

4:08

[Music]

4:37

[Music]

4:57

[Music]

5:19

coming to you from the city of the weird exploring topics from the esoteric and

5:26

unexplored to dimensions unknown [Music] shining a light of truth on the darkest

5:33

corners of our reality welcome to the curious realm

5:41

[Music]

5:54

well hello everybody and welcome to episode 12

6:00

of the curious realm man so it's hard to believe that we already

6:05

this far into it it's hard to believe that uh that within 12 weeks we already have

6:12

well over 28 hours of content uh we now officially have the 24 7 page

6:19

setup as promised you can stop on by and check that out online folks

6:25

uh [curiousrealm.com](http://curiousrealm.com) forward slash 24-7

6:32

is the page to check that out and just so you know it's like roulette um you go

6:37

you hit play and it will randomly play you an episode there is no i mean they're all posted in order if you click

6:44

on one there it'll play it but the next one may not be the next one in order it might be like number one it

6:51

might be number three so great way to consume the content great way to kind of get things in a random

6:57

sporadic way stop on by and check that out that is of course accessible through our app which

7:04

is available for free at [curiousrealm.com](http://curiousrealm.com) forward slash app our guest tonight i cannot wait to get

7:11

into it i am always happy to have our good friend

7:17

dr john hall on to talk about havana syndrome talk about beyond havana

7:22

syndrome targeted individuals and targeting technology uh the now

7:28

pretty well admitted technology that yes microwaves have been weaponized

7:34

um that that pretty well came out in the in the recent uh

7:40

havana syndrome panels that happened i happen to tune to the five hours of that and

7:45

some of it was yawn fest some of it was extremely riveting so really interesting stuff there we'll be

7:52

getting into some of that tonight with dr john hall answering a couple questions from listeners and guests uh

7:58

with him and in the second part of the episode um

8:03

we will be talking with our good friend terry lovelace of course the author of

8:09

incident at devil's den and incident it doubles in the reckoning both high up on the selling list

8:16

in the world of ufo experiencer books things like that

8:21

and we'll be talking with him he is he has recently started uh

8:28

deeply practicing and practicing with others uh hypnotic regression and

8:35

i have always been interested in the topic so we spent some time uh talking with

8:42

terry lovelace about the practice of hypnotic regression what it is and then

8:47

just so you know for the last hour folks um probably one of the most intimate

8:54

interviews you will ever be actively invited to um i am interviewed by terry and i

9:02

actively go through an hour-long hypnotic regression session on air tonight

9:08

um unedited in its entirety uh really great style i

9:14

mean not the part where he puts me to sleep some of that's a little proprietary oh and in addition i don't

9:19

want people driving to like fall asleep because they're listening to me be hypnotized for 10 minutes so um yeah

9:27

really really interesting stuff apparently i i was on a planet at one

9:33

point with three moons and was a scientist that was interesting um i was i was a  
9:40  
french-speaking i don't know if it was farm worker or what um  
9:46  
that was a really really emotional experience i read that was one of the things that  
9:52  
when i woke up from my session um i i actively remembered parts up i i  
9:59  
after listening to it the other day and edit when i was just tagging it onto the end of my interview  
with terry um for  
10:06  
tonight it was my wife was listening to it and  
10:12  
yeah like i i actively cried a couple times during during my regression  
10:18  
session um so it was it was interesting to be in that place  
10:23  
and to see things that i may have experienced that  
10:28  
um you know kind of explain a little bit about me as a person so it was pretty  
10:34  
interesting tune in for that that's the last hour um our first hour we will be  
10:40  
spending with dr john hall uh right after we get into the news of  
10:46  
the week news of the week is always brought to you by facebook folks stop on by join the  
10:52  
curious realm facebook group and you can follow all of the news of the week that we post we  
post all kinds of articles  
10:59  
there the listeners post articles there group members and we discuss them openly  
11:05  
sometimes we agree sometimes we disagree the idea is always open conversation  
11:11  
about these topics just posted 19 minutes ago out of the new york post cdc  
11:16  
with holding covet data over fears of misinterpretation imagine that um cnbc covet infections  
11:24  
plummet 90 from the us pandemic high as states lift mask mandates uh listener  
11:32  
william posted uh sciencenews.org an ancient impact on  
11:37  
earth to it led to a cascade of cratering that was a  
11:42  
really interesting article actually um thank you for that one willy willy with another one out of  
reuters germany

11:49

freezes nordstrom 2 gas project as uk ukraine crisis deepens

11:55

and nbc news very strange putin's version of ukraine's history baffles

12:02

and concerns experts oh yeah and don't forget it's 2 22 22

12:08

um that is a date that will only happen once every once in a while so yeah uh

12:14

always cool whenever you get to see that confluence of numbers happening in the calendar stuff like that of course

12:19

numerologically number two is a great number it's time for change is what that

12:24

means so um make sure to stop on by check that out folks that is the news of the week

12:29

that we pull every week out of our curious realm group uh we are almost up

12:35

to 800 people there we've got almost 3 000 people following the page now

12:41

um and our interaction has just grown it's been fantastic so

12:46

um thank you guys for always tuning in thanks to great listeners like william who's always active in the group same

12:52

thing with gene kraus you guys always bringing listeners in stuff like that

12:57

um it's it's fantastic and it's great to see once again that open discussion

13:04

that goes on amongst everybody and speaking of open discussions welcome

13:10

back to the show dr john hall how are you doing this evening sir great good to be back on with you chris

