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Coming to you from the city of the weir, exploring topics from the esoteric and unexplored to dimensions unknown, shining a light of truth on the darkest corners of our reality. Welcome to the curious realm. Hello everybody, and welcome to this very, very special episode of The Curious realm tonight. It's a community response episode. We there has been some scuttlebutt in the community over the last week. Dr Steven Greer came out and has made an announcement, at least from his knowledge, that the Betty and Barney Hill case has not been as as it has been said, that it was possibly part of a government cover up, that it was part of a government program to procure DNA from people and make them believe that they were abducted by aliens. We have on the phone with us right now, author of captured author of forbidden knowledge, as well as extraterrestrial contact, and so many other books with Dr Stephen Greer Kathleen Martin, the actual niece Betty and Barney Hill, welcome back to the show. How are you today?

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I'm doing well, it's great to be back. And

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you know, as I told you in our pre show interview, I I was flabbergasted when, when this statement came out from Dr Greer, I was really taken aback. I am. I have been a fan of Dr Greer's work for years. I've been a little bit suspect. And even last time you were on, we talked about CE five and and the idea of spiritual contact, the idea of calling forth craft. And even even whenever you have participated in things that are similar to that, y'all have had spiritual directors there things like that to to help differentiate between a possible bad acting spirit and something that you have summoned forth. So it's interesting to me to hear Dr Greer, who is a a doctor, a scientist, who who has been scientific advisor to a few presidents, and has some good credos to him coming out and basically towing the line of full on conspiracy theory Kathleen, when it comes to what is literally the seminal alien abduction case out there, the Betty and Barney Hill case, the case of your aunt and uncle.

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Yes, and I want to say first that I respect Dr Greer. I'm not here to disparage him in any way. He's done terrific work in the field, but I heard on his podcast that Betty and Barney the Betty and Barney Hill abduction was staged. Man made abduction and had nothing to do with aliens. And he said, this is known by very few people. I also heard that he had read the interrupted journey way back in 1966 or so when it was released, but I am not aware, he didn't mention being aware of any of the work that Stanton Friedman did regarding their case, and the massive amount of work that I have done personally. So I was really taken aback, and I began to wonder if he has become a target of disinformation. And you know, a lot of people are especially well known researchers in this field, we must be very cautious,

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yes, yes, yes, and yes, Kathleen, because this information is so easy and it's even easier now you know when it when it comes to Al generation and things like that, you can, you can start making all kinds of things that actively are drawn from tidbits of truth from articles and all kinds of stuff. So there, there is a whole panoply of things out there, a whole a whole panoply of stories that, yes, were crafted up and created long, long ago to continue tropes. And that is, that is one of the things that that I've. Student about the the whole Stephen Greer bringing this up is, how did they, how did, how did a government program? Because that was one of the things he specifically said, was that it was US Air Force personnel. So that is a government program. That's a that's a big tater of a statement. Kathleen,

it, certainly is. And if the US Air Force were abducting humans from around the world and exposing all of us to trauma, to life, life changing event that brought on ontological shock, post traumatic stress disorder, that was something that would change our lives, that would give us great pain. I cannot believe that our military would do that I know many, many very highly respected, kind and caring military people, former officers, and the idea that that occurred is something that I don't even want To accept, because it would be comparable to Germany,

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yeah, yeah. No, precisely, Kathleen. And it's the idea that that a program like that, whenever you say this is US Air Force personnel, that means that that decision came down from the top, that there was a board meeting held about this program, and that it was efficacy, and that we needed to put money into it, and that we needed to assign soldiers to it who were willing to do this, and that that would be a full on situation, no different, like you said, than Germany, no different than a soldier saying, hey, wait a minute. I don't know if I want to march people into a camp and do that, you know, and they would have the right to be able to refuse that service. However, if you were to be an outside actor, an outside agency, something like that, a contracting agency, you wouldn't be beholden to the same rule, you know. But he didn't say that. He full on. Said it was US Air Force personnel, which which takes it down a very conspiratorial twist of a rabbit hole

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it does, and it also invites a class action lawsuit against the Air Force for the great harm that they have allegedly dealt out to millions of people, yep.

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And granted, you know, there, there is precedent, two precedents for lawsuits like that. Number one is, of course, MK Ultra, which, which came shortly on the on the boot heels of the Betty and Barney Hill case. Oddly enough, you know, the the revelations of that in in the church committee hearings and and in addition to that, would would be the area 51 filing from the people of Rachel Nevada, the families who filed suit against a non existent government facility and forced The hand of the government to say, no area 51 does exist because we've been burning toxic chemicals and these people got sick. Yes, you know, those are really the only two instances where there has been a class action lawsuit that has been won on behalf of the people against the government in that kind of way. So it would be precedent setting, and maybe he's trying to, much like with his disclosure hearings and things like that that he's put on with the National Press Club for decades. Maybe he is trying to set a legal precedent in that way, perhaps. But if, if

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this is true, I would be the first in line if there is evidence, and what we need is evidence indicating that this is true, and not just some whistleblower's testimony. Yeah, we need more than that. And so I wrote 11 questions to him. I have not received a reply, but I said, What technology did the US Air Force have in 1961 that could hover silently, rotate and bounce back and forth in the sky like a yo yo? Yeah, I'm not aware of anything that we had in that time frame that could maneuver in this way that was completely silenced. And, you know, could defy gravitational fields.

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Yeah, and, and, you know, one of the, one of the other things to consider, Kathleen, especially when you're talking the. Idea of harvesting DNA, the experiments of Watson and Crick didn't come about until 1953 so that would be a very short time, like even if you were to say, Okay, well, we, we recovered some DNA useful technology in Roswell and 47 we still didn't know what the heck DNA was for another six years on that timeline. So to say that in another six years, we we had reversed engineered that technology to do something with something that we barely knew existed, that's that's a big, bold statement.



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And amniocentesis was not used in a medical setting, using an ultrasound to test the amniotic fluid in a pregnant woman until 1972 now, supposedly this happened to Betty in 1961 with the famous needle in the navel, and there was DNA evidence left behind on the lining of her dress in the area of her navel. That might have been blood, but the sample is so old that the scientist who did the DNA test on that could not determine whether or not it was blood, but it was definitely fluid from Betty's body, yeah. And it did not leak through to the exterior of her dress. It was only on the lining. It came from her body,

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yeah, and if I'm not mistaken, it was basically like sebum, like a like, almost like the plasma from blood, was, was what they described, something along those lines.

