

CRep158

Tue, Dec 10, 2024 9:17PM 2:18:46

SUMMARY KEYWORDS

Krampus festival, holiday season, cryptids Northeast, UFO sightings, haunted house research, Texas UFO cases, demonology, targeted individuals, ancient civilizations, synchronicities, dream journal, sacred alignments, ancient texts, afterlife journey, spiritual awakening, creation stories, religious beliefs, statehood control, hieroglyphic language, universal language, celestial cycles, Farmer's Almanac, Nile floods, shamanic hybridization, solar clock, lunar standstill, angular construction, sacred geometry, Dendera bulb, knowledge transmission



00:17

Coming to you from the city of the weir, exploring topics from the esoteric and unexplored to dimensions unknown, shining a light of truth on the darkest corners of our reality. Welcome to the curious realm. You it.



00:47

Well, hello everybody, and Happy Tuesday night to you all. I hope everyone is getting ready for the holiday season. Hope everybody had a happy Crump ish knock this last week, there's an awesome first annual Krampus festival and parade in or not, I don't know about festival, but at least parade in San Antonio and I did not get to make it to that I saw some of my friends did. So I'm glad that they did. Glad that y'all had fun, glad that that is going on cool to bring some of these original traditions. Back to the world, we're going to be having a great night, tonight of guests. And our second part, we will be talking about traditions. Well, I mean, before we even get to that, we've got, like, weeks, weeks of pre record stuff coming up, folks, it is, of course, coming up on holiday season, all that kind of good stuff. So next week we'll be live. We'll have James, James subski coming on to talk about cryptids of the Northeast, all that kind of good stuff. We'll be talking with Anthony emplare from Epic TV up in the New Jersey, New York area video taping all kinds of UFOs, drones, things like that that are happening in the skies right now up there. And then we begin our pre record stuff for the holiday season and for a couple of weeks of work that I'm out on in the beginning of January. And for that, for for your for for your Christmas Eve pleasure, we'll be having Margie K and violet wisdom on to talk about their new book, how to research a haunted house. So if you're looking to buy a home, if you're looking to rent a home, things like, how do you actively find out? Because not every state is a full disclosure state. So how do you find out if there's been a murder in the house. How do you find out if there's, you know, possibly a haunting things like that? So we'll be getting into that with them. Then we have John Eric Ege, the new Texas State Director for move on on, talking about Texas move on stuff, and Texas UFO cases on the 31st for New Year's Eve, we will be talking with Nathaniel Gillis, our good friend and demonologist, about dark entities that have been skulking around since the beginning of man, living in our skins and using us to procreate and to

move forward wild stuff with demon Body Snatchers with Nathaniel Gillis, then we'll have Dr John Hall on talking about targeted individuals the week after, we'll have Dennis Stone talking about America's Stonehenge, and we will also have Chester Moore talking about happy face killers, the serial killers and serial killings that may possibly be tied to the rainy street murders right here in my backyard in Austin, and we're looking for the second guest, but right now, the first guest for the 14th of January is David Oates, and we'll be talking about reverse speech and what that is all about our second guest tonight, speaking of ancient civilizations, we'll be talking with Jason quit about his work with gates of the Anunnaki and ancient alignments inside of artifacts, carvings, hieroglyphs, things like that that really show a very, very advanced knowledge of the sun, the moon, the cycles, What they meant to them, both religiously and societally, because they lived and died by it, folks. So our guest in the first segment tonight is the amazing Rob Ryan Sullivan. He is the host of a trek within I have been on the show a couple times. It is a fantastic show. It explores all kinds of topics. We've talked about brain wave frequencies. We've talked about the paranormal on there, all kinds of stuff. His book is a trek within. Welcome to the show tonight. Rob Ryan Sullivan, how are you doing today?



04:52

I am doing great. Thank you very much. I was wanting to talk to you, man,



04:56

it is always great talking with you like I said. On your show a couple times, and it's a fantastic platform that I think is really a great way for average people to kind of expand their mindset. You know that that beautiful quote from my man, Frank Zappa, your mind's a parachute. It's best if it's open, you know? So, yeah, how did you first come down the path of really trekking within the idea of exploring yourself, exploring deeper things in the world around you? Rob,



05:33

well, you know, it's nothing that I ever expected to be doing. Let's put it that way, because, you know, I grew up very traditional upbringing. You know, raised in a Catholic family, five brothers and sisters. You know, I was not raised to believe in reincarnation. I was not raised to believe in synchronicities or, you know, the value of dreams or anything like that. It's not like my parents were against it or anything like that. They definitely weren't. But it just wasn't something that we talked about, or something that really showed up and but throughout my life, you know, it's interesting, you know, more or less, as I was looking back, I realized there were all of these sign posts along the way of different things that were it was like life was preparing me, in many respects, for things that I was to encounter later. And I thought, Okay, this is not is more than a coincidence, you know. And I love like, you know. I think it's Carl Jung who, just, you know, described synchronicities as meaningful coincidences. And then I think it was Albert Einstein who said it's God's way of remaining anonymous. And I love those ideas because I don't believe in coincidence in terms of, oh, that was just chance. There's too many things that have happened in my life that really have shown me that there's a lot more going on than we have maybe traditionally been led to believe or raised to believe, in certain cases,



06:54

absolutely, you know. And I mean, of course, my audience would be familiar with probably one of the best examples of that from the matrix, the deja vu scene of, you know, like, oh, deja vu. I just saw a black cat. I thought I saw it a while ago. And it's like, oh, that means there's a glitch, you know. And that is definitely a concept out there. The idea that that is, that is a moment, a unique moment, when one of those happens, where things just kind of coalesce together. Like you said, it's odd. And when you start really opening your mind and becoming connected in different ways to the world around you, Rob, you really do find



07:36

a lot of connection in that kind of way.



07:39

Yeah, absolutely. It doesn't all have to be save the world kind of no thing you know, like today is a wonderful example. Before I got back to the apartment, I was over at Whole Foods, and I walked in there, and I see a woman I know from high school, and I said, Megan, you know, how are you? And we talked for a little bit, and she brought up one of her friends, a woman named bean. Well, we had two beans in our high school class, and she was talking about, I was friends with bean highlights, or she was talking about a woman named bean Patterson. And it was interesting, because as we were having this conversation, I started thinking about the other Bean, and then, literally, as I'm walking out of Whole Foods, I did a double take when I thought I saw the other being. Now, the other being doesn't live in Chicago anymore, as far as I know, but it was, I mean, this woman looked like she could almost have been her twin sister. And it was, you know, was, is that super meaningful? No, but the way that I look at that is it's like the universe's little way of telling you you're, you're exactly where you need to be. You're in the right place at the right time, my friend Megan calls him God winks. And I love that, because it's just a really nice little Hey, you know, whatever else is going on for you today, don't worry about it, because you're where you need to be.



08:53

And you know, it's interesting, because you'll, you'll get those moments in life, the way that I used to explain it to junior high and high school kids that I taught spirituality and religion to was to feel for the kite string behind your belly button. You know, like you'll walk into you'll walk into a room one day, and you will feel a genuine tug at the back of your belly button. Whether that means good, bad, whatever it means pay attention. Like, pay and whatever gut feeling you get, follow it. Like, if that gut feeling is, like, I don't need to be in this room, get out. Like, if your friends don't want to go, sorry, friends, see you, you know, like, follow that. It will never steer you wrong, and it's pretty interesting and fascinating. I just, I just personally had a huge synchronicity one, and synchronicity is a big thing in the remote viewing community, the idea that, you know, we, we are connected to not just numerous points in space, but numerous points in. Time simultaneously, Rob and and a lot of it comes in the term analytic overlay, the idea that you're you're putting another situation on top of what you're viewing. And it doesn't necessarily mean that you're wrong with what you're doing. It's just that that has now influenced the session, and it may be something that happens a week from now that it didn't

even your target, you know, and like I had one on the remote viewing cruise, we, we had a fun task of finding an object to go to the casino and gamble in. I saw a blue horseshoe. Went to look for it. Never found it. And I was like, Well, you know, I am going to Vegas for a client next week. Maybe I'm supposed to go to Binion's me, just something like that, you know? So I tell my buddy who I'm on a show with. Hey, man, I'm supposed to be looking for a blue horseshoe this week. Help me keep an eye out where we'll have while we're out bar hopping, having drinks, whatnot. Well, he's like, we, we have a big client on this show, and if, if we do, well, we'll get the client. Um, so I tell him about the blue horseshoe, all that kind of stuff. And the week goes on. The last night comes, he asked me if I want to go out for drinks after dinner, I'm like, Man, I got an early flight. I went to bed about one o'clock. He texts me, by the way, we got the gig. The client has a tattoo of a blue horseshoe on her left ankle.



