

CRep098

Wed, Oct 11, 2023 8:58PM 2:26:43

SUMMARY KEYWORDS

terra preta, years, technology, soil, society, interesting, good, talking, hypnotized, grow, primitive, mummies, put, building, frequency, constructions, alien, pyramids, life, remember



00:17

Coming from the city of the we're exploring topics from the esoteric and unexplored, two dimensions are known. Shining a light of truth on the darkest corners of our reality. Welcome to the curious realms.



00:45

Well, hello, everybody and welcome to this amazing pre recorded edition of the curious realm. I am currently on the road for work and had the opportunity to sit down and talk with our good friend, Jared Murphy, who is the author of it's not aliens worse, it's us. And we talk with Jared typically about the idea that, you know, it doesn't have to be alien civilizations that did all of these things. Humanity is an ingenious lot. Same thing that we talk with Steven Meyers about like it doesn't have to be aliens that built the pyramids. We are. We are a pretty ingenious lot of folks. So one of the things that we discuss with Jared regularly is the idea of terraforming specifically the idea of terra preta, I recently posted an article about terra preta about how the ancient Amazonians created mysterious dark earth on purpose now, this stuff has become like a wonder material to backyard gardeners, things like that. People are finally starting to in the western world ring into this idea, but Jared, folks in the in the Amazon, things like that have been dealing with technologies like this for years and years.



02:20

Yeah, I, hey, it's been a long time.



02:25

It's been a long, long time.



02:27

Yeah, that was a good start subject I get tired of talking about so where were we are like you said is there could be aliens? That's not we're not saying there aren't.



02:41

Oh, I am in the camp of there definitely are. Yeah,



02:45

there's he's traveling anthropologists everywhere. Yeah. And at the same time, there's a lot of leaps to go over something as big as something that like terra preta, and this dark well, and here's what's interesting about the articles since you have it up and for people to see when they if they're not just listening, if they can get to it and visually look, ancient Amazonians create a mysterious dark earth on purpose. That what, what really is fascinating about that is that they immediately talk about two things by saying Amazonians that okay, well, there again, we have primitive loincloth. You know, very smart but primitive villages. Just nomadic, you're picturing the, any Smithsonian view of an ancient caveman society with a loincloth and they, they're just surviving and they create this soil because they mix a bunch of stuff together and they burn it or they let it it's a it's a complex composting elixir that easily can be made by any primitive group of people. And that's the part that is deceptive. Not only is it important that we take away from this article that they're creating this soil that like, like what you're highlighting, it's more hole, it's more fertile. It holds up to more organic carbon in most regions, soil crops grow better if it's high phosphorus, nitrogen and calcium content, etc. And, and what's important is that this get this specific tear prayer that was found in Brazil was identified, not only as being just a primitive, a cocktail, it's not a primitive cocktail. It's in North Africa. It's in South Africa. It's found all over the world. This isn't just a recipe that got propagated because it was a good idea to other farmers and it spread like wildfire. And it was a simple process to make. The exact terra preta, that's found in Brazil had is never after 100 years of research been replicated, nobody knows how to make it. Yeah. And it doesn't just have knowledge that highly rich growing soil, it's self replicating, it seems to repair itself and it has the electromagnetic abilities to send and receive signals. So if you are filtering heavy metals like carbon dioxide and what the you know, they mentioned it that it can filter contaminants in the air, who built a soil found on multiple continents, that is capable of functioning as an air filter for a vast worldwide society. Chemical filter, it's filtering heavy metals, and it's self replicating. So they don't have to constantly maintain it to do its job to grow the richest, best nutrient filled food that's possible. And it's on multiple contexts, contents in the identical recipe it's not so it's not just a matter of, hey, they, you know, found a soil that these primitive cultures and societies around the world are, are mimicking, and you know, adding on to, but the lowest layers, the thickest layers of this stuff. In some areas, it's 20 foot thick, and all of it indicates that a more advanced to me it indicates that a more advanced human society was using this product that they were building to also work with their polygon constructions that are canceling earthquakes at the frequency free it's a frequency and energy intelligence society that is also terraforming the planet I am in documentary aircore and it touches on all this it's um, it's on YouTube on my channel on not aliens or on my website, you can link to it, you can get to it from that link. But all of this represents a society terracor The documentary now there it is, I think it's just a good overview of what is this soils connection to this advanced society? And what are the other elements that we're finding that we mistakenly assigned to a primitive culture are a dynastic people like the Mayans, the Aztecs, the Olmecs, that pick one or the Egyptians and, and it's just not accurate. And so then we get

 07:42

in not just that, but the the utter misconception of, quote, technology, capital T technology just mean something that makes your life easier man. And if you do engineer a soil so that your crops grow with half the water, or grow in the mountains, so that you don't have to till the soil is much like that is technology, you use geo engineering that soil no different than we have bio engineered plants to resist in insects.

 08:17

That's a really smart point A specifically at the analogy, that example of the insects, I'm going to use that.

 08:24

I mean, good God, it was a friggin Friar that started genetic splicing piece together. That led her exactly where we are now with Monsanto. You know, like all he was doing was taking a little hair brush and oh, let me take some pollen from this one and cross pollinated over here and see what happens. And that's where we got into the whole concept of crossbreeding plants in the way that we do now. Not that we weren't doing it for millennia before that, you know, making maize and things like that. Okay, I'm amazed as a prime example of how they took a native plant and cultivated it and made it grow.

 09:09

You know, I will never forget watching Scott Walter on Americana. It's one of the best episodes was it because I don't know. What was that? So that's

 09:19

a great show. I love that show.

 09:21

It is and I am lucky enough to know Scott he lives near me and Minnesota. But the actual episode that what? Again, he I don't get a lot out of I think shows are entertaining and they're kind of 50,000 foot view but he this was putting on Earth America on Earth is just a great show. Because it gets into some specifics and one was corn and one was about why is the corn genetically eight to 13,000 years old. In the As I said, at least 1000 years old, in Wisconsin, you have corn that's been maintained by people we clearly have no eyes on, and no history of. And that's just one micro example of, we don't, we don't have our history, right.

 10:12

And once again, that is a huge example of the use of technology by a primitive people, that is a technological concept to let's put this stuff into rose, and figure out the best way to grow it.

 10:28

And you could you could unlock, you can line it up to say that it was village technology, it was primitive technology. Or we can look at the fact that uncomfortable as it is that we're talking about survivors, 10s of 1000s of years of survivors, maybe that mimicked what they saw being done by a more technically advanced society. And in this case, or just it didn't just mean maybe it made common sense. It evolved out of a subconscious stored memory that it makes sense to do it in a way that would make you know, look high tech, and maybe it was just, you know, re engineered by primitive people. But it does not explain why when you add up all the personalities and traits of terra preta, that it was accidental. Yeah, it wasn't accidental.

 11:16

No, no. If it was accidental, it would be it would be much more widespread and not not in the harvested patches that it is.

 11:27

Yeah. And again, it's just the coincidences get less coincidental when you go. Why is it in South Africa and North Africa, in multiple countries at Central and South America? It's the identical recipe. It's the same group of people

 11:45

even even crossed tribally within the Amazonian area, Jared, would would show the fact that it's a technology technology is something that's learned like to it's like saying the apes don't use technology? Yeah, they do. They use sticks to get ants out of ant hills, and they fish for it, and they teach their children to do it. That's the recent tools and technology, you know, and a primitive Amazonian tribe teaching another tribe how to make terra preta is no different. That is that is the passing of a technology from one person to another.

 12:23

No, and that's what's what's interesting to me about it is like, Okay, well, hey, we It doesn't have to be. It could. It could be a primitive people will know. Yes, they're making terra preta, they're making a form of biochar that for everyone out there who doesn't know if we're gonna go open an apple orchard. I've talked about this before, if you're going to open a commercial farm, and you wanted to have a soil that was more prepped for, say, apple trees, you would buy a modern biochar, which is a form of terra preta, it's a it's a mix of bio carbons that have been burnt, or a mix of material of a very fancy compost, essentially, sort of, and it would contain a mineral complexity that would be learned and towards apple trees. And if you want to have a different kind of farm, you could you could engineer your soil, where which is a fancy

term for just, you know, adding a little salt and sugar depending on what it is. Yeah, if you want to take the analogy and tweak the soil to your current plant, but when you when you look at the technology of polygon construction, and you look at the complexity of terra preta with a frequency energy technology in mind, why would have electromagnetic currency properties is I don't think coincidental. I think that when we look at Terra, when we look at these polygonal constructions, going down to the foundation, that's the thing that's missing is that the building itself is interesting, but no one talks about the foundation itself. When we go with a frequency energy technology that we're looking at how frequencies in waves travel through the ground. Yeah. And how would they work? Transferring? Here's something that's not discussed. How do you take it technology from what we're looking at on screen? For those of you who just get this and take a look at the polygala construction? How do we get a frequency to travel and an energy to travel through multiple types of soil? It's, it's not just that it's a black earth. How would you put the crystalline content like what we're looking at right now for everyone who gets to the screen as these are the pillar foundational locations for the amphitheaters in Greece and Rome? And these frequencies and energies these light? What we're looking at right now is The actual placement of the pylons for the theater itself cancels earthquakes. Yeah. And it, it causes the building to maintain indefinitely and not be destroyed from a from a wave. That technology is not primitive. And if you are that far from primitive, yeah, so the

 15:21

knowledge of acoustics and things like that by ancient civilizations, specifically frequencies, especially in ancient Greece was was phenomenal. I mean, I've been to Epidaurus I have I have personally seen and heard the demonstration of a match being struck on stage and hearing it at the top. It's as an audio engineer, it's very moment in life. It's amazing. It's amazing. And yes, like, you have to know how sound travels, even even knowing that places like Stonehenge are meant to resonate with vibration and amplify voices when spoken in certain places. When you go to places like Malta. There there is a chamber at Malta, where when you chant in the chamber, it begins resonating, and fate awaits.

 16:19

Oh, interesting.

 16:20

So yeah, when you're talking initiation, ceremonies, things to put you into a hypnotic state and hear the voices of the gods like, that's what you need. So they, they had amazing, amazing knowledge of frequencies, the way that the earth works there their connection to the earth, as opposed to ours, like we may be at technology on a different level. But their technology worked with the earth in a different way. Because of their intimate knowledge and connection to the earth. Like we have, we have lost some of that as a society.

