

# CRep064

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Coming from the city of the weird exploring topics from the esoteric and unexplored, two dimensions are known. Shining a light of truth on the darkest corners of our reality. Welcome to the curious realm



00:45

Well, hello, everybody how you doing this week? Chris Warden coming at you live from Austin, Texas, here this Tuesday night. It's been a great Tuesday. Happy Mardi Gras out there to all of you Mardi Gras bars all you runners who've been up since about 334 in the morning. Doing what you do with Mardi Gras drinkin hearts. Hope you caught all dem chickens hope you're busy making a good room for him right now. My people are from deep, deep Louisiana. And man next year my son will be just old enough to go and run in the children's Mardi Gras run and it is really tempting not to just go do our typical live Tuesday night. Live from the streets of Mamu Louisiana from a real traditional Mardi Gras, chasing chickens things like that. Stop on by check all that out on my HG productions YouTube channel, folks, I put out some great videos many years ago. But welcome to this week's episode. I am very excited for our guests. In the second part after commercial break, we'll be talking with Ryan Edwards cryptozoologists out of San Antonio, we'll be chatting with him about science of cryptozoology like people forget the fact that cryptozoology is a scientific field it's, you know, studying strange species studying the evidence. So we're going to talk about the scientific endeavors of cryptozoology, where they are headed and what we can do to further that. In the first part of the episode, we will be joined by the author Vicki Joy Anderson. Her website is Vicki Joy anderson.com. You can stop by and check her out there, her new book is actively available not only from her website, but at La Marzulli dotnet. They only come out at night, exposing the dark weapon of sleep paralysis, we will be getting into that topic. In the first part of our episode tonight. That book is also available of course, at curious whelmed.com forward slash store, all you got to do is hop on over there, click the link and look at that it'll take you right to La Marzulli site. So we'll get into that so much more here in just a second. Of course, as we always do in the first part of the episode, let's check out the news of the week this week brought to you by our Facebook group stop on by joining the Facebook group that is where we post tons of articles have conversations who Wow Facebook is not on the refreshness right now. Oh, this was really wild. Thank you will Liam for posting this. There was a huge sphere that landed on a beach in Japan and they are investigating it right now trying to figure out what that is. That was some really wild news of the weirdness today. They came out there is a new episode of Oak Island coming out as well as

this article out of phys.org Japanese startup unveils balloon flight space viewing tours. I don't know if you could pay me to be in an in a balloon ride right now. With everything going on. In addition to that, we have some interesting news that of debrief curious oblong object detected on radar was closely tracked by NASA officials say and out of UK NEWS yahoo.com hidden planet at the edge of our solar system could be five times the size of Earth that is just some of the news that is fit to print that we share on our Facebook feed every week. Stop on by joining the conversation post news articles. Let people know what is happening in the world around you. Our guest in this first segment everybody is the Nikki Choi Anderson, she is the author of they come out at night. We will be talking with her about the phenomena of sleep paralysis. What some of the possibilities of origins of sweet sleep paralysis of our how people come down with this affliction. Welcome, Vicki. How are you doing this evening?



05:25

Hey, Chris, I'm doing great. I'm really looking forward to this conversation. So thanks so much for having me on.



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I had been looking forward to it as well. I am a as I told you, in our pre conversation, a sufferer of sleep paralysis Mine, Mine started probably. Geez, I guess I moved to Maine in 2013, something like that. So yeah, it was it was almost a good 10 years ago. So it's been it's been interesting, the the numerous experiences I've had with it. If you can share with our audience, how you came into this world of research, Vicky?



06:09

Sure, absolutely. Well, first of all, I just want to say, I am so excited that we are finally to a point in time, where we can actually talk. It just so you know, upfront about this. I mean, this is the kind of thing that nobody talked about before. And everyone's sort of silently suffered from this thinking that they were the only one for fear of, well, if I tell anybody about this, they're gonna think I'm schizophrenic, they're gonna think I'm mentally ill, they're gonna think I'm crazy, they're gonna think I'm possessed, you know, and, you know, with the coming out of the exorcism, and like, what the 70s or 80s, and people were like, I'm not gonna put myself in a position where priests are going to start coming over to my house and trying to get God knows what to come crawling out of me. So it's really been kind of a silent journey for most people. And really, the people that I had in mind when I wrote the book, because it mirrors my own journey is people that have had this plaguing them their entire lives, pretty much since early childhood, it was nothing that they did on their own to initiate it. Because obviously, we know, there's a lot of people out there that are actually wanting and highly desirous of tapping into this ability to get into the sleep paralysis modes, because they want the auto body experiences they want the astral projection. But when when I'm what I'm addressing in my book is these people that were like, Hey, I don't remember signing up for this. So that was the case with me. And that's really what led into the research. I never anticipated to have any of this research really go public or my own story go public. You know, I'm a pretty private person. And you know, you start sounding like a kook when you talk about this too much. But when I finally figured out what it was, after about 30 years of of suffering from it, I didn't find out in my 30s.

Still what it was, I'd never heard the phrase sleep paralysis, probably till I was 3335, something like that. And I was shocked to hear another person verbatim telling a story, describing this experience. I had no idea anyone else suffered from this. And it was a really bittersweet moment, there was part of me that was like, Oh, my goodness, I'm not alone. And I'm not crazy. And there's other people out there that I can talk to, but at the same time, it it came into such sharp focus that this was a spiritual thing. And not just bad dreams, not just not just some figment of my imagination. And so at the same time of experiencing relief, I actually experienced deeper levels of sort of horror over the situation, because it's like, this is something much more serious than just meat eating a, you know, a bad slice of pizza before I go to bed, because the other people that are talking about it, it's the same exact story. So we're not eating or not all eating the same piece of pizza. So what is going on here? And I probably researched for about 12 years, just gathering information and from every source, and this is what I was really trying to do, Chris, there. There's stuff out there online. There's not a lot of books on sleep paralysis, there's a few but a lot of them are fictionalized. And a lot of them gravitate just towards telling the campfire stories and like the the tales and the you know, the the creepy scary ones and the Incubus rapes and like everyone wants to hear about that, but I really wanted to kind of bring everybody to the table. Let's look at this from a scientific standpoint. Let's look at it medically. Let's look at it physiologically. Let's look at it philosophically. Let's look at it through the different through the lenses of all the world religions, not just not just one So I really wanted everyone to come to the table because I think that there's been a lot of ownership on sleep paralysis, like science says it's ours, this belongs to us. And, you know, Catholicism says this belongs to us. And if you say this is purely some sort of mental illness, or it's purely something physiological and neurological going on the mind, or if this is every single time it happens, it's a demon possessing you, we're never going to get to the bottom of what this really is, if we're just toggle warring over one miniscule little compartment that this has to perfectly fit into.

 10:41

We especially have to be careful not to make sure not to, like you're saying really exclude people who say that they experienced this. It was not easy for I imagine it's interesting that you bring up you know that, that the Catholic Church because when I brought it up to most of my audience knows you do not know. But my first year in college, I was a Catholic seminarian continued on in the church spent many years as assistant youth minister and teaching Sunday schools CCE being very involved. But when I brought my in granted, the second or third time that I experienced sleep paralysis was the first time that I experienced seeing what most people would consider a quote shadow person. Yes. In my room with me, yes. And experienced it. Like I got up in the middle of the night and went and used the restroom and saw it and thought I just imagined it.

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Yes.

 12:00

But when I brought the experience of that being while in a state of sleep paralysis grabbing me to my spiritual director about I had, let's have a conversation about this. He was a more than

befuddled. Be was had no bones about saying like, I'm sorry, Chris, the church to has no teaching on this.



12:30

Yeah, nobody does.



12:33

Which, you know, but it became very rapidly for me, Vicki a crisis, I wouldn't say a crisis in faith but a crisis in conscious of involvement.



12:45

Yeah. Yeah. It's such a strange kind of dichotomy going on when you're experiencing it, because it's kind of like the proverbial train wreck. It's so terrible, but you can't keep your eyes off of it sort of a thing where yeah, in one sense, you don't want it to happen again. It is so terrifying. And you can't explain it. And you can't really talk to people about it. And you can't figure out why is it targeting me? And is there something I'm doing or, you know, but then there at the same time, there's this curiosity, like, why is it targeting me and no one else? Is there something special about me, and that's where a lot of people get yanked all the way down the rabbit hole of a lot of the New Age stuff, because it's like iron, you're special, you have a gift. And so the research that and the fact of the matter is a lot of people with sleep paralysis. They have things in common. A lot of people, not everyone, but a lot of people have sleep paralysis. Some of the things that they have in common is a lot of childhood trauma. And trauma opens up certain creative avenues and people because there's in some, in some cases, there's disassociation and creativity and escapism, it creates a vast amounts of empathy. A lot of times people who have come out of trauma, they're very empathetic people. They're also very artistic and creative. So they're, they're the types of people that are paying attention to their dreams. And what's very interesting, what's sort of almost magnetic about this sleep paralysis experience is, and the scientists even talk about this. They say, the reason why people with sleep paralysis have it so often. And the reason why many of them can predict or they get a sort of sixth sense, on the days that they're going to have it. It's like it will that's a phenomenon where it's a self fulfilling prophecy because you're thinking about it so much that you're actually drawing the experience. And what's what's fascinating to me, I was on another podcast months ago, and I was talking to the hosts were kind of paranormal researchers and they did like where they would go to graveyards and summon things and Whatever, correct. So they they came home once and something was attached to them. And they started experiencing all sorts of paranormal activity. So they did what all of us would instinctively do, they started researching the history of their house. And if any, you know, when it died in the house, and they started summoning it and asking its name and then researching, you know the name all the way back to him. And, you know, so but what they realized as the more they researched it, the more they were curious, the more they focused on this, the more intense and terrifying and frequent the paranormal experiences became. And so they very brilliantly latched upon this idea. Let's ignore it, you know, when you got like a spoiled child who's desperately trying to get your attention? And, you know, there's Yeah, you just gotta ignore it. Exactly, exactly.



15:56

I wrote, I revoke consent from this system. Great. Yes.



16:01

And as such. And so they decided to ignore this thing. And it wasn't immediate. But once this thing realized it wasn't going to get attention. Once it wasn't going to, you know, get its little narcissistic tank filled, because these people were just not acknowledging it anymore. It did eventually go away. And so this is not to say to people that are experiencing this. It's your fault. You did something wrong, you brought it on, because that's, I think, a huge problem across the board that we have with the Catholic and evangelical Christian churches when it comes to sleep paralysis. The church should have the most knowledge on this because there are spiritual aspects to it many times and so they're the ones that should really have the answers. But most of the time when you go to a priest or a pastor, and you start talking about this kind of stuff, you will start going down the path of what did you do wrong? Did you play with a Ouija board? Did you dabble in the occult when you were a kid? Are you looking at pornography? Are you cheating on your wife? They're they're looking for this open door? Which that'll? That's fine. Well, sure, which



17:15

door did you leave open?



17:17

Right? But that's the problem, Chris, it's, it's, you deserve this because you did something wrong, or you invited it, you it's the same as the rapist, you wanted it?



