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Mon, May 05, 2025 4:56PM 2:13:50

SUMMARY KEYWORDS

Shamanic healing, remote viewing, Angela Thompson Smith, Sacred Garden, out-of-body experiences, spirit guides, animal healing, energy work, spiritual experiences, astral travel, shamanic training, spiritual connection, healing work, spiritual journey, spiritual practices., UFO scene, experiencer shift, MUFON, spiritual experience, astral travel, vibrational frequency, trauma epigenetics, shamanic journey, sacred geometry, quantum entanglement, remote viewing, astral travel, placeholders, energy workers, contact in the desert.

SPEAKERS

Speaker 1, Speaker 2, Speaker 3, Speaker 4



00:17

Coming to you from the city of the weird



Speaker 1 00:21

exploring topics from the esoteric and unexplored to dimensions unknown, shining a light of truth on the darkest corners of our reality. Welcome to the curious realm. You Well, hello everybody, and welcome to this special pre recorded episode of The Curious realm I am currently by locating I am in Las Vegas, Nevada as as this episode airs. And oddly, our guest in this first segment is right here in Nevada as well. Angela Thompson Smith, we normally have her on. She is the author of tactical remote viewing. We normally have her on to discuss the world of remote viewing, things like that. But tonight, we are having her on to discuss the world of shamanic healing, another practice that she is heavily involved in. Welcome back to the show, Doctor, how are you doing this evening?



Speaker 2 01:21

I am doing good. Thank you, and thanks for having me back on the show. Absolutely.



01:26

Thank you so much for the time. As always,

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Speaker 1 01:30

I've been very excited since we agreed to do this episode. And you were like, I would like to talk about shamanic healing. I was like, awesome. We just did a whole episode with Michael J S Carter about Reiki energies, things like that. And I am a, I am a huge believer and proponent in such things. I have been to numerous healing sessions like that. It is, it is amazing, the way that these things work. How did you first come to the world of shamanic healing? Angela, well,

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Speaker 2 02:00

not just shamanic healing, but the whole realm of shamanism. As you may know, some people know that I was raised in England. You can tell from the accent, yeah, that I was I was born in Bristol, England, which is right slap bang in the middle of Celtic southwest. Lot of history. When I grew up, we had a river running by that that was had lots of lore. You know, historic lore. There were stories about two giants that lived in the in the vicinity, and all their stories, lots and lots of very esoteric stuff as I was growing up, crop circles nearby, stone circles nearby. My parents used to take us out to Stonehenge before it was all closed in. And we used to go there for picnics, and we'd play on the stones, wow. And I hide and seek around the stones, my brother and me and then go over to, you know, other sites. We climb Clay Hill, and we climb, we go over to, you know, I mean, all the, all the sacred sites around the southwest. We would go for day trips. Then we thought it was just places to go. I didn't realize until I was older, the significance of what where we were visiting,

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Speaker 1 03:30

yeah, I was gonna say at the at that point, was it necessarily, I guess. Did you all know the stories of Stonehenge as you were sitting there amongst the hinge and things like that. Parents told

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Speaker 2 03:43

us a bit about it, that they were very, very old and very sacred and but there wasn't any we didn't go and celebrate or do any special rituals. It was just a place to go visit and play as kids.

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Speaker 1 04:01

That is, that is a very interesting point childhood to know that like you, you got to go to places like that with regularity, not not necessarily as like tourist fair, but just a part of everyday life. You know, that's something that we bring up regularly whenever we talk about people who grow up near such things, even people of local, indigenous population, to us, it's, it's something to the locals, to to those that have been there forever. It's, it's just another day, you know? Yeah, so

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Speaker 2 04:42

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go ahead. And also with my family line. My dad's people came from braston and Wiltshire, which is where they have the the white horses carved into the hillsides, yeah, and other other east of. Eric history and loads of crop circles, of course, and my other branch, my mum's people were other relatives. Actually, it was both dad's side from Wiltshire and then from just outside of Bristol, where they're the Stanton drew standing stones that my relatives came from around that area.



05:24

Interesting. They're a



05:26

smaller version of Stonehenge.



Speaker 1 05:28

Now, was there any history in your family, or in your familial line of relation to any of these Celtic tribes, to Druidism, or any any kind of mystical background, I know,



05:43

yeah,



Speaker 2 05:46

my my relatives, my modern relatives, were mostly sort of religious on one side and nothing on the other side. You know, they didn't practice. So there was nothing, really, but I grew up in that atmosphere of that there's more to life than just living. You know, there's this, all this history, which some you know, America has a history, going back to the, you know, the Native Americans, who, of course, have their own shamans, and their shamans are still practicing, yeah,



06:28

now with,



Speaker 1 06:30

with growing up with these things around you, growing up hearing some of these things, I know, in our previous conversations regarding remote viewing, things like that, you've, you've said that when you were younger, you had some paranormal experiences that had kind of set you on your path to understanding things in a greater way, in a larger way, and that's how you

ended up kind of experimenting in college, a little bit with a couple of studies that happened things like that. But at what point did you start down, I guess, really that esoteric path of studying shamanism itself? Angela, well, yeah,

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Speaker 2 07:09

as I was a very intuitive kid, my mother would come to you and say, Hey, would you run down to the shops for me when I was about seven or eight, these shops were just at the end of the road. And she said, Oh, I forgot what I was going to ask you. And I would tell her, I'd say, you need this, this, this, and this. And of course, I had out of body experiences from earliest was about eight, I can remember, and I would just get put to bed and I wasn't tired, and I would say, Okay, I'm going to go and visit Nana, or go sit up on the roof or wander around the village. And I do that for a while, until I got tired. Then I come back to bed and say, Okay, I'm ready to sleep now and go to sleep. And I would tell my parents. My mom said, Oh, you've got a great imagination, but I thought it was something like dreams that everybody did. So I didn't think it was anything out of the ordinary, until later, when I discovered that not everybody had out of body experiences. Sure,

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Speaker 1 08:13

sure. You know, especially at that young age, it's one of those. I've got a child verging on eight this month, and it's something that I do not discourage imagination time in such a way, because, yeah, I have, I have had my own experiences things like that, so it may well. And one of the, one of the things I have hypothesized recently, especially with remote viewing, is, is it, in and of itself, a separate state of consciousness, you know? And when you start talking about specifically shamanic work, things like that, a lot of the a lot of the things that bring you into really healing modalities, stuff like that, you are kind of talking about the same kind of principle as far as consciousness and how you reach into that,

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Speaker 2 09:10

right? Yeah. Well, I know there are many people who've gone into shamanic training not being particularly intuitive or involved in others, and they've done well, because I think all of us had that ability, not only just to do healing, but to travel. There are many, many, and I'll tell you a few examples later of some of the work I've done, not just the healing work, but I didn't get into it until, oh, and I'll just tell you one more thing. So I knew that what I was doing in the early out of body was a real thing, because I went to my head mistress's house in an OBE when I was in great in elementary school, and I saw all of this cut go out. Us all this crystal work. And I told her, children are very innocent and naive, you know. So I told her that I went to your house last night and I saw all this crystal and glass. And she said, Yes. She said, I collect all that. I've got that up on shelves everywhere. So I knew that I had really seen something real at that point.

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Speaker 1 10:30

And how old were you at that? At the point of that experience,

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Speaker 2 10:34

it was probably eight or nine years old. Wow, wow.