 17:06

For sure if there's, there's something missing about the narrative of what we're doing to tell that story and it's so grossly misinformation to it's Miss informative to just state Well here's

that story, and it's so grossly misinformation to it's miss informative to just state. Well, here's what we know, this is the way it was. And it's like, well, I'm not trying to be hypersensitive to the way that you tell about what you found. But why don't you stick with you found x, y and z, we still don't have the full puzzle it. I think the problem that I have is that it closes people's eyes and perception to the greater narrative. So even if it's dynastic information, even if it's a dynastic story, for some people, yeah, it just could be more more open minded as to as we find city after city and we find building after building that indicates that everything from the Mayans and Aztecs to the Egyptians are much more extensive. Their their societal footprint was much larger than we were considering. And again, the other confusing thing is that if the Mayans, Aztecs, Egyptians did find the remnants, the megalithic constructions of a much more ancient and much more advanced society. We're not having that dialogue we're not talking about we're not looking at it that way. Because we just assume that, Oh, well. These societies are still contemporary, to last few 1000 years, but we just found more buildings. And I guess we have to first it's all hilarious. But the idea that we have to jump over the disbelief that Well, I guess there was millions instead of 10s of 1000s, or hundreds of 1000s, or a few million as as multiple million. And, and we're just not saying that, when in reality, at some point, these megalithic constructions if they're not credited to the Egyptians, and the Aztecs, and the Mayans, and these other societies, then what we have is everything from terra preta genetic information that that I think is pointing to a much more ancient, underlying society, if not multiple, and if not worldwide, multiple, it more advanced and intelligent societies that fell much, much earlier than when the Egyptians came in and took over some of the ruins and the Aztecs took over some of the ruins and rebuilt their image there. They mimicked what they found they repaired what they had, which is why we have the varying, you know, we go from large megalithic blocks a little mud bricks connected to the same building and those are very different technologies and primitive tariff rate a primitive terraforming and putting together a biochar compost. That's something that Farming just kind of sort of figured out what how does my plant grow better? Why not cross pollinate? Why not figure this out and figure out what even pollen is? I mean, there's a lot of primitive hands on, how do we go from a wolf to a poodle? I mean, there's

 20:16

not many people realize that like every bit of that as us there there would be there would be zero natural poodles in the world, they would not exist, you would have nothing but wolves. It was quite literally man's domestication within the last few 1000 years. That brought them to all the different subspecies and characteristics everything from chihuahuas being bred to you know, Chase rats and things like that down holes and out of their holes and Mexico to like they every one of them was specifically purpose bred. Every single dog that you see in the world. I want to solder chinchilla, every single one and that is that is mind blowing to think about that. Like German Shepherds weren't a wild breed running the the Alps. You know,

 21:13

they didn't exist. Like we had to make them happen.

 21:17

Yeah, yeah, we made that happen. And even right now I popped up on screen nope, not the

three ringed mummies yet. Oh, from Emory University soil quality critical to help some US crops weather heat stress from climate change. Like right now we are worried about soil quality in the US or soil is malnourished. We're almost up against another Dustbowl in many areas, not just with drought. But but with the mountain nourishment of our own soil. And to know that Tara Prater has been around to the lake. How long does it take to relearn the lesson? That's the question is how long? Even with our vast technology Jared, how long does it take us as a humanity to read? Well, there we got in our lesson.



22:08

And we have indicators that some of the corn and wheat crop came from the Middle East and at the origin. But what I find interesting about that, again, it's not. There's always this precursor to assumption that, well, we're finding the first they always like, well, this is the first location, I think the better question is if the last concentration is if the last place you survived, found surviving evidence is the Middle East, or the out of Africa theory. If that's the last place, you found surviving evidence, then when you look harder at all the places you don't think we're from, you're going to find more deeper, deeper than you wanted to look deeper than you are looking no different than Michael crema pointed out in Forbidden Archeology, you only find what you're looking for. And if the oldest if it's not 1000 year old corn in Wisconsin, and if it's actually 30, or 20,000 year old corn and or a managed wheat in Turkey or the Middle East. The reality is we're going to find it even older and we're going to find those evidences but we aren't looking, or we don't want to see it. So and it's not all of us. It's just I'm just pointing it out that when we do locate them off shore, that's something else no one talks about, is that the shorelines today are not the shorelines 50,000 80,000 100,000 A million a million years ago, our shorelines were very different. Which is why when Graham Hancock became I mean, one of the reasons Graham Hancock became very famous in the 90s. Do you remember when he dived off the coast of India? Yep, at a city site that the last time that city, which was credited being built by Krishna Himself, itself, whatever. The point is that this city off the coast of India, this is the west coast of India, it's so far out to sea the last time it was on on a shoreline was at least 36,000 years ago. Yeah, and they pull up pots and they pull up all these things. It's in a high current area, it's not easy to dive. But there is an awareness, then that the tariff rate and that the most ancient indications of human civilization and Ark and and eco engineering with soil, maybe underwater. And that is a problem because the story of us is then tainted to this. We're learning a lot about us but we're we're missing the greater story of and this is where everyone talks about Atlantis and Atlantis had 10 cities allegedly and there and no matter what it's a story that's pointing to the human collective knowledge that there was a larger society throughout the world that is then inundated with water. And I think that that's not an untrue statement and I'm not trying to off off typers or off, you know, rabbit hole. But we have Tara Prater that's likely sitting hundreds of miles off coasts. Yeah, underwater. That was part of that original, more advanced, you know, again, who said that advanced people didn't like shorelines. You know what they got now, but we have the very inner intercontinental remnants from Peru to Egypt. Sardinia, as you already pointed out all over Greece, we have these megalithic constructions which have these complex foundational designs along with the crystal content of sands and soils that we thought were just sands and soils that aren't terribly afraid of that may have all been part of a network of engineered terror formed Earth that was part connecting to these megalithic constructions that weren't just about earthquake control. They were sending and receiving messages they were they were not inundating themselves like we are in a giant microwave.



26:13

Yeah. Yeah. They were connected to frequencies in a totally different way.



26:19

Yeah, they were doing they were doing it. They were doing it ethically. And farm to table was steel cut oats. steel cut oats. I just love that I'd like oh, it's please. That's



26:32

like a great buffet right there. Yeah,



26:35

you don't want to eat Oh, it's at art steel cut steel cut oats. Yeah. Sorry. Well,



26:41

the thing is, we have forgotten ourselves numerous times over as humanity, although over the world, and even right now, Jared. To pivot talking about rabbit holes. The second topic that we were going to be talking about tonight is the the Mexican mummies that have come.



27:06

I think they're right on topic.



27:08

And that is that is you know, it's another one where I think people have forgotten history. I don't know right now. We'll see what happens. I mean, they just released the video the other day of the actual x rays, all that kind of stuff. Everything that they are saying right now is the the bodies appear to be made of a single body. Not not to be assembled. As has been thought, I don't know about the eggs in the tummy. Things like that. We'll see. But, but to me, it's one of those the the issue that we have to bear is, is Jaime, I love Jaime Hassan don't get me wrong, like I've always loved Jaime Masan I have thought he has had Hertzberg on beyond chutzpah for decades, being one of the first reporters out there to really go on TV and and start doing full on UFO Reporting stuff like that. But there was there was the case of the previous mummies that we've had, you know, where we're, I don't know, the, the mummies that we've had previously in 2018, were proven to be that of a young child. All that kind of stuff, the mummy of the, the small alien body.



28:56

11 28:30

Well, I don't think any of this changes. We've so weird how we've collectively as a society, as society, have accepted that the elongated skulls of Peru that the Nazca people, assuming, well, that's just a name we've assigned, and although Yeah, they existed. You have elongated skulls that are not cranial deformation. So we have this thing around the world, cranial deformations of people shaping the human skull through from the time of birth, to make it elongated to mimic. What were the Nazca skulls, which are naturally born the cranial the arterial dissections, the cranial the skullcap the everything about it is different than the than the standard skull. So we know the size stories of Bigfoot and assorted everybody else who are different forms of humankind. We ever in reality, mummies, skulls that are for sure born different only and not deformed, not a mistake, but actual, elongated skulls from a race of human beings that if the research could get continually verified there, at least from the Black Caucus region of Europe, they end up in Peru, but they're found all over the world. There's different cultures that mimic these elongated skulls. And the reality is that they're obviously from a society that was human that is unique, that it has a different skull structure. Was it because their brain capacity and activity was from a society that worked with terror that let's put all the platelets? Let's test it, the template always has to be tested against what do we know about the ancient Asian past and part of it is, it's not just that we find these mummies that are there also, by the way that for those that don't know, the oldest, as far as we know, if you look up oldest mummies ever found on Earth, the Nazca people with the elongated skulls date back at least 13,000 years. This is prior or at or just before the Younger Dryas or the great flood, the biblical the what we think of as a biblical flood, which is not that old compared to the blocks and societies Gobekli Tapi, and everything else. So we have these elongated skulls to human beings. Oh, also showing signs of surgeries that are way beyond what should have been capable of in the period cranial surgeries? Yeah,

31:41

absolutely. like full on brain surgeries like yeah, and holes drilled in the skull to relieve pressure from tumors, all kinds of things.

31:50

Well, there's there any I remember seeing the one Peruvian skull that had, they don't even know what the metal is, but they actually had it sutured back together. And they have no idea what the material science says on that. So I do think that there is a solid indication that whether these Mexican mummies are alien, or they're part of again, what is the remnants of a society if you're, if you understand frequencies and energies and bio technologies like terra preta, again, adding all the pieces? Why would you not have a society that's doing body modifications through manipulative we're primitive versions are you take a wolf and you breed two things together, and you eventually get a poodle. But if you're an advanced ancient society, there you go. There's the there's the the replace section of skull. Yeah, it fused together, and we don't even know what that material is. We don't even know how they did it. Yeah, it's crazy. And no one's asking the question. So Mexican, alien mummies are Peruvian. That's a

32:56

big question for me about the mummies in Mexico. Real or not? In the Peruvian government is asked. What Whoa, do you just say that you just took some skeletons out of the country?

 33:10

Well, it is. That is the big picture. You're

 33:14

supposed to declare if like you're bringing in any fruit. Rock. Yes. Well, I get drunk, bringing crystals back. And I'm like, Chris, it's not. It's not a porous rock. You.

 33:27

Chris, would that be funny? It's like

 33:29

a critter inside of it. It's a crystal you can see inside of it.

 33:34

What That'd be funny, though. It's like, God didn't declare. Yeah, I bought some oranges. Yeah, no,

 33:38

no, no. Like I've declared all kinds of things. But a nobody apparently declared that they left Peru with some skeletons.

 33:47

They said it was a fake statue or curio, you know?

 33:50

So it's like, okay, so you're just going to openly admit in the Mexican Senate to grave robbing?

 34:00

I'm a little confused on that. They thought that the Well. part of it is they thought the

information was worth pointing out, but why not keep it and go through? Well, okay. Yeah, I understand, conspiratorially. I understand why you didn't go through proper channels to though. Whether it left Peru or not. Yeah. Well, again, we have these. We have these Peruvian practice skulls. And no one. No one is answering the questions. No one's asking the questions that that silence in itself is not conspiratorial. It's just factual. They're not. They're not following through with available technologies to explore the complexity of these operations, the complexity of the DNA, they're not answering it. They have, I don't know 1000s of skulls. You have the oldest mummies on Earth. The Paracas are the oldest that we know of 13,000 plus years old. There are bones still protruding and sticking out all over Peru. Yes. So yet again, We have a polygonal a very advanced other than Egypt. And there are places all around the world Sardinia. There are places in Russia all over the world. megalithic Japan, very advanced constructions, soil samples. Again, we're talking about terra preta. Yeah. All over the earth. And now we have these mummies that look alien. And again, it's it's a great deflection. If you have everyone talking about aliens, then you don't have anyone talking about how crazy were we getting 2030 4050 100,000 200,000 years ago, like some of the nano sized engineered samples found of what looked like machined parts in, in Siberia, when they were looking for where they're going to do gold mines. They found nano sized machined tubular gold parts of machinery that was an estimated at least two and 20,000 years old. What were these mummies other than genetically modifying humans or, again, advanced, again, advanced humans, using all their bio technologies, including self investigation, modifying the human being to do research, and I think the thing is falling apart in in, I just thought the dust Yeah, the



36:29

powder, the diatoms falling off of it, and that these were found was in diatomaceous. Earth in caves. For those of you that don't know diatomaceous earth is basically that dead critters. If you're a chicken raiser, you may have used it to keep mites off of your chickens, things like that. You can you can mix diatomaceous earth into water and drink it and cleanse your system. Oh, wow. Okay, well, just



36:58

you guys, for everyone listening. If you haven't watched the video, you should watch the video this this is just watching the watching them set that up for the MRI for the Mexican mummy, alien that oil whatever proving an alien mummy and watching the bits and pieces of it fall off and they're holding it like a toy. It's just kind of funny. I'm waiting for the Kung Fu grip or the badass chef



37:22

to see the arm just like huh.