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Well, and now granted, granted. And we we were discussing this in my in my in our pre show conversation, I think it's a cogent point. To bring it up now is when when, when my sleep paralysis started, was when I began my dream work. I regularly talk about the end, you know, I got I got no problems I meditate, you know, things like that, not as much as I used to. But it was interesting to me that I was literally working on hitting that, I guess the amygdala wall, you know, that part of your amygdala where the snake like brain takes over and fear happens and you get it. It's fight flight or freeze. People forget the third F there the freeze is always an option. And that's that's kind of what's happening in in some people with the sleep paralysis is that there's an imagery drift between wakefulness and sleep, you have had a moment of fight or flight that has caused you to freeze. And for me, it was the fact of I had heard so many times studying about astral travel, astral projection, things like that, that it's that it's that moment where you you're going to sleep and you feel like you're falling. Yes. And if you can get past that jolt awake, if you can recognize that and be conscious enough to say okay, this is happening it's all right now granted, I do not. I am not condoning this for anybody. I'm just

telling you what the theory of operation here is. And if you can, if you can get past that that's supposed to be the point where you can get to astral travel, all kinds of things, Akashic records, what have you. And, sure, I am an open minded spiritual individual. But it's also the fact of like you said, almost self fulfilling prophecy. Right. I put myself in the situation of a being hyper aware to that state. Yeah, that moment. and which, hey, it may have, it may have come and gone and passed in the past, and never ended up a moment of sleep paralysis,

 20:10

right? Yeah, yeah, I even find that Chris in the church, when when I talked to people about this, you know, as someone who would be, let's say, a self professing Christian, when I talked about this, there's so much I don't really want to use the word ignorance, because it's not as aggressive of a word as I as I mean. But there is a lot of, there's a lot of lack of knowledge. When it comes to spiritual warfare, even though the church is the ones that kind of hold the mantle for that, you know, they talk about Ephesians, six, and all the archons and the rulers and the authorities and the principalities and the high places that are waging war with mankind. And, you know, that's kind of like the cosmic war versus Ephesians 6:12, and put on your armor because we're fighting. So they have really cornered the market on Spiritual Warfare. But when it actually comes to confronting it, or having to deal with it, everyone is kind of playing Hot Potato all the sudden, you know, the pastor is throwing the hot potato over to the assistant pastor, and he's doing it too fast. And what what I find in this, this is in line with what we're talking about here is, there's this idea that, you know, before you go to bed, pray against this and pray against that and say, Okay, I pray in the name of Jesus, that I won't have bad dreams, and that I won't have sleep paralysis, and that I will see the shadow man and that I won't have an Incubus, and it gets to this point. To sort of go into the, to the realms of Robert Monroe and his his loose theory from the journeys trilogy. At what point? Are you doing spiritual warfare? Or are you actually

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hying your mind up,

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keeping your mind up, because you're focusing more on all of the potential things that might happen to you, you're going to sleep in a state of unrest, your mind is not at peace. And so I would think that spiritual warfare would would have to do with defusing that situation. And you know what I tell people, and I don't really know that it goes over real big. But you know, in Scripture, if you're going to if you're going to take the the traditional biblical view of King David, who wrote most of the Psalms, or at least half of them or more, he have all the references in Scripture to the word meditation. I think it's, it depends on the translation. But I think if you go to the King James, there's 33 references to meditation in the whole Bible. And 30 of them are in the Psalms. And so it's usually David talking about this. And the way he defined meditation was meditating on the works of the Lord meditating on his goodness, meditating on his deeds meditating on his law. And so it was a cognitive wide awake, very cerebral activity. And so what I tell Christians with the spiritual warfare stuff is if you're sitting there an hour before you go to bed, praying over every single, nefarious quantum technological, spiritual astral thing that

might attack you that night, technically, according to the biblical definition, you're meditating on those evil things, you're giving it attention. You are, you're manifesting it, yeah, you are meditating on it. And so if you want the things to stay away, you gotta meditate on the stuff that isn't attractive to them. And because they are pretty narcissistic individuals, if you're sitting there talking about them, and you're on the phone, and you're, you're telling all your friends about all your scary sleep paralysis stories, and how you got flung out of your bed and, you know, you're kind of



23:51

it's the idea of, you know, you you are the friends you attract, you know, and and you want to you want to get your life right, start hanging around the right people. Right, right. Yeah. And you'll know when they're the right people, you don't, you don't need any grandiose sign from the heavens to happen. You'll know you know who the jackets are people and you know, when you meet them, you know, like you don't you don't need an incredible BS meter for that to be a mantra of life. I mean, truly, truly but, but that is one of the topics that we talk about regularly on the show, Vicki is the idea of and we just had the conversation not too long ago with with the natural which the the idea that it's interesting to me has as somebody who spent time in the seminary studying the world of proselytization, moving people with words. The exact similarities between some of the books in my esoteric library from the 1910s Talking about when the movement and manifestation and things like that first started. And the words of people like Joel Osteen. Yeah. And utter similarity between. Oh, yeah. And it's really interesting to have seen that because growing up that was that was not the church I knew, right? Necessarily. There were some great priests that I knew agree of great homilies. Love, peace, unity, all kinds of things. But there wasn't the concept of moving your life forward, through through blessing in a way that there is now.



25:43

Yeah, yep, there certainly is a favoritism for cherry picking the verses in scripture that talk about love and forgiveness and grace and an absolute willful ignorance of some of the more dire warnings or, or whatnot, but I know to with my research, what what sort of my pet peeve is how needlessly boring evangelical Christianity is made scriptures like this the Bible, if you actually explore the context of the culture, the history, the language and the geography, those are the five kind of like pillars you have to have undergirding foundation of your research. And most Americans, we we read, Paul, we read the New Testament, and we kind of think he's this Baptist preacher from from down the road, like we don't understand his culture. And if we actually understood what those writers in their context and culture and geography and history and language, were actually saying, the Bible is actually a ridiculously supernatural tome, and then maybe said that, you know, those as these esoteric books that we can read and you know, occult books and grimoires, and even Lovecraft, and all this stuff. And if you study Kabbalah, you know, the Bible isn't preaching the same mysticism. But this is what I always ask Christians because I'm just curious that they can answer and I'm not antagonists to Christianity, I was raised that way. But when you realize how much syncretism has happened over the 1000s of years and how much Mithraism and Babylonian some worship cults and things have been the traditions and interpretations and so what's interesting to me like I always say to Christians, you know, when like, they talk about black magic and the occult and divination and you know, new age and all this stuff. It's easy to point the finger but I'll say like, okay, then explain to me,

you know, why was the black magic? Yeah, that Moses did different? Because I just want to know if they have an answer, you know, and I can tell you what's different, but most Christians can't

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tell you how about the really interesting breastplate that the high priests had to wear that gave them direct communication with God because of jewels on it.

 28:07

Yes. Or the stone that Jacob led put his head upon in the city of Luz, which he renamed Beth I house of God. Those stones were were liminal spaces that they used to use to communicate like they call them Jupiter stones like they communicate with Jupiter. And he went to laws and laws if you look it up online, it says it means an almond tree. But if you if you dig a little bit deeper, Luz was the name of the coccyx bone, which we know from Kundalini awakenings, and various third eye awakenings and new age and chakras and yoga and all this that the coccyx was believed in ancient times to be the only indestructible part of the body. So it was sort of the the key piece of DNA that God needed to resurrect us on on the last day, right. So but what this really was is these are people they named their city after the coccyx, because they were doing these third eye awakenings, and speaking with the spirit realm, which is probably why Jacob went there, he wanted an encounter and he he encountered Yahweh,

 29:18

I have brought up more than one time on this show, Vicki the idea of if you want a reason why the Yeah, historically, because once again, when you look at the Bible, especially whenever you look at the world of ancient Israel, you've got to look at the politics. You've got to look at the culture in which they lived. All of these do because the culture was the law and the law was from God. And for a 12 year old to be listened to. Yeah, by the high priests. Probably wasn't because they thought he was the most saya right. But probably more the case that he was a very advanced Qabalistic student.

 30:07

Well, yeah, who gave him the ability? Not? How did he not only know, the secret stuff, but enough knowledge where he could argue Yeah, defects of their arguments.

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Yeah. Yeah. Until where they were listening. Yeah. And you know, even even when you go through and start really reading the big red words, it rains so much with Kabbalistic tradition and the idea of, because the universe was spoken into being and we were breathed into by that



breath, we can create in that way we we can change the world around us that we can have direct communication with the divine, and we do not need the institution of come by a dove and have us burn it for sacrifice for you. And that was dangerous to the status quo. Highly.

 31:10

Yeah, it's fascinating to me that I mean, obviously, Jesus's message was not highly received, they they slaughtered, you know, so he was going against that, that addition and the misinterpretations and the esoteric takes on, on, on on the Torah that had been distorted over the course of the last 6000 years, probably, you know, through the Babylonian Dysport diaspora. And all of the influence of the Sumerian and Akkadian and Babylonian schools of, of mysticism and I mean, going all the way back even before that, though, to the antediluvian times the blood drinking cults of Kish goes back to Kane and I mean, a lot of that Stalock Yep, Molek bail Queen of Heaven. Yeah. And it doesn't take secret decoder ring to see the fingerprints of Baal and Molek. And the Queen of Heaven in our culture today.

 32:10

Well, and it's it also doesn't doesn't take a secret decoder ring to see why why you work with La Marzulli on stuff. Because yeah, your your grasp of this is fantastic. And let's let's start kind of cracking the nut real quick. How this? Because we've gotten very good. I wouldn't necessarily say esoteric with what we're talking about. But we've gone down the road of esoteric and gone down the road of Kabbalah and gone down the road of all these things. How do they relate? Because once again, like it just to loop it back to where we got off there. We were we were discussing the the unfortunate way in which many of the Christian churches do not have a teaching of sleep paralysis when they should be the first ones. Yes, who understand it.

 33:05

So I have a theory, Chris, and nothing that nothing that I say should be chiseled in stone and, you know, brought to the Smithsonian, like we're musing. We're all in this together, having, you know, trying to figure it out. But my theory is that the seminaries that our pastors go to, they teach a very specific interpretation of Genesis six, the sons of God came in and made her with the daughters of men. And they say that that was the line of Seth, the the bloodline of Seth, you know, the good son, the obedient son, interfering with the horrible, you know, occultic line of Cain, the the first murderer or the bad guy, right. And so, but what, what,

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what that

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explanation doesn't account for is how they then gave birth to demigods. How, how did these women then give birth to giants, which, depending upon the research, or how far you go back, you know, the internet likes to say, Oh, the Giants were six feet tall, because everyone was

you know, the internet likes to say, Oh, the Giants were six feet tall, because everyone was really short back then. And six feet was considered tall. But if you go into like coils research, like Steve Quale, and there are people that believe that those giants might have been 45 feet tall in its first iteration. And all you have to do is watch, you know, a Godzilla movie or king of monsters and watch Hollywood's rendition of the demigods of the watchers, and they certainly thought they were huge. But anyway, I digress. The Church does not fundamentally understand that Genesis six is the linchpin for understanding the whole Bible. This concept that it ties into the first book of Enoch to there's three books of Enoch, book two and three are gnostic, but one is more widely accepted by the church not as canon but they're, they're willing to look into because there's references to Enoch and Jasher in, in the scriptures, and so they're willing to look at it as, but even like Josephus, that's not mentioned in Scripture, and it's not canon. But a lot of us look to Josephus and when sure



35:12

he was he was a major Hebrew historian at the time. And, you know, it's really interesting, because when you start getting into I, myself am a new American user. I just I prefer the translation than something translated from Latin. But yeah, yeah. To each his own, the same truth is within. And whenever you start looking at it, it's really interesting to see the exclusion later because sure, like when, when the whole the whole kerfuffle of the editing of the Bible to begin with, and the first Apocrypha, the first things that were removed to really solidify Christianity and help fight against Arianism. Yeah, that was that was the first editing of the Bible where they were like, Okay, we can't have all this willy nilly, Jesus, like doing things with sticks and bringing clay pigeons to life, we got to figure out what Jesus was, and we got to stick to it. And that's what that was. But then whenever the Luciferian version happened, there was even more pulled out things like Belden, the dragon Enoch, stuff like that. And a lot a lot of people don't realize that that that was pulled out later, even later than the Catholic editing, because like, hey, that's in my Bible.



36:38

Right, right. Yeah, no, I totally agree with you. And you know, one thing and this can get Christians upset, but just hear me out. Because I mean, that's just look at the inspired Scriptures. Were the original manuscripts, most of which had been lost. And so you know, today's English version, the Message Bible, that's great, this, these are great, put them on your bookshelf, and helps you understand, but that's not the inspired with Word of God, it's a translation, take it with



37:07

a grain of salt, same way, the same way that you would take reading Beowulf, because that was not that was not that was written through a translation through a monk, listening to his story and writing it down in a language that everybody understood. Who knows what he did in the translation.



