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#### SUMMARY KEYWORDS

Lone Star Para Con, paranormal investigations, Ashmore Estates, Art Theater, ghost hunting, Bigfoot erotica, remote viewing, elementals, energy detection, cinematic filming, historical research, paranormal community, ghost stories, spiritual experiences, investigative techniques., paranormal investigation, evidence, data collection, psychics, ghost hunting, exorcism, demonic obsession, law enforcement, PTSD, spiritual impact, paranormal experiences, scientific method, repeatability, evidence gathering, paranormal research, paranormal research, repeatability, shadow zine, phenomicon, paranormal detective, cryptozoology, field observation, UFO UAP, people of the Fae, cultural folklore, shadow people, EVPs, audio engineer, Bigfoot, Texas cryptids, Feral monkeys, Texas cryptids, Bigfoot, Chupacabra, Big Bird, Mountain Boomers, Texas T-Rex, Lake Granberry, Sea serpents, Monstrous catfish, Invasive species, Mothman, Flying humanoids, Conservation, Cryptozoology.

#### **SPEAKERS**

Speaker 5, Speaker 1, Speaker 3, Speaker 4, Speaker 2



Coming to you from the city of the weir,



## Speaker 1 00:21

exploring topics from the esoteric and unexplored to dimensions unknown, shining a light of truth on the darkest corners of our reality. Welcome to the curious realm. You



Well, hello everybody, and Happy Tuesday



night,



## Speaker 2 00:52

also Happy April Fools Day. Hope everybody didn't get taken in by all the AI and

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false headlines and

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things like that.

## Speaker 2 01:04

But I tell you one thing, I'm not actually here. I am bi locating. Right now you are listening tonight to an amazing pre recorded episode of The Curious realm. But as always, we are bringing you new content, not repeat not best of what we are bringing you tonight is our interviews from this last weekend. While we were on location at the Lone Star para con, we had the an opportunity to sit down with people like Robin Terry and Victoria Monday, Benjamin Wolf, Greg Lawson, Nikki Folsom, Sean Martinez and, of course, our good friend, King Gerhard. There were tons of presentations that happened this weekend that is all available on the HC productions Vimeo page. If you go to Vimeo, you will be able to find all of the Lone Star para con up for rent for the next month that all comes out, April 7. So keep your eyes out there. You can find that at curious realm.com as well. Folks, we'll have links to that. But tonight, we bring you our official live on site coverage from the Lone Star para con in shirts, Texas. Right now. Everybody, enjoy. Well, hello, everybody, and welcome to the curious realms coverage of the official 2025, Lone Star para con here in Schertz, Texas, put on by the clean brothers. These guys are absolutely amazing. Their events are always awesome. We have with us in this segment, Robin Terry. He is the owner of Ashmore estates as well as the our theater. Both of them are well known haunted locations. Let's start at the beginning. Here. Was it an interest in the paranormal that brought you to buy the properties, or were the properties just available in something that were adventurous to you? And you found out the first property was the

#### Speaker 3 03:08

Art Theater, okay? And I was looking for a place to have an insurance office, and so down in the first floor, and it was like, this is perfect. I've got the lobby and everything. We could set up an office. So, so we did that, and we were there operating for a couple years, just as our insurance office. And you know, we hear things all right? You hear voices, you hear sounds and sure, motion lights going off and on. You don't think a lot about it at that time, I wasn't in the paranormal, and so I had some friends that wanted to investigate there sometime. So I said, come on by, see what happens. So they did, and they found all kinds of stuff there at theater. Wow. So

Speaker 2 03:41

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you were not into the world of the paranormal, things like that. The Paranormal came to you through a property that you purchased, just out of rote need

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for your business, yeah, back in 1999

#### Speaker 2 03:54

No, this brings up something really interesting, because we've had Margie K on the show talk Dave just put out a book, her and another author about researching properties, specifically insurance, things like that. Whenever you go to purchase a home, was it something insurance wise that a lot of people don't realize that there are, there are states that are full disclosure. You have to let them know. You have to let a buyer know if it's possibly haunted or if anybody's committed murder there committed suicide. Is that the case here in Texas, as far as insurance goes? I'm not

#### Speaker 3 04:31

sure. In Texas, Oh, that's right, I'm in Illinois. Yes, you're in Illinois. But the theater, it was owned by the bank, okay, repossessed the property and it said empty for three and a half years. Oh, wow, yeah, nobody wanted it because it because it was, it just needed a lot of work, and it was a slope floor and all things like that. So they couldn't do a lot with it. So they, I called them out of the blue one day, say, Hey, I clicked this property, and they couldn't get down there fast enough. How bad? So we looked at it, but they actually cut a two inch tree down in front of the door so he get in. Oh, wow, because it hadn't been seen for. A few years. Oh, wow, interesting. Yeah, so we got inside, looked around, and I know structure looked at it, so I'm like, heck, let's just buy this. Because, yeah, this town I'm in is like, 4000 people. And I mean, you know, they came back and they, I made them an offer of \$5,000 on this building, you know, wow. And they turned it down, and which I couldn't stand, but then the bank president called me, because, hey, if you give us \$15,000 sorry, 20,000 \$20,000 I'll give you the keys today. So I Okay. So, yeah, heck. So I went down there and we, we decided to build the office in the front, but it was a mess. I mean, there was no roof, there was no the air conditioning. Heating was shot. The power was off. I mean, it was Wow. It was in bad shape. And how

## Speaker 2 05:40

old was the building upon your purchase? 1946, okay, okay, so and had there been any pre existing history to the building? Did that you came to find out through your time of owning it was there, were there reports of hauntings while it was in operation, anything like that.

## Speaker 3 05:58

I had a few people that tell me that they, you know, they were projectionists there. And they Okay, heard some sounds up there. Heard voices up there once while. But nobody really paid much attention to anything. Now, the owner of the place that they lived in a house right part.

door, and, okay, one of the previous owners actually died in the backyard. Oh, wow. And, like, two or three o'clock in the morning died in the flower garden. He was kind of eccentric. He'd be out there weed in his garden at two or three in the morning and end up dying right out there in the backyard.

## Speaker 2 06:25

Wow, wow. And let's start getting into the occurrences that happened on location. You said that you eventually had some people that you knew that were into the paranormal that came to investigate. What kind of things did they begin to find? What kind of things have you found on property, specifically at Ashmore or at the theater, and then we'll get into Ashmore. Okay? Well,

## Speaker 3 06:48

they they came out. I guess it was about 2000 they came out and investigated, and they called me up, and I said, hey, they didn't get a lot of anything. You know, nothing happened at all. So we're gonna listen our audio, see if we caught anything there. But nobody any personal experiences. Okay? They called me about a week later, said, We need to talk and so, so they brought it, they brought a laptop out that they played a bunch of EVPs, and they got some of the some crystal clear EVPs application, wow. You know, they didn't have any personal experiences, touch, grab rope. Don't like that. So, but then, as we went on and on, started getting more people that came out, and it seemed like the spirits in the building were talking like crazy at times, wow. And then I had, we had the strangest occurrence we had. It's probably been six or seven years ago. I had some friends that came over. We were doing we call a newbie night, where we investigated the building. They never investigated before. And I set up headphones for 10 people, and we went around listen to everything. Is where we got done. And three psychists kind of walked to the building, and they came across a a well known serial killer that actually ended up occupying the building, and by the name of John Wayne Gacy. Oh, wow. So yeah, we picked up his they picked up on him. And it was kind of weird, because it was like, there's no reason why he should be here, until they started sitting and talking and they found out that my wife was a roommate of her son, or my wife's roommate in college when she was going to school, was killed by Gacy. Oh, wow, two of the guys that were there that night that were helping with the investigation, they handled paperwork that came to the desk from Gacy, and then I bought an armoire that we have upstairs that was owned by the attorney that represented Gacy. Wow, she used to keep paintings that armoire that he did for her while he was in prison. Fascinating. So, yeah, it was kind of bizarre, but that's why my buddy's King butter I was actually down here. It's been quite a few years ago. Yeah. And I was sitting have dinner with Brad Kling. He's like, Hey, what's up? You know, what's going on, what's new? And I was telling him, he's like, Yeah, we're coming up and doing a story. So Brad, they drove up from San Antonio to Auburn, Illinois, wow. And did the story of a strange curiosity called kill a coincidence and just about the Gacy situation? Wow.



## Speaker 2 08:59

That is really cool man to find out that you that your theater has that kind of connection, and randomly, people there on investigation had connection with him right now, specifically when it

comes to things like that. Was this, like an operational movie theater, or like, public performance theater.

## Speaker 3 09:21

It was a little bit of both, okay, because they said they were there, utilize the ability as much as they could, you know, with things. And they had a stage that they have country western bands come in, okay, and things like that. Then when it shut down, then they'd, there was a some guys that bought it, that had some bands come in and play, okay? In fact, there was a take off of Jerry Garcia's band, okay? I played there, pretty well known band. Yeah, they played there, but yeah, they did quite a bit of different stuff. They had a little few of vaudeville type acts back then, the 40s and all that played there, all right, did a little bit at all, yeah.

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## Speaker 2 09:53

And the reason I ask is because, specifically with performance theater, I come from a theater background. I do. Audio, video for a living. It's something that you typically do not find dispassionate people in the theater. The people involved with the theater are very connected with their theater. It's literally a home away from home for them. So the idea of theaters, specifically performance theater, is being inhabited by a Phantom of the Opera, so to speak, is not uncommon whatsoever because of people's connected passion to that space, right?