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Well, yes, it was what the sign the report, I have the scientific report, and it said that it was definitely fluid from from Betty's body, yeah, and

that's just it. That is only one of the realms of evidence that was there. Let's start going into these questions a little bit deeper that you had for Dr Greer regarding the case itself and the the many, many proofs that are there, because, once again, like this is not only a seminal case in the case in the field of ufology and abduction study, but it's one of those that really steeled Stanton Friedman to even Get into the field of study.

Yes, absolutely, he was invited to interview Marjorie fish, who was the brilliant woman who investigated the star map that Betty recalled observing on the craft and sketched as the result of a post hypnotic suggestion by Dr Benjamin Simon, when he was doing a series of hypnosis sessions, separate hypnosis sessions with Betty and Barney. So Betty, from memory, sketched this map. It was published in the interrupted journey. Marjorie saw it, and she was an amateur astronomer. She was also a genius, a member of Mensa, and worked as a school teacher at the time, but after she had done this and identified the stars on Betty's map, she ended up working at the Oak Ridge National Laboratory. So she was an incredible woman. She did years of research and built, of course, no computers in those days, no personal computers. She had to go to the university and sit and hand copy all of the distance data from their astronomical catalogs, not only distance data, but the type of star, how far, how old that star was. What did we believe these were earth like or stars that might have earth like planets, and she would take this information home and do the mathematics that in required to know where to put every one of those stars out 54 light years from our sun in our local galactic neighborhood. And in all, she bought she built 14 of these models. After the 13th, she did not have a match. She wasn't able to find a match until we made scientific progress, technological progress, and were able to acquire better. Higher distance data than we had previously, and with that new distance data, she was able to build this 14th model, and there she had a match, and you can see it right there with the base stars being identified as Zeta Reticuli one and two, little more than 39 and a half light years from our sun, which is on the top right. So this was the map she identified in 1961 No one knew of this map. I mean, a scientist and astronomer had viewed Zeta Reticuli. Some of these stars were known, but certainly not the stars on the map in this pattern, yeah,

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we did not know it was a binary star system anything like that.

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That is correct. Yes. So the reticulum star system had been discovered, but not as it is on on this map and the trade routes the astronomers who vetted Marjorie's work, where Stanton had contacted them and asked them to vet her work, discovered that the stars had special properties. They were all sunlike stars, although only 5% of the stars in our local galactic neighborhood, out 54 light years are sunlike, and all of the stars sunlike stars in that volume of space were on Betty's map. So that was quite extraordinary. One of the scientists even stated that if we were living on Zeta Reticuli and we had the ability to travel through space that would be the precise exploration route that we would take. Wow, wow. Yes, you know, there's, there's a lot of information that we know now that was not in that first book. These are newer discoveries.

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and that's just it. When you start, when you start looking at these facts, when you start looking at, quite literally, the facts in the case file, not just MUFON, but because, I mean, that was the very beginnings of MUFON, you know, if, if it, I don't know, actually 69 was moving. It was before. It was before MUFON. So, so the idea that any of this was being chronicled to begin with in this kind of way, was landmark, landmark for the fact that reports were being taken, reports were being kept, that a case file was made to begin with, with all of this information, excuse me, that's okay,

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yes, and There has been an update on that star map, with a focus on exoplanets, where a young astrophysicist used 20 289 different models. And what the result of this was, is that the fish identification remains the closest match of nearest stars, and it's about an 85% match. There might be two stars that are actually better matches, based upon our new knowledge, than Marjorie had, wow, wow.

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And, you know, once again, the idea that this was not fully known information, DNA was not fully known information yet, all really adds up to a much more fantastical story, if, if it's the case, that it is what, what Dr GREER SAYS IT is, you

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know, yes, yes, absolutely, you know, when we we didn't have the knowledge of DNA back in

that time frame. So why would they be collecting DNA samples, yeah, from Betty and Barney. Well,

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that's just it, you know? It's, it's a large, large leap of logic. And granted there it, believe me, Kathleen, I am involved with a lot of communities. I am involved with a lot of paranormal communities, a lot of para political community. Entities all right, who will firmly ascribe to the fact that there are black site locations where people are tortured to obtain Adrenochrome, where there are black site locations where people have DNA taken and are spliced with alien DNA, all kinds of things. I entertain all kinds of hypotheses because, well, we're allowed to hypothesize anything. But once evidence starts being presented to the contrary, once, once things come up like once again, the timeline of DNA knowledge against this, the timeline even of reverse engineering craft from from Roswell, I don't think we would have been to a point of a fully functional system in that short of amount of time. I just don't, you know,

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I agree. And And regarding dead Betty's dress, which was damaged in all of this, certainly human hands could have damaged her dress. But a recent study done on Betty's dress, which was done at the University of Pittsburgh in brand Bradford, by Dr David Soriano, who was a 35 year tenured professor at chemistry and his associate and a student that his associate was training discovered deposits of tellurium and rhodium, which are rare, expensive metals on Betty's dress. Tellurium is the is extremely rare in the Earth's crust, but abundant in the universe. And rhodium is the rarest and most valuable precious metals on the Earth, with a higher melting point and lower density than platinum. Why would the Air Force put those medals on Betty's dress back in 1961

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Yeah, yeah, no. And that is, that is a valid question scientifically. And once again, you you worked hand in hand with Stanton Freeman for years, for years regarding this case, regarding this case, and others, you know, and the when it comes to missing time, the craft, the technology possibly used there is, there's a whole nother realm of questions, which, once again, you're Asking of Dr Greer to to answer and explicate. What would be your next question on that list? Kathleen, well,

