the things I started coming to terms with a lot later, probably in my 30s, was, and I'm not meaning this in the literal sense. I don't want people to think that this is dissociation, or D ID or anything like that, but what I'm saying is I got to the point where I didn't really know who the real me was. I hadn't really dealt with any of the childhood trauma, which for me was all the sleep paralysis, but also the bullying. I had a lot of surgeries. Those are pretty scary. When you're you're a kid, and, you know, you're getting needles and, you know, all that stuff. So what happened was, I've got this life that I was raised and, you know, going to church every Sunday. And I mean, I followed that all the way Chris through adulthood. I went to a Bible college, and I majored in Bible and in got my Bachelor's in writing. But what? What started really confusing me in my 20s, but I really didn't have answers until my 30s, is I felt like I had this split personality, exactly like what you're just talking about. This is so fascinating that you brought it up, because I don't think I've

ever discussed this aspect of the sleep paralysis before. But there is this identity crisis you go through if you were raised in a religious home and you have a biblical perspective of this. This is demonic. You know, these are these shadow entities, or demons or fallen angels or Nephilim or whatever you want to call it. But these experiences, if you're experiencing them on a regular basis, over the course of decades, all throughout childhood, puberty, teens, young adult, it shapes to a large degree. Who. You are, and what I found with a lot of us who who go through this, that because we become so convinced, on a deep subconscious level that we're cowards, because we have so much fear when these experiences happen, that it almost in order to convince ourselves that we aren't aren't wimps. We become adrenaline junkies, and so a lot of us are into the roller coasters and the bungee jumping and the the horror movie and the heavy metal concerts and things like that, because we want to prove to people that we can come face to face with these things that are evil and dark and ugly. And we actually we like it, and we're not scared, right? Yeah. And so then what ends up happening is you, you have this almost identity crisis, where now your your music, your media, your entertainment, your friends, your clothing, everything is this dark persona, but then you still have this belief that you grew up with these core values and these biblical values. And so then I started to question like, Well, which one really is the real me? Now, I wasn't a total hypocrite, Chris. I was not leading a double life. I wasn't acting one way around my church friends and another way around my friends. I was, I was pretty much because I was so anti social. I really wasn't. I wasn't into the party scene or anything. I just didn't like being around people, right? But, but I kind of came to this conclusion, like, which one is me? Is it the heavy metal Vicki that you know is got all the like sarcasm dripping from her mouth, and can't be nice to anybody, and never smiles and dresses in all black or or is it? Am I this person that was raised with biblical values, which one's the liar, which one's true? And I struggled with that in my 20s and my my 30s, and it wasn't until I started dealing with the actual trauma that I went through with the surgeries and the bullying and the rejection, when I started really dealing with all the stuff that I had just swept under the carpet, I was able to come into my real identity. And at that point, I decided, hey, you know what my name is, Vicky joy. It means victorious spirit. It means joyful. I want to be a victor in this. I want to come out stronger from this, and I don't want to be a victim. And when I came through, and I worked through the trauma, and I was able to get over the regrets and the time that I wasted and forgive, forgiving the people who hurt me and were mean to me, and, you know, giving up all the grudges, when I worked through that, I realized, okay, you know what, the real me Isn't this heavy metal Vicki that listens to all the death metal. That's the armor that I had on. That was the protective armor I had on to kind of Ward people off if I kind of felt like, if I can look and and dress and act as as ugly and broken as possible. People will leave me alone. The goody two shoes. People won't, won't bug me, you know? And so it, I'd say it took me about 40 years to work all that stuff out. Chris, it's a very confusing tug of war between the fallen nature and the part of of your nature that wants to be victorious,

S

## Speaker 2 18:28

absolutely. And it does take a lot of that, once again, coming to terms with self. And you know, one of the things that I talk about regularly on this show, and even whenever I talk with other people, I'm a I'm a huge anxiety sufferer, like I went to a panic doctor for a while, things like that. And the one thing that you always have and maintain is your consent, yes. And as soon as you recognize that you are going down that path, you can revoke your consent from that anxiety. You don't have to worry about it. Your anxiety is utterly unfounded. It's it's something you're worrying about, something that you have zero control over. Anyway, 95% of the time you know so like, you can revoke your consent from that system, and it's a huge relief when you learn that. Like, wow, I can actively not give a damn like, I can let my give a damn break,

and that's okay. It's pretty fascinating when you start but so much of these things are self imposed on ourself. Yes, they are self fulfilling prophecies that lead us down roads of darkness, that keep us in pads and tunnels of darkness. And the sad thing is, our brain is literally programmed to learn from negative reinforcement like that's why the military works so well. That's why. Like you want to straighten a kid up, throw him in the military, that negative reinforcement of, oh yeah, hit the deck. Give me 20, teaches you real quick that that you are not in charge. There's something else. There's something bigger than you. You are just a cog in a machine. Yeah? You know, and once you learn that, and once you accept that, you you take on a different power within yourself to handle things in that kind of way. But it's hard, and that that world of negativity that we all live in, that we're almost encouraged to live in, Vicky, can be all encompassing, and it's more powerful than positivity is the sad thing



20:46

it is. And there is a,



Speaker 3 20:50

there is almost a type of grooming going on with these dark entities that come over and over and over and over and over and over and over again. And exactly what



Speaker 2 20:59

Nathaniel Gillis says, okay, oh, I can't wait to talk. Oh, god, yeah,



Speaker 3 21:02

because here's what happens, is, this is just the way our culture is, right? If you go to church and you believe all that Bible stuff, and you went to Bible college, and you know, you're you're not a party girl, you're boring, and you know you're boring, right? Because that's the label to put on on that. And there's something just titillating about thinking these entities. I know they don't care about me and my best interest is not at their heart. But why did they choose me? There's all these other people, and they're not bothering them, and maybe I do have some sort of gift. And maybe, maybe this is what was so this is what was so difficult, Chris, especially when you're young, and you're still in elementary, junior high in high school, where it's a dog eat dog world, and it's all about who's popular and who's pretty, who's athletic, who's getting the dates. When you can't compete in that world because you have, you know, got a birth defect, and you're having a surgery every summer, and you're coming back to school with stitches still on your face, Yeah, nobody's asking you to homecoming. Okay? And so you realize there's no way that anyone is ever going to seek me out and think that I am special or beautiful outside of my own mom and dad. And so when all of a sudden you have super natural beings who are intrigued with you, even if you're somewhat frightened of them, and they don't have your best interests at heart, and they're not even nice to you. There is a sense of someone sees me, yeah, and I think it's interesting. I love the story where Hagar go is sent out of Abraham's home, and her and her son Ishmael are in the wilderness to die, and God shows himself, saves her life, saves the life of Ishmael, makes him into a mighty nation. But the God that he the

name that he chose to reveal to Hagar in that moment was, I'm the God who sees and I've heard so many people who've gone through trauma where they didn't have a good family life, where their parents didn't love them, or they never knew their parents, or parents, or they were given up for adoption, or like they never felt loved. You'll often hear people say, I was never seen. And I think there's a deep, deep, intrinsic desire in all of us, whether it's a parent or a spouse or a best friend, we all want one person in the world who sees us, yeah, and knows everything about us and still cares about us and thinks we're special and thinks we're cool. And when, when you live in a world that's never going to think who you are is cool, because you're not pretty enough, you're not sexy, you're you're religious, you know, whatever, but then you've got a super natural being that is noticing you. The lure is so strong. Chris, this is the whole, I think the whole draw over the obsession with the Twilight series. You've got a whole bunch of girls in junior high and high school who aren't the popular ones, and they sit at home and they fantasize and hear someone like, hey, it's no longer good enough for the cutest boy in school to like me. The way I have to get my value is something supernatural, as has has paid is paying attention to me. And so it is this