11:31

Amazing.



11:34

In one of those like, Wow. Um, okay, did I remote view that? Or is that just an amazing point of synchronicity, because that's a pretty beyond coincidence situation, you know, but



11:49

way beyond coincidence



11:52

the way you described it, you know, that tug. It's so funny, because I hadn't thought about that feeling that way. But I remember early in my career, I was, I don't even know how I happened to be there, because I didn't commute, you know, via the train station downtown in Chicago, but I happened to be in the Union Station, or actually was Ogilvy, but the there was an art show, and so I was walking around looking at these different artists, and there's this one artist, and I really liked his work, and at the time, what he was charging was way more than I could afford. And I was like, okay, you know, I made a mental note. I wrote down his name. I got a card. Actually, I bought, he was doing these, like, thank you cards. So I bought, like, a pack of 10 or 20 thank you cards. So I had his artwork, and I had his name with that. And then couple months, weeks ago, I don't remember exactly how long, but I was walking home down Lincoln Avenue, the street that I lived on, and I'll never forget I was walking I lived on the west side of Lincoln Avenue. I was on the west side of Lincoln Avenue. I was about a block from my house, and all of a sudden I noticed that I was being drawn to the other side of the street. I was literally crossing the street without even realizing that I was crossing it when it wasn't. That's not the way to go home, right? And so I'm thinking, Okay, well, obviously there's a reason I'm doing this. And I look in front of me and there's this second hand store that, okay, well, maybe, you know, the this book that I've been looking for is in the second hand store. So I walk in, and I walk over toward the the books, and there was, you know, I scoured around, couldn't find it, and I said, I got this idea. I said, You know what, I'm gonna go stand fortunately, there wasn't

anybody around, and I stood in the middle of this room because I felt drawn to the room on the right. There was a big room on the left, actually twice the size, but I knew that wasn't the one I was supposed to be in. So I stood there in the room, and I just kind of like, just shut my eyes, and it was like, guide me where, what am I doing here, and where am I supposed to go? And I immediately knew that I was supposed to turn around and work my way toward the window. Now that involved literally climbing over furniture and all kinds of stuff they had stacked. So I'm doing that, I'm climbing over, and I get to the window, and there's all these paintings up against the wall, and I start going through it, and there's a painting of this guy's on sale for 25 bucks an original. Wow, I was that's so cool. So I, like, bought it, and I was like, Oh, this is amazing. And I knew, but there, but then you get that release. Because that was the moment that I knew this is why I was here. Now, the painting. Now you could, you might say, Oh, well, maybe you saw the painting out of the corner your eye. I didn't the painting was, it was smaller than the other ones in the in the stack, and it was in the middle of it. There was no, I didn't see the image. There was no way I could have, yeah,



14:39

yeah, yeah. And, and, you know, it's, it's interesting, because once you we are, we are all tuned antennas, every one of us. The problem is that we, we have been programmed to de tune ourselves from the time that we're children. You know, unfortunately there, there are many, many more. Enlightened parents out there now, there are many more enlightened grandparents out there now who understand and even even get the fact of, you know, maybe the kid didn't talk into an invisible friend, you know, maybe, or it is an invisible friend. Or maybe they don't have an imaginary friend, you know. So it's, it's fascinating to think about that. It's interesting to see the work of people like Caroline Corey, who are out there, you know. And even our guest recently, Hakeem with with the the games coming up, who works with children, teaching them to see the world blindfold, teaching them to to, like lightsaber fight blindfolded, that kind of stuff. It's, it's pretty remarkable.



15:52

Yeah, it really is. And, and, like you said, there's so much truth there that we don't really even know. One of my favorite stories in the book was it all happened because my friend Marge, who was staying with me in Chicago a number of years ago, and my another friend, Wilbert, who's a writer, came over. He was asking me about the book and what was going on. And I told them about some of the stories, and she looked at me and she said, I've got a story for you. And she gave me permission to, you know, use her story in the book. And what had happened was, when she was a little girl, she remembered doing a when she was in kindergarten, they did this little,



16:32

I can't think of the right word. It's not a mural, but like,



16:35

like yeah it kind of

like, yeah, it kind of



16:38

that kind of thing. And then, but everybody in the class had to do a self portrait, and then they wove them together in one of those, like, blanket kind of things. Okay? And so she, you know, she her mom found the blanket, like, years later. Because at this point, March is in her 20s, and Mars is looking all over for this little girl, Mathilde scripture, and her mother's like Marge, there was no Mathilde in the class. She said, Oh yeah, there was, she said, I remember and, and Matilda was somebody who had shown up in her dreams, and she was like her best friend, and she knew that, you know, Matilda was in the class. Well, then she goes and finds the class picture, and she's, she points this little girl, and she goes, this is Mathilde. She said, I told you there was a Mathilde in the class. And her mother looked at her and laughed, and she was a Matilda. She goes, That's not Mathilde Marjorie, that's you. And then Marjorie figured out what had happened her mother, and she didn't know this until she was, like, 18. I think her mother, when she was pregnant with Marge, fell down, and, you know, one of the twins died. She was pregnant with twins, and one of them died, and the original plan was to name them Stephanie and Mathilde, but then, when there was only one, they changed that plan completely, and they named the remaining twin Marjorie. And so it was only in that moment that Marjorie realized that Mathilde, this girl who looked a lot like her, that was always around and often in her dreams, was really her twin.



18:07

Interesting, interesting, that is, that is wild and yeah. And once again, the idea of synchronicities, the idea of seeing things either before they happen, seeing things repeat in the world, realizing the fact that you were at a location for a very specific reason that did not pre exist, you know, it's not like, it's not like you had that on your checklist of things to do today, you know, yeah, and it's, it's pretty fascinating When you start getting into that now, when, when you began to write this book, what, what was the first thing that came to your mind as far as how to, how to weave these stories together to bring people to an understanding of how synchronicities work, right? Yeah,



18:59

that's a really interesting question, because what ended up happening was the original thing. There were all these different stories that I was writing down that I felt like I didn't know what the connection was at the beginning, and then I ultimately realized that the connection between a lot of these stories is that they were all what they had in common is that they were not things I was raised to believe, but that I've come to embrace. And that was and so, like, working from that, but, you know, it still wasn't done. And that was the weird thing about the book, because I always had this feeling, you know, with my first book, I wrote it relatively quickly, and it came out within two years, or something like that. This one was, like, more than 10 in the making. And interestingly, two of my favorite, of the most powerful, like stories and events, didn't even happen until, like, literally, right before the book came out, in many respects and so, well, not one of them was a few years back, but the the other one, and this is one that you'll. Really appreciate, because you know you're talking about signs, and sometimes you know they're just like, the really fun ones, like, Oh, cool. I found a painting by an artist. I

