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Tue, Aug 15, 2023 11:35AM 3:41:43

SUMMARY KEYWORDS

remote viewing, people, talking, remote viewer, find, idea, carbon, information, started, remote, control, research, immovable, experience, give, session, view, love, exhale, lab



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Coming from the city of the we're



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exploring topics from the esoteric and unexplored, two dimensions are known.



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Shining a light of truth on the darkest corners of our reality.



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Welcome to the curious realms.



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Well, hello, everybody, and welcome to the curious roam coverage of the 2023 SCI fest here in Charlottesville, Virginia. I have with me right now, Deborah Lynn catch She is the president of Aruba, the International remote viewing Association. This conference is taking place in part with the Monroe Institute, the people who



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pioneered the world of binaural beats. Welcome to the show. Debra, how are you doing? I'm good. Thank you. Fantastic. Thank you so much for allowing us to come and sponsor this year's event. I was so happy that we actively had sponsorship this year. And we're able to come out and interview people and give you guys a little bit of attention to this amazing event that y'all put on every year. Well, it was great having you last year. And I know we have a lot of fans of your shows. Fantastic. Yeah, it's been it's been a great relationship to have. I have thoroughly

enjoyed everything I've done with Aruba, and having you on you wrote the book, freeing the genie within. Let's talk a little bit about that and how you came into the world of remote viewing and ERVA? Sure.

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Let's see, where should we start? Well,

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so I have been involved in intuitive development and intuitive practices for about 20 years or so. And so I had already had an interest in really anything having to do with intuition, ESP, things like that. But I really got very interested in remote viewing. When I started to do some I read a few remote viewing books and started to do informal experiments with my students. And they were having incredible results. And so I knew I had to find out everything I possibly could about the topic. And I discovered Irva and got involved maybe about 10 years ago or so and been here ever since. And it now, not many people realize but there. There's a world of remote viewing out there. There's not just one practice of remote viewing, there's intuitive remote viewing, there's protocol remote viewing all kinds of things.

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When it comes to Aruba, and


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their involvement with remote viewing, which I guess which side of the cube? Do they fall on more? Is there a side of the cube that they tend to go toward? Well, you know, it really starts with how are we using the word remote viewing. So remote viewing Irva is dedicated to the practice of remote viewing and not every intuitive practice would be considered remote viewing. Yeah, you know, so. And of course, everyone tends to kind of use these terms differently.


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It gets well, the catch all part is hotly debated within, within the remote viewing community and because they don't really want remote viewing to be that term to be used to catch off. Yeah, you know, mediumship is not remote viewing. If we're going to be technical about the language now I'm someone who tends to be flexible, you know, so I look at it as is remote viewing a specific definition which some people say it is it's comes from a very particular historical context. It involves there within that umbrella term remote viewing, there's different kinds of remote viewing, so there's more structured remote viewing, which would be controlled remote viewing, or more freestyle remote viewing and extended remote viewing. But but there are still some factors such as it's done in a careful way, using Bryant blinding protocols


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using structure reporting in a careful manner. So

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So that tends to be overall what remote viewing is so you wouldn't call

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like most mediumship practices, you wouldn't say that those are

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Remote viewing and some people say, like, even simple clairvoyance, you know, like, I'm just gonna close my eyes and get an impression of something. Some people say that shouldn't be called Remote viewing. If you just say, Oh, I can't find my keys. Let me you know, get an impression of them. Yeah, they say even that shouldn't be called Remote viewing. Now, me personally, I do call it that, like, Oh, I just remote remote viewed where my kids are so used as a verb. But some people will argue with me about that, too. So, you know, did you did you go through the chart? Did you go through the steps to find your keys? Yeah. Did you? Did you follow the protocol? Or some people will say, Well, you already knew they were your keys, you know, you already knew the subject matter you are looking for. And so you know that they may say that's just clairvoyance. But you know what? I would say? I sometimes do say I remote viewed my keys. Sure. Sure. Well, and that's an important distinction to bring up though, because honestly, it's

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it's interesting, Lynn Buchanan says all the time that, you know, you can teach anybody to remote view, but you can't teach everybody to be psychic.

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We all have that propensity to be psychic, but whether or not you're attuned to be able to flex that muscle is different than controlled, remote viewing, controlled remote viewing is, once again a very specific protocol in a way that things are done, like you're saying, it's, it's, uh, the fact that you know, the object would be why most people would say, Well, you didn't remote view it, because, well, remote viewing, you're given something blind, you don't know what it is. Right, typically. So we're still being psychic in both cases, but just, you know, we're talking purely semantics here. Yes. So then you said controlled remote viewing and controlled remote viewing is different from remote view, you know, it's a it's a method within overall, remote viewing, but controlled remote viewing is very specific, you know, and, and, you know, just like any methodology, and you know, someone's teaching one, like, way of doing things and

someone will. And that's just it the when, when people say that, you know, remote viewing has been proven in lab work, that's what they're talking about, is the controlled remote viewing the fact that we can statistically show that this is an actual thing, actually.

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Actually, no, no, okay. Viewing overall, with what you said that would be true of remote viewing, but controlled remote viewing is a methodology that, that the remote viewer is following step by step. So it's, it's like it has six stages, you do one thing in each stage before you move on to the next stage. There's very particular terminology within that that's different than in other parts of remote viewing. So really controlled remote viewing should only that term should only be used to describe what a remote viewer is doing, if they've been trained in that, you know, as opposed to say extended remote viewing, you know, which isn't using those steps. Yes, is within the overall umbrella of remote viewing. They're all being done, like in a careful,

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more scientific manner than other ways of doing psychic practices. But, but controlled remote viewing is a very specific,

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specific method. Yeah, yeah. And once again, statistically, literally shown in labs. It's it's been, once again, the project Stargate, our government spent millions of dollars researching this literal technology. And once again, the idea that, yes, there are natural psychics, you know, Ingo swans, people like that, who have a natural propensity. But there's also that protocol that once like Lynn says, you can teach anybody that controlled form of remote viewing, right, and then some people may still more artfully carry it out than others, and Ingo Swann was the developer of controlled remote viewing. So even though he was showing natural talents, he he developed himself as well, like he initially did not know always how to do what he did. He worked with different researchers, his training was really in the lab with different researchers. And at that time, the researchers didn't necessarily know how to help him, but they just found that if they ran him through different experiments, they've discovered learning curves with him like Janet Mitchell who recently passed away she had worked with him in a lab.

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Even before the governmental project started, and she noted learning curves with him, so like with every different kind of target, like if it was a photograph, or it was an object, it would take, he might not do so well, like the first couple attempts, and then he would start to do better and better. And by the end of the week, like he was having really great results. And so they were both like, wow, this is interesting, because everyone has been thinking this is just a gift you have or not, but you know, it can be practice. Yeah, exactly. It can be honed with with some feedback, that's why they found for feedback is really important. Because I was surprised about this, like prior to that they would have like psychic subjects, you know, tune into an object or a

picture or something, and they just wouldn't like tell them, you know, what they were looking at, they'd just be like, Okay, time to go on to the next trial. Yeah. And they found like, Yeah, you really need to let the person know, what was the target? You have to evaluate what worked? What didn't work, decompression session, kind of Yeah. And then you learn from that. And so this is really something you can learn. And

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in addition to freeing the genie within book, most of my other books are on intuitive development, and how can you learn those practices? So not just with the remote viewing, but I'm also very interested in mediumship, and clairvoyance. Especially right now, with in the last year having quantum entanglement when the when the Nobel Peace Prize that has been the one that I have been heralding, since it came out, because yeah, that that utterly ties into all of this, it ties into mediumship, that the fact that two particles despite distance can still influence each other, it goes right along with that ninth grade science concept of we're all 90% empty space. You know, I'm sharing an electron show with my brother in Texas right now. So yeah, the idea that

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we in and of ourselves, are an instrument we there's there was a study done not too long ago, that basically came out and said that the human brain is a transducer. That's that's what it's made to do. And yeah, we regularly pick things up, the question is whether or not you've learned to really pay attention to that little kite string that's attached to your belly button, where when you walk in the room, it's kind of like,

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I don't know, if I'm supposed to be here. Exam, you may need to listen to that. Because yeah, we all have those intuitive things that happen to us. And if we learn to tune in to that, you'd be really surprised how easy a lot of the hard things in life, get the hard decisions, things like that. They can really be pretty cut and dry once you start to pay attention to that and learn it. Yeah. And that's exactly where it gets into Manifesting with the law of attraction. And, and you know, you you put it out there what you want in life. But then are you letting yourself go for that. And your body has a built in intuitive system, whether it's in the brain that gut like your whole body is a sensing system? Yeah. And so your brain has said, oh, I want to find a good place to eat for lunch. And in this new town and your body, if you just let it freely go where it wants to, it's going to land in the right place, or even like meet up with the right person who invites you out somewhere. But you have to allow for that. And so many people, they have their brains stopping their body, right? Yeah, like, oh, I can't go over there. I've never been there. But yeah, it's like the logic center takes over Yeah.

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And then you're cutting off that intuitive signal that's designed to bring you to what you want.

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Even to take that one step further, Deborah, the fact is, we live 80% of our life. In an auto hypnotic state, we autonomically breathe, once you know how to walk, you don't think about it, your body just does it. And our brain wants those patterns. It wants the freedom to not have to worry about a decision. And if you free it from that it's amazing what comes out. I've told people for years that one of the one of the things I do to go to sleep is wire cabinets. I build racks of gear and I wire them. That's my counting sheep.

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But at the same time, one of the only remnants of my actual dream work that I have is occasionally I will build something in a dream. Like just the other day all of all of a week ago, I saw a box and a dream.

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Like a tiny little computer capture box. And I woke up and I was like,

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all right. And I ordered the project box and I went back to sleep and when it arrived

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If I built the box that day, I had all the parts, I had everything, all I was missing was the box. What was it for, it's a portable capture machine for recording and things like that for events, all that kind of stuff. So I don't have to bring a laptop and an interface, it's all built into one box, I put it down, push the power button, turns on, turned it off, go away, everything's captured. They sell them for multiple 1000s of dollars, I have a tiny computer and a monitor. And I just cobbled it together. But the fact is, I saw that box in my dream, wow, I pulled that out of a dream, and actually made it a real thing. And you can do that it's possible. And part of part of my dream work used to be going to sleep with intent going to sleep with the intent of finding the answer to a question. And the thing is, when you actually follow through on that dream, like it's the follow through, right, and that sending positive reinforcement to yourself to keep having that happen. What happens for people who don't do that, like, oh, I had a dream about this box, and then I just, you know, forgot about whatever box then it's like, your, your subconscious, just after a while just starts to feel defeated, like, you know, what's the use? You're not listening to me? Yeah, you know, and the system starts to almost kinda shut down or have a disconnect. The nice thing is for people who have had that happen, you know, it's pretty easy to reverse that. It's just, you know, to make the commitment, and then when you have the opportunity to listen to yourself, you know, you got to act on it. Well, and I think that might be one of the big hurdles, especially with remote viewing for the common person is like it because much like manifestation or prayer, I think people get very discouraged when like, they pray for something. And then what they prayed for doesn't happen. And it's like, Well, did you look at all

the possibilities around it? Were you even supposed to get that? Or were you supposed to be presented the opportunity and it not be there? So you realize you weren't supposed to have it? Things like that. And I think a lot of people when they first initially start remote viewing, come up against that barrier of, well, I didn't get this right. I didn't get that right. This isn't the thing. Instead of kind of continuing that karate have, you're gonna learn wax on wax off before you ever punch a bag? Right? You know, and, you know, sometimes I always say, is the person, what are they really going for, you know, because like, let's say, there's a job and you think you'd really like it, and you don't get it. But like, why did you want that job? You know, ultimately what you wanted from that job, I believe you will achieve if you stay at it, maybe that place wasn't going to be the right place for you. Maybe you weren't ready for it, you know, maybe you needed to work for five more years, develop yourself, and then you're ready for it. You know, and a lot of people I also feel like a lot of times, it's just a matter of, it's not that it hasn't happened, it hasn't happened yet. And people are so impatient. Well, in this society, we have this idea that as soon as we want something, it should be there and simple things can be there right away. Yeah, sometimes really amazing things. But you know, some things you have to be ready for, and you have to be ready for the change and want to deal with what's going to come with it. You want to have a successful business? Well, are you ready for all the work that goes behind the successful business? There? Is that Be careful what you wish for aspect? Because yeah, it may just come true. And are you prepared for that? Because that may incur some work on the back end?



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And yeah, I think I think we have definitely created a an impatient society.



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As this came about remote viewing things like that we were right on the cusp of a change in society, things started that rapidity.



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And that rapid process that we're in now, and to see this art evolve with that not only as an art, but scientifically evolve with it is absolutely awesome and phenomenal. It's great to see that the research has continued, that the research continues. What is ERVA looking at for the next couple of years, how are they looking to carry this research forward into the next generation? Deborah? Yeah, well, we have a lot of people operating now, more so than ever before as what we'd call citizen scientists. And so really, it's




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so many of us feel that the field of research to remote viewing research won't advance if it really doesn't exist.



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For what? Intuitive or remote viewer, you know who the practitioner, what are they doing on the inside of themselves? What are they doing in their minds? What are what are they experiencing? How are they when they have results? How are they getting those results, and so much research up to date. Like, it seems almost insane that this is the case, but so much research has always looked at the outside of the person measuring, reducing their work down to simple statistics as a constant problem in parapsychology. And so I do feel like we're starting Irva just put out a study

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looking at how do remote viewers know when they're correct, or when they're on target? Yeah. And, and it's really just a survey asking them what, can you even tell when you're correct? And what's the indicator of that? And so I think there's going to be a lot of research that can build on even that answer. But, you know, traditionally, the idea that you would trust someone, one who's having an experience or reporting their, you know, impressions, and that that would be important to even look at, or you know, that you're going to trust what they say, Now, if this is just about proving psi, you know, proving the existence of this phenomenon, then, you know, you can't just rely on a person to say, Yeah, I was psychic. Okay. But we're already past that, you know, so we really have to find out what are people experiencing? And the recent survey we did that I'll be talking about on Sunday, we're finding that, yes, I believe it was about 60% of our participants experienced remote viewers, do you know when they're on target, and so?

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Or do you know, when they have a correct piece of information, but it's interesting, because they experience this in different ways. And so we're finding that there is like a broad array of differences between between people. And that's why oftentimes, there's controversies in the like, on the social media forums, you know, in different discussions there, sometimes the camps can be rough, rough with each other. The camps can be rough. Yeah. And that's because, you know, different people experience their abilities in different ways. Yeah. And they practice it, some people want more structure, some people, you know, want more freestyle, but some people are feeling more, some people are seeing more. And, you know, it really helps to understand understand these things. Yeah, it's interesting, the,

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the synesthetic way in which remote viewing works, I was talking with Lynn Buchanan at breakfast. And

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like he was saying there, he chooses a remote viewer, depending on the task at hand, from the client is, so if the client wants to know what this thing should feel like something like that, he will find somebody who has much more of a textural, and that's just it, you get impressions of texture, color scent, it's literally from all over the brain from all of the brain centers, it's really

remarkable. And to know that, guess if you dig into somebody's statistics, you can find out if they get more reliable hits on color than shape. Or if they get more reliable hits on texture, then, you know, size. And the reason we need that is because there's always going to be a certain amount of correct and incorrect data coming through. And when you're starting off, you do not want to care about like, am I correct or not, you just want to tune into the target and be in the moment and not be worried about that. And so we've had criticism with our recent study, from some people, you know, saying you're gonna get people to fixated on that. And as soon as they're worried about performance, then they're losing the connection with the target. And I totally believe that I could see that, you know, on the other hand, especially myself as a project manager, you know, sometimes we're, we're using multiple remote viewers, and we might have, say, eight remote viewers, and five of them have information, you know, saying like the vicine, the missing wallet is over here in the forest. And three people might say, Oh, it's over here in someone's drawer in their house. And so, you know, what do we do with that? You know, we have to have a way when the data is in all matching, of course, sometimes it's all matching. And it's like, you know, that's exactly what we would love to have happen. But some people can some be off, they're just going to be off for different reasons. Sure. And so how can we evaluate that data?



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We we need to have some markers. So like you've said, Lynne has his database, and he will or may even select the viewer ahead of time knowing like what they're good at certain projects need, people are good at one thing over another. But an extra measure could be, you know, asking the viewer, like, how confident are you about this piece of information, they're not going to be confident about everything, but myself as a remote viewer. The reason I even thought to bring this to our research group, and then we decided this question was important, was because after so many years of practice, I started to notice myself, that I would have moments where the information came in, in a certain way, where I was so positive, I would always bet my life on it like, Yeah, this is going to match my feedback photo, this is whether I could feel it, or it kept repeating, you know, that's the thing, what I do personally, is I stay in a remote viewing session, sometimes for longer than I need to, but what will happen is, some data will come up on one page, and then I'll kind of forget about it. And then suddenly, it emerges again, I forget about it, and then it emerges again, you know, so if I saw like water falling or moving three different times, you know, that's not going to be happening, if there isn't water there. So I can, you know, tell my project manager, you know, I am almost positive, there is some kind of moving water there. Know, if I, you know, tried to identify it as a river or a lake, I might be off on that. So, you know, can't say that for sure. But it is it is useful to know, confidence levels, and not that they're gonna always be right. But sure, that says, getting into, this is what I appreciate about like, present remote viewers, whether it's at ERVA. Or just, you know, there's people who have worked so hard on this. And really, we're now getting into the nitty gritty of how do we perfect this, not that it will ever be perfect. But you know, so we don't have to keep going back to the beginning of, you know, is this stuff even real? Yeah. Which is important for people who are just coming into these topics or the community, you know, that that is important to address. But if we always have to stay there at that basic level, or questions we'll never get Yeah, if we have to preface every conversation.



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And that's what's nice about here, like, we can go right into these at a conference like this, we

could go right into these topics and talks, whether it's in the presentations, or, you know, over lunch, and we don't have to go into like, oh, like, do you think intuition is real, or, you know, we don't have to go there. This is probably next next to MUFON.



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Which wishes a lot of methodology, like the one thing that I love about them is the fact that like, the whole first day is a seven hour long field investigator training like you, you have no need to go the first day unless you're going as a field investigator.



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But it's one of the only conferences that I attend and sponsor where a lot of the talk is, protocol. A lot of the talk is methodology and, and method of examining evidence, things like that, as opposed to a lot of Bigfoot conferences, other paranormal conferences that I go to, and I find that that is the cut side conversation here as well, amongst tables and just people chatting just right here is



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how do you go about telling that it's a hint or an idea? Or a hint, you know, and that verification that cross verification between people have methods of how how they're doing it, and it's really great to see that community build itself and really have once again, like you said, that feedback from other people, which is hugely important. Yeah. And you know, over the years, like skeptics which have been there since the beginning of time, that they, you know, like to say, well, there's a lack of critical thinking by anybody that believes in these things. But the one of the reasons why I love doing surveys of whether it's remote viewers or psychics or mediums is what a lot of people don't understand is how educated and professional the people who are involved in these topics, especially when it gets to the people coming to conferences, every survey I list out their professions we have surgeons, nurses with PhDs we have a usually a lot of different kinds of engineers and accountants and architects there's there's a smooth almost 60% of speakers here with letters and commas behind their name.



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Speakers, people attending the conferences, people doing remote viewing and you know not that you have to have



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You know, any, any kind of qualifications, but you know, it just speaks to that this is not just people running around who aren't thinking about what they're doing. Even even people who don't do formal research or understand it, I'd say anyone that does a remote viewing session, and then really, you know, carefully analyzes, you know, what did I get? Right? What did I not get? Right? But also, you know, is it possible that, like, Did I talk to anyone who might have

revealed the target to me? Or, you know, it's just like going through? Did I do this in a careful manner? Yeah. And so yeah, people are already like being self scientists, the people that are involved in this work here. And you know, that that's where there's all these different levels of science, I would say, and, you know, you asked what our vision is for the future. And it's, it is to also like, bring more people that are remote viewers, but maybe not formally trained scientists, and get them more involved in research as well. And I've seen it change even as we've been having different meetings, and you know, just explaining to people, because if remote viewers are already operating in a semi scientific manner, then if you can just train them a little bit like, Okay, if you do a session, if you're going to make a future prediction, email your prediction to somebody, so you have evidence, you know, just like how to take steps. So if if you would then want to later report on your work, you, you know, can say to someone, yeah, it wasn't just, you know, I did this finding, finding a, an outside person to archive for you to be like, hey, hold this, I'll come back for it. Yeah, I'll come back to see if that's the valid information. Yeah. And I always recommend that, you know, if you have a dream, and you think it could even be it, possibly be pre cognitive, even if you're not sure, you know, email it to yourself, email it to someone write down every single detail, because you know, it's almost like, if you don't write it down, it doesn't count, you know, just go over the top recording, even if you don't think every detail is gonna matter, or be relevant, because so many times, you know, whether it's a leather with a dream, or it's with something in remote viewing, there's things you might leave out, you know, and those are usually the things that turn out to be the most important. So, you know, documenting, and, you know, how do you document and How do you do it in a professional way, and, you know, covering your bases like that, and so, you know, that's what we're all about, is helping people amp up their game and, and helping helping viewers so that they could be employable, you know, because how many people in this world are looking for things need help with their, you know, business decisions need to know what's going to be happening, you know, in the future, that there is so much potential, interesting to me, the actual number of remote viewing consulting agencies that there are out there and the number of consulting agencies that employ a remote viewer.

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There's quite a few, there's quite a few there's, there's a lot and there's that number is increasing. Yep. But it only continue to increase as if the outside world, you know, can see that they can work in a professional manner with that's right with less people. And so that's, you know, what we're here to help. Well, unfortunately.

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And I've been saying this about a lot of topics. Fortunately, the conversation is, has been flung wide open in the last few months with whistleblower testimonies, things like that to hear in the NASA panel on UFO UAPs. To hear NASA scientists say

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we have been grossly negligent in our job as scientists.



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We've been calling this fringe, and unfortunately been kind of disgracing scientists that study the fringe when the actual job of science is to study the fringe. It's to find out what that but we know that there is a three to 5% unquantifiable anomaly. That's our job as scientists, like I don't know, a chemistry professor that would let me pass with a 95% remainder of solution where the other 5% Go.



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You got to find that 5% That's the job of science. And now fortunately, yes. Stargate is right over there. In the library. There are four, three finger thick books that are in the entirety of the Stargate archives, everything that our government spent millions of dollars researching in this. They don't spend millions of dollars researching something that they can't use and being real, right.



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To still have scientists and there are still scientists



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is out there saying like, Oh, there's no research in this area, this research has been going oh, you're Miss volumous. And you know, there are at least four journals dedicated to these topics, they, you know, the Journal of Society for



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Psychical Research as



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well, AP comes out once a year. And, you know, there are journals that have been coming out now for, you know, over 100 years. And so people just haven't read the research, they haven't found it. We've been exposed to it. Right. So we have to do a better job of, you know, getting it out there. But yeah, you know, at this stage, I'll just say to people, you know, I'm sorry, you're not familiar with the research. It's there, you know, so you cannot say it's not there. Yeah. And,



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yeah, hopefully, that that'll start to change. Well, I think a lot of discussions on these topics in general are starting to change Debre the minds of scientists are truly starting to open when it comes to this stuff. i That's true, because, you know, really, it does come down to just outright discrimination, you know, like to call something fringe or pseudo science or, you know, it's just

like calling anybody? Yeah, you know, it's no, it is it is a ridiculous and ridiculing way to go about things, and that anyone would think that that would be okay to just dismiss an area of exploration, you don't know about, like, exploration?

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Literally, that's what's mind boggling, yes, that people could, you know, still in this day and age want to reject it, but a lot of times, and I think that goes right back to the beginning of our conversation, manifestation, things like that, unfortunately, and even with science.

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If it don't fit in that box of expectation, then it's not. It's like, hey, just because your prayer wasn't answered in the way you wanted or expected doesn't mean it wasn't answered. Doesn't mean that doesn't mean that the Bell didn't ring. You just weren't looking for that sound as the bell? Yeah, you know, and it means they'll be working in you. And absolutely, it's just not showing up yet. And that way, you can recognize precisely precisely and having that open mind having that open box, because once again, even even at the last whistleblower hearing, the first words out of their mouth was if you're tuning in for Little Green Men, today, you've come to the wrong place.

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Because the conversation got wider, a whole lot wider. And when they said, nonhuman intelligence,

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that leaves a whole panoply of things and leaves a whole range where you're not putting it in a box. And if it doesn't fit here, then it's not, you know, and when you're talking exploration, scientific exploration, you've got to have that open mind to walk in with an expectation of result is literally what started this science.

 38:09

The faster when scientists went home, and were thinking about their experiment that they were actively influencing their experiment. That is the research that started all of this. And now once again, with nonlocality and quantum entanglement that is being proven, it's being proven that yes, you can absolutely influence that by just thinking about it. You can change it. It's pretty remarkable. Deborah, thank you so much for taking the time, especially here at the beginning of the conference. It's fantastic. It's great to see such a huge number of people here. The ballroom is completely full. It's been great. 218 people signed up. And that's almost 100 More than we had last year. No, it's incredible. It's an incredible growth system in person. I think we have about 100 people online right now. Wow. Incredible. Well, Deborah, let

everybody know, of course, other than the curious Rome store where they can go to purchase freeing the genie within and your other books and how they can get involved with ERVA how they can become an herb a member become a supporter like me,

 39:20

and how they can even learn remote viewing. Well, I they can check out my own website at Deborah cats.com about my books, and they're also available on Amazon and then fervid Skoda Irv a.org. And again, that's the international remote viewing Association. We'd love to have you check out the website become an associate member at least and you know, we have a lot going on on online or research meetings, our classes we have a whole educational program, and so yeah, check us out or aba.org Fantastic

 40:00

Thank you. Thank you so much once again while you are online, checking out everything from Aruba and Deborah cats make sure to stop on by curious realm. Curious room.com is where you can find all of our content. That's where you can find all of our episodes. That is where you can find our library of books from all of our guests here on the show. Stay tuned through these commercial breaks, we will be right back with more coverage from sigh fest 2023 with the International remote viewing Association, and the Monroe Institute. We'll be right back after this.

 40:37

Well, hello, everybody. And welcome back to our continuing coverage here at psi fest 2023. With the international remote viewing Association, and the Monroe Institute, we are so happy to be here as not only a sponsor, but a participant interviewing folks, while we were here, one of the vendors who is sharing some stuff, is YA and he is with carbonic truth. This is a pretty incredible thought form that you have. Let's let's start getting into this because one of the things I've talked about frequently over the last year is the recent Nobel Prize for quantum entanglement. The idea that two particles despite distance can influence each other. I mean, a particle in the moon could be influencing me right now. So the idea that you have of literally the carbon that we exhale, having our vibration in it is pretty fascinating. Tell us a little bit about how you came to this and what it's all about? Well, yes, my name is your which means My name is a mirror reflecting the truth of who you are. And who you are, is always the extent of

 41:51

what we can learn about others. So in that sentiment,

 41:57

this is really this idea of carbonic truth is eliminating time space, and illuminating instead.



42:09

As an timeless



42:14

finished, no news to finish anything as a timeless finish. There's nothing after that timeless being timeless,



42:25

timeless, this finished. Now this idea of arriving to this timeless finish silence after



42:34

is when carbon is redeemed.



42:38

Because currently carbon is a truth keeper truth of information. Because as we exhale, the carbon is a platform where each of our cells have transformed oxygen into carbon. The function of each cell is to express by resonance is healing. And it's interrelatedness to the surrounding organs and other cells as well. For that function to be on time, and operating in that cease lessness



43:16

we need to die



43:20

and be rekindled. So carbon facilitates the information before death.



43:27

In other words, whether you know it or not,



43:32

whether you believe it or not. Each time you exhale, each time we exhale, we are dying to its

fullest termination of oblivion.

 43:43

And carbon extracts that information to the algorithm generator of the heart kindling you as information on carbon inscribing you based on the resonance and communication occurring through this exchange in this, this electromagnetic field, orienting itself in a way that you can imprint on the carbon as a platform. By the way, carbon is a hexagon. And it's very unique in nature because it's hexagon shaped can dispense and receive energy at six temperament. Other atomic structures, they have just like this house dispenses energy of heat equally around this walls. Carbon is one of the unique features in the universe that allows six different temperament both in receiving and dispatching so

 44:33

a bank is as good as its trust with other people's money so to speak. A carbon is as good as the illuminated of the illumination of your truth as a

 44:47

dying sequence. No longer beyond this entering the void yeah inscribing in the fullest information relevant to universe by the way, it's very personality less of course. So now

 45:00

That is why we call that wood. Whether you know it or not, you're being kindled by the next palpitation of electromagnetic field by your heart in the outside through the carbon and the carbon that came from your inside, even though it was one atom of cell and one cell and one molecule to one molecule. Now that is out through its interconnectivity. It connects with all of your resonance of all your cells, as well as all your without all the interplay Enos around you. So now you have one atom of Carbon holding allness as information available for kindling. That's how your hearts next Elektra pack, electromagnetic palpitation emanates a free radius. And this radius is algorithmic, mainly designed to kindle the relevant information. And that's why carbon is a good dispenser because it can release energy and release your emanated truth

 45:54

based on an ex resolve, so it's algorithmically kindled in a way for your immediate full results from the karmic entanglement. If you're there to receive it, unfortunately, we're not we're too deep into matrix. So what happens we only are given our own true to the extent we're able to receive it. So this interplay goes on until one day, the capacity to shut the perception off in some ways, so that you can no longer perceive separation.

 46:26

11 40:20

And then carbon can be redeemed at that point, which means, you know, it will end all karma in the sense of your proximity to it or even telling you the truth. Sorry, if I win without a pause, no, no, no, no, no, absolutely. Because they did. Once again, I like letting people go because hey, you get the full thought form. without being interrupted be there is a lot to digest in that. There's a lot to digest in that. And the the concept number one of carbon holding information fully founded, like, I don't know of anything that we find that we don't try to give a carbon 14 test to to find out what environment it was in. It tells us everything about the environment diet, like all kinds of ages, the age of it, the age of when it ceased to be.

47:15

And that's pretty remarkable. And once again, to know that, to take that one step further, and talk about living carbon in that way. And the fact that when we exhale carbon dioxide that we are actually being reborn with each breath. We are being

47:36

reassembled yeah, by the photonic dance that occurs, but the music of the heart. Music of the heart is reference to an algorithm machine that is here to be the Passport Agency between death and Rekindling, a dream it introduces you cellularly to the cosmos in your path of death a times a minute.

48:04

And then the heart as a generator of truth.

48:11

electromagnetically gets the next pulsation, kindling your carbonic vibration or your carbonic truth as information. Carbon itself is just a platform it doesn't do anything. Yeah, it's the fourth element after the big bank but it's the first element that is non metallic so it doesn't erode it doesn't corrupt I am metallic I'd rust or die. Carbon is a good trustee doesn't put it is not prone to that right. So what happens now that the heart is in a dance between being and non being. Now the heart has learned to be algorithmically kinglink A death and reinterpreting

48:55

vibration. Who comes to the rescue? Water water of the corner of your eyes. They are inversive water is inversive which means it's shapeless, but it holds inversely all shapes and all shape bubbles. Because it's inversely men has a memory of all so the kindling of the hearts electromagnetic with cooperation of the proteins and the enzymes in the inversive water of Cornell, which is the communication to the physiologic you will be rekindled back to life as

perception perceives you and the mind doesn't allow you to see death. So it will continue to feed you the perception of hey, there's a life in the ticket. The next breath let's watch to the cinema. Go to the cinema. Yeah and now when it comes to the idea of non local consciousness



50:00

Now this relates to remote viewing things like that. How do our



50:06

I guess how do our carbon atoms that we are exhaling and expelling



50:14

interact with the rest of the world? How do we can? Can we still interact with those, you know,



50:24

it's not a matter of interaction, it never is, it's a matter of wakefulness, it's a matter of waking to what is.



50:32

And a remote viewer or a person interested in



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accessing information, so to speak, at any plateau



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is well served to get acquainted to the fullness of the information that is carbonic CLI through their own exhale available, because remember,



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a remote viewer or a person active LIS



51:01

connecting to a subject or connecting to

connecting to a subject or connecting to

 51:04

information in its tactfulness.

 51:08

What is this person essentially, accessing? is accessing information. Where do you access this information? Is there an absolute information? Yes,

 51:18

it's through carbon. And, and is that person already vibrating the truth of that tactfulness of that information by simply having been hired, having been contacted? Having been reviewing this through their talent and their perception, their intuition? Do they already have that vibration of tactfulness of that information? The answer is

 51:41

yes. So how do you access it? What is the best source of accessing it? The best source of accessing good if there is one that is idealist concept plus philosophy, let's without any religion, or any kind of ideology, what would be that might be the most kosher

 52:01

and immovable piece? What is that?

 52:05

It's so immovable that the neutrons of the atom have, essentially are drunk in the bar.

 52:12

And there's no neutron if the neutron has is, is cosmically drunk, then you're able to access your pre actualization of that matter. If you access that, then all actualized matter is there.

 52:28

Sure. So therefore, you don't need it's no matter about accessing it's matter of, you know, where is the absolute information of all the days that have passed? And all the days that have not yet come? And what is my interrelationship to that allness it's on carbon as and again, this

idea hashtag immovable peace, because this removal of his now I also propose this, if I may, can I say another shirt without, you know? So here's the thing, you know, we are all aware of the one constant speed of light, yep.

 53:03

We build our own understanding of the universe we live in based on that foundation, and fight. That's the only foundation that we know from the beginning to this day hasn't changed, which is this idea that the speed of light is this and whatever it is, is never going to change. Okay? Now, I'm here to tell you there's a second constant, which is,

 53:26

which makes this the constant that Einstein gave us actually the second because I'm here to tell you that there is a constant more in front of our eyes more available more true.

 53:38

And the constant that is more available to us is the intensity listen to intensity of a photon to return back to the immovable piece to pre existence of actual desire. actualized matter is constant. And other words, this speaker, as a light as a photon that has traveled eons and eons and have come to evolve to what it is, at this point is able no matter how much time the photon at the speed of God is constant has traveled, it's able to go back to that immovable piece to the location so to speak, because it's not removing, it's already returning its wakefulness, the intensity to awake to the fact that you're still in non actualized matter is constant. That's right in front of us. When we access that, yeah, we don't lose or actualization of who we are. We just realize that we are the move, never the movement. Yeah. Well, it

 54:45

if you look back to

 54:48

early science that we all learned in school, we we will probably recall the fact that we're on 90% empty space to begin with the idea that

 55:00

This table is actively real, it's kind of funny. It's really much more of an agreed upon illusion. And like, like Lynn Buchanan said at breakfast this morning, it's not only that it's agreed and an agreed upon illusion. But it's, do we need the table? And not just that, but does the table meet us?



55:21

And that's pretty wild when you start



55:24

quantumly thinking about that, and in that philosophic way, you know, because, yes, we are all intertwined. And like you're saying, our carbon, when it exhales from us is literally, us. It is carrying our frequency, it's carrying everything,



55:43

which makes us up at that moment. So to know that tomorrow, the carbon that I expel will not be the same carbon at all, because it's not me. If Well, it is me, I'm just a different me now. Because things have changed, things have moved forward. But the one thing that is constant is the fact that like you're saying, my light of being here, and being in this agreed upon illusion, is faster than the speed of light. And it's, it's pretty remarkable to think about that, because, yeah, it is all the speed of thought that's that's quite literally what this whole conference is about, is about the idea of non local consciousness, the idea that we could exist in numerous places at the same time. Yes, yes. How did you come about this information? How did how did this How was this information revealed to you? How did you come to this hypothesis? I



56:43

have been doing a lot of meditation, soul searching the art, obviously.



56:49

Prerequisite path that the path itself lays out for you.



56:55

I'm not here to say there is a path to follow. No, I'm here to say that the path will always lay itself in front of your feet, if you're willing to walk if you're a seeker, to the higher sentiments of an essence of who you are. So in that sense, I experienced I was blessed with a situation where I can only describe as a termination. It's beyond death.



57:23

It's its term, its termination, this is a place where there is no more reincarnation, okay, it is completely termination.



57:33

And through that termination



57:39

brief birth of some sort,



57:42

with the same harmony of the



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termination precession, rekindled this atomic



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vehicle, I call this a disappointed diamond bio vehicle. Yeah, right. Because before I am tuned into my human frequency at this point, and any point of my noticing and wakefulness, I am aware to the fact that I am a vehicle a biological vehicle, and I'm carrying carbon, because I'm transporting carbon and oxygen, I'm transforming them. And the heart is the music between the cosmos the real dances between oxygen and carbon, if you look back, even our evolutionary progress, it's always been, it's always been between and Suarez, our essence of knowing who these essences is this dance, and the hearts the music, right? So when you reduce yourself to that,



58:44

suddenly, you embrace death, suddenly, death defines life. You know, so suddenly, you become that. So in a sense, I can say through that experience. This rekindling brought me aware because I was able to notice myself manifesting in the exterior of misery, physical limitation, and I didn't want to adhere to ideas, philosophies, I had already studied them. So I became a seeker as to what allows me to manifest in the exterior, I was able to manifest on the actual air that traveled through my own long so I've been inside of my own Chest, At the mansions and so forth, I can describe with the manifest. So I'm like, How does this happen? And then I,



59:28

through the seeking process, was able to essentially integrate the Akashic file that has already through termination process record, crossing over had already been stalled. So and through that process, I came to recognize that actually the the non ideology non philosophy thing that I've been searching is very much gas.