24:43

kind of



Speaker 3 24:46

it's a catch to two. It's a form of double mindedness. You know, these things aren't out there to get you, but you you start to identify with it, because it's like, Hey, this is my family. These are the people. That appreciate me. They notice me. They're telling me I have gifts. And they're they're doing all this stuff. And so all of a sudden you start to take on the outward appearance of these things. And that's where you get all the cliché black hair dye and the black nail polish and the metal T shirts and all that. And and where I was constantly at odds with myself is I was hanging around with all of those types of people, but it wasn't who I really was. And when you have a whole bunch of broken people congregating together, and what they have in common is the brokenness. Yeah, you can't love each other. You can't help each other out. You're both trapped down the deep hole. No one's helping each other out of that. And so I was constantly running into these like becoming best friends with girls as broken as as me. And it would just lead into one backstabbing, ghosting, rejection after another. And when you're on this merry go round, Chris, whether it's broken marriages or broken friendships, when you're constantly just on this merry go round of rejection, there is a point where you reach a breaking point and you just can't pick yourself up from it one more time. And that's the place that I got at 40. The final straw that broke the camel's back was my mom passing away. So this unconditional someone who's known me since the day I was born, she was gone. And I thought at this point, I have a choice to make. I can fall down a dark, dark hole, and I can continue to identify with brokenness and loneliness and rejection, or I can do the really, really, really hard work of pulling myself out of this pit and being victorious. And I don't always tell this part of the story, but I've been called Vic my whole life. You know, I'm from Minnesota. We put you down to the one syllable. You know, if you're Christopher, you're Chris, and you know if, if you're Victoria, you're Vic. And my, my birth name is Vicky joy. It wasn't originally going to be my name. My mom was going to name me Kelly. And when I was born, she specifically called me Vicky joy, because she knew that the two things I would need to survive is a victorious spirit and joy. And I never beautiful. Had it Chris and I didn't have it up until the time that she she died, and I went into a very, very,



very dark place when she died. And I think, to coin the biblical phrase, I was probably being sifted like wheat. I think the devil was just waiting for this opportunity. All the planets aligned, and I was just kick me when I'm down. And I got through that time, it took me several years, and it was a pretty close call. And after I got through that, I started going by Vicki joy because I thought it's taken me 45 years to come into this name, and I'm claiming it,

S

Speaker 2 28:01

yeah, yeah. And, you know, understanding what that, what that means for you, and what a what, once again, what consenting into that system of joy means, yes, which is, which is a huge step. And you know, especially when you're talking dark entities, things like that, once again, the idea that even even the shadow person that was with me, I firmly believe, was me, or a projection of me, a projection of something that I had helped create and help manifest, you know, through those dark thoughts, through those dark habits, other other things, just lying, deceiving, what have you so? And, yeah, that that can definitely manifest into the world. I mean, there are, there are numerous stories that talk about it when you start getting into the idea of Tulpas from from Buddhist tradition, when you start getting into the idea of the Golem, from Jewish tradition, this, this thing that is basically created to serve the purpose of somebody, to serve the means of somebody's will. And and even the idea of an air Gregor, you know, a force that is brought about by mass consciousness.

P

29:26

That was one of the things that

S

Speaker 2 29:30

Wes Craven actually talked about regularly, was that he believed that when he wrote A Nightmare on Elm Street, that the fear that it created, and the The Verve behind it, the the actual excitement behind the movie and the fandom and things like that, helped birth the Night Stalker, and that there was like something that took this dude over to make him go commit these killings. That, that he had been a part of helping create, and that's a fascinating concept, when you start thinking about it, Vicky, the idea, and you know, when you start looking at specifically Hebrew tradition, especially the traditions of Kabbalah, and the idea of speaking things into being. In the Bible, we we uniquely amongst creation, were breathed life into by that creative breath, by the breath that spoke the universe into being. So we have the power of speaking things into being. And it's pretty, pretty fascinating when you start going down that rabbit hole and seeing the fact of like, yes, we, May, we, may, we may well be creating a lot of these dark entities ourselves.

S

Speaker 3 30:54

Yeah, that. I really love the way that you worded that, because even in doing research for writing the book, I was reading a lot on the doppelganger theories, you know, and just based on the research that I was writing, it sounded to me, in a lot of cases, like the people were trying to come up with an alternate explanation. And what I'm what I'm hearing now as you're talking



about it, because you're articulating it in a way that that connects to my brain. And I think for the first time, I'm understanding now I know what they mean by that, you know, and and I think what's important to understand, and I wish more people could figure this out. I kind of think it's common sense, but humanity is too complicated for there to be one cookie cutter explanation for everyone. And when you're talking about sleep paralysis and who's targeted and why and what their experience looks like, this idea that every single person is having the same experience for the same reason, we have to understand that just like, just like everything, whoever's behind these these episodes, they're they're not all being driven by the same people for the same reasons. And so my experience might be different than yours, but that doesn't mean yours isn't valid, or that mine isn't valid, and that, in some cases, I love what you're saying here about this kind of doppelganger that we're sort of manifesting out of our own, you



32:30

know, primary Excel.