was really interested. Yeah, great. Not life changing, but fun. And one of those things that just adds a little depth of richness to your life. But I literally had my life saved by a dream, and it was that was the one that really got my attention. And I'll share what happened with us. Please. In this dream, I'm standing on the shoreman ocean, looking out, and it's the water is really rough, so you could tell that there had been a storm and the sky was still pretty dark, but it wasn't, you know, currently, you know, there was not a storm there right at that moment. Well, his life guard is standing next to me, and he communicates telepathically, which has only happened in like two or three dreams I've ever had. He communicates telepathically that he said, uh, don't be thrown off by the relative calm. He said it's gonna get worse before it gets better. And he turns around, and he runs at top speed. And I'm thinking to myself, if the Life Guards running away from the ocean, I better be doing the same thing. So I turn around, I start running, and by the time I catch up to him, this is all happening, and I'm gonna call it a division, because in my estimation, you know, dreams are the ones where they don't stay with you as long as a vision would like, I remember this one like, like every detail that happened yesterday, where, you know, I had dreams on the train, on the way down here, just now that, you know, when I fell asleep, that I would don't remember now. So that would be the distinction. So I get when I get caught up to him, there's a wall to my left, and this wall is like, 50 feet high, and it's huge cinder blocks, like stacked up on top of each other, and they're about that wide and probably about that long. And as I get there, this wave crashes into the wall, and you can see the water coming through on the other side, and there's like, seaweed, you know, pouring down. And it's just that was like, what happened as I got to the wall and I looked up and there was water in the distance too, so I was obviously on some sort of a peninsula. Well, I woke up and I was like, wow, that was just incredible. Fast forward, go to the gym that morning, and I pulled the muscle, and so I was, my collarbone was kind of bugging me, and I was massaging it a bit, not really thinking too much about it. Didn't hurt. It was just I was aware of it. I go to the doctor for a cortisone injection in my ankle, and I happen to ask him. I said, you know, one thing I'm a little bit curious about is, I said, if my ankle is bone on bone, there's no cartilage left, why is the pain up my leg a bit, you know, it was like three inches up my leg. It's not in my ankle, and he said it's referred pain. He said, You know, like if you're having a heart attack or something. So that's interesting. My next appointment is the endodontist. My dentist sent me there because he was worried there was a tooth that was cracked and he couldn't see it on the X ray. So he sent me for 360 X ray, and the endodontist looks at me, and he goes, here's that tooth up on top. He said, is that sensitive to hot and cold? And I said, that one is not the one immediately below it is. And he said, Oh, that's referred pain. I'm thinking, why am I hearing about referred pain twice? And for people who don't know what referred pain is a great example. That is what I went through chemo a number of years ago. I was getting a shot, and they gave me the shot in my left elbow, but the pain that I felt when they hit the nerve was in my hand. Yeah, nowhere near the needle, but, you know, so that's that's referred pain when it's somewhere else. And so I'm thinking, why am I hearing about referred pain again? Well, I go about my day, have a coaching client in the afternoon, and as I'm finishing that up, I'm really hungry, craving shrimp tacos. So I start walking up Grand Avenue in Chicago on my way over to this place called gringos that had really good tacos at the time. And I get to the corner of grand Ogden, and this collarbone thing came back. Now, this was a big nothing burger. It was. It didn't like I said, it didn't hurt. It was just kind of a weird little cramp. But it caught my attention, because as soon as I came back, I remembered the dream, and I remembered how the lifeguard said, Don't be thrown off by the calm. It's, you know, the storm went away, but it's coming back. Yeah, and and so when it came back, I literally, it sounds dramatic, but I stopped. Now there were people around, so I didn't say it out loud, but quietly, I said, Do I need to go get this chapter? Can I go get shrimp tacos? There's my exact question the universe, and the answer came back immediately. You need to go get that Yeah. So I jumped over, go over the emergent care, or whatever they call it, and I, I don't even remember what I told them when I

walked in, but it was, obviously it got their attention, because they hooked me up immediately. And the woman looks at me, and she goes, You need to get to the hospital right now. She said, You are having a heart attack. And now I work out six days a week. I'm not your average, you know, I'm not somebody you look at and think, Oh, he's a, you know, candidate for that. But. What was interesting was when I got to the hospital and they put the stand in and figured out what was going on. The artery on the left wall of my heart was 90% blocked. Well, think about the vision. It was the wall on my left that was blocking 90% of the water when the wave hit it. Oh, I was act it was, it was like, a complete, I mean, I'm as dense as could be when it comes to, like, English classes and figure, you know, figurative stuff in books, I miss all of it that I recognized immediately. I was like, wow, that is, that's powerful. And it was interesting because I went to a college reunion this summer, and one of my roommates from college is an emergency room physician, and I told him this story. He looked at me and he said, Rob, because you're the luckiest guy. No, he said that what you had is the widow maker. He said, If you had ignored that, you wouldn't be here right now. Yeah,



25:50

yeah. And, and, you know that that's just it, learning to understand those small, little signals we've we've got a different way of understanding that. We have a different way of being connected to that. And there is so much that is coming out, as we've talked about on your show before, there is so much that is coming out in science that is proving what ancient cultures have taught, that if that is proving what meditation is taught, that is proving what even remote viewing is talked about, the idea that we are all connected, that there is this greater, larger connection somehow, whether it be dimensionally, what have you. And I've even posited the fact of specifically with dreams. Because before I ever did remote viewing. Before I ever tried to do astral travel, which I was never really personally successful at, I did a lot of dream work Rob where, where I traveled the same path every night to go to my meditation place and talk to my guide and and look for answers to problems that I was having within my dreams, you know. And it's a pretty cool meditative practice, and it can really get you to sleep in a different way. But it's fascinating to see the fact that, yes, you can find these things in your dreams. You can tune in in that kind of way and and really get insights to your life and the world around you and that kind of stuff in real time.



27:28

Absolutely, and I really do believe that sometimes all you have to do is ask, you know, the it's, it's amazing to me how, you know, quickly prayers can be answered. And, you know, I know a lot of people don't necessarily believe in that, and I'm not trying to convince anybody of anything. Anybody of anything. I'm not start a new religion. But I do know that, you know, like, for example, when I experienced lymphoma a number of years ago and went through a chemo and all that kind of, you know, five days in the hospital every six weeks, or three weeks, or whatever it was. And I remember, you know, I had, I was very public about what I was going through, because I did not want people to visualize me checking out early. I'm a big believer in energy, and I didn't want people feeling sorry for anything. I just wanted to control that to the degree that I could. And it was interesting, because I It asked people to visualize the tumors shrinking. And my friend Cynthia, I'll never forget, she texted to say that she was would she had a vision or whatever. I don't know if she was meditating or whatever, but her in her, her vision of the she pictured the tumors. She saw them melting, which is an interesting word,

because I found out later that one of the drugs called Rituxan, its function is the first drug they give you, and its function is to melt the surround the shell of the tumor. Yeah, and then melt is the word that the oncologist use. I had never and he didn't use it. It was I've heard it for the first time after Cynthia told me about her vision. Wow. And I'm sure she, I mean, I didn't know that. I certainly didn't transfer that to her. And I doubt she, you know, she, when she told me about it, it sounded like she was kind of surprised too. So it was, it was pretty wild that she was visualizing what they said was basically happening. Yeah,

 29:20

yeah, precisely. And you know, it's interesting when you start getting into things. We actually had a listener who chimed in, Victoria. I feel bad for those who refuse to acknowledge synchronicities when they happen in life, they're missing out on a universal euphoria. And I would tend to agree with that there is a beautiful bliss that happens when that that little bell is rung of connection in a deeper way and a more rooted way to the world around you, you know,

 29:52

yeah, and you know, going back to the dreams and signs, you know, it's when you miss it that you really. Do sometimes think, oh, you know, it's unfortunate, like when I was working on the book I was I have kept a dream journal for a long time, and so I was going back into one of my dream journals trying to find a particular dream. And I didn't find that, but I found this other dream, and the in the dream, I had written down that a guy named ASA Baber. Now Asa was a columnist for Playboy magazine, and he had reached out to me at one point. He'd seen me interviewed on TV, and he and I became friends and but, you know, not like friend friends, but like we went out to launch, and he would kind of mentor me on some writing related things, but we had lost touch, and in this dream that I'd written down, he was in the hospital. Now I didn't, you know, making now what I should have done in that moment is awakened and said, Oh, Asa, you know, while he's in the hospital, I should just call him and check in and see how he's doing. Yeah, I didn't do that. Now, when I looked at the date of the dream, what I had found out in the interim was that, because this was the dream, had been a couple of years before, and he had died shortly after that of Lou Gehrig's disease. So when you look at the Oh, wow, the date of the dream, he was almost certainly, if he wasn't in hospice, he was definitely in the hospital at that point. Wow, you know. And I only wish that I pay attention to that, to be able to call him up and, you know, just say thanks or goodbye or whatever, and I didn't pay attention to it. Now, I'm not beating myself up for that. I think, you know, I had a professor or a priest, actually, in college who used to say, God draws straight with crooked lines. And I love that expression, because it's not an excuse for bad behavior, but it's, it's a nice way of forgiving yourself for the you know idea that sometimes you have to do what you have to experience, what it's like to be or do what you don't want in order to truly appreciate and get on the right path.

