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Coming from the city of the we're



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exploring topics from the esoteric and unexplored, two dimensions are known.



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Shining a light of truth on the darkest corners of our reality.



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Welcome to the curious realms



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thank you so much to all of you who are listening



00:51

who had been listening for years thank you to our sponsors as well, especially our new sponsors, web works wireless. If you're trying to live stream out on location if you're out there trying to get business internet at your home and you live out where you don't have hardline internet, check out web works wireless they have some really really great options out there. Unlimited high speed internet for all and I'm here to tell you fully unlimited as far as I can tell I do easily 20 gigs of upload a month, just with this show in 720 py video folks. And yeah, yeah, I have yet to hit a cap. This show. You can see it right down there in the corner. You can see where we actively live streamed on our website every week from web works wireless equipment. So stop on by check them out web works. wireless.com is the website. Also

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We have recently been doing a lot of episodes about indie ease. And if you want to know about more of that more more about frequency healing specifically more about how these things can help change and refocus your life. Stop on by her website, Mary Helen hensley.com. Her books are understanding is the new healing and promised by Heaven. Welcome back to the show. Mary Helen Hensley. How have you been? Hi, I'm so glad to be here. I'm doing great. Thank you. I'm so glad to have you back. As I told you, I'm glad to be here. So I told you in the pre show conversation. One of my favorite things to do with this show is to demystify. A lot of people tune in and they expect to hear just conspiracy theory, things like that, because of the name of the show. But literally, it's more about let's understand how we got to this point, let's understand how we got to this understanding, even if it's a mutual understanding of a, quote, conspiracy theory. And let's break it down. Let's demystify it. And we've been doing a lot of episodes recently, we just actually had Dr. Scott M. Taylor, formerly of the Monroe Institute,

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who is now using binaural beat therapy in in the process of replicating near death experience. And not only that, but helping people attain that replicated experience for a prolonged time. So really interesting and I know you yourself, have have had the near death experience you have been down that road in life and one of the things that I've been wanting to talk about not only with abductees

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and other experiencers but near death experiencers is that the other side of the afterlife the the when you come back, is it always a good thing? Is it always the fact that your life is changed and refocused for the better. Are there people that come back and they're they're tortured by this experience you as somebody who work in the realm of healing these people and dealing with people who have these experiences regularly?

 04:59
What is

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your experience been a with near death experience yourself? And what is it been on this this edge of the topic as far as people that are, I guess troubled by it? That's actually an excellent question. And I'm delighted that, that you want to talk about this because it's real.



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You know, it's not just all about the, oh my god, I went to the other side, and it was amazing. And it was.



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But like, one of the things that I am very grateful for is the privilege to be on the same circuit as so many of our near death experiences, you know, like, I'd be out with the likes of speaking with Eben Alexander or PMH Atwater, or Jim Bruton who I mentioned to you before Peter mudhar, there's so many different experiences out there. And if I could tell you the late night conversations that we you know, that we've had, because each of our experiences whilst the outcome as far as what happened over there, is extremely consistent.



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Each of us in you know, have had an amazing and transformative experience when out of body experiences when coming back were completely



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varied. Some of them very similar. And I remember sitting up for hours with Jim Bruton who, who I want you to get on this show I told you before, Jim Bruton



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was a foreign correspondent for I don't know who it was CNN or NBC.



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And fascinating, fascinating character.



06:44

He's several inventions to his name. And he built his own airplane took two of them as a matter of fact, and he was flying one of them and had a crash, and he died in a plane crash. I'm like, dude, dying in a plane crash. That's like the pinnacle for me.

 07:01

Yeah. Well, he didn't walk away from it, but he survived it afterwards. But his near death experience was amazing. And he has this very different approach to explaining what it was that he saw. And I actually was very privileged to see him speak to a public audience for the very first time, which is always really, really interesting when you see somebody sharing that part of themselves for the very first time. So we ended up having this conversation after his talk, it was amazing course he was my mama Helen is 93 in a couple of weeks, and she is a cracker jack and he and Mama Helen are just madly in love. And he just thinks she's the bee's knees. And so we just spent a lot of time at this particular event. I think it was in Philadelphia, with the International Association for near death studies. And, but we had ours, where we spoke on the subject of what happened to us in our personal relationships, which I think is highly important.

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When we came back, and I was

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I was dating my boyfriend from college. And Jim was married at the time, when when he had his MD and it's one of those things where,

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you know, it's safe territory to talk with somebody. It's not weird. It's not what that is just like, they're not that many people you can have this conversation conversation with, oh, by the way, you know, when I woke up dad, what, you know, what did my husband think?

 08:43

And so we got to really discuss that. And it was interesting, because I was dating my college sweetheart. And so I'm from the South, as you can tell.

 08:56

And in the south, when you are still dating the guy that you were dating in college, your mom is like picking out the China patterns. Yeah, yeah. So when? Oh, yeah, when is the date and everybody's ready for that. And so

 09:12

we actually ended up moving back to the hometown of, of my boyfriend at the time, which was Charleston, South Carolina, which is where my nd II took place, which, of course, is



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why his presence in my life was so important. For many reasons. He was a wonderful, wonderful person. But can you imagine when you're with somebody who's been through that type of experience, like what do you say to the counselor?



09:38

Yeah.



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So we hadn't we had only just, we got engaged actually, right after so like, we were that close to, to the whole marriage thing when it was happening, and it was when it happened. Like I knew immediately when I came back, that this was not



10:00

going to last. And you know, it's not something that as a 21 year old, I could actually say out loud because I didn't know how to say it out loud. It started a very strange series of events for me as far as interpersonal relationships would go because I would. It was like, I had this bizarre kind of artistic clock running in my head where I was like, Okay, we got four years and 28 days and 37 minutes in this relationship kind of thing. To the point like, where when I was standing at the end of the aisle, and the church was full of people, and he was down at the end waiting, and my father looked at me and he goes, You don't have to do this. And I looked back at him. And I went, Yes, I do. Even though I knew walking down, that it was limited. Now, can you imagine being the person on the other end? Like, it's, it's unthinkable? No, I can somewhat imagine and at least being in your shoes, because I myself, as I've told you before, when you were on previously, as my audience knows, I spent my first year in college as a seminarian for the Catholic Church,



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had served at the altar for years and years, served my community things like that.



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It was a surprise. And granted, I was like, I turned 18, a week after being there. Like, I was there for a week long, silent retreat before school started, school started the day after my birthday.



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So yeah, like I turned 18, the day before school started, I was already in the seminary by a week. So very much the same thing very young. And it's one of those that, yeah, when you enter the seminary people kind of fully expect you to complete that. And it's like, you know, that's a that's a hard call in life. And that's a hard call for an 18 year old to make to begin with, much less for that 18 year old to show up, share his experience about, I had an ecstatic experience with something beyond me. That vibrated me enough in gong to my bell enough to bring me here to explore that connection more.



12:14

And the realization of,



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whoa, why is everybody looking at me so strange after sharing that? You mean, y'all didn't have this?



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You mean, this didn't happen to y'all?



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And that was my first experience of whatever, maybe I shouldn't tell everybody about that. Yeah, like, I'm a totally different person now.



12:37

But



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you know, what I'm thinking of right now, is the moment when I went to chiropractic school, of course, that you know, I just finished college and I became a chiropractor, because I broke my neck and the chiropractor, Dr. Anthony Ross literally saved my life.



12:54

Because I had every neurological disorder that you can think of, and they didn't know what to do with me. And so I ended up going to chiropractic school, and I'm just thinking now, it was quite a, my class was small and intimate. And I'm thinking of the very first day of school, and

I'm wearing this hot pink outfit and these cowboy boots with these cactuses on them. And these giant pink chili pepper earrings, I was like the business.

 13:21

Remember what year it was that day? It was like 92. And so we're sharing around the circle and like, you know, it gets dented. This is why, you know, this is what happened. And they're like, why did you become a chiropractor, and I was like, Oh, I broke my neck and died. And like, it was like,

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like, the guy next to me is going well, I went to a chiropractor, because you know, there'd be corn in my poop because I couldn't digest it. And after being adjusted, I was able to and I'm like, Oh, okay.

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Yeah, no, and that's just it. And

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it's one of those Much, much like,

 14:01

indie ease and the experience with the paranormal.

 14:05

The same thing happens with a lot of people that enter the seminary, they're there, it's it's not always, roses, it's not always great. Spiritually, for a lot of people. It's hard. And it's supposed to be it's there to challenge you and to literally

 14:21

make you realize that you are an unfinished pyramid that will never ever, ever, ever, ever, ever, ever be finished. Nor will anybody in your congregation. So level yourself off there.

 14:35

And move forward. I'm having such an aha moment right now, as you're saying this, and I love

that I can still have the aha moments, because I can still give them to people sometimes. I don't know if you remember in the first time that we spoke that my father was yes. And so what was so interesting was, of course, he graduated from the University of Richmond and where did he end?

 15:00

My mother go, they went to Kentucky so my father could go to seminary. So imagine he's 22 years old. He's literally the same age I was when I had the near death experience. Wow. And he went off, he gets there. My father was my father was drafted by the Colts and went to seminary instead. Like he was, he was a, he was pro football material. And I always remember him saying, you know, that he felt like he could be have a greater impact on the football field than he could in the pulpit. Now, he went on to become he was a football coach on a Friday night, and he was in the pulpit on a Sunday. But he never formally finished seminary. And I'm thinking to myself now because it was he who received the celestial visit, that was so outside of his scope of reality, when my mother was pregnant with me with the German measles, and the doctor was like, Guys, you need to go home and get your head around the fact that if the baby makes it, it's not going to be okay. Yeah. And my dad, you know, the, the minister gets this celestial visit, and he couldn't call it anything else. Because these angels didn't have wings. Yeah. He described him as humanoid. They looked like us, us. But they didn't. And they came and they told him everything about me, including that I was going to be a girl. So this was a 1968. Thank. And I'm like, Oh, my gosh, it makes me just wonder at 22 years, when he goes into seminary, and you're talking about sharing that experience, I'm like, I wonder if he had that same kind of push to go. This is not the place for me. This isn't where I'm going to. Yeah, to make my greatest impact. Yeah. And I, you know, it took me years it took, it took me years to embrace the fact that I was not supposed to wear that color. That that, yes, what I did as far as youth ministry, teaching, things like that reached a lot of people. But what I was supposed to be doing is like what I'm doing now, where I'm talking about that universal T capital truth to people out in the regular world, and even to musicians that were up on stage and things like that, that, hey, they just needed somebody to listen to man, they just they just needed somebody to listen to them. Rather, you know,

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and be able to be there and not, not judge them for what they thought or why they thought it, you know, as so many people had done, which

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made them the way that they were in a lot of ways because they were just trying to be them. And everybody was saying, Stop being you and be this.