13:16

and congratulations on the success of curious realm thank you man i have been uh

13:21

so so as you know i mean we we talk regularly off air and text and things like that uh

13:28

it's been a it's been a big shift for me and it's even hard like just a minute ago not saying dudes and beer um

13:36

especially when mentioning the group you know um but man the the change in the shift of mentality

13:43

even my wife the other day who's a pretty active member was like it's interesting to see the shift of

13:49

membership and the shift of conversation since and the shift of focus of

13:56

conversation since it has become curious realm and left the world of dudes and beer and

14:02

that was kind of the whole idea was to to open things up to whole new places

14:07

so um great to see that and always great to hear it from folks like you you know it

14:13

means a lot you are out there not necessarily speaking at conferences

14:18

as much as you once did but you're definitely still out there representing the cause on major shows across the

14:23

country across the world things like that let's go ahead and get into it real

14:30

quick what is a targeted individual

14:36

before we get into havana syndrome i want to kind of set the stage here because we do always have a lot of ti's

14:43

tuned in whenever you're on doctor and i think a lot of people may misunderstand what the

14:50

term targeted individual means um well i think the best way to explain

14:56

it would be that as a kind of follow-up to the mk ultra

15:02

research done by the cia and usa they started investigating into electromagnetic weapons that you know

15:09

can be used to attack the human nervous system neurobiological weapons

15:14

um in a lot of the what we now know as havana syndrome and

15:21

the webinology that's being used in havana syndrome actually probably got its start

15:26

in nascent stages in the early 80s because as we've talked about before there were in the 1980s there were

15:32

prisoners in the utah state prison that talked about being experimented on being

15:37

put in solitary having electromagnetic energy pumped into their cells to the point where it was so repressive

15:44

that they could hardly get off of their cots and several of them actually made the comment that

15:50

um that they were having thoughts placed in their head or hearing voices in their  
15:55

head and the voices would respond correctly to them thinking their answers back

16:01

so that kind of tells you right there how long the technology's been around now targeted  
individuals

16:08

there's two ways in my mind to become a targeted individual and probably there both ways  
probably equates to

16:14

experimentation but what the cia and the nsa has done is farmed out this technology to private

16:22

investigative groups most of them you know one of them i identified here in san antonio and  
we've

16:28

identified some in other cities that are ran and operated by either

16:33

former fbi people or former dod people now working as private investigators in

16:38

the private sector and so being targeted meaning being attacked

16:43

with directed energy uh having your thoughts manipulated you know having electronics in your  
home manipulated and

16:50

being stalked for a while you know prior to and during all of that happens

16:55

um can be done by private investigative groups that have been given access to the technology or  
you know in the case

17:03

of some of the victims that i've worked with from the national reconnaissance office and the nsa  
and

17:08

cia and other government offices that were whistleblowers are probably actually being directly  
targeted by

17:14

government agencies so two ways to be targeted um if if you're a whistleblower that

17:20

worked for one of those agencies you're probably targeted directly by the government um  
otherwise a lot of it is random

17:27

um it but it can be higher done as well now we i've seen a lot of instances where

17:33

you'll have you know a rich attorney who's going through a divorce who wants to make his wife  
look crazy in the

17:40

divorce so she you know can't get half of the belongings or get custody of the the kids and you will hire someone that

17:48

has access to this technology to gaslight her use the technology on her and and that

17:53

way she can be made to look mentally ill in a court of law now that's one way that you can become targeted in

18:00

most instances it seems to be random um where you're just at the wrong place

18:05

at the wrong time and you know come under the guise of um one of these private investigative

18:11

agencies who actually is doing the experimentation for the government and

18:16

if you look at the the financial records that we got after mk ultra you know

18:22

supposedly came to an end but mostly just changed the moniker

18:27

if you look at those financial records they had finally realized that they weren't going to be able to hide this

18:32

through government agencies that well so they farmed out a lot of research to legitimate universities and private

18:39

sector and that's the same thing they've done with targeting it it's in most instances it's not cia

18:47

people directly or nsa people directly targeting you it's independent contractors working as private

18:53

investigators that have been given access to the technology well and and

18:59

i guess that is one of the questions is why why give them access and i guess you know

19:07

we've had the conversation privately uh camp fireside things like that

19:13

you have to have that barrier between you and the technology that that has to

19:19

exist um you have to have that realm of plausible deniability that it's

19:24

not the government quote um but to know that it's contractors

19:30

thereof and that they are actively testing this stuff everything else

19:36

um why why on random slice like that

19:43

well i mean the ultimate goal of this technology is to control everyone and one thing they found out early on is

19:49

that not everyone is controllable so i mean some people seem to tolerate

19:55

the technology a little bit better some people can be controlled without

20:00

ever hearing voices and some people actually pick up on this technology the minute it's turned on

20:06

and that's kind of the achilles heel of this technology is you know some people

20:12

can tell immediately when the room is bombarded with microwave energy or electromagnetic energy

20:18

and you know early on i even kind of thought my gut feeling was that the group we know as targeted

20:25

individuals are probably the outliers or the the people that can't be

20:31

subliminally controlled because they actually hear the voices right off the bat yeah and and and hear the technology

20:38

turn off and on now once you figure out who that population is

20:43

then you know you torture them to the point where you know they trying to understand the technology as