 31:48

Yes, yes. And that, I think, is something that, sadly, a lot of people, a don't have the patience for. B, lose sight of. Rob is and even even the idea of, you know, let's bring it around to prayer and synchronicity and and the idea of your prayer may have well been answered. It was just likely not answered within the very defined box that you had in your head. You know, your your

prayer may have been answered by the fact that you didn't get what you prayed for. You know that that may, quite literally be the gift from the universe, is that, no, no, you really don't need what you were trying to get. And trying to recognize that, and trying to see that, and trying to understand that, sometimes it's the subtleties. It's that it's that calm, gentle breeze, not the gusting wind that we're supposed to be looking for. You know, it's that, once again, that small little tug, not somebody shoving you off a ledge.



32:55

Well, sometimes though, you know, I have this vision of my guardian angel just having his head or her head in their hands like a lost percentage at the time, just because I could be a little on the dense side. And it's so it's funny. I gotta say, occasionally, I've had it happen where my prayer was answered instantly, in a weird in a way that even I couldn't miss it. And so I'll give you an example that if you want, because it's, this was one of the book, too. So there was a guy that I had become friends with, and he was a musician, really talented guy, and it was through the course of our friendship, like he taught me to play a bunch of songs, and he's like, Dude, I want you to play on my next album, which was a huge compliment, because I basically suck as a guitarist. And I'm not just, you know, that's not me being self effacing. I'm, you know, I can play a couple of songs. It's not, you know, a great thing. But anyway, so he and I had become friends, and then all of a sudden, you know, the last time I saw him, he'd asked me about a particular woman that I had dated, and he said, you know, are you, know, dating so and so. And I said no, and in fact, I knew that he was really interested in her. I said, you know, you should call her. I said, because I know she'd go out with you. And so next thing I hadn't heard from him in a while, but the next thing I did here was that those two were dating. And I thought, okay, great. You know, no big deal. Well, you had a big birthday coming up, but I didn't remember. I knew it was in April, but I didn't remember the exact date. So I called her up and I said, you know, hey, I haven't heard from him in a while, and I know he's got a birthday coming up, but I don't want to forget it. I don't want to miss it, you know. So I wanted to, you know, check in with you and find out what it is. And she said, she paused, and she sounded pretty annoyed. And she goes, you're not going to hear from him either. I'm like, What do you mean? And she goes, You lied to him. I said, What are you talking about? And she said, I said, about what? And she said about us. I said, you I'm totally confused. What are you, you know, tell me more. She said, Well, she said, he asked you if we had ever dated, and you told him no. And she sounded, you know, justifiably annoyed if I would. Have been denying the fact that she and I had dated, which we had and I said that wasn't the question that I understood. I thought he was asking, are we currently dating? And I said, and by the way, what difference does it make? I said, because my understanding is you guys are dating, and I had encouraged him to call you so I failed to see what harm this has caused. And she said, I said, I'll certainly apologize to him, because, you know, it's I didn't intentionally mislead him, but you know, what difference does it make? And she's like, well, here's a policy that he won't date anybody that any of his friends have ever dated. And I'm thinking to myself, what are we 11? But you know, I put that little judgment aside and I picked up the phone. Now I know in my heart it takes two to miscommunicate, but sometimes the better and easier thing to do is to own it. And so I figured, I'm going to just own 100% of this. I'm not going to put any of it on him. And I called him up, and I knew I wasn't going to hear from him, but I left a message, and I said, Hey, I'm really sorry I did not you know, mean to mislead you. I thought you were asking a different question. I would love to talk to you about it. And so of course, I had all these weird emotions, and I was feeling embarrassed and hurt and misunderstood, you know, a lot of things. But as the week progressed, I started getting really frustrated and angry, because I was like, what an IT JUST none of it made sense, and I was kind of annoyed by the whole thing. So I wasn't kind of

annoyed. I was annoyed. And so fast forward, Saturday night of that week. I'm lying on the sofa, and I rarely get sick. I've got swollen lens in my neck. I have a fever. I'm not feeling well at all. And my dad's a doc, so I call him up, and I said, Dad, you know, I described the symptoms. And he goes, Oh, wow. He goes, you have the really bad flu going on. And I said, Well, what can I do for it? He said, nothing. It's a virus. He said, You just gotta wait it out. And I said, Well, you know how long, you know, have your patients had it? He said, this is a bad one. He said, my patients have been sick for two weeks on average with this one. Wow. And I said, Well, I've got a speaking town on Wednesday. And he goes, you're not going to be there. He said, just go to bed. Get some sleep. And I was like, oh, so I go up to bed and it's, again, I'm like, dizzy and feverish and whatnot, and I'm laying in bed. Now I know myself well enough to know that for me, when I get sick, like congested or whatever, that's usually a sign that the words that I need to speak are not coming out, that there's a conversation that I should be having that I'm not having. Now, that's not necessarily true for everybody, but I know for me that tends to happen, sure. And so I and with a swollen glands and the fever, and I knew where I was coming from, the conversation that I needed to have with this guy was never going to happen. Now it wasn't. Now I know sometimes you can have a thought like that and it becomes a self fulfilling prophecy. But it wasn't like that at all. I wanted to talk to him, and I was open to talking to him, but I knew in my heart he was never going to go there. I don't know why I knew that. I just knew it, and it's fair enough. He didn't. He later died a couple years later, and we never talked after that, which was sad, but I go up to bed that night and and I literally prayed. I said, God, I need your help. The conversation that I most need to have is never going to happen. And I need to let go of all this anger that I'm feeling. Because I'm feeling a tremendous amount of anger, and I would just want to let it go. And so I get the immediately, right away, I get this vision of the Leonardo da Vinci Vitruvian Man, you know the guy with his arms out and his legs out and but except for it wasn't the Da Vinci's guy. It was my friend in this in this hologram, and he's taking now this guy, he's about six foot five, 300 plus pounds. He's a big dude, and he's taking up the full space in that hog room. But interestingly enough, superimposed on top of him taking up the exact same amount of space, was my honorary nephew, Steele, who, at the time, was three years old and and I literally laughed out loud. I said, that's a really interesting image, but I don't get it. And I kid you not, the next thing I hear is a voice. It was not a male voice, it was not a female voice, it was just a voice, and it said he is at the emotional development level of a three year old. It is not his fault. Be more compassionate, yeah. And I like, literally, let it go in an instant. And to this day, I can honestly tell you, I've never had a second or an ounce of anger or frustration about this situation. I literally let it go. I woke up twice in the middle of the night that night, and I had to change clothes because I was drenched. Literally, my body was just purging out all that negative energy and whatnot. I woke up in the morning. I was fine, completely healed. Wow,



39:40

wow. And, you know,



39:44

the the idea of that causing a psychosomatic response in your body, the idea of that, once again, that pent up energy that you needed release causing that, I mean, that's, that's quite literally the source of chiropractic things like that, as to. Or to release those energies to get rid of that kind of stuff. And our listener, Victoria, had a question that popped up, do you think

Synchronicities are possibly a gateway to deeper metaphysical work? And I would tend to say that, if anything, that they are a confluence of space and time. They are a confluence of, once again, something that you should pay attention to. So yeah, I would think that that if you were someone that was a manifestation type of person, that would be your moment to seize on trying to manifest something out of that and and trying to turn that manifestation into reality?