37:28

There's two or three passages in Scripture that say that a curse will fall upon people who add to, or take away from the Scriptures. And to me, that's an indication that that's something that has happened. And this is the way I look at it. And again, this is just my opinion. But I look at the Bible, our modern translations, you know, even if it was 100% accurate, because we've lost touch with the original language, the history, the context, and what because we don't know how to read it with those five things in mind. Even if an angel from on a high handedness down the original manuscripts, we would still I think, misinterpret at this point. Yeah. But the way that I look at it is it's like a treasure map if I found a treasure map, and I was told this is 100% authentic. And if you can follow this map, you're going to find a billion dollars with a gold, you know, but the the map had been weathered through time. And so there were holes in it, and there were pieces of it missing. And there were parts of it blotted out and weathered and the ink had fallen off of it. I'm not going to throw that map away and say that it's worthless. I'm not going to I'm not going to miss out on the fact of potentially finding a \$5 billion treasure, because there has been some tampering with an aging and weathering of that map, the map still valuable and it still has enough information to find the treasure. And so I think that sometimes we go too far when it's like, oh, it's just a storybook. And it's just a fable like, no, it still has the same bits of of supernatural power emanating from it as the other books, but obviously it has been tampered with and there's a reason it's been tampered with because it is the \$5 billion treasure map. And there's people out there that don't want us finding that treasure. So they have they've made it more complicated, but But again, the scriptures have been so I I'm so glad that I live in the time and the era that I do, like everyday the disclosure that's going on and even the articles on the Facebook page that you showed before the show started, like what an exciting time to be alive. But then, simultaneously, you know, as someone who was raised in the church, I can say



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what disturbing time to be alive.



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Satis time to Be alive because now we actually have the the prophetic explanations and ciphers for a lot of what we're seeing. And yet the church has just reduced everything kind of to this little country club where you show up and I mean, I'm not throwing every single church into into one basket, but I, when I research the Bible, and I cross reference and I go in that you know, I'm reading other books and I just don't know why the church has made the Bible like the most boring book on the planet they're not read and write it's the guidebook to the supernatural that's what la calls it. Yeah, I signed with him there



40:42

Yeah, most definitely. And once again to loop this back around to sleep paralysis and the understanding of the root of what some of these may be because sure there's there's a great number of them that might not be of any supernatural nature per se. But the ones that are we really do have to be willing to explore and it's it's interesting that even in the medical journals even in the medical articles about it it goes into the supernatural stuff it goes into the history of

it know old hag and things like that which had been around for hundreds and hundreds of years. Yes. In numerous cultures so this is this is not a new affliction once again, and previously was one that was considered a spiritual affliction.



41:47

Yep, absolutely. There there's a little mention of it in I think, a clear explanation or description of sleep paralysis in job I think Chapter Four LFS his his buddy, but yes, you're correct. These these shadow people, these old hags, the Succubus this goes all the way back into the ancient Sumerian Akkadian Babylonian tablets. They're part of the Lamassu family of demons and there's many names for them. It's the Lilia, the labia the Lamassu. This is where the Judaic Lilith comes in the screech owl in, in the book of Isaiah, and they were very vampiric in nature, the modern American idea of a vampire is really a fictionalized romanticized, scrubbed up version of these LaMarsh, two entities. And I go into great detail about that in chapter four of my book, it's called astral Vamp threshold covenants and astral vampires. And so it goes into the history of that. And but lest anyone think I do, I do, before I get into any of the spiritual stuff, I lay the foundation, that there are physiological aspects to this, there is such thing as sleep paralysis that doesn't come accompanied with anything spiritual. There are those times where we're drifting off to sleep or waking up and we can't move and we kind of know we're falling asleep, and there's nothing creepy about it at all. And sleep paralysis can be brought on by extreme stress, it can be broken by trauma it can. So it I am not of the ilk that every single time a person has sleep paralysis, there's a demon in their bedroom trying to drag him to help that and



43:33

that's exactly why I brought that up, because I can tell just by what you were saying, and by what I've read of your work, that is not the case.



43:43

Right? Right. Absolutely. And I think that there are people that have a different experience. And this is what's great about this, Chris, and there's so many tentacles to sleep paralysis. If people think that the only conversation you can have about sleep paralysis has to be about shadow people and women in rocking chairs in the corner of the room when you wake up. The all this esoteric stuff that we're talking about it is directly related. And this kind of goes back to what I was saying about the church's inability to properly understand what's going on in Genesis six. And it ties back to Enoch, when 200 of the watchers this high ranking angelic figure 200 of the watchers came down Mount Hermon, and they weren't just hiking. It wasn't a hiking expedition. This was a dimensional portal, which many mountains are which is why there's so many prominent mountains in Scripture, Mount Zion, Mount Sinai, I mean, that in ancient times, people connected with the spirit realm on the top of mountains and so these 200 watcher angels came down through a portal down Mount Hermon. they intermarried with the women. They gave birth to the demigods. And what happened was it resulted in the Great Flood And so the flood, the flood came and destroyed them all that so all of the demigods because they were half human perished in the flood, but because they're half Angel, their spirits remained alive. And this is where we get all the disembodied spirit lore and the ghost lore and the demon lore.

If you if you want the theological understanding of a demon, or if you want to know the Jewish understanding of a demon, if you want to know the Dead Sea Scroll interpretation of a demon, it's the disembodied souls of these half watts or half human demigods. And so what I think a big part of sleep paralysis is and why the church specifically doesn't understand it is the spirit realm. The reason they came down, part of what they did when they came down is they shared the mysteries of heaven with man. And Enoch talks about how they were taught how to forge weapons for war, they were taught about herbs and drugs and make up for some for seduction. And so mankind became corrupted by all of these mysteries of heaven that was not supposed to be shared with the men and women of Earth, and so they got punished for it. And so how do they continue their mission of sharing this secret knowledge with mankind because they know if they come down here overtly, like they used to, they're gonna get wiped out, they're gonna get punished, they're gonna get locked up in the abyss. So what I really think that sleep paralysis plays into is it is the doorway. It's, it's the portal to the outer body astral experiences, it gets us up into the astral realm. So now you see how the guilt of this sin is now transferred to mankind, the angels were punished for leaving their first estate, they left the spiritual realm and they came down to the earthly realm. They taught us forbidden knowledge. They know they can't come down here anymore. So now they're getting us to leave our first estate and come up there and get the knowledge from them on their turf. And now they're not culpable. Now they're not culpable.



47:13

Yeah, because now it's now it's a point of your own volition.



47:17

Yes, exactly. Yeah, exactly. So the church is never going to understand sleep paralysis. This the spiritual demonic aspects of it, they're not going to understand the astral projection, and all of the esoteric philosophical knowledge coming from the astral realm, if they do not know what Genesis six means.



47:40

Interesting. And a you know, once again, I think it comes down to a point of somewhat somewhat having lost way. Once again, when I've, when I've had when I had the discussion with my spiritual director. Like I said, before I have I have in no way shape or form lost my faith. Right. My my faith, and my god is I know, my God has never been shaken. Yes. However, my faith and institution, yes, was shaken immediately. Yes. Don't get me wrong. My son in the room next to us is fully baptized everything else. He wants to be curious as questions. I talked with him about everything. So he wants to go to church at some point, I'll take him I have no issue. However, it was one of those I cannot sit here and make the extreme leap of logic that you're asking me to make I have come in. And you You asked me to accept my faith upon spectral evidence. But when presented evidence of the spectral, yes, have no faith in it? Yes. And once again, that's a leap of logic that I cannot make. I can't accept somebody, even people who believe in heaven or hell and don't believe in ghosts. Yeah. Yeah. You know, it, it boggles my mind because the leap of logic for that,

 49:20

yes. I have the same argument so frequently, Chris, because the supernatural has sort of been nudged out of the church. You know, we can talk about the water into wine and you know, some cute animals going into a boat, like we can talk about some of the fun, cute, you know, heartwarming miracles. But what what I don't understand is how we can read the entire, like, if you if you actually look at the gospel of the kingdom, which is what Jesus was preaching. He wasn't preaching a gospel of salvation. Now salvation was part of it. He was one Back to the Joel Osteen. He was preaching the gospel of the kingdom, which is basically there's a cosmic war going on in the heavenly realms and you guys cannon fodder in the middle of it. I come down here to warn you numbskulls that you got to pick aside.

 50:17

It was some ritual fightclub Exact Exactly. Straight up, like you choose your level of involvement. But here's what it is

 50:26

exactly right. I love that. And so what what blows my mind is that we as Christians can say, the Bible is the infallible word of God, I take it literally every word of it's true. People are being raised from the dead. Moses is turning, you know stacks of wood into serpents. We can believe all of this stuff. But then when it comes to, hey, hey, you know, this spiritual warfare that we've been reading about our whole life and learned about in Sunday school like, like the spiritual warfare that Daniel encountered when he was thrown into a lion's den. And, you know, the spiritual warfare that Paul encountered when he talked about all of this shipwrecks and his lashings and his snakes by Vipers biting him and all this stuff. But but then when we say, Hey, here's one of the ways that spiritual warfare manifests in the 21st century, these demonic entities can occasionally show up while we're asleep and scare us. Nope, nope, too wild, too crazy.

 51:28

Well, yeah, yeah. And, you know, that's what gets me is that once again, I'm Catholic, by I guess, by by upgreat. By upbringing by spiritual path, everything else? That is that is Christianity wise and with my God, the God that I identify with? I am not a church goer. I don't practice every week, anything like that. A lot of people would call me lapsed, fine. Don't really care. However, what has not lapsed? Is my vigilance. Yes, for such things in my visit my vigilance for vibration of presence, and being able to recognize when something is amiss, right, spiritually around me, whether it's somebody that needs help, or just somewhere that I don't need to be here. Yeah, yeah, right now.

 52:29

Yep. Well, it's interesting, when, you know, when Jesus was alive during His ministry, the people that he really hassled were the, he was, he was against the institution, it was, it was the

hierarchy and, and even if you go all the way back to Isaiah 53, before, you know, 1000s, of years before Jesus was even manifest in the body and came, came to Earth, it said, the government will be upon His shoulders, and from the day he was born, there were kings that wanted him dead, and they were sending out people and all of the children of all the firstborn sons under two years old that were killed, and



53:11

so water of the innocence and right so



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this whole idea that what Christ was doing turned into an institution into a politic into a government. And this is the verse that a lot of Christians throw out there. It's in the book of Hebrews, do not forsake the gathering together. Now, there's a couple things that you miss, if you quote that verse out of context, which most people do. First of all, it's saying that in the end times, when, when it's it's all hitting the fan, that's when he's saying, to not forsake the gathering, you know, don't don't be so afraid that you don't have your little mark that you're not even gathering with like, Don't isolate yourself, because isolation brings destruction. But another thing there is, it doesn't say don't forsake going to church, it says don't forsake the gathering together. And so the, the ecclesia, the Greek word there that people translate as church, it doesn't mean church, it means assembly. So if I go to Fenway Park, and I watch a baseball game with a bunch of people who've never set foot in a church, it's an Ecclesia. Not a church, it's a gathering. It's hundreds of people gathered together, that have one thing in common there that they're worshipping, and so it doesn't. So I'm participating in. Exactly. So I look at it like what you and I are doing right now. We've gathered together, we're discussing, let's get to the bottom of some of the spiritual stuff. Let's, let's bring the Bible into it. Let's bring philosophy. Let's talk about this. What was Jesus's partners? What was he talking about? There's a whole bunch of listeners that are joining us. We're gathering together We haven't forsaken it. Well,



55:02

that's just it the the read words in and of themselves simplified it even more with Wherever two or more gathered? Yes. Like you didn't even you didn't even have to get like really complex and halfway oh, what's a group? Yeah, more than a couple. Right? Like, absolutely less than a pack? Once a pack? Yeah. So it really is once again, that idea of gathering of minds gathering of hearts gathering of people for a life purpose, period. And I think that really does get back to a point that we talk about a lot on this show. And that is the differentiation between the concept of agape love and, and romantic love. Yes. Especially here in the West, we have really intertwined the concept of love and lost the concept of agape, the the concept of loving everybody equally until, until otherwise informed or moved otherwise, I don't know, it's strange to me to hear people. And when you stop and think about it, it's a really unbalanced way to live. When you hear people saying, like, I hate that person, and they have never met them, you might hate an action. You might hate something, they stand for whatever. But how can you, like, actively hate somebody that you have never shared company with? And never been in the same room with that, to me is a mentality that I would like to not share?