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Speaker 1 10:40

And how long was it before you I guess, did you continue that kind of out of body work, things like that, until you started down the shamanic path? Or was it something that you re found later in life?

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Speaker 2 10:53

Yeah, well, in my teens, I kind of got away from it because I joined a Pentecostal church, we kind of frowned on this kind of thing. Also, some of the journeys that I had became I saw things happening like car accidents and that were happening the next day. And in my naivety, I thought perhaps, was I causing them? Oh, sure. So I stopped. I just shut down everything during my teens. And it wasn't until I went to do my masters at Manchester University that I joined an evening class. They're called extramural classes and for the public, and I joined a class called outer limits of the mind, and we all sat around in a circle, and the teacher was talking about unusual experiences and who'd had them, and how many. So as we were going around the circle, people were talking their obese how one person had an accident, and they looked down and saw themselves lying on the ground, and another person had it during an operation, and he saw himself on the operating table. Oh, wow. And another, you know, they all had these experiences, and I thought that's what I do, but I've had hundreds, and I was worried that I would invalidate their one experience, so I tentatively started talking about my experiences and told them a few of them. And then there was another young man in the class who'd also had repeated OBEs too. So we were able to compare stories, wow, wow.

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Speaker 1 12:45

And that is a out of body experience. Is something that I guess I first began attempting a long time ago. It led to a lot of dream work for me, I found that I was very able to basically program myself, to go to sleep, to look for something, to look for an answer to a problem, things like that, but, but I was never able to achieve the disconnect, I guess, the snapping of that cord, so to Speak, I was, I was always telling everybody pulled right back. And it was frequently, it was that sensation of like, like, I'm falling, you know, and I would, I would be jerked awake. And it was, it was interesting to me that I never could quite get past that. But it's, you know, aside from that there, there are connections that happen with all kinds of things when you start exploring that, when you start going down that

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Speaker 2 13:50

path, yes, down the rabbit hole, yeah, yeah, precisely,



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Speaker 1 13:54

yeah. When did you when did you first start with your shamanic experiences and learning, learning the shamanic path in that kind of way. Angela, well, I guess let's describe the shamanic path that you've been on. Yeah.

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Speaker 2 14:11

Well, back around 2010 I've been living here in Southern Nevada and Boulder City for 30 odd years now, lived in Las Vegas and moved out to Boulder City, and I made some lady friends who were also very into these topics. And one of them had been to a shamanic class in SLN in California called wisdom. Yeah, wisdom quest and vision seekers class with Hank wesselman and Joe cucadal. So she shared what she had learned in that class. And my friend Claire and I said, we want to do that. So the next class that was. Scheduled. The three of us went out together to Esalen, and we took a class with Hank was an wasselman and his wife, Jill, Cuca Dell. They've since passed over that the teachings are still available online, and I loved it. I just felt in my element. We we became bears, we became energy. We became I have so many exercises. It was a week long. It was about a dozen people, a dozen men and women, who were interested in learning. And I said, I found my place. So one of the things we did in that class was create our Sacred Garden. Okay, so this is a imagined, imagined, basically in layman's term space where you can go and you can do your work. So, yep, My Sacred Garden is now huge, because I have so many places there, because I not only do the healing work, but I help people pass over. I have a waiting room in my Sacred Garden. Oh, wow. I started that because I was so concerned about all of these service men and women returning from war and committing suicide. Yeah, one time it was said that there were 20, you know, 20 a day who were so I said, I'm going to go and see if I can be of somehow. So I went to the waiting room, and it's a, basically a room with rocking chairs that people can wait if they need to. Then there's a door and a big round window outage looks out to a garden. So I went there, and I found it full of these service people, and I said to them, Why haven't you gone through the door? Because I'm able to converse with them. Why haven't you gone through the doorway? They said, We're just full of it's full of they were full of guilt about what had happened. What would happen? Would they be judged on the other side, sure, which was what they've been taught by religion in their religious studies. And I said, No, you will have a life review, but you won't be judged. There's compassion and there's love. And you can just go through the door. You can open that had a big brass knob on it. You know that you could open the door and go through. And gradually, everybody went through to the garden, and I could see I told them, I can't come through to the garden. It's not my time yet, but I can wash you through the window. And I saw them greeting their loved ones on the other side, who'd already passed over. Wow. And of course, it's all imaginal. It's not imaginary, but imagine all is that it's created. These experiences are symbolic of what's happening. And then I went back again another time, just to check into the to the wait. I call it the waiting room. And there was a soldier there from World War One, and I said, Why are you waiting here? Why haven't you gone over? He said, I can't see the door. So I said, Well, I can guide you to the door. So I took his hand, I put his hand on the knob. I said, I can't come through with you, but you can go through. And he did, but he'd been waiting all that time because he wasn't sure how to get over to the other side.

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Speaker 1 18:44

You know, this brings up a topic that we have discussed with a couple of mediums, things like that. that have been on the show Angela. And that is the that is the concept of the difference

between a spirit and a ghost. Yeah, you know, where were these that you were working with? Were they ghosts, or were they spirits?



19:05

Oh, they were spirits, okay,

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Speaker 1 19:07

the spirits of the deceased. Yeah, and, and, you know that I find that, yes, there is a distinct difference between the two ghosts are, you know, what is inhabiting an area, or something like that. They are attached in some kind of traumatic way, possibly replaying a memory loop, something like that. But, but spirits can follow people around, things like that. You know, they can. They can actively be here, still frequently, because they're attached to their loved ones, yeah,

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Speaker 2 19:42

or they're lost, yeah, yeah, the lost souls, yeah,

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Speaker 1 19:46

Precisely, precisely. So, so the fact that you are able to identify that difference, do you ever, do you ever have experience with the ghostly kind?

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Speaker 2 19:56

Oh, yes, deeply growing up in a haunted house? Yeah, yeah, yeah. Can I tell you one more experience? Oh, absolutely, from the waiting room, yeah. You know who Janet Mitchell was? Dr Janet Mitchell worked with Ingo Swann in his early days at the American Society for Psychical Research in New York. Did lots of research with him. And you know, Ingo had, of course, passed on and Janet was living down in Bullhead City and become very sick. So a friend and I used to go visit her, and she would tell us about her adventures with Ingo Swann, the founder of remote viewing, and some of her experiences at the ASPR, and she said she knew she was getting close to the end. She'd been through treatments for cancer, and when she was getting really, really close to the end, I thought, I'll invite her to the I didn't say that to her, you know, but I said, you know, a metaphysical sort of invitation to come to the waiting room when she was ready. So one evening, I was just reading or watching TV. I forget what I was doing, and I suddenly had this feeling that she was there in the waiting room. So I went to the waiting room, I did a meditation, went to the meeting room, the waiting room, and she was there sitting in a rocking chair. I said, Are you are you ready to pass over? And she said, not quite. She said, I need to wait a bit and then I'll go. And I said, Okay, well, whenever you're ready, you can just go through the door and you can see, look through the window and see the other side there, and which is represented by a garden. And she died that night. Oh, wow. She passed the night. Wow. Now

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Speaker 1 21:57

how do you when it comes to the waiting room. Angela, how do you how do you sense the waiting room? How do you feel the waiting room? You just said that you know you could, you were sitting there doing something else, and you had the overwhelming sensation of the waiting room. What does that feel like for you? What does the waiting room feel like?