## Speaker 3 10:28

Yeah, no, there's, and I think that's what's going on here. The, you know, the guy, the owners of the place, they're pretty passionate about it, was their baby. Yeah, the whole family owned it. I mean, yeah, it wasn't a matter of one guy bought it. It was just like, This is a family operation,

## Speaker 2 10:40

yeah, precisely, I have a seven year old son, and he he literally knows how to assemble lighting rings, because he sits there with a wrench and helps me assemble things and helps me assemble tech. So it is a family oriented thing, especially once you start talking about small town things like that. Now, how did you go from the our theater to Ashmore estates, because at that point, you had apparently been involved with the paranormal a little bit like that. Was it something that, because my father lived in a small town for a long time and kind of flipped houses, and it kind of became the fact that as people would leave town, stopping to work for the prison and going to work for another prison, they'd come to him to sell their house. You're like, hey, you know, you're always buying houses, buddy. You want to take a look at mine. So was it the case that when Ashmore estates came up, that somebody heard the fact that you were involved with this, that this was a part time thing with the theater and they approached you with it, or did you find it for sale, and we're just interested.

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## Speaker 3 11:42

It was actually a mistake I had. I found it because there's a guy that was looking we used to run

It has actually a mistake maan mount is secare there is a gay that has looking the used to ran a haunted house in our in the theater, okay, in the basement, and we did it for like, 10 years. We were closing it down, and we decided to sell all the props. And I had a guy contact me and said, hey, you know, I'm interested in buying some props. If you want to sell them. I'm like, Yeah, we're gonna sell them all. So he's like, you know, can make a time to come over and see it. So we set it up. He came over and started going through everything, and he's picking out stuff left and right. And he's like, you know, could you hold this till next week? Just going through the whole thing, and we're marking everything down for him that he wants to hold it for him. Then he tells me, he said, Well, yeah, he said, I'm sorry that you guys had to come over here, you know. And you come over here on your day off and everything, like, we live upstairs. It's not a big deal. It's like, we build a house inside the movie theater. Yeah? I says, We live here. He's like, Oh, I said, well, that's kind of unusual. And I said, Yeah, it's, you know, not normal. And he's like, any chance I can get a tour of the place? Yeah, we can do that. So, so after we got done, we walked up. We're walking through the through the house and everything we get upstairs the second floor, and he's I asked him, I said, So what are you gonna do with all these props? He's like, Well, I'm building a haunted house. I'm like, oh, okay, we're at he said, well, in Indiana. And I said, Oh. I said, that's fine. I say, How'd you hear about it here? He's like, Well, I had one, actually, right now, that I own, but I'm gonna sell it. And I said, where's that ad exam? You said, Illinois. Said we've had him. He's at Ashmore estates. I'm like, Oh, I've been out there before. I said, some of the prop you're buying came from Ashmore. Oh, wow. So I said, but yeah, I said, I've bought these about a year. So go from some of them. And so I said, What do you do with Ashmore? He's like, I'm gonna sell it. And my wife sitting over going, Oh crap,

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## Speaker 2 13:21

your wife sounds like my wife. She's very keen on what you're into, yeah.

### Speaker 3 13:28

And so I said, Any chance that I can come out and take a look at this place? And he said, yeah, if you're interested. And they said, Yeah, I'm really interested. So cool. We drove out two hours from my house to Ashmore estates, and we get out there, and, you know, he's taking me through and everything's a disaster. I mean, stuffs thrown everywhere. The place is a mess. Oh, sure. And head, you know, every window is knocked out of the building. There's no power in the building. There's no no water in the building. The roof is gone. I'm like, this is kind of crazy. I'm like, Yeah, I'm right back where I was, you know, with the theater. So I, you know, we I said something to him. I said, you know, I'm interested. I said, What do you want? And he said, he said, Well, you know, we can talk. And, you know, because I told him, I said, you know, as we're headed home, actually, I told my wife, I said, there's something about that building that I got to have it. And she's like, just buy it, am I really, because this thing's a mess. And, yeah, you know, you're gonna do it, so just do it. And but when I walked down the second floor, there was something there that just pretty much like, you know, it was kind of telling you help, help our building. And it wasn't about helping spirits in the building. It was helping the building. Interesting. I think that they were content in the building, and they still are. I think it was just a matter of the building was in bad shape, and they'd like to have it approved. I mean, there was no windows. They had all the windows boarded up, except for one, yeah, so you couldn't see out. So I'm thinking, you know, what would you do if you were basically trapped in a house or a building for all eternity? Yeah, yeah, with one window that everybody in the building tried to

look out at times. So that was first thing we did. We. We gutted everything, we cleaned it all out. We started putting windows in 83 openings. We filled in the side the building, wow, with Windows, and boarded up the first floor stuff to protect everything, yeah, but it was, it was quite the quite the job. And we had a ton of help from the paranormal community, and they came out in groves. That

## Speaker 2 15:17

is awesome. And I was just about to say, especially in not just smaller communities, but across states, things like that, communities really do rally behind these things. And it's funny because I go to the Falk monster festival in Falk, Arkansas every year, one of the things I say regularly is a town either embraces these things or they shun them, you know, and they push them aside. Now, you whenever you go to Falk, Arkansas for the Falk monster festival, you'll find about three quarters of the people are amiable and happy you're there and glad that you came to their town for this amazing event, you know, that celebrates a little bit of the rich culture and history of the town and the legend that exists there. And then there's about a quarter of the town that's like, we're about done with all you lookie Loos, you know, like we're, we're completely finished with this. We'd be happy if you quit coming 10 years ago, right? How does this sit with the community that Ashmore Estates is in? I think,

### Speaker 3 16:15

from talking to people in the in the past, because we've done a lot of open houses and things like that, when I bought the building. I mean, the grass was three feet tall, three to four foot tall out there, and the place was in shambles, yeah. I mean, it was just like it was, it was worse than it was, really, when it was a poor farm. It was a poor farm. It was kind of like a place where people went that nobody wanted to pay attention to, yeah. And so now that, you know, we've got it, and all the trees are gone and things like that, and the grass was bad. It was the same situation. It was like, done. They threw that old building down down there, because the place looks like crap, and it's, like, ridiculous. But when I bought it, we cleaned it all up, we did everything. And we do open houses out there now, and we've had people from Ashmore, the city, come out and say, I've always wanted to see this place, but I never wanted to go in the way it was. It's like, This is amazing. Can't believe you guys have done this. That's fantastic. In fact, the first year we did when I someone of the girls has helped me out there said, have you looked out the window? Like, no. And I said, I'm just getting things ready. And they said, hey, if anybody shows up, and it's like, no, you need to go look out the window. And like, why? I said, just go look out the window. So I walked out the window, and there was a line of people about a block long waiting to get inside the building. Like, yeah, oh my God. They want to see this place. So

## Speaker 2 17:23

that's what, and that's just it, you know, because it's one of those, especially when buildings sit for years and years and years. Like, not only have you lost a part of the town's history in that way, but there's also all kinds of rumor and speculation that builds up around the property, that kind of stuff with the theater, especially living there and things like that that. Did you ever have any experiences yourself in the space

## Speaker 3 17:50

at the theater? We have, and we've had, we've heard voices, everything there, Ashmore, the same thing. I've heard voices, wow. I've seen shadow figures in the building. You know, it's, it's not unusual. I mean, lights going off and on, okay? And it's, it's, I think a lot of times when I'm I've been out there working the building so long, I think spirits the building, when I walk in, they're like, Oh, it's just him, yeah, you know. And so where it's gotten around, yeah, they travel to three different floors out there. Like, hey, robins here. But yeah, so I don't think they even bother me yet. They're no because they know that I'm here to work, I'm not there. Yeah,

## Speaker 2 18:24

well, and that brings up a different question, you know, especially with because I'm sure that you rent these out for like, over the weekend to investigative groups, things like that. Have people ever had any, I guess, consternation during an experience? Has anybody ever had a, I guess, like a violent experience, an experience that was horrifying to them, things like that. Or have most of them pretty, been pretty benevolent, as far as EDP, things like that go, everything

## Speaker 3 18:52

out there, there's, there's nothing demonic in the building, okay? And when we have kids day, we've been doing Kids Day Out there. Oh, cool. 2016, cool. And so, yes, we have nine, you know, nine years of kids, days, we do, we do, you know, two year and praying. My grandkids have been out there, I guess, send them to the building if I think it's unsafe, exactly. But, yeah, it's weird. Is there? Mean, spirits out there? Probably, you know, and they're and people have had some situations, yeah, I don't know when they've said something about that they were scratched, or something like that. I don't know what they were doing before they got scratched. Sure they're provoking, or what they were

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Speaker 2 19:26

doing, or even what their thought pattern was when it happened, yep. Or if they ran

## Speaker 3 19:31

up against a wall by chance and just thought they got scratched, or Yeah, yeah, or anything. But I mean, we've, we've had spirits that, if people tell me they've chased them out of the building, but I don't know. I think a lot of times people take things they're looking for something to be wrong.