 40:48

Yeah, that's an interesting question. I have to really think about that. But I guess my like with anything else, if your guts telling you that that this is something that you need to look a little deeper on, and then it leads you down that path. Trust it, because the only time that I believe that a synchronicity would lead you or a gut instinct would potentially lead you in the wrong direction, or could be misinterpreted, is in a case of fear or greed. But generally speaking, it's not going to be two things. And so if you get a gut instinct about something, you know, I shouldn't go to this party. I should, you know, do this. I should not do that. The vast majority of time. You can trust that. And so if that's synchronicity is leading you to a deeper pursuit of something that you know in your heart you could do, maybe should do, maybe have a little fear around then, yeah, why not? Yeah, precise. And in fear not. I don't mean fear, the kind of fear that you shouldn't pay attention to, but the fear of, you know, we're, we're, anytime you get out of your comfort zone, that's

 41:56

the red, the reticence, and even you know the the idea of almost feeling because we we live in a we live in a strange society, specifically here in America, Rob when it comes to how we view things, when it comes to how we are connected to the greater world around us, when it comes to how we are connected generationally, things like that. We are a unique specie over here, as opposed to, you know, the Far East, the Middle East, even Europe, things like that. And the attitude towards such things, like metaphysics, that kind of stuff, towards such things as manifestation in daily life, the importance of good mental health. You know, the the importance of being able to say no, the importance of taking two and a half weeks of holiday every year. You know, that kind of stuff, where, where mental, mental wherewithal is the necessity of life, and you have to take care of that. You have to be willing to step aside and unfortunately greedily, do what you have to do to get what you need to keep your cup filled. You know, yeah, exactly.

 43:16

And you know, it's interesting, because going back to that point that you were making about the connection between mind body and, you know, illness and stuff. I think part of the reluctance of healthcare practitioners to even go there is because you could argue that there's a bit of blaming the victim, potentially, sure, in that moment. But, you know, it's interesting to me, like with the lymphoma I was, I vividly remember being in their office, in the oncologist office, and his nurse practitioner was there. Her name was Betsy, and Betsy was lovely lady. I like to ball, and they were great bedside manner and everything. But I was very curious, because, you know, like I said, my dad was a doc. I was raised around that thing. And I said, What is known about what causes lymphoma, you know, the kinds of you know, the kind that I

have, and I was asking it like an investigative reporter, not like anything other than that. And her reaction surprised both of us, I think because she looked at me and she's like, You didn't cause these and I'm thinking to myself, that's a really interesting reaction, because that wasn't the question that



44:22

I asked. Question that I asked. That was nowhere near the question. Yeah, exactly. But



44:26

my what was, what also caught me off guard was the fact that my immediate gut level reaction to what she said is that's not true. And I don't say this in a blaming my self sort of mentality, but, you know, just to back up, I got diagnosed with the tumors in what was on my birthday in 2015 so it's February 18, 2015 and it was the year before that that I had met a woman that we had the relationship started and seemed particularly promising. I was very excited about her, and then she did. A bit of a disappearing act. And I was devastated. I was just, you know, and I will freely admit that I emotionally circled the drain for the better part of a year, sure, and then the tumors were like this, wake up call. And what was interesting to me was that, you know, the first tumor that I found was right on my other collarbone, interestingly enough. And, and I thought to myself, because then I got an MRI, or whatever you call it, the scan. One of the scans, and they scan said, Wow, you have tumors all over your neck, but the primary tumor is a five by seven by eight centimeter tumor that's sitting directly on top of your heart. Wow. Well, the symptom in that was not lost on me at all. And I And here, I don't blame her, you know, the the woman at all, because she's not responsible for how I digest life. That's right, you know, I you could have let it go. You had done a better job of that. None of that's on her at all. And she and I are friends to this day, so there's no good remaining hard feelings or whatever. But I to me, you cannot have negative energy flowing through your body for the better part of a year and expect that you're not going to have a consequence. Absolutely, I was just lucky that it was a curable



46:17

well. And you know, it's interesting, Rob, how those those situations drastically change the way that you not only look at life, of course, but but the way that you look at things like synchronicities, the way that you look at small connections, the way that you look at the larger web, and the way that when one string gets struck, the other side of the web moves. And you know, my older brother, in the last many years went through the exact same thing, lymphoma stage four, to the point that he got the Wolverine treatment, man like they threw him in an isolation booth, and he ended up with a bone marrow transplant and got a whole new immune system, you know, like, took, took shots for the second time in life that he, he took it five years old, that things like that. And it's, it's fascinating to see the spiritual progression of my brother since and because we both looked into esoteric things. We both considered these things. We both had a great connection with spirituality our whole life. But but to see him very much exploring it more, to see him very much exploring the connection of these things, the way that these things connect in a larger way in life is awesome and fantastic, you know, and it's, it's interesting to see how that change occurs, you know,



47:55

for sure, doing now, by the



47:56

way, oh, He's fantastic. He's great, yeah, like he actually wrote absolute zero whenever he goes in for tests, not even joking, and yourself.



48:12

Yeah, great. No, I, you know, I knew, well, I shouldn't say there's one of the lessons for me in that was I had I experienced myself in the face of uncertainty. And I'm not going to say that I went through that with flying colors, because I did not. But the, you know, it was book ended on both sides, with uncertainty around first, what is it and then secondly, did we get it all? Fortunately, the answers to, you know, those questions were in my favor, so that was great. And yeah, and they, they've never used the word remission. They've always said cure, which is great. So I'm, I'm, yeah, I'm good on that front. And my dad is funny, because my dad said, he said, You know, when I was in medical school, he said, What you had was a death sentence. Yeah, now they consider it curable, which is why I think when it comes to cancer, we needed completely new vocabulary, because, yes, to use the same word to describe what I had, which I got through it. Now I'm not going to say that 545, hours of chemo was a picnic. It was not, but with relative ease. And then you compare that to, you know, somebody who's got pancreatic cancer and finds out they've got, you know, six weeks to live. It's a disservice to the other person to use the same word to describe that illness, because that's not the same. That's



49:27

right And and, you know, it's once again fascinating to see the way that not just facing your mortality, but but facing facing a situation that is fully beyond your control on so many levels. Yeah, and that's why it actively changes the way that you are connected to the world around you totally.



49:49

And I was very fortunate that I had a couple of mentors, my friend Jen Robinson and my friend Jackie Hart. Jackie was going through stage four cancer at that point. Oh. And she and I used to talk a lot about you the journey, and one of the things that both of those women impressed on me was the importance of how you speak about something like that, because you'll hear people use words, you know, like the word that I avoided was, Have you never heard me say that I had anything related to that, because when you say you have something that's a possession, it's something you're holding on to. Yeah, and so, you know, we talked about, I'm experiencing tumors I'm walking with. You know that that was and I never felt like I was fighting it, the idea of kicking cancer's ass, whatever that was not on my radar, because it's my attitude from the beginning, pretty much was this has come to teach me a lesson. We got to figure out my goal

is, to figure out what the lesson is, to walk with it, you know, treat it like the gift that it is, and then move on. Now, is it a gift for everybody? No, that's why I say, you know, we need a new vocabulary around it, because what I received as a gift other people actually do receive as a guest sentence. Now, part of that, though, also, you know, goes back to, you know, are you, you how much of a role is your attitude playing in the whole process? I think, yeah, the fact that I got through, what I got through, and really, because I remember Shannon, actually, at one point, she she sent me a private message, and she said, you know, because she was reading my Facebook posts, and they were often very funny about things that were happening and whatnot. And she's like, you know, Rob, how are you doing, really? And I'm like, No, really, I'm fine. I'm I was is happy. This is gonna sound weird. That was the happiest I've ever been in my whole life. Wow, because I was surrounded by love and I felt and I had never let myself feel anything like that before, yeah. And so that's when I realized that tears of joy were real. I thought that was just something that people said. I didn't think it was real. And then when I found out they were real, I was like, wow, this is amazing. You know, it because it, it was beautiful. Now, would I want to go through that again? No, definitely not. Don't get the wrong idea. But it was, it was something that I'm I'm so grateful that it happened



52:18

well. And you know, we have about eight, nine minutes, something like that left in the interview Rob with that time Sans, sans



52:29

a cancer experience sans



52:32

major religious upheaval or or questioning of life in somebody's life. How does somebody begin to recognize synchronicities as they happen in their life. How do people begin to recognize synchronicities as they happen in their dreams? And how do they begin to bring those, bring those to fruition?



