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00:17

Coming from the city of the we're exploring topics from the esoteric and unexplored, two dimensions are known. Shining a light of truth on the darkest corners of our reality. Welcome to the curious realm



00:49

Well, hello, everybody. Hello. Hello, Chris Jordan here coming at you from Austin, Texas. Hope everybody is doing well tonight hope everybody is doing okay. Godspeed to those who tried to visit the Titanic. It was discovered, actually that the US Navy had heard the implosion on their hydrophones, the day that it happened. Interesting how the news cycle just kind of kept on pushing and pushing and pushing and talking about the idea of oxygen running out things like that, as trials happened. Attempts of hearings happened all kinds of things during that time, that we didn't really hear a whole lot about. But as as always, things are crazy in the world weird or roiling point. And beyond a boiling point, since we had Steve Bassett on a couple of weeks ago, talking about the UFO disclosure, the whistleblower David group, there have apparently been almost almost two handfuls of additional whistleblowers to come forward, I just spent the afternoon watching the house panel, or the House hearing rather, and briefing that happened prior to the arrow visit to the NASA panel. And that was very revealing and fantastic. I highly recommend everybody go and watch that. We of course shared that on our group. So speaking of which, everybody, let's go ahead and start off the evening. With a little bit of news. Let's hop on by the curious roam group on Facebook. That is where you can follow us. That's where you can find us folks. You can of course, follow the page, that'll give you all updates for the show that will give you all guest updates on a live event updates everything but if you join the group, that's where you get all the news articles. That's where you get the conversation with everybody over 2000 members there. Some of the news that we have posted this week at a phys.org no simple answer for why people believe in conspiracy theories says new study. It's interesting because as we said on the show numerous times people believe because they believe there is no quantifiable reason for belief in anything. And so anyway, out of Webb telescope.org This is exciting actually what makes first detection of crucial carbon molecule these these are the interstellar carbon molecules that make interstellar biochemistry and chemistry possible really interesting stuff. They're out of Webb telescope.org Out of the guardian.com Pompeii fresco find possibly depicts a 2000 year old form of pizza. That is pretty remarkable right there. Cuz it literally just looks like a margarita pizza. If you're a fan of classic Italian pizzas, and Adam hill.com, Congress doubles down on explosive claims of illegal UFO

retrieval programs. Once again, folks, that is just some of the news that's fit to print right there on our curious realm. Facebook group stop on by follow us. Join the conversation while you were there. Make sure to follow the Facebook page of our guest tonight. Daniel, Robert Arare scuze me. He is a fantastic author. He is the author of the book after they came. We will be talking to him here in just a second. He is also the author of the headline article of this month's MUFON journal if you're a MUFON member like I am a MUFON supporter, it came in your mail this month. The title of the article is why I think my father was involved with UFOs for the military. That is what we will be talking about tonight that and of course, his book. You can find more about Dan at his website. Dan Harare author.com Well come to the show. Dan. How are you doing this evening?

 05:03

Hey, Chris. Thanks for having me. Man. That was terrific. You really did your homework, I think. Oh, thank you. Thank you.

 05:09

Yeah, I I try to I Google stock every guest lightly once I connect with them.

 05:16

It's always better to be prepared didn't have no idea what the heck you're talking.

 05:20

That's right. That's right. I have been enjoying I'm probably about 7080 pages into the book right now. This just landed on my doorstep over the weekend. And I'm very excited to be reading it. But your your book it though it is a fictionalization is actually based off of a real life event that you had as well as possible inclinations that you have that your father may have been a civilian contractor for the US military in regards to UFOs UAP, technology, things like that. So let's begin at the beginning, Dan, of how was it that you first came, I guess, to the topic of UFOs in your life?

 06:11

Okay, great question. One thing my dad was not a contractor. My dad was an employee of the army.

 06:18

Sorry about that. Yes, an employee. Okay, so



06:21

thanks for having me on. Dan Harari is my name my my two brothers and I grew up in a town called dill, New Jersey, which is just next to Asbury Park, New Jersey. And everyone knows. Bruce Springsteen came from Asbury Park, New Jersey. And when I was in high school, I worked with Bruce Springsteen, when I was 16. I used to run a rock concert hall. I was the stage manager there being my best friend in high school. Oh, wow. So my friend and I and lots of my friends we knew Bruce. Chris, I have to start with Bruce because that's where we park. So my friends and I, we all knew Bruce Springsteen for a couple years before he ever got famous. So that's kind of an interesting side note to my life story. That's awesome. So I grew up in dill just outside Asbury Park. My parents were from Brooklyn. They married and 50 moved down to the Jersey Shore. 52. I was born in 56 and 52, actually 51 Even before my dad got married. My dad was a physicist, slash electronics engineer, scientist. He got hired right out of college by the US Army at Fort Monmouth, which was an Army army base on the Jersey Shore. And I just Chris, I told you I just did a presentation for MUFON la the other day. Fort Monmouth was one of the top electronic installations the government had in the United States to develop new drones and missile systems and radar systems. So keep all that stuff in mind. But my dad worked for Fort Monmouth as a civilian engineer at 51 Till he retired in 1996. He started I think, as a GS five, which means government service. And when he left I think is very high up the ladder. I believe he was a GS 13 Which Jimmy church told me was very impressive. I didn't even know what that was. So here's where my story begins. March 1970, I am fort I am just about 1414 years old. My dad picked me up from school drove me home, suburban street in New Jersey to New Jersey, right sunny day, maybe three, four o'clock in the afternoon. I'm in my dad's car. He's driving me home. I'm thinking about my homework, whatever. And I saw through the windshield Chris above my dad's car, huge. Silver. V V like Victor crap. Big silver, the bright, shiny aluminum color. Read over my father's car. And it was unbelievable. So I'm jumping up and down on my seat. I'm going dead. Does UFO stop the car stuff the car dad is a UFO. That stuff the car. My dad and I got out. We look straight up in the air and Chris I'm jumping up and down like lunatics. Got a UFO? Isn't this great? We're seeing the UFO we're seeing. And my dad looked at this thing, Chris. Like he was looking at a head of lettuce at the supermarket. It was like something you'd seen this 1000 times. No. Interesting. No surprise. No, no fear. No, no, no, no curiosity. It was like he was looking at his car go through a carwash. If I remembered it in the moment. At the moment, there was something very strange about his reaction. Then the best part of this story. My dad leans over winks at me, Chris, my dad winked at me. Because Come on, kid. Let's go home. We're watching the US Well, Come on kid. Let's go home because he was bored. Get in the car, go home. I call it a rotary phone 1970 rotary phone. I called the rotary phone. I called the Asbury Park Press newspapers. I said I My name is Danny. I'm 14 years old. I just saw a UFO in the sky with my dad. And I'm calling to record it and the lady I'll never forget. She goes Sunny. I'm really sorry. I can't talk to you right now. I'm getting hundreds of phone calls about this. I gotta go. I can't talk to you right now. So I looked into paper every day that week for an article. Nothing ever read. Nothing now we cut to 47 years later. I had forgotten about this Chris for 47 years. Wow. why did why did I forget some people said I was abducted. Some people said I had missing time. I'll tell you why I forgot. I was into rock and roll. I was a drummer. I was a rocker. i From the age of 1210 when the Monkees came on TV, but when I was 14, I was in vans. I was chasing girls. My best friends and I went to every rock concert concert known to mankind. I wasn't thinking nearly into a boat. You know, I was thinking Led Zeppelin. Yeah, and Pink Floyd. So that's why I just completely forgot about it. Okay, what happens in 2017 47 years later, my father passed away. Okay, so my father passed away went to a deli in West LA to get a pastrami sandwich. This is all true. Everything I'm telling you is true. And to think about my dad, and how much I was going to miss him. And as I'm waiting for my sandwich, Chris, a beam of light, or energy or magic, a beam of magic came

into my brain from heaven through story. I don't know what it was beamed into my brain at the restaurant there. And I in my brain, I replayed the 1970 Silver V. Siding as a homily, I saw it as a homerun. I had forgotten about it for 47 years. And it played as a home movie three days after my dad died. Now let's think about that. That's pretty remarkable, right? Absolutely. So I saw in my brain and I saw the craft again. I saw my dad reaction and I remembered my dad winked. And I was like, holy password. My dad knew what that was. My dad knew what that was. So I didn't that's when I put it together 2017 That I that my dad had had knowledge that he never shared with my mother or my brothers right. Okay, next part of the story. Oh, okay, so while I'm still waiting for my fist Trumpy sandwich asked the waiter for and and then Chris, I shook my hand started doing automatic writing on the paper tablecloth there, and my hand wrote, write a book about the Neverland alien. And then my hand wrote, lead character's father knew about UFO. And then I wrote ATC, all capital ATC. And then that my hand stopped writing and I looked at the paper and I said, ATC, what the heck is that? I had no clue what that was. I didn't know what it meant. I kept staring at it until after they came. came into my breath. Okay, so I saw that 97 deciding my hand did the reading. I finally got my pastrami sandwich. I inhaled it, erase greyscale. And Chris every single day for the next eight months. I wrote this book after they can. That's how this book came into the world.



13:54

That is an incredible story, Dan. And to to know that once again, you you put this out of mind for 47 years and I have talked to numerous experiencers on this show have not only UFOs but numerous paranormal events. And that is that is the case. So many times were the most innocuous thing in the world. retriggers the vivid memory of the experience, what was it like for you? When when that memory did come flooding back? I mean, of course not only the inspiration for the book was in that Thunderbolt, but emotionally What was that like for you to kind of relive that whole movie?



14:47

Chris it was it was a profound moment in my life beyond beyond words. I did a talk I did a talk for MUFON la Sunday two days ago and I told this story and This is true. There was a gentleman in the crowd, very nice guy. And he raised his hand and I said, Yeah. And he said, he was Dan, I'm a medium. He goes, your father sent you that story from heaven. And when you were waiting for your pastrami said that he has that came to you from your father while and then Chris, this guy stood up, he was covered head to toe, I swear to God, he was covered head to toe with those pimples. And he said, Dan, your father's in the room with us right now. And he had me I'm getting chills right now, to be honest. He had me touch his skin. He was covered head to toe and Gustavo, he said there and your dad couldn't tell you in life, what he did for a living because he was top secret, but in the afterlife, because Chris, my vision came three days after my dad, but it was from my dad. And I like to think it was from my dad from heaven. He was saying, Danny, I couldn't tell you my whole life. You know, I had a top secret. Yeah. I couldn't tell you what I did for all those years. But now that I'm dead, I don't need my pension anymore. No one's gonna threaten to kill me. And I guess my secret CEO is probably paid in full right, my father at that point. Yeah. Yeah. So it was a profound moment. It was like father finding out like your father was James Bond in a way. It was like, a secret that I never know. Now, let me tell you this next part. So when I'm reading the book with the first day I called my mother, my mother is still alive. She's 88. Now God bless. And I said, Mom, did dad ever talk to

you about you, folks? And she said early on in his career for mom, it's early 50s, early 50s. Important now for moms is a top secret army. But they took him deep into the vaults. And they showed him something top secret. And he came home nervous and white and pale and shaky. And my mother said to them, Honey, what's wrong? And my father said, I saw something. They showed me something today, in the vaults that I can never tell you or anyone about as long as I live. And my mother added Chris, to me. She said, Daddy, your dad was never the same after that day. Wow. Now think about that. Right? My dad was super outgoing and gregarious and happy go lucky. She said, The dad I knew was very serious math. He was he was serious person. Rarely, you know, make jokes or anything. Anything silly. My dad had to have seen now this is my guess. I'm guessing. I believe my dad saw a recovered craft or some recovered technology. Extra Terrestrial. I don't think he's up alien bodies. But you know, the Jackie Gleason story, Chris, you know? Yes, right. Jackie Nixon show Jackie Gleason dead alien. And Jackie Gleason's wife said he was never the same, right? Yeah. Okay. Do I know this? For sure? No. Okay, but let's put the clues together. My dad works for the Army for 45 years starting in 1951. The 1951 is four years after Roswell. So that's pretty close to Roswell. If in fact, we have recovered data, which I'm sure we did. So he was there. 45 years army base top secret clearance. My dad gave talks at the Pentagon all through my childhood that I know, my dad went to white missile, White Sands Missile testing grounds countless times all through my childhood. He once told me he wrote reports that had been read by several US presidents starting with candidate he told me I was I was impressed with that. My father and I saw a major UFO setting and he had no expression on his face. My dad winked at me. And then I call my mother and she said he was such something top secret in the vaults, and he never told anyone, even on his deathbed, he never told anyone. So if you put all that together, here's what I believe. Now. His craft I saw with my father, this is what I think today. I don't think it was extraterrestrial. I believe truly in my heart. It was a military manmade drone, Chris, that my dad either knew, had a hand in designing or had seen a test, slide maybe out of White Sands, wherever. Sure. I'm telling you, if you saw this guy's face, you would say well, he knows what he's he clearly knows what he's looking at. I believe it was a man made military drone that incorporated Extra Terrestrial technology. I truly believe that in all my heart that that's what that was. Yeah.