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Speaker 2 22:22

It's a little bit like people knowing when someone's going to call them. You go, Oh, I'm going to, I know I'm going to hear from my brother today. You know, just an intuitive, it's very much an intuitive thing. And so the waiting rooms there, you know, for whoever wants to go, they don't have to contact me. They can just go there and sit in the rocking chairs until they're ready. And it goes through the doorway.

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Speaker 1 22:49

Now, when it comes to not the garden beyond the waiting room, because, of course, you can't visit the garden beyond the waiting room until you're done with

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22:58

the waiting it's my turn,

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23:01

so you're passing through the waiting room.

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Speaker 1 23:05

How do you access your garden? Because I know when, when I began my dream work, things like that, when I began the work of astral projection and attempting that mine was building like a Crystal Cathedral, and that's still what I go to. I go find my I go find my guide that I helped create things like that, and that's how I begin my dream work. But how do you approach your garden? How do you get to your garden? How do other people begin their own gardens? Angela,

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Speaker 2 23:40

well, it was something I learned in the vision seeker classes. We did an exercise, and we would lie down in a meditative state and let our minds go to a sacred place that we felt comfortable with. And I'd always felt comfortable in the village where I grew up, in sharhampton, suburb of

Bristol, where there's a 17th century house, and all of these wonderful woods nearby and land and very, very ancient. So I used to go up there with the neighborhood kids, and we'd play, we'd build forts, and we'd build, you know, we'd have games up there and without our parents. I mean, that was the time when kids could just go out and explore, yeah, and so when I had the intention to create my Sacred Garden, that's where my subconscious went, Okay, to King's Western house and King's Western woods. And so I wandered around a little bit and came to a grove of trees that had actually been planted by the Boy Scouts. It wasn't ancient in. It's but the whole Woods area is ancient, sure, the whole area, and it was there then that we had to find some animal guides. So I sat and waited, and then a snowy owl came and a bear and a Python, and these, these gave lessons. So it was just a matter of sitting and listening and interacting with these, these animal guides, and then going off on journeys with them. And it was all part of the class that shamanic class I was doing with Hank and Jill. Okay,



25:41

and it expanded from there, yeah,



25:43

yeah, well, and you know it,



Speaker 1 25:47

it does not take long when you're doing work like that to build upon great concepts, if you have a good teacher, yes, if you excuse me, if you have somebody that can really enable you with those things. And once again, the as soon as I found the concept of building your space, you know, no, no different than my studio here at home. Like, yeah, this is, this is like a rabbit hutch over here, you know. And if you ever, if you ever watch a rabbit or a squirrel like they are very particular about the way that their their home is arranged, you know. And you you have to do the same thing, very much mentally and spiritually. When doing these things, you have to be very deliberate about building your location in your in your mind and in your mind's eye, because the sharper and clearer that image is, the the better your work will be. Yeah,



Speaker 2 26:46

and there's, there's caves there that I can go to, the lower worlds and the upper worlds I have. There's a mountain there. There's a plains that, like, you know, like a big, great, lots of greenery. I mean, it's expanded. There's a harbor there with a boat. I can go off on journeys. On my boat if I want to. I mean, it's like a ship with sails, and I have a captain there that will take me, you know, where I need to go, so and all, of course, this is imaginal. It's in that sacred space where you're just generating these, these visions, basically in an uncited state, yeah.



Speaker 1 27:30

And it's almost like running through a one person guided meditation, so to speak. You know, not necessarily that there's a script in that kind of way, but in the same kind of motion where

not necessarily that there's a script in that kind of way, but in the same kind of motion where it's like, okay, I'm walking down a path now,

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Speaker 2 27:45

you know, yeah, this is me very often.

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Speaker 1 27:49

And I was just about to ask that, Are there parts? Because I have definitely, and I've definitely revisited my location and found things, yes, Yeah, same here that are new things that I go and explore, things like that. How, how? How does that begin to occur

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28:12

in a space just built,

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Speaker 2 28:14

yeah, just being open and exploring. I know I have an elephant in my Sacred Garden. And this elephant actually was a real elephant called Rosie at the Bristol zoo when I was growing up. And I always felt sorry for her, because she had to have all these children around on a thing on her back. And so I invited her. When I was thinking about her, I invited her to come to the garden so she has her space now in the garden. Oh, wow, and she will take me places within the garden that I need to you know

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Speaker 1 28:52

now, yeah, a minute ago, you were mentioning animal guides in the garden, and I think that's something important to bring up because I much like remote viewing, things like that. I think that there, especially when it comes to dream, when it comes to visionary work, things like that, I think that there is a lot of subconscious and just above subconscious involved. So kind of kind of learning those, I guess, the easiest way to analog. It would be like Jungian archetypes, things like that, you know, kind of like dream interpretation to an extent. But yeah, how do you begin to decode whether or not, specifically an animal appearing as an animal guide or a construct of something, because that's kind of what I consider the things that I find in my space is like, Ooh, my subconscious has popped something up in here that I need to address and go explore, you know, and then that's kind of like whenever a new Chris. Pops up that's never been in my space before. It's like, oh, well, this has some interesting facets. I wonder what other parts of me it has to do with and why it just randomly popped up in my sacred space. It obviously needs to be addressed, which is why it's here. But how do you begin to know the difference between I guess, that subconscious construct of an animal and what it might mean, and a spiritual guide.

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Speaker 2 30:28

Yeah, I have several classes, basically, you could say of spirit animals. Some are animals I've, I've had befriended in real life. Okay, passed on. So there now are my cats and and then I also bring in. I've always had a love of big dogs, but I've never had the ability or the whereabouts to have big dogs, but they're in my garden. You know, these the Irish Wolfhounds, and they always come and greet me when I come to the garden and and then there are symbolic animals that suddenly appear, like I was riding the elephant Rosie one day, and Rosie stopped, and there was a mouse on the path. And I said sir, Rosie, don't be afraid. It's just a mouse. She said, it's not just a mouse, it's a mouse. And the mouse had all sorts of learning to impart, you know, lessons to interesting

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Speaker 1 31:33

yeah. Now, are there ever animals that appear in your waiting room?

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Speaker 2 31:41

No, no, not, not so far, no, just, just people.

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Speaker 1 31:45

Okay, okay. And does it? Is it mainly veterans, things like that, that appear in your waiting I mean, of course, like you said, you had invited your friend to appear in the waiting room. Yes, on her, on on her journey over

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Speaker 2 31:59

there are people there that I don't know? Okay, often I will go and I'll say, Can I help you? Trying to be helpful? Yeah, and they explain why they're there. And I say, Well, you're welcome to go through to the garden. You just go and open the door and you can, you know, look beforehand and see the guard go see where you're going and go through, and they do, but I think there's a lot more go through, and I'm not even there, sure, sure,

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Speaker 1 32:26

and that's an interesting concept to think about. Just the idea that, I mean number one that you you have kind of put a spiritual guide post, you know, where it's like, almost a beacon of, hey, if you're lost, come here,

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Speaker 2 32:43

yeah, yeah. And people don't have to ask me, yeah, you know,

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Speaker 1 32:47

precisely Yeah. And, and others can tell them, you know. And they can tell others. That's pretty fascinating to think about that. Yeah, you have, you have created this through way and egress to the other side for other people to use

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Speaker 2 33:06

and down the road when it's my turn, I hope to use that too

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Speaker 1 33:12

now, now with that in mind, how do you, how do you begin, I guess, to put the homing beacon on that gateway. How do you, how do you begin to, I guess, put the ripple of vibration out that this is here for all to use

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Speaker 2 33:30

intention and attention. Okay, so you intend something and then place your attention on it. Okay,

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Speaker 1 33:40

interesting. To keep it simple, yeah, yeah. And that, that idea of attention, I think, is very important, because it's, it's no different than frequency. You know, it's the idea of frequency isn't just a sound or a vibration or a color frequency is also your thought. How frequently are you thinking in a certain way? How frequently, once again, with something like this, how frequently are you attending to that? Because much like any garden, you don't tend to your garden on a regular basis, it'll get out of control real quick.