 17:53

You know, which Yeah, it can be hard, because once again, I even had family that was so incredibly disappointed with the fact that I that I was only there for a year that I didn't that I didn't stay, and stuff like that. And I know I know, friends that stayed longer. And friends that

didn't stay, and stuff like that. And I know I know, friends that stayed longer. And friends that had really, really tough times with addiction, alcoholism, things like that after. And it's very much the same way with these experiences with the paranormal.

 18:24

Absolutely, people can either handle the extremity of what it is, and realize that hey, you know, we all live life through a different filter. And that's what makes us unique, but when you're dealing with the trauma, especially the trauma of like, wow, I think I just died before I medically just died. And this was my experience.

 18:55

Really wrap my head around that Doctor,

 18:58

I want you to talk to my good friend Peter Bedard. We are such a tech when we speak together. Peter wrote a book called Convergence healing. And why this comes to mind in this conversation is so picture the scene, we're on the Queen Mary, you know, the floating hotel docked in Long Beach, right? The Haunted Queen Mary, that Oh, it's my favorite hotel in the world and stay there as often as I can. And

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Peter and I were speaking at the same event. Now, we've never met before. This was years ago, and I had just

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finished my talk. And I was walking all the way back to the end of the room when Peter Bedard begins his talk, and I stopped dead in my tracks and I turned around I was like that dude just took my material.

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And you stole my stick. He just stole my stick and I was laughing so hard like he is weak like we call him a gay twin. He is my literal

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soulmate, I love this guy. And so



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he is talking away and our experiences are so similar like that it's freaky. So like I was dying to go to the bathroom, and I just stopped and stood there and listened. And so then he gets to this very interesting part and I'm mesmerized. And his coming back is completely different. Because I'm like, they may as well have sent me back in a Dallas Cowboys cheerleader outfit, because I was like,



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Yes, I made.



20:37

And I'm like, Peter goes into this horrendous depression. So he was as broken as I was, he was a professional dancer. And so that was him finished. You know, I, I had just finished college and my degrees were in communications and graphics. So Little did I know that I'm getting ready to sit, get sent back to school to become a doctor. Yeah, by my dead grandfather.



21:02

But to do what I was doing, I was able to, after working through my injuries, I've been able to do what, what I do for quite some time now. But Peter, who was the business in dancing is now finished, for good. And he's got to reinvent himself. So not only is he a gay man, who is now having to leave his surroundings where he has found himself and is comfortable, he's in LA. And he is now having to go out and tell people oh, by the way, I've died.



21:42

So he has literally every every albatross you can hang around your neck is is dragging behind them. Right? Yeah. So for the time that was in it. And so his experience took him into such a dark depression. However, this is what's so interesting. His life's work, the work he does now, what he's famous for the



22:09

is called Convergence healing. And it's the protocol of how he got himself out of that depression. Wow. So it was, you know, I'm sitting here going from, see, it all has reason. Yeah, you know, but you can't say that to somebody who is like, you know, dying, again, would be way better than this. And, and so, and he'll just be like, I'm so past. Well, he was furious. Well, there is very much also that concept of,



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especially when you're dealing with addiction, anything like that.

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You, you could add 38 interventions in in 42 months, until that person is ready to accept

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the parameters in which they need to live life to change that. It ain't gonna happen like you could, you could push that Sisyphian rock up that hill all day long if you want to.

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But until they're ready to affect that change themselves, and in themselves and in the world around them than the seed doesn't really take root. And

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especially, especially hearing somebody's story like that were Yes, everything that they different. And I love the concept of convergence therapy, of the fact of these two pads in my life have converged into doesn't necessarily have to mean the utter destruction of me and my paradigm, more the reconstruction of a new paradigm.

23:48

And for him to have brought that to the world, he had to go to the depths. And he did. That's just that's just it, you know, get over it. That's what's happening because you can't present an authentic ladder, or a rope or a hand up to someone who is in the depths of despair. Unless you are speaking from that space. Do you know it's really interesting, so that's not you know, my, my work doesn't really center around that I'm this really kind of, alright. You know, Peter is like, if you're in that kind of, he works a lot with that type of trauma and with addiction,

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and all and what comes to me, that's what's attracted to him because of his experience. What's attracted to me is something completely different because I'm a mom. I'm also like, super bubbly all the time. And I'm like, Okay,

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are you done yet? Alright, now, where are we going with this? And so I am that kind of and my father was extremely disciplined as a parent. My mother was that loving, wonderful. I was very blessed on the parental realm. Now, if you told 17-year-old me that I wouldn't have said that

blessed on the parental realm. Now, if you told 17 year old me that I wouldn't have said that.

 25:00

At, because my, my dad was, you know, six foot two hulk of a man who was extraordinarily disciplined. And I spent my entire childhood, you know, either I was either at the football field or I was in charge. Yeah, like my old school that was that

 25:19

there was a lot of stuff now that I look back and go, Oh my god, I hated that. But it was so necessary for whatever came. Because there is a discipline, there is an unshakable discipline required for the level of work that I'm doing right now. Because people are going to be full of every excuse under the sun not to get well. And you have to be strong enough to stand in the face of that and go, I am not here for you to tell me that 30 times, I'm not going to take your money to do that. I'm not doing that it's not happening. So we need to have a little conversation and make a choice now. And if you can't make that choice, I'm not for you. And that's okay. Because I'm not for everybody. Yeah, and I but it's that sheer discipline.

 26:06

And then once I'm into it, my mother comes out in me Do you know, I've got that loving, compassionate connection with someone, but I gotta get to that space first. And my both of my parents created me that way. And so it's fascinating to see the type of like, Peter loves being alive now. And like, like, we have a ball together. And when we speak, and like, we're the greatest friends, and he has a wonderful life, and everything's, everything's good. But it took him a long time.

 26:34

Yeah, you know, and his experience with pain. I'm the kid who wakes up like I broke my neck, I have 1000 floaters in my vision, every single day, all day long. I'm deaf. In my left ear, I was told I couldn't have children. I have to. I bashed from head to toe. I'm now 53 years old. And I'm in a lot of pain. And I've been in a lot of pain for the last 30 years. But I'm not one who wakes up every day and go, Okay, I know exactly how long I'm here. I can handle this. And there is nothing bigger happening in my body that's bigger than what I want to do today. And so I'm able, I'm just that person. But Peter went through that period of, oh my God, no, I'm in so much pain, I can't do this. You know, like, I can't tell you that I ever had any of those days back then I was so happy to be back. And, you know, I was like, I gotta figure this thing out. Because they man, they promised some big stuff while I was there, you know?

 27:38

I'm gonna, I'm not gonna miss it. I want to stick around. And I actually like it here. And that's an interesting thing, because a lot of people who have indies will come back and they're like, I know that I don't like this place. Yeah, oh, my God, you see this glory, and you feel that, that

amazing vibration of everything. And that knowledge of everything coming back. And you know, you're like, Oh, my God, the amniotic fluid, the amnesia. You come in as an infant in fantasy, oh, my God, and then like, so you gotta walk around with that knowledge, and then still play this game. And there are a lot of people who come back and they're not really happy about that. Yeah.

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Yeah, so I just happen not to be one of those. And I'm actually really, really grateful that I'm not that. Yeah, yeah, absolutely. And that's just it. It's, it's,

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it's hard to process and experience on that level to begin with.

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Especially if you are not somebody who

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I guess is founded in faith. You know, I could see how having an all encompassing experience like a near death experience, whether it's a,

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a life mission given to you or you just experiencing it, and then coming back from it.

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I don't know how I would even reference that in my life without my

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frame of reference of my ecstatic religious experiences and my connection with the divine, whether it be God or the universe, or what have you. But what what I know to be that tug of the kite string behind my belly button, when I walk in somewhere that's like, Oh, I'm here for a reason today. Like, I know why I'm here. I'll have to find it. But I'm here for some

 29:39

and learning to recognize that and you know there is that I suppose without a religious point

and learning to recognize that and you know, there is that I suppose, without a religious point of view, but I can see how having that harsh of an experience and coming back could be a paradigm destroyer for somebody if they aren't absolutely it could and I tell you what's interesting, um,



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The Universe does provide always. And you know, I have someone in my life that



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that is there every single day who deals with suicidal tendencies, suicidal thoughts. And



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while it is a big fat pain in the butt, and I will not lie to you, because it's just constant and chronic, but I understand what they're going through as well. But there comes a day where you have to go, as I've said, many times when I call that dog food day, and people are like, gosh, this is kind of harsh, until you've lived with it, don't judge it. Do you know?