37:25

Yeah. I just think it's interesting. I think it's important that we investigate all this. And then well, I think the very exercise in discussing that it from it could be something much more complex.

And the story could be much more complex. Again, not just



37:42

the story of the first mummies became very, very complex jarred to the point that the Russian scientist that was involved with testing things and all that was found to have never actually worked at the university that he claimed to work at. They were allowed, they claimed him to be this huge, fantastic scientists. And it's like, the votes. votes did a great, great article on it. Whenever it all went down, and yeah, like he was proven that he lied about his credentials that he didn't work at the University that he said he worked at. There was never any secondary examination, independent examination of the data done. Never, never any samples released for independent examination, things like that. It was all pretty well kept on lockdown by Gaia, all that kind of stuff. And it's like that, kind of the way that NASA pointed out in their panel. When James Fox asked about the skeletons in the remains, they were like, Well, we'll see if they share any data, like NASA shares data. That's what we do. Like we have samples from the moon, some of the rarest samples in the world. If you're doing lunar work and need a sample, contact us. We'll send you some lunar soil to do some work. Like that's what we do is share data do we? Science does so that that's the curiosity as well. Will any of this be sent for independent analysis?



39:24

That's that's a good point as a rabbit hole. Do you remember a dump truck going to the moon to bring back enough soil to share that how much soil we brought back was it like that we back up a dump truck and



39:38

they're dragged through the through the mini missions that we brought back and I mean, I've seen it but I'm from Houston. I've been to NASA to Johnson Space Center. I don't know how many times in the Yeah, they had all kinds of stuff set up. I'm trying to remember how many pounds of lunar soil and rock they brought I'm back, hold on, really my Google machine.



40:04

The Google machine may tell us all tell us Google Greg Google.



40:13

So let's see here, the total amount brought back 842 pounds. But that's not a lot. That, you know, when you're talking about the especially the amount needed for study, when you're talking about, hey, let's get to three pounds of lunar soil, spread it out to an inch and see if we can grow plants in it, you know, 842 pounds can go a long way.



40:44

So do understand that you're right, it can, but you can't give it away by the pound then you can't get away by the ounce.



40:55

No, but but like they said, if you need data if you need if you need samples, things like that, like, get at us, we'll talk you know, they don't they don't have a problem necessarily sharing that data is what they're saying and and in previous circumstances, with not just the Paracas skeletons, the three fingered skeletons that were claimed to have alien anatomy and things like that, but also in the case of the Chilean skeleton. The tiny, tiny skeleton that came few years ago,



41:37

let's start shot at this our child's Yeah,



41:39

yeah, same same situation where it's like no, no data being shared. No samples being shared, no samples being sent out for independent study, anything like that. So and that that's kind of where the concern comes from with this, at least for me, is that I'm a believer. I would love it to be the case that you know, we are we are looking at actual alien bodies. That would be that would be fantastic. It would be the news of everybody's lifetime. Jared.



42:15

Can you imagine crashing on Earth and that's it. You lose a baby and you live in? Like, what's that alien family story? We live in Peru? Yeah. Yeah. And their burial system, despite being an ancient alien that flew to whatever they lived in Brazil or they lived in Peru and they they lost a baby and that's it. They lost a baby and it turned in to a mummified remain in a in a



42:44

in soil aside show? Yeah, yeah. Well, yeah. So I've said for years, imagine the case of an alien civilization, approaching Earth, having never visited here, Jared. They would be getting everything from I Love Lucy, all the way to now as they get closer and closer and closer, with zero frame of reference as to who humanity actually is. beamed out communications. And think about it in terms of how an alien civilization would think about us. Sight unseen, that's all they have. That'd be Well, it'd be a pretty crazy thought form.



43:33

You know. it'd be interesting. And so if you were really advanced. what it occurred to you to

...you know, it'd be interesting. And so if you were really advanced, what it occurred to you to check the simplest frequencies for what did occur to you use technology that you hadn't been privy to for in your societies lifetime, for 1000s or 10s of 1000s, or hundreds of 1000s of years. So when we would they even check or hear FM AM? Would they? Would they understand television frequencies? Were they translated correctly? Would they? Were they again? Would they never even pick it up? Because they just want the thing to look at? What's was nothing but universal static.

 44:09

I've got a thumb drive right here in my hand. This is this is like, the Modern Library of Congress man like I have, I could build computers with the schematics on here. I could I could restart. Who knows what parts of civilization?

 44:24

Yeah. And if you don't have the technology to read it, yep. If

 44:27

a if you dig it up 1000 years from now, because I dropped it in my backyard. Do you know what it is? Oh, yeah. Number one. B, do you have the technology to read what's on it? You know, and that's what that's what we're faced with so much of this, be it be a Tara Peredo. What have you is that this is a technology that to Amazonian people has never gone away. They're like, What are you talking about? To lay I had a great conversation with with the one Brasilia there is one MUFON representative for Brazil, that blew my mind. I was one more man, I will pray for you. That is one of the most populated sighting countries in the world. And there is one of you. But he was like, we have two reasons why we don't get reports from people out in the basins from people out on the rivers, things like that. Number one, it's like a two day river journey to get to San Paolo, to come give a report, you know, it's not like they have a phone or something like that. And they can call number two, it's not a strange thing for them to see lights in the sky. They aren't going to report it as an anomaly, because it's not out of the ordinary for them. They see it all the time, and have seen it for hundreds and hundreds of years. So well. It's not It's not strange to them.

 46:01

So getting everybody's, you know, thought process going. That flash drive you just held up. Yeah. That is a good analogy for when you look at terra preta, and you in genetics. So we see these alien bodies from Peru that are in Brazil, or we're talking about some of these, these existing sightings, but in relationship to a frequency energy technology society that had abilities like things that I'm going to make a suggestion for everyone to just for thought is that imagine a society that if you could send frequency if you're using the ground itself to operate, if you were able to send signals? Does that include an ability to restore all of your whether you want to rebuild tear Prater, whether you wanted to rebuild us individual or a society's information? How much of that, like this photo here with the trees in the background, the natural world? How much of that information may be stored what we think of as natural, but in

the hard data of the Earth or the megalithic constructions themselves? And how much of that solid state technology would be actually memory storage? Yeah. And simultaneously, how much of that memory storage is downloaded through just having your feet on the ground? or uploading? We know from experiments from worms? That and I'm using this because it's a specific case study of the memories of the mother transferring to the young through birth? And the reality is do we really understand solid state technology? From a technical from a flash drive standpoint, we understand it's an external it's primitive, but from genetics, and is it a matter of not not a matter of instincts? And you get your hunches or, you know, baby giraffe just knows how to stand eventually. The reality is, we don't really understand the human brain. And whether it's shaped like a Paracas, or the Alien and or the mummified remains that are from Peru that we've just been all over the news. How much of all of it relates to a solid state technology, only on a natural scale on a megalithic scale?

 48:39

Yeah, no. And that's just it, the idea that we have had technologies for millennia. We have we've just forgotten how to use them. Because we're not connected in that way anymore.

 48:55

No, we're so we're misinterpreting what we get out of something as dumb as, oh, that's a blooming plant. And that's a big building with our Heart Foundation. And it's got a lot of like the Greco Roman stuff that you showed earlier from my video. It's, oh, well, it's really well placed foundational structure for an earthquake. Well, yeah, but maybe it's really well placed also for sending and receiving signals, which are stored within the structure itself. And then through the people who are walking on it. And the collective memory. And the individual memory may contain information that's stored on a genetic chromosome DNA level of retrievable memory if we understood what that flash drive is. Yeah.

 49:43

Yeah. Precisely, precisely. And we are we are just now burgeoning on so many technologies, so many different things that refer and revert back to ancient concepts ancient technologies and the concept of piezo electricity even. Right, the idea that you can generate power by squeezing a rocker crystal

 50:11

while you need the bolts in your neck.

 50:15

It's it's amazing to see what we are able to do. And the more minimalist we are getting with it. Almost a return to that concept of it is fully do with natural materials.

 50:34

We don't it's so interesting, whether you're very woowoo or or very esoteric, however you want to put it, no insults to, in quotes, no insults, modern scientific, the lack of understanding of crystals blows my mind. Yes, and the mysterious, the mysterious, the mysterious nature, everything, their characteristics, it's just, it's one.

 51:01

I've tried to explain to people for years it is a semiconductor waiting to happen, you've got quartz, you've got carbon, you've got mica, you'd like all kinds of things there. feldspar there's, and I've even got a hypothesis that I'm trying to work on with the Great Pyramid of Giza, where it it's basically a binaural beat chamber designed to resonate the the granted around it.

 51:35

The Zen, the Zen and cures of the human world would be propagated or Well, the obvious, you know, that's it, the surrounding technology, the the pyramids, you know, the obvious, you have, obviously other towers and constructions that were meant to self maintain, and not fall apart. But then what about the metal ones? What about the ones made out of plastics and materials that are long gone? Or coatings that were on these constructions? Yeah, and all of it working together, along with the soil technologies. And again, not just terra preta, but other combinations of those courses and feldspars and whatever, pick up, pick anything and it's not just that it's just random placements of geo Earth. That's just a hill over there. Well, now it is, but what does it look like 200,000 years ago or 100,000 years ago? Yeah,

 52:29

precisely. What alignments Did it have what I mean, even even our mutual friend Dennis stone, you know, when you get back and start looking at which which I had the chance to finally go to America's stone hinge and asked him this visit and see it and it's remarkable it's amazing even the even the positions of things in the way that things line up. It's it's one of those that can't be accidental. And and yet still the structures that are there, everything else are almost Neolithic. So what

 53:05

do you think? Well, the end we have these primitive applications of it, but how do you think it rewinds when you look at the Euro theory on the Great Pyramid, or the ones like it, how do you think it relates back to one lie detector identity says My question is, it's on one hand seems obvious, on the other hand, what led you to think about it, but the Great Pyramid? Well,

 53:29

number one by all means have at least my knowledge of Egyptology if if the Great Pyramid

number one, by all means, have at least my knowledge of Egyptology, it, if the Great Pyramid was a tomb, whoever was in the king's chamber was never intended to reach the afterlife.