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I'd like to know how he can explain the dozen witnesses to the the highly unusual craft that night, and the person who had that information. Who found these witnesses was John Latrell. He was an award winning journalist. He wrote for the Boston traveler Betty and Barney refused to meet with him, but when he heard about their story, their story was confidential at the time, he did a wonderful investigation of them and of their case. He talked to officers at Pease Air Force Base. He talked to officers at Project Blue Book, to people in nycap, National Investigation Committee on Aerial Phenomena, to Betty's Barney's neighbors, to people who knew them, to other UFO investigators. So he talked to a lot of people, and by the time his articles were released in the Boston traveler, which was in 1965 late October of 1965 he had found six witnesses, and by the time Stanton Friedman wrote to him in the early 1970s he had found at least 12 to 14 witnesses, he said. And he said that those witnesses were not all together in a group. They were standing in different locations, and they all described the same craft that the hills described in the particular location that the hills were in that night, and he knew because he drew lines between their position and where the hills were and where the craft was. So here we have many witnesses. I've interviewed other witnesses who have made reports as well. So we have many witnesses to this very unusual craft that night, and I would like to know what technology had the air force developed to produce the buzzing tones on the trunk of the hills car that caused the car to vibrate as the craft hovered above it. And this is after Barney ran from the field in terror, after the craft hovered only 100 feet above him, and he observed Non Humans looking down at him, and these were in the original 1961 reports. This was not brought out for the first time through hypnosis, and it these buzzing tones caused the car to vibrate, and it caused a tingling sensation to pass through the hill's body, which was a form of mind control, because this is when they started to lose their conscious recall of what had happened. These buzzing tones left highly polished, shiny spots about the size of quarters on the trunk of their car they had not been there the day before or before they heard these buzzing tones on the trunk of the car. The Betty was told by a physicist friend of my family's that she should take a compass out to see how the needle if the needle would move over those spots, the needle rotated rapidly, and when she moved to a different area of the car or away from the car, it dropped down, indicating that there was a magnetic field over those spots. What technology did the Air Force have in 1961 that could cause all of these things. And why were Air Force officers so curious about this, speculating about what it could possibly have been if they were not involved, if they were involved in this, I should say they were not involved in this. There's absolutely no evidence that I have seen in my very extensive investigation. And although I knew about this, although I was very close to Betty and Barney and Betty, after Barney died, I lived with her when I was in college, there's absolutely no evidence that any of this was carried out by the Air Force. Was

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there any air force or military debriefing of your aunt and uncle post situation that you recall

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after the situation my father's best friend, who was a police officer, advised Betty and Barney to make a report to Pease Air Force Base, because Pease had instructed the local police departments to ask the witnesses to file A report, and being good citizens. Trudy and Barney did file a report the following day, and they were interviewed. And I have the interviews, the the official documents from Pease Air Force Base.



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Anything redacted in those interviews Kathleen,

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not that I'm aware of. I have the first handwritten one, but I can say it, there was not a re it was not redacted. What happened is that when the this became public in 1965 the Air Force wrote another report. So there was a false report written, and in the false report there was no evidence of any movement. All they saw was a star, like object that's nothing like the first report that talks about it swooping down and being the size of a dinner plate held at arm's length, the erratic movement that was in the first report, the bouncing back and forth, and yes, the yoga the the radar findings That night at 2:14am and earlier that night from the radar station in Vermont as well. So you know, they did make this report to the military in 1965 there was a cover up, and they made the mistake of dating at 1965 Five instead of 1961 this is how John Latrell found out that it was a cover up. Well,

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well, and you know, that is definitely weird. You gotta, you gotta say that that it's that, it's definitely interesting that the US Air Force would cover up the instance to begin with. But it's not like it was some major cover up. It's not like they denied that it happened. It's not like Roswell or something like that, where they've got 85 different reasons for for what happened that day. You know, from from Project Mogul to to other stuff, they didn't go through that kind of effort. They didn't go through that kind of disinformation campaign. They basically just cleaned up a report.

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Yes, they cleaned up a report. And in the files that I have read, they when the story became public, Betty's and Barney's files were sent from Dayton, Ohio project, blue book to the Pentagon. That was how concerned the Pentagon was, yeah,

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yeah. And that's just it like it shows the fact that there was a point of genuine concern on the part of the military, not, not a path to cover up the entire incident, if there, if there was a overarching program to abduct people under this guise and garner their DNA, I guarantee you they would have gone through much more diligent efforts to cover up the entire incident in respect to its connection to The US Air Force, even, even the reports given everything else.

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Yes, the US Air Force thought that it might be the planet Jupiter, or it might be signal light of some kind. But in the end, it was just unidentified, something else that I wanted to bring up is that I asked, you know, what wand had this nefarious group developed that could immobilize people and cause them to float above the ground in 1961 because that's what happened to Betty and Barney. Yeah,

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yeah. And, you know, once again, the idea of granted, there were definite, definite government programs going on with mind control, drugging, all kinds of stuff, even even false memory implantation. At the time, there was no wand, no no magic wand that did such a thing that that was, I don't even know of one now, that would be able to do it. It would be a combination of technologies, you know, yes, yes,

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I know that now they are working on some electromagnetic system that could have an influence on the enemy's thinking or cause them to pass out. But you know, this is not 1961 No,

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no, definitely not, not, not really in the in the range of what we were doing technologically in 1961 so it's, it's a far fetched concept, and once again, I don't know. It just begs to question why Dr Greer has jumped to this solution,

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the one. And people might be wondering, well, when did was the wand pointed, and to whom it was pointed at, Betty when she tried to escape and run into the woods. And Barney was not dragged to that craft. He felt as if he were floating and only the toes of His shoes were bumping along the rocks. I'm quoting him here, and that is why there were such deep scrapes on the toes of his shoes. Also the description of these non human entities they in through their hypnosis, remembered, telepathic, hairless, non human, large, chested people of short stature with large craniums and very, very thin arms and legs. In fact, Barney called them spindly arms and legs. These are the ones who conducted intrusive examinations on Betty and Barney. Now we don't even have humans that fit that description. Yeah, yeah.

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It the very whenever you look at it, it's very, very gray in origin. Um. And interesting that you know, once again, that is the description given long before what we know as gray is around like, really we didn't know the whole concept of the gray alien that we know didn't really come about until communion, almost, you know, as far as a popular trope description for an alien, it's it's really interesting to see those things, and to see the fact that in their descriptions and in their actual testimonies, that not only They gave while awake, but that they gave under hypnosis, that all of all of this information lines up there was, there was never a polygraph that they didn't pass or anything like that. No.

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In fact, Betty had a polygraph exam. Bonnie was deceased at that time. He died very young, 1969 but Betty went on the F lee Bailey lie detector show, and she passed with flying colors, no

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Yeah, yeah. And, you know, along with, of course, the physical evidence remaining on the dress and the injuries that your aunt suffered. Were there any other physicality, any other physical traces, any other physical remains left by the incident?