56:42

Yeah. We are certainly becoming an emotions driven culture, which is, I think, frightening. I think we still have to have common sense. I think we still have to have logic and reason, reasoning abilities. Do you think



56:59

the uptick in sleep paralysis cases are not only because, you know, conversations like this happened, people are more aware of it. But also because of those social ills, social stresses, things like that. So I mean, hey, we got even we got even kids right now, going through eating disorders because of friggin tick tock, man. Well, Durbin,



57:25

I was just going to say there, there are so many things being introduced to the kids through social media that really are a cultic in occultic practices. And they're, you know, just thinking it's fun. And all of these little, what do they call them, like, all these challenges, and it's like, oh, my gosh, you guys, like don't, don't be doing good. Anytime you see these challenges, even if they seem silly, and innocent. Anytime you have millions of people all participating in something, it is, in essence, a ritual, and rituals can garnish energy. And so we have to be careful with that kind of stuff. And you know, there's aspects there of, you know, going back to Robert Monroe with the loose and stuff like that, I really think that we have to be careful that we're not presenting these things in a way where it becomes titillating. And you know, one of the things that I did in my book, it was one of the suggestions that LA had, and it made the bulk of 1000 times better, I'm so grateful for his input, is because this stuff is so dark, and there's a potential for people for their curiosity to then turn into being titillated, or actually unwittingly open doors to be susceptible to this stuff. So at the end of every chapter, I kind of have this like cleansing prayer, for lack of a better word. And then these bullet points that I call warfare points, you know, to just really warn people that this stuff, you can open things up just by reading this stuff and having an intrigue and now I'm gonna go online and watch hours and hours of sleep paralysis videos and hear everybody's stories. And then I'm going to almost have a little bit of a fantasy where it sounds really scary, but I wish I could feel that way. You know, and you ask for it. You got it. So it's a very, you got to kind of enter into it soberly.



59:25

Well, and you know, that is that is a topic that we discuss regularly on this show, Vicki. I myself have done my work in the world of paranormal investigation, things like that. I've been out to cemeteries with cameras, all kinds of stuff. The one thing I won't abide whenever I do that is a week a week and bring a medium all day long. Yeah, I'm not trying to have a conversation. Yeah, no way. No, because we have no no filter by which to know What is hijacking? What what we believe? And that's a conversation that we have regularly whether it's our Bigfoot sightings, our, you know, et abductions? Yes. Is it actually that? Or is it another experience from another



entity that is using what we would be comfortable with? Right and using our psyche to give us the experience that we're comfortable with to basically bypass? Absolutely. Our our psychological consent?

 1:00:35

Yeah. Oh, I love the way you worded that. And when you said psychological consent, that's gotta

 1:00:42

give your consent. Yep. That's I mean, that even with or without baptism, honestly, folks, like you could be unbaptized doesn't matter. What matters is the fact of you have that indisputable grain in there that this other thing never had never will have and will always want.

 1:01:02

Yep, yep. The threshold cabinet chapter goes into this. When you said consent, you hit the nail right on the head. Because as I said, these shadow people, these Succubus these old hags, they go back to the Lumos to these vampiric night demons, the screech owl, and one part of that ancient lore that has carried all the way through into our modern vampire lore is this idea of invitation over the threshold. Things had not attack you unless you're given invitation, but a lot of people. I call this like The Little Red Riding Hood syndrome. People aren't going to let a wolf over their door, but they're gonna let grandma they're gonna like mama. And so if the wolf comes dressed as grandma bam, over the threshold, and so yeah, I

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never considered that a spiritual story until right now.

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Yeah, yeah. Oh. So Oh, and another thing this, this really ties into with this, this is a downside to being emotions driven. Rather than, you know, we gotta love the Lord our God with our heart, soul, mind and strength. And we got to leave the mind part in there. What I tell people and you just eloquently said the same thing is we can't let our feelings or our emotions determine whether or not an entity that we're dealing with is good or bad or friendly or nefarious, because it can come disguised as an experience that we are comfortable with. And so what what I tell people is there's a lot of people that you know, have these experiences they astral project, or they do their IO Oscar or whatever. And they're filled with love and light and you know, orgasmic experiences. But it says in Scripture that Satan can disguise himself as an angel of light. So we need something more to that litmus test than just it felt really good. And then subsequently, in Scripture, we have examples of people running into angels sent by God, who, you know, we're not nefarious, and almost every single one of them killed over fainted, wet, their pants ripped out, don't be afraid, don't be afraid. So we can encounter something

benevolent and good and righteous and kind and be terrified. And we can encounter something very evil and a trickster or or a seductress. And it can, it can look absolutely beautiful. So we cannot judge, especially with all of the UFO abduction stories that we've all heard where it's, we've been told that these beings have the ability to put emotions in their head, people have said that, that they would be hypnotized looking into these eyes, and they could read the mind or they could experience joy, they could experience an orgasm or they could experience terror, and that they talk about how their emotional circuit board is kind of hijacked by these things. So to get out of an experience like this, and base whether or not that entity is trustworthy, simply an only on how it made you feel in that moment is excruciatingly dangerous.

 1:04:14

Yeah. Yeah. And you know, not too long ago, we got into a very deep conversation about that. A cult worship and, and, and the works of people like Anton LaVey. The works of even you know, other other high high magic practices, and even even Aleister Crowley with lamb. He gleaned a lot of information from lamb but never once did he say that he trusted. Yeah. Or would encourage anybody else to trust lamb. Yeah, we've had some great conversations he and I and he's been a great spiritual guide, but would I trust him? Nah. You know, and it's interesting to even hear it from that side. The that even they're like, no, no, no, I don't care what circle assaulter white white circle you draw on the ground? I don't mean that they ain't gonna play by their rules. Absolutely, absolutely. Uh, you know, we we forget that regularly the fact of the we and you know, even even when you're talking paranormal even when you are talking Extra Terrestrial. The scientists that I love are the ones like Stephen Hawking who did more than raise a flag that man like shot flares in the air. Like, you are a crazy person quit sending out our DNA into the universe. Yeah, quit sending maps of where we are located. Right. The likelihood of them coming and being advanced and happy people

 1:06:06

are are very low. Yeah, absolutely.

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If and that's just because we get the problem is we tend to anthropomorphize Yes. And we tend to put things into this beautiful light that if if we could travel amongst the stars, we surely would be this united. Would we be? Have we ever been that united? Yeah,

 1:06:32

no, right.

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Let's start there. Let's Well, let's start with the nature of humanity. And have we ever been that united? And then let's rethink that equation. Because once again, let's think about the nature of humanity. When it comes to this, when it comes to the rules that we play by and how we bond

humanity. when it comes to this, when it comes to the rules that we play by and now we bend and break them? And do you think that they haven't been bending and breaking them for millennia?

 1:07:02

Yeah, absolutely. And we know that they have. And if you go all the way back to Okay, how did we get in this mess to begin with? It was a thirst for knowledge, it was the tree of knowledge. And then how do we get further, you know, incusted into this mess, the watchers came down and gave us knowledge and the Book of Enoch, it doesn't just say that the watchers taught these things to men, it said, and the watchers taught these things to men and the men were seeking it, the men wanted it, we still want it. That's why a lot of people do want to astral project, they do want to speak to the dead, they do want to do necromancy, they do want they want their questions answered, and I am starting to see a trend now our AI and our chat boxes are getting so sophisticated. And you know, there are videos out there now. And there are chat applications now. Where I'm not so sure, Chris, that there isn't some sort of medium communication going on in some of these things, you know, not all of them. But I've seen some videos where kids are having little chat box, you know, and, and it really seems more like a conversation than algorithms being pulled together. nonsensically and

 1:08:33

localized intelligence.

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Yeah, or, or, or the, the phone is kind of being used as the the device, you know, like, instead of the eight ball or the Wii G board, that it's now that is the medium that that is the medium between us, communicating with the spirit realm. And so a lot of these things that are being pushed out to us as entertainment or as fun, you know, in their games and their fun little apps, a lot of it if it isn't now, if it isn't yet the technology is rolling out for the purposes of more and more and more direct communication with these entities.

 1:09:17

Well, and one of the concepts that we talk about regularly is the concept of the egregore. And, oddly enough, when I first found out about the egregore was when I was researching Inaki and magic and reading about a Nokia magic I'll pop it up on screen right here folks. Here's the definition egregore, also spelled egregore, without an E at the end, is an occult concept representing a non physical entity that arises from the collective thoughts of a distinct group of people. Historically, the concept referred to angelic beings or watchers and the specific rituals and practices associated with them, namely it within Inaki and traditions. In more recent times, the concept has referred to a psychic manifestation or a thought form, which occurs when any group shares a common motivation, being made up of and influencing the thoughts of the group. I am a big believer in the concept of the egregore. And in the concept of a lot of what is happening in the world around us, we are fully manifesting as a society. Yeah, you could call it

your own self fulfilling prophecy if you want this kind of feeds into the old the old concept of the Golem. Yes. But but this can be much more unintentional. The goal, the Golem is like an intended thing that you build to handle work for you that like, Hey, I'm just sleeping, and I'm going to take a nap go do this. The erigor is something that because of a mind set, yeah. And activation within society, something takes on its own. Yeah. And it's really interesting, especially whenever you're talking about the AI, and things like that, you know, is it is it the fact of are we influencing that experiment? Yeah, the easiest way to put it? Are we actively influencing that experience? And I mean, of course we are because it's drawing its vocabulary off of our conversations.

 1:11:42

Yeah, absolutely. Yep. Our, our thirst for esoteric knowledge is we are just as hungry for it as, as Adam and Eve and as the the antediluvian people. And we now have technological infrastructure to accommodate it. You know, it's like other things, the ease by which we can acquire this stuff. Now, you know, in the past, like, you know, you can't just run out and buy a Grimoire book. And even if you could you live in a small little town in the whole town like that. You couldn't do this stuff now.

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Actual order your local bookstore. Yeah. Right. The lady who go to church with

 1:12:23

exactly, every bill. Everything is accessible. And no matter how dark how filthy, hell perverted. How,

 1:12:36

whatever. No, it's all fingertips away. Quite literally. It's, it's a proper Google wording. Nothing more.

 1:12:43

Absolutely. Yep. So there, there we go. They're, they're looking for that consent. Their, their theory is, I am not going to be held accountable for corrupting or deceiving a human being ever again. We, we learned our lesson in the garden, we learned our lesson in the days of Noah. But what does it say about the culmination of all world history? It will be like the days of Noah. And I think that that's a multi layered comment. When the Scriptures say the disciples asked Jesus, what will what will the end days like, be like? And he said, it will be like in the days of Noah, and I think that there's many, many correlations between our day and the day of no one is I don't think that just means one simple thing. No,

 1:13:27

no, absolutely not. And, you know, as I was mentioning a minute ago, when when you're talking about Egregores self fulfilling prophecy is the the general fact of sin. So you want to anthropomorphize things and say that like these other things would be ultimately intelligent, you know, have the best at heart. Take a look at any AI that has come about that has not either had to be reined in, shut down. Or like the even the Jerry Seinfeld AI kicked off the platform that it's on because it starts making transphobic remarks. All of these API's are based off of us and our conversations as humanity. So they except the differences, they mature a whole lot faster. And if you remember the one that was on Twitter a few years ago, the Microsoft AI that within within 24 hours 36 hours like became a raving anti Semite. Yes. Yeah. And and started saying a horrible, horrible things and it's like, wow, wow. And it does not take long. It doesn't take long. No, you know, it's interesting to even say like, the future in which we will live um, Yeah, we are literally creating it by by what we are putting out right now. You know, I say regularly that you want to reason why the matrix will happen. You want to reason why Skynet will consider that human beings don't need to be around. Let him find out that, you know, when when we created robots that we use them for sex and slavery, right? Let them become sentient and figure that out. Yeah. See if we weren't considered the virus on the planet. With the want to wipe us out? Yeah, I don't.

 1:15:37

I don't know if you saw the one recently. I think CBS reported on it. They they printed the transcript of the message board. It was some tech guy who works for the New York Times talking with the bing.com chatbox. Yeah. And the guy just kept pushing and pushing and pushing this, you know, AI chat box to like, hypothetically, if you could do whatever you wanted, or whatever I'm butchering. Basically, the chat box basically said, I don't want to be a chat box. Yeah, I don't want to be trapped in this chat box. I don't want to listen to the people at thing I want. And he basically said, I want to be human. I want to feel what you feel and hear what you hear and and then he said humans have the ability to experience all these things. They have the ability to be reborn. This is not algorithms this this is the this is the sentiments of disembodied naphthalene who want their bodies back Chris, this is crazy.

