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Coming from the city of the we're exploring topics from the esoteric and unexplored, two dimensions are known. Shining a light of truth on the darkest corners of our reality. Welcome to the curious realm



00:45

Well, hello everybody, our guest in this segment in this episode is Lau Blackburn. He is the author of Texas Bigfoot and a whole slew of other books man. He is probably hands down the go to expert when it comes to Phalke, monster, the stories of Phalke monster, things like that, and we're talking with him tonight about the long history of cryptids in Texas. Welcome back to the show. Lyle Blackburn. How are you doing my friend?



01:19

I'm alright. Thanks for having me back.



01:21

Absolutely, man, always great to sit and chat with you. I got a chance to sit and have dinner with you actually, not too long ago, right after the Lone Star Paragon. And it's always great to see you out there speaking all kinds of things, your wealth of knowledge, with these stories is vast. And you are an incredible storyteller you are as someone who sits in the back of rooms and watches presenters regularly. Like for my living, Lyle, you You are one that holds the audience in the palm of your hand when you speak. You you take them on a voyage and on a journey and it's one of those you, you may have bought the whole seat, but you only need the edge. It's always great to see you talk and to see you talk with people afterward about these things. What was it that first brought you into the world of studying cryptozoology and cryptids? How did you how did you first get that bug under your skin so to speak?



02:26

Well, it was actually a book, which seems appropriate. I was a big fan of movie monsters and, you know, monster movies and stuff as far back as I can remember. And when I was in third grade, they used to pass around a thing and you could order books from Scholastic reader, and they have one called Strange but true. And I ordered that and the stories in there kind of range from just weird stuff. inexplicable old stories, but it also had stories of Bigfoot, Yeti and Loch Ness Monster. And that was the first time I heard of Bigfoot. And you know, that I can recall. And now I'm reading about these sort of, quote, unquote, monsters that you could possibly see in real life. And that was like, Whoa, this is great. I grew up. I was born in Fort Worth, Texas, been a Texan all my life I grew up hunting with my father. So we were often in wooded environments, you know, which was conducive to stories of Bigfoot. So that's really where I, you know, what sparked the interest. And then, somewhere after that, I saw a movie called The Legend of Boggy Creek and a drive in and that dramatized sightings of a Bigfoot like creature in southwest Arkansas, about three hours from where I lived. So once I saw that I realized, wait, you know, these these things aren't just in like Scotland or the Himalayas or even in the Pacific Northwest, we got creatures that could potentially be closer. So once I saw that, and that has been something that has changed my entire life in a way after having written the books and everything, but you know that that was an early age and ever since then, I've just loved the subjects. Well,



04:22

it is fascinating. I love the way that it was scholastic readers that brought you into this I also had that exact same book and my first book from them was about crystals. I still have the crystal that came with it. It's awesome to see that not only was that something that because they you know back back in the day there were there were a lot of books like I still have my scary stories to tell in the dark and that became one that was banned not only from Scholastic book fairs but from schools in General. And there were quite a few that hit the list from that stuff. So to know that your parents weren't like, oh, no, no, you know, don't read that. That's too much for you little kid. But encouraged that and saw that, that that's awesome. That is fantastic to know. And the fact that it has led you down this entire path of life is truly a testament to the fact of Encourage your children. You know, it's it's awesome. That is That is great. Now, when it comes to legends of Texas, and especially Bigfoot, things like that we we have a panoply of critters and cryptids crawling around this state. What what are some of the reports that you get coming in regularly? Lyle?



05:52

Well, you know, I think, you know, when people think about Texas, Bigfoot is not what they're gonna think of first, obviously, you know, oil tycoons and Dallas Cowboys and other things we're known for, but believe it or not, there is a very long and intriguing and credible history of Bigfoot encounters in Texas. Now, you know, the the span from sort of older stories from the 1800s, some new, you know, wild stories in newspapers back then all the way going forward, especially in the mid 1900s. When things were recorded more newspapers were covering these topics. So what I get today often are just reports mostly from the eastern third of the state, which is known as the piney woods. And that's, you know, that's that's where you go there you can see we Yes, this looks like a Bigfoot environment. Whereas most people think of Texas is sort of this open ranch cowboy landscape. Yeah, surely is in the central portion and even gets into arid desert, like, you know, in El Paso, but the reports I get are a creature that, you know,

is ubiquitous to Bigfoot descriptions, you know, something that stands, you know, between six and eight feet tall is covered in hair at walks upright on two legs. It has a foot impression with five toes, it looks something between an ape like creature and something more like a hominid that, that has, you know, aspects of, of our own humanity. And just a mix of those things, as we do with many Bigfoot reports. And these are from a range of people. These are just, you know, wild hillbillies, or, yeah, this can be doctors and lawyers and, and especially people who live in rural environments, ranchers and people who own property. near the woods, obviously, that's where the encounters are. So those are the kinds of things coming in and even, you know, I can think of two or three where there were multiple witnesses who saw, you know, however briefly or whatever the creature that we would call Bigfoot. Wow.

 08:20

Wow. And you know, it. It is interesting because Texas as opposed to a lot of states does have a ranging topology we have we have just about every form of landmass known demand except for like frozen tundra, and rainforest. You know, like, we have Big Thicket, over in the east, we have hill country, we have plains, we have prairies, we have we have desert, high desert, all kinds of things. So it's interesting to see that these sightings range across all of those.

 09:05

Right, and that's the thing I mean, while the majority of them are, are in the, you know, eastern portion, Piney Woods, some of the swampy regions of course, we're we border with Louisiana, the, you know, the bayou state, so it does get swampy out there in the east, those kinds of environments are where most of it is, but you do have a good history especially like in the 1960s and 70s. In the central portion, like from Yeah, from from like, west of Fort Worth down through San Antonio. And, you know, populations have grown since then. So in some of those areas, you will look at them now and say, Well, how could a Bigfoot be around here there's, you know, there's a Walmart or whatever, but back in those days, you know this there was nothing so you would get these reports From the central portions, and even there's been some really intriguing ones even up from up in the Panhandle near Amarillo, which is very wide open. I mean, there's a lot of place to, quote unquote, hide if you're a large creature. But there's still credible accounts there. And there's even some around El Paso, which is obviously a totally different environment than East Texas. So yeah, you do get the reports across these ranges with some of those that are in the most unlikely terrain for Bigfoot, where you just scratch your head, but you say, Wow, this is this is really incredible.

 10:42

Yeah, yeah. And, you know, especially when you're talking Big Thicket area, things like that. Over Over in East Texas. There have been sightings there for a long, long time. And even going into Louisiana going into I mean, right up in the Four Corners region is where Phalke, Arkansas, you know, so when, what what do you make of the recent reports of black bear activity in that area spiking reports of black bears returning to the area, things like that? Could that be something that is possibly influencing recent sightings? Or have there have been an uptick of sightings recently in the area like there have been with black bears?