59:51

It's a Gas it's free primordial. Yeah. And the carbon suddenly illuminated, and now I am now a frequent



1:00:00

to carbon illumination traveler, so to speak, and, and the multiverse. So essentially, when you realize that, you know, what's the difference between a diamond and a charcoal, the different time and pressure, exactly. When you're in the nothing else when you're in the matrix, but when you exit the matrix when you denied the matrix, what would be the difference? wakefulness? Yeah. So if you awake to the fact that the carbon dioxide is actually diamond, dioxide, okay, and what does diamond do? pure diamond. doesn't steal, heat, the light travels, that's 100%. Everything every other atom steals a measure of heat and measure of light for its own resonance, its own spark to speak. Yeah, but pure carbon does. And now imagine if every time you purely



1:00:52

considered the carbonic by a diamond by a vehicle that you are, yeah, you then in a way, denying the matrix.



1:01:01

And in that denial, some space opens in that space always gets filled with consciousness, and that consciousness, orient you to the truth. And that's how it got any consolation was well, even even the concept that



1:01:18

this hypothesis is tied to your breath. Like I was saying earlier, so so many things when it comes to meditation, connection, oneness. The big movement right now is



1:01:33

people trying to find their, their Xin, I guess, and yeah, it all comes down to breath, that all comes down to controlling your breath, being focused on your breath, and actively taking part in that process. One of the things that we've talked about a couple of times on this show today is the idea that we go through most of our life and an auto program state.



1:01:57

.....

Our body doesn't think like your brain thinks about things, but it would much rather think about things and actively do something. So autonomically breeds for you.



1:02:07

We take advantage of that. But the problem is by



1:02:11

not focusing on that, we're missing something of ourselves. And we're we're letting an intrinsic part of ourselves go without consideration.



1:02:23

And even even the idea of being present in the moment, and focusing on the now that that starts with noticing that you're breathing. Notice you're here, notice you're now Yes. And you know, I may invite your listeners to focus on aspects of breathing in particular, which is the aspect that they own.



1:02:48

The part of the breath that we truly own is the exhale, we have no idea if the next inhale actually comes.



1:02:56

We also are usually completely in procession of some sort of a matrix we call life during the between the inhale and exhale. So you're so you're still missing out on the truth of who you are. So now what is it leave us with, it leaves you with the out breath. If I were to say if you were to tell me you're about to vanish, and you're never going to even be seen, you're going to vanish from the this this earth, you're gonna die. Give me your last possession, the only possession that I truly would have would be my last exhale right? Now, I have to remember my exhale is co2, which means 80% I'm sorry, I'm now breathing 99% saturated oxygen. I'm using 90 19%. I'm returning 81% Oxygen along with 19% carbon that I transferred it and used it.



1:03:55

You breathing my oxygen?



1:03:59

Yeah. If I'm inflating these oxygen, because I'm stressed, I'm anxious about tomorrow. I'm poisoning your oxygen.



1:04:11

It's not a matter of whether I believe your ideas or concepts. It's a matter of you know, our vibration gets imprinted on any you know, I don't have an applause button. I wish I had an applause but because we talk about that on the show all the time, the fact that you are responsible for every vibration that you drag into a room



1:04:32

and once you're aware of that, it really changes your awareness to the world around you mainly.



1:04:39

Because not only is more than that is the building material for your next reincarnation. So it is oxygen not only your breathing, I'm breathing and I and my heart algorithm can only Kindle me to the to the bricks I exhaled for construction me to reconstruct me. So if I'm in flow



1:05:00

made it through my carbon and here's your next incarnation will be will start inflamed immediately the next inhale yeah inverse you're starting off contaminated. Wow. Wow. And that's an amazing and beautiful concept to once again know that you are reborn with every breath that you have a new chance I mean it even says right here like a redemption tool is one of the last points and it's the fact of we carry so much with us we and willingly so willingly so yah yah we we choose this. So that's a concept that I bring up all the time is the fact that it any point you can revoke your consent from that system.



1:05:45

You can choose whether or not to give that negative energy to somebody, it costs you more energy to give negative energy than it does to actively not care.



1:05:57

are lucky today to tell you and listeners are lucky today. 90% of IT folks, much like your body going on without you. Like y'all says we have control of that exhale, try controlling the inhale and see how long your body lets you do that. Eventually it's gonna gasp and go No, dude, you're awake, breathe. Exactly. We're gonna make you do that. Yes, because you're a cop, you're a resolver of karma, that the cosmos needs to untangle itself from so you know, Cosmos needs you with your authentic nature as much as you need the next inhale. That's right. So it's an it's an interplay. It is and you know, if I may go back to one of the points you made the you know, you reference that you're reborn, but I want to I want to properly



1:06:45

go back and say, it's more like reincarnation? Sure. Because there's because you connect to the state of existence where you had never even born. And you're bringing information in with you, as you're awakening to the information that is already you. Yeah, yeah, precisely. And that is remarkable thinking and really, really beautiful. And a great way to



1:07:10

give people that mindfulness that I think that's what is missing a lot. We have a very harried society, we didn't used to be that way all of 100 years ago, we were not that way. 50 years ago, we were not that way.



1:07:28

It's hard for us, our brains learn more from negative reinforcement than positive reinforcement. We'll learn faster that fire burns you than you will to build a fire to keep warm and make food.



1:07:40

So it's hard for us not to dwell on the negative Yes, but you know what I want to I want to invite your listeners to beyond all of that, you know, beyond polarity, because at this point, what I'm here to tell you.



1:07:55

Nothing compares to this immovable piece meaning what meaning the photon who is in movement, with his neutrons and electrons, and protons all in a proper motion,



1:08:09

searching for actualization. The path of crystallization, the path of



1:08:19

complexity, complexification of atom is what has brought us here. And this complexification is being led by omega so to speak, is one way to put it meaning there's an Omega Force



1:08:34

pulling this



1:08:37

path of atom towards complexification. And through this complexification I stand here, I sit here and talk to you. And I'm here to tell you that I've come as a photon as a moving photon, emanating light and continuing to emanate and dispense energy and move away from my source. This is demonic. This is actually satanic, in comparison to the intensity of returning to my immovable piece where the neutron is actually enjoys a cosmic intoxication at the local bar of his wherever it is, without any more movement. So the new agenda for our consciousness the new food, so to speak, that our inner consciousness wants to be served by served is the food



1:09:30

of immovable peace is, you know, I go as far as saying on the Sistine Chapel Michelangelo tried to say that he showed an image of man who's a photon who never is sitting down who's supposed to have a momentum of a constant movement it is positioned as an immovable being as an immovable so he man, a human has used his active force to bring himself



1:10:00

To this immovable passive force, and that is where the creative force emanates out of yourself, the background of God supposedly creating atom is is a brain. And the brain background facilitates that the most the only creative force is within as well. So yeah, how to access that is put your active force towards your most passive state of existence. And suddenly, you will see an impulsion of your multi existence, your accessibility to multiverse through that liquid immovable peace with that, yes. Wow. Yeah, thank you, God, wow. Well,



1:10:43

it it's a revolutionary form of thought. It's a revolutionary form of thinking not many people are willing to take the time in our modern society, sadly enough to slow down to unplug. To get away. It's hard we as vibrational beings to begin with our swath width vibrate used to be all of 5060 years ago, we had one really big form of vibration, we had the sun like 100 years ago, that's it.



1:11:15

Now we have everything from our phone, to lights to electricity, everything around us is humming and buzzing in some way. So to be able to find your own frequency to be able to find your own calm amidst all that can be very, very hard job can be very, very hard if you're trying to do it with the brain that you currently have, that we currently possess and with the tools that we currently are using. Because the mind that uses



1:11:52

time and space to get to an immovable piece is not equipped to ever experience the movable piece.



1:11:59

The mind that will connect to the movable pieces a mind that is no longer using is denying time and space. Because the Moveable Feast is exactly where you are.



1:12:13

Whatever you are, because if you become completely a mirror, you become your Yeah, come as I am your you become your. And in that you're interrelatedness space on your car to the to the surrounding every particle, every atom, every wall, every gesture, every molecule is then sudden casts its light on your canvas of emptiness, suddenly, you are projecting the truth of yourself as you are emanating outside and being experienced through that resonance outside of your physical limitation. And then suddenly, you realize, oh, I'm an immovable piece, only to go nowhere. I'm being moved by the isness. Look at me, wow. And I'm dying every time I'm being moved. So I am move. I'm no longer in movement. Previously, I was in moving, I was lifting my legs, the penguin and I'm the car I'm part of the matrix. And every time I'm actually adding to the matrix, I'm adding karma. But suddenly, the intensity of this photon returning to this removal piece, where



1:13:18

I am to move



1:13:21

becomes tangible. I'm not selling you a book, although I've published in Japan is a poetry book, you can go to journaling, love.com. You know, so I'm not selling a philosophy, you know, telling you go read a book or go come to my workshop on or anything like that. Just connect to your exhale is there. And once again, an incredible, incredible truth to share your I heard you I overheard you talking about it a while ago, I saw you at your booth. And I was like, I gotta learn more about this. And then we talked and I was like, Well, I've definitely got to have you on the show. Because once again, it is it's an incredible form of thought. It's an incredible way of thinking, to connect yourself to the world around you and to yourself and your future self. All at the same time. Let's let everybody know where they can go to learn more about carbonic truth where they can go to learn more about this and where they can go to get in touch with you. Yeah, thank you so much. This information, you know, was released two and a half two months ago. So it's in the development but certainly we have a website, it's carbon certainty or C certainty.com Either way, carbon certainty.com Or c certainty.com. But also you can follow hashtag immovable peace, you can also follow hashtag diamond bio vehicle, you can claim to

be those things you can claim these are the reasons we developed I developed these, I should say the reason these hashtags are waiting for emanation through this particular entity. Is you is your viewers. Is that so for that with the intensity

 1:15:00

tea that has been bestowed I invite all of your viewers to visit their immovable peace lake in this no man's land. And in fact, stay there for a while. See what emanates on the surface of that water. Because if you go to that immovable Lake, you will see on that liquid light of that particular late lake, it reflects on this it reflects all that all the stores that has ever passed because the university water will keep the memory of it all the depth of this water and the lake the rocks to thing. Every light that ever shown under it is there as liquid light on actualize. This is your leg, the intensity of you wanting to go to that leg is bestowed the energy for you to go that you don't need to stop at a gas station. Yes bestowed is that your phone that runs out of battery, but 911 works somehow. Because it's just programmed.

 1:15:52

Yeah, it's programmed to always have that percentage to be able to use for that. And we are programmed in so many ways. Yeah. And the once again, our, our layer of consent allows us to be programmed in horrible, horrible ways by the world around us. And unfortunately, those ways become normalized. Yeah. And that becomes the norm. And that becomes our expectation now. And we can change that we can change that. And with every exhale ya, with every exhale, we can change that. And thank you, and thanks for your view to it. Thank you viewers, because every time they do every time they try to manifest and immovable peace during the exhale, you know, this is the only way you can hack the human

 1:16:36

frequency. Because we are a radio, we are not a huge, we're not that particular classic music called human existence or human frequency, we are the radio, how to upgrade yourself from this program on the radio to the radio itself. Well, it's it, we are a receiver,

 1:16:55

you just have to learn to tune the receiver because otherwise you're gonna get a bunch of static.

 1:17:01

That's what it is you got to learn that fine tune knob that used to exist on a radio, you know where it's like, oh, there it is. And it got rid of all the static. So yeah, thank you so much for coming on, it was more than a pleasure. Once again, look right there at our audience, let them know where they can go to find out more about Carvana truth. The first thing is to know the truth always illuminates in front of you. So without you going anywhere you already know the

truth is right in front of your eyes don't be the fish was looking for the sea because you can't see the allness of what is in front of you. So number one, the truth is right in front of you. And it happens if it happens to kindle you in a way that is carbonic and you want to connect to this idea of we are gas before we are human frequency, then you can go to carbon certainty you can go to sea certainty.com or hashtag immovable peace, you will have more of these talks. So we're expanding this. So every which way if you are interested to collaborate with us, we are collaborating with sports people in golf, we're operating with app developers for software's that is going to help this ideas. So yeah, you can be welcome collaborators as well. Fantastic, beautifully said y'all. Thank you so much for your time. While you're online, checking out everything about carbonic truth at sea certainty.com or carbon certainty.com Make sure to stop on by curious rome.com That is our website. That's where you can find our store at curious rome.com forward slash store do not forget about the knowledge vault there where you can find all kinds of declassified government documents, archives, things like that. Stay tuned through this commercial break. When we come back we will have more coverage from the expo floor here at sai fest 2023 in Charlottesville, Virginia, we'll be right back after this.

 1:19:05

Well, hello, everybody and welcome back to our continuing coverage of Sai fest 2023 here in Charlottesville, Virginia, but the international remote viewing Association and Monroe Institute. Our guest in this segment is Julianne moss bridge. She is a researcher in the world of remote viewing and pre cognition. She is the founder of the moss bridge Institute co founder of tilt the Institute for love and time. Welcome to the show, I had a chance to see you speak last year and was fascinated by your research. It was very disappointed that I didn't get to get you on last year but very happy to have you on this year.

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Tell us a little bit about how you came into the world of researching remote viewing because it's it's an odd field for somebody to just start researching as a scientist. But one of the conversations we've been having

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Having is, it's interesting to see more scientists starting to look at things like this paranormal UAP. And the tie between all of them. It's pretty remarkable. So yeah.

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You know, when people ask me, how did you come to do the thing?

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It can be tough, it can be tough, it's tough, because the assumption is that something in your past was pushing you towards the future. And I think about time differently. So my assumption is everything that's happening in the moment is both a push from the past, but it also results

is, everything that's happening in the moment is both a push from the past, but it also results from a pull from the future. And so I can tell you like half the story. Okay. But I don't know about that. Because you're still in the midst of it. Yeah, exactly. Yeah. So

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in the past two, two, sort of things that are true about me that are usually considered

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opposing. And so the first thing is that I've had these experiences, since I was a kid of predicting future events, both in dreams, and in sort of waking experiences, or knowing, knowing experiences

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that are very detailed. So just knowing something that's very detailed and is, you know, again, and again, and shown to be true. And so when I was a kid, I would get a dream journal because I had this very scientific family. And, and I thought, well, I want to make sure I'm not making this up. Yeah, it's I got a dream journal, I would write down these experiences. And so I could check. Did I miss remember? thing? Right? And so that made me think, all right, there's something going on here. And I got, I had enough data by the time I was 12, or something, to know that we don't think about time, the way that time actually works. Because I knew, I mean, there was no, there was no question that that was true. But I had a scientific mind always.

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And so I, okay, I have these experiences, but I want to understand them. And I want to discover what's going on. There's this mismatch between how time works and how we perceive time, and I want to study that. So that's how I came to study, especially pre con, that of remote viewing, and specifically pre cognition in all its forms. Pre cognition is interesting. It is so as the world of remote viewing because, like,

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like Lynn Buchanan says, we can't teach somebody to be psychic, but we can teach them to remote view, even though everybody has psychic qualities for sure. And the idea of even now of non local reality, things like that, and the idea that we're a constant, we never go away, energy cannot come or go, it just changes form. So the idea of us having been and going to be, is there.

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Why we ignore that? I don't know. Oh, I've been doing a lot of because when I tried to talk to scientists about this or I tried to talk to laypeople about it or I tried to talk to psychics about it

scientists about this, or I tried to talk to laypeople about it, or I tried to talk to psychics about it doesn't matter. There is this fear of I think it's a fear of loss of identity, I think I've got it down to loss of identity, like sure if who we are is our story about our history. And then someone comes along and says actually, who we are is this thing that also includes this feature that you don't know, and actually, you may not even really control? Yeah, that's a little tariff. It can be it can be because

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it revokes some of our power, if to an extent it feels that way. But But in all actuality, it actually frees you from it all actuality. You're just not as concerned about personal power. Yeah. Well, yeah. And your control of a situation because you realize you can control your reaction. Yeah, that's about it. You can control your state in a situation you I can't control you like, I don't know, about control. Yes. I don't know that you can control even your reaction, because because if we think about all the factors that are going into that, like what did you have for breakfast? Did you have caffeine or not today? Are you sleeping? What are your genetics? Like? Are you addicted to anything that's going to change your reaction? Are you a woman who's going through menopause that will change your reaction like a deli?

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And so yeah, like these are things that you can't control? Or maybe you can control what you have for breakfast, but you don't know if there was something in there? Yeah. Then there's in the moment when something happens, you're actually you're consciously aware of it after it happens. So when we when we talk about what you have control over, the big question is who are you? Yeah, if we're talking about your conscious mind, do you have control over nothing? That's like a movie that happens after the thing happened, right? Yeah, yeah. But if we're talking about you is the greater you that includes all of your unconscious, your body, sort of your spiritual self, and maybe even like, cosmic consciousness or whatever you want to call her, then sure you got control because you are including all of this. Yeah. You're changing your definition of who you are. Yes. So when people want it's so fascinating when people want that kind of power. Like I want to control everything.

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And it's like, as soon as you realize the only way to get that kind of power is to identify with the whole universal release. Now you have no personal power, but you don't care. Because now you're this thing. Yeah, yeah. Right. Yeah. Well, and the concept I discussed with people, it's, it's when you learn your place as an atom within the molecule, yeah, you know, and realize that like, oh, wait a minute, I am an intrinsic part of a system and a necessary part of a system. And everything I do affects that system, or even even by coming and going right aspects, this electron in the atom or a photon that's being changed precisely. And when you look at these things, scientifically, especially the way that we think like you said, the way that we perceive time.

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We have a problem with putting things in a box, even with science, like, well, it's got to fit in this.



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But it does it. Yeah. Because yeah, we gave time its definition, we decided that it was 60 seconds to a minute, 60 minutes to an hour. Like, it's very useful. It's useful. It's totally helpful. I want to be able to meet someone on time for dinner. Yeah, right. That's cool. We want to share the same at time is a language that is shared throughout the entire world, the only language that people all over are using seconds and minutes and hours. It's fantastic. So actually come to think of it. I've been thinking lately that time is the universal language that another if there were another species that were trying to contact us, they would they would speak to us in units of time, because that is true for everyone on Earth. Yeah. Right. So time is really valuable that way. And you know,



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to think that part of it is cut off to us, just because our conscious brains are going in one direction. Yeah, is just an insightful? Well, that's a very good way to put it on insightful because there there is a large quantitative part of our brain that is active that we are not aware of most of it, one of the it's shown by the fact that 80% of what we do is autonomic. We don't think about or we don't think about breathing. We don't we don't think about moving once we've learned to walk, it's something that we take advantage of you. The last guest that we had on was talking about how we are connected to the carbon that we exhale. And and the idea that



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we change every time we exhale. But that's really the only part of our biology that we control our body automatic, like try to keep yourself from inhaling your body will tell you no. It will eventually make you gasping for air trying to keep yourself from exhaling naturally. I mean, again, this thing about what we control is sort of it reminds me of the argument about, you know, oh, well, that's what makes humans special. Over the decades, there's been this sort of, that's what makes it essential. And that's what makes it itself all knocked down. Yeah, well, we use tools and other animals don't use tools. Now we use language other animals don't use





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every bit of it that makes us special. It's all about like, what can we do to stroke our ego? So just like maybe just a unique genetic code? No, we're three, three parts away from earthworm, not really? No. Maybe we just need to be less insecure. Well, well, or maybe a little less haughty, you know, because there once again, there's that means of control. We want control. And that's part of the scientific endeavor, of course, is to understand that maybe that's what makes us different from other animals. We are in control and we're arrogant. Well, yeah, yeah. Every other animal edge. They set it in the matrix, every other animal in the world find stasis.


Yeah. In its environment, not you, not you, you come in you destroy you. Everything. Like that's just what we tend to do. And it's strange. Because yeah, can we turn down my Oh, you bet I had fun. Absolutely. Oh, wonderful. Sorry. That's okay.


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It's


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when we are.

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Let me see how I can phrase this when we are, I guess searching for that control, especially whenever you're talking about something like controlled remote viewing.

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There are many different styles of remote viewing. And some of them are much more protocol driven. Some of them are more

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intuitively driven. When it comes to quantifying lean, studying that in a lab, which side have you done more work toward have you done more work toward the intuitive side or more work toward the the studied measured side of, you know, protocol?

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Review, so both, okay, I'm one of those unusual people. I think that I have a gifted analysis and that's why I do the science stuff.

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But I also have this intuitive gift. And I really like using them together. So I like studying remote viewing. So I've done a couple papers you can? Where would you find my papers? Think I have a tiny url.com/precog papers 2023 I think you could download a bunch of papers there. So like, talking about your scientific work, I've what I've found is that,

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on average, I mean, this is I haven't found anything new like we are, though I that's not true. I've backed up what other people have found, which is that on average, people can do this a better rate above chance, and that there are some people who are gifted at it. So that's what I found. The new thing is that



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unconditional love or the experience of love without constraint. That is it's not romantic. It's more close to like a cosmic love universal love, divine love agape,



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that when you're in that state, your capacity to access this information is increased, for whatever reason. And I've shown that twice. Now, the second papers under review, first papers out there.



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And that is, to me the best scientific work that I've done in that area, because that's a key insight. But that wasn't there before. Yeah.



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In terms of the application side, I run a team, I worked with John Vivanco for a while we had a team that would worked with atmospheric scientists to try to figure out some dress some issues with climate change. I really enjoy working with scientific innovation cryptography. Sure.



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You know, because I'm a scientist, it's like, might as well use my analytical and intuitive skills. Absolutely. So now I have a team called intuitive forecasting. So it's called intuitive forecasting.com, you can find it. And what we do is we largely do science and technology projects, we do some pro bono missing person cases or perpetrator, oh, wow, he says, but generally, we do all what I call operational pre cognitive remote viewing, oh, PRV. So this is a sort of a, it's not a method, it's more like a framework or a context for remote viewing. So everyone can use their own method, sure, whatever they want. But there's two things that make this the context. So OPR vie, the two things are one, everyone does their work before anyone knows what the tasking is. So you have a transcript that's done. And you set it aside. And it could be months, or years before you the testing happens. So you just have a stack of untested things. And then what you're doing is in the future, something happens where someone calls us up and says, you know, we're trying to crack this particular encryption or whatever. And so then you pull the done sessions, and you use intention to associate in the presence.



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A particular tasking with what's going on in the past when the person did that session. And it's a clean way to get an unbiased set of sessions. So that's one aspect of that makes it OPR view. The other aspect that makes it OPV is we use unconditional love, intentionally in each session. So in each session, we're going into it with unconditional love. We are starting with like a mindfulness meditation. Everyone to start some people start with rock and roll or cleaning their house



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or with whatever they want. But within the actual session, we're we're basically intentionally sending unconditional love to everyone involved, because Okay, the theory is, things are gonna go well, with unconditional love. People aren't smart enough to figure out no one is smart enough to figure out the right thing to do in any future situation. Right. We're sure that we should know that by now. And so if we bring unconditional love into the mix, at least that mitigates some of the mess ups that could occur. Sure, right. Sure. So one of the things we talk about regularly on the show is the the haze in which we live in society now and yes, at one point especially go back to my great grandparents I'm I'm almost 50 So go back 50 100 years, and



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we were a totally different society, we were connected together in a totally different way. It didn't matter what our political beliefs were, if you needed wood in the winter, I gave you a quarter wood if I had it, if I needed food, you gave me some rabbit. You know, like we we took care of each other in that agape way because we knew that we were connected. Yeah, my neighborhood is like that. I sought out my neighborhood to be like that awesome, but it's unusual. And I think we need to get back to it. I just will. I just wrote a class on Insight Timer for detaching from social media and reconnecting with your community because a hard piece of velcro to pull. That's a hard word addictive than cocaine. But no, it really is.



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It is it is a dopamine hit every second. And that was fully metric out when they launched it.



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Talk to us with some venture capitalists about a project once in Silicon Valley and they said that was really cool what's gonna make it addictive? And I said, No, no, you see, addictions, bad for people. Yeah, this is about wellness. And they're like, Yeah, we're not interested. Yeah, nothing.



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banks. If we can't addict them, we can't sell them. Yeah, we can't, we can't sell to them. And this is interesting because one of the things we talk about regularly on the show, I did a lot

it's in. It's interesting because one of the things we talk about regularly on the show, I did a lot of abnormal psychology study in college, things like that. And our brains are wired for negative feedback. They think kinds of they had been, they had been wired for millennia, to pay attention to your surroundings to live in a slight state of panic and awareness. And that looking for threats and utterly be hijacked, is hijacked all the time. Yeah. And that's just it.

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I remember when I was 12, and I had to ride my bike to the library to read things about the Monroe Institute. I can pick up a device and sit there for 10 hours now and read things. It was at one point, the question for you, what's that? If you do that, if you do the 10 hour scroll going down the rabbit hole? Does it make you feel good?

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Right. research wise? Yes. Well, yeah, deplete your mind rather tivity? Thinking wise, yes, that in terms of like your whole body,

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exhausted

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training, and then the next time you're like, I can't function well, and it's quite literally, because of the fact of our brains are wired to see at 30 frames per second. We're now feeding them that four times as fast. And 120 hertz, you know, so yeah, your brain goes into the zombification, four times faster. It gets tired four times faster, which means now it can receive that negative input four times faster. Yeah. Which Yeah, well, and and it's receiving other people's information and other people's thoughts. I'm really, yeah, I'm really concerned about us. I call it the great cognition highest. I'm really concerned about technology, basically, yes. Doing our thinking. For us. The issue, I think that we have is the fact that our brains are a big sieve, they're made to filter and sort information, that's great. If you've got a decent amount of water coming. Now, there is a de Lucia of information. And like any colander that you put under water, if there's enough water going, it will flow over the sides, the colander will not filter it, which actually, by the way, brings us back to remote viewing. Because one of the amazing that remote viewing as a sort of spiritual practice, or as a personal development practice, is the experience of being able to pick and choose like, what does it feel like, internally, when I take this piece of information? Yeah. You know, like, getting into that state of where you're just really more aware of what your internal information processing is, which doesn't have to go with that rapids. Yeah. Is It's very calming. Well, it once again, like you said, very meditative the way the way I love Lim Buchanan's example of this is a martial art.

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It's being a psychic in a martial art. This is a martial art. This is a way in which you train your

brain to think in a certain way. Yeah. And and then the way it naturally thinks like, our brains will naturally associate things that will naturally we're transducers we constantly pick up signals all the time. And what and the big question, it seems to me is now great. So we can do this. We know we can do it scientifically clear. And we can do it at least to the people who read the literature.

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So what can we do with it? What good can we do in the world was like let's do some good. Yeah, like if I get the kind of irritated with the experience seeking and the Yeah, oh, well, I remote viewed this thing that you can't check out and that's not helpful or whatever. And it's like, I'm here. What I don't care. Thank you.

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Because I belong to a lot of communities with the show.

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Julia and it's, it's hard for me sometimes, I've lived the better half of my life behind the lens or an editing desk editing audio or video. Don't bring me your anomaly, please. I'll probably break your heart

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pretty rapidly. But there there has been this issue going on amongst paranormal communities, things like that. Where? Yeah, there's a group of people out there like remote viewing a suppose a Bigfoot attack in 1965, and things like that. And it's like, okay, well, I guess.

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Technically, there's a problem there when you're talking remote viewing, because now you're talking about like, here's an incident that happened, and here's how it happened. Go remote viewing. Is that remote viewing?

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Sure it is. But the question is, what's the goal like so it's all about intention, right? Because I can I can imagine a scenario which remote viewing that that attack actually helps someone like if somebody was the person who got attacked and they're traumatized, and they actually need validation about what went on.



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Which would be incredibly life affirming that and then there's a situation where being the the actual victim, being able to remote view

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There are even people like hiring a team that have skilled remote viewers say like, I need validation for this. Here's the truth of the day, you know, but But would you give them the date and the circumstance? Oh, it doesn't. It depends on how you're doing remote viewing them not I mean, I give everyone nothing because it's on the future. Sure. Right. So I would personally, you know, if I were talking with that person who said, I need validation, I would say great. And then I would just give my team like yet another tasking, pull out what they already did, and answer the question the next day. So it's like,

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that's fine, too. I guess I want to say I want to there's a room for at all sure. But I just want to draw attention to this idea of intention. Yes. Like, what matters is what is the intention? If the intention is to like, feel good? Because you have cool information? Yeah, that's just gets old fast. Yeah. I mean, I've been there. But it gets old fast. And then another intention is to feel grateful that you have this gift and want to use it to help the world that intention doesn't get old, ever. Sure. That feels really good. That kind of self transcendent attention. Yeah. And so that's kind of the one I'd like to raise as like, hey, in what way is the work you're doing whether it's remote viewing your medium? Yeah. What are your intuitive work? Whatever your work is, how is that? Working with an intention of love? And how are you avoiding the, you know, the negativity? Well, not even avoiding the negativity? Because sometimes things are negative, but like, how are you avoiding the human

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sort of behavior that we call sort of ego propping? Yeah, no, no, yeah, absolutely. The self aggrandizement, pat on the back that you can, you can get sucked into that you can, you can so and even the validation from other people feel good. And that could also be really important at a certain time in your life. So that is like absolutely bad. It's just always checking in with your intention. Yeah. And how is your work received by other people in the scientific community? It depends on the work like they don't, most of them don't know about that. I am a remote viewer. Right. That's epic. I love that.

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So I just talk about it in this third person. Yeah. As the third dinner.

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After the wine, yeah, I don't drink but like, they're all drunk. Yeah. But, um, so my experience

with the scientific scientific community is largely that when I get to talking to them, and when I present to them, two things happen. One is



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they can get people can get upset. So one response has real upset, real anger, they're angry at me. Don't you know about the second law of thermodynamics? You know, like turning red anger? And then I just sort of say, Okay, I do know about the second law of thermodynamics. But let's talk when you've calmed down, because your emotional state is not. It's not it's not receptive. I just like to call it out, you know, for what it is. And then the second response is they come up to me after a talk and they go, Julia, did meet with you privately. And I'm like, I know exactly what's coming. They had some experience, they can't explain. And they're scared that they're crazy. They don't want to tell the other people, but they'll tell me because I just talked about crazy stuff. Sure. And so, so many people at so many institutions have had those conversations with me. Wow, high level scientists are like, I'm scared that we ended up writing a paper about exceptional experiences. Yeah. And engineers, well, in the phenomenology of these things, especially now with the the UAP, whistleblower hearings, things like that. It is I think it has really, really changed the conversation and a lot of ways. Yeah, well, a lot of ways I was a little bit a lot of topics. I wanted the whistleblowers, I really think Ryan Graves is a great, it's just fantastic. I wanted him to speak more about the phenomenology. And he did talk a little bit about the science. And you know, that wasn't the goal. But I worked with an organization called the scientific coalition of UAP. Studies or for you



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know, them, yes. Very familiar. Yeah. Yeah. Gotta have you on to talk about their neat folks, deep people. And they're being very responsible. And I'm talking with them about can we talk more about the phenomenology piece? Yeah. Because there is still a belief, you know, in that world that if you start talking about anything that isn't sort of nuts and bolts, hard and concrete science, then that that is too woowoo. But in fact, we have to admit that we have human experience, material. That is what I loved about the NASA panel. I don't know if you get to watch the NASA panel. But that was my favorite thing. That was one of the first things that they addressed was the fact of we have been woefully irresponsible. As scientists Our job is to study that three to 5%. Yeah, anomaly is how you make progress in science, as you said.



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On my show the whole time is I don't I don't think I'd ever pay a contractor for 95% of a wall. Yeah. I don't think I would have ever gotten an A in chemistry for 95% of the solution. Yeah, did the did the other



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5% Go to gas did it become residue, what happened to the other 5% is only the crucial piece. So yeah, just about every out and they were literally like, as scientists, our job is to study the three to 5% phenomenon and figure out what it is. And there's a new paper that just a new

article that just came out about that from one of those scientists. You know, this isn't very scientific. It feels like it's still in this old paradigm of, we have to show that this isn't extraterrestrial. It's like no, actually, folks, we barely understand it man, drop it, get rid of the little green man. Yeah, please, please. It could be something from another dimension. It could be it could be, it could be us from the future. And that's why I love the NHI concept, the idea that that just opened a panoply of futures. So human intelligence is still less, and it's still technically Extra Terrestrial.



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Because it's from a different earth. Yeah.



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Extra Terrestrial, sort of like the past is



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still within it, because we get hung up on these things, like UFO just means an object in the sky that's moving that you don't know what the heck it is. Under the water, it could be. But that's just it, we get caught up in this paradigm of, well, it's alien. No, it's just don't identify Well, we're not that smart. I mean, that's why I mean,



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humans, we, we, we don't handle uncertainty. Well, we don't, we just have this issue with uncertainty. And I get it. Because in order to survive, you kind of want to know is that like a lion that's gonna attack me or not like, and like I said, our brains are wired in that survival instinct. And that is very easily hijacked with the news that we read everything else. Like you were saying that that social media engine that's in front of our face, it can be hard to see a positive in your day. Yeah, it can be hard to have that agape love for your brother when all you're doing is reading what red versus blue is doing. Right? And what you know, what's fascinating is if you have this was on my social media, detachment, and course and connecting with your local community, what I was doing that course I was like, Oh, my God, it is so real. Like I needed the course too. It is so real, that when you actually look around you and you realize, like, you're always looking for threats and opportunities. Yeah. When you look around you, you put down your phone and you look around you. There's so many more opportunities and threats. When you make your phone, there's all of a sudden,



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we're cortisol junkies, man, we gotta kill us like, yeah, it's, it's horrifying. And yeah, trying to find a way out of that trying to find a way that you see, again, the one of the things I brought up regularly is, I can't grasp the concept of saying you hate somebody that you've never met or

shook hands with, right? Maybe you don't agree with their point of view their politics, what they do in life, whatever. But to use that four letter word hate

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with somebody that you've never mutually spend time with a shared space when there was, there's a psychology there that is, but it makes sense. Because one time I was okay, one time I was on a bus at a scientific conference, being bused from one place to another. And they were the bus driver was playing this talk show host that I totally disagreed with political. And I'm not going to say whose name it was. But anyway, was playing I'm

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not gonna, I'm not gonna even pretend.

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So, so I had this thought, and I was I would want a tolerance and I have a relationship with God, not everyone does, that's fine. But I do. And I was sure I was praying. And I was saying, you know, I just like, I just, I just want to, like, get to the place where like, there aren't, aren't like, I could send love to like the bus driver, but I can't send love through the radio to this radio person.

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And the response I got back was really, so you can't send love to the ones who need it most. Oh, I know. Wow. You're cold is nice to yourself.


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I don't think it was myself.


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I don't know. But it was very clear. Like I was ruthless with myself. Yeah. Oh, so the people who need the most are the ones who you say your hate. Why do you hate them? Because you need love. They need love. Yeah, that's the equation. Yeah, that's just a simple equation. salutely As soon as you find yourself having somebody who's a one to one, and so one to one. It is utter reflection of self. Absolutely. And that's that's a hard bond in your mind to break into let loose of I spent my first year in college as a seminary for the Catholic Church. Oh, wow. And many years after as assistant youth minister working in ministry and that


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everybody has a different spiritual journey and for a long time it is


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It was hard for me,


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as someone who felt as though they were called


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to look around at a bunch of people in church. And then one day, much like you were my higher self just kind of kicked me in the back of the neck, and was like, Hey,

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that's a little hottie.

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Like, we all

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experience things at a different level at a different rate, just because somebody doesn't have that direct connection doesn't mean that they don't have faith doesn't mean that they're connected. Like, who knows that is connected, then you begin to recognize it. And it's us putting our paradigm upon somebody? Yeah. You know, and that's it comes back to the unconditional. Exactly, exactly. I think the reason why I mean, sort of my explanation for why Unconditional Love opens you up to information from the non local world, or this world, non locally.

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I guess non local access to information. Sorry, I have to be precise. Anyway, I think the reason that unconditional love opens us up to that is because

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judgment is like a block. Yep. And so Rick and a wall. Yeah. And without the unconditional love,

you're automatically judgment. Yep. Right. You have these rules. I would love that person if they changed in this. Well, it's the fact of we're having the conversation on the way to the table. We're in the car. Yeah, we're literally going over what we're going to say and what they say in return, like you haven't even hit the table yet jet.

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Put it in third gear and coast.