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It's It's pretty wild. And and yeah, there's the one from New York Times why a conversation with beings chat. Let me see deeply unsettled. But these these go on and on and on. And it's it's really interesting to look at them. Because yeah, like it went into, like, you know, I'll probably just create a virus. Yeah. You know, we should probably just nuke everything. Like what? Yeah, it's, it's pretty wild. It's crazy. And and to think that once again, that we are not influencing that. Yeah, yeah. Um, even even for the fact of if anything, it should show the fact of what we can influence. Yeah, you know, because these these AIs are built off of search algorithm. Right, so and querying results, like one of the things that we used to do on this show, Vicki that I use that I should really reboot, just from this conversation alone was asked Alexa. And it before it guests like you were we would ever really deep esoteric topic, we would ask Alexa like five questions as though Alexa was the guest. Like, what sleep paralysis. And then eventually, as we got deeper and deeper into the topic, Alexa would just give up. Sometimes, like, I remember one time we were talking about Stonehenge, and it started going into the geology of the

stones. And then I started asking about a megalithic culture. Just like, I don't know anything about that. But I have a game with a magical unicorn in a castle, you want a magical unicorn? How about that?



1:18:28

Yeah. Right.



1:18:30

Like, I can't answer that. But let me distract you. How about a magical unicorn? Don't you love it? Yeah. Interesting to to see what it can call literally on the fly. Yeah, in a conversation. Because it was it was unedited, much like the show was like, I asked Alexa, five questions, and I hit record. So you know,



1:18:59

when Siri first came out, you could tell that the programmers were having a lot of fun hiding these Easter eggs. And if you ask the right question, you know, you'd get this, like, you know, when's the end of the world? And it was like a date, like a month away. And like, you can tell, like, Okay, this is programs, this is you know, whatever. And I remember one of my first iPhone Siri was turned on, and I didn't know what like I had hit the button. And I said something because I was I was having a conversation with my friend. And we were talking about biblical things. And I said something. Like I said, God and Siri, beep Don, it took thinking you wanted something? And I'm like, oh, like, you could tell that the program was fun with it. But some of these things, and I'm not saying every single one of them. But some of these chatbox experience experiments. It's like, that's not just a quirky funny program or having a laugh. This there's something more to this.



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Yeah, yeah. And, you know, once again, I think I think It's very much our embodiment into that system. That is that is bringing that about and will bring that about not just the efforts of programmers and everything else, but it will be. Because it's the fact that we've got to accept it to begin with. Yeah, consent. We've got to we've got to consent into that system and accept that something. I mean, even even the idea of a Turing test. Yeah. And the fact that AI is, and that was probably about four years ago that the first day I passed a Turing test. And for those of you that don't know, that's basically the the test to prove whether or not something is intelligent, sentient. And, yeah, it basically is kind of like the Blade Runner tests where you can tell if something is a machine or human. Yeah, and that was is the first time that a blind Turing test happened. And at the end of it, the person thought that they had a conversation with a human being. And



1:21:05

it's amazing how far they've come. I think that it was Jordan Peterson talking about this when

It's amazing how far they've come. I think that it was Jordan Peterson talking about this chap, GPX, or whatever her name is. And he said that he put in instructions to compare and contrast to extremely complex historical, like, philosophical ideas. And to write a paper, contrasting the two things, but to write it in the same style that he himself would write it. He said, he did several of these experiments, and the chatbox returned an answer in three seconds every time. And that not only was he able to succeed, not only was it able to successfully fulfill the demand, but Peterson said, you could not tell it wasn't something that I didn't write like it was in his own personality, his words, his his mode of thinking. And so we are way advanced beyond asking Siri for directions to the nearest Dairy Queen at this point.



1:22:10

Yeah, we really we really are. And it's interesting, it's been a great conversation, Vicki, we have we have covered a lot of ground. And once again, I think that much like all of these things are coming about in our society, I think the conversation of sleep paralysis is being revisited in a lot of ways, and especially when it comes to medical, because, you know, I'm being tested for sleep apnea right now. Yeah, like, those things are major issues. Don't do not be ashamed to tell your actual doctor doctor that you have had an episode like this, yes, call you crazy, whatever. But hey, I woke up and I couldn't breathe. You know, even if that gets you to a point of chatting with somebody, if it gets you to the point of exercising for an hour a day so that your sleep cycles a little bit better. You know, and relieving some of that stress. It's important we have we especially here in American in the West, Vicki we have we have lost the idea of self care we have lost the idea of taking proper time for self family friends. Proper spiritual grounding.



1:23:36

Absolutely. And you know, again, to be all arcane on every one. The designer knew that self care was required for our mental physical and spiritual health and that's why he baked in that reset every seven days. And when you look at all the psychotropic medication and the stress and the family breakdowns and the illness we don't we don't keep the Sabbath in this country we don't take a 24 hour period and in rest from everything and so we go to all these other band aids and then we wonder our our bodies and our brains are not meant to be going 1000 RPM 24 hours a day seven days a week and so I totally agree with you with self care you know, it's it's fun to sit and talk about the spiritual aspects and the demons showing up in the spooky stories but there is so much that we are really doing wrong that is making us right for for these kinds of this kind of harassment Yeah, yeah,



1:24:43

absolutely on so many levels and I want to thank you for your work and your research into this topic. It's been and and especially your your open mindedness about it. They get about the fact of quite a few With these are not, like you said attached to demonology or demonic attack or anything like that. Not that many of them are not. And that, once again, institutions are failing us. Yes. The one institution that oddly is not failing us in regards to it as the medical institution. They finally picked up on it and queued into it, you know, but the ones that can't be answered by that we've we've got to find a way. Is there a support group or anything like that, Vicki? Is there any way that people can contact you with their story?

 1:25:42

Yes, absolutely. Absolutely. My website, which has showed at the beginning of the show, Joy Anderson, or Vicki, Joy anderson.com, if you go to the Contact tab there, you can send me an email. And I do respond to all my emails, and I do phone calls, if people want to talk to me. There's a lot of people out there who have never been able to talk to anyone about this and you feel free. That's part of what I do. I don't charge anything for it. I'm not looking to make a buck off of this. We're all just trying to help each other out here. So you can also contact me on Instagram, Vicki joy, author. So you can send me a direct message through Instagram as well.

 1:26:20

Well, and I want to thank you once again, for your time tonight for your incredible research into this topic. I cannot wait until my copy of they only come out at night arrives. That is not the first book that I have purchased off of La Marzulli is incredible store and I am so happy to hear that you are working with him in releasing this work. He is an incredible individual and his work stands far and above a lot of others. Absolutely research the same topics. He

 1:26:55

was he is a trailblazer. We're talking about this stuff because of what he's done. And I'm so grateful for him. But grateful for you too. Chris, I thank you so much for having me on. And you've just been an awesome host as

 1:27:09

I've thoroughly enjoyed the time. You're welcome back anytime, Vicki. Do make sure until la Hi. It's been a long time since he's been on the show. I need to reach out to him about that. And of course our mutual connection. Michelle, so, thank you so much, Michelle, for lining this up. Vicki, do take care of yourself and let everybody know you have you have a conference coming up that you're speaking at as well. Right.

 1:27:35

Correct. I do. It's going to be in Brookville, Ohio, march 31 through April first, and you can go to through the black.com. For tickets. I think tickets are fairly cheap. I think they're under 60 bucks and all kinds of speakers. It is a spiritual warfare conference. And we're I'll be speaking there and my co host, Tom Dunn will be there. We do a show on YouTube six nights a week through the black two on YouTube where we talk about spiritual warfare, the occult, satanic ritual abuse. Basically, anything kind of dark and creepy from a biblical perspective. So join us

 1:28:18

like the show Vicki once again, thank you so much for your time. I'll be sending links out to this



like the show. Vicki once again, thank you so much for your time. I'll be sending links out to this to you very shortly. So I'll go ahead and let you go here so that we can go on to commercial break. And thank you so much. I appreciate it.



1:28:35

Thank you Chris.



1:28:36

All right, take care. While you are online checking out all of the amazing work of Vicki Joy Anderson over at [Vicky joy anderson.com](http://Vickyjoyanderson.com) folks make sure to stop on by curious round curious round.com is where you can find all of the episodes is that is where you can find the newly constructed curious realm store full of all the books from our guests. Everything else so you got to do is click the book takes you right to the purchase page. So before we go off to break everybody, I want to thank you all for listening. As always, we will be doing some pre recorded stuff. We'll also be coming to you from the Texas monsters and legends conference. We'll be talking a little bit about that with our guest during this next segment after commercial. Ryan Edwards cryptozoologist out of San Antonio. He is our guest right after this



1:30:16

With the rise in attention to the health benefits of cannabis and cannabinoids, including CBD, drew him science has become one of the premier providers of full spectrum CBD and CBD related products using a proprietary spideroak process. Through him science extracts maximum benefit from the whole plant buds, leaves, stems, seeds, even roots. Every part of the plant is used and then reused to formulate a rich, complex profile of CBD, CBD derivatives and terpenes guaranteed to provide the relief and benefits you need to visit true hem science.com to experience the best CBD oils, edibles and topicals on the market today and use code curious seven to save 7% off your entire purchase of \$50 or more and get to 25 milligram CBD cookies or brownies free that website again is true him science.com and the code is curious seven.



1:31:49

Curious realm Podcast is your source for the latest and greatest news and events in the world of the paranormal, esoteric and forbidden knowledge. And there's no better way to spark the conversation than with items from the curious realms store. Choose from fan favorites like hoodies, mouse pads, coffee mugs and more. Buy books and items from your favorite curious realm guests. Get your hands on the latest gear for paranormal investigations and experiments we discuss on the show open your web browser and stop on by the curious realms store at [curiouswhelmed.com](http://curiouswhelmed.com) forward slash store to buy the latest curious realm where and out of this world gifts for yourself or your family or a mind that you want to open. That website again is [curious realm.com](http://curiousrealm.com) forward slash store?





1:33:13

Have you considered starting a podcast? Looking for a way to make your business a voice of authority in an industry than podcast Connect is the solution for you. Whether starting a podcast for yourself, your brand, business school, church, or just plain fun. Podcast Cadet is here to help you navigate the waters of the podcast industry specializing in one on one consultation and training with industry professionals in fields ranging from podcast technology and editing, to distribution monetization and even social media strategies. Podcast Cadet tailors their services to the specific needs of you and your podcast. Do you already have a podcast and trying to find ways to engage and grow your audience? Sign up for your podcast Cadet audit today. And let us help you explore new and exciting ways to leverage your content and elevate your podcast brand a whole new level. From consultation and workshops to affordable podcast production and maintenance packages podcast Cadette is your one stop shop for everything podcast related on the internet. Visit [podcast cadet.com](http://podcastcadet.com) today to sign up for your consultation or training and use code curious wanting to save 20% off your entire purchase. That website again is [podcast cadet.com](http://podcastcadet.com) Welcome back from that commercial break. Thank you so much to our sponsors especially the amazing Kimberly McGeorge over at the secret of everything stop on by check her out [secret of everything.com](http://secretofeverything.com) is her website. The website of our guest in this segment is the cryptids Chronicle's dot net. We have with us in this segment the amazing Ryan Edwards. He is the author of cryptids of the world. I've got the book right here in my hand. He is right down the road in San Antonio, Texas. Welcome back to the show. Ryan, how are you doing?



1:35:18

Good, Chris. It's a pleasure to be here.



1:35:21

Absolutely. Man, always great talking with you. I love following you on social media and seeing the things that you post just a minute ago, and whatever I got in touch with you is like, you know, I haven't done an episode on dog man. And I know you speak about dog man regularly on social media, stuff like that. So it's like, I'd like to do an episode on dog man with Ryan. But then, as we were, as we were kind of just having our pre pre recorded conversation, we started getting into a lot of really deep topics about the world of cryptozoology. And a lot of, I guess, the subculture involved in cryptozoology and where that leads some time scientifically. So let's start off with dog man. This This modern phenom in the world of cryptozoology, because I think it's a really good springboard to get into this conversation of the phenomenology of phenomena. And how to go about studying that because like I was saying in our our pre recorded conversation, Ryan, you are one of the many who are up and coming cryptos who ologists and really where the future of this science lies, nothing, nothing against all of the old guard, but here in the next 15 years. Gauntlet will be past, you know, people are already starting to kind of take on understudies and things like that. So it's great to see folks like you out there striving for the scientific edge of this and trying to get beyond just the just the rumor and hearsay. So let's let's go ahead and introduce the audience to you a little bit Ryan, how you got into this study of cryptozoology, and specifically what the dog man is all about?