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Well, there was plenty of physical evidence when they arrived home, there was the dress Betty's watch had stopped, and Barney's as well, never ran again. I have her watch. Oh, wow. And an interesting thing that I've never noticed before, but that I noticed recently, is that it is. It says 516 now I know her. Her watch was what working at 1120 that night, because she looked at it. This was before the craft swooped down and moved in on them. When she arrived home, she noticed that her watch wasn't working. Now this was in the day of wind up watches, so she set it for the time on the clock in her house, and then she wound it, and it did not work. And that's the way it apparently remained. It says 516 which would have been the time am, yeah, the time when they arrived home. Their anticipated arrival time was between two and 3am

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about approximately the time of the incident. Yes, and, and, you know, once again, couple of hours of missing time. This is one of the first real cases where two hours of time is missing from somebody's life. Very interesting that you're a that you still have the watch. Have you done any remainder testing on the watch? Kathleen,

I haven't. I'm I'm a little apprehensive. I don't want to give up. Yeah, the watch? Yeah, there is some kind of a green spotting inside, on the face, on the upper part of the space the face, as if it's been exposed to some kind of chemical. Interesting.

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Yes, I would just be interested as as somebody who's into frequency and magnetics and things like that. I would want to test it with a magnetometer and and see if it passes any see if it responds to anything like that. You know, because, because, yeah, I mean, that is frequently, and you've been on the show whenever I've I've given the description of that is what I believe happens to people that are in close proximity with craft and technology of that type. Is that much like your aunt's watch, it is surreptit surreptitiously changed for the rest of its existence. Even if you got that watch working again, it would never tell time correctly. It would, it would for those, those gears would be forever partially magnetized, and that, that frequency is kind of locked in there right now. So it would be interesting to see what other data you personally could draw from the watch, because there's, there could be a whole realm of that now, you know. And even even, like you're saying, with the genetic testing and the testing of other material from her dress, our processes are totally different. We can lift all kinds of new information from from this data. So, yeah. Yes, absolutely. Fact that there has been data found to begin with leads you down a road that it's that it's not what, what the good Dr Greer has presented.

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Yes, that's true. And also something that I think is significant is that Betty always spoke about symbols that she observed on the craft in what she called a book, but the way she described it is more like what we think of as a tablet today. And she saw six vertical rows of symbols inside. They were underneath plastic, sort of embedded. And in the year 2000 I asked her to sketch those symbols for me from memory. Now later in I believe it was 2003 or four and then 2007 or eight. Dr Don C dondery, who is retired, now psychologist psychology professor at McGill University, and Stuart appel, who was a psychology professor and dean at the University New York the State University at Brockport did a study, and this study was on alien symbols that had been collected from individuals that bud Hopkins had hypnotized. And this was there were two scientific studies. They had graduate students working with them on this. Dr dondery developed a statistical scale in order to study these symbols. And in the end, they stated that they the symbols were nearly identical, and this indicates that alien abduction might be real, very good scientific studies. Well, when we published captured for the first time, I decided to put those symbols in the appendix of the book. And Dr dondery saw them there, and he then contacted me because he looked compared those symbols to the symbols from bud Hopkins abductees, and he said they were nearly identical, which is just absolutely amazing, because Betty had never been to bud Hopkins home. She had never seen those symbols. Bud had those symbols, and he kept them in his file cabinet and individual files and so this is important evidence those symbols were not available anywhere yet these different individuals sketched the same symbols

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precisely, and The idea of I have held for a long time the idea of this being mass hallucination, as as claimed by many people, many, many study researchers, psychologists. I think it goes way beyond that, and definitely the evidence like you're saying, of people who have not contacted each other, people who have no contact with each other and have no access to the symbols drawing the same thing. It's it's pretty Roman. Don't get me wrong, like I practice remote viewing. Kathleen, okay, so I'll definitely say there's a possibility there that maybe they were all just remote viewing the same thing without realizing it. However, even then pretty remarkable, I can

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tell you that Betty was not a remote viewer.



Yeah that's just it This situation was not a situation of remote viewing. It was one of once

again, great trauma in somebody's life, and one that now granted. I'm sure that there are people out there right now, probably commenting on social media as this plays out, that Chris has shown numerous books by Kathleen Martin. She has a vested interest in this story going forward, in the way that, in the way that she's stating it, Betty and Barney didn't they had zero vested interest. I mean, even when I was presenting it to my wife earlier today, the facts of the case. I mean, the first one that I bring up was, it was 1966 they were a biracial couple,

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right? Let me say that that's the last bit

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of attention you wanted to bring. To yourself, even in enlighten New Hampshire Kathleen, absolutely.

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And I want to say I did not have a vested interest. No, absolutely not. When I began as a skeptic and I did years of investigation research, I transcribed all of the hypnosis tapes for comparative analysis. Stanton Friedman never would have worked with me if I had not been unbiased and scientific in my approach exactly, and that is the way I approach this field. I've been in this field for a very long time, and I do my work as scientifically as possible. And

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you know, even I'll say this in the next segment with Earl Gray, and I'll say it with you right now, Kathleen, I fully respect and love the fact that when your research took a spiritual turn when your work with experiencers and things like that took a spiritual turn. You stepped away from the hard research.

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I still do the hard research, let me tell you that, but yes, I had to differentiate that, because it was my personal spiritual journey. Yeah,

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Precisely, precisely. And you, you wanted to make a hard line definition between the two, between your work and research and that absolutely so. In order to do that, you made a divided line down the middle and see style obfuscation between the two, and I perfectly and beautifully laud that, because that's what we should be doing, despite any belief like I'll say it all the time. I am a believers believer, Kathleen. I have had my situations happen in life. Belief, belief in faith, is something that goes beyond experience and and something that you know will very rarely go away, because it's belief, however, that can be intrinsically changed with new sets of datum, that can be intrinsically grown upon or lessened with new sets of datum. And that's, that's what's amazing about you, is that you are willing to accept the new points of datum into your data set.

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I am, and I have to say that part of this spiritual journey was science based as well. It wasn't all belief based. I did experiments. No,

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that's just it. It was your experiments that brought about the other side, that brought about the realization, and that that's what's absolutely amazing, you know, and

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also on the qualitative and quantitative studies that I've participated on, and meaning, working, not just not taking the study with nearly 5000 experiencers, yep. And you know that's important work. That's not Woo. Woo. No,

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no, absolutely not. I mean, even even your the Martin Barton survey of extraterrestrial life and religious belief, like that's the kind of stuff I'm talking about, where it's quite literally a marriage of the two things that is that is utterly necessary, you know, because once again, and I have lifted the term ontologic shock from from you and Earl Gray, because it does such a Beautiful job. It does such a beautiful job explaining what happens to the experiencer and and the not only the mental, but the the spiritual and emotional division that happens at that moment of experience where everything you know ceases to be and like, immediately, a new reality has to be drawn up. Like, immediately, yes.