30:42

Yeah. And I'm like, okay, sweetie, I gotta go. And I've got to get some dog food, because the dogs are out of dog food. And if I come back, and you're not with us any longer, I'm gonna be devastated. I'm gonna miss you terribly. But life goes on, I've got to keep going. Do you know. And so I have a child who has been such a blessing to me as a human being to ground me and people like why? Oh, my God, that's my worst nightmare. It really, it's, you know, it's not it comes in many forms from many different people in your life. And so I'm very fortunate to have had



31:19

a child who came in with many of the same gifts that I had, without having had the near death experience. And so watching her, unfold them, and not want them and not want to deal with the fact that she'd know when somebody was going to die before they died, or that her dad was gone. And she grew up without a dad at home, and all of the stuff that came on top of her that made her not want to be here. And so to watch somebody access, the depth of strength that it takes to wake up every day and overcome



31:55

the choice that they made to come into this realm with only the knowledge. Well, if I put myself here, there must be a reason. I don't know what it is. And I've can't fathom why I would have done this to myself. But here I am. No, no, say incredible. When you say done this to yourself,

explain that. done this to myself, as in the child recognized. You know, she's been living with me her whole life. So she recognized Hang on, there's something outside of this. You know, I didn't just, it wasn't just the sperm and the egg came together and bang, there was it was, there was a soul plan that that came here because she has memories of being in other places. Do you know she has memories of being somebody else? She knows that she's not just this. So that's fact to her. So she can't unknow then that she put herself into this lifetime.

 32:55

Gotcha. as uncomfortable as it is. And as difficult as it is. She's learning to go, you know, and so we had a long period of time where she tried to get out numerous times. And so

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as a parent, you look out and you go, Oh, my gosh, you know, wow, this is incredible. But it's no different than any of my folks I've worked with who have had near death experiences who didn't want to be here. And it's been incredibly valuable for me as the one who I'm, you know, I'm the lemons to lemonade, girl, I can't undo that in my own personality. It's just who I am. It doesn't mean that don't acknowledge that there are other people who can't do it. However, we've all got one thing in common. We all have a choice to be here. To exit this world is so easy.

 33:45

It is something that everyone has available to them 24/7 At a snap of a finger. Yeah. And so that's the thing that we all have to remember with that. And so those who struggle after an NDA, that's no different than someone who struggles with suicidal ideation. It's no different than somebody who hates their life, you know, and just but wakes up still and goes another day. Why is it what is it that makes them stay here? There's that tiny spark, that little rivulet that connection to that innate knowing that they're the ones who put themselves here for a reason. And even though they can't hang on to it, they can't grasp it. They know it's there. And it's that tiny little thing that keeps them from going well makes them stay. And for those out there who are listening to this


 34:40


marry you that that have gone through this that are feeling this way what what is the beginning of healing for them because that that's what you focus on in your work is is the actual healing of people after indies the healing of people after traumatic exposure


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Your answers in life. So what what, what are the steps to begin that process of healing and at least


 35:10
if not finding mission


 35:14
with your newfound knowledge, my purpose.


 35:18
I mean, the thing is guy, once again, you may come back from it and be like, Well, what the hell, I came back with no purpose man, like, you know, you're straight up like 22 in the in the Disney movie, like I'm just searching for a purpose, once I have a purpose, then I can go down to earth.

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But until I'm assigned a purpose or have a purpose or find my purpose, I can't even be there and participate in that place.

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So

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it all starts with the choice. And that is the conversation I have with everybody because I can't move forward with a single soul until they've made the choice. And that's regardless of whether they come in with cancer, or they come in suicidal, or they come in

 36:03
whatever they have whatever is going on.

 36:07
Or I'm lost, I have no purpose. Well, you know what, I've never met anyone who doesn't have a purpose. And what they fail to realize, is the fact that they've just shown up is their purpose where they are in that moment in that exact time. Is them having a purpose? It's, it's been

 36:07

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blown up into this grandiose, kind of, you know, I'm pinky in the brain, and I've got to conquer the world with my awesomeness. Yeah, kind of sense of purpose, as opposed to the fact that for some people, like, for instance, I worked with somebody yesterday, just who has tried to commit suicide multiple times, multiple times. So does it happen in every session? No, because it's not always about a past life thing. Okay. And a lot, often it's not, but in this particular case, it was, and how fascinating that this individual who's here in Ireland ended up having been involved

 37:10

in an attack in World War Two, that left him in that lifetime in 1941, a young and vibrant man who had married his sweetheart, and then gone off to war, and had left him a quadriplegic.

 37:27

And, of course, she loved him dearly, and wanted to be there for him. And he went, I'm not going to do this, you're 22 years old, and you will not be doing this for the rest of your life. I am done. I'm leaving. And I don't want to live like this. And there was a scenario in that lifetime, where there was an assisted suicide, she helped him commit suicide. And so coming back in, and it's so interesting, because this person couldn't figure out, it's always the same time of year that happens, it happened to be at the same time that this battle took place.

 38:06

So that feeling would resurface. And so once we were able to go back and go, Oh, you're experiencing a cellular memory that's taking you back into this space that you don't want to be here any longer. But that doesn't actually belong to this lifetime. It belongs to that one. Oh, and then you're trying to project forward, okay, well, if I have an intimate relationship, it equals death. If I have, if I try to focus on my future in a career, Oh, guess what, everybody dies. And so you start uncovering, oh my gosh, the memory that's attached to the feeling that he's having right now, is attached to a lifetime where that actually was the case, but it carried forward because it was a suicide, that that soul came back in to push themselves to the utter limits of those exact same feelings under different circumstances, because the body is not quadriplegic in this lifetime. And the circumstances are not the same. They're quite different. However, the feelings are identical. And what the soul does is it comes back to that space where it experiences the exact same feelings and challenges itself to make a different choice.

 39:17

And so just like that, and I mean, just like that up, she gets from the table and this the feeling is just gone. And is that my doing? No, it's hurt. She did not May. All it did was wiped the window a little bit so she could see out and she found her way. And that's what happens. It's making that choice. It's going okay, something outside of me yet part of me is taking place here. And I can either sit in wherever about how much my life sucks or I can go and find out what it is and the choices made. Yeah. And you know,

 39:54

I guess as with the choice to take any first step whether whether one

 40:00

Once again, it's somebody who's an addict or somebody who's, you know, taking the first steps in a spiritual journey, what have you the first steps, always the hardest. But once once you're on that road, I guess, how do you? How do you learn to process the fact that? Yeah, you you, you may not have a grandiose purpose in in the machine of the universe, you know,

 40:31

purposes are great, well, well, illusion of the earth. Yes, in the

 40:38

CAV bashment that we have, let me let me rephrase that. Because coming back and recognizing that you could be working on, you know, what we call a thread of lifetime thread of experiences that are giving you a well rounded 360 degree. You know, like, this could have been multiple lifetimes where she experienced suicide, you're just you're just weaving a fiber in the rope of your life right now, as far as being a very grandiose and wonderful thing. But it might not be you know, it might not get you a star on the Walk of Fame. You know, it's something that's completely different. But in its endo in the souls intricate plan, it's massive. Therefore, I can answer and answer honestly, any person who looks at me and goes, I just, I have no purpose. I don't know my purpose. You're doing your purpose. You're here, doing that purpose. And that last horrible feeling that you feel right now. And the way you're going to eventually move yourself out of it is your purpose. That's what you're doing? Yeah, yeah. And I guess that

 41:47

that I guess is where a lot of people might get tripped up is the fact that the purpose is just you. It's, it's not to change anybody else. It's not to work on anybody else. It's not to help anybody else. It's not to bring some insane knowledge from the other side, to the rest of the world and a grand revelation that will change mankind.

 42:08

It is to work on you. Exactly. And people are really being confronted with this right now. You know, we got the great the gift of COVID



42:21

when it dropped in, you know, the whole the whole storyline of COVID has given so many people opportunity to meet this face to face. Yeah. Because Oh, my Lord, the judgments flew and the finger pointed and it's on the scale.



42:40

The storyline is different than what we would have seen, you know, 75 years ago in World War Two, but on it's on the same scale of the vibrational i The idea that watching family split without guns pointed in their faces, yes, watching a single, you know, the concept of something and our ideology around it splitting a family group just like that. Absolutely. Not community, boop, just like that, and that we feel like we've got to educate everybody else around us. And that's how people got really, really stuck in that frustration. And they were like, ah, you know, I'm losing it. And I was guilty to actually win easily, because I was just going, Oh, please, guys, come on. Yeah. Yeah, it can. And it can be it can be really hard to



43:31

not get stuck in that concept of thinking, Yeah, did you know, one of the one of the caveats I give people all the time is



43:42

beware of the phrase, those people, period. I don't care in what context more more beware of the person that says those people, because that, in and of itself is a distillation mentality that does not allow for the panoply of universal thought that may be going on in that literal individual's head. Exactly. So like, it's like the culture of trying to erase history, like why on earth would one try to erase history, when it is the very foundation upon which we build our future? And, you know, it's like, because we want everything to be the same, and everybody to feel the same and everybody, and that's not how it works here. That's why it never works here. So people can vote for that and march for that and do whatever they want for that, you know, do we grow globally as a community where we, we learn through processes where, you know, the vast majority of a group of people could turn around and go, Oh, my God, that's appalling behavior. Nobody should do that. Do you know, yeah, we grow through things like that together, but everybody will never be on the same page. Because that's not that's not what this place is designed for. Yeah, therefore we suffer. Well, and I think that part of that stuff



45:00

brewing comes from the fact of



45:04

our expectation, and really, our expectation of



45:12

Will everybody thinks this way.



45:15

I remember not too long ago, I, a very good friend of mine shout out to you way we gave my old drummer from my old Grateful Dead band.



45:24

His, his sister passed. And he was very, very worried about going to the funeral. Just internally, he, he's one of those like, Hey, man, you know, like, grass is just the hair of the earth, you know, like, has has a very different view of the world and the universe and this beautiful, innocent view of everybody in the world around him and God, and it's, it's amazing. And he's like, in his 60s, but it's one of those like, man, if everybody thought the way we daybed it if everybody had this beautiful thought process, and he was afraid to go to his sister's funeral, because so many of his family members would make fun of him because of his belief, they aren't really religious folk, you know, they they aren't prone to go into, and he doesn't go to church on a Sunday, but they definitely don't. And he's like, you know, I'm just worried that they're gonna judge me for what I think about her in the afterlife when I was like, bro, if they do just feel free to remind them that world over they are the weird minority, not you.