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I can get to the table, get to the table. Wait till the conversation happens. Yes, I have this mentor who? And I'm not saying that you're not maybe being pre cognitive folks.

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However, are you imposing that upon the situation whenever you're looking at? I mean, all of this research with remote viewing started about the fact of we can impose our will upon a situation whether we don't realize it, scientists go home and just go, did I do that? Right? Did I do it? Right? That I get that number, right? And because they're thinking about their experiment, they're actually affecting it in the lab miles away.

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So yeah, yeah, we can, we can utterly it's kind of sad. It is, to an extent it's, it's sad. It's sad. But it's sad. When What am I talking about? It's sad when?

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When the obsession is about control? I mean, I totally understand that I've totally been there. yet. I'm not saying I won't be there again. But I think less so. But I don't know. Who knows. Yeah. Anyway, when the obsession is about control.

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You don't notice all the other things. And that can get you in big trouble. Yeah, exactly. And with your work with tilt,

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that concept of spreading love that concept of helping people find that frequency of love, what can they do in their daily life? I know right now is the time of mindfulness. We've gone through many times of philosophy in our lifetimes. But right now we are in the world of mindfulness, it's

interesting to see people coming back to this concept of slowing down, being present in the moment, being here. And now. Don't worry about later, they're like, literally, there's nothing you can do about that. You can prepare yourself. That's it.

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So what can they do in their daily to help lift that agave and kind of stamp out the negativity? Well, I guess aside from getting rid of social media,

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you know, the negative I mean, you've gotta be careful with negativity, because life is full of things that are positive and things that are negative. Sure, no one's immune. I don't care how much money you have, or enlightened you are. Everyone has experiences that they would wish that they didn't have sure the key differences suffering. Yeah. So like, there's pain, like I break my leg, I would rather not have broken my leg. The key is, Are you suffering? Yeah. And that's different from the pain, right. And so that relates to tilt. So the suffering is sort of this opinion, that things should have been differently should have gone differently. Guilt around if I had done something different, it would have been different shame around that, or pride that things didn't went really well. And yes, my things are great, right? Yeah. And so it's this attachment to your control that creates the suffering. And so what tilt is about the Institute for love and time, just suffice to say the acronym

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is about using unconditional love in the context of holistic time thinking, okay, so we call it we call that structural love. And so people talked about structural racism, structural hate, this is structural love. And it's this idea that we are actually living in this matrix of love. Not talking about romantic love. We're not talking about love into pizza. I'm talking about this kind of agape, this kind of divine love or this cosmic, universal love. We are living in this matrix of love and love

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What we can do is embrace it throughout time. And get really conscious of that. And that solves the suffering problem. So if you're, you break your leg, and you're all attached to like, I should have done this or whatever. But you have a practice of connecting with yourself over time past versions of yourself, future versions of yourself, and you connect over time in a space of unconditional love, then that is extremely healing. And actually, we've shown that so we created a technology. Do you know this? No. Oh, we created a technology war. Yeah, it's called Time Machine. It's,

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if you can just find it online at Time Machine dot love, okay. And it takes you through I love it.



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It's free. And it's for everyone. And we tested it with 97 people over 26 days.



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About half of the group of people had been really traumatized as children and about half were and must traumatize.



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The reason I say that is because the people who came in the door are very traumatized as children, their overall well being was lower than people who hadn't been traumatized, self reported. Now, the reason I'm telling you that is because that's what you would expect. People who have had rough childhoods tend to have overall lower self esteem as adults. And that self esteem is also self esteem. But overall, well being Yeah, is what I meant to say. And then over the 26 days, they both improved, both groups improved. But they met up so that at the end of the 26 days, they weren't the same level of overall well being, which is really tough to do with this population. Remarkable. We are very excited about that result. And so I'll tell you what the technology does. Yeah, it's simple as, as could be. It's so simple, that it's not addictive in any way. And so what it does is you it asks you to open up your time machine, which is this really cool graphic that Amber Williams on our team made.



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You go in there, and it asks you to record a message to your past or future self



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shut to give you kind of a minute to record the message with your voice, shuts it down. And then the next day you get an email saying your time machine has a message for you. And 100% of the time, as far as we can tell, you have forgotten what your message was. So when you go to the time machine, you're like, oh, that's what I was thinking yesterday. And it's and it's really cool. And you start connecting time and it challenges you to connect with yourself with love to listen to your voice with love. So the first step is really listening to your voice with love and learning to connect with yourself over time. Yeah. And then it moves into these other sorts of has other features where you could do meditations and stuff like that. That's the main one that is remarkable, because I can totally see how you can really begin to build some personal empathy that way, and because one of the examples I use on my show all the time is Dwight D. Eisenhower, his speech leaving presidency,



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I don't know how many times I have heard that a in my broadcast career, he just is life, you

I don't know how many times I have heard that in my broadcast career, be just in life, you know, don't trust the industrial military complex, things like that. Yes, those were there. But if you go back and you watch that whole speech,

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you can almost hear him starting to cry.

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You can feel it, it's and just recently was did that resonate with me in that way? Where it's like, wow, you can actually hear the fear in this man's voice. You can you can hear his emotive quality. He's scared for the future here. If we don't if we don't call a halt to this. And that's so important. So we tend to focus on the text words, and people can ask me, What are you going to make a version where we can text ourselves? And I'm like, No, we're used to texts being it could be from a machine. Yep. But when you hear your own body that I tell people that all the time I would love to help my wife and I when we reconnected on Facebook. Yeah. Sorry.

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But granted, it was back in the days where you actually had to know each other from college. Yeah. That's how we met was like, oh, yeah, I remember Amy. But she was having an issue. I've I've always been considered a confessor to people for some reason. People just come to me and likely nature they just bare their soul like strangers. It's weird. To me too. I totally get I'm down with

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my wife will be like, Wow, that was that went deep in a in a line for a soda. It's like yeah.

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But she called the we were messaging back and forth, messaging back and forth. And finally, one day I was like, listen, I would love to help you out with this more. I can't do this. I need to hear your voice. Yes. Unless I hear your voice. That's exactly right. I can't tell the tension. It's not the comma where you're putting it ain't giving me the tension of your life right now. The voices I need to hear your voice to understand your emotion to lock in to how to help you. Yeah, and that began our first phone call. But that was literally the conversation if I can sense of the soul. You know, I had a voice teacher who told me my my only voice teachers fantastic. Heather Irani. She's


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As you know, the voice is actually physically at the center of your body. Yeah, like all the way down. Yeah. And all the way out. Yeah. And so of course, it's going to reflect all the things that


down. Yeah. And all the way out. Yeah. And so of course, it's going to reflect all the things that are going on with you in the past and the future. And And now, it's so telling Well, yeah, and I mean, think about it, folks, how many times have you gotten an email and just gotten enraged, and then you get on the phone with somebody and you? Wow, I totally put that on the whole situation. Same thing with the text. So many things can be missed out on.

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If you win, if you actually take a minute and a half out of your day and make a phone call, there won't be a miscommunication, you'll understand the function and urgency behind somebody's voice and understand if they're mad, or maybe frustrated instead of mad. There are two different things that are kind of associated. But one's anger, one hidden, one's anger, one's fear. They're They're two different things. And if somebody's frustrated and fearful, you can help them with that. Yeah. Can't help them with anger. Like you said, like, I'm sorry, you're angry. We need to have this conversation later. You, you built the wall before I got here, but

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let's start working on removing mortar, then we can talk. And yeah, it's interesting to see that relation. And the idea that we need to hear ourselves from the past, like, physically hear ourselves in here are weary with beings. We have this amazing program, Amber, the one I mentioned, who made the Time Machine visual, she had this idea of bringing it into the she lives in Chicago, bringing in into Cook County Jail, or working with the inmates with this thing. Beautiful was frigging awesome. And so she's talking to them. And she's telling them about this idea of like, you exist over time. And even though we just see the now that still exists in the future, and they're like, really, and so they did their first recording. And they kind of read one account for all of them, and then kind of shared who talked, and it was really touching. I was able to witness them listening to the recording from the week before. And then going I that was me, I was there. I said that like, like, really like, like, I really exist because I exist in time.

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And it's so strengthening, and they got so much power out of the experience. Let's say that's beautiful. That is beautiful. Because yes, it is it is empowering to yourself to know that. Yes, you can fix your problems. Yeah, yes. You were worried about that yesterday, and now you want plus everything. Sure. Yeah. Yeah, you plus extenuating circumstances, but it starts with you. It starts with you and your consent into the system to say I exist. And I'm real. Yeah, I was here yesterday. Which means, by the way, I'm going to be tomorrow and I would have to start thinking about how I'm treating my future self. That's right, which became the the topic of conversation. How are you going to trim that's just it the whole idea of self love, like and don't get me wrong, help people help people, folks. Help people help people. But make sure your cups full. If your cups. How can you how can you give water to somebody if you've got a half empty cup? Yeah, I mean, so you

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may think you're helping people. Yeah, yeah. And really what you're doing is making people

projects



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at that point, and also they end up having to help you. Yeah, yeah, Precisely. Precisely. And we it's hard for us to keep a cup full. In this day and age. It's hard.



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Thank you so much for your time. It's been so so fantastic to have you on. I'm so glad that we got to connect and have this conversation.



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First of all, just the freewheeling conversation, but the tone of your questions, your experience with spirituality, and your relationship with God and all these things. I know they're not shared by everyone and that's okay. But it's also really easy to talk with you about it. And so that's really nice. Thank you. Yeah, it's my my life is lived in the depths of things I want to explore and get curious to because it's the day we stopped questioning is probably the day that we've joined the great beyond the atom, atomic universe, you know, like that's what I've always said you should be questioning until the day you die. You should be questioning something after that. Yeah, absolutely. Let everybody know where they can go to learn more about Sure. The Institute for love and time where they can go to learn about the moss bridge Institute. Everything else should I look at the camera?



2:04:19

So you see my profile this whole time?



2:04:22

Moss bridge institute.com intuitive forecasting.com Love and time.org What else? The premonition? code.com That's my book. What else do I have? Oh, those are the biggies I think okay. Oh my Insight Timer channel. Oh, ton of of conversations classes like my social media class. So just go to inside timer search for Dr. Julia moss bridge. Awesome. Great. Easy peasy. Thank you so much for your time in this very, very busy. SCI fest. 2023. That's a blast. Absolutely. While you're online, checking out all of the amazing work from Dr. Mossberg. Make sure to



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Stop on by curious realm. Curious. roam.com is the website that's where you can go? Curious rom.com forward slash story is our experience or page if you're an experienter of the paranormal. If you're a remote viewer that's had an experience if you've had an experience

with ETs or extraterrestrials or if you're a whistleblower stop on by fill out our form. We will try to get you some answers from our experts. Stay tuned through this commercial break. We'll be right back with our final bit of coverage for day one of Sigh Fest 2023 here in Charlottesville, Virginia, with the International Remote Viewing Association, and the Monroe Institute. We'll be right back after this.

 2:05:55

Well, hello, everybody. Welcome back to our final bit of the first day of coverage of Sai Fest 2023 here in Charlottesville, Virginia, with the International Remote Viewing Association and Monroe Institute. Our guest in this segment is the indomitable limb Buchanan he was one of many and one of the progenitors of the government Stargate program. Welcome back to the program. Now that virgin operator actually, it had been in existence 10 years.

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Yeah, yeah. Well, last time you were on the show, we were talking a little bit about some of your remote viewing courses, things like that. We had a great conversation this morning at breakfast that I've referenced more than one time Oh, really today, specifically, the fact of you can train anybody to remote view, but you can't train everybody to be psychic, even though everybody has psychic qualities.

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Well

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the thing is, as you train them to use what psychic ability they have, they're going to automatically increase in their psychic abilities.

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It's like any learning you know, your might new synapses. But also, since they haven't been using it before, and now they're using it.

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They feel that you have made them psychic.

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And there a lot of teachers out there they're trying to sell on that, you know, get money. Yeah. I

will make you psychic. Yeah, it's not true.

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Because a you're already psychic.

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Got it? Yeah, yeah, exactly. You just need to learn to flex the muscles. They may be atrophied. Or you just never flex them. Like they always say and if you've got it, learn to flog it. Yeah. Well, precisely. Let's explore that for a minute. Because the idea of non localized consciousness the idea of all of us being a subatomic atomic engine to begin with. Yeah, that makes us all interconnected already. So the the idea of being able to transverse space to see something. Yeah.

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Doesn't seem like that far of a leap for the imagination at that point, for the imagination for the conscious mind is a great leap. Yeah. And how do you, I guess, first steps, how do you start releasing somebody from the fear of that leap? Like, okay, I know, for a lot of the remote viewing and the psychic courses and all that, I'm not sure how they do it, because I've never really been exposed to those. Okay, I was exposed from the very beginning to the Ingo Swann method, okay. And the Ingo Swann method

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is more of a martial art than anything else, in what way well, and they're just physical. Okay. Oh, they start you off, we start you off by saying, Okay, here's a pen and paper give me the simplest graphic representation you can have water, people will go waves, you know, Okay, now then,

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the most simplest graphic representation you can have motion and they go zoom like that. Okay. And then we practice that over and over is the equivalent of wax on wipe off wax on wipe off. And one day in the martial art, somebody comes into Rondout swing without thinking about it.

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You wax on. Okay, yeah, becomes a muscular memory. It becomes a muscular memory. And so once you've given them these, these, what's called ad gram drills, okay? Oh,



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Over and over and over over, I think virus too much before, before they would go on, but it became solid muscle memory.



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And one day, they said, Okay, we've got this envelope. And there's a



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picture it. What's it a picture of? And my hand went



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like this. And I said, I don't know what it's a picture of. You said, Well, what is your sub? What did you miss muscle say, Oh, I said there's some land and some water. They opened it up, and it was a beach. Simple as that. And by doing this, it's a lot of work. Okay, it's taken tons of practice. And yet, your subconscious already has the ability to know what's in the envelope. It also has the ability to know what's going on. And you know, what's written on a sheet of paper that's in a safe and the Gremlin it has that ability to know.



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The thing is, your conscious mind doesn't have a way to access the subconscious knowledge. And so if you develop that, that way of having your body telling you



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when you that stage one, okay. You get into stage two. And you say, Okay,



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you said there's water and there's land, described the land.



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Have an open the envelope. I don't know what the land is like. Okay, well, rub your hand across the paper. What do you feel? It feels gritty? Write it down.



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Fee is wet. Write it down. Okay. Yeah, describe the water.

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I don't know what the water is like.

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Well, what impressions you get? It smells fishy. Yeah, sure. Sure. salty taste in. I think that that is physical. Yeah, I was gonna say that is one of the most fascinating parts of it is the synesthetic. Oh, the art of remote viewing? Yeah. And it's not. It's not necessarily that an image just pops into your head, but controlled remote viewing? Yeah, yeah. precisely controlled. Right. And we should make that distinction, because that is specifically the remote viewing that you practice the military use all the time. Yeah. And that once again, is the the highly drilled form of remote viewing. Sure, you were using your intuition, things like that. Right. But it's not necessarily like mediumship or clairvoyance? No, not at all. Yeah. And yeah, this is the controller viewing that

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was trained by the military and trained to be and

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and the fact is that, just like, you can become a black belt in the martial art, you can become a black belt it controlled remote viewing. Sure. And much like any black belt or any karate class, there are people in the class who will attain that rank. And that belt slightly faster, they will learn Cocteau's a little bit faster things like that same thing with this very much. So you know, you may have three different students come in with literally the same education level. That's right. Yeah. Two of them will excel one of them may Peter for a little while, you know, the general rule about how fast you're going to get it is

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Do you wax on Wipeout if you practice practice? Yeah, I was gonna say how much work are you doing? Because much like hey, you could

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you could wish and manifest all day long. But if you're not putting the work in to help that manifestation it ain't gonna happen. You've got to still do the work with CRV you can sit back and intend all you want. If it didn't wind up on the paper. He didn't do anything. Yeah, where's

Yeah, where's the trail? That's and now when you started in the program a how were you recruited into Stargate? Let's let's hear that story first, for for many of the listeners out there who may not be familiar with your if you've seen the



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goats, okay. I didn't kill the goat. I kill the computers.



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But



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this incident happened over in Germany. And I



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got flaming, flaming angry at a person. While I was given a demonstration of a computer program I had written and he had intentionally



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packed it messed it up. And here was 12 commanding generals from 12 different countries. And I was given this presentation and I hit the enter key and it went blank.



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And they started like



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laughing at me. And I looked up. And here's this other surgeon who had wanted the job of writing the program. And he said, gotcha. And turn around, walked off. I got flaming. When I did.



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The field station went down.





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The entire fee of station went down. Wow. And I've had this PK ability all my life that I've had to fight. Well, the information about that got back to general's turbine who's head of the Intelligence and Security Command. And he had been looking for people to do this.



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And had he heard stories about people who could do this. Oh, yeah, he's okay. And he brought me back to DC.



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Initially, he thought well, put him into remote viewing unit. But he wanted me to start a unit that would learn to destroy enemy computers target. Yeah. Specifically, yeah, targeting with the end goal of not destroying them.



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But controlling the information in the enemy computers so that we could make their missiles drop into the sea. Sure, or just mess up their, their computers and all that. Yeah, haywire communications, what have you. And Congress said, that sounds like mind control.



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Congress had been caught in the 60s doing mind control and they should never go Yeah, yeah. And so they wouldn't fund it. Wow. So Bert, genders double bind.



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So MK Ultra actually put the put the kibosh on things to begin with a lot of things. Wow. Yeah. Wow. And yeah, cuz they get caught. Oh, yeah. Like, pants down red bottom. Oh, he got caught. Oh, yeah. Hard.



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Anyway, it was a telltale thing whenever the CIA bought up all the LSD in the world. Oh, yeah. That should have been Clue Number one that Yeah.



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Something strange when you buy the whole world supply of a chemical. Maybe there's something there. Yeah. So anyway, he took me out to the remote viewing unit, put me in there. And when I first went in

and when I first went in,

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I really didn't know anything about the remote viewing unit. And so they read me on, which is where they give you a sheet of paper that tells what the internet really does instead of what they tell the public.

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And you read it and you sign it. And when you sign it

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that says Mum from this point, mum from this point or his 10 years in prison? Yeah, yeah. And so I signed it. And I thought, This is stupid. I'm on Candid Camera. This is a joke. But over the next few weeks, I saw the people doing it. And they were doing phenomenal work. And I took to it like a duck to water. I mean, this was the most fascinating job I've ever had my life. Wow. And so

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over the next couple of years, I wind up being the trainer of the unit. And now during this time, did anybody know the purview through which you were brought into the unit? And this the hopeful? I think the end goal of you being there. The fact that we did a weaponization? Yes, the director did. Okay, but but none of your fellow remote viewers. I don't think they were told about that. No. How do you think they would have felt about that if they would have found out that they were trying to I mean, I guess you're in the military, you can't assume that they aren't weaponizing? Something? I think they would have? I think they would have not liked it. Because we had the edict that we were never to do active metal work.

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what's now called Remote influence. Yes, exactly. And I was just about to say passive mental work, collect intelligence.

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And so watch how they are influence. Yeah. So that

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was that I was there selected originally to do active metal work. I think they would have been very cautious about it. I would tend to think so. I mean, most people who have the skill set you

very cautious about it. I would tend to think so I mean, most people who have the skill set, you know and come like you do with with an innate skill set already. They are connected to things in a different way. Oh, yeah. You know, and there's there's a heart the size of Texas and



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most people that are intuitive, and yes, they don't. It's



2:20:00

kinda like I've never met anybody that uses their their mental ability to go out and hustle poker, things like that. You know? That's why. Yeah, I met I kill the computers. Yeah, I could you weren't trying to kill the computers though was just angry. Yeah. But I could never have brought myself to kill the goat. Yeah, you know? Yeah. And even for covering people say, Oh well, George Clooney, George Clooney played you in the movie. The movie character Lynn Cassidy



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was actually a compilation of things that happened over 20 years to all of the viewers. Yeah. And, and my part of it was killing the computers and other parts of it through the movie. So yeah, he played me in the movie.



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But the other incidents, he played other people. Yeah. You know, yeah. Yeah. And they, like you said, kind of unwrapped all that together. And one person is love. They had to wrap the 20 years of stories into a two hour movie. Yeah, had to do that. Exactly. And it's hard not to conglomerate those things. And of course, that that leads to a lot of, I guess, historic confusion for some people. Yeah, most definitely. And, and especially, once again, knowing that



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you went into the program with the intent of the weaponizing. Some of this through you well, but also NIOSH into PK. Yeah, the PK, exactly. But the idea that they didn't want you to do remote influence, so they did the remote viewing, yeah, to do the remote and Well, sure. Sure. Yeah. Because there are two different tasks, of course, well, yeah. One is mind control. Yeah. The other now granted aid and information. And I could see exactly why the CIA would want their hands on this method. It should, because not necessarily even in remote view, or remote influencing status, but in the fact that you could remote how somebody you could remote view how somebody is influenceable, you could remote view somebody to see how they are prone to things we want to do they what their habits are, what their addictions are things that would make them a good, we did set we did.





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We did a lot of personality profiles. A lot of plans and intentions. Yeah, yeah. Oh, you know, get into plans and intentions once against a battle. Those are the beginning steps of can we make this person an asset from the other side? Can? Can we that was not our purvey? No, no, no. But that's absolutely.



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What they did with it, we had no precisely precisely, but it's a great way to be able to immediately tell if somebody is maybe coerced double, you know, in some way, or maybe has a pressure point that you can lean on to move them politically. Let me give you one example of ways how we sort of almost crossed the line, I almost crossed the line. Almost dangerously. So



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there was this one facility. I won't tell what country it was in.



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And they had some kind of protection on this highly classified facility they had.



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They'd had remote viewers who just couldn't get into it. So turn came my turn. And I couldn't get into it either. But



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I found that there was the director.



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And so I thought, well, maybe I can get into his mind to get the information. Sure. I couldn't.



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And so



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I found out in that process that he had a young son that he was proud of. And was really disannointed in the fact that he couldn't tell his son what Daddy does

disappointed in the fact that he couldn't tell his son what Daddy does.

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So I at this point

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influenced shouldn't have done it

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influenced him to get to daydreaming about what he would tell his son if I could Oh, he said their office daydream and tell him his son in his mind. Wow, all about the facility. And I was at remote view I was I was it for me. Take a notes.

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And so that crossed the line.

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Yeah, yeah. Yeah, but, but we got the information and you

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To set the only time that you've ever crossed the line, Lynn. Oh, of course. okay to do that. All right.

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Yeah, no, it wasn't. But yeah, I mean, I'm sure under orders things like that you. You did whatever you were tasked you do what you do you do what you need to do to get the information because it's gonna save him. Save. Not only us alive yeah. But the lives of British soldiers Russian soldiers. Yeah, cuz you gotta you guys were finding POW camps, all kinds of things. We saved as many Russian lives as we did us. Oh, wow. Wow. simply buy stuff in battles? Yeah. Yeah, that is incredible. That's incredible. And to know that, getting now

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when you're viewing land, when, when you're in the middle of a session.



2:25:53

Of course, we were talking about synesthesia, the the idea that smells, colors, textures.



2:26:01

That was part of our conversation this morning was the fact that, you know, whenever whenever you're tasked by a client, that you have a database of people that hey, this person senses color more vividly than this guy, like this guy sees things in black and white. Yeah. How do you go about finding the proper person in that way? And how do you go about identifying the fact that they are better at, let's say, feeling better than somebody else? Yeah. Fred Outwater covered that this morning in his lecture.



2:26:36

They said first of all, do you have the clearance? If you didn't have the clearance? You never?



2:26:43

You never got into the unit?



2:26:46

Do you have



2:26:49

any acceptance of psychic phenomena? If you didn't believe in it? Then they were going to spend a year convention here than they did with me. Because



2:27:06

general says take him. Yeah, yeah. We saw this happen, sir. Yeah. And



2:27:13

so there were certain criteria.



2:27:18

mental stability.



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In order to get into the unit, we had to go through some really rigorous stuff to mentally stable, they didn't want mentally unstable people. You know, and, and also, just the



2:27:34

ability to understand things.



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You know, if if we tasked you with



2:27:45

certain equipment, okay.



2:27:48

Can you understand enough? What's going on? reported? Yeah, yeah, something like that. Sure. And by that time, before Berkat, Gemorah, silibinin. got,



2:28:02

got me brought into the unit. By that time, I was a Russian linguist, specializing in Russian technology and advancement. That was my job at the field station. And so, as part of that,



2:28:21

when I came into the remote viewing unit, it was with that knowledge and that ability to understand all of the technological stuff the Russians were doing, and, and of course, other countries, too. Yeah, what their current capabilities were, what they were working toward. And so in the selection process, they also looked for



2:28:43

your abilities outside of any psychic functioning, you know, okay, so it was a it was a very strict



2:28:53

and a lot of people have since said, How do I get into the unit?

 2:28:58

You don't? Yeah, don't call us. We'll call you. Yeah. We probably won't call. You may just be a van that shows up. That's right. Yeah.

 2:29:09

I've always said, you know, to remote viewers, if you do a session, you turn it in.

 2:29:17

And all of a sudden, these black vans come racing up to your house. They come crashing into your domain to remake all of your computers, all of your paperwork and OLED and carted out into their black band and drive off down the street with everything you've ever done. You know what the proper response is?

 2:29:38

Damn good. Yeah, that's right. It's right.

 2:29:43

Precisely, precisely. And you know,

 2:29:47

when,

 2:29:48

when you're viewing land what what comes through more for you? Is it a? Is it audio smells of yours by this

 2:30:00

By this time now, I've been doing this for 35 years. Yeah, it's all the same. Okay, in the very beginning, of course, it was colors.

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And,

 2:30:12

and smells.

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And that was basically it. You know, the rest of the time, I just had to do rely on the physical response. Okay. But yeah, first of all my strengths was colors and smells. And then as I practice, practice, practice, you know,

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which I did eight hours a day, five days a week. Yeah.

 2:30:37

Then

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the other things develop, too. And this is the thing about controlled remote viewing,

 2:30:46

that

 2:30:48

it's not so much your psychic ability. It's your practice. You don't practice?

 2:30:57

You don't get good. Yeah. Yeah. And

 2:31:01

with that in mind, take take us through a generalized Remote Viewing Session. How do you how

do you start with the target? How does the client come to you with the target? Things like the client comes to your director or to somebody else, not the viewer? Sure. And that person is finds out, narrows down the questions that the client wants answered.

 2:31:27

They take that and put it into a format that can be this is question one, question two, question three. And they then look to see who can do the best job on each question. Okay. And that's in the database, we rely heavily on a database. And then you sanitize the question. And you give it to a monitor, this is the ideal session, okay. You give it to a monitor. And let's say they want to know where

 2:32:01

some something is in the world. Okay. And so they say over in such and such country, we've lost an atomic warhead and all this. Okay. And so then the director gives to the monitor the question,

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the target is the location, describe the location,

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the monitor tells the viewer,

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either the targets or location, describe the location, or he may say,

 2:32:41

this is Project 2704. Question three, what's the answer?

 2:32:48

That's it. Oh. And, and in fact, he may not even say that. He may say 2704 Dash three, view it.

 2:33:01

Does more you can information you can keep from a remote viewer, the better they're going to do. Really? Yeah. Because their conscious mind isn't there saving who? I know what the target

is? Well, well, yeah. You don't have the presumption. Yeah. At that point. You don't have that you don't have the pre construct. You work something. Yeah. Yeah. And that's just we were talking about that earlier today about the idea of,

 2:33:26

I'm not saying you can't remote view into the past. I'm not saying you can't remote view Mars. Absolutely.

 2:33:33

But to remote view, a specific incident. Yeah.

 2:33:38

I find some of that troublesome with a at least with controlled remote viewing in the world of controlled remote viewing. It's problematic. Because at that point, you're you're revealing location. You're revealing someday, like the example I gave you was the was the Bigfoot case from 65, where people were attacked. You're giving a lot of information there that is narrative, you may choose your narrative viewer. Yeah, you may give it to the project manager, you may

 2:34:09

verify hit non hit, just like that. You may have sometimes even give bits of that to the monitor, so that he can tell whether the viewer is on target or not. Yeah, so he can pull more information now give it to the viewer. Well, yeah, because much like a hypnotist. There's a difference between coaxing a client to give you information and leading a hypnosis session. Yeah. And leaving somebody to an answer. Oh, yeah. You know, and you could very easily as a monitor lead somebody to an answer if you're not careful to train the monitor. I think the monitor gets trained more highly than the viewers know because they have got to stay neutral. Even. Even.

 2:34:56


Let's say I have a target and you


 2:35:00


You get a really successful description of it.


 2:35:06


If I feel pleasure, that you did a good job, the pheromones in the room are gonna pollute your session. Totallv. So vou have to train a monitor to where they cannot react to data where they


 2:37:37
Well,


 2:37:40
my, my group,


 2:37:43
we have been learning a lot by being contracted by space research people. Yep. By medical people. Wow. And police departments and


 2:37:56
r&d people. And so each one that contacts has to do work.

 2:38:05
We learn what they need, as opposed to what everybody else needs. And we have to develop some new tool for that specialty. Yeah. And so more and more more people are getting lawyers, doctors, everybody, and we have to

 2:38:27
expand our our tools, so that we can meet their needs. And once he got out of the military and in the civilian arena. Oh, yeah.

 2:38:40
It is. It has been growing and developing it. I could see numerous industries that would use it as a consultant source. Yeah. And would use it as a consultancy. Absolutely. Not only consultancy, but

 2:38:56
I have non disclosure agreements. So I can't go any further than this yet.

 2:39:03
Companies are

 2:39:06

interested in developing their own remote viewing team just like the military head. Sure. And I've been instrumental and no different than as well, no, no different than developing a good algorithm team that can do a predictive algorithm. And the thing is things like better work is going to be specialized in their way. Yeah, yeah. Precisely. Precisely. Company. Yeah. And even you know, to say that you can take this thing gearing it towards something specifically and and train those viewers in that specific way is awesome. It's fantastic. Yeah, that's, that's great. Now,

 2:39:45

let's get into your system for a little bit right for the last couple minutes here because we're getting ready to go. We're getting ready to go to dinner. Okay. I don't want you to give away a lot of proprietaries. But how does how does somebody begin the process of remote viewing? How did they How did they

 2:40:00

Step into the viewer. Yes. Okay. Yes, you get coordinates. This, you know

 2:40:08

20 70804 Dash three, describe it.

 2:40:13

And so the initial stage one is,

 2:40:19

I don't know what it is, oh, would your hand do? Oh, well, there's water and something manmade. And there's some land. Okay?

 2:40:29

States to

 2:40:31

describe the water.



2:40:34

Now, once you do that, describe the land. And so that stage one not only tells you the basics of what's the target, but he organizes the session. So you're not like a psychic where it's just all over the place. Tell me about all into water. Tell me about on this line. Now, tell me about the man made. Object. Okay, the man made object is is big and square and metallic. Okay. Oh,



2:41:08

tap on the metal, what kind of metal is it? And you can take each descriptor they give you and ask for more descriptors of that descriptor. And pretty soon,



2:41:21

you wind up with what's written on the side of the machine. Wow. You know, wow. And, and so by doing it that way, that stage one organizes the rest of the session so that you can just



2:41:36

branch out on each descriptor. You get death and find out tons of information on each thing. It's it's red. Okay. Oh, tell me why it's red.



2:41:51

Oh, well, it's red. It's dangerous. Oh, how's it dangerous? Oh, you know? Yeah, yeah. And, and by doing this,



2:42:03

a remote viewer can sit there in session in an hour. And



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draw the floor plans have a place where a hostage is being held so that you can go and rescue them without getting them killed. While we've done that. Joe is often what Joe's? Joe's first sessions was.



2:42:29

The M one Abrams tank. And they were saying okay, we've got this classified project describe it. And they expected to get maybe it's a tank? Yeah. No, he drew the inside of it down to the

straps for the seat down to the down to the dashboard. Everything. Wow. And at that point, they said



2:42:55

send out the black vans. Yeah.



2:43:01

We have a special cheer for you. But



2:43:04

we have some questions. Yeah. And yeah, I could see how that could definitely make somebody in the ranks sweat bullets. When when you're talking about a closed door SAP national access program that time that was the highest classified thing in the US. Military. Yeah. And he, he just wow, yeah. Now it's are there materials that



2:43:30

block remote viewing? Are there? Are there things that you can't get through Lin Ingo Swann technique?



2:43:42

I would say no. Okay. In fact, one time there was the ship. We says they suspected drugs. Okay. And



2:43:53

I was the monitor for this. And the viewer



2:43:58

had described a ship. And I said, Okay, you know, board the ship. Tell me about it? Well, I can't board it. And you know, I can't get to it.



2:44:10

And just out of,



2:44:13

you know, just happened to occur to me. Well, if you could, what would you find? Oh, well, if I could, I would find and they describe everything on the ship. We found the drugs.



2:44:26

And so, you know,



2:44:29

over the period of years, we found that just about always say every means of protecting the target. We get past it. Wow. Wow. And when it comes to protecting a person, we have found that if the person puts up a ball of white light to protect themselves and all that to a beacon. Oh, no, not so much. What happens is their belief that they have that protection



2:45:01

lowers their natural ability to protect their tendency to naturally protect themselves. And it actually makes them an easier target to remote view using controlled remote viewing. Wow. Yeah, that's what I was saying. I like it basically makes them like a beacon. Like it makes them almost easier to find. It makes them invisible. Yeah, and you know, invisible we can see anything in them. Yeah. Wow. Wow.



2:45:27

That is that is intense. And wildland? What? What's the most remarkable thing that you have remote viewed? Before we let you go? Oh, you're



2:45:37

gonna have to pick from?



2:45:39

I don't I don't want you to talk about something that you're still read on to? Oh, no, you know, anything like that. But to is it mostly come to mind?



2:45:49

One



2:45:52

shot him Hussein heard a thing that had a plan. If he had



2:46:00

been successful at the plan. Right now. You and I and everybody in this place would either be Muslim or did he would have succeeded. And he would wipe out the United States period. There's no way to stop him. Wow. And



2:46:17

just by accident and session, I found a found the key component to his plan. We were able to stop the plan. And I think that was the most important session I'd ever done. Because it changed history. Yeah. For me, the most important, personally,



2:46:43

was a practice session. I had been tasked with the plans and intentions of foreign leaders in ed ed. And yet Saddam Hussein repeatedly the man was crazy. Oh, he was and special. And you get into somebody's mind like that.



2:47:03

You have you have to be careful, you don't bring it back. I was just about to say, is it hard to get their mind out of your mind? Once you're in there, there's a detoxification process. You can spend an hour in session and spend four hours detoxing from it. Yeah. And so anyway,



2:47:21

I'd been given all these miserable leaders and you know, and I went in, and I said, Look, this, you were laid out, I can't do this anymore. And the director said,



2:47:36

Do your damn job, your soldier, do your job. Get out of my office. And so anyway, about a week later.



2:47:45

It was a practice session. I didn't know that. Went over with a monitor. And he said, Okay, this is this is a personality profile. That's where you don't get into their mind and find their plans and intentions. You just stand off and describe a person. Yeah. And so I started working, and

and intentions. You just stand on and describe a person. Yeah. And so I started working, and almost immediately said, Oh, you can be the wrong target. This is a good guy.

 2:48:13

And so he said, go ahead and do the session. I did the session. And by the end of it, I felt like I was just glowing. I had never met a more perfect, wonderful person in my life. And so the end of my session, my summary was whatever evil you think this guy did, he didn't do it.

 2:48:39

And so the monitor, ripped open the envelope. The director

 2:48:46

had taken a sheet of paper and written on it in hand handwriting rather than a typed thing. Jesus. Wow. And

 2:48:56

in a

 2:49:00

I know that I never met Jesus. Okay. Sure.

 2:49:05

I met Jesus.

 2:49:07

And it changed my life. Wow.

 2:49:10

Everything I've ever learned in Sunday school, that was wrong. I certainly knew it was wrong. Everything that was in right in Sunday school. I suddenly beyond knew it was right. Wow. And it changed my life. Wow, it really did. That's beautiful man. And for me, that was the most important session. The most important session I think ever did for the military unit. Was that one word found that one piece of Yeah, yeah, yeah.



2:49:41

Yeah, but if it hadn't been for that session.



2:49:46

We will not live in a free country. Now. I can guarantee it. 100% Wow. Wow. Wow.



2:49:54

The things that you must have seen and viewed over the many, many years when I can I can only imagine



2:50:00

In



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the conversations that we've personally had have been eye opening to begin with, listen to the Chinese curses. May you live in interesting times, I have lived in interesting times, and unloved it



2:50:13

is the most exciting, most interesting job anybody could ever have. Yeah, I imagine, I imagine when before we let you go, look over here, let everybody know where they can go to find your work, where they can go to get your amazing book, in the curious realm store where they can go to find out about lessons and remote viewing classes, because you have a fantastic university, things like that online. Online. You know, I teach classes online now. And that's it. See our viewer.com Cr viewer.com.