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And you know, thank you for showing the survey that Dr Barton and I are working on. And this is for everyone we we're looking for 1000 surveys. That's our goal. We have 166 to go. So if you would please go to my website at Kathleen martin.com, and participate in that survey, we would greatly appreciate it.

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Yeah, absolutely it is. It is one of those that without these experiences, without these stories, without Trailblazers like your aunt and uncle and yourself carrying on their story and their

charge. Because what's interesting is your aunt told you face to face years ago, honey, if this ever happens to you, please keep it secret. Yes, don't, don't, don't tell anybody it is, it is not going to help you in life. That's right, you know, and to know that you have carried on the work of Stanton Friedman, that you, that you have brought a whole new realm of understanding to things like the experience or resource team with MUFON Kathleen the idea that, yes, nuts and bolts is necessary, but sometimes to understand the nuts and bolts, you have to understand the experience, and you have to understand the person that was there experiencing it

absolutely. And, you know, these people are traumatized, yeah, maybe they overcome the trauma eventually, but most of the individuals that I've worked with, and I was the director of the ERT for 10 years, most of these individuals were traumatized, regardless of what the experience ended up being, yeah, you know, so it's extremely important to look at more than just the nuts and bolts. The nuts and bolts are important. We need the physical evidence. We need to test it. But the individual in my mind, is so much more important the individual experience, because I'm a social scientist anyway. You know, that's my background so and that is what is most important to me. Absolutely,

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absolutely. We have about three minutes left, Kathleen, before we let you go. Final words from you to Dr Greer regarding this,

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well, Dr Greer, I hope that you will read my work. Feel free to contact me. I'd be happy to have a face to face interview with you or via the internet on some application, I want you to know the facts in the hill case. I respect your work. I respect you, but I really believe that the individual who is providing this information is actually giving you false information in order to influence you. And I know that can happen to anyone, regardless of their level of education, their popularity, their level of knowledge, we could all be targets of this. Yeah,

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yeah, absolutely. And that is such a beautiful cautionary word at the end, Kathleen, the fact that we can all be targeted by this. We can we can all be sucked down that rabbit hole. We can all be brought to it, you know. And that's okay, that's all right. Like, once again, we are involved in a field of hypothesis to begin with, and we have to be willing to hypothesize, but we also have to be willing to say that what we are saying is hypothesis, when, when you go about and you say this case absolutely by fact was not prima facie what people say it is by fact, it was a covert government program that's a big sack of taters to be carrying around in public, you know, and it's, it's hard to ignore that, and that that's one of the reasons why I reached out to you, and why I reached out to Earl Gray, you know, because it's one of those that I find myself in my show as a platform of not only discovery Kathleen, but but the idea of demystifying topics. So much of this is mystified by other people and even deified by some people you know, to the point of, hey, wait a minute, I think you've lost logic. And I just think that there are so many raging points of logic to the case of Betty and Barney Hill to be prima facie, what it is like. It is an abduction scenario. Horrible things happen to them. Evidence of horrible things is there. I just, I don't think it, it goes down the conspiratorial rabbit hole of it being a government program, you know. So I thought that needed to be said out loud, because, unfortunately, communities get very carried away very rapidly. And yes, this contained in Muddy Waters very, very rapidly, coming from a mouth with the stature of Dr Steven Greer, yes.

And thank you so much for giving me a voice. On your show today, absolutely clarify truth versus what I believe is false information regarding my aunt and uncle's case. And the scientific evidence, the scientific evidence, that physical evidence is extraordinarily important

and and all of that, folks right here is the book captured the Betty and Barney Hill UFO experience. It's absolutely amazing. If you want the actual research pictures documents, it's all right here. She has done the work. The work is there. There are huge case files about it. So thank you again, Kathleen, for coming on always and sharing your wealth of information, sharing your many, many years of research on these topics, as well as your very personal stories of your aunt and uncle. So candidly, I appreciate it.

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Thank you. It was my great pleasure.

Absolutely hold the line real quick while we close things out, while you are online, checking out all of the amazing work of Kathleen Martin at Kathleen martin.com everybody make sure to stop on by curious realm. Curious realm.com is where you can like, follow, subscribe, share. It's where you can comment and find all of the video channels, all of the YouTube channels of our guests right there at curious realm.com forward slash VIDEOS. We also have all of the books available at curious realm.com forward slash store. If you are a Roku user, do not forget our all new Roku channel has all of the curious realm episodes, as well as tons of binaural beat therapy music made by yours truly. Thank you so much everybody for tuning into this part of the episode. We come back from our commercial break. We will be joined by the head of Southern California, MUFON he is also one of the heads of the experience or resource team. Our good friend Earl gray will be coming on to continue the conversation about Dr Greer, about what what these statements mean to the UFO UAP community, what their impact may have, and how we can further make sure that you know we are doing our due diligence, not only as community members, but yeah, as as hosts like Earl and I are, you know, we, we have it incumbent upon us to come at these things from a level headed way, and to come at these things in a fact finding way. So we'll be getting into that with Earl gray right after this. Folks, you

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Well, hello everybody, and thank you so much for hanging on through that commercial break. And also, thank you so much to our sponsors, especially true hemp science. They are your source and our source for amazing CBD products. They are the only CBD that I personally use. I found Christopher Lynch a few years ago and have fallen in love with his products. They have amazing terpene profiles. Stop on by and check them out. Truhimscience.com is the website curious seven is the code that you want to use to save 7% off your entire car to \$50 or more and get two count them, two free edibles as well. On your way out the door. While you're online, make sure to stop on by and check out the website of our amazing friend and guest in this segment, Earl gray Anderson. He is the head of Southern California MUFON we'll be talking about that and specifically. Some claims that were recently made in the community. One of, one of the things that, you know, I find fascinatingly interesting, is the way that these communities of paranormal, parapsychological, UFO, UAP, remote viewing, things like that, really cross borders, talk to each other and and come into each other's worlds, but specifically the way that sometimes these messages are spread through communities, and one of them that was recently spread was was Stephen Greer who, you know, don't get me wrong. Welcome to the show, of course, Earl Gray, don't get me wrong. Earl like I hold Stephen Greer in high regard in many aspects. You know, he, of course, was one of the many people who first held press conferences regarding disclosure, things like that, and has, I would say, Yes, probably helped a few whistleblowers come forward, you know. But there's definitely some strange things in the last few years. I mean, I have, I have had issue with the concept of CE five since it first came out. The idea of, it's a very loose protocol, and a protocol that could very easily be hijacked by other entities that may not intend you well, um, stuff like that. And his recent statement regarding, specifically the case of Betty and Barney Hill, a very seminal case when it comes to not just close encounter contact, but abduction contact, really one of the first recorded cases of abduction that we have on books and saying that that abduction was not an actual abduction by aliens, But was carried out by the US Air Force in guise of aliens to collect DNA for other things.