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Speaker 2 34:22

And that's happened. I've gone back in an exercise to my garden, and it's been overgrown, and I've had to do some weeding.

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Speaker 1 34:30

Well, let's explore that real quick, because I've definitely had to go in and do repairs, Polish things up, stuff like that after states of disrepair and life happens. You know, because this, I can imagine, especially the spiritual work. The spiritual end of this is not necessarily something that you visit on a daily basis. Angela,



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Speaker 2 34:56

no, no. It's as needed. Yeah. Okay, yeah.

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Speaker 1 35:00

And once again, you you know, when the doorbell is being rang at the Yeah,

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Speaker 2 35:06

and it's not something that just happens. It's, you know, I usually have an intention to go to the garden, okay, but, you know, like with Janet Mitchell, I had the perception, the feeling that she was there, and that's why I went and checked.

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Speaker 1 35:23

And how often do you get that, that feeling that somebody is in the waiting room?

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Speaker 2 35:30

Not very frequently now, because I think it's become autonomous. You know, people can go there and they can use it as a portal through to the other side without me being there or aware

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Speaker 1 35:44

and and you know that is, uh, with that thought in mind, something that I always ask, whether it comes to involving somebody else in a remote viewing, like an outbound or where you're literally tying yourself to somebody else's energy with intent, and then have to break that tie with intent. Yeah. Do you ever have the situation where after doing this work, after being in the garden and in the waiting room that you have to physically break tie in that kind of way? Angela, have you ever, have you ever go ahead? Yeah, oh,

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Speaker 2 36:24

there are certain things that I do. You know, when I finish an exercise, sometimes I will envisage a pair of scissors and, you know, I separate myself and but it's there to come back to its whole and available, yeah, if I need to go there, yeah, and I don't go often. It's not like it's a daily thing or even a weekly thing. It would be perhaps when I need to share some healing, do some healing work, or I need some information, some knowledge, or just to check into the garden, it's usually an intention to go there, yeah, and as I got older, it's been less often. You know, during the classes, of course, I was going there daily, sometimes several times a day during the courses, but just some amazing things. But now it's an as needed thing if I need to go there for a purpose.

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Speaker 1 37:25

Yeah, yeah, no, you're very much the same thing with my dream work. It's not something that I attained or aspire to every night there and most nights I just want to rest. Yeah, I don't, I don't, like, I want good eight hours of sleep. If I could not go somewhere tonight, that'd be kind of cool, you know, yeah, even during a recent remote viewing camp, there was dream work one night, and it was, like, awesome, yeah, yeah, yeah, great. I was really kind of hoping to, like, rest my mind tonight for the next day. Not, not, not dream work all night before I go and try to remote view all day. But even with that in mind, it's the idea that even the shaman has to take a rest.

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Speaker 2 38:19

Of course, yeah, yeah. Now,

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Speaker 1 38:25

because, of course, you don't have too much like remote viewing. You don't have to be psychic to do any of this. No,

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Speaker 2 38:32

every, anybody with the right training and ability to get into an old state can remote view Well,

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Speaker 1 38:39

and, I would, I would posit even, even do shamanic work in this kind of way, you know,

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Speaker 2 38:45

yeah, if they have the interest, otherwise, yes, yeah, yeah.

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Speaker 1 38:52

How do you, how do you begin that process of UMP? Because that can be, that can be tough when you, when you first begin this kind of work. It can be hard to not just be in that mode, or not be looking to be in that mode. How do you how do you begin that method of cutting off and relaxing from this kind of stuff? Angela,

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Speaker 2 39:14

Oh, you mean finishing an exercise and then getting back into the regular life? Yeah, yeah. With me if I do an exercise sometimes I have a nap afterwards. Okay. I would deliberately you

with me, if I do an exercise, sometimes I have a nap afterwards. Okay, I would deliberately, you know, go and take a nap, or I will go do some busy work things I need to get done. And that takes you from your right, you know, hemisphere work to the logical side, where you're really being very focused, so you're going from an unfocused state to a focused state. And if that that helps.

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Speaker 1 39:53

And do you journal these experiences, anything like that? Or I used to.

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Speaker 2 39:59

I. And I don't so much now. They're just experiences that I choose to go if I need to go and do some healing work, or, you know, checking into the meeting room or checking into the garden. These are just basically maintenance stuff,

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Speaker 1 40:18

sure, sure. And and with that in mind, I have what other, what other facets can this be used for? Because, I mean, of course, there's the spiritual end of things. There's helping people with spiritual issues, there's helping spirits cross over and move to the other side. But what other, what other aspects of life can the shamanic teachings? Yes, of

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Speaker 2 40:45

course, the healing work, which I will do. If I hear an ambulance, I send healing, you know, and I live near an ambulance station, so a couple of times a day, sometimes it'll be okay send healing to the person that's needing it, and it's not meant to intrude, is just to add an extra layer of healing and support care. But one of the most interesting things I did is, of course, I've done animal healing too, as well as people healing was, is clearing houses. Um, you're talking about the the ghost work? Yeah, I was contacted about eight years ago now, by a realtor in Las Vegas who was trying to sell a house and just could not sell the house. It would not sell. People would walk in and walk out. And what had happened was, when it was empty of occupants, drug the drug is had moved in the drug dealers, Oh, wow. They painted the whole house black inside. When they went into to the house. It was full of drug paraphernalia in the house and the garden. There was trash everywhere. They had to do a complete renovation of the house, but it still had that very heavy feeling. Yeah, they kept hearing noises and, you know, the usual stuff, yeah. So they asked me if I would come in and clear the house. So I said, Okay, I don't normally do that, but I'm I will, I will come and do it. So went there and I have my drum. I'll show you my shamanic drum. I brought my drum. Oh, my friend Claire painted this for me,

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42:41

amazing.

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Speaker 2 42:44

And I had a tape recorder, and I had, I took holy water and holy oil from our local Catholic Church. You can buy it in a gift shop, Yep, yeah. I didn't know until I went to visit with a friend. It's holy water and holy oil, I can use that absolutely and and I had a couple of little sort of ghost hunting apps, which were just to see if anybody there would contact me. But my goal there was to clear the house. The realtor stood in the kitchen. She said, Just go do your thing. I'm going to stay here. And it was a very heavy atmosphere in the house, so I went room to room, drumming with the intention of moving the spirits on. I didn't want to harm or hurt them, the energies that were still there. And I put the sign of the cross. And I'm not overly religious, but I believe the sign of the Cross has very, very strong effects. So I was using the Holy Water, putting holy water around with oil, putting the sign of the cross, and just moving from room to room and bringing in the, you know, different instrumentation, yep. And I got about a third of the way through the house when suddenly the front door blew open. Oh, wow, bang. And the poor realtor, she said, What's that? And I knew it was some of the energies They're leaving. And I said, Oh, it's just the wind. Don't worry about it. But there was no wind outside, so there was a physical manifestation of them going, yeah. So I finished clearing the rooms, and then I went around the garden and cleared the garden, and I put a I'd taken salt as well, and I put a ring of salt around the house in the garden, and came back in, and this poor realtor, she didn't know what all this was about, and she was very nervous. And she said. Are you done? Are you finished? And I said, Yes, I'm done. And I always wear my red I have a red wrap that I wear. So I packed everything up and came home, and the House did sell right after that. Fantastic.