19:48

Well, in a you know, there is I would say it's pretty well beyond hypothesis with patents that have come out things like that. The going hypothesis out there is that the anti gravity barrier was cracked in 1950s. And think that once again, any any craft that you saw may have been powered by something like that, that your father may have had a hand in either reverse engineering or tinkering with that technology or even knowing about the program is pretty incredible.



20:29

To view my dad, a couple of drips and drabs in my life when he would reveal something, Chris only a couple and there there's so few I could tell you. In high school dad, I asked my high school Dad, what do you do for a living? I helped America win the Cold War. And then he walked away and got a beer. That was it one set now it's up to America, but when Nicola, okay. When I was maybe 10 or 11, or something I remember my dad said, you know, I helped put some beacons on the moon, too, so we can know when we're when we land there in the future,

we'll know where we're gonna let it sit in the early 60s. My dad did that. In the early 60s, my dad now I read. Chris, I read the industry of move for Mammoth and it says, format, let's put some some beacons on the moon. In the early 60s. It was it's in black and white. I saw it in print. So what my dad told me was true. The other thing he ever said to me, I don't remember how old I was maybe high school. He said, You know, I once once invented a, a drone that looked like a flying garbage can. And it flew over North Vietnam to take photographs of our enemy. And it shot film. Now think about this, Chris. Right. There was no digital cameras then. Right? Yeah, which shot rolls of film. And then my dad said the rolls of film, parachuted down to the ground with little deepers on them. So our troops could find the rolls of film on the ground. They had little parachutes apparently, I think. And what so when he said he invented a drone that looks like a flying garbage kit. Well, that implies that lots of drones from the 50 6070s looked like odd shaped thing. Right? That doesn't that then lead to hit my father and his family. Their drones? Were not literally like airplanes. My father's drone, he told me that like a garbage can. So that when I put that together now, many of the UFOs perhaps that have been seen in the last 50 years, maybe a third or half were man made military drugs.



22:34

Oh, sure. Sure. And I mean, even even then, whenever you listen to the head of Arrow, whenever you listen to any of the statistics, and I I upset some folks in online communities, I was just called a debunker the other day with somebody because I was like, I'm sorry, SD cards have artifacts on them. Like it, it happens. It's a rewritable media you're gonna get there's a reason why even though you press delete on something, the police can come back and recover parts of that picture. They're still deeply in there, even whenever you hit format on the card. So yeah, it's but I was called a full on debunker by somebody and it kind of hurt and I was like, no, no, no, I'm a believer, it's just that there's only a small scant slice of two to 5% and even arrow, you AICPA the UAP Task Force, everybody has been like, there's like a 5% deviation of cases that are not explainable by airline, airline pathways, sensors going arrived, misc misconfiguration of sensors, human eyesight, failing, things like that they're led 9098 to 95% of all cases, are fully explainable. So even for you to say that, yes, what you witnessed you fully believe to be in the world of military drone.



24:20

A Christian honest to God, only after my father died, you know, yeah. Because it made so much sense. Having just just research for a moment. And also, this was cool. When I did this at my talk on Sunday. I have a lot of scrapbooks and my whole life story. I found three weeks ago in one of my scrapbooks, a newsletter profiling my father from 1985 Oh, wow. And it said who my father was, was from his workplace, who he was what he did he my father was the head of some that was very competently. He was the head of a major drone program there. He invested some device, Chris. That allowed a laser beam target in the sky to shoot and destroy a military tank. My father invented that whatever that's called Laser artillery thing. Wow. So when I read this I'm like, Okay, so my dad did quite remarkable thing he seemed never talked about it. He never shared it. Not even with my mother, because my dad was a patriot to America. He was never ever going to risk his pension. My dad's whole life was pendant when I'm 65 pension, pension, pension. 3d. 32 more years. I got my pension. 81 years ago, my pension. My dad was never going to reveal a secret, you know? Yeah. Yeah. So So my personal belief of all the things that are weird in the sky, here's what I believe. Roughly, roughly, I

believe a third of those things are balloons birds. Miss idea misidentified phenomenon. Okay. Absolutely. I think a third are military manmade items that we never saw up because they were top secret like things that my dad says. Yeah, and then I believe the other third are absolutely extraterrestrial. I can tell you about my 2008 sighting. I know that was I know, that was an extra terrestrial crap. I know in my heart.



26:20

And what what was your 2008 sighting? Damn.



26:23

Okay, so go back in time, just hair a hair. So in 70 was decided with my dad, which I absolutely truly forgot all about. That was that. I'll tell you a quick middle story 1996. I'm now married and divorced and have two little kids. So my son was eight years old. My ex wife moved out to Lancaster, California near Edwards Air Force Base. And I visited my kids every weekend for many years when they were little on the weekend. So my son Jordan was 8 1/2. He wanted a telescope for his birthday. It got him a telescope, we're looking in the sky. If you're familiar with Lancaster or Palmdale, it's called the high desert. And out there, the sky is very clear, because there's no schmuck and there's no city lights. So it's a black sky, bright stars, bright planets, you see everything really well out there. So my dad and my son and I looked through the telescope, who we saw a moon and we saw Saturn and we saw whenever we saw a lot of cool stuff. And as I was going to turn around and put him to bed, suddenly a bright light from the far right corner of the sky. It was very bright like white yellow color. Chris it looked kind of like an egg was oval shape, and appeared from suddenly and it went all the way across the sky and a straight line very quickly. And I said to my son, Jordan, I go, Jordan, there's a satellite. Isn't that cool? Look, there's a satellite. Clearly it had to be looked metallic. And then Chris, so it goes across this guy goes to the left side of the sky. And then it stops in place for about 20 or 30 seconds. And when I saw that, I thought to myself, Wow, that satellites going to crash the Earth. It's going to crash something went wrong. Then it turned around and it went all the way back where it came from and the same line just as fast. And I'm like, Oh my God. You will blow over military or extraterrestrial, but it's not a plane. It's not a bird. It's not a helicopter. It's not common. Nothing can go that far. In a straight line. Stop for 30 seconds and then reverse course. Nothing could do that. So that was my second. That was my second UFOs in oh seven I joined MUFON in oh eight. James Gilliland. Do you know who he is? Yes, yes. Okay, so that's my LA story. James Gilliland, and oh eight. He owns the East Eddie ranch. I'm sure a lot of your people know in Washington State at the base of Mount Adams, and he gave a talk at MUFON la I was with a girlfriend named Barbara. And he said, You know, it's a major hotspot for UFO sightings. We have hundreds of years the Indians call Mount Adams, the mountain of shiny lights. We have people from NASA and governments and the military come all the time to check this out. So I said to my girlfriend, I go, we gotta go to this place. Yeah, this is Fourth of July weekend. Oh eight he had a three day weekend up there. During the days. It was like Nick Pope and William Henry, doing films and lectures and slideshows and history and Ancient Alien theory that all that great stuff under a tent that was during the days Friday, Saturday, Sunday. And at night, in the field, many acres of nothing. It's just nothing. It's a big huge field at the base of Mount Adams. And at night, Chris they made a bonfire and people playing guitars and tambourines and dancing and singing decided like you know, to like Lower, lower something to happen. So my girlfriend and I first day we went to the show remembers in the films that night

the bonfire were looking up in the sky hours and hours. You know your neck gets tired after a while. Nothing happened. Okay, that's fine. Second Day Films lecture seven numbers. Bonfire looking up in the sky. I had one of those big camcorders at the time. It's like heavy. Looking up in the sky, your neck hurts hours and hours, nothing at all. Third night, same thing. Lectures, films, bonfire, looking after this guy, maybe hour and a half, two hours. Nothing. I go Barbara though. I have my keys in my hand, Chris, I go, let's go home. If we go right now we'll beat the traffic. I swear to God. No sooner say that. A craft appeared over our head. out of absolutely nowhere. I'm gonna say there were 250 300 people that Wow. I'm gonna say 5060 foot black teardrop shape, craft, maybe a couple 100 feet above us, right over our head. And then the best part is underneath the craft was a dome. And the dome turned the light on. And it was bright, deep emerald green colored light like emerald green from the Wizard of Oz. Gorgeous, gorgeous color. And this light, man, I'm telling you when on and off. It flashed above our heads 10 1215 times as if to say, Hello. We're here. We're sorry. We're late. We got caught up in traffic. You know? We'd love you. We were in the neighborhood. We know you've been waiting for us. Everything's cool. Well, don't be afraid. We love you. We you know we're in the neighborhood. And it's so cool that you wanted to see us here we are. Here's our little light show. Have a wonderful evening. And Chris I swear to God, that thing. The light turned off and zoom took up three seconds later completely vanished. Now I've cried. I cried. People cry. You know, people were hugging and kissing and dancing and singing. I'm crying. I'm like Barbara, we saw. We saw extraterrestrial beings communicate with us. That was not a Chinese weather balloon. Chris, that was not a drone that might have Yeah, you know that this was them. This was the show. So those are my three sightings. I've never had any others. Those are the three. The first hill I'm pretty sure we're both military. I think the one at Edwards. You know, I tell Jimmy church the story. He goes down it was Edwards he goes Of course it was a military. Reverse engineer. I know you're probably right. But Chris, this third one. And he said Amen. That was that. I know it was

 32:34

that is that is an incredible story. And I mean, a you know, one of those that it's the moment that every everybody who hopes for the experience hopes for, you know, to be able to witness something in such a way not where it's just a glancing moment. But where it is directly there in front of you. Where it now I want to kind of marry your experience in that moment. Especially knowing what you know, and I with the belief that that was craft craft, not a RV alien reproduction vehicle or, you know, government drone, anything like that. Do you remember you saying that when your father saw the craft in 1970 he was speechless, though, though he reacted to you.

 33:39

Uh, Chris, you know, I wouldn't say he was speechless. Really? I would say he,

 33:49

more blase.