53:47

There are very few



53:49

there is not a single carving or inscription from the Egyptian Book of Life for him to read the thought to have his heart weighed against a feather and see if he either goes to the afterlife or it gets fed to the crocodile. And with without that you ain't going anywhere. According to ancient Egypt and ancient Egypt, mythology, religion. Sacred means everything else. It certainly seems to be as though it was occupied regularly for something because there are definite burn marks inside of it. Okay, so torches, things like that were up in there. Now, when you look, I'll bring up a cross section of the Great Pyramid of Giza. On screen, okay. And when you look at it, it it's made up of all kinds of chambers, things like that. But what what I see that gives me that idea more than anything is these tubes going along the sides I see it especially for the fact that the that the air shafts have baffles if these if these were once again things to observe the sky or get a spirit to the afterlife to a direct Star, why would it have a baffle the block its way. To me it's more the fact of the these baffles are there to control the flow of air in a very specific way. And if you look, they're all at different heights, there are different links, which if I look at it as kind of a straw, same way, if you pinch the bottom of a strong blow across it, it'll sound like a whistle. And if you move that up, it'll be like a slide whistle. So these are basically tunable air shafts, that with the baffle, you can control the frequency of the air passing by by the pyramid, thereby causing the structure itself to vibrate at specific frequencies. Yep. Giving the person inside the king's chamber that that very specific frequency, which if you look again, those two shafts go directly in there. And they are different lengths slightly offset from each other, the same way that you would need for a binaural beat.



56:31

Well, that is interesting. And what do you think about the muons that they've put through and found there's a whole nother layer of the either the build and or the build relational to the structure? Yeah. What about all the hidden? That? Yeah, there's all these hidden tunneling systems around the interior of the structure going all the way up? And did it have to do with just building it, but that French team that blasted with the muons? How much of the structure are we looking at? Are we really seen as the entirety of the structure, the functionality,



57:01

the entirety of the structure period? Because it was covered with limestone? I know, right. So that would have resonated totally differently than what it does now. Because of the weight on top of it, and because of the meeting of granite and limestone that both resonated different frequencies? Yes, and would have had much more of a capacitor. In in a sense, where you've got a layer of conductivity, a layer of, of resistance to go on kappa or the cap of metal on top.

 57:42

Yes, what what the actual frequency is, has to be relational to the entirety of the structure, which almost never gets discussed, and that some of the remaining cover of the pyramid was found. And you know, my friend Jen do the archaeologist and former coast and she has been there and has gone to some of the not advertised

 58:11

or structures and temples and later dynasties, things like that.

 58:16

Well, she's seen actual pieces of it. And her comment as an archeological I mean, she's done some really discerning and, and detailed technical work. And she's been in the mud. I mean, she's literally been in pits in Jordan and Iraq and Syria. And, and I, I trust her opinion and observation. And one of the things that she said, was that the cover stones were covered in hieroglyphs, which was the first thing that it was put graffiti all over it. But the one thing that she said, and that's one of the things about the Egyptian language that a lot of people don't know one. According to see, Yosef, EO on there there is? Well, it's not just him, but the general consensus is that the Egyptian language as we know it, is only 60 to 64% deciphered. So we don't even understand the language and of the hieroglyphs. Are they something that dynastic Egyptians found? Like on the entire side of the Great Pyramid? Did they find what was already an existing language? Do they give it meaning itself? And did they change or add to the language? And was it something that was the symbols and what was on the pyramid was maybe an instruction set or said something completely different? But Jen Dale's comment was at a piece she saw that was on the Great Pyramid that they found that was left. It had hieroglyphs on it, but in her opinion, those hieroglyphs were laser or machine cut. They were not primitive hieroglyphs not complex that yeah, so this pyramid imagine it finished folks with this gorgeous finish that had a machine cut line up ancient language on it. That to us, we call high Over glyphs, but it may have been a full instruction set as to what the building did. Or it could have just been, thanks for building this. And here are the following engineers, it could have said a lot of stuff as a big building. But the fact that the hieroglyphs found on this piece that was a final layer was so her other comment was it was about six inches thick. And it was just perfect. It wasn't like it was a carved piece of stone kind of slapped on there. It looked like a manufactured Yeah, final layer of a very complex advanced piece of what would have been, as you just pointed out a machine.

 1:00:43

Yeah. Yeah. And I mean, you know, even whenever you read the ancient depictions of the pyramids, that they they shown in the sun, you know, because of the the polished limestone that that surrounded them and the capstone of metal on top. Once again, it was a different technology, it sits on what, at least what we know to be the center of mass of the Earth. Pretty wild. Yes, apparently, there's a there's some hypothesis that the speed of light is encoded in the Great Pyramid via the spiral around it. All kinds of things. But the main thing is that it is not

a burial chamber, like you can call a king's chamber, Queen's Chamber anything you want, but I'm sorry, Zahi who was everything you've ever said about Egyptian religion and all that. It can't be it just it can't be a tomb. It's not a tomb. It's something else.

 1:02:00

I hate that it comes down to us discussing Well, why would he say that? And then well, that's

 1:02:06

what all like, it's hilarious. It's funny to me, because and we have this conversation with Steven Meyers of the pharaohs pump foundation regularly, who discusses how the great pyramids were built using a lock system to flood the area, which really makes a lot of sense if you already had mastery of the Nile. And you were already building dams on the Nile. Why would you float the things for miles down river just to drag them across the dirt?

 1:02:36

I just, it is mind blowing. And then the end the amount of hours put into describing large logs and little roly balls of bearing despite

 1:02:47

how they were built. The purpose of them is in direct conflict with exactly what you say tombs were and why they were in scripted the way they were in scripted. So unless we've unless we've got some situation like in the mummy, where were you in tune to this guy with no inscriptions on purpose because you didn't want him to ever reach the afterlife? You know, unless that's the case, this was obviously a place and a building that was used for something totally different.

 1:03:27

Yes, and it's not that again, for those people out there, you have not 100 or 1000 years, you have at least 6000 years of dynastic people, the Egyptians as we know them, effing with this location, yeah. Doing any interpretive for like for a mansion, what trends have changed in your lifetime? And granted, we're in a very spectacular technology from now flash drives to me, US Chris and I growing up with a rotary telephone to people that we live with may have actually seen no phone god

 1:04:02

man, you remember when you used to just have like, like a three finger thick yellow pages in your head of phone number? Oh, my God. Yeah. Like now I remember one phone number that can take a collect call in case I'm arrested. Like, all I got in my head now.



1:04:18

That's it. And as the white highlighted phonebooks with like underlying phone numbers so that I can get to the page easier to call whatever it was that I needed to call I just, it's so it's technology that's less than 50 or that the phonebook. I mean, that's less than 5040 30 years. It's been around a long time since we have phones but



1:04:41

even to talk about the pyramids once again, like the idea that we move forward, humanity marches forward, time marches forward. Heck, even the locals took bricks from the pyramids to go build other buildings.



1:04:57

Oh, it's so so annoying. And that's isn't a



1:05:01

good cause, because at some point, it's just bricks. It's just bricks. You know, it wasn't considered that that sacred site anymore because society had changed. You know, they had moved past the point of the gods, they had moved past all of that, at that point, you're talking 2000 years of history going by, nobody's really using it. It's not like a cultural site. You know, even even when Napoleon showed up, whenever you look at the pictures of Napoleon's trip to Egypt, like the the Sphinx was buried,



1:05:42

right, and again, you have robbed Dr. Robert shock. And it wasn't just him, it was John Anthony West, bringing Dr. Robert Schoch. To look to witches now, 1000s of years of geologists, it's not just one or 100. But you have multiple geologists looking at this thanks going. This water erosion is hundreds of 1000s of years old, yet not at a minimum 10s of 1000s, the minimum number was 36 56,000 years old, which lines up with Gobekli Teppei, which lines up with other mega lists that we're ignoring? I'm not saying that that's the age they've been identified at but the antiquity of the ruins in Siberia and megalithic Japan, and all over the earth, indicating a society that is grossly older than what we're giving everyone. This contemporary idea that, yeah, there's a face on the Sphinx, but it wasn't what it started as. And it's not how the Egyptian pyramid again that that in itself, the pyramid on the Giza by the way, there was the what we know of David by numerous



1:06:48

pyramids on the Giza plane, there are four there's their step pyramids, there's all kinds of things, there are only the three finished pyramids of that type right there. But numerous

things, there are only the three finished pyramids of that type right there. But numerous around it.

 1:07:05


Yeah. And we at least have and what's interesting is, oh, in the point of forgetting, like, what's a flash drive, what's a phonebook? Why, in just a short amount of time from the 1700s, it was known that on the Giza Plateau itself, when you talk about grabbing things, and taking it for other purposes, there was still seven pyramids, and there's no longer seven pyramids. Where did the seven pyramids go? Where are the remaining remnants of what happened to the ones that were on the Giza Plateau? And for everyone listening the Giza Plateau myself, I always thought when I was a kid, I was like, oh, yeah, there's a great pyramid. And you know, you got meencari. And there's, there's three big pyramids? Well, no, they're the one it's not a place you drive to and get out of a car, like a giant Mall of America, the Giza Plateau is an area the size of a county, larger, maybe. And so, but in the Giza Plateau, specifically in the location of the three big pyramids that we think of, there were seven still in the 1700s, which they drew pictures up, and they're gone. So, okay, there's just even in the last 300 years, how do we not have that in the vernacular, we don't discuss either the fact that there were seven, but also that there are others where the foundations are found, but because they're not standing, we don't acknowledge them. I think enough in the research as to the functionality when you get back to that frequency energy technology, and like you said, binario beads. What is a worldwide network of megalithic constructions capable of combined engineered soil?

 1:08:49

Yeah, yeah, absolutely. Especially whenever you're talking about a soil that can carry currents, that kind of stuff can carry micro voltages through it.

 1:09:01

Can you imagine walking on that and just getting in fold because you're walking around you don't need to be you know, nuclear, you know, you don't need to be microwave by a by a 5g.

 1:09:11

Yeah, yeah, well, and even even being able to transfer energy from place to place because of it, being able to once again use piezo electric means to transfer that micro voltage, all kinds of things. So there there are numerous applications and numerous ways in which these things tie together it's It's remarkable once you really start digging into it. And to know that once again terra preta this this stuff that the Amazonians have been but never stopped making, not like making since a certain time like is the the youngest that they Have that is that they've tested so far is 5000 years old.

 1:10:07

Isn't that funny? And then you're the one who pointed out the that study of well, can we

deplete it? that Stanford has been doing right? Yeah. Yeah. Yeah. This study? Well, at this point, what are the 19 years something of, of using? This is for everyone listening. This is one that Chris pointed out that here's a an example of how

 1:10:32

Google while we're talking about, yeah,

 1:10:34

so which is why I'm gonna keep talking. That's it, see, we'd naturally dance well, this. This is one of those cases of terra preta been tested by modern science, in this case stands for Stanford University. And the Arctic, what you'll see in the article is about the testing of not rotating a crop, which if you don't rotate crops, you're going to deplete the soil, tear uprated this never depletes. It just keeps functioning the way it's supposed to it replaces what it needs. That's that's a level of technical intelligence that was clearly programmed into the soil itself. And again, it's it's there. This is the realm of either it's a technology or the the easy explanation is it's a phenomena.

 1:11:22

I just found another one. Another study on terra preta. I'll send this to you after the show. Yeah, you should. But But yeah, I mean, it's it's amazing to see how many studies there that are now going on about this stuff. Because once again, yeah, like we I remember studying in high school about the great Dustbowl, that pretty much came from Mountain View, mountain nourishment and non rotation of crops. I lived in Portland, Maine, just north in Freeport, Maine, was the desert of Maine, as it's called the only desert in the United States east of the Mississippi. Interesting. And it is if you're ever in Maine, folks, if you're ever up near Freeport, and going and hitting the shops and go into Ilbean, and everything, the desert of Maine was a sheep farmer who ran across the same situation not rotating his crops, but also not rotating his sheep. His his sheep flock. So as one depleted the soil, the sheep came through, and well, sheep eat things down to the roots. They aren't like a cow who just eats the top and cuts. You know, they keep going. So eventually all of the ground cover was eaten by the sheep. And he ended up with a fine desert sand that is there to this day. Not Not many people are aware of it. But there it is on screen right up the road from from our good friend Dennis stone at American Stonehenge is. Yeah, a huge desert.