20:50

best they can you know turn for help to psychiatrists into law enforcement and

20:56

and that and this is really the end game with being a targeted individual and it's unfortunately becoming the end game

21:01

with a lot of these diplomats is that the more you turn for help the the more

21:06

you're liable to be diagnosed as psychotic well and and that was just it from the cia

21:13

gentleman that was in the panel um the the cia officer that had been targeted

21:19

in russia who amazingly enough like he even thanked the cia for the fact that they have

21:25

allowed him to come out and speak period even it's something like that

21:31

um but for for him to come out and say that it

21:37

was hurtful for him and and when you when you listen to his testimony and when you hear him talk



21:43

about it when you hear him talk about going somewhere like uh you know um

21:50

bethesda and stuff like that going to the naval hospital going going to places like johns hopkins and hearing people

21:56

say like well i'm sorry you're crazy

22:02

he was like i literally stopped going to doctors because i was tired of them telling me i was crazy

22:12

and he's one of the few that they've allowed to speak uh and he i mean i remember seeing some

22:17

of the reports from him that he really was upset that several doctors actually just basically said well this appears to

22:24

be mass hysteria and some type of a psychotic break but i mean it should

22:29

kind of tell you that for anybody out there that is targeted or knows somebody that's targeted i mean it kind of tells

22:36

you what you're up against when when the government is actually making those accusations against their own employees

22:41

that are coming forward now and even worse than that is they have their apologist

22:47

you know in the academic you know sectors you know the psychologist and psychiatrist from one of them from

22:53

australia and that's really big big in the news that just right off the bat knows nothing about this technology

22:59

there's nothing about electromagnetic weapons but was the first to come out and go this is classic mass hysteria and you

23:06

know you know they shouldn't be looking for exotic weapons that don't exist and you know they should be sending all

23:12

these people to psychiatrists for psychotherapy when you see a psychiatrist or a psychologist come out

23:18

that adamant that they know for a fact it's mass hysteria you know that that's

23:23

been planted there by the government psychology today has been one of the worst um

23:29

periodicals that actually has been producing a lot of that too because you got to remember early mk

23:35

ultra every one of those programs was actually headed up by a psychiatrist yes psychiatry has the worst practice

23:42

psychiatry yeah psychiatry has the worst track record in american medicine

23:48

with regard to violations of human rights and experimentation yeah yeah yeah and uh

23:54

listener lorna jones actually mentioned its experimentation on the public the the army has been working on this for

24:01

years um we had another listener chime in uh ryan mills have you ever heard of people

24:07

being told uh that this is tech of being told with this tech that the

24:13

people doing this to them are in a different dimension

24:18

i've heard just about yeah i've heard just about every story and every and just so the listeners that

24:24

are happen to be targeted if you know someone that's targeted you know it's hard not to sit there and

24:31

distinctly focus on the voices because once you start hearing them that's one of the ways they lock you in it it

24:37

basically you know sets a you know a connection pattern between you know the

24:42

oppressor and the victim and they want you to constantly think your answers back or talk vocally with

24:48

your answers back because it keeps you linked into the system that's one of the ways you're actually tracked is through

24:54

that brain computer interface and the only way to really break away from

24:59

it is to figure out how to completely ignore those voices and stop answering back that does break the link and once

25:06

that link is broken that's why they chatter all day it's 24 7 chatter to these victims

25:12

and they do that because that's what maintains the link and that's also what maintains the tracking and uh when you can break that you can

25:19

actually get away and there are ways to break it but yes i have heard dimensions i've

25:24

heard i even had one victim that she said you know i put up with this for almost a year because they had me convinced that they were angels and that

25:31

i was on a ben had been given a divine mission and now i'm a believer you know i'm a christian you know god doesn't

25:38

talk to anybody in an audible voice neither does jesus need to do angels it doesn't that's not

25:44

what you know christian spirituality is and certainly god's not going to tell you that you have to kill somebody yeah

25:51

you know that that doesn't happen or harm or hurt yourself that was something that i wanted to play

25:57

again real quick um gut-wrenchingly enough just to kind of drive this home

26:02

for people this was this was an individual uh jeff ely

26:08

in vermont who and this event happened about a year ago

26:13

folks i remember we we covered it um on our previous incarnation with dr john

26:19

hall and played this audio and it is it is harrowing audio for all of utis out

26:24

there i'm sure that it will strike home uh please do brace yourself

26:30

for what you're about to hear folks because what you are about to hear is quite literally