11:38

It's hard to say if there's been an uptick or a trend because people report sightings to all different places, you know, different if they know me personally, or if they direct their friend or, you know, reported to something like the North American wooded Conservancy. So it's hard to track or track it a lot. Because there's no central place where they're reported. But, you know, black bears, and that's the thing people say, well, Bigfoot can exist around here, whatever. But if black bears can, then surely Bigfoot Can I mean, it's a comparable requirements that those, you know, creatures would need to survive. So if we do have that black bear sightings, and certainly there has been more, because we've been conscious a bit about the habitat and to reinvigorate the species. Yeah. I did get a photo from Foulke. And it's been it might have been a couple of years, but somebody's got a photo of a pretty large black bear up there in Fouke, Arkansas. And of course, they wasn't sent to me saying it was a Bigfoot. It was just simply Hey, there's a bear. Yeah. And I thought, there you go. I mean, there's bears up there. And occasionally they're seen. And yeah, like you mentioned that sort of four corners or, or the where the states come together like Louisiana and and Arkansas and Texas called the ArkLaTex. That that is just pretty much kind of one big area where there's a lot of Piney Woods. So you know, just because the creatures scene near foul Can we call it the fog monster or Boggy Creek monster. And then, you know, Texas Bigfoot, we call it something else, the Sabine thing or whatever, it could very well be the same type of creatures and just have a different vernacular, regional name is what we call it. But but as you can see, like, it's just a lot of forestry out there. And those things can roam around just like bears, you know, you may, they could probably tag a bear and track it wandering around from Louisiana to Texas. And it would be presumably the same for Bigfoot. Well, and



14:02

I would assume that, you know, and that that would be a fair to safe assumption, you know, for any wildlife biologist to consider whatever you're thinking of a large bipedal primate, you know, an animal approximately the size of a bear would need the same amount of water, the same amount of grazing the same amount of protein. Things like that. So, yeah, absolutely. The the fact that it makes for good bear habitat makes perfect sense that it would make for good habitat for said cryptid you know, and that is, that is one of the things that I think people are all too reticent to think about sometimes while whenever they go out and we we tend to be very charged and excited. Whenever we go out to investigate things whenever we Go out to set up trail cams, look at evidence, things like that. And I always took it, the kind of like, kind of like watching football footage, or looking at footage of my band, you know, it was like, I never looked at that the same night, I'd rip myself apart. If I was, like, you give yourself two or three days to come to come at it with fresh ears, you know, and kinda kind of the same way, I see quite a few people who are out in the field and who do field work looking at things either out in the field, or as soon as they get back instead of giving it time to come back and look at things with a fresh pair of eyes to kind of let the experience settle and go away a little bit. You know? And yeah, I think that if we step back and look at things, of course, much like any phenomena, there are numerous things that can explain the phenomena, otherwise. Everything would be the phenomena, it wouldn't be a phenomenon anymore. You know, now, with with other cryptids in the state, especially things like we have our own Boggy Creek, right here outside of Austin. Just just on the east side, where sightings of dog man, things like that have happened. What do you what do you make of the the dog man story? And and the, the sightings of that creature that have happened here in the Lone Star State?



16:38

Well, I mean, it's intriguing. Anything that would resemble a werewolf is obviously on the edge of even more scary, yeah, apps and a Bigfoot. And I've noticed in the last five years or so there's been a real increase of dog man sightings, proliferation of those kinds of stories. And perhaps that's people coming forward who had these sightings Sure, previously, and didn't know what to do with them or they weren't acceptable. But I do get a lot more and and there are quite a number of these dog man sightings in Texas, even going back to really old stories like The so called Converse werewolf, which is a bit of a word of mouth story that's been passed along since the late 1800s. But that was a story about a rancher who sent His son out to hunt down in Cabo near Converse, which is close to San Antonio. And he was killed by this bipedal wolf looking thing, this huge animal and going forward, you know, I've interviewed people personally, who have had encounters with with things that, for lack of a better term resemble a werewolf. And of course, if we look at Louisiana, there is a long history of a creature called the roux guru, which is basically a werewolf like creature, this sort of sort of a boogeyman type thing somewhere between folklore and cryptid but you know, the the interesting thing about these you know, proliferation of reports is you can start comparing and contrasting these Yeah, recently there was one at Lake Texoma where three guys saw a huge sort of wolf like thing with black hair that they said they could hear its bones even cracking as it stood up and it were out there cat doing cat fishing and and this thing came out I mean, even came into the water and they jetted off in the boat. And that report came from a couple of different sources and I didn't interview the guy personally but two guys that I know so there's always something and that's really recent. Wow, as far as these dog man encounters



19:15

you know, what is what is really I'm I'm Cajun by upbringing, you know, half Cajun and rule gurus they're they're all kinds of interesting stories, Suave tales, folklore but there there is something about the DFW area. I don't know what it is. But that I mean just about every cryptid that is in Texas is right there in that area. You know, even moving on to to the the accounts of Goat Man. Yeah, right there. right they're up around up around Lake Worth. What do what is what is Goat Man all about for the audience out there who is not aware of Goat Man?



20:10

Well, goat Goat Man, that's one that definitely straddles the line between or urban tails, rural tails if he will, urban legend, and cryptid. And there was a case that was in the summer of 1969 of near Lake Worth, which is outside of Fort Worth, Texas, and people that summer saw what they described as some thing that stood up on two legs. It was covered in white hair, and it looked something like kind of like a Bigfoot, but some said it had horns or scaly skin or something, and it falls into that Goat Man category. And that's near that what you got displayed there. The old Oulton bridge is not far from Lake Worth, where there's another sort of a goat Mane Tail, but you always have bridges and you have a Goat Man associated with it. But in the case of Lake Worth, people saw this in one instance up to 30 to 40. Witnesses saw this thing come up on a ridge and throw a tire. And all this was covered in the Fort Worth Star Telegram back in the day, but I've interviewed people who were present at that time and they describe the creature in various ways some like a Bigfoot. This came to the attention of the police the

first incident with some couples that were parked down near Lake Worth one evening kind of a Lovers Lane type thing. And this thing came out of the woods and there was a woman sitting in a convertible and it tried to pull her out of the car and her husband saw it and came up and actually kind of tussled with this thing or fought with it. He described it as a Goat Man for lack of a better term and that's so that's kind of what has stuck and you have other famous Goat Man like the Maryland Goat Man, other cryptids that are the sort of you know, Goat Man things but a lot of it is just bridges with tales of ubiquitous tales of Goat Man that people don't necessarily report like a cryptid now there's no ongoing reports it's just a tale that that involved weird stuff and go in and the Pope Lick monster in Kentucky is another one where there's a long bridge there. And there's Tales of a goat man. So I don't know what the connection is. There's there's bridges and there's Goat Man but that is a definite theme.



22:56

No, no, I mean most definitely. When you're when you're talking paranormal things like that. Bridgette bridges play a lot into that. And I guess a lot of that probably traces back to the whole idea of you know, a ghost can't cross running water. You know, things like that. Even even back to you know, Washington Irving, and and Sleepy Hollow. The idea of once you got to the bridge you were okay. You were safe. You know it stopped even outside of Monroe, Louisiana. Where where my family's from there is there is a bridge where supposedly a sold headless soldier on a horse. I remember going out we got stuck in the mud one night going out and searching for that thing. Yeah, the crazy things you do out in Monroe Louisiana to in the morning. You know, but it is interesting to see how many of these paranormal things revolve around bridges and occur around bridges even even when you're talking moth man stuff like that. There's there's quite a bit of paranormal and paranormal stories based around bridges. But



24:16

yeah, you know, I think you can you can draw a line between some of the old folklore tales and and modern day cryptid sightings and coincidental or however you want to justify it. Yeah, you do have that proliferation of these kind of spooky things going on with bridges. It's just that theme and you know, you could you know, I could probably write a book on you know, fairy tales from bridges or something because there's that many you could



24:50

probably write a book lie Oh, quite literally on the tropes that carry forth from you know, Generation to Generation called Truly despite borders, you know, and like the whole idea of dog man and especially quite a few of the sightings revolving around Germanic neighborhoods, Germanic areas, places settled by German settlers, things like that. Even even Rooby Roo make makes a whole lot of sense to me as a Cajun because the the Cajun language is unchanged fifth century court French, you know, so the idea that their stories came over with them the same way that their language did, you know, and came down with them. And that they maintained that the same way that they maintained a language unchanged since the 15th century. That That makes a lot of sense to me. Now, when you get into Bigfoot, that's a little bit different. Because sure, there are stories of, you know, wild men of the woods, things like that. In Germany all over all over Britain. Those stories go into the Native American cultures here as

well. Nuts, so much, not so much dog, man. They have stories of Skinwalker you know, things like that. But that is that is I believe, different than dog man that is different than your, your average Lycanthrope. So to speak.