## Speaker 2 19:49

That was something I was about to bring up, because we talk about it regularly on the show. I was having the conversation with an investigator earlier who's even been on TV all kinds of



things. Uh. Who will be coming on the show later, shock and the idea of, how do you prep for an investigation, you know? And are you actively because going through and reading experiences is awesome. It's great, don't get me wrong. But if that is what you're doing before you go on investigation, then you're kind of polishing the filter through which you're going to be looking at all your data, right? You know? And if, if you're thinking about demonic things, if you're if, if that's what your consideration is, before you go into a place period, you may be already manifesting something, or charging that atmosphere in that kind of way for the experience, instead of going in like a blank slate, sure, you know, now

#### Speaker 3 20:47

there's, there's only been one, there's one time out there that I was it was in May of 2014 I was looking up electrical up on the second floor, and there's something that just came, like, they kept, like, pushing me out the door. I always tell people, it's, you know, it's kind of like one of those deals, we go to a party and you're not invited. Yeah, you kind of feel look around, like I'm not supposed to be here. And so I finally kind of threw my hands up, saying, Okay, if you guys are, you know, you're having something, you got a party going on, and I'm not invited. I'll just go and leave. Yeah, and your place before it was mine, yep. And I said that as I was walking out the door, and, you know? And so he's like, Well, it's probably something evil. Like, no, maybe it was somebody protecting me, because I was either doing something wrong, and I just, actually just talked to a psychic just recently that said that she's like, Have you ever had any experiences here with with electrical I'm like, Yeah. And she's like, because they're trying to tell me that you hooked up electrical wrong. And like, okay. And I said, where? And she said, On third floor. I'm like, that's where I was that day it happened. Interested, nine years ago, interested, but that's where it happened. And they said, there's nothing wrong with elliptical. I know that, but at the same time, that's what it was. So, yeah. So it kind of kind of fit right in, like, yeah. And then maybe, maybe that's what it was. They were just afraid that I was doing something wrong.

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They didn't see twisted pair wiring was the issue.

#### Speaker 2 22:09

But, but the idea of once again understanding that feeling when you had it, not you didn't see it as something that was warding you to danger or anything like that, just the fact of I shouldn't be here right now, just kind of like, yeah, move along. Yeah, yeah, exactly, exactly. And I think that's something that we all have to be present and ready for, whether we're on an expedition for experience or not. That's a different level of connection. So good for you for having that Robin because it really is important. It's something that whenever I taught junior high and high school kids spirituality and religion, I taught them beyond anything else, beyond any words in this book, learn to feel for that kite string at the back of your belly button. It'll never steer you wrong. Whatever it says to do, just do it. So when you felt like, Hey, I shouldn't be here right now, you just left Sure, instead of pushing it forward, which sure may have led to something else, you know, the initial



## Speaker 3 23:11

thought was just sticking around. So I did. And finally, actually, I let it go about an hour and a half. And finally, just said, That's it, because it kept getting a little, not stronger, but it was insistent that you need to go. You need Yeah, yeah. And it's almost like, you know, it's like, Hey, get out of here before this happens. Interest us. So, yeah. So I took off. Wow, haven't had that problem since well,

## Speaker 2 23:32

and you know, we've got you for another couple minutes as as we move forward here. How do people get a hold of you to research these locations. Is it something that have you gathered data from groups that have come to you? Do you have yourself like a log of data of things that have happened on location, things like that? We have

## Speaker 3 23:55

some things at Ashmore where people, usually people, a lot of times, don't tell you what's going on with the experiences they had, and honestly, some of the experiences they had, like photos and things like that, sure, I wasn't there, so I don't know that that's what happened. Yeah. And so I kind of like, you know, it's kind of cool to have, but same time, I'm not going to sit there and endorse it because, because you weren't there, I wasn't there, and I'm always, especially in today's world, I'm always afraid somebody's gonna fake something and know they faked it, and then give it to me, and I sit there and say, This is great. What could they got? And then they we faked that. He agreed with it.

### Speaker 2 24:32

You deserve a Chris pi five for that. Robin, sincerely, because it is. It's something that we talk on this show all the time about. It's something that we talk about with Curious Research whenever we are out speaking, is the idea of data, proper data, not sensationalized data, not sensationalized evidence. Nothing's evidence till it's checked, double checked, triple checked, peer reviewed. Now we can talk about it being evidence, the words I say all the time on the show. Or evidence should clear you in court. Never let it be less than that. If you would not give this to your lawyer to say, this will keep me out of prison for life. It's probably not evidence. It's a really good point of data, you know, and for you, even as a property owner, because, yeah, you could be collecting books of this stuff. You could have pages on your website of pictures that were taken on site, but you don't know that they came from your location. For certain, you don't know that somebody like myself, who is a whiz with Photoshop or with video editing, didn't edit something or something like that and falsely present it to you. So the fact that you are maintaining the reputation of these places by doing so, not sensationalizing them. And once again, you could be making buckets of money rain from investigation groups coming to investigate them by having all of these things sure you choose to keep it proper and right and good for you for doing so really, really good for you, because all too many places want to sensationalize it. And there is, there is a property, one of which is being presented today, that numerous people in the paranormal community were like, oh, you know this thing, like it came out later, that this was horrifying, you know, and that these people faked all kinds of stuff to get people to come over and start investigating the property, and now a lot of groups are having to back walk the evidence that they got on location, things like that. So good for you for keeping that right and real that is hugely, hugely important, not only to the investigative community, but to you and to the reputation of these properties. So we're pretty boring

## Speaker 3 26:44

to do the the walkthroughs. We'll talk about the history location. Sure. We hardly ever, ever talk about the paranormal in the location. Because, yeah, I always tell people, like, you know, they want to know what the hot spots are. Yeah, I'm like, when you came on the property, that's hot spot. I have no idea where they're at. Yeah, I'm not sensitive. I'm being moved.



## Speaker 2 26:59

Just hang out in one place waiting for you all day.



## Speaker 3 27:03

And we can't make them tap dance, yeah? And so by Thomas said, just enjoy the building. Yeah, let it, let it come to you. If you could

### Speaker 2 27:10

make them tap dance, it'd be a whole different ticket price. Yeah,

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we're gonna charge a lot more. That's kind of what



#### Speaker 2 27:16

I tell people in the investigative field, like, I belong to a lot of social media groups, and I see a lot of the same people post, like, three times a week in a UFO group about here's a video I took in my in it's like, you know, if you can schedule it on a Wednesday night, why don't you have tickets? Right? I'm just curious, why? Why aren't there tickets to the viewing platform in your backyard? If this happens, like, three, four nights a week, it's no longer paranormal. It seems pretty normal in schedule. Sure, so the fact that, once again, you are, you are keeping things on the real with this and not sensationalizing things absolutely awesome.



#### Speaker 3 27:53

Now we just, we keep things as honest as possibly ever can absolutely

#### Speaker 2 27:56

I want to thank you so much for your time today, it is becoming a very busy day as we sat here. Literally, it is. It has gotten very busy. So I'm gonna let you go back to your table before we let you go. Let everybody know where they can go to find out more about the art theater and where they can go to find out more about Ashmore estates, Robin

## Speaker 3 28:16

the Art Theater. We actually, we're no longer doing investigations there. Okay, I've had a lot of heart issues when people have done investigations there, so we shut it down. All right, we're not doing it anymore, fair enough. And Ashmore Estates is Ashmore states.net or you can check our Ashmore stays on our Facebook page, or you can give us a call, 217899978,

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and actually be open to help you out there. All

## Speaker 2 28:38

right. Well, thank you so much. I greatly appreciate it absolutely. While you are online, checking out everything from Ashmore estates and Robin Terry, make sure to stop on by curious realm. Curious realm is where you can like, follow, subscribe. That's where you can find all of our interviews from events like this, as well as other events like MUFON symposium, events all over the country. We will be right back after this quick break with our continuing coverage of Lone Star para con right here in Schertz, Texas, right after this, folks,

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## Speaker 1 29:21

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#### Speaker 2 30:33

Well, hello everybody, and welcome back to the curious realms. Continuing coverage of the Lone Star para con right here in shirts, Texas, we are very happy to be joined by author and



researcher Victoria Monday. Welcome back to the show. Thank you. Thank you for having me. There are people like yourself that I really only get to see online or at events like this. So it's always great to see familiar faces, familiar researchers. You have a new book out that you were working with with a friend of yours. We'll get into, we'll get into the paranormal before we get into Bigfoot, because the Bigfoot I find very interesting with this, but the normal paranormal ghost story explain to us how that started. Well,



## Speaker 4 31:17

I've been out of high school, as I was telling you earlier a hot minute, and we're all starting to reconnect our friends. And my friends actually a crypto zoologist. His name is Adam Lima. Oh, okay, and so he researches big Bigfoot, and he was always giving me, you know, a hard time for doing ghost stuff. And I'm like, well, at least,

## Speaker 2 31:36

why don't you get into something real? Victoria, well, you know,

## Speaker 4 31:40

what can I say? But Adam's always giving me crap. He's like, you know, ghosts are you? I'm like, You're chasing Bigfoot. Bigfoot can turn around and rip your arms off. I've never seen a shadow come and get me. Yeah, hurt you. So we started talking, and then he finally has come around to accept the paranormal, ghost side of things. And so he was writing a book with he's connected to other high school friends, okay? And he's like, the hub of our little wheel. And he's like, Do you have a ghost story you can give me? I'm like, oh yeah. So I live and tell him the story. I'm like, Oh, and did I tell you about the time? And so he's like, I just needed one. I'm like, Oh, well, here's 30. Yeah. So it's, it's, most of them are not like an ax murder is chasing you or anything. Sure. Most of the things that I see are with my third eye, or I experience, or are, it's just the life still continuing. But it's on the other side, if you want to call it