26:36

the the final few minutes of a targeted individual's life

26:43

you're full of [ \_\_ ] you're the one that did it

27:04

right now but

27:12

all right

27:18

[Applause] into that

27:44

yeah what kind of phone do you have

27:50

where are you face stop harassing me

28:14

and it goes on from there keep going and go

28:20

and go until you push people over

28:29

dr john hall how many times have you been witness to cases of people that  
28:38  
have almost been to that point um i know i know i have had at least a good five  
28:44  
emails in the time that we have covered this topic together um  
28:50  
of people who who have been almost as far as committed  
28:56  
for coming forth to their families and telling them about this type of harassment  
29:02  
um for for even suggesting these things um and almost to the point of  
29:10  
jeff ely that we just heard where when you go through and look at this  
29:15  
gentleman's social media timeline he he was just like an off-road enthusiast  
29:23  
who one day just flipped script on his social media and started talking about  
29:29  
the voices he was hearing that wouldn't stop well and his accusation was that it was  
29:35  
the law enforcement that was targeting him and if you notice that sheriff that's there in that  
storage building  
29:41  
with him tells them give me your phone and i'll show you how i do it yeah yeah yeah what kind  
of phone do you have  
29:49  
yeah and uh that that was actively one of the things right after i had you on last  
29:54  
time that that you actively sent me and i am getting to our knowledge vault  
30:00  
right now just so you know folks feel free to stop on by and visit [curiousrealm.com](http://curiousrealm.com) forward slash  
knowledge  
30:07  
if you go to the declassified programs and documents section you will see right here this uh  
pegasus  
30:14  
phone intercept system and it's a pretty interesting 40 page read i  
30:19  
went through and read it again today i remember reading it right after you sent it to me after your  
last appearance  
30:26  
uh and literally with the message of you should download this before it disappears  
30:34  
well and that's and that's because that is that is the user guide it comes with that firmware to the  
agent that's going  
30:42

to install it on your cloud yeah yeah and when you go through and

30:47

actively even just read the uh i'm kind of skimming past this here folks but

30:52

pegasus is a world leading cyber intelligence solution that enables law enforcement intelligence and

30:57

intelligence agencies to remotely and covertly extract intelligence from

31:03

virtually any mobile device this breakthrough solution was developed by veterans of elite intelligence

31:10

agencies to provide governments with a way to address the new communications interception challenges in today's

31:16

highly dynamic cyber battlefield by capturing

31:22

information from mobile devices pegasus bridges a substantial technology gap to

31:27

deliver the most accurate and complete intelligence for your security operations

31:33

um man that is well just so your listeners kind of just a little background for your

31:39

listeners on that is android has open source programming and they've always been able to remotely control an android

31:45

phone iphones for a long time were a little trickier you actually had to put hands on the phone to actually upload

31:51

spyware onto the phone not anymore and just so people know pegasus is what they call a zero click

31:58

um infectious way to get spyware on the phone and it can control your microphone

32:04

and your your camera while the phone's off so i mean it it zero click meaning that

32:09

in other forms of spyware you have to actually you know they'll send you an email or

32:15

they'll send you a text message and you have to open it like any other viral where it actually inserts itself on your

32:21

phone once you open it with this one they just have to send you a text or an email you don't have to open either one

32:27

of them the just sending it to your phone itself actually installs the

32:32

spyware yeah zero zero click you know and that's that's kind of the big thing with pegasus but it controls

32:39

everything on an iphone or an android phone wow wow and you know

32:47

if you remember a few years back this was way years back like in the flip phone days uh when they when

32:54

they had the the age-specific ringtones

33:00

uh the ringtones that only only people below a certain age could hear

33:05

yeah you know because your your ears haven't quite stretched to that capacity

33:10

inside yet where they just don't pick up the fine details anymore the gross details anymore so yeah interesting

33:18

stuff to know that that kind of technology has existed in cell phones and just with

33:24

being able to use a piezoelectric speaker for years so yeah the idea of being able

33:30

to use the same speaker on your phone to

33:37

psychically drive you to be able to send ultrasonic messages uh what have you or or even gather data

33:45

passably around you um it's pretty remarkable

33:50

well and that's one of the other documents i sent to you that i don't know if you had ever had a chance to read though

33:56

was the uh shocking menace of satellite surveillance by by john fleming

34:02

you know and i actually if for people who don't know who i am i actually have a facebook

34:07

page called guinea pigs technologies control and a lot of this i post there as well

34:12

but um you know that those two articles were written by an american and actually

34:19

published on pravda english i think in 2006

34:25

written before that but um pretty much he was pretty much correct on all the

34:31

capabilities of satellite technology at the time um even then

34:37

and he had some other books and was a sociologist and

34:44

i i think had some government connections in order to get some of this

34:49

information but it's a really good read and it's probably if you know somebody that's targeted or you're targeted it's

34:55

probably worth finding that and reading it because it'll it kind of at least sets the standard of how we've gotten to where we

35:03

are today now saddle satellite certainly is just one modality i mean there's other ways

35:08

they can get to you and i know for a long time people thought it was possibly wind towers

35:13

you know but when the government actually wants you to have a cell phone so bad that they give you a cell phone

35:19

there's usually a reason for that it's not just because they want you to be able to call your friends and family

35:25

you know the same way when they want everybody to have a digital tv so they shut down the you know the old

35:31

wavelength of of tv broadcasting so i mean anytime the government wants

35:39

you to have something there's usually some other reason for it yeah and i mean my whole thing with the

35:45

with the digital tv rollout was the fact of uh

35:50

refresh rate and just metrically you know the the fact that our brains operate off of 30

35:57

frames per second things like that and um the that's why 60 hertz wears us out

36:05

like if if you get underneath 60 hertz uh lights things like that you tend to get tired faster

36:12

under fluorescent lighting that kind of thing because of the 60 cycles per second that are flashing through it

36:19

um so yeah the whole idea that hdtv went up to 120 hertz from 60

36:27

was one of those like wow sounds to me like you can get into that into that hypnotic state about twice as fast

36:34

and that one frame every 30 for a subliminal image can now become you know

36:40

four frames every 120. that's that's four frames per second

36:45

instead of just one like it used to be on an old analog tv yeah

36:51

yeah yeah just weird math like that whenever you start getting into that

36:58

the the ways and means of the electronics that we have in our pocket and that we are watching regularly you