2:50:55

See CRV, plus fewer, but I just used one V totally.



2:51:00

The



2:51:00



2:51:02

thing we're establishing for development is called remote view Ranch, I bought a ranch in the middle of nowhere, it's in a no fly zone



2:51:14

is basically surrounded on three sides by government land for



2:51:21

Wow, dozens and dozens of miles. There's no development. On the other side. It's five miles from the nearest little oasis town. And the first thing you get when you get there to the land and get out of your car.



2:51:40

The silence and the peace is so loud, you can actually hear it. While if you've never heard the sound of silence before. It's just, it's just astounding. And peaceful is out there. And



2:51:59

and so I'm building a facility out there for the research and development and training, further training over remote viewing. But we've also got all kinds of other projects going to for space, space development,



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medical developments,



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and so on. So



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we're doing it phenomenal. Amazing. Thank you so much for your time. Once again, it's always a pleasure talking with you anytime.



2:52:30

Thank you always great. Enjoy this. You're You're good.



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You're good. Host Thank you. Thank you. I enjoyed the conversation. It's it's all about how we grow together as a humanity, man. And if we're not yes, if we're not talking where we're 10 steps behind. Oh, yeah, you know, absolutely. It all starts with words, man. So once again, thank you. Thank you so much. While you are online, checking out all of the amazing work of limb you can and make sure to stop on by curious round curious room.com is the website that is where you can find all of our episodes. That's where you can find our store to be able to buy lens books, all of our researchers books. Stay tuned after this commercial break. We will be coming back with day two of our live coverage for sai fest 2023 here in Charlottesville, Virginia, Virginia.



2:53:22

I'm lucky I remember Charlottesville



2:53:25

heavy remote viewing. That's right. Yeah. We'll be right back after these commercial messages.



2:53:39

Well, hello, everybody and welcome to our second day of coverage of the International remote viewing Association. Emin row conferences are Monroe Institute sigh fest 2023 here in Charlottesville, Virginia. Our first guest today is Angela Thompson Smith. She is the author of tactical remote viewing. She is also



2:54:01

former research head at Bigelow Institute. I did not realize that you worked at the Bigelow Institute. I was not the research.



2:54:11

Research Coordinator. And yes, it was a couple of years. Wow. Fascinating. Yeah. I actually co sponsored the International Association of near death studies with the Bigelow Institute last year. Yeah, that was a fascinating conference. Yeah. When I worked there, it was the Bigelow foundation okay. And that was functioning for a number of years, and then they became nerds, you know, the National Institute of discovery science, and there's several other headings Yeah, phenomenal. Now. Let's get into how how did you come to the world of remote viewing Angela? I, I have been skirting around the field of anomalies for many years I had OB ease as a child, and many intuitive



2:55:00

experiences as a young individual. And but then I went into more conventional areas nursing, social work, medical research. And it wasn't until around the 1980s that I realized I was sort of abandoning a part of myself that was more intuitive. Getting more into the practical research areas. And I saw an ad in an old Omni magazine. I don't know if you remember all know I miss Omni. Yeah, my God. Omni magazine. Right.



2:55:34

And they were there was a lab in Princeton, New Jersey, near to where I was working in New Brunswick, New Jersey. Okay. It was research. And they were looking for subjects for ganzfeld research. Wow. Yeah, they had against felt Lab, which is a sensory deprivation set up so that people could more easily pick up telepathic information from excuse me another shielded information location. Yeah. So I went, Wow, okay, that sounds interesting. I called them and they, I went through their vetting process. Then I went downtown to visit. And I to I did my first ganzfeld, which was they put you in this meat locker? Set up in a comfortable chair? And do you have all of your senses sort of dialed in a way because you have ping pong balls on your eyes? Yeah, headphones on a darkened room. And then you listen to some music over headphones, calming gentle music. And then after a while, the researchers outside says, okay, an individual now in another shielded room, will be watching a video on the computer on the TV. Your job is to describe what they're watching. They're watching.



2:56:56

Oh, yeah. Wow. And all that this was all sort of set out in the preparation and the but nothing about what we actually see. Sure, sure. So I've started getting these images flashing in my mind. And your instructions are to talk out loud, and just describe what it is that you're going through your mind. I was getting all these images. And then towards the end,



2:57:20

lights came up and four pictures flashed up on the screen in front of me. And I had to decide how to make a decision. First place second place, third place fourth place in relation to what you were seeing. And I saw this picture of a woman with her hair on and, and the space scenes behind. And I thought that is exactly that sort of really matches everything I've been saying. So I chose that. And it was what the woman had been watching this this picture on a screen in the other room. Wow. And it was kind of a beginner's luck kind of a thing. That is That is incredible. Yeah, Angela, and a you know, what's it?



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I make binaural beat music. And one of the one of the things I speak about regularly when I'm on shows talking about my music is that before I found binaural beats, I had found the work of ganzfeld. Yes. And



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I was probably in my teens when I actively



2:58:21

spray painted a pair of safety goggles, Baby Blue, and just used a pair of headphones like this with nothing in it to mute the world around me. Yeah, started seeing geometric patterns in front of my eyes and things like that. And that was that was really the first thing that I ever Yeah. ever found. That was like, there is something else going on. The ganzfeld research is still being carried on like the Rhine Institute.



2:58:47

I did not know. Yeah. But after a while I had been going down to this lab on my days off and taking part in there.



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You know, the studies, they did other stuff as well. And then they have their funding was starting to dry up. So they then volunteer, they said, why don't you go over to the Princeton engineering anomalies Research Lab at Princeton University and offered to volunteer there. They're doing some interesting Parapsychology research in the basement of Princeton University. Okay, wow. Okay. And that appealed to me because I was already working in a university setting. Sure. So I called up and I got a response saying yes, you know, come on over. Like couldn't find the lab at all. Nobody knew where it was. It was down in the basement of the engineering school.



2:59:40

Right next to the janitor's closet.



2:59:44

Almost almost. So I found this this door they said go to the orange door that has a trident symbol on the door. But actually it was just the shadow because the university had made them take it off. So it was just the shadows the shadow of the glue



3:00:00

glue. Okay, this has this looks promising. So I knocked on the door. And they invited me in very warmly and explained, it took me on a little tour, not a large lab. And when you walk in, there was a big orange couch. And then opposite was this huge pinball machine on the wall that took

up the whole wall. With these ping pong, not ping pong balls, but metal metallic balls. That was for testing random patterns and human intention on the random pattern. Okay, so they'd set it going, and all these balls would come tumbling down like a pinball machine. And the viewers job was to shift try and influence the water rebutia. Yeah. So I met Brenda Dunn, and Robert John and the staff. And they were very eager to have a new volunteer. And they were doing random number generator work. Oh, so you had computer computer setup where that generated random numbers and displayed as a graph on the computer. And the opposite. They didn't call us subjects who were operators. Because it was not a psychology lab. It was an engineering lab. And so we had to sit in front of it and try and shift the distribution from the of the zeros and ones that came out of the computer. Okay, it was fascinated. Yeah, with this. Yeah. And they were very, very welcoming. And were you able to shift the ones and zeros?

 3:01:34

Wow. Over time, okay, because it's a statistical process. Okay. So at the end of each session, you'd get a score, and you had to record it in a book. And, you know, it had to be very, very precise, you had to set up a set of instructions that had to be adhered to. And

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so on my days off, again, my holidays, any type of free time I had, I'd be going down to prepare lab. It's doing my research with moms and babies in New Brunswick. And eventually, I learned that the funding our funding grant at the lab, was coming to an end. And so I started looking around for another research job. And Brenda Dunn came back Christmas and said, I had a small party at my apartment. And she said, I would you like to come work for us with us. So I was like, yes, okay. Yes, I'd love it. I took a big leap of faith. Wow. Yeah. Be

 3:02:41

at my regular research job. When I told them I was leaving what I was going to be doing. The professor in charge went ballistic. Oh, and he said, You will never ever work in academia again. You are ruining your career. I mean, he was just almost late. This is part of the problem.

 3:03:04

Right up part of the problem. Yeah.

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I'm glad you were no longer part of the problem.

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What's interesting is all of these people who work in academia, they also have private interests ...

like numerology, runes, tarot, but they absolutely would never admit that in the academic. It's interesting. One of the things I've been talking about over the last many weeks is the recent NASA hearing, the NASA penerbit, when that happened, and the fact that the first scientists that got up to talk talked about how

 3:03:44

woefully scientists have not been doing their job. Yeah, they've been poking fun at people that research the three to 5% anomaly, and I'm pretty sure that's the job of scientists is to research the three to 5% anomaly. Yeah, I don't know if I would have ever passed chemistry with a 95% remainder and 5% Unknown quantitative. I don't think that would happen. So yeah, why why are we not exploring these three? Taboo? Oh, absolutely. Tablets still very much isn't what's what's really interesting. What's wild is that this field, I go to a lot of paranormal conferences, I sponsor a lot of paranormal conferences. And this field more than anything else, so many people with letters behind their names. So many people that are psychologists, psychiatrists, that physicists, yeah, and I had my masters at that time. Yeah, I went on to do a PhD later. You were you were a nurse for years social worker. Researcher. Yeah. Yeah. And, but I really wanted to do this and I was so excited about going to the lab, and I ended up staying there five years. And I was basically first of all an assistant to Brander to

 3:05:00

Have the lab manager.

 3:05:02

And then all of the staff are also operators. We all took part in the research as well. Yeah. So and so every time a new experiment came out, they had a crystal pendulum ball in a case, you know, in the bok regicides to try and effect that, yeah. And then there was also a down fountain of water that was in a sealed box that you had to try and affect what they called the laminar flow to, you know, make it wobble or decrease or increase according to a protocol. So, we were all beta testers. Wow. Yeah. So, lots of different maybe about a dozen different studies. So, let me ask you, you were mentioning earlier that when when you were younger, you had many OB experiences? Yeah.


 3:05:53

One of one of the


 3:05:56

I think one of the issues that a lot of people have attempting OBE attempting astral projection is getting past that. That feeling of falling, almost the supposedly comes just before leaving, you know that that where you're drifting off to sleep, and suddenly you're slammed back into


your body like, in jerked awake, and it's the fact of if you can get past that there's a whole world of exploration.

 3:06:25

How similar are your own? Where your OBE experiences and age? Do you still have experience? Go OBE if I choose to Yes, and that's separate from your remote viewing proudly, although I do incorporate some OBE work sometimes into my sessions. Sure. When I'm doing CRV in stage four, there is a place where you can bring in more sort of stream of consciousness, remote viewing, okay, so I'll do that. But as a child, initially, they were just spontaneous. And I would be put to bed in the summer in England, it doesn't get dark till about 10 o'clock. So you put to bed as a child, and it's still like, I wasn't fair.

 3:07:11

So I would just lift up and I would go sit up on the roof. And I knew that I was awake. And it was very natural. And I go visit my grandmother's house, I'd visit my head teachers house I was very fond of and wander around the village where I lived, I lived in Shar Hampton, England, in Bristol, just outside Bristol, England, and wander around and go down to the fields. And then I'd go okay, I'm feeling tired now going back to bed to go to sleep. And I would go back to my bed come back in. And I didn't have the jerking the slamming in, okay, because it was so natural. Sure. And then as I got older, I was able to control them and decide where I was gonna go have adventures. And for me, I thought everybody had did this sure that it was like dreaming, but I was not I knew I was not asleep, because I come back to bed and I decided to go to sleep then.

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And I thought everybody had them. And I told my mother at one time and she said, Oh, you've got a very good imagination. And I said, Well, isn't it like dreaming? And she said, I said, everybody dreams? She said, No. You're just not having imagination. Everybody dreams. And then when I started talking with other folks, they said, No, you don't do that. And I discovered that very, very few people had out of body experiences. It wasn't until my 20s and 30s that I really began to research and find out what it was about. And there wasn't just imagination there will really was because as a child I got I said to my head, teachers house, and I sold this beautiful crystal caligra glass. And when I was talking to her one day, I said,

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I told her I dreamed it because that was my mother was telling me it was a dream for sure. But I knew it was I was awake. I said I dreamed I came to your house. And I saw all this these beautiful vases and cut glass and crystals. And she said, How could you know that? And I said, Oh, it's just a dream. And she was open minded enough that she didn't poopoo it. But I knew at that point that what I was doing was something Yeah, wow. Wow, it That's remarkable. I for years did dream work. I would go to sleep with intention to find some okay, go down my path to

my meditation guide and we go whatever. Yeah, it's much harder for me to do that. Now. My brain is so busy for some reason, and I've been trying to calm that down. But even even in those times where I



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was doing that Yes. Like you're saying there was a very definite differentiation.



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expanse and dreaming. Yes. And even even though I knew I was actively dreaming, and yes able to influence those dreams able to wake up, go back and continue to dream. Yes. Yeah.



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But to know that that experience is different than the OBE different Yes. In what way? How do you how do you differentiate? Is it a is it a physical feeling for you or emotion similar to a lucid dream? Okay, isn't a lucid dream you can control the dream but you know, you're in the dream. Yeah. In OBE you know, you're awake and that you're in your mind going somewhere and you can choose where to go you can choose to change directions, you can go fly over things, you know, you can go down so there's a lot of self direction in ope incur some people when they're just beginning it just go where they where it takes them. Yeah. But because I had been doing this for so many years, but then in the teens, I started perceiving and these OBE is. events happening to friends and things I saw in the newspaper the next day. So the psychic stuff started taking I definitely I remember in college.



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I had numerous dreams about friends that I told them about like, Hey, man, watch out for this. Yeah, yeah. Like I had a dream about you last night. Look out for this. And then every once in a while, I will still have a dream about a good friend. Yeah. And I will call them and they're fine. Oh, what's this about? I'm like, I had a dream about you last night, man. Just making sure you're okay. But this scared me as a teenager? Oh, sure. Because I thought well, perhaps my dreams and causing something to happen. Yes. As a teenager, I was still exploring all of these events. Well, and you know, that is definitely a possibility. Because there is that concept of manifestation. Yeah, there's that concept of, yeah, but I suppressed I totally suppressed my OBE. And every time they started, it was like, No, I'm not doing it. And it wasn't till my late 20s, early 30s That you got back. I got back to it. I was at Manchester University. I had finished my undergraduate degree in Cardiff, in Wales, went to Manchester University, and I was doing a research project and doing my masters. And they had some after, after university after hours, classes, and one of them was the outer limits of the mind. Oh, so I was like, Okay, that's interesting. Yeah. So we were all sat around in a circle. And the topic was obese. I didn't know the term out of body experience. I just knew that I had those experiences. So they were going around, and one person said, Oh, I was in this accident. And I saw myself above, floating and looking down. And then I slammed back into my body. And I thought, Okay, that's interesting.

And another person said, Well, I had a fever. And I was out of body and I was just wandering around, and I could go where I wanted to go to, but then when I got better at it finished, I saw these people have had just one or two. I've had hundreds, you know, purpose? Yeah.

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Yeah, I gotta go now over. Yeah.

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And I thought, How do I sorry?

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How do I talk about my experiences without invalidating their one?

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Yeah. So because as a nurse, social worker, you become compassionate. And well, yeah, cuz you don't want to invalidate somebody's truth with your truth. Right. So I, when it came to my turn, I said, Well, I've had these experiences since childhood. And I didn't elaborate a great deal on numbers and things, but I told them, a couple of them. And I said, I'm able to do this now by choice, that I can go and travel round. And it turned out there was another as a young man there in the class who'd also had multiple as well. Yeah. So we of course, paired up and shared experiences and they compared experiences. Yeah. And from there, we formed there was a group of the people who attended, we formed a small group, explore a sort of a research group, in formal and when they went off on travels or two vacations, I'd say okay, when you there, I can't I sort of come an out of body and observe and write down what I perceive where you are, what you're doing. You confirm it, and then when they came back, yeah, they would tell me and I would share we would share information.

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Asian. And I began to realize there was something very real about this ability that I could pick up information about a couple on vacation, I'd see the black and white dog that they saw every day. They've seen where they were, I had no idea where they were going saw me before and where they were going. So I was picking up information, valid information about where they were and what they were doing.

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So that's for my interest. And I found a book by the one of Robert Monroe's first books, before he actually started,



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how he'd spontaneously come out of body and it piqued his interest. And how do I generate that? Yeah, for repeatable? Yes, yeah.



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So that really piqued my interest. And as I, oh, here's somebody else who can do this. And so I went from there, then, you know, working in Manchester University, University, and I came over to the states in 81. And I was married and divorced, it was a total mistake. But I stayed, I got my citizenship. And I ended up in medical research, doing medical research and



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did a few jobs. Before I got there, I worked as in a lawyer's office as Secretary for a while, and finally got back into the research field. And that's where I found them in the labs at Princeton. So, you know, they're, they were actively studying pre-co, Princeton, the pair lab, the Princeton engineering anomalies research lab with Bob, John and Brenda, Dan, they were studying pre cognitive remote perception, which was basically



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OBE is for a purpose. Yeah. And so I acted both as a sender and a receiver. And the protocol was when somebody went on vacation at an, you know, a specified date and time, somebody at the lab, somebody connected with the lab would do a, an exercise, where they would try and perceive where that person was at that date and time, anywhere in the world. Sure, unknown.



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The idea being that not only would they try and pick up information about that person, in the future, you know, at that location in that time, but it was done pre cognitively, could be done a day before, a week, before a month before the person actually went to the location. And it was totally random.



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And they, what pair found was regardless of the time, the perception was made of that distance event, before it was even decided where the person was going.



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It was irrespective it was significant, irrespective, irrespective of time and distance. Wow. So it didn't matter how far it was. It didn't matter the time didn't matter. Just the date, you could pre

cognitively know where the person was, is just me it was a whole bunch of I mean, it was a big database of individuals. That is remarkable. Yeah. That is remarkable. And at what point?

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I guess that would have been your first intro into what would be considered remote viewing formal and formal remote. Yeah, but it was called Remote perception. Yeah, that we didn't know about at the lab about the work at SRI Stanford Research Institute with Russell Targ. And how put off and Ingo Swann. And in fact, Bob and Brenda had been out and visited that lab. And, you know, to just as collegial kind of a thinker. Yeah.

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And, and then, around that time, I had one of my jobs was

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to,

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actually before I before I went down to Princeton, one of my jobs was at the, in the research world, the medical research world was perusing through what we called current contents, which were little booklets that were put out once a month with all of the current research that was going on. And I happened to come across the IEEE paper written by

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Russell Targ. And how put off and I thought, okay, so I sent off for a reprint to America. It finally came back actually, while I was down in Princeton, and there was, you know, it was a revelation for me, because they have quote, In the beginning was what we used to call


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traveling clairvoyance, exteriorization, astral projection, et cetera, et cetera. We are now calling remote viewing

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As a neutral term, free from Association, yeah, they wanted something scientific. Isn't it funny? Oh, no, it has so many associations.


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Right. So yeah.


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The once again, to those who are uninitiated, there are many Blurred Lines there. And I could see how you could see remote viewing even in its controlled sense as clairvoyance. Yes.


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Something like that, which, which controlled remote viewing is not about pre cognition. And that's his pre, unless it's pre cognitive, remote viewing.

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But yeah, rolled remote viewing the military for

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the very formal scientific protocols things Yeah. is not about that. And they try and stay away from any connotations of paranormal or astral projection or because it's the The goal was to be a scientist.

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So it was accepted by the scientific world. Yeah, yeah. Precise. I've trained in many different methods. So and yeah, on that note, because you have trained on so many different methods, let's start getting into tactical remote viewing book because

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it's remarkable how many companies employ remote viewers like you may not know this audience but like, major corporations, employee remote, they do not talk about they don't talk about, they don't talk about it. But some of the contracts that I know people have are like, Yeah, wow. Yeah. Wow.

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It is really remarkable. There's even a person here who was a sponsor, that they use remote viewing in the world of high electronics and new emerging technologies with power and things like that. So it has numerous application. Yes, yeah. Yeah. Well, I was approached in



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2003, by a businessman in New York, who was into a had a company that was sharing information to hedge fund companies. And they also managed emerging technologies, and a very forward thinking CEO. And I can't say his name. And there's not anybody we know, in the current world of business, he's passed away, but you still have NDAs that you've signed. So yeah, that was,



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yeah, there was very, a lot of this businessman, he was going to work with another remote viewer in the field who actually dropped out of the field, she just got spooked. You know, it's some of the prudence Calabrese, they may not have heard of her with transdimensional systems. And she, she just dropped out and decided she didn't want to do remote viewing is just too much. It's too much. It's overwhelming. And so she recommended me, thankfully to this client, and also for a conference that was taking place over in England, which I attended, which was good. The field. And so I had a call from this businessman.



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And we discussed, you know, remote viewing, etc. And he said, I'd like to try a couple of sessions and just to see the quality of my work. Okay, so that, okay, yeah, that's fair. You know, if you hire somebody you're going to



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because I had a reputation anyway, gotta quantify the reputation guy. It's right. So we did a couple of I did a couple of projects for him. And he was pretty happy. And I said, I also have a team of



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other viewers, that would be very happy to contribute. It's called the Nevada remote viewing group. Okay, they were very happy, you know, they'd be happy to contribute as well. So for about, I suppose about six months to a year, we worked as a team. So he would send me I would be the Tasker and I would do my session first blind. I never knew he would just give me like a heading of what he was looking for. And then I would go in and get the data. Most of it, I thought it was totally unrelated. But then I'd send it off to him. And he would say, Wow, that was so helpful. And the data that was coming in from the viewers, the other viewers, the Nevada remote viewing group was helpful to him. And eventually he said, Well, he said, I only want to work with you, to me, and he said, the other people I'm going to cherry pick who I wanted to work with, because he was evaluating them, depending on task. Yes. Yeah, task and talent. So I ended up working for him for nine years now.



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credible? Yes. Yeah. I was not only a remote viewer, but I was also a sounding board to him. Because I was non, you know, non judgmental.



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And this was unrelated to the, the remote viewing, because those he gave me blind. Yeah, mostly blind with just a minimal upfront. So then the recession came.



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And I remember had remote viewed that this was like 2007 Is that time?



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Around that time, 2000 2009. And I said, I told him about the recession coming. And he didn't believe me at first. He said, No, no, no, everything looks healthy so far. It Oh, but it happened. And it was even more convinced then. You know, the remote viewing worked? Yeah, yeah. And we helped him through the recession through later on the selling of his companies, because he had multiple companies. And



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then, you know, I would guide him and he, what he would say to me was, tomorrow, I'm going to a business meeting with the banks. I want you to go and remote view that meeting, and come back and tell me what things I need to look out for what I need to say whether or what is the current but yeah, so I would do that for him. I mean, he he really broadened my remote viewing repertoire. Wow. Yes. Yeah. Because that is that remote viewing Delve straight into pre cognition. Yeah, it is great pre cognitive.



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Yeah. And then once again, there are numerous types of associative, remote viewing, emotive remote viewing.



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All of these fall under an umbrella that



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is just, it's an incredible science. Yes. And I can't describe it as anything but a science, I'd love

to say it's an art. It's very formal. It's very controlled. And I, as I said, I worked for him for nine years. And the book covers in the beginning of the I give some of the early work we did for him just to show, perhaps a new company that's wanting to hire remote viewers, sure kinds of things that you can give remote viewers. And then the rest of the book are what's the client's personal interests? I'm sure it is very much in the realm of where we are with AI, right now explore?

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What would I use that for? You would be surprised you would be honestly surprised what you're like. I'm very good friends with the owner of blueberry podcast. And Todd Cochran. And he is one of the people that puts on the podcast, the People's Choice Podcast Awards. Yeah. And this is the first year that they any voted award show would like to do, which votes are valid, which ones aren't who's using a spoofed email? Who wouldn't? Is somebody coming in and use an 18 Gmail addresses and voting their show? 18 times? They were for the first time ever. That was when you're talking

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to 3 million votes for a show. That is a mountain of information to pay somebody to go through? Yes. Yeah. They gave it to AI. Three hours. Wow. Three hours, they knew exactly. Which shows were voting for themselves. Yeah, they knew like it dug in. So once you figure out what to apply the technology to, yes. World's open. Yeah. And fear drops. Because Because once again, he could have hired a team of 20 people and spent \$30,000. Right, he purchased a piece of software for a few 100. And it did the work of 10 people for \$30,000. A remote viewer can quite literally do the exact same thing. It's it's team of researchers, yes, a single remote viewer, you have to find a researcher that is not only trained, but also practice when you're often much like them, they have to task the AI properly. Yes, your client has to task to task. Yeah. And you have to you have to kind of coach them and how to try it. Right. How does that work out? Well process of coaching somebody who isn't a remote viewer because the client came and spent a weekend with me, I was teaching remote viewing of that. And he and his wife came for the weekend. And they spent three days trying out different methodologies, learning about remote viewing or what it could be applied to what it might not work with.

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And

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I'm actually doing remote viewing I took some through CSV, right up to stage six. And they did well, well in like, we have quoted Lynn Buchanan I don't know how many times in this in this series of episodes, anybody can be taught to remote view not everybody has the most everybody has the psychic ational psychically blind person. Okay? What he means is controlled remote viewing. Yes, anybody can do this. Absolutely. Everybody has a psychic propensity, whether or not you can flex that muscle is a different story.



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If we all walk, we can all run. I may run faster than you naturally. That doesn't mean that



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doesn't mean that through training. Yeah, I can't run as fast as you. Yeah. So. And that's just it, it's interesting to know that you can take almost anybody. Yeah. And teach them to do Yeah, because he they just came, they had not done any kind of intuitive work before, barely knew this stuff existed, right. And came in and they were like, kids, you know, they're on vacation for the weekend. Only about that weekend, and came and, and trained and data, as I said they did very well. But it gave the client an understanding of what you can or cannot do with remote viewing. Well, yeah, yeah. Precisely, and what boundaries they can take you to? Yes, and which ones they should really stay away from? Yeah. Because it may lead to falsified information, it may lead to a false hit. How do you personally know the difference between a hint and a hit? I don't always okay, I just trust the process. All right. And I go in with a tasking, which is usually just a coordinate, which is an alphanumeric address of the target ABC 123. Sure. If I'm doing CRV and I'll just launch into CRV and trust the process that my subconscious will go to that address, and get the information. And related in that the session I riding with er V, sometimes it's a little bit of front loading.



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For example, when I did the rings of Saturn, I knew I was going to the rings of Saturn



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to look for anomalies. And what I found was a lot of anomalies that nobody knew about. But later when the probes went out there and started sending back data.



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There were these anomalous bodies within the rings.



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I perceive them as sort of mining craft. Wow. And that was how I described them that they were scooping up the debris of rain. Yeah, chunks. Yeah. Wow. So and



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that was off donkey documented my other books. And I don't think I put the patches out today that they're not in tactical remote. You know, this brings us to a conversation that I have

regularly on the show there there. I belong to a lot of communities because of this show.



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A lot of fringe communities. Yeah. And one of the things I've seen regularly here lately is people remote viewing past events. Specifically things like a Bigfoot attack. Yeah, he's people were attacked by a Bigfoot. What happened?



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Yeah.



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How does that work? Because I guess I guess my question is a



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was it an event?



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Yeah, yeah. And I guess that's part of their Remote Viewing Process is to go and see like, Hey, did this event actually happen? Yes. Yeah. But yeah, when, when you're tasked with something that you already know, like you said, the rings of Saturn. Yeah, knowing what the target is. How is that different from the controlled Remote Viewing Process for you?



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It's similar. What I have to do when I get some minimal front loading is to set that aside, okay. And say, Okay, I know where I'm going. I know the address. I know where I'm going, but I'm looking for new information. Okay. Unknown new information. Okay, that's that's my goal. Yeah, and so I exclude everything else that I know about that target even in preconceived no preconceived notions, any thoughts? Any is just okay. Clean. Go to the target. Yeah. And the only thing in your mind is absolutely okay. Yeah. And that takes discipline or your I imagine so I imagine so it's much more different than




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going to a it's different than controlled remote viewing, which as you said is, is a process and when you trust the process it


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works yes follow the process.


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Er V ARV these other things are different. They're they're a different animal than the vacation itself. remote view. Yeah. Precise. They're different applications of the same tool. Right. And


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now, as we wrap this up,

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what? Where can people start? Angela? It's a nebulous world, the world of remote viewing like myself.

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I think I'm finally interested in taking the step. Yeah. Finding, finding an instructor finding a teacher, how does somebody find the right person I work with how do you find the right student to work with how can somebody prepare themselves to be the right student? Yes, yeah.

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Well, one of the major things I think people could do is, you know, I'm one of the found original founders part of a group that founded the International remote viewing association. So go to aruba.org. irv.a.org. And there is a wealth of information there that will educate the first time viewer that has an interest. There, they will find the recommendations for trainers, the work of trainers,

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not all trainers are on there. But join the community, explore the community and find people who've trained don't just go with one person say Who did you train with her? We of course, have the national convention of conference once a year. Yep. So come to the conference meet people. Ask them who did you train with? Did it work for you?

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And try and find a trainer who fits your personality? If you're more relaxed, kind of ope or type remote viewer, go with somebody who trains in that kind of format. If you're a more analytical

remote viewer, go with somebody who trains in that kind of format. If you're a more analytical minded person, go for controlled remote viewing, which is a little bit more formal and focused. And there's less Yeah, just one maybe lead to the other. You can open the door to another course you can go train and oh, I've trained to many different methods. Sure. And I applied the method according to the Tasker, if someone asks me, I'll go okay, I'm gonna use a more stream of consciousness from the viewing, even even the fact of if they slipped something in their tasking Well, I guess I'll be an AR V today. Yeah.

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I'll still do the task. But I guess I'm gonna use this form of remote viewing today because of remote stream of consciousness because of you because of how you've tasked me This is now how I'm going to do absolutely. Even though they didn't realize that yeah, I want to I try you have to educate your client. Oh, no, absolutely. Absolutely. Like you said to to train your client to understand how to task you. Yes. And I know it's a front load you overload you and you know, they make if this is a location, go to location describe, yeah, or this is an event go to the event and describe, which is very non leading, but absolutely you something to latch on to. Yeah, so minimal front loading is, is allowed sometimes. Yeah. Angela, thank you so much for taking the time during this very busy for the sai fest 2023 to come and talk to us got to have you on more regularly. This is an amazing conversation.

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I found the world of remote viewing when I was in my late teens, early 20s. I am almost 50. Now Yeah, it's taking me it's taken me that long. I think I got the the the tape from the videotape from

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Sri years and years ago, whenever I first heard about things on Art Bell, and they'd run the ads for Sri and I was like, I'm gonna call that Yeah, do that. Yeah, I think I still have the videotape somewhere. In which case, who knows how much that'd be worth now. Yeah. Probably eBay that for 1000s. But to know that it's taken me this long to finally be like,

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Yeah, I think I might want to delve into that something too. So let it take that long. Folks. Seriously, get get into it if you are interested. I myself. Last year became a lifetime supporter of Aruba. IQ. I am a sponsor of the conference. That is how much I believe in this work. Thank you. I love what you guys do. It is absolutely amazing. The work of all you guys is just phenomenal. And it's great to see eyes turning to it. Good. Yes. It's really great. Thank you to you for putting the information out there. So other people cool people can become educated about remote viewing. Absolutely, absolutely. If

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it's the only way people find out to conversate I mean, that's why I



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have these conversations? Yes, that's the only way we grow as a humanity is to sit back and listen. So let everybody know where they can go to get their copy of tactical view. All of all of my books are on Amazon. Okay. Some of them are out of print, they will be gradually be rewritten. But the majority are there with tactical remote viewing remote perceptions, sear, and other books that I've written. They're all there on Amazon under Angela Thompson Smith, editor,



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author



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of several titles



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to author Angela Thompson Smith author or they can contact me at mind wise consulting@gmail.com Fantastic. I was just about to say if somebody was interested in procuring your services for remote viewing or if they are interested in taking courses where would they be very happy to and I have a website mind twice consulting.com Fantastic, they can go and look at that as has sick I will definitely throw some backlinks on my website to your website. I am all about that so that people have resources and a place to be able to find things. Thank you so much. Today. While you are online getting your copy of tactical remote viewing by Angela Thompson Smith, make sure to stop on by curious realm.com That is where you can find all the episodes that's where you can follow like subscribe, that's where you can find our store and actively by Angela Thompson Smith as well.



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Stay tuned folks after these messages we will have continuing coverage of the second day of Sai fest 2023 from the International remote viewing Association and Monroe Institute here in Charlottesville, Virginia. We'll be right back after this

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Tue, Aug 15, 2023 11:35AM 3:25:50

SUMMARY KEYWORDS

people, remote viewing, talking, years, book, work, paranormal, dream, viewing, absolutely, brain, smell, mind, senses, body, cool, watch, state, yoga, conference

 00:13

Well hello everybody and welcome to our continuing coverage of Sai fest 2023 from Charlottesville, Virginia, here with the International remote viewing Association in Monroe Institute. Our guest right now is the indomitable John Knowles. He is the author of remote viewing from the ground up as well as numerous books.

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He was here giving a presentation on remote viewing of UAPs, UFOs, things like that. Before we get into that very, very hot topic right now, John, how did you come to the remote viewing world to begin with? Because I always love hearing people's journey, especially to a topic like this. It's such a mind opening topic. Yeah. It's such an open minded topic. Right? So how did you find remote viewing to begin with? And how did you get involved with the field? Yeah, I was in a bookstore. And I saw a book called natural ESP by Ingo Swann. And I bought it and took it home, read it. And I thought I'd try it a remote view if you didn't call remote viewing in the book. But it was basically remote viewing. Sure. So I tried it with my daughter and son and and it worked right away. But then I set it aside the topic for 10 years, because we had young kids and the family job and everything. And then in 1999, I went to the new science and ancient wisdom conference in Berkeley. And there was a speaker there named prudence Calabrese. And I heard her present on remote viewing, she was offering a course I decided to take a three day course. And then I took a second course from her and joined their banana slam program, it was called okay, I

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went through that very intensive six months course, with remote viewing every day repeatedly, wow, including for some actual client work. And then eventually, I became the training coordinator for transdimensional systems, which had a successful business early on, this is like 1998 to 2003, approximately, and then they shut down in 2003. So I went on to other things in remote viewing. All right, all right. And were you ever

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did you ever consider yourself within the psychic realm in your life? Were you ever an intuitive or No, but I did have two paranormal experiences. Okay, what would what were those? Okay, so the second one, which is easier to say, is that I was with a friend in their apartment to friends, and they've been trying to fix me up. I was the single man. And one of the fellows, the fellow came home from work and said, Oh, I saw Aggie today. And when he said the word Aggie, the walls started to vibrate, the ceiling started to do all of this. And I just I felt really small and like something was big was happening. So I said, Well, is it a man or a woman? And they said, he said it was a woman. I said, Well, that's good.

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And so I've been married for 40 years to a woman named Aggie, the same one, of course, wow, that he was referring to. So that was one.

 03:39

Paranormal. I literally saw the earth shake from a worm from a word, not even an image or any flowers to words. So Wow. Yeah. Remarkable. The other experience was, I was at youth and I may be misremembering. This, I'm not sure I was just so rattled. But I somehow remember it. And I was at a picnic with my parents, and there was a culvert with water in it. And I got in and started exploring and got deeper and deeper. And I sort of, I realized I was sort of bouncing up and down. And this is not good. You know, maybe I'm going to drown. And what I remember is a woman and white appeared under the water, and directed me back to where I came from. And then my father reached down and pulled me out of the water. So again, if that ever really happened, but it sort of made an impression it was it. Was that something that you carried your whole life, or was that something that you remembered later? No, I remembered at all, you know, I don't remember much from my childhood, but I certainly remember that. Wow. Yeah.

 04:40

And I'm from a very materialist background. Parents are social liberals, to put it mildly. And so I was raised up in that materialist tradition. Politics has spent a lot of years as a leftist politics, political person, but in the last 25 years or so, I've been all about remote viewing

 05:00

Yeah. And do you think that your experience when you were younger with the paranormal unrelated to remote viewing,

 05:08

kind of open your mind, so to speak? Or was that something that?

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05:11

Were you curious about paranormal things like that throughout your life because of that experience? I don't think so because of that one experience. But I was always open to when science fiction was in its heyday in the 1950s. And 60s, I was a teenager, I read all that stuff. There was the flap over Washington DC in 2000. Thank you. Thank you.



05:36

I bring that up all the time. Because people are, it'll take a UFO landing on the White House lawn of my How about a fleet of them flying over it and recorded I didn't see them. But it was just they were all they were all over the news. It was. That was one of the things that made national news across the country. Headlines front of papers. Because yeah, the Air Force was on alert for weeks. Yeah, because of that. That was square in the middle of Cold War, we didn't know what was going on with that. And only about 15 years or so after the famed Battle of Los Angeles, where the military was literally shooting the shells crash right for hours, for hours selling this thing.