52:56

So the biggest and most important part of that whole thing is making a note of it, and not just a mental note of it, but really writing it down. And if you don't do it, you don't necessarily have to write it down by hand, although that helps with dreams. When I started my dream journal, I would remember one or two dreams a night, maybe, if I was lucky, by doing it every day for a period of time. There were times I had seven, 810, dreams that I could remember the details of from one night. Wow. And so if you want to catch the signs, you've got to be paying attention to it. So on the dream side, keeping the dream journal is one of them. On the synchronicity side, one of the things I do on my phone whenever I see something that is a, you know, synchronicity, I'm thinking of a particular city, and there's the name of the city, or I'm thinking of a person, and, you know, the song shows up, you know, I'll take a picture of it, and I have a whole file in my phone. One of the albums is signs and synchronicities and so, and it's really fun

to go back and look at some of them, yeah? Because then, oh yeah, you know, that did happen. You know, I was thinking there was one time I was literally, I was thinking of my friend Josie and Rick beato was doing, that was the day that he was doing a thing on the song Josie by Steely Dan, oh, wow, yeah, wow, yeah. And when I tuned, when I, you know, like, that was the little screensaver thing, or whatever you want to call it that, when I opened YouTube, that was what I saw. The very first thing I saw was Josie by steely man. Awesome,



54:31

awesome. And you know, once again, that idea of once, once you've begun seeing these things, once you've begun recognizing them once you become I guess, kind of heeding them as they happen in your life and abiding by them. You know that idea of just just letting them be, understand them, see them, recognize them. How do you bring them to fruition? How do you how do you learn to understand. And the greater significance behind them? Rob, that's the



55:03

interesting question, because I think part of it is, is paying attention and talking to other people who are into it and who are in tune, and getting, you know, a sense from other people. Sometimes a lot of the insights that I'll get, I've got friends who are very intuitive, and I'll, you know, talk to them about that kind of thing. But like, sometimes you get the right Angel at the right moment. So, example, that when I was going through the tumors, I went in for a PET scan, and that's one of those ones where they see where all the tumors are and how far along they are, whatever. And I was waiting for the result, you know, I obviously don't get the results instantly. So I got back in the car, and I'm, you know, at this point, we don't know really what the tumors are. You know what the ultimate prognosis is. And I get in the car, and I turn on the radio, and the very first song that comes on is, don't fear the Reaper by the blue and of course, that sends a shock wave body, because I'm like, Oh my God. And Robbie Schaefer, this friend of mine. He's a fantastic songwriter from the band Eddie from Ohio. He calls me at that very minute, and I go, God, am I glad you just called. I said, you're never gonna believe what just happened. And I told him that I just had this test. And I get in the car, and the song's on, and he bursts out laughing. He goes, Never doubt that the universe has a sense of humor. That's right, because I hadn't been thinking of it as a cosmic joke. I mean, you know, the fear in me catastrophizes. Was like, Oh, my god, is this, you know, the universe's way of telling me to, you know, make sure that I've got my house in order, you know, from a will standpoint, yeah, he's like, there was no question in his mind that it was just a joke, and he was right, but I wouldn't have thought of that.



56:46

Too funny. Too funny. Rob, thank you so much for coming on, for talking about this topic, for being so honest and forthcoming about your personal experience and what led you to these personal changes and to to to writing this amazing book. I cannot wait to finish the rest of it. I've once again, read almost the first 100 pages since I got it yesterday, and I can't wait. It's fantastic. And once again, the idea of learning to be in connection with a world greater than yourself, I've told people for years, I don't I don't care if you go to church on a Sunday. I don't care if it's the dog next door or the tree next door, as long as you are in touch with something

greater than yourself in the universe, let's start there. Let's all agree to start there, you know, as a common peg. So thank you so much for your time tonight. Thank you so much for your candidness. I greatly appreciate it. Before we let you go, let everyone know where they can go to get their copy of a trek within, where they can go to tune into the show, when they can tune into the show, and where they can keep up with everything that is Rob Ryan Sullivan,

 58:00

great. Well, thank you. I appreciate that opportunity. Yeah, a truck within.com is the website. And for people who are on the fence about whether or not this is you know, resonates with them fully, you can go there and download a free chapter of the book. Actually, it's a couple, it's like the forward and an intro and a chapter some other stuff or and also, you could download the audio because I did the recording, suggested that, because she's like, Rob, I could listen to your stories all day. And she inspired me to do an audio book so you can download a free check or the audio book as well, and just kind of see if it's something that you are interested in. If it is, then you can buy it on Amazon. You can any local independent bookstore can order it, so, pretty much anywhere the truck, within, podcasts, YouTube, any of the big podcast platforms, you should be able to find it. And, yeah, that's, that's really the big thing, the that podcast, because every two weeks right now, we're doing a new episode, and it's fun, because it's not just, you know, I've interviewed psychics. I've got some musicians coming up, which I'm really excited about. We're going to talk about creativity. I've had people on from move on the UFO Network, you know, just a lot of different topics. So it's not any one thing you know every time. So and some of the people who shared stories in the book, because it's not just about me. There's a ton of people who shared stories. Some of them have been guests on the podcast as well, absolutely.

 59:26

And it's a great show, once again, a very organic show with great topics, great great conversation on there. Rob, thank you so much for the conversation. Tonight. I greatly appreciate it. I'll be in touch with links, all of that good stuff. Thank you so much for being on.

 59:45

I appreciate you. Have a good one. Take

 59:47

care while you are online, checking out everything from Rob Ryan Sullivan over at a trek within.com everybody, make sure to stop on by curious realm. Curious realm is where you can find. Find all of the video channels of our guests at curious realm.com, forward slash video. That is also where you can like, follow, subscribe. That is where you can find your connection to ground zero media and Ground Zero radio. If you like this show, there are tons, tons tons of shows like that, like this on ground zero radio. And you can support us by supporting them, because we are a network family members. So stop on by check us out if you are a ground zero radio member. Friday nights, 6pm Pacific, 8pm Central, just before Clyde Lewis. So when we

come back from this commercial break, everybody, we will be joined by our good friend Jason quit, author of gates of the Anunnaki. We will be talking about a brand new article that he has coming out that really simplifies the understanding of solar and lunar alignments that are expressed within artifacts, carvings, paintings, hieroglyphs, all kinds of things, all of that and more. When we get back from this quick commercial break right after this,

 1:01:22

you the key to good science is good research. At the heart of good research is a good data set with the field observation and encounter log from Curious Research, you can easily keep track of your investigative information all in one place, making it easier to review cases and readily see comparisons and contrasts between them, whether out in the woods, squatting in a back room, gathering EVPs, or using high tech gear to track UFO, UAP, activity, this easy to carry, pocket sized scientific data log is the perfect companion for any field researcher. You can find your copy of the Curious Research field observation and encounter log@amazon.com or visit the official curious realm store at curious realm.com forward slash store to reserve your copy for yourself, your family or a mind that you want to open that website, again is curious realm.com, forward, slash, store, you

 1:02:43

Well, hello everybody, and thank you so much for staying tuned through that quick commercial break. Also, thank you so much to our sponsors, especially the amazing, true hemp science. They are your source and my source for amazing CBD. I have been recommended for years by my doctor, for CBD use, for my travel anxiety, for my regular anxiety daily. And they are by far the best company that I have found. They use a full spideric process where every part of the plant is used, combusted, and reused, all the way down to literal dust, where every every part of the plant and the benefits from it can be drawn out. They have amazing terpene profiles. Some of the only stuff I've ever found with terpene profiles. So stop on by and check them out. Truehim science.com is the website that you want to go to to find your amazing products. And if you use the code curious seven, you will save 7% off of your entire cart of \$50 or more and get two. Count them, two free edibles on the way out the door. Our guest in this segment is the amazing Jason quit. His website is the crystal sun.com he has been on with us before talking about his awesome and amazing book, The gates of the Anunnaki, he is back on today to talk more about sacred alignments, what they are, why they exist, and how they are passed down through generation, especially through temple building. Welcome back to the show. Jason quit, how are you? My friend?