 1:13:16

That's phenomenal that

 1:13:18

has been there for years and years. It's really wild. It's an interesting place to go see, but a fantastic example of what can be done when you don't properly take care of land. And what

Well, that could these Amazonian cultures have known for millennia? Well, it's

 1:13:36

interesting. It's hard for people to comprehend, like, how does Egypt look like it does when we see that it was a rainforest, people don't even that's like mind blowing. It's one point. And now it's and and even when I was writing originally, even five years ago, the research was showing that before it was 10s of 1000s of years, but that the greenery of all of North Africa may have been as beautiful as what the forests look like behind that desert in Maine, but that it was as little as four or 5000 years ago that it was not a desert wasteland it was a well vegetated continent. So it's quite fascinating than an area would. Would. There's there's a lot of mysteries. I digress.

 1:14:26

I mean, it's just the fact of once again to bring it back to home. As we always do in our conversations, it's the fact of we forget we forget so fast. We forget so fast. Good Lord, go. Go show go show a teenager an eight track.

 1:14:48

I know. Like and what is a track? Why is it Yeah, what

 1:14:52

do you mean you can't like, I can't just listen to whatever song I want on it. I gotta I gotta listen to it. To songs around it. Like yeah, once again it's the idea of how fast do we forget as a humanity and collectively forget the example I give regularly is I'm I'm Cajun I am I am 50% Cajun my mother's 100% Cajun my grandfather and grandmother. Cajun was their native language. English was their second they were of the generation that when they went to school if they spoke Cajun they were stuck in the corner. Oh boy. And it because that was the language of the ignorant you're you're here to learn English you're here to speak English. It took one generation my man, you are hard pressed to go to deep cage in Louisiana Mamu, Eunice Ville, Platte pine prairie, any of that right underneath the raccoons tail. And, and find somebody my age who speaks Cajun fluently. They may know a few words, they may be able to talk to their power or something like that. But for them to sit down and have a fluid conversation. It's it's all about gone. all but gone in one generation. And that is an actual language that is indigenous to America. It dates back to 15th century court French and is a mix of that and local indigenous Indian language. So they like totally uniquely a culture here in America only. whose language is all but gone in one generation.

 1:16:53

That's how quick it happens. And it's pretty mind blowing. It is.



1:16:59

And there's a great restoration of that. I know. The Louisiana public school system just put out like a learning Cajun thing on online, which I am all about and getting ready to go take myself because I would love to learn my family's language. That would be awesome. And it's funny whenever you talk to even even people in Acadia, I used to always make the joke whenever I lived in Maine and met people from Nova Scotia like what do you what do you have to do to get exiled from Canada? Catholic and not want a king like that? That pretty much seems like it was the case. So but that's what led the Cajuns to. It was a great exodus where they were exiled from the country for not wanting to ally with the king. So yeah, interesting stories, interesting histories that are right in our backyards that we utterly forget about. So these losses of technology are to me, not a stranger, you know, to anybody, they shouldn't be a stranger, we forget about these things so rapidly. So rapidly. We are in a roiling pot of technology right now where everything, everything is different, everything is new. And to think that technologies that existed 1000 years ago, like terra preta is just being appreciated, scientifically and just being just being given its credence, you know. It's awesome. It's awesome to see, it's great to see that. And I love the fact that we are starting to realize as a humanity that there is still a lot of wisdom there. And that we need to go back and look at that again.



1:19:05

Yes, and it's one of those things, it's food for everyone to think about. Everyone has stored genetic memories, everyone has hunt. Oh, you might be a hunch now. But this is the encouragement I think that everyone's takeaway should be that even if you don't have a specific chemical mental mind for it, or you're thinking on it, if you've had weird dreams, if you things that you may have chalked up to esoteric stuff like Second Sight, or, you know, some something that you thought was just an experience that was a one off, I mean, you may have just like, on the static rug of true human history, you may have robbed enough of your feet to zap yourself into some reawakening of some kind. That should just be enough of I think, I would hope not enough of a tidbit for you to just dig a little further and to share.



1:19:58

Yeah, yeah, no, no No doubt. And that's just it. We are exposed to these things regularly in our society we I don't know, I think unfortunately, a lot of people turn a blind eye because of fear jarred? Oh, yeah, there's a lot of fear of change out there. And unfortunately, a lot of these changes that are coming and happening societally in humanity. Humanity, really, that's not a word at all. But as far as humanity is concerned, these changes that are happening are vast, they are wide reaching, and rapidly happening. As our bell used to say that there is a quickening going on right now. And we, we are a lucky part of humanity to get to take part in that to get to see that to get to see not just the, the daytime, of the Mayan prophecy, but the nighttime as well. Which is what we're up against right now, the daytime is the discovery of a technology or change in humanity, the nighttime, which is what started in 2012, folks, is the application of it. What are we going to do with that knowledge now, and that that is where we are at in the Mayan calendar, where they just, they didn't even want to count beyond that. Not that they couldn't, but it was like this is going to be this next realm of humanity is going to be so shaking that we can't even count beyond that. No, we can't even we can't even figure or

guesstimate what that's going to be and that that's where we're at right now. We're, we are at the application of that technology with our humanities. What what are we going to do? How we're how are we going to move forward? You know,

 1:21:58

yeah, so that this is why our past isn't, again, I really have may always maintain that I think our past is a search and rescue, it's not a search and recovery.

 1:22:10

Yeah, yeah, absolutely. And you know, why I am a big believer in some of the hypothesis of Dr. Michael P masters who I interviewed at MUFON. And the idea of moving this conversation away from aliens, or moving it into the conversation of non human intelligence. Because the likelihood of a lot of what we're seeing being maybe even a form of time travel, a form of probe coming back to see what we've done, when we've done it, and how we can fix it. You know, there's probably a much greater likelihood. And that's a really, really interesting concept to think about. That's a really interesting just to take what we're talking about right now and project it 2000 years into the future, you know. So bringing that up as a point of conversation and humanity, I think, is a really huge part of this equation right now. As opposed to once again, just like your book says, It's not aliens. Worse, it's us. Very well be us coming to see what we jacked up right now. Right now. And this pivotal time. You know,

 1:23:35

it is so here's my, the whole the worst part, it's like there's a lot of layers to what's worse. Yeah. Our memory, our weight, our recall of it, all of it. It's it's it's not good. Yep. Is it's important that we go back through it or figure it out.

 1:23:54

Yeah. No. Absolutely. Exactly. And and I think terra preta. And the technology behind it is is a great, great place to start doing that because it is something that as opposed to so many technologies like like I am a big believer that frequencies and other technologies were used to make geopolymers which is why we see the the interesting construction styles that we see a Puma Punku and places like that where it looks like these rocks were melted and reconstituted. They we have a very, very beautiful point of study with terra preta, we're here is a still existing still in use ancient technology and might have a chance to uniquely study that not just in the field, but in the lab, you know, and if we can get to a point where we can create that At least with greater ease than cultivation of a spot for generations. That would be amazing the things we would do the things we would be able to grow, the stuff we would be able to advance for humanity would be amazing. So, yes, thanks. As always for the conversation. Man, I always love our talks, I always love getting to hang out with you let everybody know where they can follow all of your work, Jarrett, where they can go to keep up with everything where they can go to listen to the show, all that kind of good stuff.



1:25:35

Yeah. This is not aliens.com or not aliens on YouTube. And again, I apologize, everyone, but we are waiting for the new version of not aliens. It's not aliens worse, it's us that the new versions will be pretty cool. There's going to be a hardcopy, and there have been many updates to the website. But there are many more to come and it got a makeover before I did my expedition to Belize a couple of months ago, but we're gonna go at it again. And we'll hopefully keep everyone I'm looking forward to you know, tune in for more.



1:26:17

Yeah, yeah, absolutely. Once again, always a great conversation. Jared, thank you so much for your time. Hold the hold the line while we close things out with the audience real quick before we head out to commercial. While you're while you are online, checking out all of the amazing work of Jared Murphy and not It's not aliens worse, it's us. Make sure to stop on by curious realm folks, that is where you can find all the episodes that's where you can like follow subscribe, share with your friends, all that kind of stuff. That's where you can go and share your story if you're an experimenter of the paranormal if you are an add excuse me an abductee if you have had a cryptid experience stop on by share your story. Share your evidence with us. We will get you in touch with professionals and share your evidence here on air to try to get you some answers. Stay tuned through this commercial break everybody. We will be right back with our next guest the good Dr. Shelly Stockwell. Nicholas we will be discussing the idea of hypnotherapy, the use of hypnotherapy in trauma relief the use of hypnotherapy in past life regression and so much more right after this everybody. Well, hello, everybody and welcome back from that commercial break. Thank you so much to all of our sponsors, especially web works wireless web works wireless.com is our sponsor for all of our website live streams. They are the ones who have provided us with an amazing cellular network if you are out there with the cabin Camp RV trailer what have you if you're a roving podcaster like me, go check out web works wireless folks. Their connections are absolutely amazing. I get constant 25 up down anywhere I am with that thing. I could go out into the middle of the woods and quite literally live stream a Sasquatch hunt. If I wanted to anywhere you have Wi Fi can anywhere you have cell phone connection you will have Wi Fi and hardline internet connection. Stop by and check them out web works wireless.com They are your home for no credit check, no throttling, no no speed dip, internet connection. Our guest in this segment is Dr. Shelley Stockwell. Nicholas is She is the founder and head of the International hypnosis Federation. She is the author of quite literally like 26 books on the topic topics of hypnosis neuro linguistic programming, which we've talked about on the show before she also works with people in the realm of PTSD, alien abduction, things like that. Welcome to the show. Dr. Shelby How are you doing today?



1:29:15

Doing great I sound a little like a frog but I'm feeling great Christopher and cold that that keeps rolling around



1:29:23

my way rolling hard around lately there have been kids like nuts sick at my kids school. So

yeah, yeah, he was just home since yesterday with it. So

 1:29:35

no. But well. Whenever that is so cool about my profession, is that I use hypnosis to feel better all the time. And

 1:29:48

then we can get into that because, you know, we've had people on specifically talking about the topic of neuro, neuro linguistic programming before and the idea that you know, the old school 80s Psychology of like a daily affirmation, you know, the whole Stuart Smalley Saturday Night Live thing like I'm good. I'm great. And Doggone it people like me. Like, you would be surprised at what doing something like that every day actually does for you, you know like even even negative situations guaranteed you could find a learning situation something inside of there to turn that into a positive how important is that in in life? Dr. Nicholas,

 1:30:41

what people don't realize is we've been hypnotized 24/7 Our whole lives were in universal, their mother and what she said in what she did, we could hear while we're in utero were you baptized at birth to comply or die, were hypnotized throughout life to conform. And then we grow up and re hypnotize ourselves to be happy, hopefully. Or if we were already happy just to be productive and happier. But everything has to do with self talk. And the most effective way to hypnotize yourself is when you're dropping off to sleep. Because your mind then records replays or re advances the message all night long.