## Speaker 2 32:42

that Sure, sure, and that that brings up a really interesting point, especially the Third Eye aspect Victoria. Because something that we talk about on the show regularly is the idea of, I guess, locality, before you get on location. You know, the idea of, are you projecting something on the location before you get there? Yeah, so frequently in the community, whenever you see people prepare, even Bigfoot investigators, even your buddy like, are you getting hyped up about the location you're going to, the stories you've heard, the encounters you've heard about? Because are you just polishing the filter through which you're going to look at your data now. Yeah, are you creating or Yes, exactly, or are you going in with an open heart, open mind and just a rote checklist? Yeah, I'm ready for my thing. Let's go and let's, let's let experience happen the way it's going to happen. Instead of putting something on it before you even get there, that is



## Speaker 4 33:38

exactly the way I do it. I don't consider myself an investigator. I consider myself an experiencer. I intentionally will avoid knowing anything I can. Not too long ago, we went to the Magnolia Hotel in Seguin, and I know it's haunted, that's all I know. And so I went in, and I literally would walk around with my hands over my eyes like blinders, and I not look at things. And I had a notebook, and I started writing down this, this, this, this, this. And I had a couple of friends who have been there several times, and they know the stories, and, oh, and she's one of them right there. And so I was, okay, I'm picking up a name. It's, it's, it's like Emma or something like that. And it was a little girl, and I'm writing all this down, and I see around the corner my eye, her head, her face is turning red. She's like, there is a little girl named Emma here. I'm like, oh, okay, check she's here. Let's go on. I would just go to room to room and room and tell her the things I was seeing and experiencing and picking up. And she's like, how are you doing that? I'm like, I don't know. It's just I'm hearing the voices. I'm seeing the vision. Yes, I'm going in there. I'm usually a high vibration person. Anyway, yeah, I'm like, zoom around like a hummingbird. And I think that helps connect to the other realms, because I think they are a higher vibration, like, once you cross over, you move over, and it's a different frequency. My necklace that I'm wearing all has high vibration stones in it too. So when I'm not running. Around like a crazy tummy bird or something. I keep you're still

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eliminating Yeah,



## Speaker 2 35:06

I'm the same way. I carry a crystal in my pocket for that reason, because I need grounding, is what I need. Otherwise, like I have for you later, every one of these people will drive me crazy all day long, and it's not, not any of their fault. It's my fault for not being able to filter their energy, right? And it's interesting, because do you ever, do you ever write things down before you get to location? Is it ever the fact that and explain that real quick, because I do a lot of, not a lot of remote viewing that I am involved with the remote viewing community, and that is probably one of my favorite things about the protocols of remote viewing, is the self check Yeah, and I'm getting ready to add into my field observation log is self check page. Oh, nice where it's like, let's run through these five things together as a group, like, what? What was distracting you this week, like I got into a fight with my boss at work. Me and my wife got into a fight, and we didn't make up this week, my cat went missing, like anything that could possibly pop up as what, what in remote viewing is called an analytic overlay, right? You're putting your situation on top of the data that you're receiving, and you're coloring it in that kind of way. So the idea of having a self check before you step on the property, or, Hey, I had these premonitions before I came on the property. You know,

#### S

#### Speaker 4 36:35

do that. I was actually living in Houston. I was working for don't tell anybody. I was working for Disney. I know

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they wanted me to I said, no,

#### Speaker 4 36:44

they laid us all off once we started Disney streaming, yep. So anyway, it was a wonderful experience, and I'm happy that I had it anyway. I found remote jobs, and I said, Well, there's really no reason for me to stay in Houston, because it is just driving me bonkers. There's so much I'm constantly being bombarded. So I moved to a little bitty country town in the middle of nowhere with less than 10,000 people. I can finally hear. Once I'm able to hear it's like, no pun intended, the world opened up. It

## Speaker 2 37:10

was like the water unmuted really guick, didn't it? Yeah, so

## Speaker 4 37:15

a friend of mine, I don't know if you know where Cherokee is? Cherokee? Yeah, it's way out there. She has, her husband has a large, like, 500 acres or something. Oh, great. Family homes and stuff. And she was going to clean out the home. And she has, I think it's haunted. I'm like, oh, okay, I got the cube so I see I've been drawing things. And so I'm drawing a tree and some barbed wire fence, and there's some dogs there, and then there's the house. And sketched out the house, and I just drew all this stuff, and this is what I'm picking up. I'm still in my little bitty country town, in my office, you know, I don't even know where the house is, and so I'm showing her when we're there, and she's like, how did you know about this? And she's like, Oh, my God, the tree, the tree. How did you know the dogs stay at this tree? I was like, Well, I saw it with my third eye, you know, but it was there exactly the barbed wire. Barbed wire. Sorry, text, bar, barbed wire. And the house that I drew, it wasn't her farmhouse, but her brother came along, and he was, you know, he wanted to see what was going on. And it's like, and I got this house, and he goes down a hill, and there's a little river, and he's like, Oh, my God, that house used to be here. It was gone. It was built in the 1800s and it's been gone about 50 years. He has a big oil painting of the house, interesting. Oh, okay, well, that house energy is still here. I mean, I got everything right, and, you know, it's just once I actually learned to trust myself and the things I was hearing and seeing, yeah, yeah, it opened up.

## Speaker 2 38:35

And that brings up specifically in remote viewing, there is something called outbounder, where you were actively tying into somebody else who was on location, either in present time or past time. So like, for example, on the remote viewing cruise, we had an outbound exercise where somebody had gone to the Philadelphia Museum of Art three weeks prior and looked at a piece

of art. And our job was to describe the location, the feeling of the location, and what was happening in the piece of art, right? And the idea of trying to tie into somebody, the fact that you may have inadvertently tied into this brother and his vision of the painting that was there,

## Speaker 4 39:17

it's amazing. There were so many things we walked into this one house. He goes, come back here and tell me what you see. And I start to step in. It was like a root cellar attached to the kitchen. I walked in and said, and I just turned back around. There's like, why? What's wrong? I was like, there's a little boy. I see him. I drew his picture. He has the dark circles of his eyes like he was beaten and abused. His energy is up in the corner. I don't like that. It's just a bad feeling. He was sexually assaulted and killed. And it's like, well, when was this? I'm like, I don't know if it his energy is still here. I walked out and sat down another room, and I saw he and his sister were whispering, and he came out and goes, yeah, there was a little boy that was sexually assaulted. Like, wow, 1920 or something. And the fun part is, my friend was. Walking around. She had an Ovilus, and she was also walking around recording, and she her Ovilus said door, and as she was painting her by, she was in the mirror of this one room, and you can see a door behind her, and there was a little boy with big black eyes. I was like, he's here. Wow. So that's that's instant validation for me. Now, with that being said,

#### Speaker 2 40:21

how do you how do you filter things? Do you filter things? It's,

### Speaker 4 40:25

it's on overload, okay, but there are ways you can block it, like dragons, blood oil, I use that that helps with Psy vamps and just overloading. And chocolate, believe it or not, because I think chocolate does ground you. Yeah, I have, I'm learning more and more about crystals. And there are crystals that ground you, there are crystals that raise you up. And I think being in this little town where I can actually hear myself think, I think that's helped a lot. I mean, the last three years, it's just I've gone through so much, you

### Speaker 2 40:57

know, especially certain people. I wouldn't consider myself to be psychic in any way. If anything, I would say I am. I am very emotional and very emotionally connected, like emotively to people. Even whenever I did retreat work, as the kids would walk in the room, I would know the one that I had to talk to that weekend, like I could just immediately feel like, yep, that's the project for the weekend, right there. He's the one I need to talk to.

## Speaker 4 41:26

It's funny, I went over, I saw Richard estef, and I went over and gave him a little side hug and said, Hey, how you doing? And my cue is, like, it's a gut punch, like all the air is being sucked

out of my stomach. And i went over there, and it's a normble sound. I'm not even gonna try and remake it. And he's like, are you okay? I'm like, you have a ghost by you. You have a spirit over here. He's like, really? I'm like, Yeah, I don't know who it is, but he's standing right

#### Speaker 2 41:46

next to you. The way I always described it to the junior high and high school kids that I taught religion and spirituality to, was it feel for the kite string you. You will feel a distinct almost tug on the back of your belly button. That's it. That's it. And just listen. It may mean you're supposed to be there. It may mean you're supposed to leave. Whatever it means for you listen. Doesn't matter what your friends say. If your friends say you're crazy, you probably don't need those friends, but you need to listen to that little voice when it happens. And you'll feel it. You'll feel it when it happens.

## S

#### Speaker 4 42:18

Yeah, exactly. It's been happening more and more. I think the more I listen to myself, and the more I trust and the more I stay away from humans. Well, it's

## Speaker 2 42:26

funny that you say that, though, because I'm from Houston, myself, the west side, and it wasn't in I loved my town. I loved it. I loved it. I was from the spring branch area. Used to drive into downtown to run sound at last concert cafe, three, four times a week. I loved that town. Loved the Montrose, all kinds of things. It was not until I went to Mau Louisiana, the very, very one, small one, red light town that my family's from to take care of my cousin Ricky, his senior year in high school, his mother was sick in Houston with cancer at MD Anderson. I used to work at India. I i went to Louisiana to take care of him, and it wasn't till I started bringing him home to Houston to see his mom, yeah, things like that, that I started noticing up around the state line in orange that, like my knuckles would start getting white, and my stomach would start turning and things like that, and it was literally just the stress of that town. It wasn't anything else. When I moved to Portland Maine, it was not like that. No, Boston wasn't like that for me. I now live just outside of Austin and Cedar Park, and it's not the same as it was in Austin. For me,

#### Speaker 4 43:40

yeah, I think there are places that are energetically charged, yeah, because, you know, we have lots, so much Native American history here. Who knows what was here before? You know the settlers were here, yeah? And it's here, it's on the land, and it stays. And if you're sensitive and in tune, little town I live in, there are elementals, and I see them all the time. And I'm right off the Chisholm Trail, and, you know, I'll be driving along on me, zoned out, and they'll look over and there'll be, like, herds and herds of cows and cowboys. And I'm like, okay, they're not supposed to so, you know, you do the double blink, and they're gone. Yeah?