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Yeah, I think that's a somewhat unfortunate statement on Steven's part, and for me personally, you know, I mean, I'm Kathleen Martin, who is Betty and Barney Hill's niece, and kind of was was given the legacy to to she's kind of the spokesperson now for the Betty and Barney Hill

case has been for a long time, and I can't think of anyone who's more careful in her research, more you know, who watches what she says more carefully than anybody really that I know To be accurate and who really, really trusts scientific principles, you know, you have to remember, she was Stanton Friedman's choice as a co author on his books. And, you know, Stanton Friedman, kind of, you know, held the torch for, you know, scientific investigations of this phenomenon. And Kathleen. She grew up around Betty and Barney Hill. In fact, the you know, Betty lived next door to her during certain points in her life, and she knows this case backwards and forwards. Right after this happened. She, she met with Betty and Barney Hill, and she, she, you know, saw the emotions involved. Saw the, you know, the ontological shock that everybody's left with when they have a contact event like that, whether it's, it's seemingly, you know malevolent or seemingly benign, everybody's left with ontological shock. It can be a speed bump that's hard to get past, and to see somebody sort of take that legacy and with one swipe of the hand, call it something and and to be so firm about that, just kind of a reckless behavior, I think, well

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and specifically, specifically the because, you know, we make reference regularly on the show to the Kleenex box and the catch all box, you know, and and unfortunately, that is what kept real scientists, people like Stanton Friedman, for decades, Earl from wanting to be involved with this because it was just in a catch all box called UFO once we relabeled things phenomena. You. Know, Like directly what science is in charge of investigating. Suddenly, scientists want to be involved because, well, now you're not. Now you're talking about something that interferes with other experiments, things like that, you know, so understanding a phenomenon is quite literally the job of science. Investigating a flying saucer is not, you know, so once you remove it from that Kleenex box. But the problem is, we've taken an abduction case of, once again, a very seminal abduction case, one of the one of the first ones on record, and put it in a big old Kleenex box Earl called conspiracy theory,

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which is, I was very, very upset. It takes a lot to upset and disturb me too, because there's all manner of stuff that people say out there, you know, well, all you have to do is go over to, you know, the website that used to be called Twitter, and just go to the to the UFO section, and you can see, you know, everybody has their opinion and and wants to be right. And obviously everybody can't be correct. Dogma is a problem, no, and you decide that the phenomenon is one thing and that it's all this, yes, and there's no, no variation to speak of. People you know, bump into some walls, or they kind of create their own boxes in that way. Yeah, yeah. I think that Stephen, he wants everything about the phenomenon to be sort of rainbows and sweetness and benevolent beings that are above, you know, taking people or, you know, taking their DNA, oftentimes without it's not like people are asked Yeah, beforehand,

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yeah. Calm down. Calm down isn't necessarily consent.

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And you know, I probably align closest to John Mack as far as phenomenology goes. You know, you have your hardliners like bud Hopkins, who's felt like it was, it was all kind of an invasion. And being, you know, it was the invaders, right? And, and then you have the other extreme, which is more like, you know, William, sprinkle, like, or, yeah, sprinkle, you know, who, was kind of, it's all benevolent, and they're here simply to help us. And I like more where Mac was coming from. For him, it's, you know, he kind of lets go of the reins of things and allows, allowed the phenomenon to be the phenomenon. And you, know, I think that wherever you have freedom of will in the universe, and I think that we're dealing with other intelligent creatures, yeah, not demons, not angels, they're they're like us, but but more technologically advanced, far more

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technologically advanced, well, and when you get into DNA, and I've said this On the show numerous times, and said it on other shows. I really, really favor a lot the work of Michael P masters, who was at the symposium last year, you know, actual physical anthropologist, you know, and projecting out the timeline of humanity as to what we get, what we have come to, from cromanyn and a larger capacity head, you know, smaller cranial size, things like that, and what we've evolved to. And if you extrapolate that out, it does begin to look very gray. And when you start looking at the warnings that we're given of, get rid of nuclear arms, start caring about each other. When you look at the very active interest in our DNA, it would make a whole lot more sense that it is us coming from the future trying to unravel what we have done than

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us from the future. Hypothesis is a valid hypothesis. I don't have a catch all guy. I think that it's all manner of things. I think that it's interdimensional, interstellar and possibly us from the future, and maybe something we haven't even thought or regarded yet well.

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And here's here's just to go back to hypothesis, because Sure, Dr Steven Greer can hypothesize that, and that has been a hypothesis that many people have put out there, that is also a active story that many people have put out there, the fact that there is a rogue, renegade group of paramilitary. Terry that for decades, have been abducting people under the guise of alien abduction, using drugs. What have you to give people this impressed experience, to torture, to do all kinds of other things. Now, would that program have been taking place. Correct me, if I'm wrong, was in 1953

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Betty and Barney is 6161 Yeah, you know, I don't know that we were doing that sort of thing. Yeah. I've heard certain accounts that I think that there may be a rogue element out there capable of doing this stuff. But I don't think that the Betty and Barney Hill case really aligns with that.

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I don't. I don't think we were at a point in 1961 to have that kind of situation happening. No, I don't even know Now, granted, there was definitely some intimidation factors going on with families of you know, Roswell witnesses things like that. Most definitely, as far as military, hush up military saying, You better not say anything OSS, that kind of stuff. But was there an active program in 1961 to abduct people under the guise of and number one, you would have to have the guise of alien abduction. For this to work. You would have to have the phenomenon of alien abduction already in the books and already in the psyche and in the trope of society, for this to work in that way. Earl and I agree, and even when I told you, before you came back from from your break, that I rabbit holed into some research. And here it is, right here from nature.com, regarding Watson, Crick, things like that. Yes, of course they did lean on some other scientists who discovered, you know, the idea of nuclear nucleon in 1869 things like that, which, which was a substance found inside of white blood cells that led later to The the naming of deoxyribonucleic acid, things like that. But even then, the work of the three dimensional helix and what we know as as genetics, what until 1953 so within a decade, we've got an active program to kidnap people and take their DNA.