 1:31:27

Absolutely.

 1:31:29

What you say to yourself, when you drop off to sleep, you're in a trance. And when you first wake up, you're in a trance, those are paramount to your day, and to your dreams, and to the outcome. But a lot of people have negative self talk. They're fear driven. And they're, they're hostile to themselves. So if you really want to be happy, you have to understand there are three relationships. You have a relationship with you, yourself, me, myself, and I, and all those sub personalities. But then you have a different kind of relationship with you another person. And in order to have a healthy relationship with yourself, and then reach out to another person, you have to get over yourself. Because if you're still living in the everything's about me self, you miss the other person. And then there's a third relationship, there's the US relationship, which is the agreements you make with people at work at home, at play, at school, whatever,

to be a collective group. So there's actually three relationships. And each one requires that you wear a different hat and a different mindset. But every one of those mindsets, is actually creating the outcome of your life.

 1:32:48

Sure, sure. Especially especially whenever you're talking about that initial relationship, that ego and ID, you know, the the idea of the self talk and where are you starting because if you aren't starting that conversation with yourself in a good way, in all likelihood, you are not carrying on the conversation in a good way with others that you're interacting with.

 1:33:13

Right? A lot has to do with childhood hypnosis, because it's always one thing or your mother.

 1:33:19

Yeah. And you know, as somebody that studied psychology and abnormal psychology for quite a while that, you know, it's funny, but yeah, ya know, so much of it goes back to your mother and oddly enough, yes, like you're saying straight to in utero, which which a lot of people do not realize one of the album's that I wrote that years ago, about six years ago now was actually an album for in utero, fetuses to help to help calm them and soothe them and things like that. It played in my son's room from the time he came home from the hospital till we moved in. Just recently, he asked where his music was. But yeah, I wrote that music for him to listen to in the womb. You know.

 1:34:14

Be amazed if was when you regress somebody to remember their birth in the in the womb experience. Wow, pre natal. The memories that come forward are fascinating. Even though if your mother was cool, you know who she was having sex with? You know what she's thinking, you know if she wants you in there, then when you're born that makes a deep and permanent imprint on your life because you in the same Spanish you Darla loose you gave light to yourself. There you met these people and how they hypnotize you determines a lot of the beliefs you have. And then what happens is some of the beliefs you have are true, but some of them are not true for you might have been true for that. So what you do is when you have to literally question everything that you think because not everything you think is true. A lot of things you tell yourself are simply repetitive hypnosis from other people. So I like to question everything. And then I like to see what is true for me, then I like to get over myself and hear what's true for you.

 1:35:30

Well, and to get over yourself and hear what's true for you is, I mean, that goes right back to our pre recorded conversation of lack of empathy in society. You know, so many so many times we hear this turn of phrase like "Oh, I feel so bad for you." He like, well, sympathy is great. But if

we hear this turn of phrase like, Oh, I feel so bad for you. It's like, well, sympathy is great. But if you could actually learn to empathize with the person and find something in your life that commonly ties you together with that situation, it goes so much further, not only psychologically, but spiritually, for people. Yes.

 1:36:06

Well, here's the thing, we have mirror neurons in our brain. And so we are actually picking up energies, whether they're negative or positive. And so empathy is also a good thing. But you have to have some boundaries as well. Because sometimes people slacking you, they give you an idea of bliss, that is hurtful to your well being, and that you'd be nourishing things. But you know, there's two words that always play in my mind, and one is compassion, which makes me taller than you and bigger than you. I feel so sorry for what is compassion for you? I don't want that. I love the word empathy, because it does feel with the person and need discernment. Because if I'm feeling with you, and you're toxic, that's dangerous. Yeah. Yeah, if I can understand that you're toxic. But I don't want to play, I have to keep my boundaries, very clear in that situation. But if I can stand in your vibe, and understand where you're coming from, and then let it go, like wind pass me if it's not nourishing to me, then I've got a really good thing going in terms of us. Otherwise, I may be hypnotized and vulnerable and stuff like

 1:37:32

that, as well. And that is something that we've talked about, not only with other hypnotherapist that we've had on the show, Dr. Shelley, but with other people in general, whenever it comes to brains brainwaves, how we operate, even whenever I speak on shows about using binaural beats in my music, things like that. The example I give people is we our body and our brain once a pattern. It would it wouldn't it would much rather go through the day autonomically than to have a think. Yes, my the prime example is driving to work. You know? Are you actively aware of everything that's happening while you're driving to work? Are you in a partially hypnotic state? And going through a rote habit, knowing where the exit is knowing how far you're driving? You know how many times you get down the road and go, Oh, wow, I'm at that exit already.

 1:38:33

Yeah, that's true. That says that. Definitely road hypnosis. Christopher's interesting. Imagine this with me for a minute. Imagine you're driving a car. And you're you're really paying attention to the road because you don't want to kill yourself and crash, right? But imagine that sitting next to you in the car, is your best friend who's telling you better love affair. Now you're in two line states. You're driving the car. Yep. But the next year is telling you some salacious information that is really exciting. Anyone here every word and you're listening can very carefully because it's really interesting. But at the same time, there's another thing that happens. There's a flash in the sky, or maybe a rainbow and you say, Oh, I remember when my mother died, that rainbow came to me. So now you're in three mindsets, you're in the trance of the driving. And the solution is transfer the passenger and you're now in spirit. And that is a dance that is happening simultaneously within you all the time. So it becomes a very, very interesting thing like who are you? And you know, in the book Alice in Wonderland, but you have a category those who are you? That's right. And she's this is I don't know, I did so many

people all day. Because that's where that's the truth of us. We're so many people each day. But the most important thing we do in all these people It is to have them agree to give you the goodies to be in favor of being. One of the things I just wrote was my book on VEVO joy, the art and science of Hypno neurology. And that's what I talk about when I come to Mid America conflict. We have our neurology respond immediately. And for your listeners right now. I'll do this exercise. We it's funny. Because something that annoys you.



1:40:32

Don't tell me what to do about half a second. Okay. All right. So you got it? Yes, I do.



1:40:38

Please, you know, take your ears and pull them out. Just pull them straight out. It could be breath and go make an audible it's gone. You can't find it. It's got like all your ears. Isn't that interesting? Wow. Simulated your vagal nerve, which switched your mindset. Here's another one. Think of something that maybe frustrates you or something. All right, got it. Take your hands and flip them up. Right, you're gonna catch some windy and do something, take a deep breath



1:41:34

it's gone. You can't find it. You see, you every time you play your, your vagal nerve, which is behind the back of your head, where your neck comes to your head. Every time you play your vagal nerve. It's like playing a Stradivarius. It is in charge of whether you're calibrated into fight flight, excite or freeze or whether you're going to calibrate into joy, relaxation, harmony and excitement in good ways. So your vagal nerve is no emotion, there is nothing else. Your vagal nerve tells every single part of your body, what hormones to release. And it does it instantaneously. And then the emotion comes when it is the gut. Not before. And it's the most interesting phenomenon. Because for years, hypnosis was, you know, had different styles and different names and different protocols. But now I've come to understand, it's all neurology. And it's affecting anything when you understand you can play with your neurology and bring joy to yourself in every second, if you choose it.



1:42:46

Wow, wow. And as you were talking, one of the many things I do doctors bring up articles, things like that. And I found an article that I remember reading from the Harvard Gazette, about expanding our understanding of gut feelings, and the idea that women who suppressed emotions had less diverse gut microbes in a study. So the actual suppression of your feelings affects your entire body from your gut microbes up. And that that was a fascinating study that was done out of Harvard. To show exactly how far down are our feelings resonate, you know, whenever you go right to the whenever you get to the idea of depression leads to physical ailments. You know, it's remarkable how, how exactly how powerful our mind, our emotions and our state of being our to our physical being, Doctor.



1:43:55

Correct, correct. So the hypnosis called the gut, the abdominal brain. And we like to think of three brains. There's a brain in your head, a brain in your heart, and a brain in your gut. And these are all calibrated and controlled by a very complex, a bundle of nerves, that back nose, around your face, interfaces with everything. It does interface with your gut bacteria, you have about five pounds of bacteria in your gut. And it does interface with those, each of those little bacterias in your gut, those microbiome they're called. Each one of them has a mind of their own, that they interface with a vagal nerve. It's very, very interesting. vagal nerve controls your elimination, of course, it controls your sexuality. It controls your heartbeat, and its job vagal nerve job is to keep you alive. And it's been doing a darn good job, Christopher because you're talking to me right now.



1:44:58

Yeah, yeah, it does it I was okay. And I am I am currently currently working with somebody on my personal anxiety and panic issues that have cropped up literally over the last two years. Strange. Just weird stuff where it's like I had panic attacks where I didn't used to.



1:45:19

Oh, you need books.



1:45:20

And believe me, it's one of those where it's like, wow, wow, like those situations used to not affect me whatsoever. And now it's like something is quite literally put upon me when they had to



1:45:36

give. Let me give you a simple exercise if you aren't dead within. Okay? And we're gonna do it together right now. Okay, just so you can see it. Okay. All right. yawn, yawn, take the biggest yawn you can make. Big, big, big yawn. Big, big, big yawn. Open your mouth real wide. Good. Do it again. Look up this time, Big yawn. eyes are closed squinting, but big yawn. Okay, let us found at the end of the yawn, it's very helpful and one more time



1:46:21

to put your hands above your head, and your anxiety will completely go away. Interesting. C is on the verge of your whole body, your whole being is neurology. And it to me it was the most mind blowing thing that has happened to me in all my 26 Books was to really come into with who I am. Biologically. Yeah. And, you know, we are certainly programmed. And we have thoughts that calibrate the vagal nerve. But you can recalibrate it quite simply, by doing things

with vagal nerve likes things that are fun for the vagal nerve. The vagal nerve likes the outbreath more than the in breath. The vagal nerve, like certain body postures like we just did, the vagal nerve likes and if you put your hands behind your ears, and you'll find there's a dent behind your ears. Can you be a little bit? Yep. If you rotate fingers and a little circle there, and smile, even if you don't feel like it, you immediately feel better about it, because that tells the vagal nerve, it's safe. And we don't have to use resources just for survival. We can use resources for renewal.



1:47:43

Yeah, yeah, we quite literally



1:47:49

just did a program with Jana sorry, of old carbonic certainty, I met him at the International remote viewing Association. And he he has an amazing philosophy kind of tying together the whole concept of quantum entanglement. And the idea that two particles can influence each other despite distance. And the idea that we are not only carbonic beings, but we are exhaling carbon, and that carbon that we are exhaling has our fixed frequency in it. Yes, so and like you're saying the vagus nerve light likes an exhale more than an inhale. Like we said in that interview, that The exhale is the one thing that you biologically have control over. When it comes to the inhale, your body will tell you when to inhale, feel free to hold your breath. You know, like if you hold your breath, you have utter control over your exhale. But your body will tell you when it's time to inhale, you will gasp for air.



1:49:02

Yes, that's so true. Yeah, totally true.



1:49:05

So So it's interesting to see the fact that our vagal nerve in the back of our head, which is tied to so much whenever you start looking at acupuncture, acupressure, like that is one of the main points used used in those sciences for 1000s of years.