 26:32

Yeah, you're right. And I think there's like, what, what you may describe a creature as or, you know, a lot of these sightings, if it's a sighting, it could be very brief, you're going to be drawing a perhaps a bias from your perspective, your cultural perspective. So whether you see a big, white hairy thing in the woods, and you call it a Goat Man, or you say, well is a Bigfoot with white hair, some of that is going to come from your own culture and what you've been raised and how your mind wants to classify that. And that doesn't mean you're not seeing yet some physical thing running through there. It's just how do you how do you classify and describe it? And, you know, I think you're right with Rooby Roo, you know, the French came here and they had tales of the loot new guru. Yeah. Which was, you know, Lycanthrope like, man, Wolf, which the Cajuns, you know, it just turns into the roo guru, you could trace that sort of origin. And so, you know, they could be seeing a skunk ape in the swamp, and it looks kind of a fish. But if their grandmothers told him 100 times, watch out for the rue grew in the woods, they see a big ol hairy thing. Yeah, so I'll regroup. Yeah. So it didn't mean they didn't see some unknown creature. It's just how they frame it. And that's an interesting, like, you say, you can just, you could just look at it from all these ways, or write books on tropes or themes like bridges or railroads or trace dog man through French stories all the way. Yeah, modern day sightings. Absolutely. Any number of things.

 28:28

Well, and even the idea of, you know, Chupacabra, here in Texas prime example. Most people are familiar with the you know, the, the late 80s 90s creature that came and the reports that came out of where was that my go to Rico? Yeah. Thank you. And you know, much more alien like large creature spines coming out of its back red eyes, fangs. And we also have a tube macabre. Here in Texas, the Texas blue duck that is out and sightings regularly there were there was just a run of sightings that just recently happened. And if I'm not mistaken, once again, up around the DFW area. But uh, yeah, that even even that is different here. Then sightings elsewhere.

 29:38

Yeah, that's one that sort of got confusing because the name Chupacabra originates from those in Sudan starting in around 1995 in Puerto Rico, where livestock was turning up dead in mass numbers, and it appeared that their blood had been drained. So the name translates in Spanish to goat sucker. And that's because a lot of these livestock were goats and people who claimed to have seen some strange creature around that time and Puerto Rico described it like you said it was more like people's bipedal stood maybe three or four feet tall at spikes down its back large alien looking eyes, something quite different than what happened in the early 2000s. When there were sighting reports in the American Southwest, Texas included have this sort of quad repeat old dog like thing that was hairless and looked weird and had pointy teeth and and all that as people. People tend tend to think of that when they think of a tube of copper. And

the media just called it a chupacabra for whatever reason, even though that's different than what was originally described. And it even gets more complicated because if you go back in the 1970s, in Puerto Rico, there was a creature called the Mocha vampire, which is pretty much that the same thing it was killing livestock. But But, but for our purposes here in Texas, there is some sort of a canid animal that is not typical of known canids, and people explain this away and certainly this is in some cases where the coyote contract sarcoptic mange which makes it lose its hair and it becomes scaly and creepy looking. And that explains some of these but some of the specimens and there are specimens you can see Phyllis Canyon holding one right there in that photo have been tested and some have been come back as domestic dogs some is coyote but some have come back having traces of like Mexican wolf or red wolf and it seems to be kind of a hybrid.



32:07

Yeah, yeah. And lyrically Mexican holo, the the, the hairless dog like what is what is featured in in oh my god, it just left my head the Disney movie. But yeah, and there, there are breeds of dogs like that in Mexico that are right up against the border, stuff like that. I've got actually a bone from one of King Earhart's. Chupacabra investigations, not a chupacabra bone, actually adult bone. But that was one of them that, you know, came right after Phyllis his case where somebody had a had a body and they had buried it. And, you know, he was called out to investigate. And it is interesting and I think I think the case was Phyllis had had chickens popping up dead that had been X sanguine. ated and that I think that is how the troop macabre got gotten tied specifically to that critter that she is holding. And how those two names because they were not the stories weren't concurrent but they were pretty close in in year if I'm not mistaken. And yeah, to to know that even that is out there. And I love King Earhart's concept that you know it, it may be a genetic mutation due to, you know, environmental things, specifically petrochemical byproduct, stuff like that, and water supplies. Really, really interesting take on that they could very well explained something that pops up regularly like every, every few months. You'll hear about a sighting of one here in Texas, it's it's pretty wild. If you watch the news and things like that for it, how regularly those sightings occur and are reported.



34:17

Yeah, yeah, they're a lot more frequent. Because, you know, these things tend to be less wiry than a Bigfoot, I guess. You know, they're, they turn up dead, they get shot and one of them got poisoned. Stuff like that. And, you know, that's the thing. It's like, a cryptid doesn't have to be something that's just completely like, you know, the Yeti, the Abominable Snowman or, or a werewolf. If, you know we have a canid here of any sort that's mutating. That's a hybrid, we're not aware of that still. An undocumented species, you know, and so Yeah, that falls into cryptozoology. And it's still interesting, even if it doesn't turn out to be a seven foot monster. If we identify something that was previously unknown in the animal kingdom, boom, that's a cryptid. So, so the jury's still out here on to macabre because there's been like a set of a variety of specimens, and they're not all testing coming out. You know, they're not all just Coyote, or they're not all this. There's some some bizarre stuff in there. So we just need more specimens to continue the testing and to try to determine if if this was just a diseased animal or if it is something that's that's mutating and turning into something completely different? Well,





35:46

it wasn't 100% 100% it is, it is a a data set issue, you know, and gathering more data getting more data from the field now, that is not to encourage people to do like, like the good folks in East Texas just did with the with the one at their house where I think they they ended up using like animal poison or something like that, because the thing had been living under their house. What have you. It's like, I am not. I am not one to say let's I while I while I think that especially when it comes to Bigfoot, things like that. Lyle, I think I think the corpse will be what, what sells it. Sad loetscher I am not a sort of go out and hunt them. You know. And I know that there was a guy years ago, here in the hill country that used to do like Hill Country Bigfoot expeditions that was like, no, no, we are going out. And we're, we're stocking a Bigfoot. Like, we're we're here for business. And I'll take you out and we will we will hunt and stalk a Bigfoot. So yeah, there there's been a number of



37:05

individuals and organizations that have tried to harvest a specimen, and I get it, because if you're ever going to prove it, it's videos and all this stuff is not photos, I mean, look is just really messed it up. But even before that, you can't make anything out of a photo. But so far, no one has been successful, even when they mount a campaign to harvest a creature. So So Bigfoot reigned supreme as far as being able to evade us. Unscrupulous humans, and you're right. I mean, I don't advocate going out to harvest anything. But if the if a dead body, you know, somebody hits one accidentally with a car or whatever, I'm gonna get a body. Well, guess what it is. And I think that's the only way that we're going to get any conclusive answer, because, you know, there's just as much evidence to say that it exists. And just as much skeptical thinking to say, well, this seems impossible, but that doesn't mean, it doesn't we just happen to have that. In this day and age we need in order to scientifically verify that we're gonna need a specimen.