46:42

All right, feel feel free to openly remind them in that space,



46:48

where they just called you into question that? Oh, yeah. Don't forget that the ones that don't believe in anything, are the actual minority across the globe, not the majority. So and it does kind of take that attitude of what I believe is what I believe. And it is. Not everybody I think is at that point, not everybody is willing to accept that point. You know,



47:18

there's lots of people you know, who don't want to hear the glories of of an NDA, you know, when they've lost somebody that's very close to them. That's great that that happened to you. But I've just lost my loved one. I am never going to recover from this. I will never, you know, I hate life now without them. And I actually can't stand you or your story, even though I used to like it when my loved one was still alive. But now I don't like it, because now they're gone. And it's really funny watching how people react to life and death.



47:49

So a lot of people who've had a near death experience will come back and they're just kinda like, Okay,



47:56

this is odd, because I feel like I'm walking with a foot and two worlds. Yeah. And, you know, there are days I feel like that myself, I have, I feel like I've a fairly good grip on 30 years of, of just sharing with people, am I trying to convert people to believe what happened to me there, I couldn't care less. And that is a gift.



48:17

I will share and then invited into different audiences to share that. Because there are people who want to know, and I don't, I don't share it with people who aren't interested. It's not something that's there to, to force, it's just there to be. And that's, I think, the ultimate difference



48:38

between those who had what we would consider a joyful



48:44

or inspiring near death experience, and those who come back and are like, What the hell just happened to me? Yeah. You know, because it then might be the framework that causes them to learn and to grow and to seek and define when maybe they weren't. For some, for some, it might be a stronger framework that pushes them into what they were starting to do, but weren't quite there yet, and might have fallen a little behind the plan. You know, so for every single individual, it's completely different. I don't, I can't say in my own experience that I've ever met anybody who didn't ultimately figure it out for themselves.



49:23

I know a lot of people who were troubled with it in the beginning, but then like, it's something it's so profound that experience and then you see the difference between this world and that.



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So



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it's so clear when you see it,



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that it does and can cause a lot of confusion and chaos, but then they're in begins that purpose or that plan to find a way through that and to dispel belief systems to demystify I was telling you before



50:00

We started recording about my my time spent in Facebook Jail yesterday. And I had I ever seen the light or Easter Sunday, the day that was in it. I shared, I shared my views on the fact that it's not hard to believe. The idea, the story, the parable whatever way you want to frame that up of Jesus coming back into a body, He had what I'd call a Sherpa of the Spirit who was there anointing the body, praying, keeping the vibration high, so that the body was able to physically and physiologically receive the Spirit that had gone on sojourn for what we think might be close to three days. I have mentioned different people who have had all sorts of levels of Near Death Experiences. From moments to minutes to hours. I have watched people defy gravity, defy logic, defy physics.



51:06

And it's provable. And so I was making this kind of comparison and naming off friends of mine, you know, who had gone through near death experiences, myself included, and people Oh, that's great. Now you're comparing yourself to Jesus. And I'm like, No, Jesus actually took off afterwards. And I'm still here working.



51:24

You know, I'm not comparing myself at all, thank you very much, either. He knew a lot more than I did and was able to take off and um, this is my purgatory, or no Dum Dum, I'll tell you that whatever. Do you know, but like, he got he got when the getting was good. That's That's it? You know, I'm still here doing it. So it's funny.



51:49

Yes, last Miss, you can't talk about Jesus like that. Oh, yes, I can. Because anything I know about Christ consciousness. Consciousness has an amazing ability to receive and a sense of humor, and does not get offended. Yeah. The algorithm doesn't allow that.



52:07

I'm like, oh, let's Okay, somebody else is offended.

 52:11

So, I was speaking of this, and so I'm going, you know, it's not difficult for those of us who have been through a near death experience to comprehend the idea that he could come back. Yeah. And, and, you know, and I went on to discuss this, well, all of a sudden, I find myself in Facebook Jail. And the reason that they gave me was for human exploitation. And I am in the same category now in Facebook Jail as human sex traffickers. human exploitation. That's what they got me for. So I can

 52:45

I can test it. And I want, by the way, but

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I thought, Gosh, how interesting. Yeah. And so it's this idea that things are off limits or can't be discussed? Or can I'm going? Maybe you were able to traffic souls from body to body, I guess no, but I'm going. This is interesting, because, you know, loads of my Muslim friends had put up all of their stuff about you know, they were, they're fasting during the day, and then they're having their big Ramadan feasts at night, and which is amazing. And then other friends of mine have like these, you know, a six foot guy in an Easter bunny suit with screaming children sitting on his lap, on their page. And then others might be at a sunrise service, and others might be talking about Ishtar, and the origins of Easter. And I'm boy, why, why this one? Why me? Yeah, yeah. And when I pointed that out to them, and when are you going to take down anybody, everybody, or what's happening here? Immediately, I got out of jail. But I got put in jail. And that's the interesting fact is, is that there was something there that created an issue for whoever that particular individual or bot or algorithm was. And I went, Wow, isn't that interesting? That I would that I would

 54:05

not do face to face or defile? Yeah. And once religious belief, but I would contribute my own personal experience. And that becomes an offense anathema. Yeah, yeah. And I thought, wow, how interesting. Well, in a minute ago,

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I didn't want to interrupt you, because you were you were on a really, really good point about about meeting people at services and funerals and seeing that moment where

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you would love to talk with them, but you can't. And it just it just dawned on me.



54:43

The concept of they themselves



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have been through a type of literal near death experience.



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Where perhaps, yeah,



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they they've been sitting in a hospital for



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for 45 days, you know, things like that. And they they have been literally suffering alongside this person.



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And it can be



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harder, if not as hard or harder than the experience itself, I think sometimes for the survivors on that end, yes. And the MTE doesn't necessarily mean that traditional classic, okay, that person died in a car accident, or no, this one died at COVID and came back. Yeah, you just reminded me of a very dear friend lost her father. And she asked me, we had such a profound experience at his death, and I was in the hospital when they passed. And that's my favorite time, to be honest, is being present at a passing



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or a crossing, or a death or a transition. And she asked me to speak at his funeral. And she said, you know, he has a few friends left, he was in his 90s. Wow. And she said, he has a few friends left. And I would like to honor my dad, by letting you share your experience of my dad's death. And what happened in that room, when you saw him leave his body, I want you to share it with those men, because it might be the only time and so I'd get you and here come these

veterans at the end with their little pins on their coats, and a couple of them weren't wearing the hats and, and they will also were in their 90s. And one of them came up to me and there were three and said Young lady, I just want to thank you because it's the first funeral I've ever been to in my life, where somebody didn't just read a nice passage, and give a few nice words. But someone actually told me what happens when I die. And he said, I am near death. I am in my 90s It is inevitable. And he said you just gave me the greatest gift by having the courage to tell that story. Do you know? Yeah, yeah. And we say it on this show all the time, Mary that.

 57:11

And I get questioned by people that Oh, why'd you have that person on talking about that crazy thing that they believe? And I'm like, because I believe some pretty crazy things too. Like, Hey, I was brought up Roman Catholic, you want to talk about believing some crazy things? Come on the island man, we surrounded by Bro. Bro, we gotta we got a book that's literally four fingers thick. About the crazy things we believe. All right. And that's the book that says you better believe it? Or you're not. Not No. And, you know, that's aside from the Bible. Which, you know, for Catholics, hopefully, you know,

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which I've always found hilarious. But um, yeah, yeah, it's one of those trying to trying to get to the point of acceptance. And, and like you said, those gentlemen being ready, so to speak, and, and having that they are near to death.

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You know, and their experience and once again, even the even the trauma of those who have experienced death of a loved one and been there at the passing.

 58:26

Because that can lead so many questions that can be hard. Well, I'll tell you what, if I've learned anything over the years, this is why I love doing what we're doing right now. This is because I'm a very firm believer that you in our fractals are the same hole, experiencing ourselves in 8 billion different ways in this terrain alone.

 58:47

And I don't have the answers to everything. And nobody who's walking this Earth does. But the opportunity to sit, especially like in this podcast format, where I can have a conversation with somebody where I'm sharing those parts of me, and you're sharing those parts of you that are creating an ever expanding my perspective of what it means to be human. That's what it's all about. Therein lies my purpose. My purpose isn't to convert 5 million people you know, to write 800 books, I write those books, guess who are right. And for me, I wrote those so that I could go back and witness my own experience thus far. I know that sounds crazy, but that's why I write, I

am witnessing my own journey. And what writing allows me to do is to step outside of myself or the pain or the deep connection to the stories and witness it as an observer. And every time I talk to someone like you every podcast I do. Every time I speak to an audience, I have that beautiful gift of that interaction with other human beings which is which is rare and wonderful. And as someone who had an N D. You realize that's the gift of being able to come in human



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Being Yeah, and, and I'm just I'm ever so grateful to you know, and like for you for creating this kind of platform and for sharing your own experiences with me, and then this kind of banter back and forth where it's safe. And there's no judgement. And it's just absolutely, it's just grand to do why it's so it's so absolutely essential. Whenever I used to teach Junior High in high school,



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spirituality I,



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I always ended the year



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with



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a, everything I may have taught you this year might be a lie, go find out



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where it is, I may have told you lies all year, go figure it out, go ask questions, keep a the day you stop asking questions, you should be dead.



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You should be no longer moving. The day you stop asking questions about any of it.



1:01:01

Data. And and secondly, this is probably the most selfish thing that I do is teaching.



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Because whereas you had one teacher all year, I had 20



1:01:15

I got to learn from every single one of you a different way in which this material is viewed and thought about. And not everybody chooses to see the world in that perspective, not everybody chooses to see, every opportunity is a learning opportunity, every opportunity is an opportunity to grow as an individual to put one more brick



1:01:40

toward the temple that you know will never be finished, that you will never be a finished temple that you got to keep building.



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You know, and before we let you go, because I always love our conversations, I always feel very charged afterward.



1:02:02

What can those who have had that revelatory experience?