1:49:24

Correct? Correct. Correct. So, all these things are coming together. Now, as we started to understand the body dynamics, it's a beautiful thing. And I mean, I think the most mind blowing thing of all is that we can take charge. We feel and that we think, how we communicate and how we receive communication, that it is a God given gift to us. And sometimes we have to reframe some of the things we learned and and rewrite them. And I like to think of a higher self that stands behind me and tells me the truth. And I like to think of that spirit above me, guiding me because I have perhaps a purpose or a life purpose, or I know I have a life purpose. Maybe not everybody believes that, but that's okay. I believe that most of us have a core value and a

life purpose, or we wouldn't be here. Yes, that's just a belief that I hold. And I believe it strongly. Because when I hypnotize people, very often guidance will speak to them, and give them that kind of information.



1:50:41

Interesting. And now, before we go into this part, let's look back real quick, because I think it's really important for us to talk about the idea of imprinted memory, like you were talking about the idea that we are we are programmed with certain thing, and not necessarily maliciously programmed, folks. It's not like your mom and dad like, well, I don't know, I guess there are some horrible, horrible people out there that may do that to children. Who knows. But, you know, we, I'm a parent, I've got a six year old, and, you know, I try to bring him up in the most open minded way possible. Yes, to the extent where he literally has full conversations with himself while playing games. Oh, I sit on the side, and I watch, and I listen to the conversation. Nice. Because you know, there will come a time where logic takes over, and that no longer happens. And there is as somebody who was a kid, and even as an adult, invents things, build circuits, stuff like that, like, I quite literally build devices that I see in my dreams. Because, hey, I saw it, it occupied a part of my night, there might be a reason I said, I just built a small streaming box that I used in a buddy show I built because I saw myself using it in a dream one night. One of those, I'm not going to, I'm not going to disturb that process for him and be like, Hey, man, stop doing that. You know, that's a six year old. And that is a perfectly normal thing. And that is no different than me having the conversation in my head, or even out loud. Whenever I'm wiring, all the stuff that's over my left shoulder right now, in my studio. That's,



1:52:41

that's correct. Very well said, you know, I like to think of you and me, and all the people listening to this as a miracle. First of all, because we came here, we made it, we're the sperm, it made it,



1:52:57

the odds are slim.



1:53:01

When you think about it, you started out as an egg, which was the largest cell in the human body. And then you were surrounded by 100, little spermies. And you the age chooses the sperm to be itself. So we have freewill. The moment that the the egg looks at the sperms, one's holding a box of candy and flowers, and says, Hey, you to be me. The moment you do that you murder 99 Other sperms and you then grow yourself into a fetus. And then you grow yourself into a baby. And the moment you grow yourself into a baby, you've got all these imprints because you have them from maybe before birth, maybe at conception, maybe in utero. And then at birth, you start to take in information that is relevant to survival. If you don't please the lady with the milk you die. So you better please the lady and you better please the man. So you don't die. You know, please the siblings and then you have to please society, and then you

have to please religion. And then you have to please, please, environments. And so what happens is your own programming yourself for survival, and it's the right thing to do or you would be here. But some of the things that you took on or your mommy and daddy's movie. They got up on the stage. And they said, I'm your mommy, I'm your daddy and you are now an addendum to our movie. We created this movie and so you better play your part. And they decide what your card is. And if you're a good little boy or girl You either play like the mommy and daddy tell you or you rebel and do the opposite. But what happens is somewhere along the way, you say wait a minute, is this my movie or theirs? I am I in the right place. Am I playing the right role? Is this who I was meant to be? So I have something of a highly creative child and you're highly creative, then, you know, it sounds like you're molding someone who's very similar to you, that's beautiful. But let's say you have a child who, you know, is trained to be an engineer, mathematician, but they're really an artist. Yeah, they, they may have to rebel. And they may have to say, mom and dad love you, but I'm not gonna hang out with these beliefs. So these imprints I can think of imprints like your mind is a garden. And imprints are these notions that get planted in your mind. And some go into beautiful flowers, and some grow into horrific weeds. And the job of self talk or hypnotist, is to maybe not necessarily remove the weeds, to honor that the weeds are there for a reason. But to plant more seeds for flowers, so that pretty soon there's nothing but a beautiful garden of your thoughts. And an affirmation would be I'm keenly or myself talk, and keenly aware of myself talk and I quickly change it to positive because a lot of the entrance may be negative. Like, I remember my, my husband had a complex most of his life because he bought his hedge was shaped like a tote. And he thought that because everybody would say, Oh, look, he's a towhead blond hair. Yeah. And then there was a cold blonde hair towhead. So he thought his head was funny. What was wrong with his head? He just misconstrued imprinted a notion that made him feel bad about himself.



1:56:42

Yeah. So hey, I'm a redhead. I have a redheaded kid.



1:56:47

I'm so happy to hear



1:56:50

Same here. Because it is kind of a badge of honor. And it is something that you know, as a kid, it will get you to grow a thick skin quick, because you stand out from everybody else.



1:57:02

I always wanted a red haired kid, but it was never been half.



1:57:08

You know, it was but it was one of those that growing up as a kid like I got a lot of teasing. I got a lot of teasing in elementary school and junior high things like that. It wasn't until I hit college

a lot of teasing in elementary school and junior high things like that. It wasn't until I hit college that I realized I was an actual commodity with it. Yeah, you know, that like when I hit high school was when it really hit because that was that was the that was the midnight or early, mid 90s. It's when everybody was dyeing their hair, all that kind of stuff. And it was like, Oh, wow, look at all these people trying to get the color that I have. Who teased me for years about it? So yeah, yeah. And those things, believe it or not, yeah, they can, they can stick with you, they can stick with you, and either positive ways and you grow from them, and you get strengthened from them or they can become an Achilles heel for you.



1:58:03

Right, and that's when the affirmations kick in. That's when you start affirming the result you'd rather have than the other one.



1:58:12

Yeah. And now once again, these things are impressed upon us and we kind of impress them upon ourselves once again, as a as a point of survival. And we talk about it regularly on the show the fact that our brains are a looking for a pattern regularly. But be there also wired to learn faster from negative reinforcement. Not that that's a good thing. I mean, it kept us alive for millions of years. You know, it helped us survive, it helped us perceive immediate danger from future danger, things like that. However, once again, the negative self talk can stick with you 10 times more than a piece of positive self talk.



1:59:07

Yeah, it's a phenomenon.



1:59:10

Yeah, yeah. So a you know, it is important to keep yourself positive to keep thinking positively to try to do that whenever you can, because a net negativity is going to be there that it ain't going anywhere.



1:59:27

Well, you know, it is what it is the world is a yin and yang experience. So, you know, I like to think that everything that ever happened to me and everything that I made happen was part of my evolution, my growth my experience of being a better version of myself. Sure. So yeah, sounds like you're doing really great work with yourself Christopher. You really raising your child well and doing a great job and yourself.



1:59:55

I appreciate that I have a you know I've told people for years my job To raise the most

I appreciate that. I have a you know, I've told people for years my job is to raise the most independent human I can as fast as I can. I am I am here as a support network. I'm not here to make decisions for him or anything like that. That is that is his job as a human being to learn to do. And if I take that from him that, you know, that will stay me him for life, if he doesn't learn that a decision is his to make.

 2:00:25

All right. But he needs to know your opinion also. Absolutely. That he says this is a little bit dangerous. I don't think that's a good idea. But it's up to you.

 2:00:35

Yeah, well, I mean, I gave an example just the other night on air with the with an outdoor specialist. We live here in Texas. And this last year, we we had quite a few days, like well over a month of 100 degree days. And that's normally when the when the news will be like, Hey, everybody, don't forget the critters are thirsty and hot to pay attention in your garage. Like that's when snakes creep in, you know, looking for shade looking for water. That's when scorpions sneak into your house, that kind of stuff. I went to go check the mail One day, while my wife and kid were gone and picked my shoe up and underneath it was a pretty decent sized scorpion. And I kept it in a glass bowl and waited till my kid got home and showed him what it was and used a magnifying glass and showed him the stinger and the pinchers and all kinds of things and we went outside together and let him go. Explain to him you know, the scorpions keep roaches away, they keep bad bugs away. They won't hurt you. If you don't play with them. You see one come tell dad. And about two weeks later, I was laying on the couch and he was like Dad, Dad, there's a bug in the room. And I went in and there was I mean like an inch long little scorpion on the rug crawling its way. But he knew what it was at that point. And knew not to play with it and knew to come tell dad

 2:01:57

barely put it. But

 2:01:59

it took me taking what could have been a very scary experience for him and turning it into something interesting and educational.

 2:02:09

Yes, yeah.

 2:02:11

And well, you know, the important thing is that we we have the choice doctor, we talk about it

regularly that we consent into so many systems and you can consent in into that continued system of oppression that you may be experiencing in your life. Totally unintentionally. Once again, it's not like your parents were trying to oppress you for life people by impressing these things upon you. But if they have given you what they consider to be a capital T truth, and that truth does not work for you, and you are trying to live within it and within the bounds of it. That may be a hurtful experience to your life. It may lead you down roads of addiction, all kinds of things because you're trying to fulfill somebody else's fulfillment.

 2:03:04

Yeah, a lot of times were hypnotized by our friends. Yeah. And so you know, most of the people who smoke, they didn't smoke because of the parent and parents. They smoke because somebody put them behind the bar and they wanted to fit in with their buddy and they wanted to feel really special or grown up or part of a tribe or whatever. But we know that smoke kill you. So that's something a parent really needs to impress on this child that even though you have free will, your body needs to be honored and respected. The other there's a problem. There's not free will when it comes to doing something stupid. And putting poison in your body is stupid. I don't care who you are and how brilliant you are. If you do something stupid, you know it's stupid. But you do it because you're hypnotized. Nobody put up a watch in front of your face and said You are now a smoker you did that. And so then it comes a point where you say do I honor my body by having my body I'm not going to put burning leaves and paper in my body anymore. That's stupid. So what a hypnotist does is they wake you up from stupid trance and then output you in smarter trances. And you know what Smarter trances are no hypnotist has to tell you, you know that the British smoke period. I mean, it's just there's no conversation here. Yeah. Yeah. So you know, it's interesting. I believe that every person has a higher self that tells the truth. And when I ever I hypnotize a client, I always ask them, What is your Higher Self think about that. And I yourself will always tell the truth.

 2:04:51

I have found that previously and I remember I went through a regression on air I'm actually actually recorded myself going through and through a regression. And that was asked to me whenever I went through and looked at the tape after. And getting into that, let's let's start breaking into your work with abductees because that is that is something that we talk about regularly on the show as experiencers. And the the different that the term I came to realize at the MUFON symposium this last month was ontological shock. And I love that term. Because it's it's so true across the board, whether it's a paranormal experience, and experience with Bigfoot or cryptids, an abduction experience, or even a craft witnessing experience there, there is a shock that happens to your system that when you come out of it, the world is no longer the same.