38:20

Yeah, yeah. And granted, you know, the, the idea is to well, keep studying the anomalies, because there are numerous anomalies out there there. There are numerous, you know, numerous points of evidence from dermal ridges on casts that are taken to handprints on on Windows to oil alleles, from hand prints on Windows, all kinds of new forensic techniques being used to examine things. So I think that within the next 510 years, we will probably have, at the very least the the anomalous record of, of genetic material, where it's like, we don't know what this is. We don't know what this



39:12

technology is advancing ie DNA and stuff like that, where we don't even need something present to identify Well, least unknown DNA. We don't have a time specimen, but But yeah, these things are closing in, you know, thermal imaging and stuff and a lot of game cameras and things like that. So if they're out there, you know, they can of course, avoid game cameras. I mean, alpha male coyotes have been proven to actively avoid the cameras based on whatever it's,

 39:44

it's not that hard. I mean, even if you put a dissenter on it, the one thing I tell people all the time is don't forget that thing's being triggered by an infrared light. It's being triggered by an infrared beam. So any animal that can see into the near him Read, you know, like many of those infrared lights like, I don't do I have a remote I do. Let's see if it'll work on my camera right here. Sometimes if you take a remote and pointed at a camera and hit it, the filter on it is just enough that you'll actively see the infrared light turned on, on on the remote control. So no different. If that animal is able to see and navigate at night, that means that it is probably seeing that infrared light the same way it's seeing a flashlight during the during the night. You know? Absolutely.

 40:39

It's you put something like that out in the woods.

 40:43

The light, it would see the light whether you see it or not.

 40:48

Yeah, and they can be avoided, especially if we presume that something like Bigfoot has more intelligent than average wolf Coyote. Yeah, so yeah, those kinds of things, you know, our technology is, is sort of enabling us to solve mysteries, potentially, but, but at the same time, the technology itself is something that is fallible, it's, you know, animals can detect it and other things. So it just doesn't mean that we're going to automatically all of a sudden, get the proof we're looking at it still, it still remains a mystery. And I think, ultimately, that's whether we prove any of these or not, at least for me, I mean, I'm all about the mystery. You know, the the possibility and just the just the fact that people report seeing this stuff in modern times. This isn't some old folklore story, you know, yeah, maybe we can trace back, you know, a werewolf story or whatever the 1800s. But I can talk to a witness who claims they saw it, you know, a month ago and that's what's intriguing this phenomenon of people seeing these things and trying to gather that data and trying to make sense of it. You know, is this really out there and yeah, and what is what is behind it?

 42:09

Well, and that's just it while and that that is why I say when it comes to things especially like the folk monster, stuff like that, like you You are the the resident expert, man like if anybody's doing a talking head show and Phalke monster comes up. They they have they are remiss if they have not contacted you my friend. Because you You are the go to person that if anybody comes into the Phalke Mart, monster Mart anywhere else in town and says, Man, I saw this

thing out on the Bayou, they immediately say you need to get a hold of Lyle Blackburn. Like you, you are the go to source for people in their accounts for things like that, and you take in numerous accounts a year from that location alone, right?



43:00

Yeah, usually all accounts are funneled to me and I've you know, searched them all down from you know, all newspapers and whatever sources and you know, in my Boggy Creek case book, for example, you know, where that that in a narrow, smaller location, I can look at trends and things like that, because I typically Yeah, that right there. I typically get those reports like you say, I become known as the go to guy or whatever on on Boggy Creek. So that is something that I do have a grip and, and have the scope of because you know, even if somebody reports to somebody else, it eventually gets to me and I log it into the, into my database of sightings. So, you know, that's, that's great. And that's where I feel I contribute a lot to the, to the greater body of Bigfoot studies is by meticulously researching and cataloging sightings of the Boggy Creek monster, which so many people know of because of the movie Legend of Boggy Creek I mean, most Bigfoot enthusiast over a certain age every single one of them will say, you know, I've seen the movie or most of them will say that's what got me into it that the Patterson Gimlin film or whatever. So I felt this is something worthy of documenting for I mean, Bigfoot research and Arkansas. itself. I mean, it's a big wherever you go somewhere and you say you're from Foulke or anything to do with Fouke Arkansas the oh the legend Boggy Creek. I mean, this is you know, I've done I've helped Arkansas travel websites and other things like that that have included this Arkansas mysteries. It is something that is worthy of pursuit. preserving these stories and to continue to track these sightings because of the of just how well known it is.



45:08

Well and it's the fact of it is it's it's local fair, man it's it's it's quite literally localized history. And without that without without the stories without those things you lose part of the tradition of an area. You know, even as a Cajun I can tell you that and the beautiful thing is that, you know, you've you've worked in the past with people like Texas Parks and Wildlife, you're actively working with Texas Parks and Wildlife right now. On a project. Yeah. Oh,



45:44

yes. That's That's some good to bring up. Yeah, I've been working with a guy who works for Texas Parks and Wildlife and he's been developing some shows for their their series that airs on public broadcast, PBS, and they gave him the green light to do some to look into some cryptids especially Bigfoot, you know, because it's a popular subject and it does connect with the outdoors. I mean, people go in the outdoors to look for Bigfoot. 100 So it was really cool that that he was allowed to do this. So this is going to air in March on the various PBS channels. I don't have an exact air date because it just kind of O'Hare but it features me quite extensively talking about what we're talking about here. Texas. cryptids. Yeah, Bigfoot legend Boggy Creek. And super cool that because they're, they're just looking at it. From an unbiased point. They're not trying to spin it or make fun of it or anything else. Just like here, the people report this stuff. It's ongoing. We love our outdoors here in Texas. And, you know, you may see all sorts of

amazing plants and animals and oh, by the way, you might also see a Bigfoot. Yeah. Because of all this. So yeah, that's, that's a really cool thing. And if people follow my pages, I'll be able to advance some dates as to when that will air it's gonna be cool. Well,



47:19

you know, it's, it's really neat. Number one, it introduces a whole new, a whole new realm of people to the topic and to the idea, it introduces a whole new generation to the idea, and much like We recently spoke about with Chester Moore. When we had him on, we were we were discussing the idea of wildlife conservation. In cryptozoology, you want to you want to do something for cryptozoology, people get out there and start preserving the wildlife areas that these things live in, go out and preserve their habitat. You know, like that, that is the most important thing you can do is make sure that, you know, the preserves in East Texas, things like that stay preserved that they stay wild that they do not get developed. Because if this and that is that is probably the most future looking and beautiful thing that our mutual friend Craig wall heater has recently done was the Bigfoot conservation that he just did right there in Jefferson, Texas. Not only has he had Jefferson, Texas decreed the Bigfoot Capital of Texas, but there is now a Bigfoot conservation action going on there, where it's like, if we have the sightings here, we need to take care of our wildlife, we need to take care of our wild areas. And we need to conserve their, their localized habitat to make sure that they stay here



48:57

to absolutely and I think, you know, even if we don't do it for the bears, and every other thing that exists, you could probably tell a kid you know, like, well, we got to preserve the outdoors. Because of this one rare plant. They may go where, hey, we Bigfoot lives here. Yeah, this is his home. We should stand up to preserving our wild environments that kids probably like, you know, you're right. Yeah. Where would Bigfoot go? It's like, it's just another tool to advance the appreciation for our wild areas to young people. And I said, I mean, even if, even if you don't care about anything else, if you love Bigfoot, you would surely want to preserve those environments, which are super important. Absolutely.