33:51

Embarrassed, I would, I would almost say embarrassed would be the word as if to say, Oh, God, my son is with me. And we're looking at one of my top secret things that I know about. And I'm with my son, you know, like, I don't want to lie to my son. Yeah. So I guess I should say, Chris, he said, I'm just swear to God. He said no words, you know? Yeah. If you and I were there. So when we, you and I would have been hugging each other jumping up and down. You know, any normal person would have been jumping up and down. It's just the coolest thing I ever saw in my life. My dad was almost embarrassed, like, oh, god help. My son doesn't ask me any questions about this. Well,



34:30

that's why I'm asking you the question about the relation between the two and if if you know, because so many times I hear from so many witnesses who were there with somebody else like these are things sometimes Dan the drive wedges in people's relationships. In like in the case of Terry Lovelace his experience, in, in the forests with with the craft that he saw he and his buddy that were in the military together, like no longer spoke to each other. They never spoke about the craft. They never spoke about their incident. They never open their mouth to each other about both mutually being there when this happened. But they never spoke again.



35:21

Did they just see the same event? And one was a believer and one thought it was nonsense. I don't know that. I don't know the story.



35:27

Yeah, yeah. I mean, they, they both apparently were there. They were camping. They they saw this thing in the sky. As far as he knows, he has missing time he had an implant in his leg. All kinds of things, Dan. But that's not the only case like there are numerous cases where people see something with friends with witnesses. And there's always there's there's frequently a strange silence. There's frequently a strange, like, I guess, almost disbelief within the conversation and admit an emotional disconnect between the witnesses. Did you find that between you and you and your girlfriend at the time?



36:18

Now? No. We I if I recall, she cried as well. I mean, people were crying with joy. Here's literally with tears of joy. This was a communal, communal, profound experience. We all had it together. We all shared it together. I've not been in touch. And she and I broke up later that year has nothing to do with the UFO. But it was something very special. It was a gift because that was that says that you made a good point earlier. You know, I could have easily gone my whole life having never had that moment. Absolutely. But that I honestly got I could still feel it when I did my talk Sunday. I still feel it in my heart. Even right now. I can still feel the warmth of there. I don't know. Maybe it was like, because it was blinking on and off. You know, like maybe it was a Morse code. You know what I mean? I don't know what they were saying. My

feeling was Hello. We're here. We love you. But you know, it could have been it could have been like a crop circle. It could have been like a Morse code alien message. I don't know. My takeaway was, they aren't here. They exist. They know. We're curious. They knew that the people at James Gilliland ranch in the middle of the night in the middle of nowhere. Yeah. Really, really wanted to see them. And I mean, we were it was like, if you go to a rock concert, you really want to see the WHO on stage. Yeah, when you need to who you're all totally 100% into? Oh, yeah. Well, people I was with, we were all into the sky that night.



37:50

Now, that brings up another topic that we speak about regularly with experiencers and daigou. Do you think that it is the fact because there are many times where somebody witnesses something the person with them does not? Do you think that it is the fact that you were all I guess vibrationally in the same place? You know, like with the same desire to experience something?



38:22

Absolutely correct. Absolutely correct. And again, it goes back to James skillet lands presentation earlier, earlier that year, Chris, he he showed us films that had been taking over decades of time at his ranch, and one was better than the next. And he said to everyone he goes if you want to come and see something, I can I can't guarantee you but I can assure you you'll have you know, at least some kind of an experience out there because everyone does. So I went home everyone who went there. Look, it was hundreds of dollars for the weekend. You had to stay at a bed and breakfast. It was in the middle of no you have to drive for hours to get everyone. All right. You know the end of close encounters my favorite movie of all time. Favorite movie, right Richard Dreyfus, Melinda Dillon and that other schmucky guy with a with a brown jacket leather jacket. They're the last there's like they want it to be there so bad. They defied every every obstacle, they were going to see that by hook or by crook nothing was going to stop. The people that went to James Gilligan ranch that three day weekend. We so wanted to be there. And we so wanted to have an experience. So and it is kind of funny, you know? It's kind of funny that it happened on the last night. It's kind of funny. I think this is funny. I had my keys in my hand, Chris because there were so many cars on the grass. I thought boy, it's gonna take a while to get out of here. There's so many cars here. So it showed up it was almost like Dan, you know, don't don't get me. You know, I know you have your keys right? We will we have a light show for you to hang As we'll be, we'll be right there. But to answer you, everyone who had that experience wanted it, long tore it, hoped for it. And it was a gift. We all got everyone there who was smiling and crying, everyone there. There was no one who said, Oh, that's the man. That's a laser light. So James Gilliland shining the light with a laser pen. Yeah. Yeah, nobody said anything like that.



40:24

And how, looking at these experiences Now, Dan, the the one in 1970 with your father, the one later the Air Force Base and the one at the ranch? How have these experiences changed you as a person? How How have they I mean, of course, they led you and inspired you to write after

they came. But in addition to that, how have they changed the way that you filter the world and they change the way that you process reality? Anything like that?



41:01

Absolutely. Absolutely. Correct. Well, I first a couple things. This is interesting. In 70, I saw a UFO with my dad in 96. I saw you a boat with my son. Right? That's pretty cool. And then in OAS, a UFO with a girlfriend so all three times I was with someone that I love. So that's kind of cool, I guess, you know? Sure. And just someone just pointed out to me recently, he said, Dan, you know, Dan, you're setting with your son, you know, you so thing with your dad, and then you show one with your son. I'm like, oh, yeah, you're right. That's I wasn't.



41:35

That's the first thing I was gonna point out was the generational connection there.



41:39

Yeah, yeah. So I believe in looking back now, I believe all three of those sightings were meant for me, personally to see with my own eyes into experience. That's number one. Number two, when I joined MUFON and FCO seven, the year before Gilleland, I joined MUFON and oh seven. The first talk I ever saw MUFON Chris was Giorgio Tsoukalos. He did Ancient Alien theory. He talked about Eric fanatic ins, books and cave joints and petroglyphs of craft and beans and biblical references. The UFO is in the Bible. And I sat there man, and I was like, Oh my God, there's all this information in the world that I know nothing about. So for me, personally, oh seven is when I began really to get interested in this topic. Okay, but it all gels for me. We all come back to 2017 My dad died. My dad sent me the whole movie from heaven. No, that's what it was. And Laughter My dad sent me that whole movie from heaven. I'm like, wow. Well, I've totally mentioned this topic. I never knew what my dad did for a living. I'm mourning my father's death my father just told me to through paranormal means, Danny, I worked on UFOs he told me if you from heaven, is a Christian religious gelled. Man, it chills so wonderfully. I'm so blessed. I went home and wrote this book. It's a science fiction novel. But throughout I have threads of you follow G history in there. I have aspects of my life. I have aspects of my father's life. It's a tribute to my dad. I've gotten wonderful. I've been so lucky man. I've gotten wonderful reviews from Nick Pope. And Richard Dolan, and George Nori and Jimmy church and Earl Anderson and Kathleen Martin and Travis Walton. I've been blessed. And it's honest to god, this is not to brag, because people have told me Dan, you challenge you channel the book. And I really, I believe it. I did, because I, I want to get a pastrami sandwich because they're so in sync. I should write a book. I was there to cry for my dad. That's all I was there for to think about my dad. I got a book out of it. And now four or five months later, Steve Bassets one of my best friends Earl Anderson's literally one of my best friends. George Noory and I are tight. I'm launching a group. I'll tell you this. Steve Bassett, we're gonna let you in the Hollywood disclosure Alliance. I'm a Hollywood publicist for 40 years. Steve is Mr. Disclosure as you know when you death? Well, it's either. Yeah, and he and I have been meeting we've been meeting for the last three months. We're going to put together a group in the fall to marry the filmmakers and storytellers in Hollywood, to the Richard Dawkins and the Nick Pope's and the MSD Bassett. And to blend and share, we're going to be like a resource and nonprofit we're

going to create a nonprofit. And if you'd like to be part of that, I'll certainly have you tell you and somehow I'm really sure I have a feeling it's going to I think it's gonna we're gonna give birth to it in September. I'm hoping it takes off. But I almost since my dad died I've been unlike on a mission To to discuss disclosure, I told all my friends and relatives people that didn't know anything about this topic are much more well informed now because of me. I'm much more informed because of my dad's vision and being a member of MUFON many years, and I'm grateful to people like you and Nori and Jimmy church, thanks to Scott and people who have been given me a platform not just to sell the book of course, I want to sell my book, of course, but this is the most profoundly important topic I believe. It changed my to answer your question, it changed my entire view of mankind. I was raised conservative Jewish, like really pretty hardcore Jewish. Okay. I never met the Oh Kapoor I did all the Jewish things that were little Jewish boys are supposed to do. I met Giorgio and oh seven. And this is true. I met Giorgio and Oh, seven and MUFON. He told me Ancient Alien Theory, which has been around forever. I discovered it and no seven. And I cried and I went up to Giorgio I hugged him. I thought Giorgio, you've just changed my view my worldview. You've changed, you've opened my eyes to a whole new world. And I don't really consider myself Jewish anymore. I call myself a spiritualist or something. So it had a profound it just had a profound this topic had a profound effect on my life.



46:24

Yeah, absolutely. That is that is so frequently the story with our guests, Dan, that it is a stealing experience when and that goes across the board for paranormal. A lot of you I don't know why people do not include UFOs in paranormal topic, because I don't know, it seems kind of outside of the norm to me.



46:52

That would be the granddaddy, the granddaddy of paranormal, ghosts, of course, and UFO. They might be 5050 some people well,



47:01

you know, and it's it's interesting that you bring that up because, you know, you do have a new book coming out in this upcoming winter or you're in a year, the my paranormal life and like you said, it is it is one of those that one one leads into the other. It's it's hard to have one without the other. You know, it's kind of like you can't have the light without the shadow.



47:32

And, yeah, last year, last year, last year, my first book came out last year, it's called flirting with fame. And that's about my 40 years as a Hollywood publicist. But it's also the 10 years earlier when I was in high school, when I worked with Bruce Springsteen and kiss and Fleetwood Mac and fine Deep Purple and all these every rock band you can think of from the 70s I worked with them when I'm 15 1617. So that was my that was my Hollywood stories. Career memoir. Okay, then I right after they came after my dad died and I told you that story

how that came to be sci fi but blending in aspects of my life and my father. Last Christmas, just six months ago, Christmas, I was bored to tears Chris I had nothing to do over the holidays for appliance. were quiet. I sat down and I started to think about the ghosts. Well, my dad has visited me as a ghost numerous times after he passed. My dad came to me many at least six times as a ghost. So I wrote down and then I put the UFO sightings down because they're not really in this book. And then my grandfather was 20 years ago, I lived with a woman here in Beverly Hills. Our apartment was haunted. If we had a poltergeist things used to break and crash and not walls and slam doors in the middle of the night. Altru we did a Ouija board and we talked in the Ouija board. And I found out that the ghost in my house was my my father's father of all people. My Grandpa Joe from Syria, I said where are you from? What's your name? Joseph. Where are you from? Syria? Are you from my Grandpa Joe? Yes. Well, of course he was. Who else is Who else did I know who this from Syria is my grandpa. So I just put it was it was a horrible and a couple of different stories. When I was five. Here's an interesting story. When I was five, I was climbing a billboard sign with two little girls, my little neighbors and they were probably seven or eight and I'm five and we climbed a billboard sign and I fell off the sign. I remember clear as day falling through the air through the air. I'm looking at the sky. I'm five years so the next scene in that movie is I wake up on a couch and a house. Several blocks away. No one was home I wake up I sit in the couch looked around and no one was home. And then Chris, as I got up to leave, I turned to my right. And there was a beam at the door at the screen door, and I can explain it to my daughter and she said, Dad, that was a gargoyle. The way I explained it, it was just seven foot tall creature had looked like his wings had been cut off. He was like white milk chocolate color. He had like a, like a bull's face. Knowing how he started when he looked at me and then he left. Now I looked it up gargoyles protects people and buildings. I think when I fell off this time, perhaps I died, or I didn't die is telling you and my mother thinks it was a dream as a mom, I'm telling you, it's my first memory clears day. This creature saved my life when I was so I just love these things together. And that's my paranormal life. Wow,



50:55

incredible. I can't wait for it. Like I said I have been enjoying after they came I cannot wait for the true stories of Dan Harare.