06:18

And it's, it's remarkable to see the change in attitude toward things, especially for the government. Oh, my God. And to see the one to have accountability for this is one of the conversations I've had with numerous people is, and we were talking about this this morning to get away from the idea of Little Green Men, let's talk about accountability of our employees.



06:41

The government, you found out your employees were shifting money around since 1939. You're just be okay with that. Right? Because that's what it's really about right here. But when it comes to paranormal, and especially when it comes to UFO, UAPs a lot of the study recently, especially how put off last year, was spoken, excuse me spoke a little bit about that. And about frequency shift. And the idea of somebody being in a different frequency state may be what allows them to see it not the person next to them. It was talking about Blue Shift or something of some course. Well, yeah, I mean, even body vibrational shift, and I talk to a lot of experiencers on my show. And that is one thing that I bring up as



07:31

many people come back with a different aspect to different looks. Some people come back with psychic powers, things like that. And when you're talking about that kind of high technology, things like that, yeah, you're talking about vibrational shift technology. So if somebody is in that field, surely they would be affected by the field by all means of physics. So how does remote viewing relate to the field of UFO UAP John? Well, in my presentation, I stressed a couple of things. One, that there's just an incredible number of remote viewers who have had UFO experiences from abduction, to seeing objects to see lights in the sky to getting burns. I just met a fellow this morning I'd have not a cup who got burned. Wow. mcmoneagle 1965 or so was on duty in the Caribbean I believe it was anyway there was a UFO overhead. He suffered

minor burns I guess his companion suffered more serious errors. And I met a guy this morning here at breakfast to said I've never talked about this me and my wife she was here to in believes we had UFOs orbs and white balls that followed us around for five minutes. We got a video of it. So you know just scratch remote viewer you're gonna find us almost big and even the work of Kathleen Martin with MUFON is experience or resource team. She's a She is the niece of Betty and Barney Hill. Okay, right. She has worked with MUFON for years. Even her her on one of my favorite conversations with her is her aunt told her like this ever happens to you honey keep it to yourself. Read it's ruined our life. Yeah, and that's just it. It's just about anybody coming forward with a report of that it's I have a lot of books I talk to a lot of people



09:25

it's rarely a good experience when it starts you know,



09:30

it can be frightening it can be scary as as can an out of body experience astral projection, anything like that, you know we were talking earlier about that. That realm just before astral projection of that feeling of falling that that panic feeling that some people get as they're drifting off to sleep and like you're jerked awake suddenly. But if you can get past that feeling, that's where the astral projection starts. That's that's where dip



10:00

and things can start happening.



10:03

Is it that way with remote viewing? Do you find are there? Are there barriers that get in the way?



10:10

Well, there are lots of barriers, I think psychological barriers, traumas and so forth, as well as but yes, mainly your belief system. I mean, so many people, particularly from when I was a leftist, who just don't understand this stuff at all. They just have a barrier, just like so many scientists have about it. Yeah. And I never had any barriers. I don't know why not always. As soon as I learned about remote viewing, as well as UFOs, they made perfect sense to me. They're real. Let's explore it, you know, so yeah, I probably have my own barriers, but I'm not sure what they are. Yeah, we're.



10:44

But absolutely. So there's people in the field who tried to remove barriers, psychological

barriers is of course, past life regressions, all kinds of stuff that people have mixed. quality and value, I think, you know, sure. So no, yeah, there's other barriers, like some people for a while, we're saying you really have to learn CRV. That's the only way to go. But now, fortunately, everybody's recognizing any of the different methods, transdimensional systems, scientific remote viewing, TRV. Anything like that works. But there's still a question of a definition of remote viewing. And I'm going to address that tomorrow. Yeah, a second presentation mode. Yeah. I don't want to ruin it for anybody that's here. I will. Anybody that's here will be seeing this Tuesday. But let's get into that definition for a minute. Because so many times, yes. Semantics can get in the way of understanding, but it can also get in the way of



11:37

figuring out which form of remote viewing is for you. Yeah, yeah. So yeah, I mean, as far as the definition,



11:47

those of us who've been around like to focus on the protocols, then first of all, it has to be intentional. Your whatever you're doing has to be intentional. It can't be a spontaneous OBE or astral projection or something like that. It can't be some guy on the left side of my head, who's telling me stuff, which a new a new person just said the other day that my remote view, and you know, it's got to be intentional. Yeah.



12:09

And traditionally, in remote viewing, it also has to have a remote viewer, of course, whose task asker, and we have to have feedback. And then how blind that is, how ignorant of the target is the viewer and any monitor to be? That's where it gets a little tricky. There's some people used to say, you have to have a viewer, it's intentional, of course, you have to have the viewer blind, anybody in the room has to be blind. And you have to have feedback, otherwise not remote viewing. I think that's dead wrong. It's a narrow definition. Yeah, that some people held, the actual practice of remote viewing is what should determine how we define it. And all definitions. By the way, of course, just extract a few words from the vast experiences. Absolutely. So that's why I succeeded suggest that we tell new folks new to the field who think that astral projection or scrying, or anything or runes is remote viewing, no, it's the protocols and only the intention, and is the one that's required. The other three you may not get because it varies with the lab and operations and so forth, and training and training. So



13:15

that's what I'm going to address tomorrow. And I think especially here with a we were just talking about this with Michael Green, the bookstore guy that we have so many under 30s. Here at this conference, it's so amazing to see so many young people's grant, that has been something I've brought up. It's so many conferences MUFON are they getting younger people to

they're starting to, they're starting to like the example I give I'm a fourth degree Knights of Columbus. When I walk into a Knights of Columbus hall I am treated like royalty. All right. So like look at this young blood like young blood I'm almost 50 jet right?



13:55

Blood to them, you know and yeah, introducing this to new generations bring it it's that is what's going to carry the research on because this is one of the many fields one of the few fields in the world of parapsychology. Paranormal that is quantifiably proven. Yes. Through statistic through through lab work through there's there's four three finger thick books over there of government documents that show this works. We don't even try to



14:23

write you know, you can't not



14:27

do your reading. Do your homework. Yeah, let's talk. Yeah, exactly. I know. Well, and the one thing that I keep hammering home is don't forget quantum entanglement is the, the



14:38

it's the new plastic on that. Well, the idea that two particles can influence each other despite distance that's quite literally the root of how put offs work just about that big gap remote viewing the idea that we can influence something even though we're not there yet, maybe but you know, there's a lot of debate about whether quantum mechanics really applies.



15:00

Eric, and Hameroff and Penrose have their views about tubercles. longer tube kills and all that. Yeah, but, you know, others physicists say no, there's too much decoherence you know, in the human body, it's not going to happen. So I'm just agnostic until I, you know, see facts and stuff. But yeah, yeah, it's suggestive. Absolutely. Absolutely. Then, of course, correlation is not causation. Yeah, exactly. You know, but but there's some pretty good correlation there. It's pretty interesting to pretty interesting to see. And now, to come back to the idea of UFOs UAPs.



15:39

How do you because of course, like, you're saying there's feedback involved? Yeah. How do you handle the feedback, part of a remote viewing session when it comes to something like UFO UAP? Well, when I was in transdimensional, systems, for example, my teacher preusser Why don't you remote view this particular UFO target? I said, Well, is there any feedback? She said, No. I said, I don't want to do it. She said, Well, so what I did do, though, in Oakland, California,

there was in 1890s, there were these flyovers, UFO, flyovers, and the library had records of that stuff. So I'm going to, I'm going to look at the records, I'm going to assign some remote viewing tasks, and see if we get some correlation there. Because we have newspaper reports we got, you know, sure. In other words, there was some feedback. Yeah, there was concrete evidence, as opposed to just talking to someone who says, Oh, I saw lights in the sky. So that's, that's what I a few remote viewing UFO. taskings. I've done have been of that nature. Okay. There's some kind of feedback. And if you don't do that, then it's all speculative, you know? Yeah. Yeah. Precisely. And, you know,



16:44

I've discussed it a few times on the show there.



16:48

As with you, I have some problems with some of that kind of remote viewing where somebody has given a scenario to go view and it's like, how blind was that? Yeah. How blind was that? Because you're talking a lot of detail, you know, to go view something like you're talking the circumstances of an incident and I'm gonna go view it now. Yeah. But you know, even Ingo, Swann admits that he used for front loading quite a bit when he was working with Harold Sherman. Okay, so I click there. And others have said, in operations, there's, there can be a lot of front loading, for example, in Russia, they had a remote viewer who used to sit in a tank and other remote viewers around the battlefield. So clearly, the front loaded with all kinds of stuff that's going on. It's not like just saying, the targets and object describe the object, or the targets or location, describe the location. This is we're in a battlefield, we want to know, you know, I guess what the enemies what the troop movements? Are you aware? Yeah, where's the command base? So there's different degrees of front loading? You know, sure, sure. And explain front loading to the audience who may not understand what that concept is, when it comes to the front loading is when information is imparted to the remote viewer, about the target. Ordinarily, the viewer might just get a TRS Trent, target reference number like 57328199. And that's all the remote viewer gets. So a set of coordinates for a set of coordinates. That's the same geographic coordinates are just how they did it in the early days of Stanford Research Institute. But



18:19

if you also Yeah, so that's how the targeting is done. And I'm forgetting what else do you want me to address there? So well, the front loading of information front loader? Yeah. So that's what I said. If you get information other than saying, Well, if you say the target, there's a target the targets the location, describe the location, that's front loading? Of course, of course, if you said the target is the Golden Gate Bridge, yeah, that's total of front loading and ridiculous. Yeah. And some people even object to saying the targets the location, front loading that way. So when we worked in transdimensional systems, we were just given the target reference number, we were given no information, like, but in operations that can save time to tell them, hey, there's a troop movement here, we need to know about the treatment, you know, in actual operations. So sure, sure. So there's a variety of front loading and operations, it's very useful in the lab. You know, you probably don't want to have front load and you want to have the viewer

blind and also the experimenter blind. Yeah. Absolutely. Because at that point, you're you're setting up for the full on classification of that data. Yeah. At the end of it, right. Which is, which is fantastic. And once again, there are reams and reams of data on this. That statistically I chose beyond chance. And

 19:39

at the Stanford of the Edwin C may archives in Houston. Oh, yeah, only there a few years ago, and it's 54 boxes of stuff. And we went through a lot of that. And plenty of it's not on the CIA online files, you know, yeah, they're, they've released a ton of material. Yeah, the much of the work of Jaffa lay is going to be going there then it's

 20:00

but it's really interesting to see that it's the religious studies, Department of Rice University that started that archive is Jeffrey Kripal. Yeah, the guy who's been behind it. Yeah. And, you know, just the idea that, yeah, we've left this to a Religious Studies Group, because we're talking about information from all over the world. And when you're looking at it, it's going to be something that changes humanity in that way. You know, I mean, there's a reason why NASA brought aboard 12 theologians and paid a group that had them in it to discuss the impacts of UFO UAP on humanity, because it will be a truth changing thing. It will be a paradigm changing thing. Well, once Yeah, once this recent UFO stuff, if we get some real knowledge that they're here, but both UFOs and remote viewing go back in history. Nobody's saying that. This is all original stuff. Yeah. Human humanity has dealt with both of these subjects for millennia under names under other names. Absolutely. Absolutely. Well, with that in mind,

 21:07

what have been some of your experiences, when remote viewing

 21:13

something my experiences, I've had a lot of a lot of different ones I've done, you know, hundreds of operational sessions and 1000s of other ones. So it's been your most interesting session, you've done most interesting session.

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The one the one that resonates with you the most that you carried the most, I don't think I have one.

 21:33

I sometimes say what's the most interesting



21:37

target and I've been a project manager on I sometimes say it's the Oak Island



21:45

situation, because that's been done by a bunch of different groups. Okay, I can't let that go. Now, John, I can't let that go. I talked with researchers from curse of Oak Island, my show regularly people like Gretchen Cornwall and things like that. So



22:01

what did you see when you went to Oak Island? Well, there's your viewers have different takes, but this, for example, does Smith was one of the best remote viewers did a session where basically he he's, he's drawing the pit and he's drawing the layers and he's drawing what's in there. And there's a variety of



22:20

data like some people say, well, there's pirates involved. Others say the King of England, you know, a few people say Shakespeare and all that. I mean, it comes out in the data too. But it's clear that something really happened there. That was not just a, a hole in a limestone based Island, which has lots of limestone there. So and of course, now they've dug it up so much that God knows if they're ever going to extract something, but oh, well, and I belong to a lot of online communities and I belong to a few acorn communities as as they're called Okies, you know, acorn, acorn.



22:53

And a lot of people are upset. They're never gonna find anything. It's like, I think you've missed the gold they have found, like, things they've found have actually changed the history of the area. Well, they found Mr. Aveda coin, right. Yeah. Oh, yeah. But that could have been through the trades. You know, it could have been but it's at least showing the fact that the layers of earth it's in that somebody was there with that kind of coin in their pocket that long ago, where you're not going to Pizza silver off an ancient Roman coin. There's there's been led that traces back to France from the 15th century, like time at the Templars and all kinds of things. So



23:32

it's been interesting to see the changes of that. And it's remarkable that you were one of the individuals that actively remote viewed Oak Island. That is, that's pretty cool. Well, yeah, I try to find projects that like that, that are topical, and that people are really interested in. Yeah, people have been remote viewing a little bit.



23:50

This Skinwalker Ranch, but I haven't heard the results of that. I would be interested in that. One of the things that we have a large community of folks who listen to this show that are targeted individuals, as they are called people who have reported Havana syndrome type symptoms for decades, claiming to be gang stalked by people claiming to things on their computers or changed all kinds of things, to the point that it affects and ruins lives.



24:23

And that's been one of the things I've been considering is let's start tasking some remote viewers with a couple of cases to see. Maybe if we can find out some of this technology that's being used. Maybe we can find out a location that targeting is coming from things like that to try and find any kind of, I mean, one of the things I tried to do with this show is a



24:49

diffused misinformation and misunderstanding about topics like this, you know, and separating the difference between psychic and remote viewing between clairvoyance and remote viewing



25:00

versus scrying, like you're saying, and remote viewing, because they're very similar. There are some similar aspects, you know, getting yourself into the meditative state, things like that, even, even when you talk about Nostradamus his practices and how he did it, a candle in front of a water bowl that he's tapping with a stick to create ripples slow, that's gonna give you the same visual effect in your brain is a binaural beat, like it's going to transfix you and change your brainwave pattern watching that, you know, so interesting to see some of the similarities, but it's totally different. It's entirely different well, but it makes it different. And what the Seine in the field is, you know, I don't care if you stand on your head and whistle Dixie as your method.



25:45

As long as you're following the protocols, you're doing remote viewing, yeah. So yeah, whatever it takes you to get there, whatever, as long as you're following the protocols along the way. And once again, I think your talk tomorrow is going to be very important in that way, especially for a lot of the folks that are, this is their first conference, this is their introduction to remote viewing.



26:06

Because that can be very obvious skated, and it can be very confusing, and it can actively, unfortunately, discourage some people from wanting to take part in remote viewing or study

unfortunately, discourage some people from wanting to take part in remote viewing or study the science. Yeah, you know, because it is a science. Well, no, I don't I don't think it's a science. You don't think so?

 26:23

Somebody, you know, has this so called Scientific remote viewing? I think what has the question, the way to put it is that a lot of scientific experiments have been done at Stanford Research Institute. But because we don't know the foundations of this science, we know how it works. Really, we don't I guess that's true vision. So that's why I refuse to call the science. I could see it that way. I can see your reasoning in that. Because unless unless we know what's

 26:48

less, we know force equals mass times acceleration. Yeah, something we don't we don't know the causality behind what's happening. We got none of that. Yeah, yeah. Yeah. And hopefully, we'll be getting there through some of the new things that once asked, you know, do you understand how remote viewing works? What's your best guess? He said, My best guest is that I don't have a clue.

 27:09

So yeah, he said that the guy

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for generator, physicist, you know, so well, and that's one of the things I've been bringing up regularly is, this is one of the fields where you you see a lot of letters, see a lot of letters and comments behind people's names in this field. You know, as opposed to a lot of para psychological fields, a lot of paranormal fields. You know, you don't see as many doctors in a lot of those fields as you do.

 27:38

Yeah, yeah. There's a lot of academia. People here. Yeah, there is a lot of academia involved in this field man, like the guy who was leading the Congo at the party last night. It has a PhD in physics from Yeah, exactly. Exactly. Precisely. And to see people of that academic ilk. Yeah. Looking at this as not French looking at this as not pseudo. You know, this. This is a statistically provable thing. And it is fascinating. We're also getting a flood of people finally coming into the field after 20 years, for example, discourse on Reddit, you know, yeah. So Reddit has now 60,000. People who join who join us that they're all going to become remote viewers, because most people get into the field. Even if they train, they just drop out, because it does take time. And then the discourse within Reddit has 2000 members. And there's two Facebook groups with 10,005 1000. Members. But so finally, we're getting traction, I guess you could say, yeah, yeah. And



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as we kind of wrap things, because I know, I'm just keeping you here for 30 minutes. You've been very busy talking with folks, things like that. What What can people do? Because



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the one thing I've heard from people that I know that have studied remote viewing that left, was they got very discouraged. Yeah, they got very discouraged with their results. And maybe they did not have a good coach. They may not have had a good



29:05

Tasker in that in that right, somebody who can really give them good feedback. Yeah, that kind of stuff. I know that is hugely important. What should somebody who is looking to study remote viewing be looking for? Because there there are tons of online courses. There's tons of video series and everything else? What? How can somebody avoid the snake oil out there? John? I'd say a few things. First, if you're really seriously interested in the field, check yourself do you really have an intention that you're going to be able to devote months to this? Not just a few days? Yeah, recognize that perhaps 1% of the population can get really good at this just like piano everybody can play the piano a little bit but very few people can be list or somebody Yeah, open. Recognize that that's a factor. motivation and intention is just central to it. There's something called Remote Viewing dot link a website remote



30:00

When dot link, which has all kinds of websites to go to, to get background information, the list of trainers, targets, books and everything I commend going to that. Try out some of the different



30:14

trainers in terms of looking at what they do and their reputations before you sign up with one, you can actually train yourself in natural here, remote viewing. But if you try control remote viewing or any of the offshoots of that, then it's better to have a trainer.



30:29

And fortunately now remote viewing is spreading into like Germany and South America and other countries. The International remote viewing associate is finally taking up the task of making the AI in their name international real. Yeah. So that's happening to see if we're in a foreign country checkout, see if that's that's starting to happen.



30:48

And just go by reputation? Don't there's a lot of people who are who've discovered remote viewing now and say, Oh, I can teach that I maybe I can make some money. Yeah, you have to avoid new people. If you're not if they don't have a track record, make sure they have a track record in terms of maybe publishing books, training students who vouch for them and so forth. So there's maybe six or seven trainers that are worth training with. Yeah, yeah. And where can everybody go to not only get your books, but where can they go to follow your work, keep up with everything that you were doing, John,



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I have a portal, you know, a website that has a portal to my books and so forth.



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It's MPR, v.com, or dotnet. I forget which I carry. And also in my books, that, you know, there's other indications of where it's at. But that's I'm not so super active. Right now. I'm writing books. I'm pretty old. I'm sort of retiring on the verge of retiring. So I'm starting to try to help younger folks to get acquainted with the field and exactly as it is, it is hugely important. And that's just it the



31:54

once again, the idea of new blood bringing new people in passing this on to the next generation who will take the torch of how put off. Yeah, Lynn Buchanan Yeah, cuz they're older. It's, it's moving on. And all of these and all of these fields are even. Yeah, in every one of them. It's gotta be passed on to the new interested investigators. And



32:17

yeah, and it's, it's nice to see it. It's fantastic to see it. It's great to see a conference that is about three times larger than last year, was it? Oh, I mean, yeah, there was. There was a, it was well attended last night. But the facility here is is more much more amenable and it made a lot more people. Yeah, and it's a full room in there. It is wide, ranging in age. It's fantastic. So, John, thank you so much for your time. I greatly appreciate it. While you're online, getting your copy of remote viewing from the ground up by John Knowles make sure to stop on by curious rome.com Curious rome.com forward slash stores where you can find all the books from our guests. Curious rome.com forward slash story is where you can share your experience of the paranormal or remote viewing session. Or if you are a government whistleblower, you can contact us there, we will present your case to our experts and try to get you some answers. Hold on through this commercial break. Folks, when we come back, we will have the conclusion of our second day of coverage live from sigh fest 2023 here in Charlottesville, Virginia, with the International remote viewing Association and Monroe Institute right after this.



33:43

Well, hello, everybody. And welcome back to our continuing coverage of Sai fest 2023 from Charlottesville, Virginia. We have with us right now, Michael Green, he actually runs the bookstore here. And you've been running the bookstore for this event for years and years since 2002. Chris Wow. And you travel all around doing bookstores for various different events. But the one reason I wanted to have you on as a we always have great side conversations while things are in session, stuff like that. But you've been working with this community of people for years, you've seen this event grow, you've seen the community grow you you've done some remote viewing yourself. I know you've taken part in a few of the activities here. Tell us how you got involved with this association. Michael. I actually was connected to this through a publishing firm it's local. Years ago when I first came to Charlottesville I was taking my son to Sunday school



34:40

while the principals the Hampton Roads publishing child was in the same I don't think they were same class or your difference. But you know, attending the Sunday morning events before the Sunday school began, sure, in



34:52

BI premium I'd go out and have a cup of coffee, we chat.



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I discovered what he did for living. I said oh what a coincidence I'm in the book.



35:00

assists. I kind of fell into that in 1996. I brought some books, the Arizona State Bar convention, FORMER ATTORNEY out of Tucson, and



35:11

I had accumulated number of collectible law materials. When I went to law school, there were a couple of classes I wanted to take that were in the catalog. That just never happened. Law and literature law and art, history law were things like I say they were in the catalog, I thought, well, here's electives. These are things I'm looking forward to taking. And just for one reason other than just never happened. One instructor left another one. Sure. Radical. No. Yeah. So don't get approved for curriculum next year. What have you. So it's kind of like if I wanted to take a fourth year, you know, I can pick most of this stuff up. So I started reading in those areas, just my own on the side and accumulate number of books I liked and sometimes extra. I actually

want to put my own law office building I bought kind of a fluke I fell into that. And I wanted to decorate and I'm going to I'm not going to put up an abstract or some other thing. I want something related to law. So I started looking for

 36:07

art material that was had of a legal nature. Okay, great trial or turned out I had a trial sketches except that and I had a friend who was actually a printmaker in the Tucson area that was doing that stuff for Lex law. And at the time, I didn't know it. Oh, wow, that we're having a conversation. Next thing I know I have some so I accumulated some extra things. And by 1996, so 15 years in the practice, more or less, I decided I had so much this stuff. I'm going to take the State Bar and sell it set up again. Alright. CLE for the year Exactly. Know what's going to happen. In Morse, Jesus Southern Poverty Law Center was a speaker. In the last one I'm thinking maybe I could do booksale I call his office. Now we don't do that his office has been blown up twice the house once his wife's left him. We don't know who you are. Yeah, okay. So but the last minute I saw what the house I ordered like 40 copies of his book. And it shows shows up he walks through to speak at the luncheon and takes looks at a youth guy the caller's? Yes, sir. Your attorneys. Yeah. I said, Well, I'll sign your books. And you know, he's done speaking the books kind of just disappeared off the shelf. So that was kind of my first entree into working author event or conference. So yeah. And next year, I don't mean to beleaguered but I route Anita was showing up. I was asked by one of my friends, we were in a trial together waiting for a verdict. Were in a bar on a Friday afternoon saying Michael, and his name was Michael twist. Yeah. He said that he Ralph Nader was coming in. June. What'd you do another book sale?

 37:46

Yeah, why not? Ralph Nader? And

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so he gave me some information. I made a couple of phone calls. Next thing I know. Yeah. Ralph will sign your books. So I work with Ralph Nader. Who? And then this kind of funny I have to relay this one so I'm

 38:01

doing this event with our introduce myself to Ralph he's at panel I told him where I was set up, you know, if you care to pre sign some books, before he speaks to the group at lunch, Sure. That'd be cool. He said, Yeah, he's happy to do that. Comes out after lunch sticks around. And he says, How long have you been doing this? I don't wear a watch. I gave it up. But I got an ad and I said, two and a half, three hours. He starts laughing He says best goddamn booksale ever been to my life. And and he leaves out he will call you Monday. All right. So Monday rolls up the Ralph Nader just gonna call me right Monday rolls around. And I got a phone call. And then I got a fax at five o'clock. Mr. Green, Mr. Nayar has been trying to reach you all afternoon. So I go, Michelle. Yeah, Michael, I said Ralph Nader call her day says, Oh, your friend chat. Ross has

called her three times looking to talk to you. So as Ralph Nader calling, and she thought was my buddy, pretending to be Ralph Nader? Yeah. So what if it was another some talking about Friedman, and I'm told I've been doing this events mostly with Nader and people that he knows in some working multiple events, and we're talking so I'm a publisher, blah, blah, blah. And by the way, if he wants my office space, we have extra office space, you can just take an Office for free.

 39:20

Kind of located my office, if you will, I didn't have much into their building the Hampton Roads publishing Well, Hampton Roads, published a lot of Charles Turk work. pull offs work on hundreds of remote viewers. So you know, I was kind of

 39:35

coincidentally, yeah, exposed to these titles. And then in 2002, Bob or someone else from the firm approached me said, hey, you know, there's some remote viewing event in Austin, Texas.

 39:47

Let's go down to work that event. They don't have a bookseller. Okay. So that was how I actually walked in the door to remote viewing conference. 2002 To my knowledge, I've worked every every

 40:00

That's how he had since then I think it's a great group of people. I've got to meet the oh, can and skip out water, you know, and

 40:09

McMonagle and on and on and on and hang out with Ingo Swann. Oh, yeah, absolutely.

 40:17

So, and that's why I wanted to have you on because once again to, until you get involved with these communities in any of the Para communities, and they're, they're also individual, like, like I was telling you earlier today, this, this is the one that I go to, that has more people with letters behind their names than any other conference. And you would think like, well, you know, maybe you have full UAP studies or some science there this? No, it's remote viewing out of all of them. It's psychic work. I agree. Um, that's what I say. And it's mind blowing. And for you being involved in this community for this long a, how have you, how have you seen the community grow? While you'll ask an interesting question only for the fact that for a number of years, probably by 2010, or 2011, after I'd worked a number of these conferences, I had said to

them, what are you doing to attract the next generation? Yeah, yeah, people because it was the same people, you know, there'd be somebody would show up, but it was not the majority be like, you know, I might recognize out of 100 faces, I might recognize 85 or 90 people not that I know, well, necessarily, but sure, hey,



41:27

how you doing? How's Europe and that kind of thing? I'm gonna worse next generation.



41:33

And there wasn't, yeah. And I was wondering how, how was it if you're not promoting yourselves in such a manner? Yeah. Yeah. Attract all this. So this conference, kind of interesting. Of course, COVID has interfered last we used to have conferences, but not when every year we are in what Menlo Park last year of the year, the 50. Year, it seems to be the Vegas conference and 20 didn't happen. Yeah. I remember.



42:00

Tom called me and said, Michael, I'm not going to Vegas. This is like 10 days out. Yeah. And then I got a call from other I'm not going either. And then the next thing, you know, hey, we're not doing this. Yeah. At this conference. Amazingly, there's about twice the numbers we'd had at recent conferences. It's easily double, if not more, way more than last year. I wave. So I think definitely Menlo Park, although if not three times the size. Yeah, there were some some new faces. Oh, sure. Oh, no, I was one omega are exactly this when we met. But this time around, you know, they're up by a third, I have 50% More, and they are younger. Oh, we



42:41

got mid late 20s. Here. And it's great to see that it is great to see this younger group wanting to carry on this work and wanting to get into this work and dig into it. And like you said, really carry it forward to the next generation. You know, I mean,



42:58

you don't have to necessarily be a scientist with letters behind your name to keep a journal to contribute to the math of it to contribute to the data with the overall data field. And absolutely, and, and that's what's really amazing and really awesome about this is that as opposed to a lot of communities, Bigfoot, things like that, we're sure you could have a picture. Something along those lines.



43:23

This is one of them where it is full on quantifiable. Yeah. And you are actively adding datum to

a set of data. Absolutely. That's being you. It seems to me, one of the things I keep hearing repeated ly at the book table behind us is how many people came to this during COVID? Yeah, amount of time they had Yeah, because of the spare time they finally had the time to explore it explore or somehow felt themselves drawn into into new things. Yeah. And somehow the psychic phenomena, whether it be dreams, pre cognition, or, or stumble across something that could just kind of trip their interest to get involved. And here they are. I mean, this is like a fair amount of people here truly. Oh, no, this is a this is a good conference. Yeah, this is a good conference. Yeah. I noticed they connected with Moreau Institute, and that helps feed it especially being right here in the Monroe Institute, backyard. That's huge. It's awesome. It's been, I think, a great pairing and I hope that they continue doing ya know, they continue doing this conference together because so many people in remote viewing use the work of Monroe Institute to begin their sessions, you know, to to get their brain focused and brainwaves aligned into that battle. Question synergistic. Now, you're also a yoga instructor.



44:49

Now, in your yoga,



44:53

do you use any of the



44:56

field of remote viewing any any of the practices



45:00

So if there is one thing to focus on, you can do that focus. Yes. Okay, I, I kind of I am not an expert. When it comes to yoga, I'm like, get her I have practiced this time around like practice years and years ago, but this time around probably about my 13th or 14th year of having returned to the practice. I did that for my own health reasons. Yeah, particularly rather than chasing samadhi or Turia the states of Bible consciousness. Yeah.



45:29

And I did for my physicality, just, you know, sciatica, whatever.



45:34

I teach primarily, but not exclusively, hatha yoga. Okay, basic, cool, very old technique. The very basic course all this has been westernized and modernized a little bit, we see this stretching physical activity, rather than the pursuit of the state of mind.

 45:51

If you read the Yoga Sutras, the second atheism is basically yoga Chitta Vritti nirodh. Aha. And my Loose paraphrase with that would be that the intent or the purpose of yoga is to quiet the chattering in the mind. What's the first essential Yeah, to remove you? Yeah, you have to quiet the mind quickly to save, take a deep breath or take a couple of breaths, allow yourself to relax, clear the mind. My yoga practice I domain, how many times during an hour hour, 50 minutes, hour and a half, I will bring people's attention back to their breath. Putting a soft sound to it by constricting throat fruit says to get that what we call je or victory breath sound to it is a focal point. So your mind will not wander. It's tied to the breath. And therefore and to the body. So yoga is unity my body breath basically, yoga means yoke or union. So that happens to shrink see there is a branch of yoga, which I am aware of, not overly adept at. But I've been playing with a little bit that turns out to be much older than I thought. And that is yoga nidra shows up in the Vedas. Real early on, I just discovered this. I knew about it in terms of how it evolved. Okay, I didn't know how old this is. Conscious sleep.

 47:14

Interests.

 47:16

Sleep. So basic yoga teaches us consciously of lucid dreaming, pretty much that and what is it's a guided meditation, or maybe you mean don't engage in some physical activity, sure, stretches, bends, folds, whatever, just settle in to ground and then you assume essentially, in most instances shavasana, the corpse pose. But instead of relaxing and clearing the mind, I'd like every I've referred the Beatles frequently the end of a class when I put people in Spa, so you know, like, close your eyes, turn off your mind float away from the Beatles, right, essentially. And so I mean, I'm quoting that correctly, but close enough. And a yoga nidra would be like a guided meditation. That is illustrated if you will, by the facilitator. Oh, could be as simple. Once you're in that position.

 48:09

Envision yourself being on a beach.

 48:13

The sun is warm, but not necessarily hot on your body. The air is warm but not hot. So you're not living there perspiring uncomfortable your vision yourself in a comfortable place. You hear the sound of the surf flapping on the beach, and the way it recedes. You hear the crinkle the sand is the waters washing back down.

 48:34

Up. I mean, it could be you could be in the mountains, you could be doing anything. Because basically the facilitator is narrating this visual for you. What you follow is the practitioner.

 48:49

Research seems to indicate an hour of yoga nidra in terms of rest is equal to about four hours asleep. There are studies research done while fascinated.

 49:01

Think about it. And I'm sitting here COVID Right I should be a who knows I have not been spending a lot of time with it. But I am convinced by October November, I will be teaching yoga nidra epic, epic, regular basis. I was quite literally talking with Bob Monroe earlier from the Monroe Institute.

 49:19

And

 49:21

we were discussing the concept I used to have I still have my voice direct sell. They used to sell it like Blackstone, right. You know, like he could get it in like the air mall catalog and it was a pair of glasses with lights that did the same were flashing at the same rate and

 49:40

they flashed at the same rate that the binaural beats were going so you got double stimulation. In one of the programs that it had an IT WAS THE 15 minute nap where again 15 minutes it took you from an active brain state down to a deep Delta, right theta range and then back up so you got the equivalent

 50:00

Have an hour and a half asleep and 15 minutes. Sounds about right. And it was like, wow, wow, what an amazing power nap. And I've just started reusing it, where it's like, you know, no, that makes for lay down in my studio. Use it again. And yeah, it's it's pretty remarkable then and to say that, yes, an hour of this equals four hours of that once you stop because once again, you don't have the double stimulation go and you are getting your brainwaves to that pattern through a state of meditation. And through a state of discipline. So, yeah, to match those same brainwave patterns of getting four hours asleep. Absolutely. No, absolutely to I mean,



50:40

alright, so I said, you know, the intent of yoga is quiet, the chatter in the mind. Come on, how difficult is it? To not think that is work? It used to be? It used to be so much easier for me to not think, okay, there you go. I mean, we think think think think think think that's what the mind likes to do. It's what it loves, you know, and of course, when I occasionally get to state where, oh, I'm not thinking, Well, what did you just do you start to



51:06

pop yourself there was that?



51:09

There? I was, like, Can I leave it alone? No. Well, but more and more I able to achieve a little bit of that. I'm talking I'm not totally gonna say bye. Oh, I can sit there 10 minutes, but I haven't thought wrong. Maybe 45 seconds. Yeah, a day.



51:24

But it's amazing how much calmer I've come become through time. Sure. And then not thinking does it hasn't seemed to affect my mentation? Or how quick I can react to something if I'm so yeah, you're engaged in something. And there's a real beauty to it. And of course, the intents and purpose of all this is kinda like



51:45

yoga recognizes these altered states. Yes. Basically, the notion being Yeah, you know, Samadhi is the eighth limb of yoga, you know, in what they call a strong yoga, okay? It is basically this stage where you've gone, where the mind is quiet, and you're tapping into this consciousness, maybe getting into what we would call the true self, not the ego self. Sure, where your experience is transcendent. And above that, if you look at the open sign the little dots above the curly lie below the stakes, normal states of consciousness, wakefulness, dreams, dream, dreamless sleep and dream, dream state and dreamless sleep is Turia, which is that unbridled consciousness my first started scrolling with yoga and I'm not pursuing this I'm my life is not dedicated to pursuing samadhi or Toria. I kind of I add to this has stumbled into it. Okay, cool. That's how I can spend 12 hours a day. Every breathing moment. Yeah, pursuing that. So it's just not that significant to me. And I'm not denying the existence of this. Yeah. What a blessing if it should, it's just not the level that you desire. That's not where I am. Yeah, okay. And I'm free to make that choice shirts intelligent choice or not.



53:01

But it's out there. It's in touch it is palpable. It's there you can experience that and that's just it. Ancient cultures followed this for years. Yeah. When you when you start looking at the the teachings of yoga, it's it follows right along with the teachings of Kabbalah like almost hand in

hand. It's it's yeah, it's remarkable, especially when you start looking at the chakras and the Tree of Life. Right? Like it is it is almost verbatim the same it is it is a roadmap to consciousness that into yourself.

 53:36

And you recently I was telling you about the person who was listening to my meditation album was like, I don't, I don't know what happened. Like, I started having all these like a base emotional response. And he's like, I'm a yoga instructor. I don't understand, like, why this affected my root chakra in this way. And I was like, Well, you know, your, your root chakra is emotion. That's all it is, is based on like, what's the guy? Hold on? Yeah, yeah. And that's exactly what I told him in the email in response is like, it seems like maybe you just tilled over something in your garden. Right? You know, there's, there's, it's still there. You were weaving in everything, and you just put some dirt over it, you know, and go back and go back and explore yourself. Yeah, all that tells me is that the binaural beats rang the bell. Right? It hit your root chakra. Exactly. Like and that's awesome. That's great feedback for me to hear. But here lately, I've had a couple of people. And I was telling this to Bob earlier that I finally found the that small range of people that binaural beats just works their head just makes their brain like, ring like Yeah, yeah. And it's the fact that like, because binaural beats work with an offset frequency.

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You put a frequency on one side, a frequency on the other and your brain divides and says like, oh,

 55:00

Okay, well, here's the remainder. Right? And that's, that's the target frequency that you're trying to work on.

 55:07

But some brains don't like.