S

Speaker 3 32:32

Yeah, yeah. And when you look at all of the different sleep paralysis sort of angles, you've got the typical classic sleep paralysis, but you've got the UFO abductees that sometimes that comes out of sleep paralysis. Totally different agenda that, you know, same corporation, but compartmentalized departments, right? And but now we know that there's militarized versions of this. There is now technology that can do this. And so as a community of experiencers in sleep paralysis. Look, we're already marginalized as experiencers. We're already gaslit by every group imaginable. The church doesn't want to acknowledge the supernatural. Science just it's all narcolepsy, it's trauma, it's, you know, sleep apnea, it's, it's a mental illness. You're schizophrenic, like we already are hard pressed to find anyone to think we're not crazy, or just attention seeking or making it up. And really, the only full support we are going to get is from one another. So if we're a divided community where, if my sleep paralysis experience doesn't look exactly like yours, then I'm making it up, or I'm stupid, or I don't know what I'm talking about. We, at least we need to be unified as a group, and we just have to understand that not all sleep paralysis experiences are alike. And now, Chris, with this stuff coming out now, with some of the tech and the dream warfare and the you know, gone are going to be the days where everybody has a similar story. A shadow person came and sat on my chest and I couldn't breathe. And it's getting crazier by the day with the tech and the frequencies and all the different things coming out. So we have to at least remain open minded and supportive within our own community, because depending upon your age or your background or your bloodline, or who is targeting you and why our experiences are not all going to look alike, and we have to come to grips with the fact that there might be different versions of this and and there might be someone out there who has had a really far out, unique sleep paralysis experience like you've never heard before. And it doesn't mean they're lying, or they're making it up, or that they read it on Reddit somewhere. We just have to be. See, I think, a little bit more supportive, because nobody else outside of the community is really going to be supportive these things.

S

Speaker 2 35:05

And literally sleep paralysis, like the concept of it Vicki is, there is so much connective tissue, so much connect when, when you're talking out of body, experience, past life experience, when

you're talking, you know,

S

Speaker 3 35:24

near death experience, and these, yep, like,

S

Speaker 2 35:27

all of these things are so closely, so closely tied. Yeah, yes. It's fascinating when you say, like, I practice remote viewing. And one of the things that that I bring up regularly whenever I talk on shows about my binaural beat music I make whatever it's like we we go through about a third of our waking existence, if not a little bit more, in a state of rote hypnosis. You are not thinking while you're driving to work. You're reacting to the world around you, but you are not currently thinking of drive the vehicle, hands at 10 and two, gas pedal, brake. Like you are not thinking about that. It's an autonomous thing that happens till you get near your exit, which is why frequently you're like, Oh man, I'm here already.

S

Speaker 4 36:18

Yeah, things like that. Like we we go into

S

Speaker 2 36:23

other states of reality regularly. And a frequency is not just what we hear or a color that we see, it's also a thought form. So so when you can get to the point that your brain is trained to repeat a frequency, repeat a thought form, to get to that point. It's, it's, it's a different level of control. It's a different level of connection, you know, and when you start understanding that you may be living in an alternate reality on the regs, on the regs, the these worlds of whether you're talking aliens, spirits, what have you. We right now, you and I, by all known physics, Vicki, are sharing an electron shell. We are, we are 90% empty space bound together by a quantum field, you know, like that's actual physics. Yeah. So, so the idea that this reality is even real to begin with, or that, or that, we aren't just having a shared illusion. Once, once I vibrate one, one octave higher, I will shed this mortal coil and go into the joining the adjoining reality. Call it heaven, call it whatever, but that's where the next frequency leads you. Is the next dimension, not this, yeah, you know. So, so the idea of these things being right there just shifted. All your brain has to do is lock into a frequency for a little while, for that to be there, for it to be physically present. Yeah,

S

Speaker 3 38:05

yeah. This is so fascinating. I just love the direction that this conversation is going, because it's taken twists and turns that the average conversation on sleep analysis doesn't take and needs to take. It does, and it does here, here's a rabbit hole. I've been down the last only like week or two. Okay, I had said something on our previous podcast where we were talking about astral projection and astral abduction. I said something about Yeah, and then when you get lost in the

mall, I hate that mall. And so somebody sent me a DM on Instagram saying, Yeah, Vic, have you heard of the mall world? And I'm like, Oh, don't tell me. There's a whole name for this, right? So I went on Reddit, and I started reading on the Mall world, and I couldn't believe that all of these recurring so a recurring dream is it's the exact same dream, same character, same script, whatever. But this mall world, it's a recurring location. But every time you're there, you're not necessarily with the same people or having the same experience at all. So it's I didn't realize that all of these recurring locations were actually part of one world. And so it wasn't just the mall dream, the hotel dream, the airport dream, because they all had this thing in common. You get there and you're lost, and the spatial things are all off. So you might be standing on something that is a foot off the ground, and then all of a sudden you realize it's 100 foot off the ground, and things take shape. Or you backtrack, and you retrace your steps, and then the things that were there before, are missing it, so it's just this, like a morphing place, sure. So I'm reading on the Mall world, and a lot of people seem to be under the impression, and I think that there's probably a lot of truth to this, that the mall world could be a shared space. It probably predates the backrooms, and that the mall world is likely a simulation. Now this makes sense, because a lot of people that are there do feel like they're being observed or they're being tested, or they're being trained, or they have an assignment, and so obstructing the matrix exactly. So I'm actually absolutely believe that part of this could be a simulation. But then I started morphing this with other research. What if, because we don't know what dreams are, sure the smartest guy out there doesn't really know, what if these mall world experiences are elaborate screen memories to distract us, to keep us occupied, to keep us zoned out in rote hypnosis, as you said, I love that phrase. What if, when we wake up, we don't remember being on the metal table? What if we don't remember that the grays? What if we don't remember the pentagram or the black robes. All we remember is being lost in this mall world. But what if it was just a screen memory? And there's massive implications for a lot of people in this because there are people that are getting dragged into the mall world against their will, and they go lucid once they're there and they say, Oh no, not the damn mall again. I hate this place. But fortunately, because I had the dream 100 times before, I now know how to get out of the mall. So you've got the people that that are are getting pulled in there unwittingly. But just a theory here, Chris, this is just amusing. Let's say the mall world isn't a back room or a shared space or a simulation. What if it's a screen memory, which means, when we dream that we're in the in the mall world, something more nefarious or sinister happened, and that that mall world is our way of dissociating from whatever is really happening. Now, what that means out there for all of the reality shifters and the people that are going into the mall world thinking, this is super fun, I'm going to go to the arcade and I'm going to do this and that. Now there we talked about this earlier, if there are physical manifestations and implications and attachments that that are joined to us in these dimensional spaces that attach to us in the physical waking if traumatic things are happening to us in these dimensions that we have no memory of, it's going to manifest in the physical waking life, and how do we cope with trauma that we don't remember? And so, yeah, just just throwing it out there, that this stuff might seem like fun and games, and it might seem like, Oh, I've got a gift, and I get to explore. But if this isn't a simulation, and it actually is a screen memory. We might actually be bringing great psychological trauma into our waking into our waking hours. So just a word of forewarning for anyone who is maybe not considered that, and I'm not setting that in stone or writing a doctorate thesis on it is just something that I've been musing over the last couple of weeks well,

S

Speaker 2 43:24

and, you know, it's something that even, even whenever I talk about astral projection, things

like that on this show, even dream work, that kind of stuff, like, be careful, take care of yourself beforehand, take care of yourself after, know, and especially we, we talk a lot about targeted individuals on this yes and targeting technology, it is a huge cause of this show. And one of the things that we say regularly with Dr John Hall is know yourself, know your voice, know your inner voice, know what you stand for, know what you believe. Know when there is something influencing you that is not you and and you'll learn to be familiar with that things like that, like but, but be wary if you're gonna try to go astral jaunting, if you're gonna, if you're gonna try and do things like that, because yeah, and even the concept of CE five, yes, yes, it's one of those, like you, you are. I'm not a big fan. I'm not a big fan of walking around at a paranormal investigation, asking questions of the air and invite an inviting interaction. That's, I don't think that's science. That's seance, yes,



44:49

total agreement.