51:09

Yeah, absolutely man. Like after they came all the way through? If he if you'd be kind enough to give me a quote, I'll add it to my PR. Oh, absolutely.



51:17

Absolutely, man. It is it has been enjoyable. I read a lot of research I read a lot of research books, things like that. And it's it's fun to find the ones that are fictional causations of events and people's experiences. It always gives things a different twist and a different way to look at it. And it's even better to have conversations and hear the actual things that inspired the story the actual events and to hear you and even even to read your article and MUFON journal this month and and read about the things that you found out about your father after his passing from your mom. Right. Be wild den absolutely wild.



52:04

It. I consider not my dad's passing was very hard for me. But I really since he died six years ago, I've met all the top Reese. I've met him almost almost all of the top UFO researchers and friends now with several of them. I've done the top UFO UAP media outlets, my book is selling well. You know, Travis Walton's quote on my book, you know, this should be a movie used to probably say this would be a good film adaptation. I mean, from Travis Walton. When I saw that, I'm like, Wow, that's pretty cool. George Nouri told me on the air. Danny, you have a movie here. George just told me that on the air. I called my buddy Steven Spielberg and tell it to me, you know, my interest had happened only in oh seven. It tied in my earlier sightings that I had. And when my dad passed, he told me who he was from heaven. And it meant it gelled it all just came together wonderfully. I'm very, very touched. It's a gift my dad gave me after he passed.



53:13

Absolutely. Awesome. Thank you so much for your time tonight for your candid conversation. It's such a such a personal topic once again, the passing of your father and the the presentation of this information to you by him. Thank you. Thank you.



53:33

Well, you're welcome. I I've never heard of a I've never heard of a comparable story to this one. Yeah, it is. Anyone everyone I've told has said, you know, Yeah, boy, that's quite a story. And again, honest to God, it was a gift that my dad gave me. After the fact he couldn't tell me during me and my dad, we were close. He couldn't tell anyone you know? Yeah, what he did my dad accomplished remarkable things, you know? And from the other side, he was kinda like, okay, Danny, here's an idea. Take make a book, move the ball forward. That's how I look at it.



54:09

And it's it's different. Damn, you know, people, people always say like, Oh, I'd go whistleblower, things like that. These were people from a different time. These were people from a time where you could still fully trust your government. Right? They were they were from the time before Eisenhower before he was like, Hey, man, we had to do crazy things to win this war. Go make sure to you know, go go get your rights back from from Congress. Go Go get everything back from the contractors that we gave to him. So that so that we could win this thing, but I mean,



54:47

I remember my dad, I remember my dad saying, Danny, you just so you know your your father's a patriot. I mean, he saw himself as a patriot. What did that mean? Not revealing top secrets. Yeah, that's it.

 55:00

That's it exactly. When when you took that oath, you took that oath and you took that oath for life no different than, then in the you, you may say this is extreme folks, but any quote Oathkeeper out there, they see themselves in the same light, keeping their oath, no differently, you know, and we have to respect that whether you're on one side and go on I get out of here, we want to we want to overrule everything and, and flip and turn things over or no, I'm gonna keep my secrets, then I'm gonna keep silent the way I said I would.

 55:41

You know, I know. I know, we have to wrap up. But it would be if my dad had Alzheimer's the last two years, so he didn't even know who he was. And it was he didn't have who's really debt but, but if my dad was alive today, still, he'd be in his 90s and didn't have Alzheimer's. And grush came along, right. I would love boy and I wouldn't do to talk to my dad right now. And J dad. Okay, no, even if you can't really tell me but what do you think of this crush guy like, it would be fascinating to have that conversation with my father. My dad was in the heart. He was in the heart of the Cold War era. He was a cold warrior, my father not with guns, but with his grain. He was a genius. With his with his slide rule and his mechanical pencil. My dad helped us keep us safe from the Russians. So

 56:30

anyway, I want to thank you once again so much for your time tonight before we let you go let everybody know once again of course other than the curious realms store where they can go to pick up their copy of after they came where they can go to keep up with all of the latest from Den Harare.

 56:50

Okay, so after they came is available on paperback or Kindle on Amazon. It's also available from my publisher genius, book publishing. And that one might be cheaper. So either Amazon or genius book publishing. And if anybody wants to know more about me or contact me, it's right there from Chris. Dan Harare. author.com, [temporary author.com](http://temporary-author.com). All my books are there. My blog, my email. And again, people like Chris does a great man. You guys rock. And you can see some fun photos this week with Giorgio Tsoukalos. And Eric PandaDoc. In eidetic, in my book, he goes, thanks, Dan. I haven't read this one yet. I go, Eric. It just came out three days ago. That's what

 57:40

yeah, of course you ever read it?

 57:43

All right. Thank you. Thank

All right. I thank you. I thank



57:45

you so much. We're gonna let you go. I will be in touch with links for this tomorrow. Everything is going out live all that kind of good stuff. Thank you again for your time, Dan, and we look forward to having you on again later.



57:58

Right. I'd love to come back for my next book that has no absolutely absolutely



58:01

we will definitely have you back. Take care and Godspeed. No, you do. Thank you. Wow, amazing conversation. What a great guy and amazing story. You know what? Number one do have the UFO experience with your father. And then to have it with your son as well. Pretty pretty wild. I mean, number one to have more than one experience in life to begin with with the paranormal. Is is incredible. So Dan Harari, thank you so much for your time, make sure to stop on by his website, folks. Stop on by curious around, Buy your copy of his book after they came. Of course stop on by. Join MUFON I can't tell you what it is to get these every month. See the sighting reports everything else stop on by and check them out. Folks. I am not affiliated with MUFON in any way other than being a lifetime contributor to MUFON. I of course sponsor their conference every year. But aside from that, I get no money for MUFON I am not a MUFON spokesperson I just truly believe in what they do and in the cause of what they do for the cataloguing of sightings and experiences. So thank you once again, Dan. When we come back from commercial everybody, we will be joined by Mary Helen Hensley. The topic is alternate lives lives that encroach on your current life. Could you have a life a past life that you don't know about that may be affecting your reality? What can you do to kind of suss that out? And what can you do to help that out? We'll get into that and so much more with Mary Helen Hensley right after this folks



1:00:38

With the rise in attention to the health benefits of cannabis and cannabinoids, including CBD, drew him science has become one of the premier providers of full spectrum CBD and CBD related products using a proprietary spideroak process. Through him science extracts maximum benefit from the whole plant buds, leaves, stems, seeds, even roots. Every part of the plant is used and then reused to formulate a rich, complex profile of CBD, CBD derivatives and terpenes guaranteed to provide the relief and benefits you need daily. Visit true hem science.com to experience the best CBD oils, edibles and topicals on the market today and use code curious seven to save 7% off your entire purchase of \$50 or more and get to 25 milligram CBD cookies or brownies free that website again is true him science.com and the code is curious seven.





1:02:10

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1:03:35

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1:04:59

Hello Hello everybody and welcome back from that oh, so refreshing break. Thank you so much to all of our sponsors, especially true hem science. If you are a user of CBD products like I am, stop on by check out their full spectrum CBD products over at [true hem science.com](http://truehemscience.com) Make sure to use the code curious seven to seven, save 7% off your entire cart of \$50 or more and get yourself a free edible as well. While you are online, of course, make sure to stop on by [curious realm.com](http://curiousrealm.com) That is where you can find all of our content, that's where you can sign up. For our mailing lists. That's where you can fill out our experience or form if you're an experiencer of the paranormal. That is also where you can find your video vault where you can follow all of our guest content including Dr. Mary Helen Hensley, who you can find it [Mary Helen hensley.com](http://MaryHelenHensley.com), as well as signs dot app si n e s dot app, we will be talking a little bit about that today. But to start off the conversation, we will be talking about past lives, things like that, how sometimes those things eat into our lives, and what we can do to to clean that up what we can do to I guess, refresh in our lives help get rid of some of that past trauma that may be lurking about. So welcome back to the show. Mary Helen Hensley. How are you doing?



1:06:36

I am great. Thank you for having me back. It's great to be here.

I am great. Thank you for having me back. It's great to be here.

 1:06:39

Always great having you back. It's always an RE invigorating conversation whenever I have you on so. Let's begin with how have things been over there with you.

 1:06:54

Things in Ireland are very strange as they are around the rest of the world. Like, where does one begin? Where do we want to talk about the weather? Or do we want to talk about what's happening in the Ukraine? Do we want to talk about what's happening with refugees? Like it's been a mixed bag over here, dude. Wow,

 1:07:15

it's it's been wild over there. So. And you, as we were saying in our pre show conversation, you recently in the last couple years went and spoke at the ions conference. The National Association for near death studies, I was a sponsor at their conference last year in Salt Lake City, and amazing group of individuals. That was that was one of my favorite shows to go to. I was sad. I did not get to go this year. But when you were there, you were speaking about past lives, things like that. Let's start getting into past lives, your work with past lives, and what past lives might entail for the average person?

 1:08:06

Okay, yeah, I'm actually glad we're talking about this because I had such an amazing thing happened last week. Like, look, I've been doing this for 30 something years. And it's, it's one of those things that never ceases to amaze you. It doesn't matter how many times that happens when I go into a healing session with someone because healing for me is not Oh, you have X, Y, or Z. And we're gonna get rid of that. That's not what healing means. Healing is how can I the practitioner or the person who has these kinds of strange abilities, assist you in your journey and that could be dying, it could be I mean, there any number of things. Healing means that you're there to assist the person with your special skill set in whatever it is that they need in that moment. And so

 1:08:53

it's not like you're there too much like any therapist, it's not like you're there to do your do the work for them. There's still spiritual work that has to be done by people, you were there as an assist.