 1:04:20

Doing great. It's always good to be back here and to share this knowledge with you and everybody that's listening. Man,

 1:04:26

your work I, and I follow a lot of researchers. I follow a lot of people who were like out boots on the ground at ruins and locations. Jason, your work is some of the most groundbreaking that I

the ground at ruins and locations. Jason, your work is some of the most groundbreaking that I have seen in the last decade man when it comes to not just not just the connection of temple complexes across the globe, but but the way that these sacred geometries are passed along, the way that these sacred geometries are passed down. Because. Because I don't think a lot of people realize the the absolute importance that these things had, not just mystically, but to everyday life, to the people that used them, to the people that like these sacred spots, like Stonehenge, these sacred places like like, what we're going to be getting into tonight, you know, the Great Pyramid of Egypt, things like that, these huge, massive monuments that we don't know how they were built, but we know that they were massively important. And we still kind of don't know why. But when you start getting into the way that these things transmit the knowledge of the cycle of the sun, the cycle of the moon, the cycle of the stars, like we say on the show all the time, this was vital to the economy and to the ecology of ancient man. If you didn't know these things, you starved in the winter, you didn't know where to go plant crop, when to plant crop, you didn't know where to go hunt during certain times of the year. If you didn't know the story of the skies and why Orion was rising in the sky right now, at dusk, you know these things were massively important. And what better way to pass them on and make sure that they're there for eons than to build them in stone? So your work is awesome. It's absolutely amazing. And I've still got goosebumps from what we were talking about pre show. So let's How did you first get into this research? Jason, how did you first come across these sacred alignments that you have found?



1:06:38

You know what the truth is, I completely stumbled upon it. And you know, I'm my background, and what I've been talking about for years has been about spiritual journeys, about shamanic journeys, has been about altered states of consciousness out of body, experiences, contact experiences, and ancient history and how it all kind of relates and connects to all these things. And the very strange thing about it is that, you know, I was writing this book which was, which is the Egyptian postures of power, which is about mysticism, meditation, movements, all this great stuff. And because I really wanted to include the original mystery teachings of Egypt, I wanted to include basically the point of view, or the perspective of these ancient people and what they believed in 1000s of years ago. And the way that we can do that is because we have these ancient texts, like everybody knows, the Book of the Dead, the Egyptian Book of the Dead, the weighing of the heart, you know, the afterlife. We knew that. We know that the afterlife is very important to the pharaohs and to just the regular people in Egypt. And there was lots of rituals, lots of beliefs tied into that, especially with mummification burial rituals and even the tombs themselves. So for me to write this book, I really kind of, I said, Okay, I have to just reread the so, you know, reread, you know, the books of the gates, the hours, the Egyptian Book of the Dead. And my absolute favorite that I keep going back to continually is the Pyramid Texts of Unas and the reason why the Pyramid Texts are so important is because they're literally the oldest scripture that we have available to us. It goes back to basically the exact same time they tell us they built the pyramids. So it's about 2400 BC. So about 4400 years ago, we have these texts called the Pyramid Texts, which were etched in stone into the pyramid. Now I keep going back and forth reading these texts, trying to understand the significance about it. And what I found that was very interesting is that when you go back to the furthest that we know, which is the Pyramid Texts. It has to do with the Pharaoh journeying to the journeying through the afterlife. And remember, there's these two levels of information. You have, the knowledge that's taught to the pharaohs or the priesthood class, and then you have the information that is taught to the normal everyday people. It's kind of like what we have today with, you know, just regular priest. So there's scripture for for them and scripture for us,

or a different type of understanding of those scriptures. So why the pyramid? Texts are so important, from my perspective, is that it was only meant for the Pharaoh to read this and know these scripts. And basically it talks about how when they journey into the afterlife, it's all about going to heaven, which was the stars in the sky, and that as they would pass through different stars, those stars represented the gods, and as you pass through those stars, you yourself become the gods, you know. And I posted a quote today on Twitter and on Facebook, and I saw that you, you shared it too.



1:10:45

But basically it talks about how,



1:10:49

Oh, I'm gonna have to go back to the actual quote of this. That's okay. I don't know if that's my beeping Skype or your beeping Skype. That doesn't matter. Oh,



1:10:59

I'm not well, so as



1:11:03

long as it's not getting on the mastery, no, it is not okay. So I'll just quote this. It says, You shall become completed as every god. Your head as Horus, your face as the eyes forward as the imperishable star, your ears, autumns twins, an impending, imperishable star, and it goes through all these gods and saying that, as you pass it, your body becomes the stars in the sky, which are the gods? You know when you go into later texts, it kind of separates from that, and it's like you're facing the gods. But in this text, you're becoming the gods. You know, so completely different perspective well,



1:11:47

and you know, you bring up a very, very interesting point, which is that there was a different set of knowledge even within the stories of the gods, between the common people and the high priests, a prime example even later of this in life would be like one of the one of the psalms that we read regularly in the seminary was, you know, to be a priest, is in the days of Melchizedek of old. And the idea that the high priests of Melchizedek had a had a different connection to the divine and a different understanding of these sacred things than the average priesthood, and even more than the average practitioner who who came into the temple and the average attendee, you know, they were all told the same stories, but their inter their intimate knowledge of These stories, and what that symbology meant was something totally different to the Initiate than to the attendee,



1:12:47

exactly. And this is what I really want to make abundantly clear to people that research this information, is that there was different classes of information. And also, you know, even when we look back at the Babylonian texts compared to Akkadian and then Sumerian, these stories evolved. So, you know, we can go back to, let's say, the earliest that we have, which is around Samaria, Akkadian. And we can look at, let's say, the Epic of Gilgamesh, for example. And then we can go further down in history towards the present, which was later on in Babylon. And then you have the gods that change in the Enuma Elish. And then there's a completely different creation story there. So you have researchers that kind of like pick and choose. Okay, I feel like this creation myth better suits my theories, and they push the other stories aside. But the way that I look at it, it's like, the older it goes back, is, you know, you find the roots of where these things came from, and then as you study these texts, you see how they evolve in different places and different times, and how they were used to, let's say, rally the people. Yeah, you know. And this is why, you know, it went from the Anunnaki, let's say, like the gods of Enki and Enlil, who are like the supreme deities back then for their towns, and then suddenly, in Babylon, it switched, and it's now Marduk, you know. And then a new life came to Babylon when they chose that new god. So there is this kind of like relationship between these religious beliefs and state, statehood or state ship. And how to, I would say rally the people. I don't want to say control the people, but



1:14:50

give them a path. Well, almost, well,



1:14:53

you don't want to say control, but there, there was definitely a means of control. There. You know, and especially whenever you're talking about the the non reticence of an incoming Pharaoh, to eradicate the sculptures of a previous Pharaoh, to wipe their face off of things, stuff like that. It was a pretty common practice, you know, to come in and go pride lion, and as you came in, destroy everything from the previous Pharaoh to make sure that, you know, their face was defamed, the teachings that they came up with were defamed and moved along. And, yeah, you know, it's kind of like when people think that, once again, the idea that even the hieroglyphs that we see have different meaning depending on where they are. You know, the ones that are written down have a totally different nomenclature to them, the ones on papyrus than the ones that are carved and the ones that were even even the fact of hieroglyphic language was not the same as the written language at the time. You know, it's kind of like saying that that Latin was the common language of Rome. No, it wasn't. It was not a spoken language. It was a legal language for writing and for the ecclesiastic class. That was it. And



1:16:16

have you ever picked up an English book that's like, a couple 100 years old? Yeah, can you, can you even read that? Yeah, can you understand a sentence? Yeah,





1:16:25

yeah. And even the fact of like, you know, S's look like lower case F's and things like that. You know, the the writing style was different, the typography was different, things like that. So when you start especially looking at things like, what the common people who were helping build the pyramids were reading on the daily and what the priestly class who were in charge of building the pyramids were reading were similar, but the meanings were esoterically broken down in totally different ways.