Speaker 2 44:50

And I just said that that's a dangerous concept. And even the idea of preparing to bring this back to the idea of what we manifest that that's something. That I speak about regularly when I talk at conferences is if you're if you're actively trying to do something scientifically, whether it's go out and look for Sasquatch, go out and look for UFOs, what have you. You should not be as you're packing your gear and packing your clothes, listening to stories about said location, filling your head full of stories and ideas and profundities and who knows what about the location that you're about to go, quote, investigate. You're only polishing the filter of your data at that point. That's all you're doing is polishing the filter that you're going to look at your raw data through. And in addition to that, you may be subtly manifesting something there with your intent. Oh, yes, much like a CE five experience, I have no doubt that people can manifest something in the sky when all focusing together with intent.



45:57

Now, what that is, yeah, that's a



46:02

different story. Yep,



Speaker 2 46:04

you know. And and trusting the fact, as as Stephen Greer does, that there are none of them that have ill intent, it's like, Well, I certainly hope not.



46:17

Good Lord, let's hope not. Doctor, exactly,

S

**Speaker 3 46:19**

I could not agree with you more, Chris, if you build it, they will come, right? And the thing with this CE five close encounter of the fifth kind. In other words, I'm not waiting to get abducted. I'm going to contact outside with a suitcase saying, you know, astral or bust, I don't know. But the fact is, this goes back into all of my research too, with how a lot of these sleep paralysis entities are vampiric in nature. They're standing at the threshold of your bedroom door, because, like vampires, they cannot come in without the invitation. And these things are looking for consent, and if they can trick you into the consent by looking like grandma or something. They don't care. They don't play fair at all. So, right, it's this whole rules. Yeah, yeah. Like, I had a friend once who said, I want to go to area 51 I want to get abducted by an alien. I'm like, well, first of all, you're crazy, because I know people that really have and they're not too thrilled about it, but, but the fact is, if you do something like that, you don't even have to drive all the way to area 51 if you keep saying things like that out loud into the ether. There's eyes and ears everywhere. And if these things know that you're a willing subject, yes, unless you're completely worthless to them. Because I think these things, I don't think these things show up just to say boo and give people campfire stories. They are looking for very specific types of people that can serve their purpose. And so if you aren't of any value to them, they're probably not going to bother you, even if you want to be bothered. But if you have any sort of potential in their eyes, and you go around manifesting that and making it very known that you're willing. They're they're not going to hesitate. That's all the permission that they need. But total agreement the CE five, we are getting into some really dangerous territory.

S

**Speaker 2 48:08**

Well, well, and you know, one of the things I say regularly on the show whenever we talk about Bigfoot things like that, and I will say it verbatim, because it is an exact phraseology that I use that I believe that there is a large hominid creature roaming the woods of North America and beyond. But I also think that there is something else that will gladly use the tropes of our mind, oh yeah, to get the consent that it needs. And if it's if it's a Bigfoot, that you'd be okay with seeing if it's a dog, man, if it's a unicorn, what have you that is, that is what will manifest for you in your unique experience that then, once again, provides them the back door consent, because you're okay with that. Yes, were you to see the natural form it? Yes, you'd you'd turn your head no different than looking at the burning bush.

S

**Speaker 3 49:05**

Yes, absolutely. As Ellie Marzulli always says, rebuke first, ask questions, later, get out of there. But I love the way that you worded that too, though, Chris, because I read a story online years ago, all these things that we didn't know, the treasure trove we had 10 years ago, if only we had downloaded and saved more things that we read. But it was a guy who had been, you know, a chosen one, and this very beautiful, angelic type of creature would show up, you know, frequently throughout his life and share arcane knowledge. And they were friends, you know. And it approached him in a very friendly manner. And at one point, the man was kind of tired of all of this, because he knew that this wasn't the thing's real form. And he's like, I want to see a

real form. And the thing said, you will never want to. I'll never. Ever be able to meet with you ever again? If you see my true form, it'll scare you. And he's like, no, no. So this goes back and forth, back and forth, and eventually they were outside, and this, this beautiful, you know, spirit of light, showed the man his true form, and he was mortified to the point where he doesn't even give a description of the thing in his own testimony, and the thing never came back because he was he was terrified. And I think I've kind of thrown down the gauntlet a couple times online, not very often, that for people who have these beautiful angels of light or these spirit guides, or grandma or somebody that comes to them that like the dead son, I challenge you to ask, I want to see your real form, yeah, because you're going to see real quickly that that angel of light, or your grandma, or, you know, whatever, is probably wearing some kind of a presentable Meat suit, and God only knows what you are covenanting with. And I use that word very carefully. We are just chatting with these very

S

Speaker 2 51:06

good usage of that term, very usage. You You are exchanging consent. You

S

Speaker 3 51:12

are exchanging consent. And covenants are not easily broken. You can but you don't break a covenant, like, if you break a lease, or you, you know, you break your car payments, there's consequences, yeah, because you've broken it, so you have to know ways to annul these covenants legally. And because these things are very legalistic, and they know the loopholes, they know the law, this would be like going into court with, like, the number one, you know, Attorney out there, and thinking that you could read a couple things online, or you can self represent. Yeah, exactly. So, so these things know how to get us legally wrangled, and you can annul these covenants. But the problem Chris isn't how do I know the covenant? The problem is getting the average person to understand that that's what they've done, well

S

Speaker 2 52:07

and much. But right over my shoulder, right there, next to the radiation detector, is my actual copy of the Vatican one right of exorcism, and in the back of it is a whole bunch of caveats for after the exorcism, like Hey, make sure to follow up with the family. Make sure to keep in touch with them. Make sure to advise them of the fact that whatever they did to get in this, even if they ain't close to God. They need to get close to God, and they need to get close to him quick. Yeah, they they need to not renew this covenant. Yes, with this being whatever access they gave them, they need to revoke that access and keep it revoked. Yes, because as soon as you crack that door again, and it's, it's no different than with addiction or anything like that. Like, one of my favorite quotes in the world is Jerry Garcia as, like as an addict. It's, it's the idea that, you know, I'm an addict, I'll always be an addict. The only difference is whether or not I choose to use today, and once you accept that fact, once you once you own that it gives you your consent back. Yes, you know, and you have to take that back. You have to own your consent again, and yes, once again, realize that like because you have been tarnished. Tarnish will happen again more rapidly for you. You know, that's just a fact. So yeah, you do have to be

vigilant. You have to be spiritually. It doesn't mean you have to go to church every day or anything like that. You just you have to be vigilant about your thought form. Because, once again, frequency is not just what you see in here, it's what you think,