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Um, that's the thing. So I know that my mom that's a rush on any government program was probably an extraterrestrial event. I'm not going to go and tell my mom's story yet again on your show. But you know, my mom did work with officialdom. She worked with Howard Hughes, and she worked in an underground facility back in the 1950s during the Cold War. And she was having a conversation with my aunt. My cousins had come over. This was about 1967 probably. I was around Oh, nine years old, I think, and my cousins were visiting, and my aunt knew about my mom's old position, working with Howard Hughes, and that she had knowledge of the UFO phenomenon. I think my aunt was one of the few people that that my mom had broken her her NDAs with me being the other one, but my aunt came over with the current issue of Look magazine, and it had the Betty and Barney Hill story in it. It was kind of the first major national magazine that carried that story, and she was having a quite lively conversation with my mother in the kitchen. So I went and kind of ran to the screen door secretively, and was listening in. My older cousins were around me, listening in too, and I heard the argument that my mom was having with her sister. My aunt was saying, this sounds like bad science fiction. I don't think it's true. And my mom told her, from what I know, I believe that this actually, probably actually did really happen, just from what I know about this stuff. And my aunt was getting kind of, you know, she, she, she said, Well, it says that they stuck a needle in her navel. And I had, I had to elbow my older cousin is like, what's a navel? Brad, what's a naval belly button? To hear the whole thing. But I this was the first time I can remember where I conceived of. A extraterrestrial life, possibly doing something that's a little bit more on the scary level, you know, I up to then, you know, my concept of them was the space people. And, you know, I think that I just had this benevolent idea internally. And I still kind of do, you know I still do like most of them are probably, it's like us, you know, you we have our miscreants, but it's not all of humanity Exactly, exactly, but, but that was my mom's belief about that, and if anybody would have known, it was my mother, because she was very early on dealing with this phenomenon, and she told me about that 1963 when I was a little five year old. So I've known that all my life. I grew up having that little kernel of knowledge. And it's interesting how the Betty and Barney



Hill case kind of expanded my idea of what was out there at such an early age, and then later on in my life, you know, I find myself a mentee of the niece of Betty and Barney Hill. It's seems to be the way synchronicity works for me. Well, it's my life.

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And you know, the really, the evidence Earl um, the evidence of the Betty and Barney Hill case, even, even the the transcripts of the hypnotic regression that were done over and over again. Um, I don't, I don't know that. I don't know that all of that could have been implanted in that way, not to say that in 1966 that we weren't full swing and MK Ultra that, that we weren't full swing in a lot of programs like that, because we definitely Were. You know, church hearings, church committee hearings, all that kind of stuff. Came out with that. But um, was it being used in that way? Because once again, you'd have to have the phenomenon and of of abduction,

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and I don't think that we had the means to create a craft like the the hills described, and you remember Betty was shown something like a, like a holographic iPad that was, you know, there's this, this book that she wanted to take with her, yeah, and just the technologies that were, that were described. We didn't have those back then. And I don't think that we even had them in sort of an early form, that's all outside of the range of human capabilities for that time. And there were other witnesses that saw the craft, you know, there were other people that had seen it, and it's just a very, very well founded UFO case. I can't think of a more water there's,

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there's case. The evidence on the clothing, there is the evidence of the star map that was given to Betty Hill, sure that that utterly showed it. And I don't think they'd be I don't, I don't know that you could fake that, because you'd have to know it, you'd have to know it to fake it. Yeah, and are you? I don't think you're gonna lose your accolade just to fake something.

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I think here's the problem. I think that Stephen Greer and I have respect for a lot of the of what he's done as well. He, early on, was going to Congress and disclosure going he was one of the earliest proponents for that, and I still have respect for him for even attempting that, back when he was doing this. But I think that his idea of the phenomenon, it's all you know, this benevolence. And you can't say that about humanity. You can't that's really the only other, the only intelligent group of beings that we have to go by. I guess you could bring dolphins and whales and sure, octopi in there, maybe at some level. But just, you know, looking at ourselves, it's not all one thing. It's not, you know, wherever you have freedom of choice, you're going to have people that rebel against that within the same race. Or there's no such thing in my mind as an evil race. You know, people like to talk about evil reptilians, evil grays, evil this, and evil that. And you'd have to turn it back on ourselves. Well, what does that make us as far as the abduction phenomenon goes, Okay, if we're studying a pride of lions somewhere, how do we do that? We go in with a helicopter and a tranquilizer gun. We tranquilize one of the lions. We.

get DNA from them and blood samples. Well, we will put a tracking device on them, yeah, and then we leave and let them wake up, revive in their natural habitat, without us to be found. And that sounds

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pretty familiar, like

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now we're not evil doing that, you know, we're trying to understand this, this different, you know, this different creature from ourselves, and that's the proper way to do it. Well, you know, so that



that brings up a lot of points. Earl, because I recently got into a discussion in a group online

about the, you know they were talking about these, these evil Sasquatch who took people that was like, well, like evil by our standard. Do we know the social morals and mores of Sasquatch culture? Because you're, you're now judging something else by humanizing it and anthropomorphizing it and judging it by our rules. And you can't do that like you can't judge the Grays by our standard dogma