 55:11

Don't reducing that third frequency, plugs them out. And I finally found a couple people like that. Most everybody I know that's ever tried binaural beats after a few sessions, like they're like, Wow, yeah, that's, that's relax. Yeah, yeah, like, I definitely got to sleep a whole lot faster last night, you know, I definitely felt more relaxed when I woke up this morning, things like that.

 55:34

So and even the fact of using binaural beats using meditation to get yourself to that state. Because yeah, you can definitely use binaural beats to start creating the brainwave frequencies that go to astral projection that that go to these other realms that yoga will take you through years of practice. And I'm not saying don't practice yoga. That is a beautiful discipline.

 56:02

But it's a discipline. It isn't. It's one of those like, you got to do your work. You got to do your work. You got to keep doing your work. The beauty of yoga, obviously, especially our culture is you don't have to take it there. Yeah, you can just get the fundamental health benefits in the body. Yeah. Oh, talk detoxing by exhaling you know, fully inhaling bringing the oxygen your body you know, generating some prana chi Call it what you will share the physical movement may if you're stiff and sedentary and not moving, yep, lost your flexibility. Yoga was gonna assist you whether whether or not you're interested in acquiring the chattering the mind and reaching a higher level of consciousness are not proven good for fighting depression, reducing anxiety, overall body health, you know, and maybe again, not like something maybe not for everybody, but nonetheless, you know, what comes out of that? Yeah, through time, whether you like it or not, it means to pursue it is you start to go be

 57:02

a slightly different sensibility, a different a core, a different chord, and, you know, somehow there becomes like, not a religious, but maybe it's for lack of a better term or spiritual component to that. Yeah. Yeah. translates if you get into conversations, like the people are having these, and that's just it, the

 57:23

it starts changing your brainwaves, it's sort of changing the way you think it starts changing the way that you it's kind of the idea of, and I hate to use this analogy, but it's kind of the idea of the junkie starts getting high during preparation. There you go. And so the dose dopamine starts releasing before they ever inject the anticipation of it starts getting them high. And it gets that way, eventually, with things like yoga, karate, or anything like that, that is disciplining you in a certain way

 57:55

toward a certain goal. And once you start your means of preparation, like Yeah, you'll start slipping into that mindset faster and faster each time So absolutely, that's absolutely true by the way you and it's just like a one off you familiar with Steve HealthBridge music off hand. No, I'm not I'm so Steven Halpern. And I may be wrong and is considered like kind of the godfather of new age music. Okay, so he's played a lot with Delta. All right.

 58:22

There's a number of albums he has an album called The own sound out he's

there's a number of albums he has an album called THE OWN SOUND OUT HE'S

 58:26

what's a drum spirits. In other words, the Bob Okay, I have actually heard drum spirits. I don't know lots of debates about Alright, just coincidentally, because that's kind of what his goal is with a lot of this music. Yeah. To take you to those vibrations. Yes, absolutely. And we look at things like tribal drumming stuff like that. The beat of it is

 58:49

in medicine beat it's it's really it's right there at heartbeat level. It's right there at Schumann resonance. It's exactly ground yourself get ready. And it's really interesting to see that because once again our ancient cultures knew about this stuff. Oh, yeah. Was Long, long ago, long, long. And even one of the album's I'm working on right now within the rocks kind of deals with the fact of our this similar images that we see in petroglyphs across the globe representations of wire, things like that, when you start looking at some of these.

 59:23

They look like straight up square wave saw wave sideways. So

 59:28

when these people were there, were they synesthetic and drawing what they were hearing or feeling, right or feeling and when I take some of these images and kind of trace over them in Photoshop and then reverse it and put it through an algorithm.

 59:46

The sounds that come out or why oh, why I like that I'm gonna have to experience like, even when you go to ancient sites.

 59:57

Malta, Malta is a prime example.

 1:00:00

Hold. There is a chamber there that actively resonates in the 30 range. Okay, it starts peeking fatal waves in your brain when you start chanting in there, the resonance of the room presents those waves to your brain.



1:00:16

Same thing with Stonehenge, Stonehenge was built to amplify sound inside of it.



1:00:22

They knew about these things. So so long, Ancient Greece Epidaurus, you know, the light a match on the floor in here at 300 feet if you're wondering, yeah, you know? Yeah. What did we use? What is it? They knew that we refused? We Yeah. \$100,000 sound systems to do replicate that.



1:00:42

So it's amazing how much was known. Yeah. Mostly passed by oral tradition, obviously. I mean, the Vedas just didn't happen one afternoon. No, that's, you know, caring for history. The Bible didn't happen in the afternoon. You got 1000 years, even 10 years more before it gets reduced to a tour that wasn't even wasn't even written down till 6070 years after Christ's death. The first things? Yeah, no, because they were expecting the pair Osia they expected the second coming within their lifetime. And once they hit 70, and they were like, Hey, man, yeah. Hey, right. Do me a favor, just start. Start writing this down while I talk.



1:01:23

Tradition, you know, and things clearly probably change from generation to gender. I don't know, shatter, I do or do not know that. You don't know if things were verbatim for 1000 years. And that was the training. And conceivable me it would have been. Yeah, it's also conceivable with oh, it's like playing telephone. Sorry. Absolutely. The message gets corrupted down the line quite eventually. And it does not take long, right? It doesn't take too long. You know, you if they care for preservation, isn't there. I mean, there are absolute cultures, Native Americans, one of them where most of their stories are not written down. They are passed down orally unchanged. Go to the Aboriginal people there. They're talking right now about that possibly being unchanged for almost 10,000 years. Exactly. So you know, that that's possible that their their oral history has not been unchanged. Yes. Right. That's, that is remarkable. That is amazing to think about. And when you start thinking about the knowledge that these people had, one of the things I talk about on the show regularly, Mike, is the fact that even 100 years ago, not even 100 I'm almost 50 My grandparents age, like my grandparents grew up in a time in Louisiana where they still had horses. Oh, yeah. No, but that from childhood, horse carts in the streets. Yeah, going up garments. Yeah. Totally trash or Yeah, and not even 100 years ago, there were so many parts of our country where when the sun went down, unless you had a fat lamp or an oil lamp, it's nights you go to sleep tonight. We were connected to our world in a different way than we are now. Life was slower than it is now. Intake of information in the wear down on our brain to be connected to this Yeah, I'm connecting the entire planet right now if I won't be where the hell is my phone? Yeah, yeah. Hold on. Let me put that on Facebook. That's good hashtag.



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 1:03:15

Precisely precisely. And he you know, it, it affects so many things when you start it just to bring up Kabbalah again, the fact that words are sacred words are vibration, right? They're vibrato like this is where the whole concept of vibrational absolutely Sanskrit as a sacred spoken language, and vibrational Yeah, absolutely. These These words have power. So be careful how you use this Acme, right? You know.

 1:03:44

And that's why the whole which is three fold rule exists like, hey, yeah, go ahead and curse somebody, it'll come back to you three times more. You better be doing some good with your work and your words, you know. And we have to do that our brain regularly man lives lives in this state of negativity in this world around us. We are how much we're in a constant state of didactic, A versus B red versus blue, infrared, ultraviolet mentalities out there that threatens you. Yeah, his reps. Yeah. What might be otherwise some peace of mind, although we form societies theoretically, so we can be safe, that we can invest trust in each other. Sure. I mean, yeah. All right.

 1:04:27

What are the No, I'm not going to elucidate and I don't know them all, you know, the things you need for fundamental society. So you have some kind of level of comfort that you can turn your back. Yeah. And I can knife in a kind of thing. Yeah. You know that your word could be a bond that people have a common understanding of what binds them. Right. What is the act? What is wrong morale, your morality, whatever, it is fundamental on a fundamental level? Yeah. Well, I mean, that was quite literally the voucher wars. It was quite literally the founding of this show, and its original incarnation, dudes and beer.

 1:05:00

Before I relabeled, it was the idea of America was built in a bar. And it was built by people who were lawyers who were pig farmers, who were the mayor, who were the governor. They had different walks of life, different incomes, different political beliefs. But what they all did in that common bar was like, what's up with that? What are we mutually going to do about that? Right? And it didn't matter if you were one political party, they were the other you shared a fence line, if they needed wood in the winter, you gave them would

 1:05:29

you need if you needed food, we gave you food, we took care of each other because we shared a fence line. And we knew that we needed each other to live. Yeah. And we we have been in numerous World Wars, not a single one of them, have we killed more people than we did in our own civil war, where we were fully railing to kill each other.

 1:05:50



1:05:30

You know, and that's right at the vibrational level we are at right now as a society. And that's, that's, that's a precipice? Man. We haven't been there as a as an American society in a long, long time. And a long, long time. You know, and we have to learn to slow down we have to learn to think about that. And about the long reaching impact of that, you know, the multi generational impact, you know, How was her not



1:06:20

alright, climate Come on. Yeah, when I was hanging out with neater



1:06:26

late 90s, early 2000s I mean, not that he hadn't been around before that but you know, Clean Water Act, Clean Air Act. Those were like Ralph Nader's things one things he was, uh, so we're going back to the 70s Now, he was talking about hey, you know, they ought to put scrubbers on on stacks. Yeah, clean the air or it's going to cost too much money, he's gone. Well, it's going to cost something but you're going to create jobs doing it and somebody has got to build the scrubbers you've got to you know, we want to keep the environment clean. I'm not saying he was the greatest environmentalist ever had but his vision was he could see this come in and he would tell you that you know, Rachel I think he would say the Rachel car Carson kinda got him going along a path or enhanced his awareness with the D O T, et cetera and watching Bernstein you know, but like come on. We are all collectively swimming in the same damn Yeah, atmosphere the same in the same water in the same water and then the to get it you know, more precise show. Exactly. This is our planet, you know? Yeah, I don't I don't believe that. God gave us six years Oh, God gave us the earth gave mankind all these benefits to exploit. How about being a steward? Yeah. What is your obligation to your children? Well, if your grandchildren is many Native Americans or indigenous people say to the seventh generation we're looking at the seventh generation you'd find a hell of a lot more harmony. Yeah. On this planet you would find less threat to species a little bit more awareness you know that maybe a frog has a right to life for you know, Douglas when he was a Supreme Court was just raised the question in a book hypothetically your trees have standing Yeah, with the notion of no so reverence for it if you will respect the life of this tree Don't forget about its consciousness and how we communicate between the routers we're discovering and all that shirt wonderful stuff you know, we are all interconnected whether we like it or not, it's right we are all dependent upon each other And interesting enough I think the the majority of our environment is probably less dependent upon human beings for their own well being Oh, it'll do fine with that and I think it probably will do by rate I you know, through time.



1:08:42

We we are a blip on the life of the earth. Yeah.



1:08:48

A blip Blimey, you know, dinosaurs didn't do themselves in now. They had external All right. Well, maybe there's a new order our benefit long run how well it newer to the benefit of planet.

I have no clue. Well pretend to go there. But you know,

 1:09:03

there's a certain sanctity or sacredness about life. Yeah. Hey, I don't care what you do or do not believe in how is this thing? Not a miracle even if we're whether we are or not the only life in the universe right? Look how fabulous this is. I don't care if it was a grand creator or a lightning bolt in a puddle of ooze Yeah, who knows nitrogen and carbon. Either one or just as miraculous.

 1:09:32

is miraculous so you don't wake up you know? Well, the Santa snow you know will wake up to the yo ha miraculous Your breath is miraculous. I mean, absolutely. Back to my yoga pray. We take a breath. We take it for granted. Our guest yesterday. Our guest yesterday y'all

 1:09:51

talking about the diamond being that we are you know, there's no difference between carbon and diamond. They're this exact same thing. The only difference is trying to impress

 1:10:00

Sure, yeah, we are carbon. We are hailing carbon all the time. And every time we exhale it, we're putting our frequency out, you know, and Cindy and polluting

 1:10:11

I'm polluting your chakras with my frequency every time I exhale, cut that out, sorry, faster.

 1:10:20

But But in all sincerity, I think when it comes to things like remote viewing, like you're saying, awareness, personal awareness, and that's what I think more than anything that I have seen amongst the community of remote viewers is that there is an awareness

 1:10:37

that they have of

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their place within the machine of the universe. that I don't I don't think another pair of group I

... am a part of, or a member of or even sponsor a conference or at interest has has that route of like, wait a minute, there's, there's something bigger going on here. And I mean, MUFON something big too. Don't get me wrong. But there is a different grounded connection to the universality with this group. Interesting. I didn't with anyone else that I've found. I can't say I've given that much thought or have come to a conclusion on that or like, oh, yeah, I agree with you. I'm not disagreeing with you. Yeah, I just really haven't contemplated that. The vibration here is wonderful. It's huge. It's huge. It wears me down it like literally I am exhausted. Right now. Okay. It's I keep telling you, you know, you say come talk I'm going I'm tired. Yeah. And it's not like anything's draining. I don't like being in the presence of all the last year at the at the International Association for near death studies. I do. I've done shows in Colorado, I've done shows at higher altitudes than Salt Lake City, right. I spent two days in the bed like crazy migraine, nauseous energy. Energy of of all of those in the ease of all those people who have come back in Eben shifted who imagined man I talk about something that will tickle your belly all day. It was wild Ben and once again being being here. That mental energy that is just exchanging all over the place is is intense. It is intense. And you know, underlying this is like, Oh, when I first heard about remote viewing, you know, like, yeah, right. Okay. Hey, I remember when I first ordered the SRI videotape, ah, from from listening to it on Art Bell going, I don't know, man. Like I'd heard major names, things like that. And I was like, Yeah, okay, man, I loaded the videotape and see what it's about.



1:12:48

And even then, I was like, I don't know, man. I don't know. But the more I was probably 20 years old, when I found that and heard about it. Mom was 50. Now I'll be 49 last year.



1:13:00

The more I have delved into it.



1:13:03

The more my mind opens, oh, the more it is blown by the data that is there. The data is mind boggling. You know, the interesting thing is experientially and I don't know if you've had the opportunity at one of these. I went to Paul Smith's pre conference. Training. Yeah, good introduction. Yep. Friday. Yeah, Friday night, you know, Thursday night, actually, yes, Thursday. So you know, what the hell I'm here, I'll live a locally, you know, no skin off my I got to bring the books in anyhow. So I'll show up a little bit earlier, you know, I even sell book or to you know,





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so I take, I have participated in a number of these exercises over the years, not every one of them. I've never taken formal training, although that is something. Okay, like yoga nidra. I mean, to get around, get around pretty quickly here. It's, it's get late. I'm 76. But you know, but there's still time. But so last night, I engaged in this thing. And I actually stepped out just before


they're talking about how to focus on a target. So I missed the six or seven minute introduction that I walk in, there's a cardboard box and not a podium. And I'm supposed to see what's in the box. The box box?


 1:14:18
Well,


 1:14:19
it can't be an automobile because the box isn't big enough and listens to toy car. Okay, when did scale Yeah, there you go. You know, so I'm looking at this box, I got a piece of paper and I understand I've been to enough to use understand that, you know, I clear my mind and see what kinds of impressions I have. And I gotta watch out for left side of the brain because it wants to describe things and wants to jab away, right? You know, and so, for me, this was kind of fun. So you know, I'm sitting there I saw I draw a line with a right angle. Of course, I look in the box in O boxes a rectangle. There's a line going down.

 1:14:56
There like going over up.

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I got that one right there.

 1:15:00
Well, that's not in the box eyes are working by the box.

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I'm laughing to myself, like, Give me a break. Why am I even sitting here? So, and then next thing I know, right? The mind, Michael. Oh, let it come to you. Right? What the hell's gonna come to me? Come on, you know what am I going to project into the box is more like is my fear, okay? And of course in this you can't be afraid to fail it's okay. Yeah. Alright so next thing I say is I got this right angle I have no idea what the hell that's all about. I got like,

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gray.



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Do I see gray? Nope, I just kind of sense something that's great. All right, like downgrade suppression and immediately orange I'm gonna well that's got to be what they call overlay just you know getting the left side of the brain is gone well you know, let's go the opposite direction to get a little orange there. So I put down orange and I put a question mark behind it. It's an overlay. Alright, so I have no clue and I'm laughing to myself. Why are you even doing this? And then, okay, there's a spiral. Not a circle. I didn't see a circle. I see a spiral. Yeah, right. I like spiral. So spirals on the paper.



1:16:16

It's hard and it's soft. So then I've gone Oh, it's crinkled paper. I'm a book sales guy. Man. There are paper, crinkle paper and all these boxes. That's how they pack it. So I kind of know Yeah, what spiral bound book did I bring with? Right? That's in my head, right? Yeah, exactly. So I've got like, I know it's not crinkled paper, unless there happens to be some crinkle paper in the box. But you know, right. isn't gonna be that. And I come up like I say, gray, orange, black, soft and hard. Next thing I know, I'm drawing another spiral.



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Like I'm trying to another spiral. What the hell is going on? What's What's the spirals? Okay, one auto covered. And I think that's about as far as I got with it. The Times up.



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Opens up the box. It's a damn egg yolk separator. All if you look at the picture that they also show on the screen and look down at it. There's a right angle. Damn. All right. The thing is silver. Not great.



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Close, it's great. It's just not shiny silver. Again, I'm going to go in as an aside, but weird the orange come from cool. Other than the colors box. Oh, what's the color of it? When you break it open? You know, and I'm sitting here still thinking? What's hard? What's real, real solid? That is kind of like the separator parts kind of soft. It's flexible. I didn't even and then even the egg hard soft? Hmm. Now, whether or not that's good remote viewing or not? I don't know. I would say you definitely were in rain. They say they had some hits. Yeah. All right. But you know, I could have just as easily imagined it was a box full of Cracker Jacks. Or like I was saying spiral bound book. Right? I when I came up with orders, next thing I'm doing is thinking oh, because I have the circumference by Oh, it's a glass of orange juice. I don't know how you have a glass of orange juice in the box. But that's besides it. So at that point, my mind's wandering. But over the years when I've done these various exercises,



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the amount of correlation from all the millions or hundreds of 1000s of things that could be in a box, or in a remote location. Yep, that has been the target.

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How many of these things corresponded? I mean, you know,

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just what billions of objects I mean, you know, right. You can go on and on and on forever. I am amazed

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at how much of this translates is it seems to be alright, once kind of random Good luck. But without having any training, but just having done some of these exercises over 15 or 20 years. It's like, I don't save these things. Typically, maybe I should I be amazed at how close I've sometimes come.

1:18:57

I've never seen an egg beater in a box guide. I've never Oh, yeah, I know what that is. Never happened yet. But the types of things they come up with and you know, we're hitting, having letting go and spend time with him. And the remarkable things that he was able to demonstrate which beat all the odds consistently and all the other people Glen we know I mean, just names on and on and on and on. Things that people have seen remotely, or this pre cognition which tends to be I tend to dream of things same. Not every night, I build things that I see in my dream, you know,

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I have dreams, pre cognitive dreams, I know something and then get an affirmation of a

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day later a week later, and a month later, you know, including a one time I see a no contact with my family. I dreamt that my sister was pregnant, and she lost the baby. And then the dream changed. And it was my sister in law. I have not talked my family. See, I've had no male. I've no phone conversations. I get

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back to Los Angeles. I bet West Coast San Diego a



1:20:04

couple of days later I get over I think it was about a week I took some called my brother. Hey, I'm gonna come up and visit. Oh, dropping off their hump. Hey, gravity works.



1:20:16

I remember this one clearly. And I went up to visit him. I didn't say a thing about this, though. Yeah. A weird dream. Yes. And we're having dinner. And I don't know, my brother asked me a question.



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It was such a question that I say, you know, I have a dream.



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I looked at my sister I dropped you were pregnant and lost your child and then the dream change.



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Norma, you miscarried.



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Literally someone dropped a utensil on the table.



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They found out that week



1:20:51

that my sister was pregnant,



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and that my sister in law was pregnant. And my sister in law miscarry. Wow. I'm in the middle

of and Pacific Oceans. Yeah. You got no idea? Yeah. Right. I hadn't communicated the same buddy. Yeah, you weren't getting mail by chopper was about it? If Yeah, if there wasn't some kind of comment made? It didn't really kind of triggered that portion of the conversation.

 1:21:15

I wouldn't have ever brought this up. Wow. And I've told you I've had 1000s of streams? I have not. I've had maybe a dozen.

 1:21:23

But yeah, but and I'm not alone. I mean, people all over the planet. I have numerous seven bill I used to have friends all the time. People will tell you they have these streams. Where the hell is that coming from? Yeah, well, there isn't that kind of connection out there if this phenomena is not genuine or real. And you know, when you look at? I know I brought it up numerous times in this episode, folks, but I'll bring it up again. non-local reality. No, we just won the Nobel Peace Prize for Physics about quantum entanglement. The fact that particles despite distance can be entangled and influence each other. That is quite literally what this work was based on. She was how put off shapers to read and how put off paper about AI how scientists going home and thinking about their lab work was affecting their lab work right and affecting the experiments. That's what led to every bit of this and every bit of that has been quantified.

 1:22:21

It's mind numbing the entangled mind, man.

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On and on. Exactly. I've literally got to come and just max out a card at your library sometime soon.

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Will you buy me dinner if I buy it all you can, anytime you want. Just can't leave.

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California. That's it, buddy.

 1:22:41

Cool, man. It's always great seeing you always great having conversations with you for days on end. Oh, that was great meeting you last year. And the day before I came here. I was like, Man,

I really hope Mike's gonna be there. That's gonna be awesome if he is so I have thoroughly enjoyed our time together. Curiouser and curiouser. Absolutely let everybody know where they can go to find your bookstore like Vince Do you worry of okay, things like that. I don't really have a bookstore, bookstore per se. My websites are not well maintained. I trade under name of M reback M R e va.com. And that's kind of my like



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Jarrell my trade name. I maintain a site that's not very well maintained at the moment called cannabis sleeper stock calm I am I work a number of cannabis conferences across the country. shown a board a couple 501 C threes. But I work a variety conferences. I'll be up. I believe I'll be a candidate besides Eastern Rhode Island in September, cool. I will been invited back for I don't know how many years this has been this my longest running conference continuously Irvine. Turns out I will be at the Council of Great City Schools in San Diego, which is I think they may have expanded but for years, it was the 67 to 68th annual fall conference. So it's educators, administrators.



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People who leave school systems, school boards from the 50th I think they may have expanded might be more than 50 largest inner city school districts in United States. They always have interesting, interesting speakers. It could be anybody. So those are the three things around my immediate horizon, Canada that I booked I said yeah, I'm gonna gonna do these and COVID kind of changed the mix. For me. It changed the mix for a lot of us in the live event, a



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couple of things like what events what events for those who didn't work? So which events are left? And I think a lot of all again, I see was there a lot of coming back there's a lot coming back you feel like the human interaction dynamic. Yeah, there's a lot to be said about virtual events, you know, but yeah, there is sit down interacting with you, your fellow human beings. One of the things I akin a lot of these shows to Mike is comic cons. Yeah. Oh, I don't know if you've ever done



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To do a comic,



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but like if you're a comic book nerd there is a brotherhood there. Oh, yeah. There is a camaraderie. And there there are crews of nerds that I know that like they got their homies that they hook up with whenever they go to Dallas con whenever they go to Dragon Con, like their crews that get together. Yeah, it's the story swapping and sitting down and doing things. And that's what it is at Bigfoot con is the stories that people drop in the community that Sure, yeah,

and when you're here, when you're at MUFON you're a lot of the people are field investigators. So you're hearing a lot of scuttlebutt at tables about field investigator procedures and things like that. And here you're hearing about hits and targets and protocols it's you know, and each one has its own little world and its own little community and

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this would not be the same virtually it would not be I mean, I'm not saying that there aren't some great presentations out there this is being soldier or truly it could be Yeah, absolutely shared but there's but the communal aspect the example here with each other for each other and supporting each other in the task in the tasking and and in the community is beyond all else. And that's what I know and I am highly appreciative of the occasional hug I get here same genuine sans here in warm it was nice for me why second here? My second year coming in first year as a sponsor. How many people recognized me Yeah, yeah, granted I'm a six foot tall redhead that wears purple shirts there's a

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reason for that Yeah. Like my barber says like the salt and pepper in it nice. Right? But ya know I agree it's you know, human dynamic Come on. We are absolutely absolutely have an obligation towards each other ourselves our planet. Yeah, come on, let's you know, let's steward each other let's let's do each other. It's getting late for me. I wish I wish I really knew or had the power bequeath upon me to snap my fingers make it all good for everybody. That's not going to happen below kindness, little compassion, little empathy, love little empathy goes a long way down to it and but I must say, Amen. Thanks for coming on, man. Brother. Thanks so much. I hope I hope you know hope this was worth your time. One last time. Look in the camera. Let everybody knows where they can go to find your books. You know, hey, you can find me. I'm Michael Green. Try to find me. You can find

 1:27:34

me Michael at m. That's Mr. EVK. Michael at Emory. fact.com is as good as any if you'd like let's leave us le x I B. R is law books how I started Lex levers at Earthlink dotnet. Get to me that way too. Cool. All right. Well, fantastic. While you're online, checking out everything from Michael Green and amazing bookstores. And just if you think our knowledge vault is cool folks full of declassified government documents, things like that. Go check out whose bookstore some of the books there are phenomenal. Like you can get the entire printed out version of the Stargate archives, the Stargate archives with all the missing pages. Not redacted. Not redacted. Really?

 1:28:21

That's a disclaimer. I haven't seen it this stuff. I haven't seen any black in any of those pages. I can I can show you a redacted. You shouldn't make one and sell it for more. This is this is was this this was a pre print version. You got a Sharpie.



1:28:37

It's purple. All right, while you're online the purple redactions



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while you're online checking out everything from Michael folks make sure to stop on by curious rome.com That is where you can find all the episodes that's where you can like, subscribe, that's where you can leave a message if you worry experimenter of the paranormal. If you have had a cryptid encounter if you have had a UFO UAP encounter if you have been abducted if you're a government whistleblower, and have evidence we can take your images video, phone call whatever stop on by curious rome.com forward slash story fill out our form. We will leave it anonymous. We will bring it up on our show and present your case to our experts to try to get you some answers folks. Stay tuned through this commercial break. We'll be right back with our continuing coverage of day two of the 2023 sigh fest here in Charlottesville, Virginia from the International remote viewing Association and Monroe Institute. We'll be right back with you after this folks.



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Well, hello, everybody and welcome to our final piece of coverage from the second day of



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sigh fest 2023 here in Charlottesville, Virginia. We are here right now with Maureen Seeburg, author of the brand new book literally hot off the presses folks, fearfully and wonderfully made.



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How are you doing? I'm



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talking with you outside. Thank you. Tell us a little bit because you actually write about the senses. You're an investigative journalist and actively write about the senses that we have in our body. What? What is it that brought you to the world of remote viewing Maureen? I think remote viewing or remote sensing really, because remote viewers use all of their senses, don't they? I think it's the cutting edge of sensory science. So I want to know all about it. And I find it fascinating. Well, and as somebody who's written many, many articles in Psychology Today, things like that.



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Like you, you're out there in the scientific world, talking about the brain and how it senses things, how it relates things. How did you get into that field to begin with? Well, believe it or

things, how it relates things. How did you get into that field to begin with. Well, believe it or not, I was a crime reporter for the New York Times and The Daily News and other places first, and I am a sensory outlier. I am a poly synaesthete. I have many synesthesia as Oh, and I'm also one of three American women identify to have the fourth cone class for color perception in my eyes. Wow. I'm something called touch your hair. Oh, Matt. Yeah, like a parrot. I'm absolutely like a bird V. and I are well, I, I don't see exactly the same as birds. But I see a lot the way they do a huge amount, because their color range is slightly different than ours. It's kind of like the idea of an AV Technician. As I told you, a few years ago, Samsung put out on the market, the first TV with four color chips, amazing. Red, green, red, green, blue, and yellow. Yellow was the name it made a whole new millions of colors. Yes. Especially watching the nature programs, things that are outside because as a Tetra Chromat. I can tell you that it's exactly like AWS, indoor, most of the colors, manufactured goods, the wallpaper, this frame things under artificial light. That and also things made by people with three cone classes for people with three cone glasses. But nature doesn't follow those rules. Yeah, so I literally opened the door. And it's more oz. Like when I step outside. Wow. Yeah. Yeah. So we're looking at as a sensory outlier. I wanted to know about the realm and I thought maybe I can be of service in this way as well. In as an investigative reporter. Well, yeah. And look at this for other people, not just me. Sure, sure. And especially as an investigative reporter, who has written once again, many, many times about senses, the way the brain works, the way the brain perceives things. It really does give you a unique insight to the field of remote viewing. I hope so. So I'll be presenting on new sensory potentials, but it's a golden era in perceptual laboratories right now, because they're awash in funding for AI, robotics, and so forth. But every time scientists tried to measure human potential to create sentience, match or best our sentience and an artificial realms, they are finding we are orders of magnitude more powerful than they used to know. Yeah, so for the longest time, they thought we could smell 10,000 scents that's a lot I don't even know if I could name 10,000 said I'd recommend I'd say most people couldn't name 100 Well, do you know how much it actually is? Probably more in the order of 100,000 It's really wow.



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infinite that's and they have actually put we we beat some dogs and rodents and laboratory settings. The fact that we are not good spellers is a 19th century Victorian myth hmm. And they have now put human beings on scent trails like towns to see if they can follow them, they can. Wow. So we are super predators. We are the technology we are soft tissue high technology, no machine, no other animal can match us. So if you take the



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East new potentials, and you put it in front of a bunch of people who know how to remote sense. I'm hoping their applications for the field. Sure, sure, absolutely. And as hopefully as many applications in the field, as there are for the field of remote viewing in general, because the applications are far and wide. They're huge. It's phenomenal. I mean, I was one of the sponsors, one of the co sponsors of the event, is a company that uses remote viewing to help to city planning and, and help find future technologies to make cleaner electricity and things like that. That's amazing. That's a whole new world, what you're saying it's a world it is a thrilling world and it's so elegant. To just use your own body to solve something. It's cleaned. You know, you don't need a lot of add ons, bells and whistles. It's you. I'll give you an example from the traditional realm.



1:36:01

There's a woman named Joy Millman, Scotland. She's a retired nurse, who thought her husband started to smell different. Even when he was freshly showered, she was like, There's something wrong. Six years later, he developed Parkinson's disease. She started going TO to support meetings for other other families. They all smelled musky, like her husband. So she raised an alarm. And now with researchers from the University of Manchester, she has identified molecular biomarkers in the sebum on the skin usually in the bath. Yeah, the oil the oils that come Oilers. Yes, and they now have a swab test that can diagnose Parkinson's 10 years earlier watch, which is the closest thing to



1:36:59

news like this all day long. And this is my radar.



1:37:03

So not only that, wow. Not only that, she can smell COVID



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Do you want to know what COVID Smells like? Do people want to know?



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oranges or baths? No.



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No, it smells like the Wuhan lab now.



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It actually smells like



1:37:27

apple cider. And infection combined. Oh, she's so now she's working on swab tests for that. She can smell cancer and tuberculosis. Wow. And of course there it has been shown numerous times that there are dogs that consents can oh yes, answer, smell illnesses, things like that. And once again, we have always put that to the fact of a dog has a smell pallial palate a million

times more sensitive than ours. That's what we think not stronger, but more sensitive. Well, that's what we thought. So this started because a neuro anatomist in the 19th century named Paul Broca theorized incorrectly that humans have small olfactory bulbs, the nerve center where we smell things, in absolute terms in terms of comparison to the rest of our body or environment. That is just not true. But it caught on. expound on back in the day. Even Sigmund Freud so did

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bad. There you go. And so it was all part of the it was part of the Zeitgeist at the time. People were a little puritanical. They didn't want us to be like the rest of the animal kingdom we were something apart, right? We were just looking for we're just looking at the work of Charles Darwin and separating ourselves from the animal kingdom. Things fell context you just provided.

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But now we know better. We know better. And I'd like to say if you don't believe we're super predators, read the headlines. Well, that's where our eyes are.

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Our eyes. I mean, they're in

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forward facing eyes.

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To look for the predators while your ears face forward, is so we can zero in on a target. Yeah. And our ears are also our hearing is even more powerful than our eyes. Oh, I audio engineer I will attest to that. I will attend and more than your eyes and your nose. Your ears can be trained.

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Wow. Like I would believe that markedly so you can you can act. I mean, there are numerous CDs, things like that out there. For audio engineers like me where you literally learn to recognize a frequency. Oh, that's by Tony saying like, Oh yeah, that's 225 Bring that down in the EQ

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Being able to identify the frequency by by hearing it.

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That's how deeply you can be trained in with your ears. And it's remarkable. Our senses are tied to so many centers in our brain. So many centers are activated by our sensors, especially senses of smell, things like that. So let's go straight to memory. Exactly, exactly. And I tell people all the time, though, I've trained these and these for audio and video over the last 30 years, nothing strikes me faster than a smell. If I smell Zippo fluid, to mediate, see my grandfather immediately. Even when I'm when I first put oil in a pan and throw flour in it and start cooking a roux. I see my grandmother, like the smell of a cooking room immediately takes me to her kitchen, I am transported. And it's interesting to know that so much of our life is lived autonomically Morris, we we go through life in a state of hypnosis we do we our brain wants us to operate in that state. It wants us to autonomically operate, so it can be free to think and do higher

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order things even even stuff like remote viewing would be more apt for your brain to want to do them than for it to think about your breathing. Yeah, that makes good, doesn't it? Because that's one of those once, once you're out and they've slapped you, and you've got oxygen going through you your body just does it. Yeah. And you can try to think to stop it. Your body will make you restart it. So it will make you want to breathe. So yeah, it it wants to just put that on autopilot. Yeah, how frequently do we drive home from work or drive to a relative's house and just pass 18 exits on the road and go oh, wow, I'm almost there. Already hypnotized? Yeah. Only hypnotized by the road? Yeah. In a trance state. Yeah. You know, what else is interesting? Do you know how we always say, Oh, he's very sensitive, and we're referring to emotions? Well, it might just be very sensitive to you when your frequencies Exactly. And may not smell right to him. See that. But what's interesting is they found our senses, particularly, particularly our sense of smell, but all our senses are tied to emotion through the limbic brain.

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So here we are saying sensitive meaning emotion. But it's all of it. And it's actually Oh, it's actually considered verbal abuse to call someone too sensitive. Now, I know. I know, we can take it too far sometimes. But I agree with that one. That's a good one. I like this too many people get shut down who are very exquisitely sensitive people who should be encouraged? Absolutely. I'm an anxiety sufferer. When I when I work events as a corporate AV Technician, I compare myself to a horse with blinders doing his job, well in a cart on a cobblestone street.

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He, the people passing by, don't bother him, Whatever his focus is ahead on what he's doing. If I go to that same convention, with no focus, like, I'm going there to do interviews, something like that. It can become a state of anxiety, fire, I understand. You have so many moving parts.

And I've watched this booth that is watch this space, you have worked nonstop. So it's amazing what you do. And that's part of the reason why I work nonstop. Yeah, you get it done so well. Not just that it's the fact of it keeps me calm and engaged in the event and not

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Wow, there's a lot going on. There's a lot going on. There's so much going on.

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My tech suits me, puts me in a calming place to

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soothing me and doing such a good interview. I'm really grateful if you know we the same way that we go through life in very much a state of autonomic hypnosis, Maureen, we

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it's hard for us to accept positive feedback in the world. It's hard for us to not just receive it but hold it and keep it and consider it better than the negative feedback that we get. Which our brains are wired since we became the super predators to survive. Things like that, like negative reinforcement can be good for your brain that helps us learn fast you know, we learn real fast fire burns. Yes, fire. You learn that faster than you do. How to rub sticks together and keep warm and make food your body will remember

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Wow, that was painful. Yeah, a whole lot faster than it will something useful.

 1:45:05

And we're wired that way. So it's hard for us in the society that we live in with the mass amount of information coming, literally coming at us. Now it's no longer the fact of we had to hop on a bike and go across town and look through a card catalog or a microfiche, we no longer have to search out the information. It's put upon us now. And that can then stabilize us that can really affect a lot of very challenging. It's challenging in terms of, you can overstimulate the senses to exactly. So I recommend in the book, I've just written that people get out into nature, people meditate, people remove themselves from the cacophony, when they can, you've got to try to unplug, you've got to for a while, and I should probably try to redo it. For a while I practiced Black Sabbath. And that was the idea that whatever day you consider Sabbath folks, no tech,

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no tech, put the phone away, cut the TV off. That's a great idea. Turn off the radio, go read a book

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or yourself do something, do something. Do it just be with each other, to have a conversation play a game of chess, you know, we have forgotten this connectivity that we all have. And like you said, we are overstimulated. Yes, our senses are overwrought, overwrought in our modern society. And it's it makes it harder to connect. It can make it harder to connect, and it can make it harder to build that connection of empathy. With your common man. Yeah, you feel disconnected. Now, unfortunately, when it comes to senses, when it comes to our brains over stimulation, what can we do?