S

Speaker 3 54:03

yeah, yep, yep. And Chris, we have so much power in the dream world. So for those of you who, for those of you who are getting sucked into the astral against your will, you don't want to be there, you're not seeking that out. Now I realize not everyone is conscious when they dream, not everybody is lucid when they dream, and even those of us lucid aren't necessarily lucid every time, but, and I'm not saying that there's never any retaliation or or consequence for it, but anytime something's presented to us in this dream world, we have the right to say, No, I don't want to do that. Like if we're if they're offering us food or drink or they're coasting us over a threshold or telling us to do something, we can say, No, I don't want to do that. And depending on how high up on the food chain, this entity is that you're dealing with, if it's low on the food chain, they will immediately drop it be. Because they know that they don't have the authority over you. You do have a free will, and you do have to consent. Now, if you're dealing with a higher entity, there can be some anger, some retaliation there, if you say, I do not consent. But I've had this happen many times, and I'll tell you, Chris, it just happened to me yesterday, and I've never had a dream this overt before, but I'm also doing a lot of experimenting with very specific prayers before I go to bed, because I'm testing my theory that dreams might be screen memories. And yesterday, I had a dream. It was just started out very normal, where I was apparently working in like a daycare center. So this was a nightmare. And the guy who worked there, like the guy, like the head guy, looked like an old boss of mine. He's just this really friendly guy. And so at one point, all of the employees had to, like, gather in the back room. And so we were back there for like, an employee meeting or something, and all of a sudden he rolls back the carpet, and on the floorboards is a pentagram in red in the circle. And I'm like, what? Like, it's never been this overt. Wow, yeah, and

i

56:17

kinda, hey, how you doing? Exactly?

S

Speaker 3 56:19

So I I, I said, Well, hey, what's the difference between this and an occult ritual? And he was super smooth, and he had an answer right there. You know that that made sense. And I said, Heck, no, as I'm doing that, and I walked away. I didn't, I didn't step around the circle. I was still in the room, but and the other people were around the circle, and this is, again, why we have to be so careful. Everybody says, I remember my dreams. So do I, but I don't have a memory of what happened after I stepped out of that circle. And so what part there is missing, because the dream went on, and there was another part where I went up to him afterwards to tell him something. And he, he was the boss. He was the nice, friendly guy. And when I looked him in the eye, his eyes turned from brown to a piercing gray blue. And he, he no longer was short and chubby. He was he looked more like the classic kind of Anton LaVey slash vampiric. He had the dark black hair, and he was taller and slimmer and so and and so I kind of gave him a second glance, and then he turned back into the other guy, and kind of like smirking at me, you



know. So when I woke up, I thought, okay, there's a whole bunch of that dream I don't think I remember, because it doesn't cohesively make sense with the pieces, the fragments that I have. And so I just covered my bases, like, hey, if I made any covenants or oaths or agreements or promises or anything in that dream, you know, annul them, you know, in the name of Jesus. And I always kind of go back to Numbers chapter 30, which is a really obscure chapter in the Scripture, but it's part of the Torah. It was part of the Jewish law, right? Yep. And it was talking about how if a man makes a vow to God, he he has no recourse, he made the vow and it stands and but then it said, if you're a woman who's married, or you're a virgin daughter, unmarried, living with your father, brother, uncle, whatever, on the day that the husband or father hears of an oath that you made to God and disapproves of it on their behalf, the father or the husband can disavow her of her pledge. And so what's kind of cool about this, if you take this into more of a spiritual rather than a literal sense, if we look upon God as God the Father, and we look upon Jesus as Jesus the Bridegroom of the church, it doesn't matter if you're a man or a woman or single or married or divorced, or whatever. We have a father and we have a bridegroom, which means we have two advocates who and we're talking earlier, Chris about how do we annul these covenants that we've made legally? We do them through numbers 30. We have two advocates in the heavenly sphere who are greater than those who we have covenanted with. And if we implore father or Jesus on my behalf on the day that you heard of it, which is today, this is the dream I had last night, will you disavow me? And so I'll pray those kind of prayers when I wake up and I'm unclear of whether or not I did something or not, because in the missing fragments of that dream, what if I got pulled back into the circle? What if I ate something? What if I What if I got tied up in the middle of that circle? How would I remember

S

Speaker 2 59:52

this? So this conversation is going to go a little bit long, okay, like, literally, my timer on my screen just said, times up. I. Okay,

S

Speaker 4 1:00:00

however, the there are

S

Speaker 2 1:00:03

a couple things that you brought up. Number one, the the consummation, the eating and drinking. That is something that we talk about regularly on this show, when it comes to even, even Sasquatch lore, though those were rules like with the native societies that had agreements with them, like you do not accept food from them. You do not follow them into the woods. Same thing with fairies, people of the Fae, things like that. You accept food from them. You are now beholden to them. Yes, you accept food from them. You are now in their world, and may not come back. You know, don't follow them into the woods, because you you may not come back to this world. You're in their world now. And that's a really interesting concept, when you start considering that Nikki and in addition to that, that that idea of advocacy, um, there is something that I have been and once again, I am not, uh, a religious, religious person. I don't really go to church anymore, despite being a former Catholic seminarian all kinds of things, um, but, but there is one thing that I have really come to, especially when it comes to consent and

when it comes to our power and what we are capable of manifesting in the world through that God given breath. And that's the idea of taking the Lord's name in vain. And I don't consider it like in the profanity way that most people do. I consider it in the manifestation way and in the fact of that, that advocacy moment that you're talking about using them to help you annul a spiritual contract that you may have made unbeknownst to yourself, that is when you invoke the name of your Lord, that those are things that are beyond your control. Yeah, for you to take the Lord's name in vain is for you to literally you call upon him. It's calling up. It's crying wolf. You're asking for help that you technically don't need in the world, like God is not going to help you. Pass geometry, bro, study your freaking geometry. I love it. It's something that's within your control. So he's not going to help you with it, because that's your choice. You have a choice there in order to make that happen, and you can make that happen, but, but this contract that you're trying to break that's something that's beyond your control, that's when you invoke the name of your Lord. Aside from that, yeah, calling upon him for help with something that you are perfectly able to handle yourself. That's when you're taking His name in vain. Wow,

S

Speaker 3 1:02:53

amazing. I love it. I'm just sort of on cloud nine here, Chris, because I've had similar conversations and so much like, if you just filter everything I'm saying through, you know, vampire movies you've seen, it just seems very fictional, and people don't, do not understand that this stuff is very real, yes, in the spirit realm, and so even in

S

Speaker 2 1:03:17

the physical realm, yeah, the energy that you give people, that you allow them to have, like once again, if you want to, if, if you want to lose the fight, feel free to keep fighting the the real way to win the fight is to not really care if you're right. Doesn't matter. You're not going to convince somebody of a paradigm. No, that's that's not how this thing works. So that's right, like you wasting your effort and giving them your energy is them winning. Literally, keep giving it to keep peeling it off to them, if you want. So true, but if you want to actively be right, just let you give a damn break

U

1:03:58

Exactly, exactly what you believe

S

Speaker 2 1:03:59

for the reasons you believe it and hold that to be true.