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How can they begin sharing that? How can they begin to I guess really crack that nut for the world to understand and in a softer way as possible? Because it's



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it's kind of like pulling a scab off than pulling a band aid off, you know,



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when you it's kind of like we had a conversation a few weeks ago with a 32nd degree Mason. And



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when you when you get up that high, you find out that actually everything that you've been learning since degree 13 is met. You know, like really all you needed to know was back there. So the question now is, how have you grown from there to now? And how are you going to enact all of this? Now, the way you should have been since then, now that you know that and realize the fact that yes, you're an unfinished temple, you'll never you'll never be finished. But you got to keep building. So



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how do people I guess start chiseling away at that idea, how did they start?



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I think a great thing. That is



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my favorite, my favorite saying that I that has been with me since the day I died, literally



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is you already are that which you seek. So rather than trying to build a life around seeking enlightenment or seeking this spiritual growth, it's recognizing that you already are all of those things. And what you actually came for here was to get your hands dirty. You came here to get in and get dirty not to be this pious



1:04:01

creature of divine spirituality.



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And, and looks at everybody and nods and quietly cast judgment and does. You're here to screw up. You're here to love. You're here to forgive. You're here to embrace you are here to struggle. But the suffering is optional. And I think if people can get that part, yeah, if they can understand that being here doesn't have to mean suffering. Yeah, you're never gonna escape the struggling because the way that this structure is set up here, and we're cyclic, and we've been sick with six since the dawn of time. Yeah, we're in a particularly interesting part of the cycle right now. Which kind of everything that we knew to be true a couple of years ago, seems not to be and a lot of us kind of knew that all along and we're just, you know, kind of doing the dance as we go along. And some people are in earnest. Really just seeing that for the first time and they're terrified. Yeah, so we

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You don't need to sit back and point fingers and go see I told you see don't shows nothing, open our arms and we embrace them like you would a child who's waking up from a nightmare because they are petrified. And that is our purpose. That is the point of being here that is a true teacher. And that is one who knows that they are a divine and spiritual being who has come here and chosen to occupy the mortal coil for all of the woes and all of the joys and all of the things that it offers simultaneously. That is your purpose. Yeah, yeah. Beautifully said, Truly, truly beautifully said, Mary. Because, once again, not not enough, people understand that one of the one of the things that I tried to get across to my son who was about to turn five

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is

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fail, fail a lot.

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That's okay. It's how you recover, that's important. You know, and realizing that you can dig as many holes as you want, just make sure to dig at an angle at some point.

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Or go check things out, just make sure you got a way out, you know, make your parents out there, don't impose your fears on your children. That's it. You know, it's like, my daughter had her first gig up in Dublin last night, and she was so excited. But she's, you know, she's getting ready to turn 20. And she's in that kind of rock star phase of life and whatnot. And for me to sit back, okay, oh, my god, make a choice as did it. Look, she's gonna be around people who are Tyler, she's gonna be around people who do drugs, she's gonna be around people who are wasted and you're gonna be thrown up in the bathroom and all that she has to choose who she wants to be on that day. And if I get a phone call, and I've gotten phone calls, sure, you know.

 1:06:52

And the funniest phone call I ever got was from a policeman one night and he said something to me at 330 in the morning, and he goes, Ma'am, your your, your child said to us that when she said this to you, your answer was I'm prepared.

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And I missed that with all of my heart. That's right. I was prepared for whatever because my job isn't to experience for life. It is hard to experience. Right? That's right. And it's it's hard. And it's a you know,

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it's hard even if you come back with a purpose to to not want to try and impose purpose upon everybody. Exactly. You know, I think that's a big lesson that a lot of people

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piously on both sides of this coin need to learn.

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Absolutely, and you but also realize that for wherever you are in your own life, it's okay to set those boundaries too. Yeah, you can you can go okay, look at Gobi you go, do you but and here's where I am right now. And it's, I'm gonna have to say no to this now. I'm okay with this one. I mean, I have to say, No, this is where I am. This is what I'm able to show up for. And that's okay.

 1:08:11

They are where they are you where you are. And

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in some cases, never the twain shall meet. And in other cases, you might you might find your way together through it might be bumpy. It might be messy. But it might be exactly what you came here to experience. So enough of this nonsense of trying to make everything perfect. Like, you know, I put my kids out of mainstream school three years ago, because I've also happened to be a little sidekick. And I knew that endemic was coming. So my kids got pulled out and put into their dream schools where they were doing performing arts and everybody's like, what are you doing? And guess which schools didn't close down? Yeah, the colleges didn't close in Ireland, the secondary schools did. And everybody's kids went home and went on Zoom. My kids were up dancing out doing their thing and are now just as good as everybody else's, you know, two and a half years on, and it's it, you do you you don't have to do what everybody else does. And it's okay. Yeah, yeah. And, you know, especially

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once again, they're just the topic of this life after the afterlife, you know,



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incredible to sit back and talk with you about this because once again, I think everybody, whether it's a paranormal experience,



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UFO encounter,



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religious experience, near death experience, astral projection, what have you, everybody looks at these situations with a pair of rose colored glasses, thinking that, you know, oh, if I could only have this then then the answer would occur and no, sometimes at least



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leaves you with way many more questions than answers. And sometimes, sometimes



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it straight up ruins your life.



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You know, and that's a sad reality to know that there's, there's a percentage of people and it's not a small percentage that it, it takes a heavy heavy toll on them. And sometimes even the fact of even if they don't believe, just not even being able to talk to somebody about it,



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you know? So before we let you go, Mary, where can people go to get a hold of you to carry halogen? slate.com? To come talk about it? Where can they? How can they get a hold of you for private sessions? How can they get a hold of you for chiropractic therapy? Do you travel to Texas for chiropractic therapy? Can you do it over zoom? I can talk



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I would you believe every time what's happened now is, especially through the pandemic, I did so many podcasts.



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That what happened was I started getting into the 1000s of emails after different after podcasts. And as you can imagine, for someone who is I'm here to hurt to help and serve, it became very difficult because some of these things were very time sensitive, and I couldn't get to read there's just not enough hours in the day to do it. Yeah. Or else I'd be online 24/7. And I can't do that that's not congruent with my life.



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And so I had to kind of go, Okay, I've got to come up with something different. So coming up shortly, and I'll be sure to give you the details on it. I actually have a new show coming out called the Marriott. It's called the Mary Hellion. And



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it's kind of it's just me do and it's actually really fun. And I tried to cover a lot of the topics and subject matter that people would ask about in these emails, because I've simply just can't I can't do the one on one sessions online anymore, because there are too many of them. Yeah. And so like I was drowning.



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And it wasn't good for me, because I was feeling like, oh my gosh, I just can't show up for everybody. And I didn't like the way it was making me feel. So I went okay, you've got something you want to talk about and something you want to share. How can you do this? And so I created the Mary Helen and having a really good, good time doing it. I've, I've got the first episode done. And now I'm going to we're going to do three episodes before we start releasing.



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And it's just in a really fun and playful, Mary Helen kind of format. And yeah, it will be across all platforms. And it's just kind of a show where I take people out on my adventures with me and we talk about things as they come up.



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Yeah, well, and you actively have a couple of speaking engagements coming up one of



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you, you are actively the emcee of so talk tell us about those.



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First time on the speaker, actually, not not on 11th of May. I'm at one of my favorite places in the world. I love the Association for Research and enlightenment. That's the Edgar Cayce, a facility in Virginia Beach. It's near and dear to my heart because my grandfather,



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he worked with Casey he met him first when he was 15.



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And then he went off and became a surgeon and doctor and he and Casey consorted on some cases in Ireland.



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My mother is turning 93. And we are going to Virginia Beach because that's her father. And she's very proud of that. And so we're going to have a little celebration there and little surprise party with our VA beach family. And so that's going to be fun. And then I'm bringing her back to Ireland with me. And we'll be going over in July to the Glastonbury symposium, where I'm speaking, and I'm just really excited about that. It's just so much fun. So much fun. So lots of really interesting projects going on. And, you know, a couple of new books in the in the works and



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yeah, so all as well. Well, fantastic. Once again, I can't thank you enough for always coming on. Whenever I contact you, you are always welcome on the show. I thank you because I love it and I really really enjoy. It's it's a it's a real synergistic exchange and I enjoy that so much and I appreciate you. Well, we appreciate you as well. Please do hold the line while we close things out real quick.



1:14:44

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I have been getting amazing, amazing quality out of it and unlimited truly unlimited. I am one of the benchmark people who's out there trying to put up like 20 gigs of upload a month through this thing is what I'm averaging and it is yet to be capped. It has yet to be throttled. Stop on by check them out. Web works. wireless.com is the website that you want to go to our guest in this second part. Charles Christian. He is the author of haunted landscapes Volume One Chicagoland



1:22:03

man, I have been reading this I am probably about 90 pages into it right now. And I love the writing of Charles Christian it is it is such a comfortable voice. In my head. Whenever I read your work, Charles, how have you been doing? I've been doing fine and



1:22:23

good. Just good to speak to you again. And I'll especially on the new show in the new format. Absolutely. That's excellent. Well, it's been a great growth path as I told you in the in the pre show interview. And it's been really an honor to have folks like you not only come on the

previous incarnation, but on the new one as well, to come in and share your wealth of knowledge about

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the weird, the fantastic. In the UK, the UK is such a hot spot for paranormal activity for for centuries. I mean, one of the things I tell people all the time,

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whenever we talk about crop circles, things like that 90% of the time, within five minutes, we'll see a comment of like crop circles or hoaxes. And typically, my response is, well, the counts of them go back to like the 1500s. And you know, what they didn't have time to do in the 1500s destroy half a field of wheat.

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They, they were busy like fighting the Black Plague and trying to live. They weren't trying to hoax their neighbor and ruin their crop.

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Shadow these that is spot on. I mean, one of the things

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current book I've just written,

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that became apparent is just how close to starvation people were in the 15th 16th 17th century. And, you know, bad weather or a crop failure meant death for many people. So they certainly didn't go around ruining their their fields. Yeah, yeah, absolutely. And not just for like a family but oftentimes almost entire villages. Oh, yeah. Okay, because they were all sharecropping the same same piece of land. Yes. And to just to give a little background here on on this area, because once again, as I said in the pre interview, just just where I am in the story here, and we're going to be getting into the cryptozoology of the area, the cryptozoology of the UK, big cat sightings.