#### Speaker 2 44:12

So, yeah, no, when you say elementals, let's get let's explore that for a second, because that's a topic that many people may not be familiar with. What do you mean by elemental

#### Speaker 4 44:25

they are, to me, they are energies. A lot of them are Earth energies, like water, their nature, nature spirits, maybe nature fairies that have never been incarnated into a human body. So it's that, just like a an energy that spins around and stuff. And you can feel when they're there, you know, you can, I don't know really how to explain it, but you can tell that they're like when I'm near the river, the energy has shifts a little bit and, you know, and you see things out of the corner your eyes, because the rods and cones and everything, you're like over there. There was nothing over there, but it. Us, you know? And so I'm not one of those persons that have the gadgets and the gizmos. I'm sure I go more for my intuitive things, but my friends, do you know? And I'll tell there was something that was just right there. And, well, my equipment's not picking it up, yeah? And then a few seconds later, there are REM pods. I'm like, Well, I told you, yeah, listen to me. I am a human REM pod. So

#### Speaker 2 45:21

now with that in mind, especially, how does detection work for you, when you once again, you may start getting premonitions about a location days before you go on site, things like that. Walk us through a typical on site experience. For you, how do you how do you begin taking the information in? How do you process it? How do you externalize it?

#### Speaker 4 45:46

It's basically scrying. Is what it is. Okay? You disconnect and you reconnect to another realm or dimension, if energy, you reconnect to another energy. That's when I first learned how to astral travel. I grew up in an abused home, and that's the best way to do is you disconnect and you're not in your body anymore. I don't know if someone came and taught me that, or if that's just something I taught myself over the years, or, sure, but scrying is really easy. It's the same thing you for me personally, I just look up in my head, and you concentrate on what's up there, and the messages come through. You hear them, you see them, you feel them. Over there at my little table, my friend Sarah and I are over there, and our mothers like to keep popping in. And so Sarah, your mother's here, yeah, well, and

## Speaker 2 46:32

I asked that question because I think a lot of people, especially when it comes to the world of mediumship, things like that, expect very much the Hollywood aspect of a medium, yeah, you know, and, and it's one of those like that. That's not really the way most mediumship works. It's one of those that, once again, it it's not like you have to get into a rote state, or put yourself into a state of blissful meditation or something like that, even even with remote viewing. Yeah, you know, whenever I talk about it, I speak to the fact that it is very counter intuitive for a lot of people, because I practice ecstatic prayer as a Roman Catholic seminarian at one point. So the idea of ecstatic prayer being connected to something else, why I'm praying is not foreign, right,

but it's something different to drop into that state of connected prayer than it is for me to remote view. Whereas one I'm trying to do that Zen Buddhist meditation of like losing connection to the outside world, shutting things down, getting to a point of hyper laser focus. That's not the goal of that, no, no, the goal of remote viewing and even a mediumship is really the opposite. Exactly the way I put it typically, is, instead of teaching the monkey brain to be quiet, you want to give the monkey brain a typewriter free range, and you want it to just

## Speaker 4 47:57

go. I have a friend who's like, I wish I was like you. I wish I could hear things and see things. I'm like you are like me. You can and she's I can't control it like that's what you need. You need to let go of control. You have to have faith. You have to have trust. Yes, and

## Speaker 2 48:10

that's an important, important part, especially the release of control. Because I think a lot of people get very tied in a even the idea of prayer. It's like, well, you put it in a box now, and if it doesn't fit in that exact box of definition of what you prayed for, like it may have manifested 2030, times, but you're only looking at what's inside this box of definition you gave. Yeah, it may have been answered 85 different ways. It just wasn't in the way you expected, exactly

## Speaker 4 48:41

my logo is actually think outside the box, yeah? So yeah, exactly one of the things I heard that I've been trying lately is like, if you want to play the lottery, yeah, don't pick your lottery numbers and say, Dear God, please let these numbers win. You're supposed to pick the numbers and say, Okay, put me on the timeline where these are the winning numbers. It's just a shift that's right, and you have to have faith that you're going to shift. So far, it hasn't worked. But I've gotten two numbers. But, you know, I get \$1 well, even

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## Speaker 2 49:07

though, when it comes to binary, you know, because there, there is the idea of associative, remote viewing, the idea of, like, being able to pick a binary outcome of something, things like that. And, you know, a lot of things change. A lot of things beyond your control in the world change that. Change the outcome right of that session, you know. So it may have inadvertently changed somewhere along the quantum timeline, from somebody else's decision, not anything that you've done right,

## <mark>ሰ 49:36</mark>

you know, not my time to win the lottery, yeah, yeah. It's coming.

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#### 11 43.44

One day, I've got a money cross on both hands so

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## Speaker 2 49:44

well now, when it when it comes to seeing people, Victoria, how do you how do you process that? How do you process being able to a experience somebody else? A different temporal timeline while in this temporal timeline. And how do you explicate that experience to somebody who needs it explained to

### Speaker 4 50:09

them a lot of time. People don't believe me. They're just like, Yeah, okay, sure, whatever. But I think there is some sort of connection with water, and I don't know what it is, and it's okay, like, I was in this one house, and I was doing the dishes, you know, and I'm zoned out, and I look up and there's somebody standing in front of me, scared the bejeebies out of me, and I blink a couple times. He's gone. Few weeks go by. I'm cleaning the bathroom. I'm in the sink and I'm cleaning, and I look up in the mirror and I'm in the house alone. There he is again. He's just sweet, you know, sweet little guy waving. And so I've learned, what I've been told, is that if you're a light worker, if you shine brightly, energies are attracted to you. So that's the way I'm processing it. I'm just like, Oh, hi. How you doing? Yeah. So I'm friendly to them, and a lot of times they keep coming back. My dad passed a few years ago, and he was coming back all the time. I was like, okay, unless you you're gonna take out the trash or, you know, fix my car or something, yeah, stay away.

### Speaker 2 50:59

I had an experience. It was probably about three years ago. Now, I co co sponsored with the Bigelow Institute, the International Association of near death studies. I've been to a lot of conferences, a lot of conferences with psychics, mediums, all kinds of things. I do not think I've ever stepped into a room of people where I felt more kicked in the gut. Energy, I spent two days with a migraine, yeah, like I did a day of interviews, and spent like a day and a half with a migrant, got like three interviews the next day, and just had to call it like, I could not leave my room because the energy was just so thick. It wasn't bad energy. It was great. It was amazing energy. It was just so thick that I could not stop it. Yeah, a lot of time coming through to me,

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## Speaker 4 51:48

it's hard to emotionally process that you have to put up shields and put up bumpers and bars. And

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## Speaker 2 51:53

how do you do that? How do you begin to do that? Well, every time



#### Speaker 4 51:57

I open the garage door, I say, only love and light can enter my house. So, you know, words carry Yes, and so only I have a funny story that's too long to tell you, but only love and light can come into my Yeah, my home. And I try and keep that energy. I don't look when I go on investigations, I don't look for the darkness. I know the darkness is there. Yeah, it's not something I want to focus you don't need to validate that. No, it's like you said creating a Tulpa. Fine, right? I've been places with people and they're like, oh, they pushed me down the stairs, and then they go flying down the stairs. Yeah,

## Speaker 2 52:30

friendly Freddy's only gonna come get you if you talk about Freddie and if you think about Freddie.

#### Speaker 4 52:37

So no, I try and stay positive as positive as I can. I naturally have a very light and bubbly personality. Yes, you do a little freaky or a little weird, and I try and embrace that there is darkness everywhere, and I just don't want to focus on darkness

## Speaker 2 52:54

anymore. Yeah, no, absolutely. And that, that really is one of the things we speak about regularly on this show is your power of consent in the universe, and especially that that idea of our words carry weight in the universe. Again, I typically bring it right back to spiritual studies and Kabbalah. And the aspect of the teaching in Kabbalah is that you are intricately tied to the Creator because you were breathed into by the Creator. So because of that, because the Creator spoke the world into being, we can now speak the world into being. That's why our words hurt. So I could go up and punch my buddy in the gut and be like, Hey, you been guy, and it just passed by. You know, we joke about it. He'd probably try to tag me somewhere later. But if I came up and said something about his wife, yeah, that that's a different story. That's a different and it leads thought patterns down a different path, and it it creates energies in a different way, yeah, and those ripple effects happen in the world. So yeah, the idea of focusing on negativity, breathing more negativity. You know, if you choose to focus on happy things and turn everything around to something happy, you'd be surprised how quick really good things manifest in your life with regularity.

## Speaker 4 54:15

Yeah, it's funny, you know, yesterday I was laid off, and instead of going, I'm like, Okay, what opportunity is going to come my way now? Yeah, you better come quickly,

Speaker 2 54:23

exactly. Well, what can I do with that time? What other projects can I get involved with? What other things can I do to help other people in

#### Speaker 4 54:31

the world? Yeah, I was a writer for, I don't want to say where, okay, I've done that. Check. What can I do? Yeah, I'm going to do something else now,

## Speaker 2 54:39

precisely, and that's something else, speaking of writing, because we have you for about another five minutes the idea of Big Foot erotica, I'm fascinated, but it's interesting, because, you know, these worlds are worlds in and of themselves. These communities are. Communities in them, in and of themselves. So the fact that you are writing fiction for these communities is is absolutely awesome. What brought you to the point of writing a book of Bigfoot erotica?