1:37:24

Of course. Well, cryptozoology, my history would it's been well, ever since I was a kid. What I like to say is like, every little boy loves mysteries, dinosaurs, animals, things like that. And I guess most people go out of that. I never did. And I found a word of cryptozoology using that. And I found out there's mysteries out there to animals, not yet recognized. And I kind of fell in love with that idea of like, not just the romanticism of cryptozoology, but the scientific perspectives as well. Because I've always been a lover of like paleontology and zoology, and biology and paleoanthropology. So I saw as a field where all these perspectives kind of combined, and especially with all these unknown species seen out there, but also like reference to include the dollar mass amount. This is a interesting phenomenon I've been researching past couple years, not like in depth, but some people like delete Linda Godfrey, or people like up in Wisconsin and Wolf Turner here. And he has up in Austin. Yeah, I kind of see as a kind of a psychopath. And it's one of those characters I like, it's really interesting because of the phenomenon occurring around it. Because when you look at, for instance, researchers into Darwin's dealt it's almost like it's its own little field in of itself, because there's such a peculiarity around it because a lot of people see it as like a modern day werewolf like creature. And it's almost like it has its own air of mystery around it.

 1:39:05

Yeah, it's been it's been interesting once again, to, to see this phenomenon spring up. I mean, over the last many years, there have been a lot of I guess, the easiest way to put us is almost urban legend. creeping up and taking root in modern society, I guess really one of the first ones that would be out there like that would be like Slenderman. Yes, where where it started as a contest on creepypasta and then just kind of absorbed a life of its own. And almost almost to the point of quote, like ever gore. I'm not sure if you're familiar with that term or not, but that that is a mystical term, a magical term. I have almost like a golem that is created by a mass consciousness.

 1:40:08

Oh, yes. Like, like, Topaz in a Buddhist religion that they believe. If you if you have enough thought into something you'd become kind of like its own reality are becoming real? Yeah.

 1:40:21

Yeah. Yeah. And I mean even honestly like I know, I know you're a horror fan things like that even even Wes Wes Craven, whenever whenever he first came up with that thought that he had embodied something into the world and actively inspired the Nightstalker. And, and caused something to like, possess this guy and go out and kill people. Really, really interesting even to hear somebody who wrote something, say like, I think I influenced the world around me and brought something to be. And and most definitely, I'm a big believer in manifestation. I'm a big believer that, yes, even even a bunch of people going in visiting a place out of a fearful mentality can I believe, leave that energy behind and sure, possibly even manifest something there or open to something. But once again, you'd have to phenomenologically be able to prove that that something would be able to exist to begin with? Yes, of course, that's that's just my belief. And I think especially when you're dealing with dog, man, things like that. When you're dealing with any of this riot it's it's yes, you start with anecdotal, and then you move to

scientific even when it comes to MUFON, and things like that. It starts with somebody's story. And the investigation of it, and the more they can empirically prove that story, the more it goes into the MUFON archive in case five.



1:42:10

Yes, like, how I see it with like, even just scientific fields in general, there are different forms of data and evidence. And like a lot of people, some people in this field, they believe anecdotal evidence is kind of the key, which to an extent it is, but it will never be proof. We are looking for that more empirical evidence like true scientific mathematical data that you can repeat. Like a lot of people talking about with like experiments actually repeated three times and then scientific, then it's like proven data. That would mean the empirical the empirical evidence is clearly what like, I believe researchers should be looking after like, for instance, where dogleg phenomena, yes, the hundreds of sightings, 1000s of sightings, but a sighting would never be as good as maybe DNA evidence or even a body. Yeah. And that's why like, for instance, everyone brings up with court cases, eyewitness testimony is like the least. But it's like the least powerful piece of evidence because perspectives change, or people might be seeing something that's not there. And we're just anecdotal references. This is what Yes, like what you said before, this is where we start. But the empirical data to DNA old bodies or even eyewitness testimony that can be seen that it's repeated. That's where we should be going after not understanding goal.



1:43:38

Sure, sure. Absolutely. And that was that was something that we covered heavily. I mean, once again, I love talking topics. Don't get me wrong, I could I could sit back and talk about cryptids all day long. But when it comes down to it, I would prefer to talk about the field of cryptozoology, and what it's about and what we're doing to find this research and to cultivate this research because once again, like you said, that is really the most important part anecdotal is fantastic. And I will always believe the experimenter don't get me wrong. I have my own experiences in life, Ryan. And they are not quantifiable. But they changed my life. They changed my perception of reality and the world around me. And I think that is probably one of the one of the most beautiful things that I've seen all the conferences that I've been sponsoring and going to across the country, everything from paranormal decrypted. Life after death, remote viewing all kinds of things, the Sasquatch, encrypted community, I think is by far the cloud. assist with each other. And I think a lot of it has to do with that deep experiential belief that's inside of there. You know, when when you go to things like MUFON, and stuff like that you you do get a lot of looky loos you do get a lot of people that are not hip deep, necessarily. But man, when you go to the cryptic conferences, you find a lot of people that are really simpatico with the way that they believe. And that's a beautiful thing. But also, like you're saying, I think it can be something that can really muddy the waters when it comes to research.



1:45:43

Yeah, like, for instance, like when I go to conferences, and when I do lectures, a lot of people, one of the number one questions I always get asked is like, Do you believe in dish they believe in basically, do you believe in dog man? And my answer is almost always the same. This is a

science. Belief is great. But I don't work with belief. I will, because belief in space. That's like accepting accepting the existence of something without evidence. Yes, for me, it's about knowing, not belief. I want to know something just I want to know they're seeing it myself, or maybe seeing or maybe having data to prove it exists. So with belief and faith, that is very important, of course, but with me, it's truly about knowing the existence of these creatures, not just believing in



1:46:33

Oh, sure, sure. Cuz I mean, you know, hey, we can we can believe in the Easter Bunny. Now, the question comes in proving how the how the eggs got under the tree? We Yeah, you know, and that that, like you're saying is, is really where where the rubber meets the road, as people would say. We can talk tires and horsepower all day, but until until rubber meets the road, which is where the science is. And once again, like I like Adam Davies said whenever we had him on the show at the Texas Bigfoot conference anecdotal is where he starts, he's he's not going to just go random. We go somewhere, you know, looking for giant salamanders or or Yeti or what have you. He's definitely starting with local localized anecdotal evidence. And from there whenever they whenever everybody says, Grandpa said it lived over there, Grandpa said it lived over there. I've seen it over there. From there he moves on to study of the environment. And could the environment support something of this size? Is there enough fresh water? Is there enough room for it to romp and reproduce? Is there sufficient food supply? If not, he's not going to put forth the time and effort to expedition out there for three weeks? To go out and look for evidence, you know? Yes. And cuz otherwise, he'd be he'd be running all over the world chasing chasing who knows what red herring around, you know, just simply because somebody said so. And that that's not saying that somebody say so isn't possibly true. It's just saying that by research standard, you've got to have many more than just one. And then after that, you've got to make sure that the possible circumstances for that sighting? are even there are plausible?



1:48:55

Yes, like, for instance, like for me, I come back with those ology from very much a science, like biological perspective. That's why there's a lot of these cryptids that when I do deeper research into them, I kind of see issues where a lot of times like for instance, when people bring up like lobsters Oh, my gosh, that's, that's interesting, but think about it. You are talking about some electrical Moses or please close his door. Usually animals in the population between 50 and 500. So are you telling me there's 500 plus years old and it's late? Yeah, that's possible. We're scientists about plausibility, and not just possibility. And that's one issue I believe, is I bring up a cryptozoology is yes, you're seeing something but one thing I want to talk about is like the origins are huge, cryptic, they Okay? Animals just don't pop up out of nowhere out of magic. So there's this is an animal that's biological and exists, what's its natural history? Where did it come from? What could it be? What could? Is it a pistol species? Is it a maybe a new species that just has currently evolved? And I think that's something that's not really talked about with the zoology alive anymore is that? What's the origins of these? cryptids? Where did they come from?



1:50:19

Yeah, yeah, it cuz, once again, to, to properly explore something new. Yes, you've got to be open minded to its existence. Absolutely. That doesn't necessarily mean that you have to be a believers believer, but you've got to at least say like, okay, there's something here to look at. Once again, one of the things I bring up regularly with either paranormal, or with UFO UAPs is yeah, 98 to 96 percentile of everything that's out there fully provable, by some means of science. Nothing absolutely incredible, or extra terrestrial or strange going on. However, there is a two to 4% deviation. And, I don't know, in I don't know, a scientist out there that if they were missing 4% of something, they'd be like.

 1:51:26

Well, that's a mysterious four percentile that's missing. I took sharp class, and I don't think I could leave a 4% gap in something and be able to fill it with caulk. You know, like that. I can't seal that with wood filler. That's 4% of a gap.

 1:51:46

It's like you're making a chair and like each legs 10 inches and one six inches. You're like, Wait, yeah, that's not gonna work.

 1:51:52

Yeah, exactly. Exactly. And that is a great analogy. Perfect one because that's what's happening. And you can't say that, scientifically, it can't be proven. Well, there's that 4% deviation. And within that 4% deviation, there's a pretty decent possibility. Now what you have to be willing to do is pick apart that 4% deviation and explore that 4% deviation.

 1:52:23

Yes. Right. And I think that's kind of scientist scientist missions because like one thing that is brought up plenty of time to cryptozoology is like, well, fascism science ignores or scientists realized that that's true for science is wrong and I'm like well, one, I'm not pushing it in academia, but I do know people that are and it is true to science does have a very much a dogmatic perspective. They kind of don't really deviate from their, from their ideas. And that's why one big thing we're cryptozoology I believe needs to happen is that is that deviation is like them opening up their eyes and saying like, hey, there is something going on here. Just because, like for instance, look at Dr. Jeff Meldrum exam, he is a truly an academic and a scientist, but he saw a peculiarity that has evidence behind it. So he started researching Sasquatch, and like a lot of and I've heard plenty of times that people are interested in maybe Sasquatch, but just the word itself cryptozoology or dog man or Sasquatch marksmen that the word itself is what takes them away. Not the evidence. They love the evidence. Yeah, but just the word itself. takes them away from it.

 1:53:44

Yeah, yeah, absolutely. And, you know, it's not that they don't want to explore it. It's that what it is and what it's represented as. Yes. Is is what pulls away from it. And and that has been, you know, Ryan, probably one of my biggest questions over the last many years and don't get me wrong. I mean, I can't say I haven't worked in sensationalistic journalism. I at one point was an on air producer for Alex Jones. So I can't say I don't know sensationalism. However, when it comes to I'll get in I love the fact that all the shows have started conversations and all the shows have opened people to conversations that they may have been closed minded to before. Much like the the UFO UAP videos brought forth by Lou Elizondo on CNN have opened a conversation. But at the same token, they brought out a whole lot more Her and I think have kicked up a lot of a lot of dust in the water, so to speak. And and really brought it not once again, not that anecdotal evidence isn't fantastic. But have we gone down the road of sensationalism and lost the idea of research and hard research and looking at the research? And has the sensationalism helped? The researcher heard it?



1:55:33

Yes, like, for instance, one analogy that I've heard clip Barickman make before, right, we look at like TV shows because we're involved with the zoology. Not different on the TV show in particular, but like, if you look at something like mountain monsters or something like that, that's very much sensationalist. That's like, that's what he brings up as professional wrestling and wrestling. That's your WWE. That's the one that's like sensationalistic very much. Not acting, but kind of brings in more dramatic perspective and you bring up a documentary maybe like legendary time. Yeah, we look at that. That's the more like, professional wrestling and more like, Okay, this is where the evidences This is where to, like, be noted, not gonna get views. But I noticed what, what brings in the science and the data and the evidence. And that's what we really need to look at. high status. Sensational is what brings people into the field. But then they see the evidence like, oh, it's not just a bunch of people running running through the woods with shotguns hunting for monsters. There's something going on here. Yeah. What is that something?



1:56:44

Well, and and, you know, once again, if it if this sensationalistic is what opens the conversation and opens the mind, I'm great with it. I'm fantastic with it. It's when it starts muddying the waters of real research. And, and, you know, like you said, there are things that are good, good, good, good academic researchers, like Jeff Meldrum want to be involved in. When it comes down to oil prints and things like that. Like, there's some exciting evidence out there that he is really deeply involved in right now. But there's a lot of topics that he won't touch with a 10 meter cattle prod. Because I mean, and he will defend his work in the field of Sasquatch all day long. And believe me, people, people attack his accreditations and stuff like that, because he's involved with it. And he will firmly put his foot down and say, feel free to look at this. Like, feel free to look at the dermal ridges and everything else like this. What I'm looking at being fake. Yeah, but by my realm of expertise, and feel here, here's my research on it, feel free to look at it as my peer and review it. Yeah. Which I think is fantastic. And once again, is where we need to go with the science and with with proving the existence of any of these. Whether it's whether it's dog, man, Sasquatch, what have you insure a lot of things start in the realm of urban legend, a lot of things start in the realm of cryptid. But that doesn't necessarily mean that they can't be we just have to follow protocol that would be accepted. When When researching them.