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Aside from just unplugging, what can we do on the daily to kind of help relieve our brains from some of this marine get outdoors? So the EPA did a study that showed North Americans and Europeans are spending 90% of their lives indoors. Which is it's it dulls the senses. Yeah, it's very bad for us. Yep. On the contrary, or, by contrast, scientists studied Malaysian hunter gatherers, to see how their senses work. They're able to identify more smells than us. Yep, more colors than us more everything. Yeah. And it just, I know, we are not all in the position to live that lifestyle, nor should we fight their superiority to us in that way. Should be a clarion call to get outside. That's something that we talk about on the show regularly. Morinda. And you don't even have to go back to ancient civilizations. Like I said a minute ago, I'm almost 50, you could go back to my grandfather in in rural Louisiana, back in the early 1900s, who maybe had a fat lamp when it began when it became night. It's night. And yeah, we had a different connection to the world around us. You know, our great grandparents didn't necessarily need a farmer's almanac to know by the world around them when to put seed in the ground. That's they they knew like, oh, wow, that's a third cold snap in a row. I better get busy putting the pieces down. Yeah, you know, we had a connection to that, that we do not have anymore. There are a few people out there that still have it, like you're saying.

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And then granted that is very much in the Western world. The we are overwrought in this way. And yeah, without that connection to what intrinsically makes us like not many people realize that when you're a baby that that soft spot on your head, goes straight to your pineal gland like that is that is that is that is light going straight to your pineal gland, directly to it. Great for healing, growing all kinds of things. Eventually that spot comes together. And yeah.

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When you start studying people, once again, who live inside, do things inside regularly. That's when you start seeing things like seasonal affective disorder.



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Where where you're deprived of daylight. Yeah, that's where you start seeing cases of longer depression, things like that. Because you're not active. You're not doing what, what our body has been programmed for millennia to do, Maureen. We have never been programmed for this ever.



1:50:00

Okay, ever, our biology was not programmed to just sit? Nope, it wasn't programmed for that it was programmed to interact to hunt, to gather to be interactive with the world around us. Like you said those those people in the woods have a sharper sense of hearing, they're able to identify things that are further distance. They're they're able to smell animals that they hunt, things like that and ask any hunter out there like, they'll tell you like, yeah, you can tell when the deer around and he's smelling like, I am an avid Herpa file. I love reptiles. There is a distinct smell of snake. Oh, yeah, there is a distinct smell of what the musk of certain snakes smell like. And if you're out and you smell that musk, you know, wow, yeah, there may be some garter snakes around or there may be a water moccasin.



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So, yeah, you know, you can, you can learn to identify that, that animals in the area just by the smell, and it's not like a skunk or something like that. It's not that pungent. It's very subtle, very, but it's there, it's there. And if you're trained to find it, and train, train to it, and in tune with it. It's remarkable what you can do. Now,



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when it comes to this research, especially when it comes to senses, things like that, like right now, I just posted an article today about they're looking at



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the provability. They're looking at all the data right now, but they may have very well found a fifth force of nature.



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In muons. And the way things move, where do you see the research in sensory?



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Go? Yeah.

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What's the future of the work of sensory science? This is cool. Coincidentally, or not very, very interesting tie in to what you just brought up. Now that they know we can see a single photon with our naked eyes. They're having people see if they can superposition and entanglement.

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And will they confirm long held theories? Or will they rewrite the book on physics? Yeah, ya know, precisely and once again, that I have been hammering home for months now. Don't forget everybody, we've, we now have proved quantum entanglement that that won the Nobel Prize, through peer reviewed study everything else. Particles can be influenced at a distance by another particle. Now, that's not that's correlation, to remote viewing to everything is not the causation. Right. But correlation, some pretty big correlation, it is pretty big correlation. And when you're talking about a lot of things,

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especially with our senses, that that's right there with quantum entanglement. It really well, many of the senses are on that scale. We know we hear things with a diameter smaller than an atom. Yeah. Yeah. And again, seeing single photons. Yeah, so that's how refined and that's why we named the book fearfully and wonderfully made, because

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it is just extraordinary what the human body is capable of, and what the human mind is capable of. It is it is an organic transducer, it's, it's amazing. It is.

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It's a big fat cells, radio receiver is what it is, we are like walking vacuum tubes.

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And when you consider that possibility, when you think about the fact that we can not only radiate information, but take in information by a distance, you know, we've we've all had that feeling when we walk into a room that something just kind of squirrels in our gut, we're like, wow, something just didn't sit right. Maybe listen to that next time. Yeah. You know, that's, that's a sense. That's still a sense of touch. You know, like,

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if you touch something sharp and it hurt you would you keep your hand there

If you touch something sharp, and if hurt you would you keep your hand there.

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And we've been taught, not only with science, but with academia too.

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It's not in this box.

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It isn't. Yeah, you know, and that, to me is dangerous science. It is to me it's dangerous. So remote sensors are observing it is observable science. So

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I hope the fields for example, to grab that observable science when it comes to remote sensing.

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as well, for example, how about Joe mcmoneagle? Knowing where Skylab would fall? And then it does. Yeah. Yeah.

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Absolute observable without without actively knowing its its declination trajectory and speed and everything else the I mean, and even then NASA gives a, an area, not a location.

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Here's this 10 mile swath.

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They say it'll be that ocean. Yeah, yeah. What was it the Indian Ocean? Yeah, absolutely. And, you know, maybe maybe within 100 miles of that island or something. Was it like Joe's prediction of it'll be right here. Yeah, you know, much closer than that. Yeah. Pretty, pretty phenomenal. Let everybody know Maureen where they can go to get your new books. Yeah, so it's available wherever books are sold well, and it just came out Tuesdays. I know it is so hot off as soon as Michael said that, I was like, well, that's the first book that needs to go in my stack then press



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coming through it. It's so remarkable. So awesome. Go by check this out. Folks. This will of course be added to the curious realm store curious realm.com forward slash store is where you can find all of the books from our guests. That's where you can find all of the tools that we talked about for paranormal research. Make sure to stop on by curious rome.com Everybody likes subscribe, follow all that good stuff. That wraps us for our second day of coverage here at sigh fest 2023 in Charlottesville, Virginia with the International remote viewing Association and Monroe Institute. We will be back tomorrow for our final bit of coverage. Stay tuned right after these messages for all of that folks.



1:57:02

Well, hello, everybody and welcome back from commercial and welcome to day three of Sai fest 2023. here in Charlottesville, Virginia, brought to you by the International remote viewing Association in Monroe Institute this year. Our guest in this segment is Pam Coronado. She is actually a psychic detective and you have a popular TV series as well. What is the name of the series syncing murder? Wow. Now, first off, let's let's start at the beginning. When did you find out that you had this ability? Was it an ability you came to naturally you're through training? Both Okay, started naturally.



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I was an adult. I had a family I had kids, husband, you know, dogs, the whole thing, normal lifestyle. And I started having dreams. So one night, I had a dream that I was in the backseat of a car. And there was a man driving a car and his girlfriend. And I recognize this man to be my husband. Only this was my husband. This is a man I've never seen Sure, sure. But in a dream. I knew this was my husband and I realized that they were about to kill me.



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And so



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I was driving in the backseat of this car knowing I'm in serious trouble. And look out the window and I see an angel and she's motioning for me to come. So like Peter Pan, I did.



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Take me and I looked back at the car, and I could see the car and I could see the road they were driving on. And



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I told no one.



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I told no one. Okay, so I thought I'm gonna think I've lost my mind. Yeah. So



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three days later, I'm looking in the newspaper. And all of a sudden, there's a picture of the man in my dream. And his wife is missing how? Wow. And I was able to help them find her body. That is incredible. Pam. That is what an amazing story story like that is that is literally when wheels hit the ground running. Yes. And I thought I was gonna do something else with mine. I had this ever happened to you before in your life. How old were you when this occurred? I was like 30 Wow. Yeah, no. Wow. Never had you ever done any dream work? Astral projection. I mean, I've always had active dreams my whole life. I've always had a lot of really vivid active dreams. Yeah. But you know, I never I came from a super super religious upbringing. And so we didn't talk about those things. Sure. So, it was all just shocking and upsetting and



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mesmerizing. That that this



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they turn out to be real, or something from having a dream to it turning into real Yes, yes, I say it on the show regularly I, I build things in my sleep. And if I have the parts like I build them when I'm awake, like yes, I see a piece of gear in a dream that I can build. Like I literally did it last week. That is very cool. So yes, very much the same thing. Now, how do you how do you process that information because of course, our dreams, typically, our dreams are very much our unprocessed reality from the day we go autonomically through so much, our brain just reacts karate style. And most of it it just shoves out of the way and that's what our dreams are, is the resolution of that kind of stuff mixed with filter of life, things like that wants desires.



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But how do you differentiate from a normal dream? It's a good question. To that kind of dream pan. I always say there's a aspect of it. That's real. Meaning you're not walking along the street all the sudden you're flying or you're swimming in a lake or you're it's a book with no word. Yeah, it's all of a sudden, there's a quality to it. That's realistic. If I wake up and go, Yeah, that could happen, then I know. This may actually be you know, more of a pre cognitive thing, okay.

And you keep a journal of these things as they happen and keep your eyes out. Do you have a good one here? So this is just kind of irrelevant to the conference. It's just silly. It's funny. So I had a dream about a week before the conference that



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they asked me to be in a conga line. And, and they wanted me to wear this goofy. This goofy tinfoil dress. Okay, so I wake up and go, oh, boy, what's gonna happen to the earth?



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My talk,



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broken leg. I'm not doing that.



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So sure enough, stay. Talent Show now they did the towel.



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And they all start saying line up behind Tom. And



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I didn't realize that I let David Silverman dress me. And he put this cape on me.



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had Ebola? That was gray color. Yeah, like foil. Wow. And also not like, we're doing a conga and I'm dressing over stuff. Wow. Wow. And yeah, like you said, it's, it's a different feeling. It's a different feeling for you. And how do you associate that? When you come out of the dream state? I usually just record it. I'm very, you know, adamant about journaling these things. And a lot of times they don't make sense in the moment. They seem nonsensical. I think that's why people discount their dreams.



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Yeah, but if you look at your dream journal, three months down the road, and you go, Oh, yeah. Oh, yeah. No, I used to have dreams about friends in college and tell them about things. And

they come back a couple of weeks later, like, Wow, man, that's weird.

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Now, to this day, even still, when I have a dream about somebody, like I text him like, Hey, man, You doing all right.

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I had a dream about your dad last night, man. Everything cool. Yeah. All right. Just making sure.

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Because yeah, I did dream work for many, many years. The idea of following my, my meditation guide,

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I studied under Alan Vaughn. So Alan Vaughn was my first mentor. Wow, because I somebody introduced him to me when I was having all of these streams and really being murdered a lot in my settings. And I say, Hey, you gotta help me. I was gonna say, how do you process that? Because one of the things we talk about with Lynn Buchanan is of course, getting into the world of psychic detective work and is that something you really want written the spare space in your head? Right, you know, are you ready to deal with the vet? visceral emotional connection with a victim that's about to happen to you? You know, and not every day, much like not every cop can be a murder detective. Not every cop can go see a body every day, man. Like even murder. Detectives go to therapist regularly. Yeah, you know, even they see things in their dreams because of their jobs. So

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how do you process that? How do you how do you actively?

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I guess people hear that from you. Yeah. I see that all the time and pick it. One thing that they don't realize is that I compartmentalize things. Okay, so when I'm working on a case, I am focused on a task I'm focused on describing a person or describing a location of a missing person or describing

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Have a car or a weapon, or I compartmentalize it a lot. So I'm not really spending so much time

in the, in the horrors of the victims mode, so to speak. And I tried now to not jump into the victims mode or the perpetrators mode. I want to just be

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a witness, like Lynn likes to say silent witness. That's right. I just like to watch for observer observer. Yeah, observe and take notes, and then only only the the event itself. It needs to know basis if they, if they know all that stuff. I don't have to relive it. Yeah, yeah, that's true. That's true. You don't have to go through all of the horrible things that somebody went through if they've already figured that out. Right. You know, and that's absolute truth. You know, you don't, you don't have to go dig in where you don't need to go dig in. Right. I don't want to carry that stuff around if I don't have to. And

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when and if it does leak through. How do you how do you clear that for me? Because like you said, when you're working on something you're compartmentalizing, but we all forget to till something in our garden, you know, or you till the weed right under the soil. You know what I mean? So, nature.

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The more time I spent in nature, the better okay. And a lot of people don't know this about me, but I actually coached basketball. Oh, wow. So spending time with normal kids who are not in trauma. They're just happy. Just happy kids haven't been doing kids. That's my thing. That just brings me right back. That is fantastic. Great to hear that nature. That is really awesome. And now,

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how did you come about? Because of course, you came to this when you were 30. How did you because the one person introduced you to your first mentor? Yeah. How many people have you studied with to get to the point where you are now? Oh my gosh. So I studied with Alan Vaughan, who was a really well known parish psychologist and Mercer. And then Debbie Jagers, who had a group called the USI squad. And she taught police. She taught active policemen how to use their own intuition. Awesome. And I trained with them as a group. And then I went on to study with Lynn Buchanan, Laurie Williams, Paul Smith, I think, wow, I've had so you've taken class. Pretty much everybody we've interviewed almost

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hours and hours and hours of classes. But that's fantastic, though to know that despite your natural psychic ability



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that you have come to a protocol. Yes. Like remote viewing now, when when you're viewing what, which modality of viewing Do you prefer to use? Depends on the depends on the project. Okay, if it's on what they need from me. If it's missing person's location, CRV, hands down. Okay, I'm going to do a full CRV session. Formal CRV session. Yeah. But if they're just wanting me to describe a perpetrator or something, I'll just do that in clairvoyant. Yeah. Okay. And



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I guess one of the questions I asked psychics mediums, even empaths How do you filter things in, in the world around you?



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Because I'm sure that's hard. I'm sure it can be very hard to not walk into a room and feel everybody.



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The bubble.



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The bubble. So have you ever imagined Glenda the Goodwitch? You know, she floats around in a pink bubble? Yeah, that's me. Okay. Yeah. Kind of disappear of white light concept. It's not that I'm rejecting people. I just don't want their energy. So yeah, it's like you'd be in yours. And I'll be in mind. Yeah. And I just have a little protective. All right. Yeah. All right. Interesting, because one of the things I like to do on the show is demystify things in there. There are a lot of misunderstandings and misconceptions when it comes to remote viewing and processes of remote viewing. And even the fact of your pre cognitive dreams are not necessarily remote viewing, right?



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You use the remote viewing to confirm your pre cognitive dreams. Yeah.



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They're kind of separate. Okay. Yeah. And now when you do have a pre cognitive dream,



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how do you what's your process? Do you do you contact like your buddy at the police department? Anything like that? You see it pop up in the news and it's in your journal? Right? How do you how do you move that process forward? Once something has linked up between local news or national news and what you've seen, so I'm a lot less likely to do that. Now that I'm more calm.

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hunches. Now there are more conscious working with my intuition and doing, I'm less likely to have too many dreams about, you know, world disasters and stuff. I still do. Oh, right before I started having dreams, right before Ukraine was invaded. So I started having dreams about being in a, I had one dream in particular. And I kept trying to tell everybody, and they were all looking at me like, like you had three eyes. Yeah. And I mean, like people here, but I was like, sometimes get ready to happened.

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Yeah, they said, What? And I said, Well, I had this dream that I was actually sitting in, in some sort of an army truck. And

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I was a passenger. And all of a sudden, I saw this explosion in front of us, and that dirt wave coming at us. And it was coming right at us. And there was no time for us to get out of the way. And it blew our vehicle backwards. But we stayed up, right? It didn't flip us over. And I knew I was a soldier in this dream.

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And then after it was over, we were all checking on each other. You okay, okay. And we were all okay. And so, I kept telling people, I'm like, I don't feel like I was here in the US, but I don't know where it was. But I'm telling you, there's gonna be something.

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And that was just just right before that invasion. Yeah, yeah. And I mean, we that is

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but what do you do with that? Yeah.

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You don't know where to how do you how do you process that? How do you go once again, compartmentalize something like that? Because they're a dreams can be very disturbing and they can stick with can be very real. They can be very real, very, very real.



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to the, to the point of like, physicality can happen from from dreams. So have you ever had any situation like that from a dream



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where something has maybe come through or you were wounded in a dream and woke up with a dream, but I've had it happens in I had it happened when I was filming syncing murder. So we were filming syncing murder, and it happened, where



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they sat me down at the table, and they done all my hair and makeup. Unlike today.



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I'm putting it out in there. My raw form.



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And my nose started bleeding. And not my nose, nose, but the top of my nose. Wow, they couldn't get it to stop. And it was actually holding up production. And my nose is just bleeding. And once I go, Wait a minute, because all the cases totally blind. And I said, Just tell me if the victim was hit in the face. And they said, Yes, she was bashed in the face. And I said, Okay. And then I was able to let it go. Yes, stopped. But that was a real hands down.



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I was like, okay, that's some film. Or was that all pre production?



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Oh, yeah. And that is that is. That is remarkable. That was? Because I've heard cases of that. I've heard I've heard cases of people coming back with bruises from dreams because they were in a fight, things like that. And sure, there's 101 ways i Hey, maybe you were sleepwalking and you bumped into something who knows? But not in that case? You You are surrounded by a pretend Yeah. And the production crew was not like you're talking to good 1520 people walking

around on a proper say, you know, yeah, and they were like, What is going on? You know? Yeah. What does it been like for you? Because I've talked to a few people who've had, yeah, we've got our friend.

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I've talked to a few people who've had the reality TV shows and the paranormal world, things like that. What is it like for you to translate this to that world?

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What's it like for you to translate your skills, your abilities to the television production? Because sometimes something many of the paranormal investigators I know that had shows that don't anymore, like, Oh, God, I think every day that I don't do that show anymore, because it was hard because they unfortunately yeah, there's a there's some like zazz that has to be put in there. They're not going to show the fact that out of a 14 hour investigation. There was nothing found. Yep.

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Right, but they aren't going to happen. Nothing found episode on Discovery.

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It's gonna be the verbs highlight show, it's still happened. Sure, sure thing I did was live. Okay, so I would walk in. That's awesome the case, that's awesome. I meet the detective on camera, we'd sit down and go through their case. And that was all live. That's great. So, way to go very stressful, stressful to have them go Lights, Camera Action, really

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go somewhere else.

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But I learned how to do that under pressure. I really want to Wow, just pull in. And in fact, I have a funny story about that talk about discipline. They sat me in front of the cameras in one particular case, and

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they hand me some keys to do psychometry on and I'm getting the thing, right, my biggest fear, sit there and go off there cold. But

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I don't know. So I said, you know, what, can I just go out in the hallway and take a little walk for second. So I excused myself, I go out in the hallway in the hotel. I'm walking, pacing back and forth. And I'm giving myself a pep talk. You do this all the time, knock it out, sit down and do this.

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Just stop it just sit down and do your job. And I'm really giving myself a talk to you too. I go back in there, grab those keys, and I go, right. Well, the detective decides it was such a drastic change in me. He decides that I must have talked to somebody out in the hallway. And I'm like, I did talk to somebody on the hallway. Yeah, but they actually checked the footage from the cameras to see if I came out there to get information from somebody else about the keys. Wow. No, it was all so getting myself together. Yeah, well, wow, what an incredible story and

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where can everybody watch the show?

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It's still available.

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I sometimes it's on Netflix. And sometimes it's on Amazon Prime it kind of jumps back and forth that people get confused because it's there's a there's a New Zealand version. So there we go. I watched the whole thing I ever saw you and I'm like I'm in all the episodes. You can't miss me. So I think we did 11 episodes so not gonna miss me. But I'm sure you're watching the USA. That is remarkable. And how do people get in touch with you if they have a missing person in their family or something that they need help with? So I only work with families? Do you know that it immediate family members? Not like some distant cousin or Yeah, an immediate family member or law enforcement? My website Pam coronado.com. They can easily see how to how to connect with me. They're all right on a case. Fantastic. Fantastic. Thank you so much for taking the time today. I know it just kind of like grabbed you while you're grabbing coffee.

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You're doing nothing.

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You're trying to get some coffee. Or you're trying to relax. Couldn't be on camera.

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Seriously, thank you for taking the time. Your presentation yesterday was fabulous. Oh, thank you and your work is absolutely amazing. Thank you totally amazing. One more time. Look at the camera. Give them your website. I Pam Coronado WWW dot PMC Oro in a radio.com Awesome well Pam, thank you so much. Once again, while you're online checking out everything from Pam Coronado everybody makes sure to stop on by curious Rome. Curious room.com is where you can find all the shows. That's where you can find our knowledge vault full of declassified government documents. That is where you can fill out our experience or form if you're an experiencer of the paranormal if you have remote viewed something that is World shaking, world changing, get in touch with us curator surround.com forward slash stories send us your case we will present it to our professionals and try to get you some answers. Stay tuned through this commercial break for continuing coverage of the last day of Sai fest 2023 here in Charlottesville, Virginia with the International remote viewing Association and Monroe Institute. We'll be right back after this.

 2:19:46

Well hello, everybody and welcome back to our continuing coverage of the final day of Sai fest 2023 here in Charlottesville, Virginia. We are joined by Joshua, Josh, Joshua Lewis, we had you on

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On for finding hope. Yeah. You're.

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It's great to see you here. Number one, I thought it was really interesting to see paranormal work coming coming into this coming into it coming into the world of remote viewing. Well, I mean, we were just talking with Pam Coronado, about the concept of pre cognitive dreaming, things like that, and how it's different from remote viewing. Yeah.

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But that led her to the world of remote viewing. Interesting, you know? Yeah. And even the conversation you were just having a second ago as I pulled you over here,

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regarding working on a remote viewing case, and asking your spirit guides to Yeah, help you

with that. Yep.



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How have you had number one? How have things been going with hope paranormal? Good. I mean, I'm just, you know, just trying to improve the,



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the programs I'm working on that we're using the hope spirit box app and the HSP Pro and trying to get that go. And it was really great yesterday, being able to share the work that I've been doing with a group that I'm not, you know, may not be at first kind of open to what I'm showing all the way, but



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people received it pretty well. I felt, I would think so as well. I mean, especially when there's a demonstration about influencing a random number generator last night, so I can't see how they wouldn't be able to possibly influence your materials, your fluency, your systems, things like that, which I'm sure is one of the great curiosities you. Yeah. About the marriage of your technology? Absolutely. Doing Yep. I mean, I love remote viewing. I've done some with Deborah before. And I've been very successful with the targets that I was viewing. I've done some astral projection. I've done some telekinesis, some PK work. So all of that stuff was because of kind of working with Deborah, and testing all these different areas and seeing Yeah, what I could do what I could affect? Absolutely, absolutely. Because



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one of the things we discuss regularly is the concept of not, not just paranormal, ghosts, spirits, things like that not not exist.



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But is it the fact of when you bring a group of people into a location like you did last night, is their preconceived notion of that manifesting?



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What's there? You know, yeah, I mean, that's interesting. You know, last night, we did we did an investigation, kind of a loose investigation. It really wasn't like an actual paranormal investigation. It's more of like, we're going to do sessions. Yeah. And trying to, you know,



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the paranormal investigation, sometimes it's a lot of sit and wait and do nothing and wait for something to happen. No, no, that's just it. Like, you could be there. 1214 hours, three days in a row waiting for something to get EVP nothing, right.

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I'm going in with the intent of, we want to communicate, yeah, coming with love and respect. We're not trying to kick you out. We're not trying to figure everything out. We just know some of you may want to have a voice or want to, you know, and so I go in there. And you know, we just a few hours, we have 30 people or whatever it was, I did some initial sessions. And we got some instant direct communication. I mean, it was a woman. She was polite. She was answering us. And then after, you know, I'd say 10 minutes, I said, Is there anything else that you want to say? And through the app? She said, No, thank you very much, very kind, you know, and we kind of felt okay to now move about to the other areas of the house. And people started breaking off into pods, you know, of five or four for and they started using my app, and they'd come running back out in the hallway. They just said this, they just said that we got this, you know, so everyone started getting their own communication with a spirit or two, somewhere in the house, because there was more than one. I mean, there was plenty of spirit. I mean, they're all around us all the time. Right. They're all around us all the time to think otherwise a silly Yeah, you know, it's like saying now that adamant in there. Right, right. Right. Right, like, so, when you're using the app specifically.

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How do you go about setting that up and getting it prepped to start a session is great, great, great question. So again, the app has no words in it, period. There's no words in the app. So all the sounds that are built in the sound sources are just gibberish sounds that that sound like human or human sounds, but no words. So what you know, again, the only way this really works is by tapping into our own intuitive ability. And so some say I'm not psychic. I don't I don't know what I have. You do. You all have that? Yeah, everyone has it. Whether you've discovered it or not, whether it's super strong, they're just big transducer. That's a really big radio signal right into the heart.

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In the brain, our there's a receiving antenna and receiving situation going on there. So, initially, we have to just make some kind of initial connection or attempt to connect in a way of just saying, you know, I have to close my eyes, I have to look into my mind's eye and the space around me and see if I'm feeling anyone coming in. Is it males and females that older Is there something going on, gotta at least make an a little attempt. And then you can put on you can choose one of the sound banks I have, that's a man and woman voice mixture, because you don't know who you're getting maybe Sure. Or you may say, Hey, I feel a woman. And if you feel a woman, then you want to choose a woman sound bank, okay, and then put that on and say, Hey, I'm feeling a woman, I feel maybe an initial of an E or whatever, you know, and then you open it up and you try it and you give a couple of responses. A lot of times, you're not going to hear everything in real time. So you really kind of have to go off some of your ability,

maybe what you hear, but know that you're really there collecting data, and you're gonna go home later on and check it out. And that's where a lot of the gold is found. Yeah, you know? Yeah. And what is the process of analyzing that data once you get it back home from the app? Yeah, I mean, it's really just making sure you're in a quiet space. Normally, I don't like to review the footage or any of it that day or night of so I'd like to get to the next day and removed from me kind of feeling that I felt there. Yeah. So there's a little bit of a fresh ears fresh, good mind. Good. And it's gonna take a couple days. Yeah. Because you're gonna listen to some stuff. Think you hear something think you see something or whatever it is. Yep, you need to leave it alone again for another day or so and go back to it. Yeah. And that's how I do it. And then I just, you know, that's how I go about it. Because I feel I'm a lot more thorough and objective viewing. That's right. Well, I mean, I used to tell bands, I recorded the same thing whenever I'd hand them to CD or DVD like don't go home and watch this.



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Yeah, you will destroy yourself tonight. Yeah, sure. destroy yourself. Don't do same prowess tomorrow, like get together at rehearsal. Wednesday be from Washington. Yeah. Well, I like that totally fresh. And it's the same thing. Because if you even the next day, even two days later, like you may still be jazzed about something that you experienced there something like that. And it will color your resume. I agree. It will color your degree. And that's that's always an issue that I've had watching any paranormal show with people things like that, where they're reviewing footage. Oh, remind that? No, no. Yeah. No. I'm sorry, folks. That's done for the show. For Werner Yeah. And everything else. Yeah. It's like urgency and stuff. It's not it's not needed. When you're doing this. You really want to take your time? Well, and like you said, objectifies it you want to you want to be as far removed from it as possible. Right? You know, do you ever go through and swap that data with somebody else to? Yeah, yeah. Looking here review? Well, I mean, even without looking at yours, or to somebody else? For now, I gotta be honest, I don't do that. Okay. There's very few that I'm going to be I'm going to be honest, there's very few that I could trust where I respect or value their opinion. Okay. In evidence review. All right. I think there's a lot of people out there, I'm gonna be honest, I think there's a lot of people out there and I don't knock them. I'm not condemning anyone. I think there's a lot of people interested in doing this kind of thing. Yes, and starting to do it. But I listen and ongoing, if you're not slowing down, if you're not at least trying to isolate these things, if you're not trying to display it in a way that it's, it's, it's hell, it's a little bit more helpful for us to understand it. A lot of people aren't gonna understand what they're watching. So I mean, maybe there is some value in just releasing the raw footage. And I think that that's cool, too. I'm actually I'm not knocking now. No, absolutely not. But



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I think it kind of does ITC and injustice, too. If you're not.



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If someone goes onto my channel, and they watch any of my sessions, they should get a really nice picture and understanding in a 10 or 15 minute video of what I just did in that session. You know what I mean? Yeah, and there isn't going to be long swaths of nothing. I do cut out a lot of

dead air. So that you don't have a 45 minute video. Yeah, nothing going on. Sure. You know, it's, you know, not to entertain you, but just to least let you get to what's important in the in this session?

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Because, I mean, you've got to get to the point of processing at some point. Yeah, you've got to move that along. I believe that yeah, I see that absolutely. For the videos that you're making. Yeah. Isn't you're making them Yeah.

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Yeah.

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I've always found

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the techniques that


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Some people use in the field a little a little spurious. And like you said, it's hard to trust a lot of people like, yeah, I lost a lot. I mean, there's a lot less people that, you know, I follow now than I used to. Yeah, cuz it's just I've kind of seen it and I, and I kind of hate that, you know, disillusionment on your on, you know, I gotta tell you, it's felt it's it's, it's caused me to feel a little uninspired at times, or just a little disheartened. Yeah, I mean, you know, it's like, it's kind of like the infighting within the community really is like that. We're like, kind of talking about that. Yes, we are a little bit you're helping none of this community or the research it's trying to do by doing this. I agree on I agree. Like, like, the crazy people that were emailing the NASA panel. Yeah, before it happened. Like, yeah, that's gonna help that'll help that'll help get the scientists aboard. Right. I mean, that's, that's gonna.


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It's hard, man. I gotta tell you, I love this work. And it's so rewarding. And it's beautiful. But when I keep away from people sometimes, and I just kind of stay to what I'm doing, and I or I get to come around some good people that I trust that I feel re-inspired re-energize, then it's great. But when I you know, I just, it's, you know, dealing with certain aspects of this can be really crappy sometimes, I guess. And it's the human aspect is not the Spirit side. No, no. Yeah. It's not the spirits that are the, they're the hills. Yeah.


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I agree.


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And with that in mind, how often is it that

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you maybe find a malignant spirit or anything like that? Yeah, that's a good question. You know,

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in the beginning, I used to find more, okay, I used to get more used to come in contact, I believe with more as time progressed, and I made my intention clear, and I set my intention in a in a clear way.

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I just don't get the rifferaff much, all right. If I do get someone or I get something negative, it's more on a human spirit level where it's more like their personality, and they're not dealing with something well, on the other side. And they may be sometimes critical of how I'm running the session. They may say, you know, you're not hearing me you're not listening, or I'm, you know, this is difficult or something. It's not what I meant. Yeah. It's not even like, I don't get that demonic negativity.

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I just don't get that anymore. Well, like you said, that definitely has to do with your intention. Yeah, I believe that intention and how you move forward with that?

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Is it also I guess, a focusing of skill over the years? I would say possibly, Chris? Yeah, I would say, you know, that's a possible situation. I think that the more that. Yeah, the more I've done it, I think that it's definitely helped me focus and stay more on a narrower, a more narrow road, I guess, bandwidth, you know, yeah. And I'm not hearing off. And so now there's not, you know, more room for error, I guess, rifle instead of shotgun? Yeah, I think so. And then I feel very strongly in my protection in my connection with my higher power, which plays a big role in that

it does, it does. I mean, whether whether you're following a Buddhist correct Zen pattern, matter, it's about your grounding in your grounding in yourself. It's 100%. And now, when it comes to that,

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how does the presence of other people play into a session for you? That's interesting. You know, I'm gonna give you an example. I do a lot of sessions for people that are looking for their loved ones. There is private sessions through zoom. They're there the you know, I give them a meditation for them to do we get on the Zoom, we asked for the loved one. It is so rare. It is so rare that someone doesn't come through.

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And then I did this session a few months ago for a woman who her husband died of cancer. And I mean, this is like two out of 500 this has happened like in a really weird way. And she, I can immediately tell she was very grief stricken, which is understandable. But she was really needy.

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Like, she really want like she was like, Where is he and why is he not I don't feel him around. He needs to be here with us and helping our family and all this and I was thinking internally as I was like, oh, that's rough. That's rough to be calling on your loved one and acting like he needs to still be at home. Kind of providing like a living almost like this man, sir. You know died of cancer. Yeah. And he should be able to kind of that's a sad sense of abandonment. It is really is it really and she was just a little bit

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Like, did that affect the reading? It did. And so he came through and he was the lady. I want to talk to you lay it down. Yeah. He didn't want to talk to me. Number one, he really wasn't in the mood to talk to me. One, two. He said, There's nothing but death around her, like the feeling of death around her. And he goes, I want to travel the cosmos. I can't be there right now.

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And she did not accept that message. Wow. She was pissed, man. So she, this is bullcrap. Why would you know and I and this is a weird story to tell. But I mean, I'm just being blunt, honest. Like, that is like a two out of 500. Such I mean, it's only happened one other time where they got the person didn't want to talk. Yeah, but man and she, this isn't my husband. I go. Okay. You know, I don't know. Maybe it's not. Yeah. But the answers were pretty. They weren't like, I don't know you. I don't know who this is or anything. It was like it was like I you know, I love you and I do stop in but I this is too much. Yeah, yeah, it was too much for me pick too thick. You know? And, you know, I can understand that too. Well, we have a tendency as people period. There's a whole Jerry Maguire concept of You complete me. The heaviest thing in the

world. Somebody do it. That means that you are not a complete individual summoned to the table. Well said. Well, no, it's true. It is a heavy burden to place on somebody very codependent. Even in still on someone who's in the afterlife. That's too much. Yeah, that's thick man. That is very let them and let them man explore the cosmos. man died of cancer. Yeah, he's got to still live at home and gone through more trauma before his parting. Yeah, no, no. And do you find a difference with spirits that



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do die in that way that die?



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Through through a means of suffering or anything like that? Do you find it? No. And yeah, no, no, no. I mean, if someone dies in a real traumatic way.



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Drug overdose, maybe murder, of sudden car accident, when they were on the way to something important or whatever. You know, those unexpected deaths are really tough on the person in the afterlife at first. Because they're trying to accept what just happened. Maybe they're looking at how their family is dealing with the sudden loss and that's causing them pain. Absolutely. So there's all of that. Yeah. When you got someone that passes in their older age, to put spin on the bed that's been visited by the family. White Light. Yeah, family. There's a lot of acceptance going on. And there's a lot of peace. That's beautiful. Yeah, that's beautiful. Yeah. Great to hear. Yeah, really, that's really amazing. Your eyes. It it's it's hard to quantify these things. Yeah, we're, we're left behind and they're left somewhere else. Right. Oh, right. But they but but the evidence now it's no longer just through readings that I'm gathering the information it's not just through a feeling it is a very much it's a it's it's evidence now I have compiled enough data to say



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this person these type of people that die like this are doing better these type of people still have some growth and some time before there any level of acceptance. Yeah. And just before we got over here, hit record, you were having a conversation that I sidled up Yeah, and you were talking about spirit guides and even spirit guides in the in the world of remote viewing work and the idea of like, if you have a spirit guide Hey, ask them for your help in a session. Absolutely. You know, absolutely. How does one I guess identify their spirit guide Hey, does everybody have a spirit guide btw How do you identify it? I believe if you're doing nothing with your life and I say that meaning like if you're staying at home and watching TV all the time and just barely you know you're working and going home and not trying to do anything not meditating not praying. You do have someone but I don't think they're going to be always around you because you're kind of in an active state flexing it right once you start getting some hunger to you know, go after some more spiritual stuff and start seeking you will be sent or that guide will come into the picture more if you start working on a certain project you could

say hey, I'm working on a project can I can my higher you know God, can you send me a guide that can help me you know, you really got to have a connection with a higher power regardless of whether you said Buddha Jesus Allah Krishna, I don't care here if it's the tree next door if it's the tree next door, I don't care but have some kind of grounding and connection conscious connection to that higher power. Ask for angelic or spirit guide help, you will get it and and you don't always have to identify who it is. If you have a faith that you're building on

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that faith that keep building on it and keep going keep trusting that you will be given the help. That's what my experience has shown me. Okay, and how do you, I guess identified the presence of your spirit guide further for those who are uninitiated don't know that like Johnny just popped in. I mean really just a couple moments of closing your eyes and focusing bringing yourself to, you know, the space within, you know, behind your forehead kind of like a little, you know, I've always had this, especially after working with Deborah Lin cats PhD, you know, I've always had this little space that I can go to within within my head, it's like a little Batcave, ya know, and place that you have constructed? Yeah, work? Yes. And so I may check in with that and see if there's a guy there. Sometimes I don't see a definitive, I don't see specific features or anything. So I just get the sense that they're there. Well, what if it's not them? And what if it's an imposter? I don't go down. I don't get that. I don't feel that. And I don't you know, I have a belief in my connection and in the light that I feel. Yeah. And that's it. And sometimes, I don't know what the heck, it's all there. But I just I proceed forward with faith. Well, and even keeping that thought in your mind. You're, you're very well, once again, manifesting that? Yeah, yeah, no, I think so. Just by just by putting that out there. Yeah. Much like going going into a paranormal investigation full of fear, or something? Correct? Correct. Correct. If you go, you know, someone said last night, they were, they were afraid. Right in the beginning of the of the thing, feel free to hop on out. And I you know, and I said, I said, don't go into it with that. You got to take a step back for a minute. If you're gonna have fear, it's normal. But you got to let it go. You gotta you know, because it really is.