#### Speaker 4 55:14

It's actually three books. Now, I have a trilogy. It was actually a dare a friend of mine goes, You know what? You can't, yeah, last time I lost a job, what am I gonna do? And he goes, Why don't you write Minotaur erotica? I'm like, What the heck is that? Are you talking like Greek tragedy? I mean, he's like, Yeah, that's a thing. I'm like, Well, I don't, well, what about Bigfoot? I don't know anything about Minotaurs. I'm like, Okay, this it was a dare. And it's, they're goofy, they're nerdy. I giggle. You know? He's an inter dimensional time traveling Bigfoot. And yeah, a female who's loosely based on me, who's had nothing but troubled romances after one after another. She's like, I'm I'm through with men, and she's hiking along, and she's like, Oh, who is that big guy over there? And it turns out it's his name is Harry Baxter, and he's a very smart, brain, intellectual time traveling Bigfoot. And so they have a connection instantly, and they have adventures, and then it's a little boom chicky, wow. Well, and then you have a little bit more adventures, and, you know, a little bit more boom Chicky. So the first book, she meets them, they fall in love, and it's a deep connection. It's not always, you know, let's get it on, baby. They have a deep, deep connection, for lack of a better word, their soul mates, you know, I don't like that. Twin Flames. Let's go. There you go. So the next book here, he comes back to visit her, but the Nephilim show up. And that's probably my favorite book, because they're interesting. There is a lot of boom, chicky, and then there's the Nephilim, you know, they're just not the nicest people, yeah, yeah, yeah. And there's a lot of violence in there. And then in the third book, his evil twin brother Carl comes back, wow, meets him. And then there's the struggle there. And so that's as far as I've gotten.

## Speaker 2 56:50

Absolutely awesome. I want to thank you so much for taking the time today. The place has gotten packed and busy. It's fantastic. Before we let you go, Look at the camera. Let everybody know where they can go to find you, not only for your books, but for sessions, for work, for location visits, things like that. Probably

#### Speaker 4 57:10

the easiest place to connect with me is on Facebook. Send me a message or I have a Facebook business page. It's Victoria Monday's paranormal activities because one of the books I write are Paranormal Activity activity books. When you're on a big investigation and you need to do a puzzle or something, I also have a website just Victoria that monday.com, I'll be honest, I don't look at that much, but you can find all the books on Amazon. All

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## Speaker 2 57:34

right, fantastic. Well, thank you so much for your time. Absolute pleasure. As always, while you are online, checking out everything from Victoria Monday and getting your copy of Bigfoot erotica. Make sure to stop on by curious realm. Curious realm.com is where you can like, follow, subscribe. That is where you can find all of our episodes. That is also where you can find the curious realm store at curious realm.com forward slash store and buy your copies of Victoria's books, as well as your copy of the field observation and catalog from Curious Research. When we come back from this quick commercial break, we will bring you continuing coverage from the Lone Star para con right here in shirts Texas. Right after this, folks, you

### Speaker 1 58:26

the key to good science is good research. At the heart of good research is a good data set with the field observation and encounter log from Curious Research, you can easily keep track of your investigative information all in one place, making it easier to review cases and readily see comparisons and contrasts between them, whether out in the woods, watching in a back room, gathering EVPs or using high tech gear to track UFO, UAP, activity this easy to carry pocket sized scientific data log is the perfect companion for any field researcher. You can find your copy of the Curious Research field observation and encounter log@amazon.com or visit the official curious realm store at curious realm.com forward slash store to reserve your copy for yourself, your family or a mind that you want to open that website again is curious realm.com, forward slash store.

#### Speaker 2 59:39

Well, hello everybody, and welcome back to our continuing coverage of the Lone Star para con right here in Schertz, Texas, we have the absolute pleasure of being joined by literal paranormal cinematographer, Benjamin Wolf. He has worked on shows like the indomitable ghost labs, from our friends the Kling brothers, as well as the haunting of. Of and paranormal state. So many series involving the paranormal. How did you come to the world of paranormal cinematography to begin with? Because that is a very specific, drilled down niche. Then, yeah, it

## Speaker 5 1:00:15

came to me through when I was living in New York City, there was a production company that had discovered the guvs at Penn State University. Rvan and his team of because Rvan had



.... been hosting some paranormal conferences as a college student and had started to get some notoriety as far as bringing people together to talk about ghosts. So they thought it would be a good idea for a show, because he had a paranormal research team at the college as a student group Sure, they went on a couple hunts with them and thought that there was something there. So I was known to them as somebody in the New York area that was pretty creative. And they reached out and said, Would you be interested in filming a ghost show? And I said, Absolutely, absolutely. I mean, there was that show was, I mean, we're talking 1520, years ago now, yeah, when that was starting out. And it really seemed to me maybe Ghost Hunters was around as one of those original shows, yeah, and so these guys, we came at it from a much more visually kind of cinematic approach. And I thought, why does ghost hunting mean you've got to throw on an infrared lens? Why does every ghost hunt need to be green and grainy and hard to sort of decipher what's happening? And it just seemed like a gimmick. I thought, every high school AV club can compete at this technical level, right? Why don't we were professionals? Why don't we try to put a few lights around and maybe ghosts aren't going to come out if it's dark. Was it some people's theory, like, it needs to be dark to attract and what I feel is that the dark raises our energy, and the ghost might be attracted to our energy. We're more stimulated being in the dark. We're feeling more vulnerable. Yeah, that that might be it. But if we're trying to create the energy to attract the ghost, it doesn't need to be dark. People see shadows and spirits and hear noises. That's right at any point. So we need to create an environment to attract that, not necessarily dark lighting, so infrared lens. So we started to use lanterns, and, you know, put some lights outside of the house if we were investigating. So you had windows that were lit or shadows that came through, and I know, just sort of put lights on the floor so things were sharp lighting, because you're often filming 360 degrees, and you don't want to break that wall of, oh, there's a light over there. It's got to be fake. So, so, yeah, so we made it look more cinematic, and they were, at that point, the paranormal team in Penn State were very young. They weren't a seasoned investigator, so they kind of grew up on that show along with us as we created our style of filming, yeah. And, you know, I think that the tone that we set visually set that show apart from it did the shows that were just like the two plumbers that are, you know, kind of in their conference room and using the infrared lens. So I think it created some drama. It made it feel a little bit not to put too much Hollywood on it, but like a horror movie, and it made it scary. And then the content of that series, and you've been around the paranormal enough, but the content was a very Angels and Demons kind of approach. It was like the Catholic Church has the longest established history of hunting paranormal, so we're gonna follow that rule book, and that was their choice. I mean, we're just, we're really felt like we're making a documentary about this group of people. We're not telling them what they chose, the cases they were, you know, the we were paying the production companies, paying for travel and stuff, so we didn't go far. That's

## Speaker 2 1:03:55

hugely important to bring up, because a lot of people do not understand the way a reality show is made, the fact that, yes, there is some production as far as, okay, so we're going to this location. What's the overall story of the location that we're trying to portray? But it's different than what evidence are we trying to put forth from this location,

#### Speaker 5 1:04:21

Yep, yeah. I'd say the one area that we would contribute was in some of the historical research. Like. sure. these guvs would not always have the time. yeah. to analyze all the evidence and to

go back through the archives and look at stuff. So we would occasionally offer them support in the archives. And yeah, but they would do that too, and they had their own tech equipment. We didn't set them up. We're like, here, this is what you guys are going to use to try to, you know, catch evidence. So they had their stuff, and we supported them. And I think that that got me realizing how creative this field is for visual work, that if you're you. Interested in filming TV shows there. You don't go in and turn all the lights on, and it's not in a studio, and you're on location and it's natural environment. Why not have some fun with playing light and dark? And so that was a big appeal. Yeah,

## Speaker 2 1:05:13

absolutely. And once again, setting forth that aspect of letting a team choose which investigations they're going to go on instead of a production company grooming that list of things like, no, no, no, we're going to go to this spot because they have a huge commercial draw. We're going to go to this spot because they've been featured on three or four other shows by the Travel Channel, right? You know, things like that that. I think that's what a lot of production companies go wrong in this field, we

## Speaker 5 1:05:41

try to package it all like, let's make a sanitized version of Yeah, and the team's not as motivated, right? Well,

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and unfortunately, even whenever I've had the cling brothers on to talk with them about their experience, eventually they got out of the field because yeah, like people are something's not happening. It's like, you act like we're going to find something at every single investigation, right? It doesn't work that way. You may, you may, with 95% of the investigations, get absolutely nothing. So really, the question comes to bear as far as you go, not only cinematographer, but producer, how do you coalesce that continuously into an interesting episode that keeps people coming back. Yeah,

## Speaker 5 1:06:23

I think for me, the approach is being honest and being transparent with them, because there definitely was some tension with the team early on, for example, of using psychics because they, like I said, we're young investigators, they weren't getting necessarily a lot of evidence, and we needed something for the audience to sort of tie together with, yeah, so we needed psychics to come in and offer some impressions, often connecting the historical data or, you know, picking up stuff that was related to evidence, an EVP or something that the team might have gotten. But it couldn't be like a TV psychic. It had to be a psychic that felt like they were there to support this investigation. So we ended up falling in love with Chip coffee. Chip coffee turned out to be great for TV. He got the trust of the team, and they were able to kind of use him, feel like he could contribute, that he was never considered part of their paranormal club. I mean, was, yeah, one of their investigators. But in a pinch, you know, we would fly him in. He

was our expense. We would bring the Sure so so things like that, like using a psychic, because TV needs a little more information than Yeah, a couple of 20 year olds that are just sort of figuring out how to do EVPs, yeah, and so, so those are the things. But I feel like with an open dialog, and I mean paranormal states a sort of a specific case, it was extremely popular, and we all know that Ryan ended up having some of his own struggles as the show got successful, because, yeah, he wanted to control it, and TV likes to control their part too. So yeah, it sort of was a lot of push and pull with him. And I think eventually struggle the show suffered from his trying to hold too tight to