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Speaker 1 45:12

And and you know what's interesting, especially bringing up the fact of the the intense drug use, things like that. Angela, we do not necessarily need spirits to be involved for that kind of energy to stick around. Yeah, even the whole concept originally of poltergeist activity was the fact of it was an outward manifestation of an actual living like teenager, you know. So the idea of that that energy is bound up so tight that it physically releases in a PK format, you know, in a burst of psychokinetic energy. So the idea that this house being occupied by people with well, Mal intent, doing, doing bad things, even, even just using heavy drugs in a heavy way. Oh, sure, sure. Yeah, absolutely, but, but those, those energies, in and of itself, will bring things down to a very base level. Yeah, so, so, yeah, even, even clearing that energy out can be hard, you know,

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46:30

and it's, it's no easy.

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Speaker 2 46:33

Yeah, it's not something I normally do. Yeah, I was asked. So, okay, and

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Speaker 1 46:38

how did how did that session affect you afterward? What were those any ill effects for you?

now did, now did that session affect you afterward. Was, were there any ill effects for you? Was, was

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Speaker 2 46:47

these? Because I separate myself? Yeah, I'll do a meditation when I get home and you know peace and light and love and compassion, and come back to myself. I know myself. I know who I am, you know, yeah, and I can, I can rapidly let that go and be myself.

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Speaker 1 47:09

Well, let's explore that for a second, because that, that whole idea of Know thyself, is hugely important, hugely important, just in life in general, the idea of like, Do you know who you are, what you stand for, what you believe, what you believe in, you know, and when you're talking about specifically, not just sending energy at a distance Angela, but entangling your Energy with other people, things like that, that, that idea of knowing yourself and that, and that true Socrates Plato kind of way, you know, is, is massively important.

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Speaker 2 47:52

Yeah, yeah, yeah. It took me a long time until my 20s and 30s, before I really knew myself, and it's very interesting that here in this little town where I live in Baltimore City, a lot of people, particularly when I lived in my previous location and lived there 18 years in this little house in Baltimore City, and my lovely neighbors, but most of them knew me as that nice English lady who lives in the house on the corner. And you know, we think she's a writer, and she always smiles and says hello when you see her. And you know, she's very nice, very nice lady, and she goes out to the senior center sometimes and shows to the library. And that's all that a lot of people here, that's who they know. That's Angela and or Miss Smith. They don't even know I have a PhD. People are surprised when they find that out. Yeah, and I've had, it's taken decades to know who I am. I've always had a inkling that, you know, it's taken a long time to to get to know myself and to know what I can and cannot do. Oh,

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49:11

and

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Speaker 1 49:15

are the shamanic gifts, something that you readily share with with anybody you know or or is it something that you know you you don't necessarily talk about with a whole lot of people until that kind of topic comes up, you know? Yeah, I

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Speaker 2 49:34

do offer some classes. In fact, I did a series of classes for Irya last year, and one of them was

do offer some classes. In fact, I did a series of classes for a while last year, and one of them was introduction to shamanism, okay? And, you know, and then we also did a few shamanic things during the class, very low level stuff, you know, very light so, you know, I have taught it, and I was. Because I'd asked Hank and Jill if at some point I could share that their teachings. And they said, of course, but I haven't done because there is another lady, Cindy Reynolds. I think her name is, she's now carrying on the shared Wisdom Teachings on so if anybody's interested, you know, they can go and check in with her. I don't know her. I just heard about her, and she holds, like a monthly get together online for people who are interested. Awesome. Yeah. But so I have taught it. I have taught sort of basic shamanic traditions and what people can do, but I don't think I'm quite ready to teach it at the because Hank and Jill have passed on and they didn't leave a forwarding address. Yeah, yeah.

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Speaker 1 50:56

Well, and that can, that could definitely be hard, you know, especially if you have been trained in a certain way, trying to, trying to build the protocol, so to speak, for others, to follow in that kind of way, because it's, it's even as as we typically talk about with remote viewing, There are so many different modalities of doing it. Yes, it can be, it can be hard to just stick to one discipline, and especially when it comes to shamanic work, healing work, energy work, it's, it's one of those you were. You're constantly picking up tools for your toolbox, you know, and and if you're doing things right, you aren't just stuck to your favorite tool in the toolbox. You know. You're much like remote viewing. You're using every tool at your disposal every time if you want a good session, you know.

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Speaker 2 51:55

And you get to know your your spirit guides, too. And I didn't have a concept of those until I had done the shamanic training, and I bring in Buddha, Buddha energy. And these are symbolic energies from these individuals, Quan Yin, the Holy Spirit, Saint Francis of Assisi. If I'm working with animals, there's a whole, I have a whole range of spirit guides that I can call on to come and assist. And I always know Bonnie in is there if I'm doing healing work, because I start crying.

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Speaker 1 52:35

And I was just about to ask, how do you how do you know when you have connected with a spirit guide. And how do you know which guide to call upon

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52:47

case dependent? Usually,

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Speaker 2 52:49

yeah, I usually, at the time of the exercise, you know, if I'm going to do healing, I will say, Who am I going to call in? And it's whenever, whoever's appropriate. Like, as I said, St Francis of

Assisi for work with animals, Quan Yin for healing, healing work. I've called in the Holy Spirit. I've called in Jesus of Nazareth for compassion and love and caring. So it's picking the picking the spirit for the



53:23

the particular work that you're doing at that time.



Speaker 1 53:28

Yeah, totally. So it's a process of discernment, learning, yeah, learning to understand the subtleties of things, I guess, yeah. And do they do they, I guess, do they feel different to you? Do they emote different things inside of you?



Speaker 2 53:44

Yeah, each, each of them, has their own energy that I can sense. Yeah,



Speaker 1 53:51

wow, wow. And how do you? How do you, I guess, begin that contact. How do you, how do you first recognize your spirit guides to begin with.



54:06

They've evolved over time.



Speaker 2 54:09

I know that when I started, was working in class, and we chose, we had to choose some spirit guides. I chose Bucha in the class, Buddha energy to come in and assist. And then over the years, the others you know, and I've had past teachers who have come to me during when I'm doing a healing and will say, can I be one of your assistants? And I say, of course, as long as it's somebody that I really trust and sure, and of course, most of those have passed on already.



Speaker 1 54:49

And I guess are there. Have there ever been any times when you were not able to leave or break your bond? With, with the Spirit.