37:05

know um and we we make the point pretty regularly with some other folks

37:10

um and you may you made kind of a brush onto that a while ago of the the the mentality and the the

37:19

the constant listening to it actively weakens you and puts you into the cycle

37:25

more let's get into that for a minute because of course we've gotten into it with you

37:30

about the the heterodyning and the process of getting somebody well

37:36

literally into that suggestive state to begin with

37:41

um but keeping them in that way is is

37:47

rea it's kind of like starting an engine

37:53

take takes more gas than actively just keeping the engine running

37:58

yeah and if you and if you'll notice if you talk to many of these victims you will have the ones that

38:04

respond well

38:18

uh

38:41

because

38:53

is

39:06

are you still doing drugs or you know it they they will say things and do things to arise anger out of the victim so you

39:14

keep listening and then once you realize that you're being targeted and it's by this technology usually after you do a

39:19

google search you know and i've even had some victims call me and say well you know you know



39:25

i'm 40 years old i got a bachelor's degree or a doctorate i've been successful and you know

39:30

started noticing stalking and now i'm hearing voices so i guess i'm schizophrenic believe it or not i've had

39:36

people call me convinced yeah convince themselves that they're schizophrenic because all

39:41

of a sudden they're hearing voices well that's the biggest problem i have with psychiatry

39:46

is in medicine in general because even before you see a psychiatrist you're more likely to see a

39:52

family physician or an internist and we've been patterned in medicine

39:58

and had i not known about this technology i may have fallen into that same trap as a physician but we've been

40:03

patterned to basically believe that if somebody comes to you and they're hearing voices that you aren't that they're

40:08

automatically crazy turnkey crazy okay yeah i mean you know you're hearing voices and you say you're being followed

40:15

around and the first question every victim gets from a doctor is well why you

40:21

why would they target you i mean you're not elon musk you're not bill gates

40:26

you're not the president you know the dictator super spy right yeah you're you're you're not working

40:32

for this because you got to remember diagonal there's no test for crazy for a psychiatrist and they have a couple of

40:37

surveys that they can give you those are interpreted by a psychologist not a psychiatrist but there's no test for

40:43

crazy so basically if you have a story or your something is happening to you that sounds relatively reasonable for

40:49

your situation then you're probably saying if it seems unreasonable for your situation then you're crazy that's

40:55

that's really the discriminating factor in psychiatry and um so if you're a former cia agent

41:02

and you come with these stories like mark palomarellis you know that you know you saw on the southwest medical school

41:08

thing you know the psychiatrist may listen to you and go okay you know well you know we'll check it out but

41:14

if you're the average you know jane doe or john doe that housewife or construction worker yeah and you or

41:21

whatever yeah and and you come in with these complaints you know there's no reason the government and the other

41:27

thing you'll hear from a lot of people is though so there's no reason the government will be spending millions of dollars to do this to you well it

41:33

doesn't cost millions satellite surveillance is the cheapest way to surveil someone the absolute cheapest

41:39

way for one it's your tax dollars that launch those satellites then it's just a matter of having a code to hook up into the system and then getting the person's

41:46

biometrics you can get you can get it through the part of the reason that these victims are stocked for a while is

41:52

to basically access their biometrics you can pick up their brainwaves their eeg remotely by the stalkers within handheld

42:00

instruments and once you're into the system then you can be picked out of a crowd via satellite or via cell tower

42:06

you know just you know by your own neurological or biological signature

42:11

so i mean that is why you most of these people will say well it started with stalking

42:16

noticed that there were people outside my house people outside my work people following me 24 7 breaking into my house

42:23

and going through all my stuff but not stealing anything and part of that is to also put you in a

42:29

victim mindset that you know that there's people that have the skill and the ability to come in and out of your house

42:36

and you can't do anything about it even your alarm can't catch them so and even even occasionally when the

42:42

neighbors have caught these people and this happened in in our case here in san antonio that

42:47

several neighbors actually caught people breaking into the girl that i wrote about in my first book  
oh wow and and

42:54

what happened was they would go to those neighbors we're with the fbi and we're watching this  
girl so if you see us

43:01

sneaking around and going in and they even had fake credentials so i mean they weren't fbi  
agents they

43:07

were private investigators that had fake fbi credentials so i mean they that part

43:13

they do go to great lengths to do it but as far as when a doctor or an attorney

43:19

or somebody asked you you know why would the government spend this kind of money and  
because they've already spent it because it's meant to control everybody

43:25

in the end so it's just a matter of farming it out to the groups that are allowed to have

43:32

access to it that can basically either charge to victimize someone and like in the

43:38

case i told you about where it's somebody it's a couple getting divorced or there's a trust fund  
involved and

43:44

usually it's a financial thing and we've had cases of that in texas a number of cases where it's  
been hired

43:50

done you know or they can just pick people at random you know they're it's kind of weird the  
different pi groups and

43:57

different states do have different you know proclivities for how they victimize people and the  
group out

44:05

of san antonio mostly was targeting young women they would control them subliminally

44:10

control them they were using date rape drugs and there was a lot of a lot of sexual assault going  
on

44:15

there was a group in california and palm springs it was predominantly targeting gay men

44:20

so even though each group in each major city may have a group that they

44:25

tend to want to harass with this technology in the end what gets back to the government