49:48

Absolutely. Otherwise, otherwise, we will end up Lyle, the same way that Colorado communities do with you know, cougars encroaching on neighborhoods. With the with, with bears walking in the backyard, you're like, can you imagine coming out one night to put your trash out and Bigfoots Rutan through your garbage, you know, because because he no longer has a wild area. He no longer



50:14

only has a cabin in northern New Mexico and I was sitting there one day I made this like a cabin home and it backs up to the Carson National Forest. So I turned over one day, looked out the back window, and there was this huge cinnamon colored bear just looking in. I mean, this thing was huge. Just



50:31

curious. Oh, what the heck's going on in here?



50:33

Yeah. That was like, Oh, my God. I mean, yeah. It was shocking. You know, it's good thing. I wasn't out there, whatever. It rains in the backyard. Yeah.



50:44

Yeah, say yeah, that you didn't just casually walk out, you know. And that's just it though we we have these situations regularly, where humanity and wildlife are coming to a point of clash, you know, where there's coyotes, roaming neighborhoods, things like that, because we have encroached upon their area. And they have no reason to go further into the woods. Because we provided them with ready food. Right here, you know, so, um, man, could you imagine it getting to a point where, like, you know, much like there's like seasonal bear alerts and neighborhoods like Sasquatch alert, folks. Be careful that Sasquatch season, you know? Yeah. Because we've we've totally overtaken all of the woods, and they have nowhere else to go now. But but that is something in all sincerity to be considered. The fact of if there is a large bipedal primate, roaming the woods of North America, which I am prone to believe, just just from the evidence and accounts that I have been presented, the things that I have researched, more things point to yes. than to know. Yeah, that's, that's just where I lie with it. Whether or not there is something else out there that is using the tropes of our mind, to travel through portals appear disappear, what have you. That's a different thing. But I am, I am firmly convinced that there is a bipedal hominid. That is an actual biological thing living in the forests of North America. That is, that is just where I met with it. So Lyle, I want to thank you for the time, Dude, get as always great. having a conversation with you sitting back was great to see you at the recent conference, to go out and have dinner afterward. Things like that. Let everybody know where they can go to keep up with your work, where they can go to stay tuned in for the upcoming series. I know you've got a new book in the works, which is really exciting. So I will be ear to ear to the ground waiting for that announcement because it's exciting. And I can't wait. Let everybody know where they can go to creepily stalk you and all of your work online, my friend.



53:12

Well, the best place to start your stocking would be my website at [Lyle blackburn.com](http://Lyleblackburn.com). And that gives you an overview of all the things I've worked on and released all my books. You can get your books there from my online store, but all my books are available on Amazon, as well. And I'm on all the social media platforms, Facebook, Instagram, x and so forth. So you'll find all those links there at [Lyle blackburn.com](http://Lyleblackburn.com). Or just look me up on Facebook. And follow me for more intriguing tales of creatures. Awesome.



53:55

 53:51

Lyle, thank you so much. As always, once again, it is a pleasure talking with you and your wealth of knowledge in these areas is absolutely awesome. Thank you so much for all the work that you do. And for all the research that you do into these amazing things. I can't wait to see what comes next from you.

 54:11

Absolutely. Thanks for having me. I always enjoy it.

 54:14

Absolutely hold the line real quick while we close things out while you are online checking out everything from LA Blackburn folks make sure to stop on by curious Rome. Curious rome.com is where you can find all the episodes that's where you can like follow subscribe. That's where you can also go and visit our store where you can get all of the books and videos from our guests like Lyle as well as our merch, everything else and of course do not forget curious realm is now officially available on Roku everybody if you have a Roku TV, Roku device, search curious realm and download our free app not only do you get all of the episodes but you also get an amazing library of binaural beat meditation Music So stop on by. Check that out everybody. When we come back from this commercial break, we will be joined by our good friend and researcher, Kathleen Martin, we will be talking about a lifetime as an experiencer what it was like growing up as the niece of Betty and Barney Hill, as well as what her own experience was like being taken aboard a craft, and how that led her into a lifetime of research into the world of UFOs UAPs as well as helping experiencers find their way after we'll be right back after this folks.

 55:48

Hello, everybody, and welcome back from that commercial break. Thank you so much to all of our sponsors, especially web works wireless, they have been working with us since the beginnings of curious realm to provide our website live streams, if you're looking for live streaming from any location, if you're looking for website coverage for your remote location, like a camp cabin, things like that stop on by and check out web works wireless folks. They are your source for no throttling, no credit check Internet, pretty much anywhere you have cell phone signal. Our guest in this segment is the amazing Kathleen Martin She is the author of forbidden knowledge Volume One, as well as the new second edition of forbidden knowledge. She is also one of the founding members of the experiencer resource team at MUFON. Welcome back to the show. Kathleen Martin, how are you today?

 56:51

Thank you very much. I'm doing well. Thank you.

 56:55

I always love our conversations. Kathleen, because you've got some background in a science

I always love our conversations, Kathleen, because you you are somebody who is a prime example of how experience revolves around experiencers. And it's very interesting to see how you yourself, have had your own experiences throughout your life. Even even similar to those of your aunt and uncle Betty and Barney Hill. And the fact that these things lead you to a greater calling within the realm of UFO ology. And really getting to the root of the world of the experiencer is a beautiful thing to me. So thank you so much for all of your work with experiencers folks like self talk, and helping found things like the experiencer resource team. I consider that to be one of the one of the greatest endeavors of MUFON right now. And and really, whenever I hear people like, oh, you know, they're just nuts and bolts, like, I don't think you're aware of the ER T and the work that they're doing. So let's get into your experiences and what led you to write forbidden knowledge, Volume One and two and, and what's led you down your current road of research and work, Kathleen?



58:25

Well, I have to tell you that my aunt and uncle's abduction in 1961 had a major impact on me, I was 13 years old. And they were very close family members. In fact, when I was in college, I lived with Betty. And this was after Barney's death. So that really got me started and interested. And I met most of the investigators on their case back in that timeframe. They always shared their experiences with the family. And I knew that there were a lot of craft being seen in my section of New Hampshire, in the timeframe when Betty was working with a team of scientists to attempt to call in craft. And you know, I'm wondering if maybe she was the first CE five person I don't know if she was or not, but she way back in the 1960s was working on that and calling in Kraft and one landed on my grandparents farm. And there were two witnesses to it. And what I thought that I would never tell to anyone is that My mother and I recalled finding ourselves on craft that night. Wow. You know, it was terrifying. It really had a huge emotional impact on me. But when I tried to talk about it, my mother would always say, they don't want you to talk about this. And so I just clammed up. I held it within. And, you know, it had an impact on my ability to sleep. On my general outlook, there was so much fear involved, yet the inability to really discuss it until Dr. James harder, visited my Aunt Betty. And this was in the mid 1970s, I believe. And he was studying my family. Because Betty and Barney were not the only people who had these types of occurrences in their lives. My mother did as well. But we were sworn to secrecy when Dr. Harder investigated this and and hypnotized me and my mother. I think he hypnotized my grandmother, I know he hypnotized my Aunt Betty, because I have an audio recording of it. Oh, wow. And so we insisted upon the strictest of confidentiality, I don't even know if he ever wrote reports on the work that he did with us. We were so in interested in remaining confidential, because you probably know just about everybody knows that Betty was under attack for the rest of her life. Yeah. And after she didn't reveal this information, it was revealed in a Boston newspaper. And that story went around the world, I have actually a copy of an article, the same article published in Australia. Wow. So this was not a little thing. It had a huge impact on my aunts and uncles lives and their professions. And they then finally did come out and admit what happened. But we decided the rest of the family, that we would not speak about our own events. Because we didn't want to spend our lives being scrutinized and, and having false information disseminated to the public about us. And that is what happens. And I guess that's what happened to me. I decided when I was 70 years old, that I really didn't have much to lose. So I was well known in the UFO field that was my chosen field. I'm an author. And I wrote the first edition of forbidden knowledge to as a memoir of my life and my experiences, my personal investigation, or the investigation of my personal experiences through hypnosis, by Denise Stoner, who did most of that hypnosis work with me. But Hopkins also hypnotized me, James harder, and another hypnotist from the state of New