## Speaker 2 1:08:09

stuff well. And there, there is that definite 38 special hold on loosely aspect to all of it. Because even even when it comes to data, we were having a great conversation earlier at your table about the idea of data versus evidence? Yeah, you know, I say it on my show regularly, like evidence is what you should give your lawyer to keep you out of prison. Never let it be anything less than that. Ever, ever. Everything else is data, you know, and that that data field may be wide, it may be varying, but every point of data that comes into that data set makes a difference. It makes a difference how it's collected, how you get it in the field, how you how you chronicle the getting of that data in the field. Because even even your video taping of somebody's meter, you know, can be either taken the wrong way or taken out of place. Yeah,

### Speaker 5 1:08:59

I thought you had a really good point about that where you you were saying, collect your data on your investigation, put it away for a little while, and then come back to it and yeah, then have it be fresh, because your impressions, absolutely everything are

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influencing it. Even whenever I ran sound for bands and gave three four bands a DVD at the end of the night of like, here's your stage set. Do not watch this when you get home, not tonight, not tomorrow. Wait till like Tuesday at rehearsal. Give yourself like, three, four days so you were coming at it, because otherwise you're going to rip yourself to shreds. Yeah, it was always funny after two or three DVDs to see the basis, like, yeah, I don't need a microphone. Like, I'm good. Because eventually they'd be like, see I told you you were like that on stage. Never believe me till you saw it on footage. I

### Speaker 5 1:09:46

even think about that sometimes, when people were talking about looking for water on the moon, right, they would look at the moon and they'd say, I see these craters. They must be canals there's ancient because I want there to be water on the moon. So that's a canal formed by. Water, like, Well,

Speaker 2 1:10:01

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and, yeah, yeah, it's the idea of when your only tool is a hammer, everything looks like a nail, you know, like, eventually it's going to get smashed, is what's going to happen? Because that's how you know how to use that tool when it comes to that, especially with a young group of investigators who are growing How did that realm of technology change over the seasons? How did their comfortability, and even your comfortability with trusting the technology come to change over those seasons? Yeah,

#### Speaker 5 1:10:30

I think one of the A couple things evolved for sure. One is that they wanted to do more infrared lens and so, you know, over time, we agreed that we would investigate for, you know, two nights, and one could be IR and green and one could be more cinematic. So we sort of found a middle ground. Another was that early on, we thought an investigation meant you sit quietly in a circle and nobody moves. And we learned to evolve that now you can walk around and and you can sort of antagonize or generate energy in different areas, and it can so the things got a lot looser with the investigating, and everybody was comfortable with that. So yeah. So those were fun things that as they as we understood that ghosts can manifest at any point or not. Noise can come. It's not like we all have to create a seance environment where we sit quietly and just yeah, really ask a question and a light flashes, or, you know, we ask for some feedback. So, so those were some big things, and I think that those guys, I don't know, there's so many theories in paranormal, but one of them is that the more you go after energy, the more energy becomes aware of you, especially if you're in this angel and demon realm, yeah, so like, if you're, if they know if, if there is demonic energy or negative energy out there that's not really confined to what it was doing in life, if it's not a mom and pop energy that was once alive and is stuck in a place or has a unresolved issue. It's trying to finish before it moves on. But it's ancient darkness that's just sort of looking for a foothold in somebody that's got a weakness, and try to get it to do harm to themselves or others. That if you're pursuing that kind of energy, if you keep going to homes where people feel that energy is present, that energy will become aware of you, and you'll start to have complications in your life, or things will start to

### Speaker 2 1:12:26

that. That's when things get attached to you, when you leave properties, stuff like that. Because, hey, why would I stay here waiting for energy when this dude's ready to just give it to me? Yeah, I'm just going to backpack along with him and head on home. Yeah, and that's literally something that we just talked to Victoria Monday, about just a few minutes ago, as as you came up and saw sitting down, that was part of our conversation, because she is a psychic medium, and it's like, how do you how do you keep that from heaven? The only way you keep that from happening is by reassuring yourself all the time, positive, positive, positive, positive, yeah, you just right. You cannot delve into the negative. It's not even a possibility for you. Yeah? Because if you do, negative may very well start happening. Yeah?

## Speaker 5 1:13:09

So we, as that show, got into some harder cases, and we would bring priests in, and we would do exorcisms. We would all, we're wearing blessed Saint Michael's medals. We're getting holy water thrown on us. We're learning our Latin prayers.

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Were you brought up Roman Catholic by chance? My mom

## Speaker 5 1:13:28

was Catholic. My dad was not. So half of my youth was former

## Speaker 2 1:13:32

seminarian for the church. And you know, the world of the world of exorcism, always fascinated me. I don't think I would have ever been called to the school of exorcism, which has been reopened, oddly enough, in Rome. Where did you fall on that as it happened, like, emotionally, psychologically, how did that? How did that sit with you as it happened, where it's like, wow, okay, things are about to possibly get real. Here's a dude with a collar and an aspergis in the holy water, and I'm wearing a metal just in case. Yeah,

### Speaker 5 1:14:10

it was. It freaked me out initially, for sure, just like this, I've always understood, like I've watched The Exorcist as a kid. Yeah, I was terrified. One of my top three movies, amazing, right? Absolutely, the top horror film, absolutely. And the I was just like, things could go south here at any point. I don't know. Yeah, I'm not a student of this. I'm the TV guy, so I can try to document this. But if things get serious, what do we do? Do we all just flee? Do we keep filming? Do we, you know, put up GoPros in the corner and just leave like, what's going to help? What's going to support this? How can we, clearly, we're working with an individual that's suffering, and we're just like, how can we alleviate some of this suffering? Yeah, and can we be an interruption to whatever this force has been putting on this person? Yeah. So it's to to think it can happen immediately. It's it can feel like you're able to stop some of this, whatever loop that they're in. Sure that person needs to change their patterns and their habits.

## Speaker 2 1:15:15

That that is the biggest part of it. I own the Roman ritual, like Latin on left, English on the right. And as you get to the end of that, that is the discharge for the priest and for the confessed, for the because it happens under the seal of confession, exorcism does so. That is the last charge from the priest to the afflicted. Is like you need to be spiritually strong, whatever God you need to be close to them. You need to remember this. How did that? How did that sit with you, as as things happened? A, did? Did you? Did you feel as though any of the sessions that you were involved with were a genuine B, that some kind of relief was offered to the afflicted person. Yeah,

Speaker 5 1:16:05

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I did feel they were genuine. There were moments that are inexplicable to me, that things, I mean, one gentleman, you know, vomited during one experience and just had to purge. And just luckily, we had a bucket nearby, but it was the experience, yes, so intense for him that, you know, he he released the negativity in him. Another was a woman who we had to return to her home another time. I mean, it's well documented case because I am called, I am six on paranormal food with the Mooney family in Quincy, Illinois. But the oppression and the the there was some sense that I don't know they were calling it, maybe a perfect possession, where the person is almost embracing it in the way, yes, they try and crack that connection there.

## Speaker 2 1:16:55

There is a very distinct difference with possession and obsession when it comes to demoniac possession, and that point of demoniac obsession where somebody has willingly given their free will over, be it through addiction, what have you, where they have started this uncharacteristic path, and as it gets darker and darker, they embrace it because it is giving them their end result of what they want, that that spirit, what have you, is getting them to their end result, be it through addiction. Once again, what have you find a lot of this exposure, specifically to demonic obsession comes through addiction. Yeah,

### Speaker 5 1:17:37

uh, interesting this, yeah. I think with that story in Quincy was the young woman's health was compromised. She had suffered from an illness, or still does, Marfan syndrome, and that made her vulnerable, yeah, so it wasn't necessarily, I'll



## Speaker 2 1:17:50

do anything to make this pain end, yeah, yeah, yeah, that moment of bargain,



#### Speaker 5 1:17:56

but it felt like we did have a positive impact there. I mean, it just felt like beautiful. It's, it's, it doesn't always seem like there's a moment where you sense the energy is gone, yeah, but they can sense the next day, that they slept through the night, that they are able to eat a decent meal, oppression. And then it's the next day and the next day, right? It's like, recovery. You're just like, yeah, every day is you gotta



#### Speaker 2 1:18:25

it's one day at a time. Stay in the light, one day at a time, yeah? And then kind of that Jerry Garcia aspect of I'm an addict. I'll be an addict till the day I die. The only question is whether or not I use today, yeah? You know, like, the only question is whether or not I step foot back into that darkness, yeah? And let myself get to that point of despair again, yeah, you know. And



## Speaker 5 1:18:44

for me to just have psychics pick up, like the name Beelzebub, or to come up with that these characters are here, we had a group of six that's like the I am Legion, I am six crowd that was of demons that were sort of oppressing Laura and so, you know, just like when that stuff starts to pop up, like, I've trust these psychics. We've worked with them a bunch. This is all pretty serious. Clearly, the family's distress, things that are happening to this girl are not anything of explanation. Yeah, so to find like, there's, maybe there's ancient biblical energy that's out there trying to create chaos in the world. And if it can find purchase and some vulnerability, yeah, it just pings around all of us, yeah, if we're in a weak moment, and it can just sort of be the demon on your shoulder, you get the angel and the devil. It's

#### Speaker 2 1:19:36

creepy to think that there is something there that is poking and prodding and looking for that moment of consent. Ben, so I've got goose bumps right now just thinking about it, because what



## Speaker 5 1:19:46

the shows showed me that that is actually a reality. I was like, I didn't, I didn't know.