44:31

looks like a random sample as far as data on how well it works who can be controlled and who  
hears it and needs to

44:38

be targeted yeah yeah and you know um with that in mind i'd i'd like to read  
44:46

a small account to you that was sent to me um about a lady named jessica  
44:56

i feel i feel head pressure like air in my head electric buzzing under my skin  
45:02

through my muscles stinging tingling electric shocks twitching electricity going through my legs  
and  
45:10

feet crawling in my feet head my head and body feel so heavy weighed down by a  
45:16

gravitational force and i can barely move my head and body with an acidic  
45:22

metallic taste in my mouth and  
45:29

a lot of that i i like just as somebody who works around  
45:35

electronics things like that like that sounds almost like ionization  
45:41

sickness like like someone who has who has been around an ionized field for a long time  
45:50

yeah if i used to i used to deal with it uh whenever i would leave the editing suite  
45:56

that i worked at i used to work at a small editing house in houston where it was a room like this  
that was 10 by 10  
46:03

but had an entire closet stacked with like duplication systems and  
46:09

things like that and just the mat and even the broadcast station uh where we met  
46:15

um just being around all of that electronics will ionize the air and when  
46:21

you walk outside uh yeah you end up it's almost like somebody put a penny in your  
46:26

mouth um well you got to remember too it's an ionization from the air inside and the  
46:33

air outside you know and that and that is some of it but two you've got to remember that the  
brain ultimately  
46:40

controls all of your sensations yeah and when when you can control the brain you can control all  
that and actually  
46:46

influence that too and that's why it's it's not one of the most common things that i've heard from a  
lot of targets including some that  
46:53

i've met with personally here in texas is that they feel like they smell rotten

46:59

eggs or they're constantly bathing because they feel like their their feet smell it's a

47:05

pungent odor that they're that they're given and when you're around these people i mean i've examined them i mean

47:10

you're they're i mean there's no odor and and a lot of these people they think they're being attacked by chemicals

47:17

you know now i'm not saying that it doesn't happen because certainly it can but in a lot of cases it may be that

47:24

their brain is being controlled to have that perception um because i've sat in the room with

47:29

people who you know can't just smell it it smells like rotten eggs well you know i have chickens you know rotten eggs has

47:34

a very very pungent smell i mean anybody can smell that but when just that person is smelling it and no

47:41

one else in the room is smelling it it's usually a neurologic control measure

47:46

and and part of that is that also makes the victim subconscious about you know well how do i smell is that is that

47:53

emanating from me and who else is going to smell it i mean there's a there's been a lot of psychological

48:00

research put into this thing to you know to basically place and keep

48:05

someone in a victim mindset yeah and it's easy to do with this technology because there's no escaping it is you've

48:12

seen these diplomats you know that some of them you heard on that teleconference saying it didn't stop at the embassy or

48:18

the housing around the embassies they're continuing to be targeted once they're home here in the states yeah uh and

48:25

that's one of the reasons they put gag orders on because you notice that you know the people they're not letting

48:31

they're letting them talk to the people that u-pin and at harvard and university of florida and the government was hoping

48:38

that these doctors would basically just say well we can't figure it out you know maybe it is mass hysteria but

48:44

you know we can't but unfortunately a handful of them said you know it seems like it's some kind of directed energy

48:50

well then the cat was out of the pack they had to start addressing it or countering it and they're trying to do a

48:56

little bit of both um but um

49:02

you know it's now that the cat's out of the bag and i was talking to robert duncan who's a you know another person who's been

49:08

influential in the fight against this yeah so you know if the cia and the nsa want to get out of this and save face

49:15

you know and if any of them are listening here's what you do you blame it all on the russians stop torturing people

49:21

and then come clean and say well you know the russians have this technology and we're working on it too

49:26

um and then you can say face with everybody but you in order to do that you've got to stop the experimentation

49:32

now just shut off the people that have access to this technology yeah where they can't use it on on innocent victims

49:38

anymore and then you know start working with some of those victims and you know but

49:43

for the cia to come out in congress in the senate and say well we've attributed

49:48

most of this to normal causes and the rest of it looks like it's probably psychological they know damn well what

49:54

these weapons are and most of the people on that conference were you were on know what those weapons are too oh yeah um

50:00

so i mean they're to a point where they're just about going to have to disclose and i've

50:06

had a number of targets ask me well you know why why won't they come forward and even just admit that

50:12

russia has it well to admit that russia or china has it is to admit that we have

50:17

it too because technological advancements contrary to popular belief do not happen in a vacuum  
50:23

you know there's a reason we all have atomic weapons you know they didn't all steal the  
technology from us

50:30

you know you know ever every industrialized nation is working on stuff really at about the same  
rate

50:36

yeah yeah precisely and the the technology that we are seeing

50:43

implemented now is stuff that you know we we've mentioned on the show before the the

50:49

patents and stuff are inside the knowledge vault folks feel free to go look it up like we have been  
we have

50:55

been using passive microwave bugs

51:00

for decades like since the 60s uh where you know you can you can put in

51:06

something the size of a wire that will transmit on a specified frequency but

51:12

is powered via microwaves so until you hit the northeast wall with microwaves

51:18

the bug is not active so it will never be found

51:24

and once again like they said in the panels a lot of the people most of the people

51:30

who who reported these symptoms and and that was up to a thousand people

51:37

as i showed in the report earlier um here from nbc news the recent article

51:42

uh up to a thousand people have reported symptoms though those are just the the members of