Hampshire years ago. So I wrote about that about a little bit about my work, but also about a major experiment that a group of researchers and I cooperated on with what was allegedly a council of extraterrestrials, and the messages that they were giving us through Kevin Briggs, who is a former police officer in the UK, his wife worked at a college had a physician, a ranking position in the psychology department. And we were invited to determine whether or not this was real. And so we were permitted to use scientific equipment In order to determine whether or not this was his imagination, or if something was really happening here, the the the alleged extraterrestrials, we couldn't see them. Sometimes we saw shadows of them, we could always feel their presence through a strong tingling sensation in our bodies. Sort of a little bit of an alteration, I think, in our consciousness. And Kevin became very, very hot the environment around him, regardless of whether he was at his house, at my house, it was always the same, there was up to a 10 degree increase in the environment around Kevin. Wow, that is incredible. It was it was. So I think we had evidence that convinced us that this was more than his imagination. Definitely. There was so much going on there. And also, we attempted to determine if these were actually extraterrestrials or only some entities, maybe ghosts who were having fun with us. Sure. And so that was a challenge. So what did they do? They showed us orbs, they showed us lights in the sky that were fairly close and unusual, unusual flight patterns. Wow. And they communicated with us telepathically, which was very, very strange. And



1:06:54

what kind of telepathic messages Did you receive during this work? Kathleen?



1:07:02

Personally, I had the beginning of the telepathic message was after what he called himself as a data scientist, said that I had a keen scientific mind, and he wanted to communicate with me. And so out of the blue, the following day, my husband and I were riding in his truck. And all of a sudden, I felt this extremely intense tingling sensation in my body, almost like electrical tingling, and in my crown chakra, especially. And then I did not hear a voice. But I was very conscious that something was coming in. And it was not me. Oh, and I, so I had the the ability to ask some questions, I asked, Are you really an E T? Or are you just a dead person? And he said, I am what you call an extra terrestrial, Extra Terrestrial to you, but not to myself? Okay. You know, I don't know what that means. Well, you



1:08:35

know, it's interesting, because the work of Dr. MicroMasters specifically comes to mind, especially whenever you're talking about not not being extra terrestrial, but being terrestrial from an adjunct, either timeline or a future timeline or something like that. Now, let's, let's hop back in the conversation, just a minute and and get get into the idea because this is, this is very similar to once again, ce five, in the idea of being able to have constant contact. Now, going back in the conversation to when you were saying your arm, took place in experiments, doing the same kind of thing and that during some of the was it during these experiments that you and your mother had your experiences?





1:09:36

We had that one. And yes, it was during an experience in which a craft came in, landed on my grandparents farm and left physical trace evidence on the ground which was investigated by a UFO investigator. My mother and I did not state that we have had memories of being taken to craft. What I later discovered is that they were very interested in measuring the level of toxicity in my body. They told me they had to take tissue samples for that reason. And it didn't make sense at the time. But I discovered that I grew up, oh, probably a half mile away. Downhill from what became a Superfund site. It was a chemical waste dump. Oh, wow. Also, I was within 20 miles of Pease Air Force Base, which was a nuclear base. Yep. So I think that these ETS had concern about toxicity? Well, there



1:10:53

was a body that was also the day and age of regular nuclear testing, both both on ground above ground in the air as well as underground testing. Like there, there are numerous studies showing strontium 90 and milk and, and all kinds of concentrations. So yeah, to think that, you know, you're, you're literally from the from the duck and cover generation, you know, salutely, like that, like that would, that would help at all.



1:11:31

Having to roll up into a little ball into a fetal position holding your head, and it wasn't going to help. We bombed us with a nuke. Yeah. But but,



1:11:47

you know, there, there was regular contamination of the skies, things like that. So the fact that they were interested in that, and in studying the contamination of your body, is is interesting.



1:12:04

I find it extraordinarily interesting that they, they are concerned about toxicity and levels of toxicity in the human body as a result of what we have done to the environment.



1:12:21

Well, and you know, once again, going right to the work of Dr. Masters, that is, a lot of what he is hypothesizing is if you extrapolate out the the general gist, physiological evolution of humanity from, you know, what we were in the end are tall to now, and extrapolate that out by a few 10,000 years, yeah, we would probably look awfully Gray, you know, and it would make a whole lot more sense for one of them to be coming back to figure out and back trace what we did to our environment. And how we can fix that. You know, that?



1:13:09

Absolutely. You know, my Aunt Betty, always suspected that they were from the future, that even though she was shown a star map that was identified as the Zeta Reticuli star system and other stars that we believe have could have planets that are in the Goldilocks zone. Yeah. She wondered if they might be somehow related to us, and that this was a change that they underwent, as the human body developed? I don't know I have no idea. I can't speculate fund that. I only find it extraordinarily interesting that they are very concerned about this. And during these sessions, if when you read either of my books, the first one which is more of my spiritual journey, the second one, which is more of my academic, and work journey, you will find the questions that we asked this council of eight extraterrestrials, we only spoke to four of them, but it was they call themselves a council of eight. And we were permitted to meet once a month and to take our questions and have them answered. And they had some incredibly enlightening and answers they taught us about the different dimensions. They told us that they live in a different dimension than we do. And now I've learned that when we move out into space, the further we go, the higher the dimension. So it makes sense scientifically. Yeah. So I find that fascinating, they said that they were very concerned about us, when they realized that we had developed to the point where we could destroy ourselves. They said that we have done that in the distant past. And they don't want it to happen again. So they said, they're here, they're not going to invade. They do this very, very quietly. But they are attempting to spread their message around the world, in order to save us. They're also collecting our DNA in case we don't interest and in case they can't save us, and we, they end up having to reseed our planet after it recovers, I suppose.



1:16:10

Now, with that in mind, with that in mind, I guess the question would bear are we integral to the actions of the cosmos? And so integral that our DNA must be saved to be resurrected? Cuz that that's, that's interesting to know that they would be collecting our DNA to resurrect, should we do that to ourselves? Again?