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Specifically, big black hound sightings, the ones that you know, were the were the spawn of



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the Hound of the Baskervilles, things like that. And as well as Shuck who gave his name to Chicagoland. But yeah, just that area of Chicagoland to begin with, and I'll bring up the map here so that folks can see it on my tablet.



1:24:59

Um,



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but it is directly in the line of this huge ley line that is just out of control large. Can't really see it there. But



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the things that have been happening in this area for years are stuff that would happen in big city. Medieval times, you have poisonings, you have you have plots against each other. You have you have, you know, stories of earls and dukes, killing people. It's, it's kind of out of control for a small delta of an area. Yeah. I mean, one of the things that's forgotten now is that this part of the world, East Anglia, which is basically the counties of Norfolk, and Suffolk, and anybody listening whose



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grandparents were in the American Air Force in World War Two, they'd be familiar with the area, because this is where all the American bases were built, because it's, it's the bit of England that sticks out the most, and is therefore the shortest distance to continental Europe. And so I say it was packed with American Air Force servicemen during the Second World War. But it and before that, it was very, very primitive, but going way, way back. Norwich was the second biggest city, after London in the whole country, it was very wealthy, there was a lot of wealth from wool, which is why there are so many churches around here. So it's got a legacy history, if you like it sort of more recent history is a bit dull, but the latest stuff is really hot. That sort of the earliest stuff, sorry, is really hot. And





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this is where it all really started from. And of course, the other factor is this is which country as Matthew Hopkins, the witchfinder. General, was active in this part of the world. Oh, wow. So so, you know, there's a huge amount





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of


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which law in this this part of the world? Well, and I mean, of course, that is that is where not a lot of people realize that we're pretty famous over here in America for the Salem witch trials, things like that. But


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the things that happen from the malleus Maleficarum. And the witch hunts that took place in Europe, and especially in the UK, they were extraordinarily brutal. They were they were the I think, probably the Germans were the most fanatical Oh, yeah.


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And they let us use where it was a German priest, who wrote mallia For Malleus Maleficarum.

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But

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they were probably the most brutal.

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Strangely over in the UK. In those days, Scotland was still a separate country with its own laws. And they were also very brutal, they for the size of their population, they far exceeded the

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activities in the UK. It's just that in England, it's just that

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Matthew Hopkins, the Witchfinder General, just attracted so much public when he was a self publicist and spent a lot of his time writing books justifying his activities. So a lot of people tend to focus on that. And it's, you know, he's the one that's had movies made about him and so on.

But I say there's, there's, there's one of the witch trials, which are mentioned in the book in various and Edmonds and it just involves a couple of witches from seaport town of local Lowestoft, and



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nothing really very exciting or unusual, except somebody took a very detailed note of the entire proceedings, put them into a book, which became a best seller. And this was a book that the prosecutors in Salem used and said, you know, these are the ideas what to do and this is how, how we do it. And they were particularly keen on this thing called spectral evidence, which basically means you can say, Oh, the wicked witch came to me in my dreams and pinch me and gave me nightmares. And in a by modern



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court proceedings. That's just nonsense. You know? Yeah. It's not just even hearsay, it's something, you know, you're you. Yes, it's beyond that. It's just something you've made up overnight. But that was established in this English case. And it was then one of the key factors in the Salem witch trials, and indeed, the girls who were the prime suppliers of all the evidence, on a couple of occasions, they would come to court the following day, and recount their bad dreams. And, you know, bang another nail in the coffin of whoever was standing in the dock that day. Yeah, yeah. And I mean, there's



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Salem is probably hands down one of my favorite towns in North America. I lived in Maine for quite a while in life. My wife is from the Massachusetts area and anytime we go up there, I typically try to spend at least a day in Salem, and I don't know what it is, aside from the history, and everything else, but it is it is one of the most oddly calming places around really, really strange like, you would think that it would be unsettling or something like that, but it is eerily calm.



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And let's start getting into Yeah, the cryptozoology of this area real quick, because I mean, even even as I brought up a demon of Dartmoor this this article was from 2007 in daily mail.uk talking about people seeing a black beast. Yeah, things like that. So



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the these are, these are no strange occurrences for the area once again, the legendary Black Beast of Dartmoor is what the what the Hound of the Baskervilles was was



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modeled after? Exactly, yeah.

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You know, Arthur Conan Doyle used lots of

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factual material and legends in his stories as the sort of background to them. And so he was taking on an existing story of a black hound, and

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just just played on it and you know, fictionalized it for the purpose of his story, but say there there's a there's a big tradition both of in English cryptozoology, both of big black cats

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tend to be known as ABCs, anomalous black cats, and

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there are sightings all over the country of them and have been for years. And the sort of jury's still out on whether they are some kind of lynx like, cryptid creature that's

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living in the wild, or that they are somebody's exotic pets that have been released into the wild. And, you know, possibly even that they've survived and thrived and grown. And so there's that thing and not Not, not a summer goes by without fresh reportings of sightings of large cats, crossing roads and things. And the other one is the black dog.

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The hell hound. And that is a feature, which has been part of English folklore since the time of the Vikings and it's suggested that it might be

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remembering the gods Thor because Thor had a hound with him had a couple of walls that used to accompany a morale. Yes.



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There's also a suggestion that the Vikings brought big hunting dogs with them to further assist them when they were attacking the country.



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And I say the Viking year or went on for



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over 200 years. So it was quite a traumatic period in English history and



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the you know, a lot a lot of the language and the words stem back to those times. And, you know, it's it's something with us and, again, all over the country, there are black dog stories in this part of the world. They it's called Schuck and



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the particular



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The area I'm in is called Black Sharpe. But you will find other creatures called shuck been referred to across the eastern counties. And



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I say the names vary, but they're all pretty much the same. A large, scary hound that



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either is a force of evil. And, in some instances,



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possibly



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almost a harbinger of death. If you see the Hound, then your days are numbered. But there are also certainly in this part of the world, plenty of tales of people saying



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they're a protective animal, or, you know, little old lady saying they were walking home late at night, they were a bit terrified. And suddenly, this huge dog marched along next to them, and just sort of looked like it was on their side and protecting them. So, you know, it's, it's, it's got a sort of split personality. Interesting. Because they're, it's almost the same way with Sasquatch, here in America, where where you hear tales of, of course, Native Americans, things like that, where it's, it's a spirit of the forest. But you also hear stories, where Yeah, people have been protected by them, as well. There was even a case of a couple of years ago, where I think it was like an eight year old girl was missing for 10 days. And when she when she finally came home, not found like, came home. She was like, oh, yeah, well, I got lost in the woods, in this bear took me to its cave, and took care of me. Like, for a week, for a week.



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So it was one of those like, Wow, is this eight year old really thinking about a Sasquatch or a bear? You know, because the likelihood of a bear taking an eight year old to to its place. And yeah, that's just fine. But an eight year old would be probably more familiar with what a bear look like. Exactly, then a Sasquatch,



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big furry animals that stand up on two legs. But but interesting how this this critter in either case that normally strikes fear into people, in some cases is a protectorate. And there to help people or guide them. There was a story about a zoo, I think I can't remember it was in the UK it was it was in Europe, or maybe in Japan, but a small baby fell into a gorilla enclosure. And one of the gorillas came and sort of stood guard on it until people you know, help could come and rescue it. You know and stop other gorillas. Yeah. Coming in and playing with it to roughly you know, it recognized that it was a helpless baby. And, and stood there and protected it. Yeah. Yeah. And you know,



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even the folklore behind things like that is, is pretty phenomenal. The how many cases are there in folklore of these, these black beasts being? I guess, not just a portent of evil or a portent of death, but



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a sign of being protection?

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Exactly. And I mean, the the thing with the portent of death, you do wonder whether some of that is just hindsight. And, you know, let's face it, we're all gonna die someday. Yeah. And, you know, it just may well have been a coincidence that somebody saw it and subsequently died, as opposed to there was a direct connection in the way of you know, banshees would have have it. Go, but no, it is it is fascinating and it's a it's fascinating the fact it's all around the country.

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By that I mean the UK and it's been going on for a long time. You know, it's not some recent you know, some some legends

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are relatively started out quite recently.

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I mean, a good example is Slender Man or something like that, which people believe is is real. But, you know, there's almost a you can set a date when it first appeared. And it's a sort of creature of the internet. Whereas these other tales, there are stories

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Have them going way, way back.

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You know, going back to your original point about the crop circles I've seen woodcuts of, in a medieval, yeah. 16th 17th century. And it's somebody's interpretation of crop circles. And there's a little hole demon. Yeah, he's standing on the fields. There were a couple several circles, because standing in the middle with a side, yanking the patterns because who else would come along and destroy your crop? Exactly. You had to have done something and no different than, you know, Sins of the Fathers. Or, you know, the fact of you've got to you've got to which is like your milk curdled before dawn, like yeah, you must have a witch on your property. Well, or there's a crazy weather source coming up something like that, you know, that change the pressure and cause the milk to curdle? Yeah, you don't have refrigeration.

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You know, so yeah, those those common sense things that we in hindsight can look at. Yeah, but



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going back and looking at a lot of things like once again, crop circles Sasquatch, these stories of black beasts. Not isolated, not new, and been going on in not just this area of Anglianbus but other areas of the UK as well. Yeah, for centuries. For centuries. Yeah. And



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you know, it's it's it's part of our folklore. You know, we talk about



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the Black Dog and there's songs about black dogs haunting people and black dog is a name for depression. And it's, it's, it's, there's something about it that's



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strikes the human psyche, I think that we're we're intrigued, frightened, interested, all simultaneously. There's something mysterious about it. The big black dog. Well, and even even the fact of like you're saying the acceptance of it, because



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here in America,



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we have local lore, we have local legends, things like that. Some places, embrace them, most places really don't. You know, most places don't necessarily



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want that kind of attention.