51:49

our diplomacy and cia members and other p and other adjunct agencies

51:56

uh that are reporting this so as i asked in the panel numerous times and raised

52:03

my hand digitally and typed in my question

52:08

does the reception of havana syndrome the way

52:14

that it is now where it is headline news that these people have been targeted where it is headline  
news that this

52:20

targeting has continued beyond the embassy walls that they were targeted most of them

52:27

in their embassy homes like away from the actual embassy

52:32

because most actual embassies are hardened against electromagnetic attack

52:39

you know um they they of course know about these microwave weapons things like that so most embassy buildings

52:46

themselves are hardened against such things for espionage reasons

52:51

that kind of stuff however the the complexes that they own full of

52:58

apartments that they put the embassy members and their families in no absolutely not

53:04

that's that's just some apartment complex three blocks down the road you know

53:10

um as is their home at home you know they're just at that whenever whenever

53:15

they are not in that fortified location known as the embassy they're just an average person

53:21

they don't they don't have a security detail roaming around their house in colorado or you know wherever they live

53:29

well and like i said you got to remember too is most of these victims have said that the the victimization that

53:35

has continued once they were off assignment in back here in the united states as a matter of fact a number of

53:41

them have come out and said now that canadian and us have come out and said

53:46

that they don't think they're getting an honest truth from their our own governments which

53:52

they're not um and you know there's it kind of surprised me when

53:58

initially when all of this broke i was on another radio show the night that this actually broke in cuba

54:04

and their their immediate thing was oh well they're if they're being targeted by acoustic weapons and i remember i

54:11

told the the uh the host of the show i said this isn't acoustic weapons those are line of sight on them yeah um it'll

54:18

be i said it will eventually have to come out that it's electromagnetic weapons and which it certainly did

54:25



well i mean you would think you know there's a number of physicians and doctors in the private sector that have been dealing with this for 20 years me

54:32

dr ed spencer dr terry robertson and robert duncan and a number of others

54:38

they didn't turn to us you know and they know who i am you can't buy my books on a government computer

54:44

so you know they they know very well they they know very well who i am and as a matter of fact i even had one of those

54:52

victims from the cuban embassy which they all have gag orders on them couldn't come and see me personally but

54:59

actually sent a family member to my office who camped out in front of my office you know and waited till i was there to

55:05

come in and see me to ask questions about it and i mean i'm just hoping that most of them can actually find a copy of

55:12

guinea pigs so they can actually get a better understanding of what they're dealing with

55:17

but you know i don't know how shielded they are uh and and mark the cia agent is really

55:24

the only one that other than the one girl that who they allowed her mother to do an interview

55:30

yeah but but not her and then they did allow mark to join in

55:36

within my mind some some other doctors that were on that panel that kind of walk a

55:42

a middle ground they you know like james giordano he has definitely has the credentials he's a smart man he's

55:48

written some books that kind of come up approach the line to say that yeah maybe

55:54

there's electromagnetic weapons that can do this but he's never full heartedly said yeah it looks like the american

56:00

public's being experimented on he's never crossed that line and he can't cross that line because a lot of what he does

56:07

well especially especially when you're government funded it's a hard line across yeah and i mean i i would venture

56:14

a guess that and you know we've had numerous numerous conversations outside

56:19

the bounds of my shows uh doctor but i would venture a guess

56:24

that had you not been targeted

56:30

and had the the lady that you were involved with years ago not been targeted

56:36

um you wouldn't have written books you wouldn't be looking into this you wouldn't be having people randomly come

56:43

to you about this yeah well well and that and that is that is true but there's been a

56:49

number of people that reached out to some of those people that were on that conference oh sure but but the and but the other thing that the

56:56

the only saving grace in in my case i guess is

57:02

i knew i already knew the technology exists because i do have contacts within the cia and the fbi and and luckily

57:09

several of them were honest they wouldn't let me use them by name but they did get documents to me to write

57:15

with and and they part of the reason i've been asked this a number of times in my first book

57:21

i did kind of basically write it from the talking point that possibly this was

57:27

government technology that had been hacked into by bad actors well it was it wasn't i promised one of

57:34

the agents that actually gave me documents to write with that i would present it that way and not blame it straight up on the government but the

57:40

truth is the government has given these bad actors the access to the technology to use however they want to

57:46

um and and i did represent that in my second book um

57:52

but but there are people there are people on the inside that don't agree with this trust me because i've spoken

57:57

to him oh man you know i i think that to me

58:03

uh what what makes people like yourself people like robert duncan

58:10

um where the cape so to speak is the fact that

58:15

uh you you were a board-certified physician

58:21

you you risk those letters behind your name every single day

58:28

every day that there is a book on the shelf every day that you come on a show like this every day that you go on a

58:34

show like ground zero or clyde lewis uh coast to coast like you used to

58:39

things like that um you are actively risking your career

58:46

every bit of it say same thing with our next guest terry lovelace one of the big reasons why i always have him start off

58:53

with yeah you know i was i was an attorney general for for american samoa

59:00

um you know like um when someone like that and with those

59:06

kind of credentials comes out as an experiencer and as an abductee

59:13

um man if you do that like while you are actively practicing law and everything

59:19

else like you could get the windfall of that you know

59:25

you know and you know he recalled all kinds of stuff and even now with you and writing your new book and