1:16:58

Absolutely, and you have to kind of go back and put yourself in the mindset, and you know, my, you know, my research, or where I'm really looking, is languages change. You know, Egypt stood for 1000s of years. There was a lot of changes that that took place. There's many, you know, the different periods of Egypt, different pharaohs, different styles, like you were saying, even different warring classes came in and took over certain things, yeah. So you have all these different influences, and even though the story changes, you know. So we can go through historical texts and we can see an evolution, and we understand, yes, it's still Egyptian, yes, it's still using the same gods. But the stories kind of change, depending on the purpose of why they're changing them, yeah, but they do change. And my whole thing is, how do they transmit knowledge from generation to generation over 1000s of years, without using a language or without using what a known language is, what I'll say, and I got this idea that there's this universal language, and the universal language is the stars. And, you know, we have television. We have our smartphones today, back then, if you needed to know something, you had to look at the stars to find your place in the world, you had to look up and you had to know where the North Star was. You had to know where the sun was rising, where it was setting. You had to know all these different things, to know exactly where you were in the cycles of the world. And if you did not have that knowledge, you would be it's a survival thing. Your generations would probably not survive if you did not understand this information. So the greatest knowledge ever held by humanity is the understandings of cycles. And how do you calculate cycles where? Well, we have the most incredible cosmic clock ever, which is the moon, which is the sun, with the planets and the stars. And you would have to look at the heavens, sometimes for 1000s of years, and record the movements of certain stars, like if you go back to Egypt, for example, the rising of Sirius aligns with the year the sun, the solar cycle. And I'm trying to remember the exact date of my mind, but I believe it only happens once every 1400 161 years, all right, so that means they had to watch Sirius for at least 14,000 plus years, or, sorry, 1400 plus years, yeah, to realize that it comes back to the same spot and matches the rising of the sun. So that is how they align Sirius with the solar cycle, 365 days. We're talking 1000s of years ago. They figured this out by following that star, and they, they recently just decoded the Mayan calendars, and that was just this year. Because I believe that they, they they could not understand this 20 year cycle. It was just too complicated. They couldn't understand. And finally, they broke it down that this 20 year cycle had to do with the alignment of certain planets and cycles, so they would even follow the different planets. Yeah. Like, this is crazy. Like, what we're looking at is extremely complex, because you had to have had trained observers following the heavens, yep. And it had to have lasted generations in



1:21:16

See, here's the thing, though, and this is, this is what I think modern people tend to forget, Iason. we have a very, very modern equivalent of this. thanks to a man named Ben Franklin.

and it's called the Farmer's Almanac, all right, where you can just about pretty regs pick up a farmer's almanac in a toilet and pretty much tell what your winner is going to be like, my man, like you don't need to tune into the news. We know through hundreds of years of observations, of cycles, winter cycles, that when, when the summer does this, and the spring does this, you can probably expect for a long winter. You know you can expect for winter to start earlier this year. You can expect for this and these are things that farmers live and die by. Man, I've had farmers in my families for years, and they will trust that almanac over over a weatherman any day of the week, because it it is a cyclical thing, and it's something that even ancients realized the fact that we were living in a cycle. And once again, if you weren't tied to that, you were gonna die. It wasn't a oh, you know, maybe I'll lose half a crop, like your whole civilization has no corn, man, and especially when you're talking about a civilization like the the Egyptians who lived and died by the swells of the Nile, you know, I mean Egypt itself. As we heard from Mike ricksecker Last week, that the whole the name itself meant black earth, you know. And it was because of the black silt that came up from the Nile that made everything so so lush and fertile, you know? So if you didn't know when that was going to happen, because of astronomical means, you were either going to be flooded as a society, yeah, or you weren't going to have crop that year. One of the two was going to happen,



1:23:22

and you have to think, uh, shamanically, like, that's when we look back at these ancient gods. And we're like, you know, why does this why is this God a snake? You know? Why is this God have a head of a of a falcon? Why does this God had to have a head of a dog. You know, there are actual reasons for why that is, and it has to do with this kind of Shamanic hybridization of what is going on on the planet. So, like you just said, you know, why are snakes so important in in Egypt? Well, one example is that they burrow, and they have their homes close to the Nile, the river. And when it rains, when you get the rainy season, when it starts to flood, those snakes escape. They they they leave, and they're habitat, and they try to find shelter. Where do they find the shelters? In the temples and in the homes of the people. That's right in your pile of clothes. So you wake up one day and suddenly your house is full of snakes or spiders or scorpions. Yeah, you're like, What the hell man like, oh, it's the gods. Yeah, the gods are now going to bring life to the earth, because the snakes are now in my pajamas. These are all signs. So how would you say it's the same thing, like with the dogs, like Anubis, for example. He's the god of the underworld. He's the God of funerary rites. He's the God that protects the dead and makes sure the dead get through. And he will stand with you in the afterlife. And the dogs are nocturnal hunters, so they're in the dark, and they howl at the moon, you know? So, yeah, they were seen as a connection to the afterlife. They were seen as a connection to the moon. They were seen as all these things because they are nocturnal hunters, and they you audibly hear them in the night howling. Yeah, you know. So that's where they get their characteristics from. It's the same thing as Horus, where you know Horus is the sky and the sun, and when you look up into the heavens, you have this beautiful bird that flies across the sky, just like the sun. So you get these kind of like morphogenic hybridization of this knowledge. It's, you know, the same thing with the toes, if you go to the head gods, or the Ogden gods, the the eight



1:26:07

primordial forces in Egypt,



1:26:11

you'll see them as snakes and frogs, mostly snakes and frog beings. And you know, when do you hear the frogs? It's at night time. Yeah, they come to life, you know? So it's like you have these connections to these things. So this is kind of like where my my research has taken me, and not only is there this shamanic connection of you know why they chose certain gods to look like certain animals, they chose certain gods to represent different time periods of this of the cycles. So you would have one God during the rainy cycle, you have one God during the cycle of harvest, cycle of summer, the heat. So depending on where the sun or the moon was in relation to the stars, you had a different deity, because there was different things happening in the heavens and on earth. So they would kind of create these deities, which were then given personifications and stories that related to specific times on the earth, just like an almanac. Yeah, so when you honor this God at this festival, it's because it's the harvest festival, you know. And this is the God that oversees the harvest



1:27:45

well. And you know, once again, the beauty of what you have done with your work, Jason is to take this literal, esoteric knowledge that was passed down, once again, from high priest to high priest, that kind of stuff from from a religious ruling class to another religious rule, because that that's who people went to. Didn't matter if it was the king trying to have his dreams interpreted, or if the king wanted wanted to go to war, or if the king wanted to know what the harvest was going to be this year you went to the high priest. Is who you went to. That is who had your answer to how these questions related to the world around you, period. And that's who you lived and died by. So when your high priest said something, you tended to listen, you know. And the fact that the knowledge of these priests has been through generations, through various cultures, embedded into the artwork and embedded into the sacred spaces that they built and that they directed the construction of is absolutely beautiful and amazing. And one of the, one of the ways that you show this, you have an article that's getting ready to be published that I cannot wait till it's published. Because, like I said, I think it's it's really going to simplify a lot of this stuff for a lot of people, and also expose this to the world of academia and archeology that's out there. Because when you start looking at we'll start off right here with what you're seeing on screen right now. For it to narrate, for those who are listening, is an image of the Great Pyramid of Giza from above at a very specific time of day, where the where the shadow is being cast in any direction other than directly overhead, where, where you can see the fact that the Great Pyramid of Giza is not a four sided object. It's an eight sided object. It's an octahedron, you know, and it's a fact that there is such a subtle angle in the middle of each facet that you cannot see it until shadow is cast. And it's pretty phenomenal day to think about the precision at which it. To build the Great Pyramid of Giza to begin with, on that kind of scale, but also to build it with the precision and scale that it is that not just a four sided, but it's an eight sided. It's