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crave that kind of attention. Where as it really is.



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Whenever you go to the UK, something that is highly embraced, like you said, there are songs about these dogs, like I guarantee you, you walk into a pub and mentioned the local lawyer legend, and somebody's gonna walk up with a pint. Yeah, and got a story about it. Exactly, you know, and nobody's going to look at them like they're crazy for sharing their story, or anything like that. Because yeah, they've all heard the stories. Yeah. Well, I mean, the town near where I live, called Bungie where black shuck the, the standard one first appeared.



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They have totally embraced it. The Running Club is called the black dog running club. The



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art club is the black dog art club is black dogs everywhere. It's you know, it's on the town emblems. The



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war memorial in the middle of the town has a black dogs on the top of it. You know, it's it's an intriguing little thing that it has been embraced. And, you know, it's, it's part of the folklore of the area. Well, it's, it's one of the defining features of the area now. My and I mean, so much so that the Shakhlin it's a it is actively named



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after the beast itself. So exactly. Yeah, you you couldn't get on unlike Loch Ness, where we're, the creature is named after the location. Yeah, you know, this is this is a little bit different. And now, was this something that a Oh, did you grow up in this area is was this area that you move to later in life, Charles, this is where I moved to later in life. I actually grew up in the north of England and near the area, where my book, The weird worlds, the world Newton triangle was written about. That's that was my trumping ground as a youth. And I've now lived about half of my life down here in this part of the world



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and



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And



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I was just intrigued by all the stories and you know, the digging into it. And



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it just, it just fascinated me, as we were saying before that, you know, there is just so much in this relatively limited small parts of the country in a literal rural countryside once again, not, not somewhere like London, things like that, where yeah, you hear about stories like Jack the Ripper, and all kinds of stuff. But good lord, some of the things that happened in this tiny little burger like my lord.



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Like, there's plots of espionage movies going on over here, people getting poisoned by eggs, because you refused in advance by the king. Like, it's out of control. Yeah, yeah. No, it was fascinating. And I say use that thing of, the more you look into it, the more bizarre it is. I mean, the story there



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is, you're talking about the poisoned egg.



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It's one of those strange things that apparently in medieval times, we're talking here about the year 1200, when King John was on the throne.



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People would give boiled boiled eggs as gifts, or something.



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You know, you you'd be gracious, you'd graciously receive. And I say, this woman who



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turned down King John's advances and King John, historically was an appalling lecturer.



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The the

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no woman, whether married or unmarried, was safe. And he used to blackmail some of his barons that

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either your wife sleeps with me or there's trouble for you and your family. Yeah. So you know, he really was a bad guy. But yeah, this he sent one of his when she turned him down, she sent a messenger with a poisoned egg. And

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depending on which version of the story, she either spotted it and rejected it, or edit and died. But say it's just intriguing, because that particular story, then goes off on a tangent in later years. And this woman becomes Maid Marian, who is Robin Hood's girlfriend, and

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they all get muddled up because you know, Robin Hood's set in King John's time Yeah, and and it all sort of links up with that and she's on the run and that's why she meets up with why she's the nobles daughter who's on the run.

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Because of lecherous King John is after her herd you know, he she meets Robin, and I say just think from these little things. Wow. Wow. And I say the boiled egg, the town sign

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in the little town of disc that's spelt di ws

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shows this incident and you know, I was walking past when I first moved to this area and I thought what's this about though he was quite clearly a man

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showing a boiled egg to this woman and then I read the little plaque and then read a bit more and found all this please completely weird tale

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yeah, there it is. That's the one that's him. Yep. And yeah, yeah, like Hey, Anna, you know interesting because we just got done with Easter.

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And

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yeah, the the symbology of the egg and it being a gift and something rare. Yeah, is absolutely wild and the fact that that is what happened in the town of guests, according to legend is just phenomenal. Now, you have

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literally made a career at urban

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fantasy just think about fantasy urban fantasy this.com The stuff that you put out for the longest time with weird tales radio now weird tales show on YouTube.

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You go into all kinds of legend and lore and folklore from the UK which once again goes goes back and ties into Saxon times with the with the Vikings. Roman era. There there is so much rich, rich history of Britannia. Yeah, your your, your new book. I can't wait for I cannot wait to read this because

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since COVID, I became kind of obsessed with alchemical documents. Oh, right, and reading alchemical texts

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Next things like that very esoteric and



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the self searching is the best way to put it. But some of the writings that are in there go back to people like John D. And and Inaki and magic and just the, the weave that happens in that area with Alchemy magic wizardry sorcery.



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Absolutely phenomenal. Yeah. That's what I found intriguing. I mean, the the alchemy side of things, is



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interesting, because although it's discredited nowadays, as a scientific



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form, it really was the early days of modern chemistry, or physics. And you just as astrology was the early days of astronomy, and, you know, unfortunately, I think with Alchemy, there were way too many charlatans involved.



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That gave it a bad name. Whereas somebody like John D, and some of the other ones, there, they were serious researchers. And, you know, everybody talks about alchemy being



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all about trying to change base metals into gold. But it was really the Philosopher's Stone was really more about trying to



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work out what made the world tick. And get down to it. And to try and understand it all and make sense of it all, which we know we now understand is a real thing. And I can see on the screen, you're coming up before me?



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Yes, scientists have since actually, since beginning of the 20th century, have been able to turn water into gold. Unfortunately, it's actually cheaper to buy out and buy gold than it is to Yes.

water into gold. Unfortunately, it's actually cheaper to buy out and buy gold than it is to do, then it is to do that process and the process in it. It's just interesting, because yeah, like we can do all kinds of fascinating things now that we now know is science that at one point would have been utterly alchemy Magic, magic? Yeah. Well, I mean, you know, in a sense of, you know, finding the Philosopher's Stone, well, arguably, arguably,



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the discovery of the atom and splitting the atom and breaking it up into all the elements it makes. Yeah, that's one of the philosopher's stones, because then you've got the building blocks a bit like DNA as well, that there's so much you can do once you get down to the, the core science at the bottom of it, but as well, in a non scientific times, olden times.



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That was all, as you say, magic or alchemy? Well, and you know, interestingly enough, we just recently had



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Robert W. Sullivan on talking about Masonic imagery, and Masonic symbolism, some great, great research is done into the arch of Enoch, things like that. And the two runs such similar pads, Alchemy and Masonic tradition, things like that and even to consider the Philosopher's Stone, being that missing Capstone that that part of the unfinished pyramid, the Philosopher's Stone is whatever it is, that is the keystone that completes the arch that is you. Yes, you know that that keeps you solid? And and even even going through and reading alchemical texts? They they claim that the whole reason that their experiment failed was because of their impurity? Yes, because of their on preparation of self, I must not have been prepared within myself for this to be the result.



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And it's interesting because, yes, so much of it was them distilling themselves in the process and getting down to what they were about. And even even to see that in the light of that Philosopher's Stone, in the light of folklore, in the same way that these communities identify themselves, by the folklore that they have be real, be it be it just folklore, you know, that is a part of the social and cultural identity that is the keystone or Philosopher's Stone of that area's culture and people. Yeah, yeah. Well, I mean, when you talk about folklore and whether it's real or not



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If you only have to go back to, if you like, pre literate times when most people couldn't write, which wasn't that long ago, in the scheme of things, and it's very hard to draw the line between history and folklore, you know, what are legends? But they just may well have been historical events that weren't captured properly. Yeah. Whereas others are, you know that there are

plenty of scribes writing it all down and carrying it forward. And, you know, that's that's regarded as proper history. Yeah. And folklore is a bit made up. And it's, it's really actually the same when you go into



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science and you start moving into the world. cryptozoology is a good example where you're serious zoo ologists won't have anything to do with it. Whereas cryptos geologists tend to take a view that actually there's an awful lot of animals out there that we just don't,



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haven't seen yet and haven't recognized. And as the years go by, we're discovering more and more creatures out there, and weirder and weirder creatures. And you know, I call these things growing at the bottom, you know, in volcanic vents at the bottom of the sea bed in areas where previously your thought life was impossible. It gets there. And it goes the same with



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science when you start moving into, if you like, more parrot the paranormal, or to gain proper scientists, and I'm using an ironic quotes there,



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say is all nonsense. But again, we're discovering that so many of these things that used to be decried as paranormal and not really true and made up or whatever, are actual sciences.



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They just haven't been captured as efficiently as they were. But, you know, again, we're sort of seeing it with



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the move into quantum physics, and the concepts of multiverses and ideas, which are now being accepted as absolutely, energy, vortices, all kinds of things, literal new forms of physics being discovered new forms of matter. We have actually gotten to the point where we have created matter from laser light.



1:57:38

That that's one step away from a replicator in Star Wars. Exactly. Yeah. I mean, I would just had up on screen last year gearing a pandemic when the world was locked down Charles 552 new

species added to museums 552 Yep, like that. That's an average that we that we find between 500 to 1000 new species every year. So yeah. Take it feel free to take a look at any map of the US at night. And to this day, half of it is black. Yeah. So date and oddly enough, most of it in the range of Sasquatch.

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Well, that that, that that's it, you know that? You know, I'm I'm a firm believer that a lot of the mysterious things that go on in the world.

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They're just things that haven't been probably

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investigated, consistently investigated.

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But that doesn't mean they don't exist, it just means that they haven't been properly investigated. You know, I mean, a classic is the, you know, going to cryptozoology, again, is the Celia camp, which is an armored fish, which everybody would tell you became extinct 300 400 million years ago, until live specimens were caught swimming off South Africa in the 1930s. And then now recognize there's, you know, several different species of them.

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You know, so you can't write something off just because it disappears. And you know, the Loch Ness Monster

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another classic example.

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Everybody says, well, dinosaurs died off years ago and it's possibly a plesiosaur a sea sea

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creature, but if the Celia Can, can survive, so Can something like Nessie and Loch Ness is one

of the surest pest deepest locks in England. In Scotland, I should say in the UK.