 1:09:06

Exactlv. you know. and in some cases. they've done that work. And they're like. happened with

gum on your shoe. And I'm like, I've already already dealt with that, you know, it's so you go in and remove the gum from their shoe. Or, you know, that analogy of like, they're trying to live in present time, and they're trying to drink a really fantastic cup of coffee through a dirty coffee filter. So you know, it could be that you go in and you're cleaning that filter and changing it for them. And then all of a sudden they go, oh, and they see their own light. Do you know it's that kind of way so healing can take on so many different, you know, and are the people who come in, you've got some crazy disease and they walk out without it. Yes, that happens too. But the same with past lives. We never go in with the intention of Hi, welcome to my office and today we're going to deal with your past lives. I never ever ever do that. It is something that I absolutely allow to unfold it very organic process as to, it might not be what that person needs in the day, or that person might think they're wanting to come, you know, come in to talk to their dead Aunt Judy, and then all of a sudden they're in a past life. So that's what's so amazing about it. It's not something that we're controlling, hey, let's just go do to do a past life regression. And there are some amazing practitioners out there who do that. For me, what happens is, while I'm assisting the person with the healing, if whatever my primary question is always, how can I best assist this person in this moment? And it's not even with with what they came to me for? I don't even add that in. It's how can I best assist this person in this moment? And if suddenly, I'm drawn back into 1847. And there we are, and I'm going, Oh, that's where this problem started. It's your back into that past life. So you as the practitioner, this is how it works in my world anyway. My people aren't necessarily seeing what's going on. I'm watching the movie, I'm, it completely keeps them detached from any kind of trauma or drama. You know, because sometimes we can, we can chase past lives the same way people try to chase a dead loved loved one, you know, they'll go from medium to medium or practitioner to practitioner looking for, oh, you know, all my past lives. I'm like, Dude, do you know how many past lives you've had? Because they're not usually past? Their concurrent, they're happening simultaneously, all around you. But you know, people don't really have a great grasp on that.



1:11:31

Well, and you know, with that in mind, how do you how do you go about identifying when, when that is the help that somebody needs? How do you go out? Because I mean, of course, it's I mean, I wouldn't say that I have been through a hypnotic regression. And during that regression found out apparently there was something in there about me being me being a like French immigrant, who was who was a farmhand that popped up during this was just a general hypnotic regression. And it was pretty interesting. I have never been through a past life regression. I don't think I have any. And I may be mistaken, I don't think I have any past life trauma that is eking upon my present life, but how do you go about identifying that with somebody



1:12:29

pops up, you know, it's a, there's no mistaking it, there's this kind of it's like, my, my vision changes, my, my, my hearing changes. And now all of a sudden, I'm in as a viewer, it's like a remote viewing of a different lifetime. And so I'm actively watching what happens. And so when I go, take me back to where the started, I want to see where because I don't want to sit and watch 8000 lives, they've had, you know, doing whatever it was that we're doing, because oh my gosh, you you know, for me, it's where did this thread begin? Because it's always a thread, you know, and that thread could consist of one lifetime, or it could consist of 100. Because if

we're studying something, the soul that is incarnate, and if they're taking on different lifetimes, to see things from different perspectives, sometimes they get it in one go. And sometimes they get it and 50. And it's not a punishment, or retribution or anything like that. It is them in control of putting themselves into these lifetimes, so that they can experience things from different angles. It's like, you know, it's like, if you were photographing a subject, you can have one straight on photograph where you can photograph them from every possible angle. And so past lives will often or concurrent lives will often work in that same way. And so I'm like, take me to where I need to go to see what is messing them up in current time. What are we hooked on to what's what's causing an issue? So for example, this was so amazing, because like, my office is like the most fun office ever. People love coming in here. First of all, because you are greeted by my amazing office manager who also has Tourette's. So I am like living my best life with this woman with Tourette's because it like everyone loves her and they're so used to her. So she's like blurting stuff, you know that? I don't know if somebody with Tourette's



1:14:24

depends on the tick, but yeah, oh



1:14:27

my god, the tics are just and she you know, you know, she'd be like, Come in come in baldy. And then it would be baldy baldy baldy or I'm hitting the chiropractor table in my office and she's like, Hey, man, every time I hit the table, She's incredible. And people just feel so at ease around her because she's so at ease and so accepted in the environment. So it's just like the healing starts when they walk in the door. And but she's just a really funny and so Irish, so Midlands Irish. The sense of humor, the Irish are just, I mean, that's literally why I live here. They're like, Oh, did you move ever for a man? Is it that is to the countryside is with it? No, it's a sense of humor here. Like you've never met a nation of people who like over here, sorry, can I say we take the piss take the piss out of ourselves, you know, like, they don't speak to you even in their own accent, they're always making a voice or making a Do you know, God just lets you know, they're, they're making fun of their own accent. It's so funny. So there's a lot of laughter here, which is just to me, so therapeutic. But so you can imagine she's such a character. Well, in comes this lady. And so part of my office manager Sandra's Tourette's is she does have she has the verbal tics and the physical tics. So in walks a lady with myoclonus, and if you don't know what that is, that's that full body jerking. You know, it can come from a stroke, it can come from a brain injury, or in this woman's case, it could come from somewhere very unexpected. So I have her permission to talk about this, because it was just so fascinating. And look like with any job we can get. It's not that you ever get bored, but it's kind of like same ol same ol sometimes. And then the really extraordinary ones come in where it's just oh my gosh, it reminds you why you love what you do so much. Well, this was that day last week. So she's walking in, you know, like the ticks are like, do you remember it? Did you see men and black? Of course. Oh, yeah. Do you remember the Bug Guy? Yep. All right. So you remember, the alien came in, and he took the body of that guy, that farmer. He's walking around, you know, like popping in, lock in everywhere he's walking. So that's kind of what my clonus looks like, for this woman. It sees like spontaneous, like the leg kicks out or the arm jerk. So the head goes or, or whatever. And so she's been told by the medical community, that it's that it's from brain damage. And I'm like, Let's go see. So in we go, and, you know, I'm just like, look, whoever it is, whatever it is, whatever we need to know, let's do this. And so she was like,

awesome. So she lays on the healing table, which now she's being pumped with, layer upon layer of different frequencies. And I actually gave to you so that you could share with the audience. This exciting news, my my frequency Guru, the guy that you can turn around and go, Listen, I need this, this, this. And he just makes it he creates and he's the most incredible. He's a frequency wizard. That's what he is. And he has put years into creating this application to the frequencies that I use in my healing. He's, he's created an app that not only incorporates my work, and what I do, and some of my books and all but so many different healers across the board. And this music that he has created. And I mean, from everything from mood to sleep to healing X, Y, and Z. It's incredible. And so I'm like directing everybody run, run, run that way. It's signs si n e s dot app, is where you find it. It's incredible. And so what's beautiful about it is it's constantly growing and building. You know, by the end of the year, my show, I have a new T little TV show, where I'm teaching some of the healing principles in a in a fun, easy way that's good, easy for people to digest and not get bored, called the Mary Heligan. So I'm taking some of the questions that I'm most asked and answering those in this kind of new format. And that's, that's going to be added on to the signs app as well. So it's just it's got all sorts of audio books. And like, my AUDIO BOOK understanding is the new healing, which is all frequency based. So as you're listening to the stories, you're actually immersed in the frequencies that will help you heal from the issues that I'm discussing. Yeah, so anyway, I use these frequencies in my healings every single day. So your woman is laying on the bed, and she's being pumped with layer upon layer of frequency to go in, we're kind of doing a spring cleaning, I'm gonna I'm standing there, I'm like, Alright, take me in. Let me see what I need to see. While I'm doing that I'm emptying the bins, you know, um, anything that stuck in there that she's dealt with, but it's, it's kind of like sweeping or taking out the trash. You know, these are things you've been through dealt with, and you're interacting in a world that's full of frequency and full of so much stimulus now. And so sometimes we forget, we've got to stop and we got to empty the trash. And so when the person is on the table, they're being immersed in these frequencies. And this was why I'm so excited to be sharing this app with people. This beautiful baby created by Greg Panya. Is because now everyone can access this. You can go okay, I need help with this and there's that category and you know, I really want to work on emptying this or Shifting this and there it is. So that's what I'm doing in my everyday work. It's not like we want. I don't want to be the guru that people have to go to in order to do this. I want them to have the tools to be able to access the stuff and do it themselves. So that's why it's super exciting for me. So she's laying in this frequency, it's pumping through her body. And next thing, I'm like, what is that? And she starts talking, and I'm like, okay, is that Italian? And I'm like, No, that's not Italian. And then I'm like, is that Latin? And it wasn't Latin, but it sounded like Latin. I took Latin in high school. And I was like, Oh, my gosh, what is this? Well, next thing I start seeing writing down downloading this alphabet. And when I eventually went back and found it, it's called oscan. Oh, s c, a n. And it's a pre Latin alphabet, or language or wave speaking. And this woman is she's talking away. And I'm like, Oh, my gosh, this is interesting. I am such a history history buff, that when something like this happens, and I get to go somewhere I didn't even know existed. I love it. You know, it's one thing I hear right now is the Titanic. And everybody knows London. Nobody knows whatever. But like, I am now in central Italy, with a tribe called the Samnite. If they are in it, T, I'm smelling it. I'm seeing it. I'm there. I'm immersed. And I'm like, Oh my gosh, I've never heard of these people. This is awesome. And so in 82 BC, the Romans came in and there was an ethnic cleansing. And they were wiping out this was a very peaceful agricultural community. They worshipped the goddess ops, and I was like, embarrassed to say, I know who ops was in that moment. Maybe I used to, and I forgot, but ops was the mother of Jupiter. And so this community, this was who they that was their goddess of choice. And she was it's actually the Latin base for opportunity. So The Goddess Ops is the base root of opportunity. In Greek mythology, she would have been known as Raya. So this is the mother of Jupiter, and she's their, their goddess. And so what they did was a very, they they sacrificed

animals, but not in a barbaric way. It was a very, you know, sure, like anybody, any animal sacrifice is barbaric. Yeah. Okay. Consider the source, consider the time consider where we are. And it's not like people were running around just hashing up animals. This was a very, like a religious ceremony. It's like taking, you know, the body of Christ, about the wine, the bread, whatever, it was very symbolic. But a ritualistic were in their method of thinking that needed to be alive, being and so they were animal sacrifices to this goddess ox. So in 82, BC, when the Romans came in, they did this cleansing and so best way I can picture this picture of a group of you know, like a gang or a, you know, group of army lads or whatever, who were up to no good. And they're just, they're, you know, they're picking on people or making fun of them or doing whatever. So the Roman soldiers come in, and they see these, you know, kind of farm, farm folks who are worshipping the goddess and sacrificing these animals. And so they decide because they've been tasked with wiping these people out with have fun with this. And so they started sacrificing the people the same way those people would sacrifice an animal. And I'm like, wow, they Oh, wow. is right. Well, next thing, the lady on the table, is I even stopped and recorded it because it was just wild. She's begging for her life, but in oscan, in this in this language, and it was so wild to listen to, she was begging, begging, begging. And I was like, I know that word. What is that word? And it was like, I think the word was Kumba, which in Latin, is like godfather.