Speaker 2 55:02

Yeah, I'm pretty grounded, and I can, I can break the bar. You know, when I finished, I thank them. There's a little ritual for thanking them and to let them go and they leave. Yeah, they don't hang around what usually, this is just me in here,

S Speaker 1 55:23

sure, and you know that is, I guess, is that something that, whenever you're in session, do you announce that the spirit guide is with you, or

S Speaker 2 55:40

anything? I'm on my own, and I do the healing. Yeah. You

S Speaker 1 55:44

know, this has been a fascinating conversation for me. Angela, the idea of being able to dig deeper into the world of shamanic teaching, the world of shamanic healing, how to how to access these things and use them for, once again, some things other than just the typical uses, using them in everyday life. How do you with our last few minutes? What recommendations do you have a for the beginner, the utter novice who would like to explore these things and find a deeper connection. And what advice would you give to somebody who is already on their shamanic path and wants to go to the next, next level, the next rung of things?

S Speaker 2 56:31

For somebody a total newbie, find a good teacher, find a group, maybe Cindy Reynolds, maybe some of the other there are plenty of people out there, but do your homework. Talk to other people, talk to people trained with these folks, and find the right one for you, because not every teacher is right for every student. So go out and just do your homework and maybe follow a few online and read their read their books, perhaps Hank Hank Russell, and has a whole bunch of books out there which are really interesting. He was trained, actually, by a Hawaiian shaman called halimaku, and he would often bring halimaku into the processions. Oh, wow. So, yeah, so I feel like I knew how the cure and and then once you've chosen, you know, sort of decide what you want to do with it. Do you want to be to do healing? I i Don't just restrict myself just to the healing. I will apply shamanic, my shamanic training to even to my own path if I need to, you know what? What do I need to do next kind of thing? Yeah, so just use your use your wisdom and find out what's going to work best for you, and I'd go and try a few groups, and if you don't feel comfortable there, then try something else. You don't have to be stuck with the first one.

S Speaker 1 58:08

And that is, that is great advice, I think, all too often, when it comes to any work like this, a people, people have a very in inside and out of the box mentality, and the fact that this is the box, you know, and it's a very, very defined thing that they're looking for, much like prayer, where, where it's like, well, I prayed and what I prayed for didn't happen. It's like, well, it did.

Did it not happen? Or did it happen in a way that you weren't actively looking for? Yeah, you know, could it have possibly happened in a way that you weren't expecting? And if you go back and look at that, you'd be surprised how frequently Yes, your prayer was actually answered, you just were not paying attention to the helicopter that flew over you, you know, things like that. So learning, learning that path of not only discernment, but how to interpret those things, how to see them as they're happening in real time in your life. And it's hard for a lot of people, and it's hard on a lot of people to get to that point so good patient teachers like you, I think, are what is necessary with such things. I had the great honor of having you for about an hour as a monitor in a remote viewing session. And I bring that session up to a lot of people as a very, very big teaching moment for me, where I was exposed to a different modality of doing things and a different way of looking at and interpreting my data, you know? And those things are important because, once again, it's another sharpened tool. In the toolkit that you get to pull out and use. So thank you for everything that you do with teaching, with passing these, not only teachings, but energies on in the universe. Angela, it's so important to have people like you that are out there continuing these teachings of great teachers. So thank you for everything that you do in that right. Thanks absolutely before we let you go. Let everybody know where they can go to sign up for classes with you, where they can go to find out more about your books, your research, things like that. Angela,

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Speaker 2 1:00:39

yeah, you can go you anybody can email me at mindwise consulting@gmail.com, and, you know, and I do have a letter I send out with some of the things I do and things I don't do, you know, I don't do a lot of animal looking for animals now, because they're just so many and missing people. There's so many that I've had to cut back. And my website, which, again, is [mind wise consulting.com](http://mindwise consulting.com) and there, I've sort of encapsulated a lot of the work that I I'm doing, and I've already done that you can check out. And a lot of my, all my archives up to a while back, are over at the University of West Georgia in the in the library there. Oh, wow. Very honored that they my my archives would be accepted there. That is awesome. Yeah. And you know, I'm continuing working. I had a serious, almost fatal heart condition four years ago that I'm here, I'm working. These are bonus years, so I intend to keep working and helping other people well,

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Speaker 1 1:01:59

once again, thank you for all you do for everybody everywhere. I greatly appreciate it, and I always appreciate the time that we have together. Angela, hold the line real quick while we close things out for this segment, while you are online, checking out everything from Dr Angela Thompson Smith and mind wise consulting Everybody, please remember, stop on by curious realm. Curious realm.com forward slash store is where you can find all of the books from Angela Thompson Smith right there in our store. You can also find classes, videos, all kinds of things. You can also get your copy of the Curious Research, observation and encounter log. When we come back from this quick break, everybody, we will be joined by our good friend, Jason quit. We will be talking about astral work. We will be talking about astral encounters and his new book, astral encounters. When we come back from this quick break right after this, you the key to good science is good research. At the heart of good research is a good data set with the field observation and encounter log from Curious Research, you can easily keep track of your investigative information all in one place, making it easier to review cases and readily see

comparisons and contrasts between them, whether out in the woods, watching in a back room, gathering EVPs or using high tech gear to track UFO, UAP activity, this easy to carry pocket sized scientific data log is the perfect companion for any field researcher. You can find your copy of the Curious Research field observation and encounter log@amazon.com or visit the official curious realm store at curious realm.com forward slash store to reserve your copy for yourself, your family or a mind that you want to open that website again is curious realm.com, forward, slash, store.

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Speaker 3 1:04:22

You Well,

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Speaker 1 1:04:37

hello everybody, and welcome back from that quick commercial break. Thank you so much to Angela Thompson Smith for her time and her amazing knowledge in the world of shamanic healing. Also. Thank you so much to our sponsors, especially true him science. If you're a user of CBD products like myself, stop on by true him science today, they have some of the most. Most amazing products on the internet. Christopher Lynch, right here in Austin, Texas, creates an amazing CBD product using a spideric process. He uses every part of the plant, from the seeds and stems to the roots to the leaves to the buds. Every part is used, combusted, reused and combusted and reused again till nothing remains, providing an absolutely fantastic full spectrum CBD product, complete with terpene profiles. And all stop on by and check them out. Truehimsience.com. Is the website that you want to go to. Curious seven is the code that you want to use to say 7% off your entire cart of \$50 or more. Our guest in this segment is our good friend. Jason quit. His website, is the crystal sun.com, we have had him on numerous times talking about alignments of the Anunnaki, all kinds of religious alignments in artwork, things like that. His new book, astral experiences, journeys into the heart of the phenomenon really is a great exploration into how these teachings of alignments, things like that, really relate to the world of the astral, to the world of alien, to the world of UFO, UAP, and so many other phenomena. Welcome back to the show, Jason. How have you been

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Speaker 4 1:06:19

been good pleasure to be back. And I think last time we spoke, we were doing the gates of the Anunnaki, talking about sacred geometry and the gods. And now I'm going back to my old school. Call it old school, because I wrote a book about 10 years ago called forbidden knowledge, which was all about astral travels and shamanic experiences and aliens in that world as well. And now, on the 10 year anniversary of that, decided to write a new book, which you just showed, which is called astral experiences, journey into the heart of the phenomenon. And this book covers about pretty much my whole life as an experienter. So it starts basically as far back as I could remember the first experiences that I started to have, let's say, pre birth and childhood, and then getting into this in my early 20s, and how it relates to the phenomenon that everybody discusses the the astral world, alien abductions, contact experience, UFOs, portals, all these fun, fun topics. And instead of it being from the perspective

of the UFO phenomenon, as we're so familiar with our Asian aliens, it goes from the perspective of the experienter through the eyes of shamanic experience and traditional knowledge. And you know what this was called 1000s of years ago? Yeah,

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Speaker 1 1:08:04

yeah, precisely because the these things are nothing new and and a prime example of that is actually the MUFON conference that that we went to in Covington, Kentucky and Ohio. A couple years ago, we interviewed Thiago tie, who is the sole MUFON investigator for Brazil, like, one of the, one of the countries in the world where, like, it is just profoundly prolific. And it fascinated me a to have one person in Brazil that was investigating all that. But when I spoke to him about the the natives, you know, like, do you ever get reports from the natives? Not necessarily, whenever they come to town, because it's not like they do. It's it's a good two day journey via river to get to the city. But whenever, I was like, whenever you go out to talk to forestry workers, oil rig workers, things like that, and run across natives, what? What is their opinion of the phenomenon? He's like. It's no phenomenon to them. He's like. They don't report it, because for them, it's not out of the ordinary this. This is something that their shamans have told them about, that they that they've had in their culture for millennia, for generations and generations. So it's nothing strange for them, it's something strange for us.