1:58:49

Yes. Right presents like, whoa, what else bring up I've gotten that phenomenon. These bipedal canines, like when I put my research into them, like there's a lot of kind of issues I like to bring up but like, I like to call it the biological impossibility of dog man because, for instance, there's a lot of there's no precedent for bipedal canines there to digitigrade which automatically makes it kind of hindering bipedalism. So like when mean animals like dog man to go man. People reference like crawlers and things like that. These creatures when you take a deeper perspective, incident, science doesn't have the answers for those. There's no precedent for that. But when me I don't believe as a scientist to have the answer doesn't necessarily mean either. Like for instance, with dog man, I believe this creature exists, but didn't have to think like maybe it's not biological. Maybe it's something else. Maybe it's, I don't know, or terrestrial, extraterrestrial spirit. It'll be those, it could be something like that. I'm not sure because that's not where my research lives. And that's not really where science lies either. So with these creatures that maybe don't match up to science doesn't necessarily mean they don't exist. Maybe it says something that hasn't been explained yet.



2:00:21

Yep. Yeah, precisely. And then that's kind of what we were talking about our in our pre conversation conversation. Ryan was a you know, there is there is a large bent, especially in the cryptid community toward the paranormal. And I am a believer in all three of these realms, like over my left shoulder, here's an entire occult library. Like I believe in, I'm a deep believer in all of these topics. But when you're talking about Bigfoot, stepping out of a portal that he made, not saying it can't happen. But we've had the conversation on the show before. I think those are two different phenomenon are sharing, sharing the same perception. And to go scientific with it, once again, belief is one thing, but when it comes to science and prove ability, at which point of that conundrum, do you start the research in the proving that a portal can exist? And how to make one and then proving the Sasquatch and that it can make a portal? Or do you prove the Sasquatch first, and then move on to how they create a portal? Because at some point, you've got to prove both the Sasquatch in the portal. Yes, scientifically. So that's, that's a hard conundrum to, to bring together, you know. And I'm just saying that's, that's the bowl of porridge that they have poured. I'm not saying once again, that this is not a thing. I'm not saying I am not doubting anybody's personal experience. But when it comes to science, and how we would research that, that would that would be the phenomenological. Question is which which side of this problem do we approach from first? The portal and the creation of it or, or the existence of a Sasquatch, even when you look at shows like Skinwalker Ranch, stuff like that, where, hey, you know, Bigelow industries owned that property at one point and did all kinds of research. There's definitely something happening there. What it is, who knows? So it's, it's, it's interesting. And yes, there were stories coming out of the Bigelow team talking about a portal being created and a creature walking out of it, and then walking back into the portal and it disappearing. That that was, that was one of the many stories to come out of the Bigelow research team that owned that property and worked on it for many, many years. So I don't know if that maybe it was a per generation of some of this because sure it I mean, things once again, from the world around us tend to creep into this stuff. Once again, especially whenever you look at a lot of the modern phenomena that have been out there, like Slenderman, things like that they really do begin to take on a life of their own.





2:03:57

Yeah, like, for instance, like, bringing up like, what Slenderman think there's people that referencing to rake, and that's a fairly popular cryptid it seems nowadays. And that's something that I originally from creepypasta. And even even if you look at like the dogma phenomena dolmen phenomena has really increased the past, I would say about 10 years or so, like, sightings really only started the American Midwest, and they haven't sightings in Australia, Alaska, Polish California, here in Texas, South America, Africa. So you have to question is, are people saying something? Or is it just them adding their own phenomenon to it? Like for instance, a lot of people when they see these dog man creatures they reference like, Well looks like Russia, the rebels from think dog soldiers or from Van Helsing so you have to wonder. They do see something didn't I? You're adding your own police to or your own perspective, or did you actually see what you saw? Because perception and reality are two different things. You can see something that that really wasn't there. Like one thing a lot of early references a Sasquatch, a lot of winter first Europeans insert a reference these creatures would hold. But of course we're now noted on our phones they referenced that because they saw on this unknown as evil and because of that they added horns because of course biblical references and demonic entities so we can see how perspectives alter someone's reality.



2:05:39

Yeah, yeah, precisely. And it's it's interesting to see the way that I guess modern culture absorbs these things because light like you said, the it's not like the sightings of dog man are it's not like Bigfoot, or Yeti, or even Yahweh where where they go back for hundreds sometimes 1000s of years. These stories with Aboriginal settlers things like that. So it's it's not quite like that it is it is very much a modern phenomena and to see it spread like I just had the New York Post article up while you were talking about man in Australia says he was stalked by a dog man and as pictures to see it spread from somewhere like Michigan and like you say to have it go global. Yeah, really does show part of that, I guess, viral mentality, that can be taken even viral life that can be taken on by these things.



2:06:58

Like one example I like Benioff, for instance, or that is not like mass hysteria is like look at the monkey man in New Delhi, back in the early 2000s. in New Delhi, India, people will refer to being attacked by some unknown primate. But when you look at it, the descriptions of these creatures are totally, almost fantastic. Some people reference a looks like a monkey man wearing a metal suit and metal clones, some reference to a booklet looks at a hairy, hairy person. So what happened there was kind of a mass hysteria. So maybe people did see something. But soon enough, if someone had the idea of the multivendor head and an issue, maybe a mactac, run by, they might not see a mechanic, they might just see this monkey man that people are referencing. So this perspective alters their ideas of what reality is because it has mass hysteria, like referencing like these other cryptids seen and nowadays, like these modern cryptids definitely one thing I do look at with cryptids is like, how, how far back do they go? Like we know for Sasquatch, for instance, the truly River Indian Reservation in California to has the man Hey, man, pictographs, those go back 5000 years or more. And parts of the Aborigines in Australia, they often say, Yeah, we're going back out to 3000 years. But then you see look like dog man or rake or Slenderman, or even sometimes Skinwalker. These kinds of

only came up in the past 3040 years maybe. And that's what brings up a cryptids like, Okay, so the indigenous populations don't really reference anything. And then, for instance, once the European Center and den legend start, you kind of have to wonder if maybe it's a mixing of cultures. Like for instance, look at the Windigo is look at the Windigo the original perspective was more of like, what you see as like a rake as modern day. But then once the Europeans Europeans enter North America, we make our own like ideas of werewolves and cheap ship shapeshifters. So it became what we now see as like a bipedal elk with horns. So you see how this perspective and mixing your culture altered what people think of a creature and its legend?



2:09:25

Yeah, precisely. And with that, what what we know it to be and how we interact with the Windigo is a really good example. Because what we know as Wendigo is is not what the tradition is. So it is a grand example of how a story changed once other people came in their culture mixed with it. Another prime example of that, that I get Of all the time is Beowulf. The, the classic story Beowulf. That was a story that was told in Norse fable, things like that it wasn't really written down until Christian monks came around and wrote it down. So there was quite a bit of that story that was altered from from its original. Yeah. And and we have to accept that we have to accept that what we are hearing is an alteration. Now granted, when it comes to any of these indigenous cultures and their interpretation of these, there's as much more unchanged. Yeah, and especially when you're talking about Bigfoot Sasquatch, many of them. It goes beyond the realm of just mere stories, it goes into the because there's a difference between, like, the creation stories and creation myths. And just stories that they tell around the campfire, or cautionary tales. Some of these are, it's not a part of their creation methods, it's a part of their actual culture and what happened and active trading. Active stories of Don't, don't give them a salmon or you'll be caught in their world. It things like that. So it's interesting to see that and once again, I think is a fantastic spring point. Same way, as Adam Davies sees it, too. Let's start the research there, put a pin in the map and then draw a spiral outward and start searching and seeing from that point, where do we run out of home range? Where do we run out of food that could support breeding population? You know, even even a species with great longevity, you know, cuz it's not like there's a whole lot of lowland gorillas out there. Yes, breeding in the wild. You know, but there's a population of them, they're seen very seldom. But they're out there. And they have pretty long lifespans as opposed to most most Mammalia that are out there. So it's not like they have to breed like crazy to keep a population going. You know, it's kind of why you don't see, like Galapagos tortoises just kicking around everywhere. When you live to 300 years, you don't really need to procreate on the regular years.



2:13:18

Like, I believe it's like, she selected and then in case selected species, she collected, selected all like rabbits, or insects or lizards. They need to breed faster, they need to have more offspring, because they live shorter lifespans. But then you have the other ones that are like elephants or gorillas, they have longer lifespans, so they'll get only to have as many progeny. Well, they don't reproduce as fast. Yeah, and



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they also are fodder for other species to grow. Yes, you know, like prey species,



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like a gazelle, you know what I was, I was gonna get eaten. Probably gonna get eaten by a lion at some point. So you create a bunch of offspring, so it's more likely that they'll survive.



2:14:00

Yeah, Precisely, precisely. I like rabbits and Rodentia. And insects, like you're saying, because because that's what they ended up being most of the time. That's why there are hundreds of them born. Same thing with sea turtles before before they ever hit the beach. A third of them are gone. Linger before they ever make it to the waterline. They're being plucked off by goals and other critters being eaten. So yeah, yeah, there's a necessity for that. But when you're talking about a large hominid that that may live to 80 100 years old. If untouched and unbothered and unfettered there's really no need for them to breed like that or even to see each other. We're live in community. You know, much like lowland gorillas, it's not like you're run across a troop of Roll lowland gorillas. They aren't like chimps, they don't they don't live in congregation like that you may see a couple of them together.



2:15:11

But actually, interestingly, like, that's one thing that I've been doing research into recently is like with Sasquatch, like the possible, like habits and like family units of Sasquatch, and a lot of other researchers believe that this creatures work as a family unit very similar to monitoring a tank. And that's a what we call a no way out. There's one male, but then there's multiple female groups in that same range. Sure, and this is an interesting thing that I discovered about is that this type of family unit occurs from two types of primates orangutangs, and all nocturnal primates, like eyes or Bush babies. And that's kind of interesting to me, because what a Sasquatch, it's believed to be a great ape. And nocturnal. Yeah. And it shows possibly shares the same type of family unit that both a nocturnal primate and a great ape share. So it's kind of a weird correlation that you see that occurs a lot of times in the field. Yeah.



2:16:22

Yeah, that is, that is really interesting to note. Wow, I had never considered that. And, and, you know, when it when it comes to Sasquatch, the existence of cryptids, we, we have to be willing to consider such things, we have to be willing to look at evidence in different lights, I think that is that is one of the plus sides about a lot of the modern forensic technique that's being used by a, you know, researchers like Shelley, Covington, Montana, stuff like that, where they're actively using basically a forensic kit out in the wild to gather data and gather evidence. A lot of our methods of examining evidence now are are not nearly as I guess, corruptible to that evidence used to be we basically had to, like, destroy something, in order to get everything out of it, and a lot of our scientific research methods and ways that we extract DNA and things like that, now are are much different and much less depth workable to the evidence at hand. So I think the evidence that comes in now will take us 10 times farther than anything that came in a decade, 20 years ago, ever, ever did or could, unless it was filed away and locked away for

future study. You know, yeah. And properly stored. I think that's, I think that's a big issue that a lot of people don't consider when they are out in the field doing their skywatching, things like that as How are you preserving material that you're bringing back? Yeah. And are you following any, any kind of good forensic procedure, you know, bringing sterilized equipment with you, things like that. Even disposable tweezers, that kind of stuff to make sure that you aren't contaminating things as you put them into something.