1:24:25

But in Austin, I got the simultaneous picture of a new bus taking the dead across and into the next life. And so in OSCON that's what it meant what she was saying over and over again. She was basically calling in and going, please, you know, make sure please take me across into the light. Please make sure that you know I'm okay. She's begging for her life. Oh, wow. It was wild. Right? Well, the other wild things, folks, is that we're now Like 45 minutes in deep, and she hasn't as much as twitched an island. And I was like this is this is really interesting. This is not a brain damage scenario where we've got the myoclonus going on, we've got a past life scenario where at this point of trauma for whatever the reason this body is associating this, this Twitch with this particular incident with this lifetime. So I'm like thinking who, how clever am I for figuring this out. And then all of a sudden, everything changes in the room as it does sometimes. And now I'm Buffy the Vampire Slayer. Actually, demon slayer. This moment varies from begging for her life and oscan to there is this very loud hiss. And something that had attached itself to the energy of the trauma. And there's a very good example of this. Now, the writing is fiction, but the concept is so similar to what we who practice this and our deal with this on a daily basis. He nailed it. There's an author called Ben Rana vich. Who used he would he wrote for Doctor Who, he has a wonderful series, the rivers of London series, you know, it's a great fiction series, but it talks about magic and it talks about the uses the London Police. So there's, you know, the branch of the London police that people think they know. And then there's an entire branch that deals with the magical side of magical issues. Yeah, they're dealing, they're dealing with the Fae, and they're dealing with things that the average person can't see. And so been around which uses this term, which is so apropos that I've nearly adopted into my own vocabulary, because it really describes what we're seeing. And it's called Vistage you have invested them is like a footprint of an event that took place that one can pick up which kind of in nowadays terms, we would say cellular memory, but vestige lum can also apply to the fact that when something happens, the soul the energy, or the trauma of an event can get trapped in something. And so what was fascinating in this moment, what I was witnessing, as this bliss began to come out of this lady, it overpowered the villager begging for his life, and suddenly it is this horrifically ugly. And you know, people really misconstrue evil is evil is only evil, if you're scared of it seriously, because it's all about matching energy. So you

know, you start feeling the temperature of the room change, and all of a sudden, this voices hits and out of this lady and this, and I'm like, you want to dance Dude, come on, bring it. And when you approach a situation like that, and you go, this is nothing other than we're releasing this energy and letting it go, because it attached itself to that trauma of 82 BC, where this lady lost her life in a sacrifice by some guys who are up to no good. And so if she possessed is Oh, my God is or my clone is coming from some kind of demonic possession. And no, what happened is this energy attached itself to the memory of that event, so it's not she the woman who had this attachment or possession, it was that memory. And so it's really helpful to know that because then you're in control. It can't do anything to you. It was disrupting her frequency. It was disrupting her vibe. And this and I was like, Kid ad I hear thanks very much for whatever it was you needed to teach. We thank Yeah, that's wonderful. Now out, we're done. Now, simple.



1:28:58

Now, I guess my curiosity at this point would be would that trauma from 82 BCE that is encroaching upon 2023? Would that be a trauma that has been lived by every single past life that this person has had every past incarnation? Because I would assume the fact that they're that, in this case that this spirit has transitioned from body to body carried on how does



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that work? No, it's it's a case of it was necessary in this story. Okay. The story of who she is now in this lifetime, right? So you've got it's just like her genetics, like let's say her parents or grandparents or great grandparents from this lifetime, they're not the same people from two lifetimes ago. You know, some of them could be some of them might have shown up as characters in that story, but there she doesn't have the same genealogy. She doesn't have the same genome The same physical characteristics, the same genetic characteristics. So that changes from lifetime to lifetime. But maybe you carry it, can you carry memories from lifetimes? Absolutely. So for whatever reason like that could go and have nothing to do with the last five lives, but it was necessary that cellular memory in this life. So it manifests is this, you know, like this has been around which says this bested GM, this footprint of that is coming in and all of a sudden, she's up against Wait a second, this is bizarre. And here's me going, Wow, we're an hour and 15 minutes into this and she hasn't sniffed, let alone jerked or twist. And I'm going, if this is a proper myoclonus, it doesn't just stop and pause, because we're in a healing session. And I'm like, This is crazy, not a pop. And I'm like, that's how we know it's attached to this. So it was fascinating. So she then has to go undo her understanding. And she has to unlearn her ideology that this is just sheerly related to some kind of random brain injury. And recognize, oh, gosh, and so what will often happen in a case like this is they'll turn around and go, Oh, my gosh, I've always wanted to go to that part of Italy, or I've always wanted you here, stuff like that. It's really common, where you could have someone who was a female pilot, post it in World War Two, and they're like, oh, my gosh, I've always wanted to fly. You get that kind of stuff, these affinities for certain things that suddenly make sense? Well, this was just such a fascinating thing. But so now let me paint this picture for you. So this thing doesn't care that if anybody else is in the office, it doesn't care if there's somebody in the waiting room or whatever. It's yelling, right, yeah. Here's my office. With her Tourette's, and she's now starting to tick up from here, she's



1:32:07

wound up.



1:32:10

By the time I get up front, she's doing every decade of the Rosary with the beads. And she said, She's not even necessarily, you know, she's very adept at the spiritual, but it was just so funny because it was it was very well, it was like shouting at me. And she knew it wasn't me and I and she can hear me laughing at it. I'm like, give it to you. But give me your best. Because you're going bye bye. Do you know like, we're done, if you should, if you've exposed yourself now I'm saying thank you. And bye. Yeah. And so she is front and the only water out because she would come from a Catholic background. But she's not necessarily Catholic. But you know, either. There's no atheists in foxholes, and like, we're in the foxhole now at this stage, and it's like, shouting down the office. And then she can hear me just like, you know, come on, you know, give me your bath. Let's stay on. So this is that scene in the movies where the priest is like, sweating profusely, and he's got a cross up and the whole nine yards. That's where they really Hollywood it up. Because, you know, does this kind of stuff exists? Sure. You know, is there a horned devil standing in the room? No, it's not like that. It's an energy that's causing, you know, because you don't know what kind of the stuff that these people practiced in, you know, in these darker ages. So? Well,



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I guess that brings up one question, because you you mentioned, you know, no, no, this was just something from her past life that because of this life, has had to had to come out.



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Does that mean it's present in this time? Yep. Well, well, sure.



1:33:51

Absolutely. Because it's using that person as the conduit. And I guess my question would come to bear, especially when you're talking spirits, things like that coming from previous times. Does that have anything to do with let's say something along the lines of like Sins of the Father? Where, like you're saying, not even because of anything that she may have done in this lifetime, but just because of her being in this timeline in this lifetime with those people. This had to come up?



1:34:32

Well, I think it was it was definitely specifically tailored to her experience. This wasn't just like her having to, you know, to shoulder the responsibility of something that somebody didn't add to BC it was a It's not like that. You know, and it's the very same as like, oh my gosh, you know,

when people are like, this evil or whatever, well, why isn't it evil when someone's beloved dead grandfather starts talking? Do you know what I mean? Like it's just energy. It's just These are just things expressing themselves and you can give legs to them or not. And if you're if you remain in a space of absolute Look, you can't do anything that comes in here and harms us here. Because we simply won't let you. You're not allowed. That's not part of my experience. I'm not, you know, so it's like, you know, I've got a pretty good track record of never having been attacked by anything, you know, 30 something years. And let me tell you, I've done done an awful lot. And I've seen some weird stuff. Oh, but



1:35:37

you're, you can revoke consent at any point. Yeah. Yes, I'm sorry,



1:35:45

revealed oscan time, which was really funny, which I didn't even know I could speak. So suddenly, boom, it comes in. And I was able to do what they did the time to put this thing in its place. And I was like, Yeah, that was so cool. Do you know, so it was such a fun session. And it was, and then she goes home, and she starts relearning a new pattern, she has to start going that all these years, she's been told that she's brain injured, and that myoclonus strictly comes from the hat. And now we know it doesn't, because I sat there and watched her, filmed her, and I went Look at this. And she was like, Oh, my gosh, you know, not a peep out of her body. She wasn't budging at all. So you know, then somebody has to reinvent their version of reality. It's like when I died, you know, the whole near death experience a board and sitting in that review, and you're in seeing how time actually works. And then coming back in, I feel like I had to go and do some homework on myself, because I had, I had to kind of undo unlearn everything that I thought was real. And so we're in doing that, the more I've done that, you know, the easier it makes my experience when I'm doing this kind of stuff with people, and I'm going, Look, you simply just have to go it's like, it's like if cancer was coming from a particular event, or where somebody dropped the ball and let themselves down and, and the disease needed to, to bring their attention back into themselves. And they go, Oh, my gosh, I didn't even know I could do that. And I'm like, yeah, now you need to go undo that. Oh, okay. So yeah, that's, that's kind of the efficacy of being able to look into a past life. And this one was just so much fun, because there was just so much involved, like kissing demons. Oh, my God, how cool is that? And, and then I got to go back and look up an entire civilization that I didn't even know existed.



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Yeah, and I mean, I had the situation many years ago, where somebody I knew started speaking in a tongue like, and later had no idea that it actually happened. And whether whether it was past life encroaching, who knows? It was a pretty remarkable situation when it happened. But when when that does happen, do I how do you how do you start? I guess refocusing somebody? Once they, they'll first? Well, sure, sure.



1:38:24

You know I'm such a little comedian. Like I just think I'm hilarious. And, and all of life. It's

You know, I'm such a little comedian. Like, I just think I'm hilarious. And, and all of me it's funny to me. Yeah. And, and so I first have to sit with this and go, Okay, this is funny. You know, it's like, and I'm like, Are you for real? I'm like, will I go get my white collar and my cross? You know, and I'm talking to talk to somebody who is acting in Egypt in front of me, you know, I wouldn't be like, okay, really, okay. So something something you need to say to me? Are we just gonna do this what's happening here? And you know, the wildly other persons I've seen people levitate I have seen out like, you wouldn't believe what I've seen over the years. And so at first I have to kind of just I start giggling and I'm just laugh and go in this is hilarious, because like, you know, here you've got mister three piece suit with the Wall Street Journal tucked under his arm deadening realize this part of the world exists. And then you've got, you know, the, the housewife who goes and you know, she's in Mass every Sunday, and she doesn't even know this world exists and what are you?



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How do you even begin to conquer that hurdle with somebody of here's, here's what's happening now, because you've got to have something in pocket. You know, I mean, I'm sure that every cancer doctor starts off with the same few sentences. You know, where it goes from there who knows? But,



1:39:52

well, it is it's that's kind of the fun bit. It's like when I had I had breast cancer and years ago, and um, It was at a time and last I'll tell you exactly what happened is my children's father had gone and I was raising the girls that from ages one to three and three by myself and about, and with no help externally. And about five years into him being gone, I get this phone call, and he wants to take the children to Disney World. And I'm like, I am working my tail off. And I am doing this. If anyone's taking them to Disney World. It's me. And so and then the healer voice came in, and I'm like, Oh, my gosh, listen to yourself. That's that's not very, that's not very healer esque. Don't you want to give the children the opportunity to have this bond with their father and to let everybody heal? And so that voice one. So Off they go and two weeks? Two weeks now, two weeks later, I had cancer. So do you think that's a coincidence? No, it's because I wasn't ready. I was doing that. Because it looked good. You know, that's my reputation. I'm the author and the healer who writes about being loving and healing these situations and all that, but I wasn't ready for that. And to be quite honest, no, I had every justification in that space to go Hold on a second. I'm raising the children here. And if we're going to take them to the magical, mystical, Wonderful World of Disney, I think I'd like that privilege since I'm the one who's keeping them afloat. And so but I overrode that. And so in overriding that voice, I, you know, nobody puts baby in the corner, I put baby in the corner, I put myself in the corner and went, Hey, I'm not listening to me. And so I was just a little too raw to do something. So moving. And so next, you know, two weeks later, I've got cancer. And so I was like, Oh, my God, this is what I'm teaching people not to do all the time. And I did it to myself, Hey, I'm here having a human experience. And so I go when oncologist is like, you know, what if we, if we start on the key, no, which don't say the word, we use Ray? No. I said, I'm gonna tell you something. I know exactly how this happened, because I did not have cancer, the last check. And now suddenly, I do and there was quite an event that took place in that. And I think that that is the baseline of what's going on. And she's going, I don't think this is smart. And I went, What do you mean? She goes, Yeah, okay, with your spiritual stuff. And all this kind of No, and I'm like, so you don't think that my experience and interaction with the