S

Speaker 3 1:04:03

Yeah, you know it's so true. And the fact of the matter is, you know, for every one person who doesn't get it doesn't believe it, I'm the one that gets to sit on this side of my laptop getting all the emails from the people who do get it and whose lives are changed. So that's worth it to me

the emails from the people who do get it and whose lives are changed. So that's worth it to me, and I will take 10 times the the misunderstanding and criticism, because I do know that there are so many people affected by this, and they're tired of it, and they're tired of going to the church and not getting an answer, and they're tired of going to the doctor not getting an answer. And if, if we can offer them something that is effective for their victory and their joy, the people that are looking for it are going to recognize it. And if you don't recognize it, then you don't need it. And then don't begrudge the people that

S

**Speaker 2 1:04:58**

do Amen to that, because they. You know, it's that's what I give. Once again, I no longer step into a church on a on a Wednesday night to teach youth or on a Sunday night to teach youth and adults things like that. But I do not begrudge anybody that feels the call to mass or feels the call to go and worship in a similar space with people of like mind and belief. I to go to temple, to go pray the Quran with others like that's that's a beautiful thing. And if that is what you were called to God speed and more, more of it for you, I hope you know, because not everybody, not everybody is cut from the same spiritual cloth. Not everybody is able to take that journey on a different level without without the rigid guidance of either either a singular book or a singular faith, you know. So, I'm good on you for honestly growing for for finding your way to these teachings. Vicki, because it is, it is one of those. It's hard when you're brought up with a very rigid thought form to to see things through a prison prism of light, and to understand that there is, there is a whole spectrum of thought form out there that relates to this, that that may be pertinent. So let everybody know where they can go to find your work, where they can go to keep up with everything you you appear on numerous shows. You're you do a show yourself, if I'm not mistaken, right?

S

**Speaker 3 1:06:43**

Not 100% Well, I do. I do a show on rumble, okay, with my co host and friend, April Lockhart, is called demons and parasites, and it's too hot for YouTube, and it's all about parasites, fasting, autoimmune disease, and how a lot of these quote, unquote, incurable diseases can be cured. There it is, right there. And so if you go to my website, Chris Vicky, Joy anderson.com, and that's Vicky with an i everything that you need is going to be on that website. And so all the links to all of my socials, all the books that you can order. If you go to the Media tab, you're going to get all the podcasts I've appeared on. I have my events on that that tab as well, I think, or there's an event tab or something like that. So everything that you would need can be found there. My latest book. They only come out at night, exposing the dark weapon of sleep paralysis. Like I said, you can get there from my website, but you can also find it on La marzulli.net,

S

**Speaker 2 1:07:47**

fantastic. Yeah, and I love the work of LA. I need to reach out to him. I haven't had him on the show in years, so yeah, he's always fun. It's always a great conversation. And you guys over there, especially even Karen Wilkinson, who lives right here in my backyard. Oh, does she know she's she's been right here in studio. She came and spoke at Symposium of the strange probably about four or five months ago, put on in San Antonio. So that's right, yeah, and we'll be doing one this, oddly enough,



1:08:22  
at June 25

S

Speaker 2 1:08:25

Wednesday, June 25 we'll be doing one with Nikki Folsom talking about people of the fae and some of these warning stories across time and across humanity. It's pretty fascinating. So awesome. Thank you so much for your night time tonight, Vicki, it was an absolute joy having you back on the show. It was great. Have you on so much more regularly. And I will definitely get you in touch with Nathaniel Gillis guys. Aspect on this work is very, very similar. So you take care of yourself. I'll be sending links all that kind of good stuff. So thanks, Chris. All right, take care while you are online. Everybody checking out all of the amazing work of Vicky Joy Anderson over [vickyjoyanderson.com](mailto:vickyjoyanderson.com) make sure to stop on by curious realm. Curious realm.com is where you can like, follow, subscribe. That is where you can find all of the episodes. That's where you can also tune in live, just so you know, if you are not a fan of watching the show on Facebook, if you don't want to watch on rumble, if you don't want to watch on YouTube, you can always go directly to our website, [curious realm.com](http://curiousrealm.com), forward slash live will take you there. Our Live tab right at the top has all of the episodes embedded, as well as our old show and well, the live streams every week. So when we come back from this commercial break, everybody, we will be joined by our good friend Billy Joe Kane, as well as Jacqueline Cain, the heads of radical empathy Education Foundation. We will be talking about the. Abuse, narcissism, how narcissists take advantage of children all kinds of people in order to exact their goals of control. So we will be right back right after this. I

S

Speaker 1 1:10:32

The key to good science is good research. At the heart of good research is a good data set with the field observation and encounter log from Curious Research, you can easily keep track of your investigative information all in one place, making it easier to review cases and readily see comparisons and contrasts between them, whether out in the woods, watching in a back room, gathering EVPs or using high tech gear to track UFO, UAP activity, this easy to carry, pocket sized scientific data log is the perfect companion for any field researcher. You can find your copy of the Curious Research field observation and encounter log [log@amazon.com](mailto:log@amazon.com) or visit the official curious realm store at [curious realm.com](http://curiousrealm.com) forward slash store, to reserve your copy for yourself, your family or a mind that you want to open that website again is [curious realm.com](http://curiousrealm.com). Forward slash store.

S

Speaker 2 1:11:42

You Jesus. Well, hello everybody, and welcome back from that quick commercial break. Thank you so much to Vicki Joy Anderson for the conversation. It's always great talking with her about dark entities, dark forces that are stalking us around every corner. We'll be getting into that in just a moment with our guests that are in studio. If you're a user of CBD products like I am, stop on my true him. Science, truehinds, [science.com](http://science.com) is your source for amazing CBD products.