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Speaker 4 1:09:24

Yeah, and I get that like, and this is why I'm so closely related to or like shamanism, and that's why I've been studying shamanism for so many years. Is because when I first started having these experiences, I would go speak to. Who did I go to speak to first? Let's say, like priests and rabbis, right? Tell me about what's happening to me. And both of them shook their heads, yeah. Honestly, they just kind of smiled and said, Oh, you know, just like, you know, read the book. Read the book more. I. Yeah, so none of these answers were given to me by religious aspects. And then when I would go to my family and I would try to share these experiences, first with families and friends, they looked at me very differently. They offered, you know, to get me a good psychiatrist, basically, because obviously, if I'm having these experiences, something is wrong with me. Yeah, so, so there's, there's this western side of things that, not only is it taboo, but it's, it's fought against. Yes, it's like if, if someone, let's say, is born, and they can see auras, you know, they can take that child to a psych, psychologist or psychiatrist, and what will they do? They'll put them on medication. They'll say, there's something wrong with this child, yeah, with the right chemistry, what we can correct it, you know, so and yes, there is mental illness. I'm not discrediting that and but I believe that there is this grand human design, this grand human experience, and there's a large part of that experience that is completely ignored and suppressed in Western civilizations.

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Speaker 1 1:11:25

Yeah, yeah, yeah, specifically, the connection between each other and the connection to the world around you. You know, not too long ago, I did a symposium of the strange just a couple weeks ago in San Antonio about remote viewing, and that was one of the questions was, Why? Why does this practice come from, like, Eastern Europe, Russia, you know? Why were they onto it before us? And it's like because they're actively open to it. This is reading tea leaves, things

like that are like a full on part of their tradition, you know, not just religiously, but culturally. And once again, it's, it's the fact of these things are not strange to them. So, so the idea is not foreign to them.

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Speaker 4 1:12:13

And I would even say that foundational religions, or traditional religions, are based off of these experiences, absolutely, but they've been taken and then said, you know, you know, I'm not going to name certain religions, but basically they said, this happened 1000s of years ago to these special people, and therefore it will never happen again. You know, this is why we only have to listen to these people in these teachings, because they're the ones connected, and that is, I would say that's a trauma on the human race, because every single person is connected to these experiences, and because we don't understand them when we're not taught about them, remember, it also comes through our own belief systems and our own filter systems, that's right. So the way that we interpret these messages or interpret these contact experiences solely connects to what we're taught and what we believe in, what society we're in. So there's a big distortion. And what I tried to do in this book is try to strip away every single dogma. Okay, I'm not, I'm not quoting any scriptures. I'm not talking about other religions or other I'm not doing any of that. I'm giving the raw experience and what I thought at the time it happened. So you remember that, you know the time it happened, I didn't know what it was. So, you know, I would say that, yeah, that's a demon, or that's an alien, or this, this and that. But after like, 20 plus years of like, learning about this and trying to go down that rabbit hole, my perspective has entirely changed. So I kind of go through that whole transformation of, this is exactly what happened like, I'll describe exactly the experience. This is what I believed at the time, and this is what I believe now, yeah, yeah. So there is this kind of evolution that people go through, that have these experiences. And I would say that the difference with me, and why my perspective, I think, is so important in the subject, is that I didn't come from the UFO background, yeah. I came from the shamanic background, like you were talking about in Brazil, yeah. So when I was having these experiences, I was very aware of what was going on. I was very aware of the steps. I was very aware of the beings involved in it, and the entire and I would say, the process. So for me, it was always this kind of awareness of shifting into altered states, this awareness of leaving your body and. Knowing that it was not a physical experience, but it was a dimensional experience, and that we are, you know, a spirit living in a human body, we're multi dimensional, and that we really don't understand the reality we live in, and it's through these events that show us our true nature and our true reality.

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Speaker 1 1:15:23

Yeah, yeah. And you know that is quite literally the the path and the myth mission of the shaman Jason is not only to to grow in that kind of way and learn that the very elementary lessons that you learn early in life have very, very deep meaning and consequence later in life. You know, it's, it's very interesting, even, even whenever you watch the arc of a human being and the way that, like my seven year old son, says amazingly wise things, and when he's, when he's 70, will say some very childish things. You know that that full circle of the arc of humanity and the fact of we, you know, when you start looking at things, and that's literally the concept of the Montessori school experiences, if you find what that kid is into and encourage that you will make somebody happy for the rest of their life. You won't be making a wage slave. You'll be making somebody who now has a connection to what they do on the daily you know, and we in

the West have a very, very different view of that connection. Of of anything, whether it's family, whether it's work, it's it's very strange, our connection to these things, we're one of the only countries that you know you don't get four weeks off every year as a as an average worker, as a man, you don't get maternity leave off to be with your kid for six weeks after they're born. It's like, oh, great, glad you had a baby. Congratulations. Here's a cigar. See you at work on Monday. And those things change us. They literally change the way that our brain is wired, and they change the way that our brains connection to these things is wired so it changes the way that we see the impact of them on our life. Yeah,

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Speaker 4 1:17:27

and I believe this is why it's demonized. It's because in in our type of society, it has to function in a certain way to survive, sure, and because of that, it has to be stripped of all these things. And this is why, even when we talk about plant medicines, they're shunned upon and illegal and taught that they're dangerous, yeah, and the only thing that they're dangerous for is changing their perspective, you know, seeing the world differently, yeah? Now when it comes to these spiritual experiences, remember, go back more a couple 100 years ago, even just go back a couple 100 years, and you come out publicly that this is what you're experiencing. Yeah, what happens to you?

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Speaker 1 1:18:17

Yeah, you get you get shifted into a different part of society that is much more on the religious and you know, or you're burned at the stake, well, yeah, or that depending on the culture you're in, yeah, yeah, you know. So

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Speaker 4 1:18:32

I believe that there is this kind of trauma on the human race that they know for hundreds and hundreds of years, that if they would come out with this type of information or these type of experiences, it would be proof of something bad, and that you would be not only looked down upon, but punished for it Sure. So if people did have these experiences, they wouldn't tell a soul. They would just pretend it never happened. In fact, probably in some places in the world today, if I was born there and I went public with these things, it wouldn't be so good for me. Yeah, yeah. So we are fortunate to live in this in this society now, just with the internet and the connectivity where we could actually talk about these things openly and freely for now, yes, but it's interesting, because when I talk about these things, and sometimes these clips go up on Tiktok or something, you'll always get or Instagram, where you always get people messaging saying, like you're going to Hell yes or Yeah. In the the Hindu religion, this is called this, and you're not able to do it because you're not a guru, you know? So there's, there's all these kind of, like, gatekeepers, yeah, you have the experience that immediately, when you say this happened to you, you get immediately resistance from a general public, saying. Like either you're evil, you're doing something not right, or you can't say this because you're not this person.