world has anything to do with my physical health? And she was like that. I said, Here you go. Let's do it my way. First, give me a month. And if I haven't gotten rid of this cancer within a month, based on my understanding of why I have it, then we'll go your route. Fair enough, okay. She gets to kill you in a month. That's okay. So off I go. And I sit down by the ocean and I cry and I don't cry except cancer. I cried. Because I like you, idiot, you know, better than this. So I let myself beat myself up a little. And then I pulled my socks up, and I went, alright, now what are we going to do? So I changed up my diet. I went raw, did essiac tea. And I healed the fact and I said, You know what? And I explained to the girl's father, I know. And whether he got it or not, wasn't the point. It was that I said, you know, I did a great disservice here. And I didn't want to carry this resentment anymore. I said, you know, the reality of it is you don't have anything to do with the children. And you came in and you, you took them away to somewhere that's, you know, magical and wonderful. And I let you and because of that I made myself sick. And instead of going, You know what, no, no, you can't do that. Because it wouldn't look good. I ended up internalizing and got cancer. And so I just needed to address that. And that's it. It's not a blame thing. It's just I'm letting you know, this is what happened. And here's where I need to take responsibility for that. And so I go back, and four weeks later, she looks and she's like, remarkable. I said, Yeah, so I assume I've got no cancer. And she was like, I can't even believe this. Because it was a it was quite, it was a four centimeter tumor. And she was like, Okay, this is unreal. And so I said to her, and this was such a moment and I went, would you like for me to share with you what I did? And she said, No. And in that moment, I realized, you know, I'm in my world, working with the people who are or who were where I am and need what I have to offer. And equally as important there are people who are in her world and need what she has to offer. And had I explained to her how easy it was to get rid of that cancer, her entire education, everything her foundation is built upon would have unraveled right in front of her and so that's why I don't ever go you know that practitioners stupid. They don't know what they're doing. That's what are they they're being evil or bad look People have the choice to utilize these people or not. And so thank goodness that those people are there for the people who feel like that's their path. Yeah, there are there are people who come into me for healing, who I'll go, you know what you need to go do chemo. And they're like, I thought you were all natural. I said no, I said this is about a knowing this is about an understanding where you are, I don't think that your faith and your trust in your own healing capacity has evolved to a space that you can do it that way. So I think you need some help. And they're like, oh, my gosh, I thought what I was expecting, that's what healing is healing is not feeding your ego and going on the one who got rid of this, it's meeting the person where they are, and meeting their need. And so it's like that with the whole past life thing. It was like, when I was able thank God for the smartphones now, because I actually got to turn around. And this is one of those great spots where technology really comes in handy. Because I click click, and I was recording this. And she just went, Oh my gosh, oh my gosh, that thing's talking out of my mouth. But that's not me. Yeah. How cool is that? She's like, I can't, I don't believe it, because there it is right in front of me. And then and then their paradigm shifts. And so that's what we do as healers, you know, we meet people where they are, it's not trying to convince people to be something different, or you don't realize this world is so many different things. This is the definition of what a parallel reality is. It's not a chronological, past, present, and future life. They're all happening simultaneously. So you don't berate someone because they're in a different storyline than you. And nor, you know, in my situation, yeah, I don't allow myself to be berated for being in a different storyline than other people. I invite them not to be part of my life if my life doesn't gel with where they are, you know, and so I sit and watch myself is one of the only practitioners who was opened during the COVID pandemic, because I was just how did you do that? How would everybody else was shut down all because that's not the storyline I was operating in. I was operating in a storyline where the police wanted me to be open, because they all come to

me. And the ambulance drivers saw me as oh my god, you're totally necessary, you know, essential worker, because I can't move unless you're there working on me. And so I created my own storyline, I was working, I had my own best pandemic ever.



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Because I was working in my storyline and not someone else's. And this is one of the most empowering tools that people can realize you don't just because there's an allopathic world, and you know, people can recognize Listen, why do you think you carry insurance? Because it's an allopathic model? So the current reality that a lot of people work in, is an allopathic one. Well, you know, you can't have time off work unless you have a doctor cert. Well, how about my acupuncturist? Or how about my chiropractor? Or how about my my Reiki practitioner cow, just get a cert from them? Sorry, no, we don't take that. Oh, so you only take a cert from a medical doctor? Well, people need to start thinking about that, you know, who's funding that? Who's running that? Who's calling those shots? Yeah, but that's become the norm. And so during the pandemic, when all that started unfolding, I was just like, No, I'm that's not, that's not my storyline. And I'm not certainly going to jump into that out of fear, you know, I'm just going to carry on doing life do and me. And it was, and it worked. And I worked the whole way through and, and I was doing healing sessions, and people were coming to me from all over the place the same way they always had. So my life didn't change at all. In fact, I got busier, because I was the only one open. So you know, this is that idea of a past life, a present life, a future life, the energy you can't, you know, these are all simply chemical reactions. When do you know, you cannot go into the past, or even think of the past or interact with the past, unless a chemical process takes place in the brain, you know, and you and you fire up these neurons and you travel down these neural pathways that take you back to a cellular memory. You can't live in anticipation or fear. Unless you fire up those neurons travel down that neural pathway and you move into the future. We're not scared of the past. We're scared of what we deem as the future or present time. And there's literally just chemical reactions the same way that I could sit and have a memory of what I ate for lunch today. I'm not still eating now that's over, it's gone. Its history. But the process is still taking place in my body. My body's still breaking it down. It's still present time in my body. But the actual act of eating the lunch has already happened. Been there, done that. And so people don't realize and they forget that it's not chronological, it's simultaneous. It's concurrent. And so this is part of the beauty of working with past life scenarios. I'm in the healing process, because not only is it opening up something interesting for the person, but it's opening up an entirely new way of looking at the world around them. And that's equally as healing.



1:50:11

How does the average person begin to recognize that one of these concurrent lives may be interfering with their daily life or with the life of a loved one?



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Because they can't get the answers they need through the old model. So this is what happens. A lot of people will get this doesn't make sense medical doctor says they don't understand why this is happening. Well, maybe it's not a medical issue. Do you ever think about that? Oh, yeah.

Oh, I guess I never did. Well, here, let me let me show you that this world. Let me explain this to you. And they're like, Oh, okay. And so it becomes this natural progression, because in the model that they are accustomed to, I always talk about coffee filters, you know, it's like you're trying to make this cup of coffee. And, you know, you've got all these different types of filters that you can make that coffee through, or you can have a big dirty filter and get a big dirty cup of coffee. Or you can have a clean filter and have this gorgeous clean cup of coffee. And so it all depends on what filter or people are taking the experience through. Yeah. And so you know, that, that once people have dealt with something where the stock standard tried and true method is just not working for them. And that becomes a personal experience. They are far more open to exploring other realities.

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Oh, absolutely. Absolutely. You know, and, sadly, that frequently comes especially in some of the cases that you're talking about. Even in your own case, at the last moment, when when you may not be expecting it, when you may not even be looking for it. So to be able to once again, see see that ahead of time to be able to identify that, hey, you know, maybe maybe something else may be going on? Even even with a family member? Because that's a that's an odd conversation to broach and not a not an easy one. Well,

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it is because you know, it is strange, because like I have many experiences, like I had someone in for healing once, who had come from a great distance, and he was all for it. He was so ready to do this. And he knew that he could heal this cancer himself. He just knew it, even though it was not the way people saw him. They didn't realize he was kind of a closet, we will die. And he was like, I know I can do this. So he came for his first session. He absolutely was just like, yes, this feels good. This feels right. The next time I saw him, he looked ghastly. And he came into me and he was in tears. And his wife was an oncology nurse. And he said, I just need to say this out loud to someone who can understand and know what fairway and he said, I know I can do this myself. But she's my wife. She was my chosen partner this lifetime. And to live with her without whatever remaining months weeks I have, and not be doing this the way that is her chosen method will make my last days more miserable than I could ever imagine. Oh my god, and but that's that's why guys do you know, that's what that's what happens. And so he made that choice that she was going to be in pure agony and living with If only he had done this, he knew he was going to die. Because he knew he had already made that choice to do it this way. And but she was gonna go, you know, he could have made it he could have made it she would have always lived with this thing of If only he had done it my way.

 1:54:05

Yeah. If only he had listened.

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Yeah. And he knew how he felt after after doing it his way. But the nature of their story together was such that he made a decision that he would rather do that for her. Yeah. Then do

together was such that he made a decision that he would rather do that for her. Yeah. Then do it for him.

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Well, knowing knowing the outcome regardless, she is the one left behind she is the one left to carry on, at least here in in this in her adjunct lifetime so

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well, he didn't want to listen to her. He didn't want to carry on with his choice what he was doing and then have to listen to her. Yeah. To well, over here in this country,

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given any white coat DR. DR will tell you, you know, there there is something to be said of the, the remaining time of the quality of time that is remaining with somebody in that situation and what you're going to do with it and how well you're going to

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tell you how many people have come into me, whose families say a family man or member brought them because I'm the healer, you know, please help I help my husband or help my wife or whatever. And then I'll get that person behind closed doors, and they will look at me and go, whatever it is you need to do to make them think that I'm doing that I'm out of here, I'm done.

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Yeah, if you have some sage spray, or whatever that you need to whatever

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it is that they can, oh, well, it just didn't work or whatever. And they will clearly go, I don't want to get better. Because getting better means staying in this particular scenario. And I'm not in a position in this lifetime, with the resources available to me to do this differently. And I'm like, I hear Yeah, I get that happen a lot. A lot. Uh huh. Yeah. Wow. It's fascinating.

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And, you know, even with that in mind, you know, the idea of people coming to you with family members, because once again, it's, it's kind of like, I guess you could roll the dice on an intervention with somebody. But it's still ultimately up to them. Right, you know, and they have to be the one to want to make that happen. And that's hard. It's not?



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Well, it's also quite common. I mean, like, it's so common for people to go and hijack someone else's death. Like, we see it a lot. And it's like, you know, it's I'm sorry, this is their death. This isn't about you. Yeah, you know, you need to process and you need to go, Hey, how can I assist you at this time? Not? Oh, my God, look what you're doing to me? Yeah,



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yeah, no, like you fortunately, have all these great stages that you get to go through. Right. They're in that last one right now. And they need to get to a point of acceptance. And that's going to be really hard to do if



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you hang it over ice cream. And don't leave me Don't leave me. Yeah.