They are based right here in Austin, Texas. Christopher Lynch uses a spider process using every part of the plant, stems, seeds, buds, leaves, every part of the plant is used, combusted and reused, and that process repeated until nothing remains, providing an amazing full spectrum CBD product with terpene profiles and everything included. Stop on by and check them out. Truehimpscience.com is the website that you want to go to. Curious seven is the code that you want to use to save 7% of your entire card of \$50 or more. In this segment, we are very happy to welcome back to the studio our good friend Billy, Joe Kane, as well as Jacqueline Kane the other side. This is the first time you've been on the show. I've met you at numerous conferences, seeing you working the booth, things like that, but welcome to the show. Thank you. It is great having you here, and our conversation tonight, I think, is one that really hits home in a lot of different ways. I my child just turned eight, and a lot of conversations are really hard for parents to broach. As somebody who taught sex and sexuality to junior high kids, things like that. It's something that a lot of things can be very uncomfortable to talk about, and especially just like we were talking about pre show Billy, the idea of even, how do you even begin to broach the topic of human trafficking without it being a huge, nebulous idea. I mean, even the idea of just the legal definition takes a good 10 minutes to fully understand. But you guys at radical empathy Education Foundation have really gone through a lot of efforts to not only break down human trafficking, but also just the world of trauma and and trauma induced trauma to begin with, the the idea of, where do these things come from? How do we how do we break them down? How do we, well, really welcome the conversation into our home? Because you you have to be willing to have that conversation with a kid. It's not an easy one to broach, and our conversation tonight is really about the the world of control. And this come I would love to play a clip for you folks. However, you know how the internet works, we cannot play songs from Disney. However, we will be going over the lyrics to the song from Hunchback of Notre Dame and how it actively

S

Speaker 4 1:15:06

fully reveals the world of abuse, how it shows

S

Speaker 2 1:15:12

the way that Quasimodo has been brought to this point of understanding of himself. That is a false point of understanding that is, that is a way that someone has warped him into thinking that the world views him in a different way in order to control him so And granted, folks, this is, this is, this is not an episode about how Disney is trying to control your kids. Okay,

P

1:15:40

thank you for making that

S

Speaker 2 1:15:42

breakfast that right now there are good lessons in there, like the Hunchback of Notre Dame. What Disney does do is they will take stories from history. They will take characters from history and extrapolate upon them, the Hunchback of Notre Dame being one where this story

has been around for a few 100 years, before Disney has taken it but But what Disney had a chance to do was take this story and really relate it to the way that children see the world and to the way that sometimes we help children see the world either either either in a good light or in a bad light. So how did you first I guess let's start with you, Jacqueline, because you're really the the powerhouse behind this article that we have up on screen. What what first brought you to start to break down the lyrics of Disney songs to help understand things from from a traumatic point of view of a character in that kind of way,

S

Speaker 5 1:16:44

I have been studying narcissism and how most all predators and human traffickers are nothing but professional predators. Many, many, many of them have narcissistic traits, if they're not fully diagnosable as a narcissistic personality disorder. And when I listen to this song, I can hear how narcissistic that that Frodo is towards and and Quasimodo is childlike, and his thinking is childlike. And that is why it's so revealing what the guy is says to him and influences him in a way that you would influence a child. Were you to say these kind of things? Sure,

S

Speaker 2 1:17:36

sure, yeah. And, you know, that's a that's a great point to bring up the idea of childlike because, you know they're whether you're talking about somebody who has been abused and put in these situations and taken advantage of through them, or the person who who sadly, is subjecting people to these things, both of them are looking for a hole to be filled, sadly and horribly, that's that's something that I try to instill in my child always, is there there are bad people in the world, you know, but, but don't forget, sometimes they've been taken through things that brought them to that point where We're all a subject of nature and nurture, not versus nurture. Like it's it's nature and nurture,

S

Speaker 5 1:18:26

certainly. And I thought one of the things that was interesting is that Quasimodo was basically born into that. Yes, he was born into it, and he has been raised that way. And there are different experiences in life with narcissists. There are people that are raised by narcissists, which causes a certain path. There are people that end up with a narcissistic boss or a narcissistic boyfriend, and they they are nearly defenseless because they've never met someone that is like a narcissist. It is worth studying what type of person this is. They have an encyclopedic knowledge of your emotions, and their only goal is their own satisfaction, whatever, however they define that,

S

Speaker 2 1:19:15

yeah, yeah. And to the point that well, and you even bring it up in the article, the fact of many people, because there, there is, of course, there's, there's natural narcissism, which is something that is not really brought upon you. It's not really taught. It's an actual disorder where, where you suddenly can't help. Narcissism

S

Speaker 5 1:19:40

is a huge spectrum that goes from I know my wife would probably really want this last cookie, but I wanted a little bit more. So you eat the last cookie knowing that your wife would have enjoyed it, also, that's a little bit selfish, and narcissism is the definition. Of selfish, yeah, the very, very most extreme, they think of nothing but themselves exactly.

S

Speaker 2 1:20:06

And we have some of those tendencies up on screen right now, the constant criticism and belittling isolation from friends and family, constant vigilance and adapting and, of course, leading into things like lack of boundaries and then gaslighting and manipulation. You know, things really come to the culmination. Yeah, I wanted to. I

S

Speaker 6 1:20:28

wanted to, kind of go ahead and so anybody that's listening right now, if you haven't had a chance, jump on the article. The video to the thing is linked to it. Pause us right now. Go listen to the song and come back. One of the, one of the things that the Jackie and I, we focus on abuse prevention. And when we started radical empathy, we really focused on talking about and work worrying about human trafficking. But as we, you know, spent nine years in this, what we've learned is that as soon as people hear that term, it's too much for them, they kind of turn off. Yeah, so we're really trying to find ways to kind of sneak in some learning here, to get them to understand the basics, right? So this is a this is more about a controlling parent job or even a work contract. Can be controlling like that, or even your kid, yeah. And so what we're trying to do is get people to to recognize when it's happening to them when they feel like they're being abused, or they feel like they're they're being criticized, or feel like bully, belittling is happening so that they will understand. Aha, I should probably ask somebody about what's

S

Speaker 5 1:21:33

cool. Please believe yourself whether you whether you are eight years old or whether you are 80 years old. Listen to your gut. I don't need to define guilt or shame or embarrassment. Does it feel icky? Does it feel bad? Do you feel negative? Then you should ask questions. And that is our biggest thing. Ask ask questions if you don't get help, ask someone else. If you don't get help, ask a third person. Ask until you get help

S

Speaker 2 1:22:01

Well, and, you know, we really should have prefaced the preface for the fact of like you, you actively worked at the Austin State Hospital for years, things that's right, you know, like wearing the shirt just dawned on me,

S

Speaker 5 1:22:16



like, that's, that's the day we met, that's The day that we

S

Speaker 6 1:22:21

met working at the state hospital, taking care of patients that needed to be protected, and they needed to have a calm environment, and they needed to have stability under their feet. So they needed to know, you know, it's like so we learned a lot about what people needed, yeah, from working at the state hospital,

S

Speaker 2 1:22:36

absolutely, absolutely. And once again, these are things that when it comes to those hierarchy of needs, you know, Maslow's hierarchy of needs, things like that, like we all, once again, try to fill the hole that's inside of us in the same way. And when somebody understands that hole in a different way, doesn't matter if it's a religious leader or a cult leader. And, no, I separated those two, yeah.