#### Speaker 2 1:19:50

Did that change you spiritually in any way? Have you? Have you followed a spiritual path in a different way? Since I



## Speaker 5 1:19:56

definitely find God in nature and I moved. Colorado, and I spend a lot of time in the mountains now. So yeah, I find that if I can get out among the forest, up in the Alpine, the high alpine, yeah, that I can find peace. And yeah, it felt like going to work was a dark spot for a while. For sure, work felt heavy, I bet. And we're like, this not a normal day, and I do a lot of crime work, yeah, too, yeah. Like, I hear really horrible cases, and I just feel like that stuff is different than what was going on with these dark cases.



## Speaker 2 1:20:31

And like, I'm pretty involved with the remote viewing community and very good friends with Lyle Lynn Buchanan from the Stargate remote viewing program, and he says it all the time, even in his classes, like you think you want to be somebody who finds missing children. You think that until they start renting your head space, until those things start encroaching on your life on the regular.

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Yeah, you know, it's not like you

## Speaker 5 1:20:58

turn off the camera and just thought is gone? No, yeah, we've been one of the series I've been doing is in pursuit with John Walsh, which, okay, John, it's essentially the America's Most Wanted model, but it's on Discovery Channel, sure. So we work on unadjudicated cases that have an active fugitive through his advocacy, his family's created the Center for Missing and Exploited Children called National Center. Nick. Nick, yeah, and his son, Callahan, runs the Florida office, and I go out in the field with Callahan. We're not fugitive hunting. We're checking in on the case to get the audience to call in tips. That's always been their motto, absolutely. But Nick, Nick has drawn the cases more into these child abuse cases. So we go to work every day and we hear somebody talk about how they were abused, or their abuser, who the and the abusers fled somewhere, and we're trying to find them. And it was like at church, or it was, you know, as we know, people that want to hurt children often put themselves in a position of trust that's right with children, and so they'll be the teaching

## Speaker 2 1:22:03

police officers, firemen. It's horrifying. Yeah, yeah.



## Speaker 5 1:22:07

So yeah, all that in there too. So I mean, yeah, the I sort of my fault, right? I want to be a documentarian at heart, and I just like stuff that's kind of gritty and compelling. But yeah, it's a lot to carry around.



## Speaker 2 1:22:21

Well, it is a lot to carry around, you know? And it really, because it really does become kind of a burden of knowledge at some point, a



### Speaker 5 1:22:28

friend who's doing a podcast now about, should TV shows like that have sort of



#### Speaker 2 1:22:35

their health, a therapist on hand, absolutely Hollywood, no different than on a movie set, like an intimacy coordinator, like this scene made me feel some really deep things that I thought I lost connection with. I should really talk about them before the next scene. Yeah, you know,



## Speaker 5 1:22:50

the other thing we would do is we would all gather as the crew, not necessarily always the investigators. They were their own team, but the TV production people would get together at the end of the night, and we would just all, you know, just decompress together and just give each other a little support, and, yeah, you know, tell each other that, okay, that was intense, but we're all right well, and

## Speaker 2 1:23:09

it's one of those things we talk about it with UAP PD out of Arizona, the idea of first responders, man, and what they have to go through, and what they have to Hold inside, the things, especially showing up to somewhere and even having a paranormal experience themselves as they show up on site, like they can't just tell that to their commanding officer most of the time, like they will lose a badge. They'll lose a 20 year hard earned career, right? If they're like, so, so when I showed up, this weird thing happened, you know, or I responded to a call about this weird thing, and, yeah, there was really this weird thing, yeah, you know. So even the stigma of that, and where it sits, like our show, one of the big, big missions that we have is human trafficking. Oh, wow. And buddy, that is one that over the last eight years, yeah, has gotten so thick and so real. It was one of those that even whenever I took it on, it was like, wow, this is, like, the more you dig into this, like, this is, this is not down the road. Like, this is in everybody's backyard, from labor, traffic, good lord, one of the things we talk about whenever we have radical empathy Education Foundation, talking about it is, are you an intern? Are you being labor trafficked right now while you're in college as an intern? You know, like, just great. They're working like, 2030, 30 hours a week with zero pay for experience like, be wary of that. Be wary of that, because most of that is labor trafficking. Yeah, you know, like it gets disturbing when you start going down the rabbit hole of how closely these things are connected, that's

## Speaker 5 1:24:51

great. You guys have latched on to that issue. And I certainly see through the in pursuit show and through Nick is that, you know, social media has made it so. So easy for kids to be victims, yeah. And so, yeah. I mean, the trafficking of more human or sex trafficking, is not as much labor, but is, yeah, it's getting more prevalent. So I'm glad you guys are taking a stand. It's,

## Speaker 2 1:25:12

it's, once again, one of those things, until you start looking into it, until you start documenting it, and talking to people about it. It's like you do not realize exactly how common this is, much like paranormal experiences, you really don't realize how common a paranormal experience is till you step into a family household and start interviewing people in like eight out of 10 people in the family, even outside of that location, have had a paranormal experience, like the way that these things run in Bloodline Stuff like that. Yeah, it's fascinating.

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I used to find too that it was often the loss of a loved one that would get people to sort of open up to that more. They would be grieving them. They'd be looking for a sign. They would sort of notice a butterfly on a windowsill and say, Oh, that's my mom coming to visit me, or whatever it was. There was ways of people wanting to connect with those very intense moments of loss and grief. But the way, when you come to the convention like these that are so fun is that everybody can let their their freak flag flies in a way, you know, we can just all not have to hide that we can talk about aliens and you see Bigfoot and be

## Speaker 2 1:26:22

okay and be okay with just like this is our people. And we may be we may disagree on a couple points, but you know the and yeah for sure, one of the conversations we were having earlier, and I want to kind of wrap this with this idea, is that idea of want of confirmation married with cognitive dissonance. You know, how hard is that to fight on set? How hard is that to fight when you're there doing it? Because, once again, you are not going to find something at every location you go to film. How do you how do you approach the family who's been in this situation, who's had these experiences, right? Because you never want to discount somebody's experience. So true. You know, even on my show, it's like, scientifically, I want more things in red circles, because that's how we figure out the known quantitative. You know, that's that's how you leave only anomaly. Let's find more of the known quantitative, but you have to be willing to accept what somebody found in that red circle, you know, who's had like, 2030, years behind the lens that well, you know, I could explain that pretty easily with light aberration lens, all kinds of things. Yeah. How do you

#### Speaker 5 1:27:35

know you want to the audience, if, like, in the paranormal state, sense, the family wants validation. What they've been experiencing is real. If it doesn't appear to the team while they're there, the psychics don't pick up on it. How do you gently let them down? I think often for us, it was the circumstance that it didn't happen here for us at this point, it may be happening for you. We need to do more time. We don't have that time right now, so keep in touch with the team, or develop your own technique of trying to capture evidence to show us that there's more evidence. So yeah, so that's one thing with like ghost lab right there often wasn't a client. They didn't we would go to historic haunted locations, and try to find residual energy, or it would be in an old insane asylum or an old prison, and just see if there was anything that was sort of trapped there. So those guys were much more about the science of it. So it was easier, in a way, that you didn't have to have those meetings with the client to say, sorry your house is really haunted or is not really haunted. And they for us, I think it's, you know, TV wants a little beginning, middle and end, and you want to leave feeling like you accomplish something there. So at the very least, we would create a ritual of either, you know, smudging or putting oils on or burying something that we thought would give back to the space if it had been disturbed. So it was, it's complicated. I don't know that there's a simple answer for how for a TV show to sort of resolve an investigation when you don't get a lot of evidence.



## Speaker 2 1:29:13

But well, even just the idea of psychologically, you know, explaining to somebody and saying,

Yeah, hey, you know, what we've found here does not remove your experience? Yeah, nobody's trying to say your experience never happened, right? Like even, even my experience that led me to the seminary. You know, it's one of those, should anything ever be proven in my life that removes that moment? Nothing will ever remove the way that moment made me feel, and the way that that moment catalyzed me and moved me down the path in my life. And

## Speaker 5 1:29:45

you're good logic person, and you sort of appreciate that stuff. So there's a way where you sometimes can see how hysteria and emotion create some of these experiences totally

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intertwined, totally intertwined, absolutely you know, because once again, you. Um, faith is a very deep, deep thing I blame even watching the cult show that I was telling you about before we started that my buddy film, yeah, my wife's like, I I do not get this. And I'm like, I do. I do. Because there, there are things in my life that, like you will never tell me that I did not buy locate you will never tell me you did. You made you may show me that I have, like, petty mall seizures, amazing, awesome. That may explain what happened that day in that church, but it doesn't change the way it made me feel, and it doesn't change my experience at that moment. Wow, you know. So yeah, that faith is something that you carry with you and even even yourself, like you said, you are statically changed from the way that you were prior to filming these shows, even in your own faith. Yeah. So I want to thank you so much for the candid time today. It was absolutely amazing. Benjamin. Thank you so much. Where can people go to follow your work? Where can they go to keep up with the latest series, everything else right there at the camera. Shameless self promotion time.