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And that can be hard, you know, because there's one thing to understanding the trauma of a past life encroaching on your present life, there's something else to understanding the trauma of a concurrent life leaving you



1:57:53

Well, let me let me leave you with this story. This is, this is, you know, I do this for a living, like, I would consider myself pretty adept at the skill and like, but we're all having. We're all having a human experience. And so we're all prone to it's like, you know, oh, I got cancer for a couple of weeks, because I dropped the ball and I did something that was not in my own best interest. You know, okay, so I fixed it. So I corrected it. When my father was dying, this was in 2012. We had a couple of really remarkable experiences. And one of those was when he was in the nursing home, he had Alzheimer's. And he was really having a bad experience with sundowners syndrome, which is when they're just violent, they're angry. They're shuffling around, pulling the pants down. They, you know, my father was a brilliant orator. He was a minister. He was a football coach and a just a fabulous speaker. And he just lost that ability. It was he hadn't spoken in months, and I mean, not a word. And he just couldn't like he'd open his mouth and just garble would come out. And so we were, at the end of a particularly difficult day with him, he, you know, punched me in the stomach, he'd like me, he would never hurt me in real life, you know, that was just that that was an altered state that he was in. And so it was just sad to watch. We were tired. My mother and I were sitting in the room. And my dad had been shuffling around and doing all this, and he would not get down in the bed, he would not lie down in the bed. Because imagine, after all these years of being a minister and explaining to people what happens and not you know, you know, to put their faith and trust in the Lord, and then now you got to death and he was terrified, terrified. And he thought in his mind that if you lay down that

was him dead, and it was not going to be pretty. So he's agitated and all and all of a sudden, he walks over to the bed and he sits down and then he lies back in the bed. And my mother is like looking at me going what in the world is going on? And he's back and he's reaching for the ceiling. And he's like, I can see it and world I was because he hasn't talked in one. And I was like, Hey, Dad, what can you see? And it was like, for that moment, I had dad back. And he was like, the land beyond the river sugar. And it is more beautiful than anything you ever wrote about. And I'm like, Hey, dad. And I was like, well tell me what do you see? And he goes, I see mama. I was like, Oh, wow. And he goes, she looks so young. My mother is like a deer in headlights. Look at me going, oh my gosh, is he dying? And I was like, because the fireworks because that's what it looks like, Guys, when, when a soul is exiting a body. It's not like a dimmer switch going down. It's quite the opposite with like a fireworks display. And I'm going to know Mommy's not dying. He's having experience right now. Something's happening. And so he's like, Oh, my, there's mom. And she looks so beautiful. And so next thing, he's the one who looks like the deer in headlights. And he was like, Oh my gosh. And I said, What? And he goes, Daddy, and I went, What's up and he goes, Daddy Thayer. Now, this was such a big deal, because my father was extremely straight laced, he decided to live a life of discipline. And so you know, he was disciplined for his football players in his church, you know, he never drank, he never smoked, never swore he ate well, he was, you know, he just did all the all the stuff. And it wasn't easy. But his father hadn't been that guy. So buy my dad's coffee filter, by my father's criteria of what gets one into heaven. My grandfather hadn't cooked mustard. And this has always bothered my father. So here he is, in this state, he's now seeing the land beyond the river. And there's his dad, and he's like, what is happening? And he turns to my mom, and it's clear as day he goes, Helen, I've had it wrong all along. And I'm speaking just like that, and like, this is out of nowhere. And, wow, I've had it wrong all along. He goes, everybody's welcome here. You can't mess this thing up. And my mom leans over to me, you know, and shut her eyes are like full of tears and all that she's like, write that down, which. So I did. And of course, it ended up in a book. But it was. So it was such an amazing moment that my father that experience, Well, fast forward a little bit to where we're at, at the time of his actual death. And I had now made 17 trips home in a year, from Ireland, I was using up all my savings just to because I the healer, was there and I was going to escort my father through. And it's the same way that why, you know, someone could be holding vigil by someone's deathbed. And then they go for a cup of coffee and the person dies. Because you're supposed to be there. Do you know like, it's like, if you're, if you're there, when the person dies, that's because they want you there. If you're not there, and you just slipped out for a shower, and they died, they they couldn't die the way they needed to with you present. And that's not because you're not special. It might be because you're so special, that they might find it difficult to release the attachment. So they took the opportunity when you went to the bathroom. And so we have to bear that in mind. And that's what I'm talking about when somebody hijacks someone's death. And here was me the queen of understanding and teaching it, I was doing the same thing. I'm sitting next to my father's bed, because I'm sure there's going to be some profound moment that I don't want to miss. And I ended up coming home really late. From the nursing home, and I got into bed, my mother was already asleep. And next thing, I awaken and I'm screaming and my mother comes running into my room, and she's like, flicked the light on and I am sweating. I'm freaking out. And she's like, what's going on? And I just got I can't talk about it right now. I can't talk about it. And she was like, okay, you know, and so she ends up going back to bed. And I mean, five minutes later, same thing happened again. And I was just like, not now. Not now, not now. So the next morning, she gets up and she was like, can you tell me what happened? And I went, Yeah, and she goes, and I said I had this. It was not a dream. It was a vision. It was a memory. And it was a good 10,000 years ago. And there was a warrior a Celtic Warrior, huge, big head of dark like Raven, dark hair, full of straw and mud and matted and he was rolling around on the ground wounded, and he had this horrible Festering Wound beneath

the knee where he had been injured in battle. And I was looking up my body and I could see the leather thongs on my feet. I could see it hearten worn on my body and I could see my legs and I was his beloved. And I am looking at the man writhing around on the ground, and I'm wailing, because he's died. And up this big hand goes, and he looks at me. And when he rolls over, I'm like, Oh my gosh, that's my father in this lifetime. And he turns to me, and he says, Leave me woman. This is my death alone. And I shoot up and I was like, Oh, my gosh, and so I'm telling my mother this and she goes, sorry, now, she goes, Oh, my gosh, it's you. You're the one holding them back. And I went, Yeah. And she's like, You got to get out of here. And I went, I know. So I literally go and book my flight back. And she's like, look, I'm going into the nursing home later, come in. And, you know, and see me and let me know what's going on. So I arrived at a nursing home later that afternoon, and my father is just, you know, he's really present in his dying process. And she like waves me into the room. Well, one of the things that was my father's most treasured thing was a birthmark and the birthmark was called the Black knee. My dad, my my great grandparents six times removed, actually, seven, seven times, for me would have been a fella called Rob Roy MacGregor and his wife, Mary Helen. And they're buried in a place in Scotland called balquhiddel. And so I would be their granddaughter six, seven times down the track. Well, Rob, Roy had what was called the Black knee. And so my father and many of the males down that line had that black knee, and it was a big birthmark under there, under the right knee. So my mom calls me into the room. And she was like, You know what you told me this morning about this, you know, that kind of Celtic Scottish looking warrior, and you thought it was dad. And I said, Yeah, and she's, she goes, go pull the blanket down off your dad. And I was like, what she goes, Just go pull the blanket off. And I kid you not this birthmark that had been there, his whole life was gone.



2:07:19

She's like, you gotta get out of here. And I went, I've got to get out of here. So I was on. I was on the next plane outright. So I'm flying back to Ireland. And I'm like, This is insane. And I get home, I take my clothes out of my suitcase, I put them in the washing machine and start repacking my bag. I sit up all night, and I was sitting out watching because this was in August. And so you know, the nights are very, very long here in Ireland in the summer. And so I was sitting out on the wall, and the sun's coming up at like, 330 in the morning, you know, it's, it's crazy. And I felt the whoosh. And I knew my father had just died. And so grabbed my bag, I head back to the airport, and I get on a plane, he could not go with me sitting there because we had the energy or the best TGM as Iran which says, of this past life that was holding us back. And only until in the vision of that where he said, This is my death, did I realize oh my gosh, I'm doing the very thing that I try to get other people not to do, which is hijack someone else's experience. My father and I were very close. And he couldn't leave me. He had already when my mother two weeks earlier, when my mother would start to walk into the room in the nursing home, he put his hand up. Don't come in here. Because he was I mean, they would have been 72 years married this year, they were just madly in love. And he couldn't have her near him all the time, because it's just like he couldn't let go. So then I come in, you know, I'm the kid, you know, my birth was so unusual. And I was supposed to have been completely damaged or not survived the birth at all, because my mother was 42 with the German measles. And my father has this visit from these, what he called celestial beings. And so I was what he called promised. And that was always our thing. So we had an extraordinarily tight bond because of it. But the idea of leaving me behind, and with me sitting there hanging over me because I'm looking for some spiritual experience that I can stick in a book, you know, sure. And I just realized, oh my gosh, look what you're doing. And I got out of there and the second I was able to get out of the

country the man was able to pass in peace Wow, so Wow, that's that's another great example of how a past life could be informative. You know, and create not just a healing but create the space for a peaceful passing.



2:09:58

Absolutely. At salutely and a you know, that is that is one of the things that people really forget that that is, that's what compassion means is is to suffer alongside, not to get in the way of it to allow it to happen. That's because it has to happen. But to suffer alongside somebody, and to be there, and that is that's why, you know, visiting the ill and being there at the time of passing is like one of the one of the corporal works of mercy in the eyes of the church. Because it, it is a sacred moment. And once again, being able to be there and understand that and even understanding that now for you, Mary must be very, very forgiving for yourself and very Oh,



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yeah. And it's a very personal experience that I can turn around to say to anybody, look, doesn't matter how much we know, look, Michelangelo was a brilliant artist, but what was his most famous line, I'm still learning. Yeah. And so if we can remember that, and we can get out of our own ways, and we can, you know, move on, forgive ourselves and move forward and adopt new ways of thinking that aren't necessarily so I mean, the boxes are there for a reason, I'm not a person who thinks you know, that you're so great, because you're out of a box, the boxes are there, just so you can move to a different box when you've used up learned grown from a deck and everything that the box that you just left had to offer. And so you know, it's not some kind of hierarchy, it's just whatever, wherever you are in your progression, that may be these kinds of stories, or that's why we utilize frequency to put people in a state of frequency will change someone's state where they might be more open to receiving grace. And you know, grace is something it's, it's something that has no explanation. And it's not something that you're necessarily deserving of or have earned, but it comes to you just because, and, you know, grace is an opportunity. And so we have opportunities to exercise, Grace, you know, with ourselves and with other people,



2:12:22

beautifully said, beautifully said, Mary, I want to thank you so much for your time. It's always so great whenever we have you on. I always feel so energized after our conversations.



2:12:33

I appreciate you so much and everything you're doing. I appreciate your



2:12:37

time, especially right after a busy day of healing and working with folks. We've been popping it up on screen, but of course let everybody know where they can go to visit you where they can go to ask questions where they can go to get a hold of you for sessions. Mary?

go to ask questions where they can go to get a hold of you for sessions, Mary?

 2:12:55

Um, I'm not at the moment because I've got so many on backlog. You're welcome. Visit my website, Mary Helen hinsley.com. But don't take it personally if you email and I'm I'm so overwhelmed. That's why I'm creating that show that I'm doing is stripe for some of the questions I can in this lifetime I couldn't begin to hit the backlog of sessions. And you know, that's the beauty of social media as well you go on a podcast and 3 million people hear you and then all of a sudden who wouldn't want to look for something that might be of help to themselves or to a family member but yeah, I'm just one person so you know I'm doing the very best that I can and I'm trying to find new ways to be able to That's That's why signs is such a big deal. And remember that folks signs si n e s dot that's why it's such a huge thing because it is putting the tools into your hands where you can create your own miracles.

 2:13:51

Absolutely. Well once again, thank you so much for your time. Please do hold the line while we close things out. Mary while you are online checking out everything from Dr. Mary Helen Hensley as well as signs signs dot app is where you can go to check that out. Make sure to stop on by curious Rome, folks. That is where you can find all the episodes that's where you can follow us. That's where you can tune in every week on our Live app. That's where you can go to the store. Buy not only our merch but books from all of our guests like Dr. Mary Helen Hensley. That's where you can go and share your story on our experience or page if you're an experienter of the paranormal if you've had a cryptid sighting if you are a UFO witness if you're a government whistleblower, stop on by curious realm.com forward slash story. Thank you so much. Once again, everybody for tuning in. Take care of yourselves. Take care of each other. And remember, stay curious. We'll talk to you soon. Bye bye

 2:15:00

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