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There's thought that there are connections through to the to open to the oceans



2:00:00

To open and see, why couldn't it? You know, and Loch Ness is very much up in the highlands. That's definitely one of those areas where it's at night, it's dark, there's nothing around there.



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Things can happen. You know, same with all the black cats and the black dogs,



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lots of woodland, lots of countryside, lots of things they can live on. I mean, we're getting



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huge numbers of deer now in England, some that have escaped from Deer parks.



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Plenty of them around, you know, they're probably the most frequent roadkill you now see in rural roads are well,



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Creek creatures, like a big black cat or a big black dog. There's something for them to eat, you know, and no one would notice, you know, it's, it's not like it was just farmers there and you know, somebody's eaten all our sheep, that, you know, people would spot that this, this is something entirely different this this, this, you know, no one knows how many of these deer are out there. And nobody knows



2:01:16

where they are or where they've been or kampsen. So, you know, there's a source of food out there for these mysterious creatures. So I say it's fascinating. And it's I think it's a classic case of, the more we know, the more we don't know, you know, and it's necessary to be open

minded about it and accept that. There is some really weird stuff out there that isn't just bunkum. It is genuine.

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No mysterious. On the edges of science, we just got starting to come to grips with it. And

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as scientists are becoming a lot more open minded towards the paranormal than they used to be. So you know, it's going to continue and I think in years to come, a lot of what's currently written off as just being there, paranormal silliness, will be recognized as new forms of science. Well, I would certainly hope so. I mean, the one thing that we talk about on the show regularly is the the, quote, religion of science.

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And as someone who was brought up as a Roman Catholic and studied to be a priest, I it's one of those, you almost see a doctrinal mentality when it comes to science. And to me, that's kind of scary, because

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I mean, hey, it was conspiracy theory up until 600 years ago that the world was round.

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It was exactly as accepted the whole world over that it was flat. And if you said otherwise, you might be like suspect to the to the witch Inspector General. He Exactly. He may come by and pay you a visit and you may end up on a pike in the middle of town. Oh, yeah, that was heresy. Yeah, it was that was I mean, that happened to Galileo.

 2:03:19

Came up with his theory. Yeah. We the church just non excommunicated him. Yeah. Like, like, all of a decade ago. They were like, okay, yeah, are bad. Yeah.

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Yeah, you know, and granted, you can you can kind of see where they were coming from, at least philosophically, he was teaching in the name of the church, and couldn't eat you had a great idea, but couldn't like, prove it philosophically at the time by a quinean philosophic proof.

So if you couldn't, then you couldn't teach it in the name of the church guy. Yeah. Well, I mean, now we know science is a thing. So.

 2:04:01

But yeah, it's it's interesting how fast we lose concept of our own history in this right. And in the fact of as a humanity, we only decided that this was a thing 500 years ago. Hmm. You know? Yeah. And we took open hearts and open minds and a bunch of people going okay, can we just all like not burn each other at the stake for like, three minutes? Yeah. And let's let's talk about the Earth might be round. Yeah.

 2:04:36

Exactly. Exactly. I'm blowing. But yeah, that's what had to happen. Yeah, but you are right, that you know, the scientific method. And the science has become an establishment and partly, I think, because of the nature of funding, scientists want to get placed in a university or a room

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Search center with tenure and it's competitive. And you certainly don't want to scare off your potential sponsors and employees by coming out and saying, you know, I think there's something in these, the Sasquatches, you know?

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So yeah, they are, if you like self censoring themselves, and you endlessly hear of scientists who come out with off the wall ideas being criticized, and

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then later they're found to be correct. Yeah, you know, and, you know, I mean,

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you know, the the Trojan Wars, they were thought to be fictional, until the end of the last beginning of this story, then read the 21st century analysis until the beginning of the beginning of the 20th century, end of the 19th century, when a man discovered the ruins of Yeah. And yeah, he got the original interpretation wrong, because he wasn't an advanced archaeologist, but he found it and established it. And now we know and, you know, lots of other things are following through from it. And things like the biblical Great Flood, there's various theories about it, but one of them was that it may have been the inundation of the Black Sea area, through the straits by Istanbul



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that a lot of that area was above ground was above sea level, and water burst in there and swapped it all. And, you know, the flood was really a tale of



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people remembering when there used to be people living there. You know, same with Atlantis, there's various theories as to what Atlantis was, but again, was it one of the island states in the Aegean that was destroyed when a volcano went off?



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You know, so So there's, there's lots of things that, you know, we're going back to where it used to be folklore and legend. Now, we recognize it's actually science in history.



2:07:13

But we've only just come around to recognizing it. Yeah, yeah. And, and to it, to really allowing it and to allowing the proposition even now, Charles to see the hard, and I don't mean a soft pivot by the media, a hard pivot by the media, the world over.



2:07:35

In regards to UFOs UAPs now, but yeah, before before, you would, you know,



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you would see, you would see an occasional news article, you'd see an occasional news story, you would see the byline of, you know, UFO enthusiast, or, you know,



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era area man claims to see UFO.



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Now, you actively hear the term UFO denier? Yeah. being used by me a UFO deniers say? And it's like, wow, wow. Like, that's a hard pivot. And even just to think about that, in terms of, you know,





2:08:22

psychological games, that's a hard pivot. Yeah. And And yeah, that of anything. Is Red Flag Warning to me about things. Not that not that what's out there and amazing, but we really do have to watch



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the, quote, narrative of optics. Because the narrative of optics is no different than a modern folklore. It's just being woven before your eyes. Mm hmm. No, that is precisely right. And I mean, you know, going back to Sasquatch has cropped up a few times in our conversation.



2:09:03

We're now recognizing that the human evolution and the family of what's



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our species, if you like, is a lot more complicated than we first thought it was, you know, we thought you know, primitive, primitive, ape like creatures then Neandertals, then CRO magnons. And, you know, modern man. Now we recognize that there were human like, species coexisting with us, you know, the the Denisovans way out in



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Central Asia.



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We now recognize existed. You got one here, the addressing Dragon Man. Latest one latest one and then there was that one bout five years ago in one of the islands in Indonesia of the very small Yeah, but harbor



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That's the hobbit the actual hobbits that were found near the Philippines. Yeah. And again, no.



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It's not not as clear cut as we'd like to think it's a lot more complicated.



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So, you know, that's three species we didn't know about, but we now know did who were

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close to us. I mean, some instances may have interbred with us, Indonesia. Sorry. Yeah. That's it. Homo floresiensis. It's the the island isn't it? Yes. Yeah. And

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you know, what, what else is out there? That's a bit like us, but we don't know about. And, again, we have the Sasquatch in North America. But we've also got the Yeti or abominable snowman in the Himalayas. There's the Almaty I think it is in the Russia Russians. Yeah. Russia's Far Eastern Territories. Yeah, we, the Yahweh.

 2:11:07

Over here in the UK, we actually have something called the woodworkers that comes up in the book, which is another

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scratchy like creature. And again, where we still get reports of him being seen, you know, running across roads at night, from one wooded area to another. Yeah.

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You know, so So

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you can't just say, oh, yeah, it's all nonsense.

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The scientific orthodoxy says it's not true, because the science of difficult adopts, he doesn't say that anymore. Sign. Terrific view is, it's a lot lot more complicated. And there's a lot of stuff out there that we still don't know about, as you said, 500 new species every year,

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are being discovered. Yeah. And that's just an average folks of what's out there. Once again, that that was 2021. Like, we were still in the middle of a worldwide lockdown. You know, so

that that was 2021. Like, we were still in the middle of a worldwide lockdown. You know, so there was a lot of research going on. And

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once again, it's just one of those, we need to be open to mind. We need to be open of heart when it comes to things like this. We need to be willing to because once again, there's I mean, there's stories all over North America, South America, Middle East of redheaded giants that actively aid the local population.

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Yeah. The

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they're there in more than one location across the world. So yeah, Lee really interesting stories like that, that truly do a bound. And once again, the UK is just

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a hotspot for so many stories like that. And so many stories like UFOs

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the weird, strange, fantastical go at going back to medieval times. It's just it's, it's amazing. Yeah, yeah, indeed. Well, great. Now, I say we live in a mysterious world. But it's also

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a fascinating world with so many layers. And it's

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said several times, it's all a lot more complicated than you first think. Yeah. Yeah, it really is. And I want to thank you for taking the time today to discuss your new book.

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I have found it once again, more more than enjoyable. Your writing style is just so comfortable. And literally, like somebody's telling you a story. It's so great. Tell everybody where they can go I've got your website up right now showing some of the new weird tales show stuff. Yeah.

Which is fantastic. Tell everybody where they can go other than air store to buy your books. Keep up with all your research, and where they can keep an eye out for the upcoming book. Yeah, well, my website is www.urbanfantasylist.com And it's just lurking there. I'm also on Twitter at urbanfantasylist and you can find me there you can find me on all the links are on my website to everything here you can find me on



2:14:38

YouTube but we're tail show and



2:14:43

I think that's it you know, the books are available on Amazon, either in print or digital format. And



2:14:52

I think that's all I can I can all I can tell you.



2:14:55

If that's a shameless as you can get that is fine by me.



2:15:01

but I seriously I love the work that you do. It is so fantastic to see you still out there, creating content putting things out with weird tail show. Make sure to go out there and keep track of that everybody. Charles, please do hold the line real quick while we close things out for the show. Okay.



2:15:19

While you're online checking out everything from weird tales over at urbanfantasylist.com Make sure to stop by curious realm curious realm is your home for all of the episodes that is your home where you can listen live on our app. If you're an Android user, you can download our free app and tune in live we are getting ready to if you scroll down to the bottom you can see all of our upcoming on location live shirts. Cannot wait for the end of the month to go out to the Bigfoot roadshow in Mineola, Texas. We are official sponsors of all these events. So come on out. Join us check out the live streams, check out the curiousrealm.com is where you can find that return. Until next time, everybody. Take care of yourselves take care of each other and remember, stay curious. We'll talk to you soon.



2:16:10



2:16:18

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2:16:22

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Thanks for listening. Stay curious. And remember



2:17:15

the other side is always watching