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is the end of all creative thought and the end of all learning. Once you decided what something is and you put a tag on it and it's only this way, and it never varies from this. And I am correct. Everybody else is wrong that that's kind of all she wrote. You might as well pack it up and take down your shingle and close up shop. There's science has stopped, yes, and I think that that's the problem here is, is that, you know that Stephen Greer wants the phenomena to be all this one thing, yeah, and it would maybe be nice if it was, but that's just not reality. It's not what we see. We see all manner of of contact situations. Some are some are seemingly malign. Some are very, very benevolent in nature. But you know, it seems to run the gamut, and anybody that's really honest about it. Now, for instance, I when I did an interview for a show that was a Stephen Greer production. Serena, DC is a dear friend of mine, and she does do work with, with, with Dr Greer, and I was happy to sit down and tell talk about what happened to myself personally, because I had a visitation where they took DNA. It was, they were all business. They they weren't giving me calling messages. It was, it was scary as hell. I mean, it scares me to death to tell you the truth, because I had presuppositions about our visitors. You know, I back nine years ago, I thought that it was probably all valiant Thor and these, these, you know, human like visitors that maybe would take me for a ride around the galaxy and get me home in time for dinner. And it wasn't that way, and it confused me, because I had presuppositions about it. I'd read certain people's books, and it kind of tilted me in a certain way. And Kathleen Martin was very, very helpful after I had gone through that. She took me seriously, she listened without judgment, and she gave me other cases that were similar to my own. And I found out that I wasn't alone in my experience, that it wasn't necessarily evil, it was just business, like the way they treated me. And then I started noticing certain gifts that seemed to have been activated in my life by the experience synchronicities we were talking about that earlier. It's i It's like magic synchronicity. Carl Jung, he coined the term, and it really means a meaningful coincidence, and synchronicities just seem to follow me. You could ask my wife, it's, it's, she's, you know, she'll, she'll, she'll, still get amazed by by the way that works for me. But we notice these gifts that people are left with that doesn't seem like something that some evil, uh, culture would would impart to us heightened levels of empathy, concern about nuclear war and the environmental issues.

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These are things that you do not have to be an alien race to have a heart and consider Earl you know, like it should not take intervention from an alien society. For for you to be concerned about nuclear weapons

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to be the flashpoint for some people, you know, I talk with people from all backgrounds and all religious and political stripes, and if you're an experiencer, generally, you've gotten that. Message you're left with that Gist, and it's very strange, because we'll disagree on everything else politically. But then there's this very,

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this militude, well, well, and once again, you know the idea of personification, the idea of anthropomorphizing, you know, it's something that I consciously try not to do, because it's what my abnormal psychology professor told me to do. Was to not do it. He was the one that when I was out observing gorillas, was like, no, no. Chris just put the time and the date and that he picked up a stick, and what time he put down the stick. You don't, you don't have to get into why he picked up the stick. You'll never know he's a gorilla. You'll never know why he pay if you, if you assume why he picked up a stick. Now you've lost the research part, and you've gone into assumptions about what a gorilla wants to do with a stick, you know, and, and you got a problem there. So, yeah, you know, you do have to kind of dispassionately look at things. You do have to kind of dispassionately look at research while, while reading things, you have to kind of disconnect from the fact that that these other quandaries, that these other things are there, and look at something as a whole in and of itself, to an extent.

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Well, I think that when I gave, when I talked about my account, and was interviewed on camera that at first, Serena was was a little disturbed, because it wasn't as positive as as the stuff that they were kind of looking for. But then I talked about the gifts at the end, and I talked about how it seemed almost ritualistic, the way that this happened, that I needed to be woken up. And I mentioned how, in Buddhist tradition, how an acolyte will, you know, will be asked to go onto his knees, and the Shaolin monk will hit him between the shoulder blades with a blunt end of a sword. It's like this little execution, and it's scary. It hurts at first. And anyone that just walked in on this would think that they had walked into an execution, yeah? But it's actually a parting with waves, with the material life that the acolyte had become accustomed to, and the opening up of a new adventure, yeah. And to me, that's kind of how my experience was, and that's how I see it now, but it confused me at first. I don't think that it was evil, but, you know, I hear accounts that that, you know, don't sound very good, you know, I think that there are renegade ETS out there, just like, you know, if you leave your car unlocked, you know, in a bad neighborhood, it's going to get broken into. Yeah, if you invite all every intelligence in the in the universe to come visit you, you're probably not going to be happy with all the results. That's just looking at humanity and how we are, you know, we've got our Gandhi's, we've got our Hitler's, we've got, most people fall in the middle somewhere. Hopefully, you know, have have better intentions than extremes that I mentioning, yeah, and that's kind of what we have to go by. And it would surprise me if other intelligences were different than that, unless they were robotic or like an ant colony, you know, taking care of one queen and everything else that goes by the wayside that might be out there. But it doesn't seem like the visitors that that experiencers encounter here on our planet. Usually it kind of, you know, some people have very scary stories, yeah, but I think that when we did, we did a blind study with with a free organization. Renario Hernandez was, was heading it up at that time, and this was a joint blind study that was done by MUFA, you know, by the MUFON ERT and by the free group that was started by Edgar Mitchell. And we found that 80% of abductees, whether they had a seemingly malign or seemingly benevolent experience, said that they were glad that the experience had happened, that if they could go back in time and make it not happen, that they wouldn't do that, because it usually opens people up more spiritually. And they they find they have these weird gifts, if you can, you know, get past that speed bump of ontological shock. Yeah, and some. People never do. I mean, some people, for the rest of their lives, they're fearful. They're afraid of aliens. They're scared that this is going to happen again to them, and it's this great fear factor that they can't get past, and that's where you find some of the dogmatic, evil alien memes coming from. But I think that when you grow past that ontological shock, and I think that it's, it's nothing more than the Buddhist Shaolin monks, the blunt edge, edge of the sword. People aren't killed in the process. It's, it's all he's catch and release. All of these experiences. Almost the almost, it becomes good that way, yeah, but it doesn't mean that it starts out with with just, you know, sweet entities. You know, everybody doesn't have an experience with, like the Tall Whites, for instance, or the Nordics, which look like us, and usually is this beautiful, spiritual thing. You know, I know one guy that met them in this remote location where he was, you know, a photographer for nature magazines, climbing up on this pinnacle that he couldn't get down off because 200 feet up in the air, wow, he saw a craft approaching. He thought it was a meteor at first, that he was going to be killed. And he covers his face. He lie lands flat on his butt, and then he's still alive. A few minutes, a few seconds later, he opens his eyes in these three entities Star Trek Next to him, and he said it was the most beautiful experience he had ever had, that, you know, it seemed like there was one that was an adolescent, and there was an older woman et that was explaining to him telepathically that the photographer had been her charge and that she'd been watching over him all of his life. Oh, wow. And he, when they left, finally, he felt, he felt just complete depression, because he wanted them to come back, and he missed them, and he he became obsessed with going back to that site, the hoping that they would return. Now that, you know, I think that probably Stephen Greer would love that story. As far as I know, my story hasn't been put out on that TV show yet, and maybe it's just maybe it wasn't good enough that I talked about the gifts well, because you have many people that are usually it's like my story, where people are afraid, they're afraid they're going to get harmed. They'll get the message that we're not going to hurt you. It's going to be okay. Yeah, it's always catch and release. And if you get past that, then it could become this beautiful thing