 2:06:06

Well, I've had lots of people who say they've been abducted, and when I put them in an altered state, not all of them were really abducted. Sure, they were, they had, they saw a really good movie, or they thought it was fun to do it. And they had an act of imagination. But I do have some very wonderful case studies where one in particular, an artist's friend of mine here in

Southern California, was supposed to have open heart surgery in a couple of days. And he had this very profound, lucid dream, where they took him up in a craft, and they performed surgery on him in the craft. And when he went to get his surgery, and they did, whatever tests they did before the surgery, they said, there's nothing wrong with your heart. So he had a miraculous healing. Yeah, I have an empty, you know, it was a truly a miracle. And his heart was fine. However, a lot of people that I hypnotized, to remember their experience, it was a fabrication made up by a subpersonality. That was for fun, or interest or whatever. So I never believe anything until the higher self validates it. And the higher self is the part of you that's wise, beyond wise, that knows when you're telling yourself the truth, and when you're not. Parents are on track or when they're not. It knows when things are cuckoo, or they're not. There's a part of you that's wise, beyond wise. And to call upon that all knowing all nine part of you is really profound. So when we have an enlightenment experience, be it meeting spirit, or having an induction or seeing crafts, we do question things. It's beautiful, because it's kind of throws away the whole home everyday experience. I myself have seen a craft, and a couple of things. And it's been a very fascinating and mind blowing experience. And I didn't do it alone, I was sitting, I was with two other people who saw three people that saw the exact thing I saw. So I know I didn't make it up. Yeah. But to make things up as well, we do have hallucinations, positive and negative hallucinations. That is the power of suggestion. That is hypnosis. We're always giving ourselves suggestions. And so you know, and certainly, it's worthy. If you think you've been abducted to be hypnotized and explore it. And most importantly, what did you learn? Not Hey, I'm so cool. I was abducted. If you were if you weren't is irrelevant. What's really relevant is what did you learn from the experience? And same with past life regression? If you live a past life, the key question at the end of a past life is going to the light being the light, what did you learn from the light? And how does that learning affect you in the hearing now, otherwise, I would waste my time or my money. Because we're here now, here and now living our lives. Hopefully do the best we can. So it's very interesting. This alien abduction thing, my brother's an alien ologists. He's an anthropologist. Somebody writes books on the Anunnaki and things like that. He's really into this. I went and went to a conference where he was speaking here in Los Angeles, it was broadcast all over the and and there were like, eight different people in a room and they were All experts, they're all anthropology, gurus, okay, and they were all one was talking about, we come from lizards and somebody else that we came from here and they're all They're all coming up with their theories. And then they're arguing with each other about who made up the best story. And I just I was like, flabbergasted. My brother so heavy like that jelly. I said, Well, it was really interesting. But it's just a bunch of storytelling one on one. And it may be true, it may not be true. But to argue with each other that your story is the best is kind of bizarre to me. I don't get it. And so that was a very interesting thing for me to witness. I don't think that my story is better than your story. I think your story is perfect for you. And my story is perfect for me until I change my story or you change your story. And the real is how does the story benefit you? How does it benefit? your well being? How does it benefit? the well being of those you love? And how does it benefit the world? And there we have the crux of any experience? You have to check it out with your higher self. Yeah. And high self knows everything.



2:11:15

Yeah, yeah. Precisely. And I mean, it's, it's even interesting the way that we we as humans block memory. Yes, we are. I was just reading a great article the other day from Psychology Today about false memories and how we create them. And how we accept them as part of our narrative. I myself had a situation when I first moved to Austin. Back in like 2011, something like that I ran across somebody on social media that I went to school with, and when to befriend

them, and they sent me a long message about I don't know why you're trying to friend me. There, and it went into this whole thing. And I remember a point in my life where I had a family member that had to move away. Never understood why or anything like that. It went into this whole thing between them and my family member. And like, and how I had apparently said something at school when we were kids, things like that. And I remember none of this, none of this if this was the case, it was when we were like eight 910 years old. You know, right? Apparently it was saying I apologize to her. I was like if that is the case, I am so entirely sorry. I do not remember this I believe the experimenter until proven otherwise. So I believe you. But I'm i I was flabbergasted and taken aback because I am not the person to do that. And, and I did not recall the situation whatsoever. Doctor, not at all.

 2:13:19

Life is a story you make up everything about your life is a big story. And some of the stories serve you well, and some don't. Obviously, her story was serving her well for whatever reason, but it wasn't serving your intention of being a friend to this person. So you know, what happened? What

 2:13:39

had happened was bad, no good. Don't get me wrong. But I do not recall my involvement in the situation. Like at all at all. So I know who knows what I blocked out because of the the injury of my cousin moving away or not understanding that or you know, even the even the shock of whatever his actions were.

 2:14:11

You know, Nicolas, Nicolas, I'm a forensic hypnotist. I have ties, witnesses and victims of crime. Oh wow, during the absolute experience, but you always have to know that memory is very tricky. Some memory is distorted by other memories by your perception which how you did it through what dominant senses it's distorted but still, when you hypnotize a victim or a witness, they often will remember specific things that are helpful for an investigation. So be very careful not to lead witness into a memory. And people. They think of stories. We do storytelling all day long.

 2:15:10

Oh, absolutely. Absolutely. We and we tie our emotions to it. Regularly, we discussed the fact of my brother and I grew up in the same house with the same single mother. If you ask both of us, we probably have different emotional impressions.

 2:15:28

Oh, yes, definitely. You know,

 2:15:30

we grew up in the same place with the same disciplinarian and everything else. But we filter things differently. We emotionally look at things differently as people. Yeah. You know, and that is tied to our capital T truth that is tied to how we see the world that is tied to how we process the world that is tied to how we filter information in the world. Every bit of

 2:15:57

it. Yeah. Yes. Well said. It's true. Yeah, everybody's walking in their movie, making their movie and creating the storyline. And if you want to be happy, then change your story. It's just not working. Yeah, don't want to be missed. Keep embracing a miserable story. I mean, it's very simple. Really. This is not brain surgery. This is true. Sure, is not always beautiful. But it's very profoundly helpful.

 2:16:30

Yeah, it's, it's not always the sweetest medicine, but it's medicine. And it works. And it works miracles once you find it. And I have tried to explain that to people for the longest time. That what, once you find what you're supposed to be doing, you'll, you'll never doubt it. You'll be drawn to you and and be attracted to you to where you cannot put it down.

 2:17:04

Correct. That's me and writing books and seeing clients

 2:17:07

that it's me with engineering and doing what I do with electronics, things like that, and building things. That's, it's just what I do. It's what and it's interesting, because it's what I did as a kid is what I did as a kid. And even whenever I used to teach spirituality in Sunday school, and you know, I said all the time, I taught ages four to 40. The only difference is by 40, you should know better than to pull people's hair. You know, every 40 year old is just as immature as a four year old and every four year old is just as mature as a 40 year old. And it's just how you treat them and how you pose the situation. You know, and yeah, like when you're four, if you look at somebody that this is what they're into when they're 567 years old. Go back and check in with them when they're 40. If they found that again, like guaranteed that is like a driving passion in their life. Yeah, that is the one thing that I will give the Montessori school system all day long. is great. They let a kid play until they see what a kid gravitates to. And then that is what they base the education around. Yeah, that's beautiful. And it draws you to it. And it's remarkable and as as we get ready to let you go let's kind of wrap this all up whether you're a targeted individual or abduct T and having issues you can change that through neuro linguistic programming, you can you can change that through daily self hypnosis, whether you're having problems smoking, drinking, what have you, you can change that through neuro linguistic programming and daily self hypnosis, daily affirmations, what, what can people do for those

those quick fixes and I hate saying quick fix, you know, because but but there is a quick fix to happiness there. It takes a little while to kind of replug the wires but there is a way to process things to where there's something good that happens every day in your life.

 2:19:35

You know, sometimes it does take time, but sometimes you can change your behavior in one hour for life. And so you know, change is a readiness for change, but it comes with an assessment. A lot of people have what I call a tension add attention deficit. A disorder, but it's not intention deficit, it's intention deficit disorder. Yes, they know what their intention is. And if your intention is to be happy, then everything can fall in line if you have a strong desire to be happy, and to find your purpose. So I would say, you know, with your higher self, talk to yourself and listen, and then find your path and bliss and joy. That's what I would say.

 2:20:34

Absolutely, absolutely. And how does somebody know that? A, that they need hypnotic help, doctor because there are some who it's beyond their means, so to speak. They need they need a little bit of extra push, no different than those who go to therapy, long term, things like that. And there is nothing wrong with that. How does somebody go about finding a proper Hypnotherapist? Somebody who is properly certified somebody who they resonate with?

 2:21:15

Well, they can call me at 310-541-4844, Shelly Stockwell Nicholas. And I can refer people to you in your areas that are graduate jackets. And if you want to get results, hypnosis is the way to do it. And it's a quick way to get the results you want. That doesn't mean there's long term therapy that's worthwhile. But most of my clients come from referrals from psychiatrists and psychologists. Because people get stuck in therapy sometimes. Yeah, and they keep getting misery again. And again, rather than going for solutions. If Gnosis is solution focused so you can do it and when you hear would have a phobia in three minutes was amazing. Wow, amazing. What do the mind so I've done this for 53 years because I'm obsessed.

 2:22:20

And you're obsessed with the right thing. That's just it once again, once you once you found your passion and what you were supposed to be doing you went headlong into it. That and good for you because your your work is far reaching amazing once again. 26 books and counting classes courses, founder of the International hypnosis Federation, before we let you go, Doctor, let everybody know where they can go to register for classes where they can go to learn neuro linguistic programming for themselves, things like that.

 2:22:59

Oh, am I going to do is email i h f for international postal Federation ihf at Cox co x.net. And we will answer and I will call you back if you give me your phone number. I like to talk to people on

will answer and I will call you back if you give me your phone number. I like to talk to people on the phone and see what's on their mind. And love to love to find out. Who's ready to be happy?

 2:23:24

Absolutely, absolutely. Thank you so much for your time. Thank you so much for everything that you do because I know numerous people who hypnotic therapy has helped them Hypno regression for their trauma has helped them I would love to have you on again and again and again to discuss this topic. It is one that is near and dear to my heart.

 2:23:49

Anybody who's in Chicago can come to America, which is a really cool event. I'll be speaking there. I'm a keynote speaker. And that's gonna that's going to be 19th 20th 21st 22nd. October in Chicago, Mid America hypnosis conference.

 2:24:11

Fantastic.

 2:24:14

All right. Great to talk to you.

 2:24:16

You too. Please do hold the line while we close things out with the audience. While you are online, checking out all of the amazing work of Dr. Shelley, Stockwell Nicholas and the International hypnosis Federation. Make sure to stop on by curious realm curious round.com is where you can find all the episodes. That is where you can like follow subscribe, share the show. That is where you can find curious round.com forward slash video where you can find all of the video channels on YouTube of all of our guests, as well as our live coverage from events like MUFON symposium, the international mobility Association In so much more. Thank you guys as always for your open hearts, your open minds to these conversations to these topics. This is how we change humanity. Take care of yourselves take care of each other. And remember, stay curious. We'll talk to you soon. Bye bye. Thank you for tuning in to this episode of The Curious realm. Stay tuned for more guests forbidden topics in hidden truths. Download the official curious realm app and view the knowledge vault on our website curious realm.com Follow us on social media by searching curious realm. Curious wellness available on your favorite podcast services as well as YouTube, Roku, Amazon Fire an Apple TV through the APR TV app available on all App Market. Sure, curious realm is a proud member of the HC universal network family of podcasts. For more great content or to become a sponsor of curious realm or other podcasts. Visit HC universal network.com today. Thanks for listening. Stay curious. And remember, the other side is always watching