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The attraction for negativity. Yeah, ya know, precisely and an anchor for it and an anchor for you at that point. Yep. As people as this stuff becomes more and more popular, more and more mainstream. What do you think people can do to kind of separate the wheat from the chaff, so to speak, Joshua, what can they do to find proper investigators like you who are using proper method who are journaling things? Keeping spreadsheets of results? That kind of stuff? Yeah. I mean, there's plenty of groups out there that are doing that. I'm not going to tell no, you know, I do see a lot of other people that are really analytical with their data and what they are really so yeah, I you know, if you would have come to last night to the investigation, or if someone was there, I state upfront, this is less of a paranormal investigation and more of

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you know, like a session exercise, you know, and yeah, and it's really just, it's like

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so, there's plenty people out there, I gotta tell you that use your discernment intuition kind of watch in what resonates with you if you see you know, I mean, that's really the best way is to watch something you know, if someone says

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oh, you're fake or or, you know, what are you doing or whatever and I say listen, check out my stuff, and watch a couple of videos and you'll know yes by watching and if you don't like what you're seeing or what you if you don't feel like it's real that you know then don't watch anymore or whatever but that's rare that someone watches my stuff or you know, in the videos and says oh, this is crap. I mean, in a way that they don't even they can see that I just wear my heart on my sleeve and I really just put it out there and it's for you to

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you know make up at what yeah makeup Exactly. And you you do wear your heart on your sleeve this is this is much more investigation for you. This is a mission I feel it is yep and that is great to see especially with the creation of the hope paranormal app, things like that Joshua let everybody know where they can go to yeah, get their copy of finding hope Finding Hope in the afterlife is on my channel hope paranormal.com The Hope spirit box app is free on iOS and Android download it and check out the tutorial video. The HSP Pro is available on the website Whoa paranormal.com But events the book the app

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I'm going to keep working with some Institute's and trying to keep doing some of these conferences and

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you know sharing that work yesterday we shared that work and it was it was really great was very well

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received thought so so and the one thing I say regularly about this field specifically a paranormal work remote viewing it

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it has been quantified quantify quantify and these people know what data is correct. There are more letters behind people's names that any field it's true any other pair I said it I was like I don't have any letters behind my name but there are plenty people in the room that do here

and and I work with one that has and it's just going to keep doing it.



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and keep showing people and hoping that those people keep taking notice because you know, they're the ones that can maybe help push this forward in the right way. It's amazing work. You're doing great. Thank you for doing it. My man. Always a pleasure and I really enjoyed our conversation yesterday. Absolutely. Yeah, absolutely. Thank you. Let's have one over lunch for sure. Well, while you're online, checking out everything from Hope paranormal, and Joshua Lewis, folks, make sure to stop on by curious round curious round.com is where you can go to catch all the episodes like subscribe, curious rome.com forward slash store is where you can go to buy notches, Joshua book, Joshua's book, but the books from all of our guests Oh, yeah, all of the tools that we recommend things like that, I'll have to make sure to put a link up to hope paranormal there as well. Thanks. So stay tuned through these commercial breaks, folks, we're gonna go eat lunch. We're gonna come back with a couple more guests as we wrap our coverage for the final day of sight fest 2023 here in Charlottesville, Virginia with the International remote viewing Association, and the Monroe Institute. We'll be right back after this commercial break.



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Well, hello, everybody and welcome back to our final bit of coverage from the last day of Sai fest 2023 here in Charlottesville, Virginia. Coming to you from the International remote viewing Association in Monroe Institute. Everybody here is getting ready to actively go to the Monroe Institute. So we are doing our final interview we have sorry, last year Bob Behringer was just let's say I lost your last name Bob. It's just Bob. Hey Bob. He's here with vibra vision they are set up at the booth next door and they've been showing an amazing video



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demonstrating SCI powers and it's it's pretty incredible. I guess probably about three years ago now the show superhuman the movie superhuman with Caroline quarry came out and she she premiered a lot of this stuff. And the idea that like yeah, people were like playing kickball with with blindfolds on. Yes. Things like that. So let's get into a little bit of what Viper vision is and what it does. Fantastic. So I'm here with Liz Elliot, and she's a representative for Viper vision at this show, and and she's representing the instructor Moss, Mike, and also his partner Marine, okay, and they have brought over an Indonesian martial art that was held exclusively for the royal family. And so this is stuff that dates back to primordial time. So you're looking at ancient Sanskrit, you're looking at, you know, the pranayama side of it, you're looking here, what were the Egyptians doing? What were a lot of these other kind of, you know, si fu masters, if you will, so, so dating back from then. And they've incorporated multiple different staff modalities. So you're looking at essentially a type of applied remote viewing in action. Okay. And so there are multiple different modalities to be able to apply remote viewing Sure. One of those starts with ICU Academy over in Essex, England, and they specifically work with pre pubescent children. And they use the pinhole technique, which is basically like a straw and you open up from that pin all the way into being able to see through essentially your third eye, okay? They don't guarantee success with



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young adults or real adults, right? It's hard to guarantee success in that right. So not really think no, so So actually, there's a science to all of this. All right. And there's repeatable practices that allow for us to be able to embody, yeah, really this intention, a tension and expectation that you'll learn if you do go to Monroe. Yes, I spent three years on the board of directors at the Monroe Institute, okay. And I trained with Joe mcmoneagle, for the remote viewing one, and then also his first in the class for remote viewing too. All right. And the big reveal without the spoiler alert, is how does the CIA do remote viewing? And it was really simple and tension, a tension expectation. And then for me, the epiphany was, well, you know what? That stacked placebos? That's the recipe for faith. So recording your face, so be it. Yeah. So if we get our prefrontal cortex, you go hypofrontality, then all of a sudden, you're listening to your tummy, and your tummy will give you the Gestalt. Yeah. Right. So this is a repeatable practice. Absolutely. So the more that we sew back up our corpus callosum, then we develop new levels of physiological capability, new capacity. Now what you do with that depends on your intention, a tension and expectation, right? How often do you hold space for this? Now what's really cool with Viber vision, right, and specifically, what Liz and what she's doing, is that you're now able to go through and say, how do we apply some of these other techniques, kind of like Wim Hof. Right, sure. So Wim Hof and six, seven cent, they got multiple world records, and they're doing this cool stuff like pranayama Yeah, breathing technique. There you go. So



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Increasing vital lung capacity. Right? So what are these guys doing? If I revision right Moss, Mike Mastani, the brothers that brought this stuff over from Indonesia, and one of the guys, by the way, died on the volcano, oh, so had his N D and then chose looking over his body to come back into his body. And then bring forward this kind of psychic phenomena, plus all of the practices that let us build up repeatable solutions. So what's cool is that ICU Academy, they're like, Hey, let's do the easy stuff with the kids and upon request small previews for adults, but we're, they're not gonna guarantee it. When you train with fiber vision, you're basically saying, Hey, let's go to remote viewing three. Right? So So what would you do if you could say, instead of listening to a gestalt or writing a picture, what would it be like if you could go through and supercharge your body with hyper oxygenation and hypoxia? Essentially, Wim Hof technique stuff, right? Okay, and then apply that in physical movement.



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And so now all of a sudden, you're like, Okay, well, now I can supercharge my body, and you can essentially push your chair your prana, your lifeforce, right, or even the physics of your morphogenic field. And then you push that out, you get sonar bounce back. And then you're able to go through and say, Now, how do I interpret what it is that I just experienced in my field? And so then that's really cool stuff on the vibe revision side. So vibration out and envision of how you come back. So that's kind of the Americanized term that they began to popularize. But this is all based on the mayor Merpati pootie. The white dove is the is the translation of how do you create peace? Now, what's interesting is that the Indonesian royal family, they practice in these ancient solutions. And that's how they got to be the royal family. So if you can spy on your people, then you never have disloyalty, right. But then there was like a whole bunch of a

coup. Huge, right? So there started being like this genocide stuff. And so the royal family was like, we've got to stop holding this to be in power, and just love the people. So is this peaceful solution that allowed for us to all become a better version of all one's kind of a non dual solution, right? So a ll space O N, E equals equals a ll wn. And so when everybody's all won, then we've won. So there's your victory. So what Mike has been doing, you know, is carrying on with the vibe revision tradition. And then moss Nate is doing kind of private classes right now. So you know, they can come to you and or, you know, I can come to you all the cool stuff. And what they're doing is really taking these ancient practices and bring them into a way that we can actually have superhuman performance and repeatable consistent way for adults, and everyone. And so what's really cool is if you look at the video, and then the ones on YouTube, if you just Google it, Viber vision and then jaw on the floor, okay? Then all of a sudden, you watch an adult reading a book, blindfolded, but not just blindfolded, this dude's got like band aids on there, taped his eyes shut. And then he's got not just a blindfold, but a mindful, it's this thing's like four times bigger. This guy's got five different levels of you can't see nothing. Yeah. And it's an adult. And the adult is now reading the book. Yeah. And then they've got these kids that are like picking up weapons. And then they're like, you know, going through obstacle courses, and then using the weapons and not harming anyone, and then touching stuff. And then they're shooting and moving, and multiple levels, without running into stuff. And then they're being able to like win and laser tag, then they're playing video games, and then they're driving cars. So everything that you saw in the movie, The Men Who Stare at Goats, which was a satire, because it was slightly early, right, so it's early, early release, and they say that humor humor is how it's like a rubber sword till you make a point without drawing blood. So at the time, if Hollywood went through and released this and said, This is real, people would have laughed it out. So you then you must make fun of yourself to be able to then provide that what I came here for today to this specific side of it is you got Lynn Buchanan, you got the guy that George Clooney plays a mazing Okay, fantastic. Such great conversations. So I'm talking with Lynn and lens. Amazing, right, but what is he saying? He's like, look, he says the truth is what they put in the one movie, okay. Is a conglomeration a whole units, yeah, experiences over 20 years. And then, you know, it's a whole bunch of posers, other guys saying, Oh, I'm Lynn, the guy that short. It's not true when you can, he's the guy. And then what's really cool is, and I'm watching the movie, so I watch The Men Who Stare at Goats with Joe mcmoneagle, like 20, or 30 of our closest friends in an RV class or whatever, right? And I'm looking at him and what I got out of this now, everybody, they may have got their own thing, but we're saying, Hey, Joe, is this a true story, right? And Joe kind of responds back and he's like, No, this movie is complete bullshit. And it's like, Well, why is that right? Yeah. And he says, Well, you know what? That car over there that one that was blue says that wasn't blue. It was white? Yeah, yeah. Right. So so it's the color of the car right so basically endorsing the rest of the movie the minutiae. Yeah, right. Yeah, exactly. You know, so the meat of it wasn't the name of the street that's exactly right. You know, so it's really cool that we got this like resounding endorsement from badge number 001 biggest psychic spy ever cool kind of stuff, right? Yeah. And then I've been praying like so.



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Got what do we do you know, as Joe's kind of moving into this more retirement kind of phase and enjoying his wife and life and surgeries, and all of those things. And then what's cool was an all the sudden, like, lens here, coming to the surface, saying, I choose to be the guy to be able to show these techniques. Yeah. And then you stack on top of that. You're like, hey, who happens to be here? The people are saying, let's take remote viewing and let's do The Men Who Stare at Goats movie. Yeah, let's teach people to drive and shoot and move and apply PK

remote viewing in action now. And the two white guy leaders, moss, Mike Moss, Nate, and they got a whole cadre of other dudes like Chris Harris is amazing. And that guy's got some Shivaji you know? So like to agentic quit, but she would she is this fulvic and humic acid stuff that releases human potential. So they call it the great carrier. So as as you bring in you bring more cellular energy, then you're able to release more and increase your vision. That is remark Yes. No, for somebody to go through this because of course, as Lynn says, regularly, whenever we have him on the show, like everybody's somewhat psychic, our brains our third eye spies. So we reveal we're our brains are just big transducers, radio antennas. But like he says, anybody can be taught to remote view. Yes. Controlled remote support that style. Yeah. But not everybody can be taught to be clairvoyant, not everybody can be taught to,



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I guess, necessarily be pre cognitive and have a natural psychic ability. So it's so natural, right? If you're going to look at this, like let's just say that you wanted to go through and to develop a military state. So you might go through and have people that might be like the CIA, or Tom Cruise's playing and they'd smuggle drugs and they destabilize the inner city. Yeah. Then you might have a predatory Department of Defense that might actually recruit people that were traumatized. Yeah. And then if that wasn't bad enough, then you might have the department offense exacerbate the trauma. So then when you tell people to drop the drop, and if I tell people to shoot people, and they shoot people, yeah, but if you want it to be really successful with special operations, and you would grow out your long hair like Samsung or Thor or you know any of these other cool dudes right to be able to build better intuition on the male side. So when you look at there is a lowest common denominator there is a mathematics and third eye spies from you know how put off the rest of the guys the cool CIA guys, right? What are they saying? At the end of the documentary at the end of the book, they're like, everybody's psychic. Yeah. So just start with that as a foundation. Yeah. prepubescent children, they have not spent so much time away from source. They haven't spent half their life in a box single, and then being programmed in their brains to be in their prefrontal cortex. Yeah. So what we're really saying is, get out of your mind move into flow state, okay, let go. Because this one is 40,000 events per second prefrontal cortex. That's dialogue. If you ever tried to watch porn over dial up, it doesn't work. Okay. So cable modem back to the old school, Jeff.



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Right. Yes, that's exactly right. Yeah. So it doesn't work. Okay. So then he's got to be real about this stuff. Okay. But then right, cable modem stuff, okay. So right here, the bandwidth increases, increase subconscious occipital region, okay. But people say that our visual cortex processes information is not true. There's brain cells in our tummy. Okay, we've got a fiber optic sensor here. We've got a fiber optic cable, spinal column that goes down, and the brain cells that are in our tummy help us process. Well, it's interesting that you say that because for years I taught religion, Sunday school, things like that. The one thing I wish started there, my old man was a pastor. I was a seminary and my first year in college, and the one thing I always taught them was, despite anything, yes, trust your belly, but Amen. When you walk into a room and you feel like somebody pulled the keychain, pay attention, that's it. Pay attention. Amen. And there is that trust your gut. And it's interesting that you say that the two are utterly tied together. Yes. Let's get into that a little bit more. How are they tied together? And how can

people I guess, learn to kind of break that down because once again, science everything we have been told about everything but it's in this box and if it doesn't fit in this box, and it can't be yes you know, and now we're looking at quantum entanglement



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that is that is exactly what how put off was trying in his paper that started all this scientists going home. They're going about their experiment. That's too much in there. Yeah. And it starts affecting the economy percent. So so when you begin to look at it, right, you want to start from the beginning. We go physiology neurology, psychology saw steady state, right? And we can talk about those at a deeper ontology, or an ontological or a taxonomy perspective, right? Or you can go through and say, Okay, well after we get steady state, then we go positive psychology



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psychoneuroimmunology, positive sociology, positive philosophy, positive economy, positive stewardship, and then positive politicking unnecessary. So these are all the things that we can do an action. What's really cool about Viber vision is to stay on point is that they're integrating a lot of these modalities. So you can say, hey, let's bring our tummy into like like more than the whole internet, right? So they show that there



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More neurological connections in our gut, than there are stars in the sky, and more neurological connections in our tummy than there are grains of sand and the entire beaches for the entire planet. Wow, finger. Wow. So that's why you go with your gut your guts, always right? When I went through my first Special Forces mission, I went out and they were like trust your gut, okay? And I'm like, Well, what's that about? They got it. They said, You got to be one with nature. I'm like, Well, why didn't they teach me about that boot camper and weapons, school or even in the intelligence school? Sure. But if you're going out there, then if you don't become one with nature, then the birds of the air will learn on you. They'll tell the bad guys where you are. And the birds will tell them how to come and kill you. So you're dead. Okay, or you just go in and you're Trump's about you make too much noise. And then the bad guys will hear you anyway. And you're still dead, ya know. So the only way to survive is if you can meditate, calm your mind and then don't offend the echo system. That's right. And then the birds of the air will assist you, you'll become one with them. And then they will become your integrated air defense system. And they will tell you where the bad guys work for you then go. Yeah, so now what's really cool is that you can do draw D you can do all the military stuff, you can decide choose, right, what your course of action will be. And most of that, from a recon perspective is to avoid conflict so that you don't alert the enemy as to your true intent. Sure. Okay. So so now all of a sudden, we get that there's a military principle of becoming one with nature, also of listening to your gut. And there's a buddy of mine, his name is Dr. Jeffrey Martin, he wrote a book called The finders, and the finders is really cool, because the idea is like, Are you a seeker? Or are you a finder? And if you find it, then you already know. So if you look at remote viewing, remote viewing happens in a coherent state. Yes. Okay. Yeah. So we start with incoherence. Okay, and your prefrontal cortex and your corpus callosum, and like, how are you doing this in coherence,

then you go into a state of semi coherence. And then the magic can be perceived at low amplitude semi coherence. Now, when you get to be fully coherent, and you get a chance to slide in any reality that you choose. And so there's a repeatable math on how to perceive miracles, be a part of miracles, develop your super human abilities within all of us. Absolutely. And the real question is to us, are we ready to get out of our own way? Now part of that is let's just look at physiology for a second. If you start on the basics of it, you would say, okay, What the Bleep Do We Know might be a good documentary? You might say, Yeah, that's a great, right. It's a great perimeter. Exactly. Right. And so how far down the rabbit hole Do you want to go? Maybe that's interesting. Maybe the next one might be, you know, enter. If everything's energy, frequency vibration, the next one might be the secret of water. That's a really good documentary with a full moon. So and what's interesting is that at Oxford now, here in the Western Hemisphere, we say, well, water is 72 to 90%, right? That we're water, right? But at Oxford, at the University with applied movement, neurology, and some of the cool guys are over there. They actually went through and they said, You know what, we actually have water in our bones and our cartilage. And here's the wild part of that.



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Because we know there is but there's not the scientific measurement to find out how much they simply remove that from the equation for a moment. So because there's water inside bones and cartilage, what they say is that the rest of us remains 99%. Water. So if you're in 99%, water, and I'm 99% Water, okay. And what's between us is this thing called humidity, which is also water, water. Okay, then there's no such thing as separation. Yes. So this goes back on the seminary side to most people read, if you will, Hebrew, Greek, Aramaic, or only English. Okay. Sure. But it turns out that the magician, the pharaoh trainee, Moses himself the Egyptian, okay, yeah. Because Moses is the true, if you will, non dual player, Egyptian guy. Wow. The coal country of Israel is out looking outside in those buildings on the calf. Yeah, so Moses, actually, in this part of the Moses code, the original cut of the Moses code says, I am that coma. So I'm non dual. Right? I'm non dual, right? Yes. But if calm if he forced me to be I'll also be duality. So if you want to go through get really good at remote viewing remote viewing an action like fiber vision, then you get out of your own head. Right. And clearly, I'm not paid by by revision. I'm not invitrogen employee. Yeah, I do love and appreciate what they're doing. And I do love and appreciate what they're bringing to the world in such a way right. So I can't speak on their behalf. But I can definitely share my experiences



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with these folks. Right. Yeah. And the idea of us getting out of our brain. So it turns out like if you look at how does the military indoctrinate people them to close order drill, shave their head, get rid of their identity and then remap their brain. Now, every time that you stomp your foot into the ground, you create an electrical overload. Okay, that then creates soft tissue scarring in the back of your head and then I'll help you get rid of that. So we found a solution ancient solution gentian jitsu because going after you after we finished that cosmic kick, alright, if your water and between us we don't even call the water between us humidity, we call it their relative humidity because that's the cosmic egg. Okay, okay. So then you get beyond that right? So if you are 99% Water, okay, because we just got rid of all the bones and heart which here that our inability to

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Azure and then we move into the next book is called 10% human. And 10% Human says only 10% Human DNA and we're 90% bacteria.

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So how do you cultivate your biome? And where does your biome typically live is inside of your gut? Yeah, your gut flora. So that's how you let your gut which is 90% of who you are shine through without reducing to cable modem, simple lower neck, more neurological connections, the entire Internet. So why would you ever That's why the Bible says Don't lean on your own understanding. Okay? Acknowledge right the river of living water, the knowledge, love and all of your ways and then your path will be straight. Okay, because you're at a frequency of flow and love. So 500 above, according to Hawkins scale, yeah. Okay. Love, joy, peace, miracles, blessings, ineffable. Like, yeah, had to been there. That's ineffable. Okay. It was that cool. Yeah, surrounded by miracles. So now all of a sudden, we get to the place where there's a hijack. Okay, so, so going, What the Bleep the secret of water.

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This next one 10% Human. The body keeps score. That's where we build up soft tissue scoring, calcifications. crystallization, you got to remove those Jin Shin Jyutsu or body electronics from mastery systems.com Very, very cool place to be able to do sustained acupressure to be able to remove the energetic blockages that allow for us to be able to travel the stuff up our body. So physiology neurology, psychology, right. So we're working that stack. Sure. Okay, so now that we've beyond that, the body keeps score, very interesting book, we got to reset it. The next one after that is quote unquote, this is your brain on parasites. Very much like this is your brain on drugs like the 1980s commercial cable how you fry your brains, right? Well, this one is that when we're infected with parasites, so look at the look doctrine, right? So you get two different parasite. The Bible says my people perish for lack of vision. That's a single common vision. That's a non dual vision. If you want to remote view better, non dual vision, get your prefrontal cortex out of the way, open up more bandwidth, be able to see non local information because you're not focused here. But even from here, you don't perceive information in your occipital region, your visual cortex, the way that they talked about, we actually process information so says Oxford, in our spleen in our tummy. So we're seeing from our gut anyway, that's where the information goes. Right? You get what I'm saying. So we go through look at Wim Hof. Look at anybody else. Look at all of the other psychologists that talk about flow, right. Get out of your own way. Don't lean on your own understanding. So now now we have a guidebook that says, now that we choose to unlock, we can actually retire our brain. There's the fifth American Ninja teaches jeet kune do. Yep. Okay, in Gaithersburg, Maryland. Same as Michael Crisco, very cool guy. He went from being a ninjutsu, ninja master weapons trainer, to then being a cool guy that teaches Kali train with the same guy that trained a Bruce Lee. So Guru, Dan Inosanto. And they teach cross hemisphere

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martial arts where you go through and establish a new connection, you reinforce it with with a tactile response or then you optimize it with an auditory. So every movement gives you three

auditory response, or then you optimize it with an auditory. So every movement gives you three for one. Now, if you look at women who had women's intuition, yeah, they're kind of cheating. There's a repeatable method. Okay, what do they got? They got long hair. So the intended universe, they play patty cake growing up, they play double dutch. So they're already doing cross hemisphere drills through their entire life. And they leave their long hair and then guys to be straight face and we shave so we can be honest with one another, or we're not actually using our psychic power to be able to be here. But if you look at again, the Green Berets you know what are they doing? Special Operations guys? MARSOC guys, right SEAL Team Six. Girl growing beards. Yeah, better intuition. It's not just to blend in. Yeah, okay, everybody around the world the elder men with fully formed a Migdal isn't up to long blonde Goddess, and you know that their bodies are moving according to the way that men should should move. And all of a sudden, they're laying a good foundation for us for how to be able to develop better intuition. If you look at inner intuition, so it's like did you do your deep work to be able to cultivate the space where you can then transfer information up? And then how do you put it in action and Viber vision teaches that well, and I guess, part of the problem I think endemically with a lot of this is people's discouragement hmm people get discouraged very easily. No maybe no sir in their own head. No, yeah. And no different than like well I prayed for it but it didn't happen. You will a was it supposed to happen Nice. Was it supposed to happen but but Aspen House about the other one? It's the effectual fervent prayer of a righteous person avails much. Right? And the righteous is the alignment and the one The effectual fervent prayer right the fervency is is your tummy. You know, working like a subwoofer Exactly. So if you have fervency, and you allow it to come up, then all your prayers will be answered because according your face, so be it. So we actually have the laws of how prayer works. Sure if we allow it to get out of our mind. And what's really cool. There's a bio well gas discharge visualization system that will measure the effectiveness of prayer. Most so they've got a spot



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Nik device that uses real physics from Russia. And if you have a stray thought you create like a new Multiverse or you break down the current one with greater entropy. So we were over with, so Joe just finished Joe mcmoneagle Just finished his last surgery, okay. And so and then he had like gangrene and all kinds of stuff in his spine, and they were thinking he's going to die. So they bring them in, okay, for like a top off with good energy. So they do Reiki energy, which, by the way, started from a Christian professor, who then says, How do I apply Christian principles plus any others that actually work? And so you go over there, and we're sharing good energy with Joe mcmoneagle. Now I'm measuring this entire process with Russian equipment that tells us what's going on. As soon as everyone comes to a coherent state as a group, the entropy in the room goes to zero. Hmm, the healing energy, the coherent field from everyone, from a quantum perspective. Yeah. enlivens show shares energy allows for him to be in a whole better place. Yeah. Okay. There's a reason why he did it. There's, but then as soon as, like, when you do the whole football thing, like you huddle, and then everybody says break, and you're done. Basically, as soon as they said, Hey, break, we're done. Everyone went off. And you could see the thought on the machine. There's a new thought, there's another thought there's another thing that all sudden you get this decline this huge decline.



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Right? Yeah. And then entropy, if you will go through the roof, the breakdown. Yeah. So entropy, right? Oh, so what's really cool is that we actually get this new place of, if you will, creation, what is it that we're creating? And so And are we listening to what already is? Yes, so

creation, what is it that we're creating? And so And are we listening to what already is? Yes, so so these are there's really easy, repeatable math that we take time to explore the methods. Sure. What's cool is that you got guys a fiber vision who are taking remote viewing and saying, Okay, let's apply that. And that's beautiful. And we've also got other world record holders and cool people that great do mind over matter, right? If you don't mind, it doesn't matter. Guys, like lift 1003 pounds and 1300 66 pounds kinds of stuff. Because they get out of their own way. I have been preaching the doctrine on my show of a long time.

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You have the right to revoke consent anytime you like, 100% you have the right to and it will cost you less energy to literally not give a damn Yes, then it will be bothered by it. Yes. 100%. And now you have all this extra energy to actually make good stuff and almost sounds like the law of attraction and non attachment. Right? Kinda, yeah. But how do you how do you get past that? Once again, box a paradigm of failure. So how somebody who's new to the system, how's about cleanliness next to godliness? How's about the ancient scripture, the ancient texts, it says, your body is the temple of the Holy Spirit of the great spirit or the Holy Spirit depending on you know, whatever doctrine okay? So the idea is, is that if your body can that last book, this is your brain and parasites, if you're already infected with parasites, then how do you come to coherence? You can, first thing is clean up your body. Look at Walnut husk look at ivermectin look at other kinds of things that allow for us to be able to get better diaphragmatic movement, let us increase vital lung capacity. Let us practice now you can go into a cave for 40 years, where you may go and train with like Dr. Hill or Dr. Drew or Dr. Heart and these guys like run Biocybernaut or they run the 40 years of Zen thing which came from Biocybernaut or these other kinds of things where you can say let me learn and visually have Neurofeedback so that I can come to a place of semi coherence. The woman who's here has something called the mind mirror they use that and Pennington right Judith Pennington so she uses mind mirror which gives you a visual observation of is my mind at work and use the Muse there's a lot of different lemieux's There you go, right. So now you're saying okay, have I come to a place and I'm able to see if my mind is actually thinking about something? And can I use that maybe to do my deep work? So one of the cool things that Monroe they've got Tom Campbell who teaches my big toe and so so look Tom won't brag about himself but I got Air Force master sergeants that watched Tom put laser beams together that blew up shipping containers. Okay like it Aberdeen proven count Sure so now here is the basically the CIA's number one quantum physicist building the Star Wars system that doesn't exist yeah blowing shit up that he wanted me to, but that other people time amount about so completely unclassified, right? Because no, I'm not connecting the dots there. I'm just saying no, that's interesting, right? But then he comes to that place of saying hey, on the physics there really isn't any such thing as time and space. Yeah, yes, there is no they are construct they are construct we gave time and think definition that's it. So then we could get a Masters of this space right? We can be our own heroes guy, our own hero Nakamoto guy right? We get a chance to detach and slide in any cool reality we want but here's for my experience. I went train with Dr. Hart over in Bavaria Germany. And they said we want you to find a time in space it's really good for everybody cuz you don't need a million dollars of equipment like what Dr. Artists, but it's cool to watch. If you got the money and you want to go watch the cool thing go hang out with me. So But with that, I'm there and he says I want you to go back to a time that you didn't understand something because hindsight

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is 2020 and the further you go back and the bigger the event

is 2020 and the further you go back and the bigger the event,



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then the more visceral your feeling will be now. So here I am, I'm on the machine right now and we get there do and I score like top of my class and the intel school, right? I've been certified genius for a long time. 70% of the certified geniuses failed out of the class that I score top in. Okay, so I get over there. And I find this guy, this is Polish dude. massive respect for Polish people. By the way. Polish dude has three times the amount of electricity that I have in my mind, and I'm a certified genius, and I'm going what is that? I'm feeling like I got a two inch tool. Okay, wow. Okay, so So then this guy, he'd been stacking modalities. So he's using binaural. So faggio Okay, then. Yep, psilocybin, LSD, Ayahuasca all in the same ceremony. Wow. Like, holy shit. So like, this guy's like, awesome. So we start off, he's running 1800 micro volts of alpha. I'm running 400 And maybe 86. And I'm like, I gotta be there. Three days later, I'm there. Now this dude's cheating. Okay, because in addition to the stack, he's also doing lingam yoga, space, Arctic yoga. So he's breathing all the way down, right? And then he's pushing all that stuff back up, which basically is TUMO, or the pranayama. Breathing? Yeah, I'm off does absolutely. So now all of a sudden, he's got more oxygen to be able to grow his brain back together. So you don't have to do this for 40 years. And three days, that guy went from 1800 micro volts to 4300 micro volts. So normally, like a lie detector test will be like this. This dude was like Lucy. I mean, the whole thing was completely blacked out. Yeah, yeah. Yeah, just so by that time when I increase my love and life force from 486, or whatever, to 1800, I didn't care anymore, because I wasn't being competitive because I was already okay with me. Yeah, right. Yeah. And so it was really cool is it he says, go back. So there was a time in my life where, you know, like, I got locked out of my house, like my parents forgot about me, they went inside, they got high, there was this kind of story. And I got cold and my nose was running, I got hungry. And then there's a time where I stopped being hungry or cold or shivering. And so maybe that's like 10pm. And maybe by the witching hour, right? Like, I'm shaking my fist at God and said, this wasn't our deal. So like, Doc says, Hey, go back, right and tell yourself turns out four year old version of me, didn't need an eloquent speech, because I kind of fancied myself to be eloquent by that time, just showing up in my own vignette allowed for that four year old version of me to be the hero and to go and have his beautiful life. That's awesome. And I watched that, that's awesome. Now get this from that moment where I repaired that break in my own timeline. I collected cosmic interest and since me loves me, and while I was still there, I deposit more love, fix the pothole on the road, added some joy and some peace, and saw the miracle of it. And then like a diving board, I collected cosmic interest compound cosmic compound interest from then till now it's 40 years later. And when that happened, immediately, the electricity lifeforce love within me went from 486 micro volts to 1800, why me, loving up on an inner version of me beyond time and space, yeah, and this is what Tom Campbell teaches, and his My Big TOE timeline, different kinds of experiences, we rise above love, and all the rest of it can be whole, and we don't get hung up with attachment on anything. We're also able to listen to, if you will, what's outside or what's inside in a better way. So we get to tune in to what it is that we'd like. That's what Chinese traditional medicine says, says that thought from a Morphogenetic Field perspective, that thought is the thing that you tune into. And if you focus on that, then it will pierce into your morphogenic field, okay? And then it begins, they say with the skin, but it's actually more photogenic, then you get muscle memory, then it goes into your bones, you feel it right, and then in your marrow. So it depends on how long that you become the thing that is the object of your attention. So that's what's really important RV or an applied RV or what they're doing a vibe revision, to be able to tune into the thing that is important. Yeah. And prayerfully that's lover above. Yeah. And then

once again, in the videos to see, like you're saying kind of psychic echolocation? Yes, it's exactly what is 100. And the fact of being able to feel an object in motion. Huge, you know, that's remarkable. That's incredible. Increase the bandwidth, increase oxygenation. Yeah, learn to work in a hypoxic state. Learn to be able to essentially have an MAO inhibitor through breath control that allows for you to be able to move out of your body through movement and then be able to be your own Overwatch, if you will. Well, right. So there's a technique. The other one is that psychic echolocation or chi or prana, or life force echolocation right. It's two different or you have the penile all roads lead to Rome. There are many techniques which one do you use today? Which one do you cultivate? And do you choose to just listen to your gut? Because your guts always right? Yeah, yeah, it's it's rarely led me wrong once I learned to trust 100% and even the fact of like waking up with answers to things going to bed looking for answers to things and figuring things out. So that's what Edison did, by the way. Yeah. So at a single string



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and has like whatever 1000 patents and what was he doing was moving into theta space which basically reading the Akashic records, just it kind of got reinforced after that, because some wild stuff, but this dude's going out with ball bearings and metal plates under his Lazy Boy. And he's thinking about stuff. So Edison was actually drawing out and patenting solutions that it was 100 years later before we had electron microscopes to validate scientifically what he was pulling out of the Catia records. So we can pull non local information from anywhere in time and space. And that's actually the name of the company that Lynn Buchanan has. Yep, you know, is the remote view beyond time and space. So that's beautiful. Well, we can heal beyond time and space. When you live beyond time and space, we reveal our telomeres, we can be any age that we choose to be. So what is it that we enjoy the most? And so And what's cool is that you see people like moss Mike, you know, Maureen lossnay, the rest of the guys Chris Harris, a lot of their other instructors that are there that have taken an applied some of these ancient techniques and brought them to the Western world in a way that we can visibly see and knowingly repeat at any age. That is incredible. Yes, awesome stuff and really, really powerful as you're saying. Because, yes, we all have the propensity to be psychic. It's whether or not you have learned to flex the muscle, amen. And learn to flex the muscle man. Even even meditation buddy who meditates regularly let you know like,



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take a year off from it and then try to get back to that same place. It's gonna take you a couple months to retrain the muscle to lose the monkey mind. To get back to that play, which is the cool thing about Dr. Dr. Drew Dr. Hill or Dr. Hart or anyone that basically practices neurofeedback, again, another place center for brains. And Jupiter, Florida. Super Amazing. So that's Dr. Mike Cohen, there are a lot of places where people can do neurofeedback, and then you can go quickly. So the idea is go into a cave for 40 years, don't think about anything and let just you know through basically osmosis, right, you're just going to grow your corpus callosum back by not doing anything. Or you can go and actively train, right, and then you wind up with a better outcome sooner. So all of us are psychic spies, according to Third Eye spies. All of us have the ability to cultivate and to reawaken and to remember if we choose to allow more of whole great spirit within us so that we can experience any number of miracles that we choose. Incredible, incredible. boyar Thank you, Chris, thank you so much for coming on. I appreciate it. Man. I'm so glad we had this conversation. Let everybody know where they can

go to find out more about Viber vision where they can come to you if they need so so right here help. Yeah, so you've got support at Viber vision.com? Is what's on the flyer? There is a QR code which maybe if we put closer Yeah, maybe maybe they're right. Maybe you guys can take that and maybe get some kind of cool go there register. They are running special discounts right so you can see this. So if you register with this or you contact Liz I'm confident she'll honor the discounts and pricing things they're looking at like \$6,000 a week they've got three classes intermediary, entry, intermediate or advanced. So he basically look at RV one and RV two with Monroe or a couple of the other guys that are teaching they've got some other cool techniques that they're utilizing. And then you look at Hey, can you really take and apply these concepts in real life so that every aspect of your life becomes more and more and more of of a miracle and a point of connectivity to not just for yourself but for everybody around you. It's been time for us to move into a better non dual state. Absolutely. Bob thank you so much for the time I greatly appreciate it while you were online checking out everything from Viber vision folks, make sure to stop on by curious realm curious.rome.com is where you can find our all our everything the knowledge vault full of declassified government documents is there you can



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share your story on curious rom.com forward slash story if you ever had a connection with the paranormal if you're a remote viewer and need to connect with more people in the remote viewing community, feel free to give us a call folks. Drop a line we will get you in touch. Stay tuned. Next week. This week. We had a great time here at SCI fest 2023 has been fantastic. Next week we will be on the road yet again folks at Texas UFO con. So stay tuned for that. Stay tuned. Always Thank you always for tuning in. Take care of yourselves. Take care of each other. And remember, stay curious. We'll talk to you soon. Bye bye.



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the other side is watching