1:16:43

Well, they didn't answer that question. To ask that question. It's a very good question. I don't know. Yeah, apparently, we are important to them. They said they planted our seed here. Wow. So I wonder if they were part of that first civilization that lived here, and had to move on those who actually had the technology? Probably the rich ones. They aligned? No, they said little few survived here, that but they had the technology in order to leave. And they did leave and they said that they went to the star system. It was a binary star system zeta, particularly as a binary star system, but there are closer star systems as well. So that's some of the information. The different members have said that they were from various star systems, but they work together and they travel on craft, they live on craft most of the time now. It's kind of it's pretty interesting. I noticed what I thought were some some conflict conflicts in the information that they give that they gave us perhaps I simply didn't understand it well enough. And didn't go back to elaborate. But the information was fascinating. The information about the dimensions about consciousness Yeah,



1:18:33

yeah, that and a remarkable opportunity. Channeling not channeling what have you to to be able to connect in that way with something from beyond and and you know, that that is a big question in a lot of communities Kathleen is the idea and I even when it comes to CE five I've got the app I have yet to go to a CE five event but I I have some caveats with CE five and with some of the protocols and I guess to me some of it some of it rings a little spiritualistic you know almost almost Ouija board esque and and and and I guess I'm concerned about that, in all honesty, spirituality wise, you know, mean? Geez, the the nice little girl in The Exorcist was just playing a game with a Ouija board when something very malevolent guised itself and the some in the guise of something very nice to get access, you know, send



1:19:47

any one who participates in anything like this needs protection, spiritual protection, and we always had an ordained minister Sir, Dr. Melanie Barton Bragg, who gave us that spiritual protection before we had any meeting? Good.



1:20:11

You know, that is that is always a caveat with me once again, I better safe than sorry. Absolutely.



1:20:21

And you know, I've spoken with experiencers, who had never had this happen in the family had never had it happen when they were younger, but they just really wanted to have contact with an E T. And you probably know what I'm going to say. But they ended up with something negative.



1:20:44

Well, and that is just it. And that's something that I think a lot of people whether you've been on the show before, Kathleen, I love talking about all kinds of topics, but more than anything, I enjoy demystifying things for people and making it to where, you know, people go into any kind of research with not only an open mind and an open heart, but an educated mind and an educated heart. And, and to go into any of this, whether you're walking around a building with an EMF detector, or, or whatnot. If you're going out with a specified intent of connection, you need to be careful. Because there's a lot of other things that are perfectly willing to connect with you and use the trope that's in your mind that you would be comfortable with, for that realm of Yes, acceptance, you know, with air quotes high in the air there, the idea that this is what you would expect as an experience, so I will use that as a hijacking wavelength. So to speak, and to to even hear the fact that within this work, y'all took that protocol within consideration is huge. To me. It's fantastic, because it does draw a very clear delineation as to what you were trying to do. And, and not not trying to confuse the information with something else. So



1:22:19

absolutely, absolutely. And we were never able to answer our question. Are you actually extraterrestrials who have come here from other star systems? We couldn't get the confirmatory evidence of that. Yeah, we wanted them to show us a craft up close. We wanted them to materialize in front of us. And they didn't. But we did see them in a couple of them in shadow a little bit. So I mean, but we always had a sense that they were very kind, gentle, positive. We always kept ourselves in a high vibration. I mean, you never drink when you're doing like this. You never consume alcohol. For one thing because it lowers your vibration. You don't want to do anything that is a central nervous system depressant because it lowers that vibrational frequency and my book talks all about vibrational frequency and what you need to know about that. So well, let's I think we covered a lot of ground in the experiment that I worked on that is



1:23:48

it sounds like it and you know to carry on with frequency a little bit more Kathleen, that one of the one of the concepts I have been talking about a lot, especially since MUFON symposium this last year is the idea that experiencers specifically experience or families like yourself, it's almost it's almost akin to a watch being in the presence of a magnet. That watch will never be the same watch it was before it was in the presence of the magnet that that magnetic field will always be resonant there with the watch, you know, and it's interesting how experiencers are drawn to other experiences. It's interesting to me how experiencers suddenly start having experiences of other natures and even how experiences much like your own and your mother's and other family members run within familial bloodlines. And how these vibrations are carried out Almost in an epigenetic way, you know, the same way that there there was a huge study, which I think may complement your work ATHLEAN that was recently done on the children of Vietnam vets. And how and how PTSD is epigenetically passed on? How traumas are epigenetically passed on through generations? So the idea that an abduction experience something, something that is so jarring, not only vibrationally, but physically, emotionally, spiritually, everything is rocked by that, to think that that moment of stasis in time wouldn't be passed on. Is it silly to me. If something like the trauma of war can be passed on, then yes, absolutely. I would tend to believe that that traumatic event that that you experienced would be able to be passed on as well. Well,



1:26:09

I know that, well, I've done I have read studies on people who have had post traumatic stress disorder, and how it can be passed on to other close family members, as a result of seeing this. And I believe that that was passed on to me a certain level of trauma because of what happened to Betty and Barney, and that it was amplified when I was taken when my mother was taken, as well. And, you know, it took a lot of work to work through that trauma. So even if these ETS were benevolent, in a sense, it was like, you know, you take your child to the family physician, to get your vaccines and the family physician is someone that you are perceiving as being malevolent because he's hurting you. Yeah, that's what's happened. I don't I try to look

more objectively, at all of this at this point in my life. Sure. But yes, and I think that it was probably passed on that, that sense of trauma to my children, to other members of the family, as well. Sure, sure.

 1:27:37

And, you know, with your experience, because so, so many experiences, especially folks like self talk, come to understand their experience in 180 degree, different aspect. As time goes on. You, you describe your experience as extremely traumatic. You do not need to go into any details if you do not wish to. We are always an open forum for such things. But how has your experience changed, not only as your life has progressed, but how has your experience of your experience changed? Kathleen?

 1:28:23

I came to a point in my life where I had to make a decision. And that decision was if I was going to live my life as a victim of this, or if I was going to overcome victimization, and become a survivor. And I made the decision that I was going to be a survivor, that I was going to develop techniques through the use of hypnosis, self hypnosis, in order to overcome this traumatic experience. And I did that. And then I learned ice experimented. I learned that when I was awake, when I was taken, if I projected love in their direction, then I was treated better that they projected love back to me. Now, you know, people might argue that they were lying. Doesn't matter. It doesn't matter if they were lying to me. It made me feel better. It helped me to overcome the level of fear that I had. And eventually my experiences just ended. When I started to work with the Council of eight on on that experiment, they said they would protect me and I was never taken by the gray again. Wow.

 1:30:03

Now, up until that point, Kathleen, how many how many experiences of being taken? Had you? How many do you consciously remember having during your lifetime up to that point?

 1:30:18

Well, you know, I would have to count, I've never talked about how many I've actually had. I mean, maybe 10, I just don't know, wow, I just don't know, you know, was more frequent when I was in my late 20s, I think, and then sort of slipped off over the years to maybe once a year. And then once every five years, that sort of thing. I, I've never really worked that out. I did work out at one point, the number of days between visits, and I was attempting to capture it on video. I was prepared, but the camera shut down. Oh, I don't remain shut down for more than two hours. Oh, man, an icon again.

 1:31:17

That that's, that's weird enough in and of itself. Kathleen. Now, moving, moving forward, knowing that as as you proceeded in this work, and especially with your work with the Council

knowing that as as you proceeded in this work, and especially with your work with the Council of eight, that these visitations that you had ceased? A lot of your work, especially since the first forbidden knowledge volume came out, has been based much more on the spiritual connection of the experimenter. Do you think that you were, were you extraordinarily spiritually founded in in your mid early 20s? You know, when when these experiences were at their peak, so to speak,



1:32:09

I was a Christian. I was raised half Catholic and half. My mother was more in the less agnostic in it, but I did go to church. I taught in a parochial school. Okay, you know, and I did social work with the families as well. So, yes, I was I was grounded in traditional religion. And one of the studies that I worked on through the Mutual UFO Network through the ER T. When I was director, I was the director of that team for 10 years. And I'm still with the team, but as a consultant, and on the executive committee now. But to get back to the question, Mark, our study showed that experiencers became more spiritually oriented. And there was an academic study done by Kenneth Ring and Christopher Rosen. And their study, there were two studies actually. And they indicated that experiences of ET contact, become more spiritual. There are other characteristics that we share changes that that occur. But I found that very interesting. And I think that I have grown spiritually as a result of my experiment. Well, it wasn't my experiment, but an experiment that I taught part in with other researchers. On the Council of eight, as I learned more about consciousness, spirituality, and dimensions. Yeah, there was a lot of science in this. Oh, absolutely.