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Speaker 1 1:20:08

Yeah, yeah, precisely. And you know, I have no problem with anybody's faith in the world. Jason, and the reason I say that is because I was very, very Catholic to the point where I studied in the seminary like I was ready to wear a collar for the rest of my life. So I understand the need to be in a communal space with people of like mind. I understand the need to have a path shown to you that you may not be able to find yourself because a you know, hey, sadly, we need people to stock shelves too, you know. And it's one of those like, yes, not, not everybody is, I wouldn't say that not everybody can find this in this kind of way, but there are definitely many people that need a lot more help along the way. And yeah, I would tend to say that most of the here's your religion in a box. Religions, it's in a box. It's very much in a box. The mindset is in a box, and at some point, the example I give is my my experience with the shadow person that grabbed me when I took that to my spiritual director. The answer was, we don't have a teaching on that. Chris and I was like, well, that's funny, because you you tell me that there are dark things stalking for my soul around every corner. You know, be careful. Be good. Not only is Santa watching, but Jesus is watching. And at the same token, you asked me to accept my faith upon spectral evidence, and when provided evidence of the spectral you have no faith in it, right? And that's a shark. I can no longer leap at this point because it's directly affected me. And at that point it became the fact that I could, I could no longer crowbar these things into a hole. I needed a bigger hole. I needed a bigger keyhole of reality to understand these things, because it obviously was not coming through just what was in the rubrics of the faith in the Catechism,

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Speaker 4 1:22:26

and that's supposed to be the authority. That's supposed to be the authority.

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Speaker 1 1:22:30

So when I took it to the authority and you tell me you don't have a teaching on it, that that bothers me. Yeah, you know, because it happened to me, and it's one of those it may be explained to me one day what my religious experience of by location was that led me into the seminary. It may be revealed that I have a petty mall seizure disorder that only happens under certain conditions. Jason, but that does not remove the ecstatic experience that happened to me that changed the way I look at the facets of the gem of reality, exactly that day, in that moment, that religious experience happened to me and nobody else in that church. And that was another experience where, when I took it to the priest who I knew, who was serving that day and celebrating who's he was of a totally flip coin, he was like, I wish an experience like that would happen to me. He's like, That is beautiful. That's amazing. Chris, have you ever considered like searching for this in a deeper way. And that's when I considered the seminary, you know, um, so it's literally two flip sides of the exact same coin. So, yeah, at some point I needed a crowbar or or a larger hole to look at this reality through

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Speaker 4 1:23:58

exactly. And, you know, I started early on. I started before YouTube, you know, so I could have didn't really know where to look. I actually went to libraries and got books. I know younger people listening to this don't realize that, but

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Speaker 1 1:24:18

trying to pop the Dewey Decimal System up on the Yeah. People know what it is. Had

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Speaker 4 1:24:23

to figure it out, you know, to fight a nickel for a photocopy, right of what I so I don't have to take the book, just photocopy. But anyways, who could I turn to? Yeah, I found that I couldn't really turn to anybody. I didn't really know anybody. The only person I knew was a cousin of mine who was a psychic. And so when things would happen to me, I'd go to my cousin and say, This is what happened to me. And they would channel or, you know, we could try to work it out together. But that was basically it. And it was, it was through her that kind of introduced me to dowsing, first, to shamanism, to Qigong. Long. And then from there, I started to go to these meetings where I started to meet other people. And what, what was fascinating to me is that I was so eager to share my stories with these group of people. Because, you know, if I tell my friends these things, they don't want to hang out with me anymore. Yeah, so I can't really talk to my friends about these things. Can't talk to my family about it. So suddenly you get a group of people together that are kind of weird, like me, in a good way. Yeah, I can, I can talk about these things. But the thing that blew my mind is when I would start telling my stories, they were like, holy, like, you need to, like, talk about this to somebody else. Like, your stories are a little stranger than our, you know. So I realized that even in that community, I was still different, sure, and so that's why people started to invite me to these gatherings where they'd say, Jason, get up and, you know, talk about these things. And that's how I really started, was just getting up in front of, like, a small little community group of like 10 to 30 people and talk about my out of body experiences, talk about contact with certain beings and what they were telling me to do, and how it led me to shamanism and qi gong and and all these things. And, you know, still going strong 20 years later, yeah, yeah. And the experiences haven't stopped. They've just slowed down. That's, that's all it is. It's there is this intense, intense part in my early 20s, and a lot of the book is focused on that early time in my life where everything started to open up and unfold. And now, I guess I would say I'm more grounded in it so I can see it with different eyes. Yeah,

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Speaker 1 1:26:51

yeah. Well, you've, you've got the benefit of 20 years of practicing, you know, and using that knowledge and utilizing that knowledge and sharing it with other people, because it's one of those whenever I taught religion and spirituality to junior high and high school students, it was, it was one of the things that I did at the end of every year to let them know that everything I told you this year may have utterly been a lie. Only way to find out is to go research it. Go look it up. Go find out for yourself. Never just take somebody's word for it. That's that's what the appendix is for. That's what the footnotes are for everything. All right, go read the footnotes. Go look it up. Go find it go ask. Never stop asking questions. And number, number two, I have learned more this year than you have because I had the benefit of 20 different teachers in my room showing me a different reflection of this knowledge every time I taught it on a Sunday or on a Wednesday night. You know the the idea that it's being reflected in you. And as as your light bulb goes on, a new light bulb goes on in my head, of how I can reach somebody else with it, you know? And it's interesting that way, that is, that is, once again, the the shamanic practice, the idea that you are learning more from the person that you're helping

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Speaker 4 1:28:21

and right now, you know when, when I got into this, it wasn't really about experiencers, it was more about contactees, you know, and then now I've seen the shift.

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1:28:38

Everybody wants to talk about the experiencer now.

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Speaker 4 1:28:42

So there is this kind of shift moving towards the experiencer before, it was just like alien abductions, yeah, and it was very much focused on, you know, literal aliens coming, pulling you out of your bed, experimenting on you, having hybrid children. I mean, that's been the past like 10, at least 10 years of the UFO scene, and now it's actually opened up, like, like, I think I spoke earlier about going to MUFON, yeah, this year in July, yeah, I've always been cautious about going to MUFON, because I've always been afraid of MUFON. And the reason I've been afraid of MUFON is because they are very much focused on the documentation, the research into it, basically the nuts and bolts of the entire thing, the exact words I was about to use, yeah. So very much a technological and physical and for me, I always came at it as this is a spiritual experience or a shamanic experience. Yeah, and the beings that you're you're talking about, they're not physical in the sense that, like they'll walk into the room. Yes, they do walk in the room, but you have to shift your perception into, let's say, another dimension to see them, or an altered state, yeah. And this is the whole divide. So this year they're actually doing an experience or thing, and I'm actually on an experience or panel, yep. And I'm going to be talking about astral travel and the experience. So even MUFON has kind of kind of gone into this side of research, which I find absolutely amazing. Yeah,