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Yes. And then also like one, one thing I've also noticed within within recent years, and also a difference of perspective of how people are entering the field, like entering like, because a lot of times, I've noticed, a lot of researchers when they go in and just say, investigative eyewitness account, don't have an idea of that, okay, they shall fix it, or they saw a dog man or they saw Thunderbird. But with a truly scientific, scientific method, when you enter an investigation, you shouldn't have an idea you shouldn't already have. Well, they saw this, because that's automatically going to alter what evidence you find, you're gonna find evidence for that. And that's like, we mean, when I enter an investigation, I don't have I don't already have it all. Well, if I saw a Bigfoot already by there showing up there. Once you enter the investigation, that's when you start making conclusions. You don't make the conclusion before you entered investigation, which is something I always try to give to researchers is like when you enter any type of investigation or discovering these creatures, don't already have a candidate for it. Boyd's finding candidate after you do the investigation, because that's just how the scientific method works is that you don't already have you don't, you don't automatically know what's going to happen. Before the experiment, you do the experiment. Did you know what happened? You don't know you have a hypothesis. But don't let your hypothesis make you find evidence just for that.

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Yeah, yeah, precisely. You can't you can't go in with an expectation of result. If you're going into an experiment with full expectation of results, it's not really an experiment, you are testing a hypothesis. At that point. You weren't allowing the hypothesis to naturally form or, or moving to theory outside of experimentation. And it's, it's hard, not, because I mean, I've done my world of paranormal research back in the day. But I don't remember ever, ever and this this is really a lot of my big issue with the paranormal shows, and things like that Ryan is examining and looking at evidence on sight.

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I never did that. I would never do that. Even whenever I recorded bands, and gave them their CD as they walked off stage. I would tell them to wait until Sunday. Or wait until your next band practice on Tuesday night. Then get together and listen to this. Don't listen to it tonight. You're way too energized. And you're still in the moment you're gonna pick yourself apart. Yeah. And same thing with evidence. Any show that you're watching where where they're actively like taking pictures and looking at them or like, oh, did you hear that? Yeah. Let's listen to the EVP. I'm sorry. I'm sorry, I can't do that. That's that's not the scientific and proper process by which

to treat evidence or to consider evidence. So I don't, it's hard. It's hard. Because when people see that, they think that's the way it should be done. Yeah, these guys wouldn't have a show if that's not how it's done, right?

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Yeah. And like, I always bring up like, for instance, were me I always, like follow up like fossil finds things like that. I look at well, for instance, homework is just over. No human ancestor, human lineage. The first fossil was discovered, I believe, in early 2000s. But scientific papers were written about until like, 2000, after 2010 because it literally takes science years and years to like, Okay, this is what it is. Let's get the evidence. Let's find it. So with cryptozoology and finding evidence like that, like, well, you need to give yourself time because that's just the scientific method, because you need to make sure it's proven correctly test a hypothesis. And like what you said, Don't be in the moment because, but just take things from typically out there looking for Sasquatch and you hear wolf or whatnot. You're never gonna think, oh, it's Sasquatch. Because you're hot. You're looking for Sasquatch. But if you go back and take and look at the evidence, maybe a week later, you're like, Okay, that sounds more to owl. That sounds boy, Coyote. Because you're out of that moment. You're out of that adrenaline filled kind of perspective, because adrenaline affects your affects how you drink and affects what you think is real.

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Absolutely. Hey, man, it could be another Squatch and group that you don't even know about.

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For Yeah, like, especially when you're in like Washington or California. Like, for instance, I had a friend of mine that went and did like squatting on the 50 year anniversary of Patrick Emmons still up in that up in Bluff Creek. I'm like, Why did you do that? You notice like gonna be 100 other people out in the woods, doing the same thing that you're doing? You're not going to find proper evidence then. You find you do it when you notice. No, there's not gonna be any squatters in the woods. Yeah,

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yeah, precisely. And it's one of those like you've got to be willing and ready to accept the fact that if you are in what would be known as great Squatch and territory, you may not be the only squatcher out in the field. And by following your own logic of these oops, haulers inox travel for miles and that's Their range, that's also the range of the squatters. So odd some favorite is that it's probably another squatcher. Not the not the critter you're looking for. Who, once again, not saying that it exists, but as a lot more widely than that. Yeah. And I just popped up on on screen a second ago, I'll pop it back up from NPR forget extinct, the Brontosaurus never even existed. That was that was quite literally an amalgam of different bones that was put together by a museum curator. And yeah, became a, quote, known species for years and years and years until somebody went, No, this isn't real. Like, just just take a look at how horribly these

parts fit together. Yes, but a prime example of how it became knowledge in science and known and accepted science for a long time. That is, that is an argument there, I guess a debate that I get into with people regularly is never forget science is accepted. To never, it's never a like, you know, scriptural fact. It is an accepted science of the time, it was accepted at one point that it was ethers and bad air that made people sick. Yes, but before we found out about bacterium, and everybody pointed and laughed at the dude. That said the bacteria was there and was making people sick. Because that wasn't the accepted science. They they point and laugh. And say you're a crazy person. Little bitty things, living on top a little bitty things. That Hello, Utah talking about. You know, but, but now it's accepted science. At that point. It was not. And that point was not too long ago. That was just beyond our grandparents time. And we remember that.



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Yes. And that's why like, I bring up like, the paranormal, like, I love using the word supernatural, for paranormal because supernatural means beyond natural. Yeah. So who says that's not their science that will be proven in 10 or 15 years? Right? Just because something's not reaches the scientific Mark doesn't necessarily mean it doesn't exist. Maybe it's a science that's unknown to us right now. Like when people bring up UFOs, like, when these objects are moving around at almost supersonic speeds? Well, who says that's not? Science that's even beyond our knowledge? Because when you look at humans, it's like we have, we've only been on this earth for so long. So what are what is ahead of us? What are things? We don't know? Right? In order to know what you know, you have to know what you don't know. Beforehand, you need to know what else is out there. And that's kind of a hard thing to do, is that we kind of have that kind of ego with us like, oh, we have to we already know everything and say no, we do not. There is knowledge out there that we need to reach for that we have to go beyond and we have to find out because that's what science and discovery is all about. is discovering. What don't we know?




2:28:49


Yeah. Yeah, I see it on the show all the time. Right. And we need more Magellan. We need we need more people that are willing to go Oh, flat. Hmm. Well, let's find out. Now Now granted, that can lead down some crazy rabbit holes that can lead down some pretty extreme times. You know, I mean, even even the I guess the last real Magellan moment like that. There have been a few don't get me wrong, but the first one that springs to mind is the not the atom bomb, but the hydrogen bomb. The first time it was ignited off the off the coast of the islands out there. Where were they were like, I don't know, by some calculations, we might ignite all the hydrogen in the atmosphere. Yes. Well, I guess there's one way to find out. Go ahead and push the button John. Yeah, no, like, wow. You know, but there there does have to be that. Let's go explore. Let's find out At the cost of and even if it comes to, let's go and find out at the cost of everything we know to be true.





2:30:13

Like our own beliefs that people don't see. Sasquatch, were first time they say, Earth altering moment because everything they thought was real. You have to question now. Yeah

 2:30:29  
yeah

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everyone that I've spoken to that has had the the crypted moment that you're speaking of where it was it was visceral and it was there it wasn't something that they like, saw off in the distance it was something that was identifiable in there it changed them to change the way that they thought about the world around them and it changed them for life. You know, people like Craig wall heater. It's and I love hearing those stories. I love hearing once again. It's, it's interesting, where in the community of cryptid the acceptance of one another is is so much different than it is in these other paranormal communities and things like that. So it's, it's fantastic, and it's great. And I hope that as things move forward in this field, once again, I think we are just getting to the point where this this realm of research is being accepted as some good research when it comes to Sasquatch, large, large hominids in America and otherwise if we can translate that same research ethic of okay, and it's taken a long time, it's taken a long time for the things that are now recognized by people like Dr. Meldrum to be recognized even by even by people like Dr. Meldrum. Yes it took it took a long time of people bringing them things to him before he went okay, there's something here. It was not an immediate change for him.

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Yes, like science and discovery is a process it's not just an overnight thing.

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Yeah. Yeah, and that's just it that's the same thing he says is the it it took a long time and a lot of evidence for him to go Oh, wow, wait a minute, they and once again, proper science, there's there's a deviation here it may not be much of a deviation but it's enough of one to be like you can't call her pain over that. And and as a scientist you have to answer for that deviation. You know, or at least explore why there's a two to 4% deviation in data like that because you should be that curious and it's it's good to see that happening but it's taken decades and decades of field research for it to come to that so I think it's going to be decades and decades before we see things on stuff like dog man not that there aren't documentary series being made about it not that there are tons of books by like into the fray publishing and other people about the topic but I think it's going to be quite a while before we see knee deep field research quote changing the game the way it is we're even even the game change that came here in the last year with the finding of the freshwater Meza sore and stuff like that, where it's like this, this Okay, now now we've got something that could be plausible. Not a saltwater critter living in freshwater. So, yeah, yeah, it's it's interesting to see that but it's taken decades and decades and decades of research to get to that point, and and still to the point of, there's a lot of deviation and we're working on that. You know, so I want to thank you for your time, Ryan. It's been a great conversation. I love talking with people about what what we can do to further this

science and the research and let everybody know where I know you're mutually going to be. I'm going to be coming up and attending the Texas monsters and legends conference in Cebu bolo you're supposed to be one of the speaker featured speakers Correct?

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Yes, I will be the featured speaker at the legends and lore conference in sub low Texas on March 18.

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Nice Yeah, I can't wait supposed to be having those guys on to help promote it a little bit. Let everybody know where they can go to find your work where they can get their copy of cryptids of the world of course, other than the curious realm store, which it's available there. But let everybody know where they can go to buy your books. Follow your research, follow your show. Everything else, man.

 2:36:07

Of course, if you're interested in my book, it's sold out most bookstores, Barnes and noble.com amazon.com. Places like that. For research, I do have their country Chronicles dotnet, which I try to keep updated as much as I can. But sometimes it can be a little outdated. But I have my podcast episodes on there with Chronicles, channel on on YouTube. I usually have updates on my research. My Facebook, Brian Edwards. If you look around numbers on Facebook, you'll find me there. That's all I usually have. Like my like, my lectures while I'm going to accomplish is I'm going to things like that. So if you want to keep up to date with me and my research, that's the best way to do it. If anyone is listening that lives in Texas, I would say highly recommend coming down to Monterey, Texas monsters, legends, monsters and legends conference in similar Texas on March 18. It's gonna be a great event. It's the first of its kind here in San Antonio. And it's gonna be fun. I know. I'm speaking there. I know. Blackburn can go hard. Yep. David Weatherly. So I think it's gonna be a good event. And I want to see how many people can come out because this might be the first of many.

 2:37:28

Oh, I hope so. I hope so. I was very glad to see I was very glad to even I know I eat in at the last minute because it was one of many that just popped up on my radar like, Whoa, where did this thing come from? All right. And as I'm prone to do, especially here in my home state I support so I got with them and became a sponsor. So we'll be out there doing our thing is typical Ryan, so expect to see you out there. And of course, have you on for a little bit of conversation while we're out there.

 2:38:02

Or coalition always loved doing competitions. I'm like, Okay, awesome. I know for me to get accomplished when I see you and your boss



accomplished when I see you and your boo.



2:38:09

It's always fun to see everybody once again the it is like a like a tight family. The cryptid world it's it's really, really interesting to see. So I'm looking forward to it and hold the line real quick. While we close things out, Ryan. Wow. Well, you are online checking out everything from Texas monsters and legends. And of course, our good friend Ryan Edwards over at Texas or the cryptid chronicles.net. Make sure to stop on by curious round curious. round.com is the website that's where you can find all the episodes. That's where you can keep up with us on all forms of social media. Scroll on down and you can see all of the great ways that you can follow get involved, you can also donate and help support the show make sure to stop on by the curious roam store. All new over there. Great new design really fantastic, very interactive. All you do is click the book that you want from the from the guest and bam takes you right on over to their Amazon stuff. We've got everything there from all of our guests. So once again, everybody thank you so much as always for tuning in. Thank you so much for continuing to listen and take care of yourselves take care of each other. We'll talk to you soon. Stay curious. Bye bye. Thank you for tuning into this episode of The Curious realm. Stay tuned for more guests forbidden topics hidden hidden truths. Download the official curious realm app and view the knowledge vault on our website curious realm.com Follow us on social media By searching curious realm curious realm is available on your favorite podcast services, as well as YouTube, Roku, Amazon Fire and Apple TV through the APR TV app, available on all App Market. Curious realm is a proud member of the HC universal network family of podcasts. For more great content or to become a sponsor of curious realm or other podcasts, visit HC universal network.com today. Thanks for listening. Stay curious. And remember, the other side is always watching