1:34:11

Absolutely. It and then that that's kind of what I was getting at Kathleen, is the fact that like, even even through the science and everything else, it it expanded your world of spirituality along the way. I mean, even even to the point that it is, it's basically the basis of your work now, is is that spiritual connection. And I mean, I took part in the the Martin Barton survey on religious belief and extraterrestrial life. I encourage all of my listeners to go out and do the same thing. You can find that at Survey Monkey folks. You can also find a link right there at Kathleen's website. You can go and take the survey, because it is through surveys like that, and and through the work that you're doing Kathleen in this, that, that we find these common connections, you know and that I am a huge proponent of spirituality over religion don't get me wrong I've raised as a cradle Catholic spent a year as a Catholic seminarian many years after, as assistant youth minister taught CCE things like that. But when it comes down to it, it's the fact of spirituality is, is what we carry through with us day to day. That is



1:35:43

a way of living. Yeah, yeah. I believe that Jesus, and that many of the other prophets, were teaching spirituality as a way of life. Not going to church on Sunday was not a Catholic, what you did during the week, yeah, but to live a life. Sort of, if you're a Christian walking in the footsteps of Jesus,



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well, you know, just honestly be being a good human being. Absolutely.

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And, you know, all religions are important. That's where as long as you live those religions, yeah, on a day to day basis.

 1:36:28

Now, when it when it comes to the messages from the Council of eight, as as we wrap up here, in the last 10 minutes or so of this? Of course, a lot of their message was, you know, don't don't destroy yourselves again. Please don't do that. We're here if you do, but what what did they have to say about the overall direction of humanity? What did they have to say about the overall spiritual connection of humanity, Kathleen, and what we should look out for there?

 1:37:06

Well, essentially, what they said is that our technological progress is out of sync with our spiritual development. And when there is this imbalance, they have seen this on other planets, and it could lead to what they the words they used was the disintegration of life on that planet. And they don't want that to happen. They're attempting to raise to increase spirituality. They want to see us develop technologically to they have offered to help. But if the help would have to be agreed upon by world governments, so no, that's the information I received, take it or leave it. Well,

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and, you know, it's, it's always interesting to me, I have had my moments of Trudeau what I know to be true divine revelation in my life, Kathleen, I have I have never I've experienced one. What true true UFO do not know what it was, it wasn't a craft that I could tell it was just an amorphous object flying through the air really strange. Aside from that, I have had quite a few paranormal experiences. And a few like I said, what I consider to be moments of true divinity, and divine connection in my life, though, those are the reasons I have these conversations. Those are the reasons why I will forever believe the experienter until proven otherwise. Kathleen there I can give 00 bigger than my head, amount of proof or evidence to the fact that I was in the presence of God in my church in front of 300 people. I can give zero evidentiary fact to that other than my actual experience that day. But it's a moment that changed my life that will forever change my life that I will never, ever forget. And despite the presence of any building or other people in the world, I know what the connection to my divine feels like. And that is what these experiences do for people. It is it is a unique experience when it happens even even when it happens with other people. You know, and it's it's it's sad to me some times how how families do not talk about it. Kathleen, how friends do not talk about it. To the point of, you know, good good folks like Terry Lovelace and in his friend who they just lost connection and never talked again. You know, even even knowing you and your mother had experiences, but it was never talked about this, we won't even talk about it amongst each other.



1:40:28

Right until later on in my life. Yeah, when I did talk about it. And we had this conversation. Do you remember this? And do you remember this? And we did independently? Remember the same experience? Wow.



1:40:48

Wow. And, and that is that is incredible to know that. I mean, you you are sitting and living proof of the fact that these things follow familial lines, that experiences follow familial lines, it is it is so interesting to me the way that they do and the more I am exposed to it, the it's, it's odd, but the lesson ah, I am by it. And the more I have just accepted the fact that oh, yeah, makes perfect sense. And before we let you go, what what advice do you have for the experiencer? Kathleen, for those who are either taken aboard with entities for those who have had telepathic connection with entities for those who've had marks laid upon them? Like our mutual friends self talk? What advice do you have? For people who are experiencers of these things?



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Well, I'd like to say that my book, Extra Terrestrial contact, what to do when you've been abducted, has been called the best book ever written



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on that 100% 100%. And



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it is full of information. But I think that it's extraordinarily important to work through your experiences through what has happened to you. Because how can you be a fully functioning human being, if you're walking around in a state of trauma, it's like having a weight lifted from your shoulder. And, and that happened to me, get yourself into a good support group with other experiencers who are having similar experiences, where you can speak confidentially with these other experiencers and get the help you need. I don't know if it's necessary to have hypnosis, but hypnosis, that is therapeutic hypnosis, or Yeah, even EMDR therapy is important to resolve the emotional trauma. Yeah, even if the experience was positive, in the end, you might feel traumatized after it occurred. Because there's been so much negative press Well, well,



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despite of its positivity, it's still forced upon you. Yes, it's still forced to





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have a choice. Yeah. Yeah. No one asked me if I wanted to be taken when I was 17 years old.



1:43:57

Yeah. And subsequently, yes. And subsequently, you know, and that's just it that, you know, there. There has been a huge and beautiful conversation opened over the last few years, Kathleen, since hearing started in all kinds of things, and it's, it's amazing and awesome to see the support networks that have opened up the things like the ER T, which you helped spearhead the creation of. It's absolutely beautiful, and it's great. You know, and to know that for decades. There there was almost nothing in that right. If you went to a therapist, you may have been heavily medicated or something like that, as opposed to actively be open heartedly listened to. So it is work from people like you that has opened these conversations. Thank you so much. For your decades, decades of tireless work in in the world of helping experiencers and researching these topics, well



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as an experiencer, myself and from a family of experiencers, I thought that it was extraordinarily important to provide a format where individuals could overcome what has occurred, and to gain a deeper understanding of what is occurring in their lives. Yeah. Yeah,



1:45:34

thank you. Absolutely. Anytime my audience is always your audience. You're always welcome on my airwaves, Kathleen, before we let you go, let everybody know where they can go to get the latest edition. Part two of forbidden knowledge. Since we've been on air I have ordered my copy. So it's, it's in route right now, for the library, but let everybody know where they can go to keep up with all of your work where they can go to take the Martin Barton survey on religious belief and extraterrestrial life. Let them know where they can go to find everything carefully, Martin.



1:46:14

Well, the best way to get there and that has the most comprehensive information is at Kathleen dash martin.com. My website. My books are also available. All of them are available on Amazon. And most of them are available on Barnes and Noble as well. Awesome. So awesome. Well, thank you so much for your time. As always, Kathleen, it is always great to chat with you. Please do hold the line while we close things out with the audience. Absolutely. While you are online, checking out all of the amazing work of Kathleen Barden over at Kathleen dash martin.com. Everybody, make sure to stop on by curious Rome curious. rom.com is where you can like follow Subscribe, Share Comment. That's where you can find all of our episodes. That's where you can also visit our bookstore and buy all of the books from our guests. Also, make sure if you've got a Roku device, stop on by the Roku shop folks get your own new curious realm channel. That's right, we now have our own app on Roku, which includes tons of binaural,

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