U

1:23:06

Great, gracious of you have to be That's

S

Speaker 2 1:23:12

right, all kinds of things, yeah, that's right. And literally, all that is, is a group of people who have decided that this is their end goal, or this is what they are trying to achieve in life, and there is somebody leading the group who is willing to take advantage of the rest, right? That's all it takes. And it doesn't take much to get to that point. And this is something that we talk about a lot on this show, when it comes to paranormal communities, when it comes to paranormal experience, things like that. You know, our our want of confirmation can lead us down very, very dark and dangerous

U

1:23:49

places. You know, a lot of these, a lot of, excuse me. Do

S

Speaker 5 1:23:52

you wanna, I was going to say that sometimes we'll have sex traffickers. I mean sex survivors of sex trafficking on a go through the headset, and they're like, I did not know what happened. Like that. It's so clear now I can see exactly how that happened to me. Yeah,

S

Speaker 2 1:24:09

yeah. And once again, these, these five steps that you've laid out, really, really do lay bare the methodology by which so many, not only the abuser uses and utilizes, but, but what we're trying to have fulfilled, right as well? Well,

S

Speaker 6 1:24:27

yeah, so one of the, one of the ways that these predators, they find you, that what they do is they they do kind of an interview process, like they'll ask you how you're doing, you know, what's your relationship like with your parents? You know, do you have any money for food? Where are you staying in town? They ask all those questions. And what they're doing is they're basically trying to find out what problems that you have that they can solve, and then take advantage of you based on those, based on those problems. So there's a whole interview process before we get even to the, you know, the belittling and picking on you and all that stuff. So there's so people. Won't necessarily be picking up on that. We'd love for them to But yeah, if you've already been, if you've already been chosen predator, this is what it feels like once that predator starts putting their claws into you

S

Speaker 2 1:25:11

absolutely and once again, those those claws may not sink in hard in any kind of way. It may not it may not seem dangerous whatsoever, and

S

Speaker 5 1:25:21

it may not be a radical slope. It can. It can grow slowly and just continue to get worse and worse. And

S

Speaker 2 1:25:27

it can have the same ebbs and flows as a natural romantic relationship or anything like that. And it doesn't take much, sadly and horribly, to to separate somebody from their support network. It doesn't take much to to separate somebody from those kind of things. So let's go ahead and start getting into the lyrics of the song, things like that, and how this relates. And I know a lot of you out there may be like, Oh, why? Why are we talking about this? It's It's because it does relate to so many sides of these communities,

S

Speaker 6 1:26:04

this show, or this this song is so well written. Jackie and I, we've analyzed this thing from so many different areas, and it seems like it has at least three different sections. So the first section is, is where Quasimodo is being programmed by his by his controller, by fro or Frollo, so what? And then after that section happens, then Frollo is singing, and Quasimodo is singing. So he's like, mimicking what he's saying. And he's like, it's almost like he's being programmed, yeah. And then at the end, Frollo drops out, and then you have Quasimodo, and he's saying all

the things that he's been programmed with advice. You'd like to break away from all of that stuff, but it's just incredible. So Jackie, yeah, please. Jackie, let give us your thoughts on how this thing, how this thing opens up.

S

Speaker 5 1:26:51

I think it's beautifully laid out on the article, and I think that it's pretty self explanatory. I hope that the people will read the article and listen to the songs, and it's on screen, and I think it's laid out so well that we can just follow along with, you know, obviously the bold is the, you know, the lyrics, yeah.

S

Speaker 6 1:27:12

So what, the, what the narcissist here is trying to do is actually get you to feel, or get Quasimodo to feel like Quasimodo owes everything to him, that's right. So it's like, I'm the, I am the person that's keeping everything in control. You have to do what I say. You want to do all the things.

S

Speaker 5 1:27:27

And also that he's doing him a favor that he you know, that he's doing him some great favor with the small amount that he does give him. That's right,

S

Speaker 2 1:27:37

yeah, yeah. And then the idea of like, Hey, look who's taking care of you,

S

Speaker 5 1:27:42

right? And I and that you owe me for what I do for you. Yeah,

S

Speaker 2 1:27:45

yeah. And especially, even just going through the first three lines of the song, the world is cruel. The world is wicked. It's I alone. You can trust in the whole city. I am your only friend. Now, if you, if you just met somebody and these were the words out of their mouth,

S

Speaker 5 1:28:07

or if you date someone who regularly says those sort of things,



S

Speaker 6 1:28:11

check this out like so one, one place the traffickers find a lot of their victims is at a bus terminal, absolutely. And if you think about this, these three lines this you got off the bus terminal. You are a stranger to this city. This person has come in. They found out you don't have a place to live, you don't have any food. You need a place to sleep for tonight, at the very least. And they're saying, you know, hey, I'm gonna help, help take care of you inside this city. The cops are gonna do this. These people are gonna do that. Once you come back to my apartment and I'll take care of you. Yeah, and it's like, and that is what's that's what's laying out here. And then they work on that programming of the I'm your only friend. You can only trust me. I'm the person you can trust. I will help navigate it. They

S

Speaker 5 1:28:49

pick them up outside of prisons and juvenile detention centers. Also,

S

Speaker 6 1:28:53

sure you were actually mentioning something just a few seconds ago about, Well, what I'm thinking about, okay, so people that are outside of their not just their comfort zone, but when they don't have their survive support network, right? Yes, if you got off a bus, you don't have your support network. Yeah, if you get displaced, like in war, or if you, if your community burns up in a fire, or whatever, all of the support system that was there is now completely gone, and you are at the mercy of whoever is going to be at the end of that bus terminal. So it's like, you know the you want to really think, I mean, I know that the bus terminal is not the right example for everybody, but it could

S

Speaker 2 1:29:28

be a relationship. It could be the Astrodome after Katrina man, yeah. Like, horrible, horrible things, yeah, happened at the New Orleans Superdome,

S

Speaker 5 1:29:39

at the Astrodome. That is, that is a common trafficking thing, that when a big event happens, girls are brought in, boys are brought in from all over. Oh, yeah. And on another show, we'll tell you what happened at South by Southwest, when that happened to us, and it

S

Speaker 2 1:29:55

happens regularly. You know, there, there is a company that. I have done work with who no longer has open bars because things like this started happening, stuff like that. So it's not just kids, it's grown ups. If anybody is susceptible to this, one of my favorite things that you guys have done over the last five years is really start directing this toward elderly care. And the idea of, like, how it just got goosebumps thinking about it, because we used to have a former secret service agent on who was the head of the UT frog department, talking like we'd have him on

every year, and dude, some beer days, like, just before the holidays, like, hey, if, if you're worried about your parents shopping online, listen to our Sean McCluskey, yeah. Like, he's, he's going to tell you the things to look out for in emails for your parents, stuff like that. And it's, it's fascinating how