59:32

things like that like you know um new hat same tricks

59:39

well you know in a you know a little aside that you know my at my former office you know

59:45

i had a bunch of partners there and when havana syndrome actually broke initially when they say you know these

59:51

people are here and by the way they are getting tinnitus like every other targeted individual but they're hearing

59:56

voices too so you know you know don't let anybody fool you in the media that they're just hearing loud beeping and

1:00:02

crickets because they're hearing people talk to them in their heads too um that i can tell you for a fact

1:00:07

because i'm talking to one of them but um you know my my partners when the first

1:00:13

book came out actually said you know what this is crazy and i mean you're gonna end up losing your license because

1:00:19

this you know we just don't think this exists well i knew it existed i had it verified by current fbi and cia agents

1:00:25

as a matter of fact one of them i met with in person in a secret location

1:00:30

um you know that basically was pretty well shielded and and he said well what do you have

1:00:36

going on and i explained everything that was happening to the girl i wrote about hearing the voices the stalking

1:00:41

everything first thing out of his mouth he said it is she some kind of a political radical because what you're

1:00:46

describing is satellite surveillance and we use that to mess with people who are usually

1:00:52

you know political radicals or terrorists or or and then the ci agent i talked to verified all of that was

1:00:58

available on the platform um but he did stipulate that it's really for use abroad

1:01:05

so um and the way they get around that is by not having the ci do it directly they farm it out

1:01:11

you know but every one of these pi groups that's victimizing people is owned and operated by somebody that's

1:01:17

either former cia or former fbi and one of the ways if you're in a town and you you're targeted

1:01:23

open the phone book and see who does global investigation that lives in your area

1:01:28

you know because this isn't the guy that's you know this you know that's a you know officing out of his home and

1:01:35

you know following people around to see if they're cheating on their spouse this these are people who will they they can

1:01:40

do global investigation because this can be used globally

1:01:46

interesting that is a uh that is an interesting tidbit uh

1:01:53

and and i literally just pulled it up here on google uh just here locally in

1:01:58

austin and just googled global investigations austin texas

1:02:04

and here is a list of private investigators um global investigative solutions kelmar  
1:02:09  
global chuck mcdaniel um and that is not to say that any of these  
1:02:16  
people are the ones targeting anybody folks i'm just saying i'm just saying that that is an actual  
1:02:24  
search term and like you said if if you want to if you want to start somewhere start with  
1:02:30  
somebody with that global reach and with that global network  
1:02:38  
because that that global network and and even even if it's the fact of like you  
1:02:43  
know i have a certain set of skills and i'm good at finding lost children global  
1:02:48  
network um it's the fact that you you have ends to  
1:02:53  
certain communities you have ends uh internationally that are useful assets  
1:03:01  
and one thing i will tell your listeners that are that think they're targeted if you're if you've  
recognized the  
1:03:08  
stalking stage don't be afraid to go out and confront the pre the pi's are sitting outside  
1:03:13  
your driveway now it's they can't get on your property it's perfectly legal for them to sit on  
1:03:19  
a public street in front of your house there's not much you can do about that legally but you can  
go out there and  
1:03:25  
introduce yourself and take a picture of their license plate and ask them what they're doing and i  
mean for people who don't think  
1:03:31  
you can do that it was just probably a month ago i had two sitting on the street outside my now i  
live in  
1:03:37  
the middle of nowhere so when you see a car sitting outside my driveway you're in the wrong  
place  
1:03:43  
so you bet you've been to my house you know so um and you know my wife said there's two  
1:03:49  
cars sitting outside our driveway and my neighbor said yeah they've been there all day so i  
walked out there two guys  
1:03:56  
sitting in each one of them took pictures of isis plate stepped up through the window and i said  
can i help you  
1:04:01

and um you know and then of course they're like no we're good and then they both drove off but at least i got their plate number

1:04:08

was able to run that see definitely that they were from a private investigative agency now some of that is i'm being

1:04:15

harassed over my next book uh as i've told you so um some of that may be maybe that

1:04:23

um and not necessarily for the previous books i've written but uh you know but i did track them

1:04:30

trace them and they came back as private investigators so on my way to work the next morning i went went and sat in front of their

1:04:36

office so they would know that i knew you know didn't do anything illegal didn't go on their property went sat in

1:04:42

front of their office so you know because they knew what cars were in my driveway so they knew exactly what car was sitting in front of their

1:04:49

place and um i mean it's you know you if you if you're not doing

1:04:54

anything illegal and you're not being targeted because you're a drug dealer or a human

1:05:00

trafficker or you know or a terrorist you know if you're truly an innocent victim then just you know dish it right

1:05:06

back and i think i think that is an

1:05:12

important point to make because like you were saying earlier it it gets rid of

1:05:17

that victim mentality it it changes literally the brainwave going on in your

1:05:23

system at that point to to go on the aggressive side of it

1:05:30

and to go on the side of who are you what are you doing here why are you here

1:05:36

um literally changes the brain waves going on in your head as opposed to who is

1:05:41

that what's going on who are they you know

1:05:47

and once again i think that goes a long way to helping break that cycle

1:05:54

that once you're in it is hard to get out of um

1:05:59

and the the hearing of voices is something that um

1:06:05

i think is a common common thread amongst those who are targeted  
1:06:11  
individuals and even even the fact of  
1:06:16  
like they said in the the the whole havana syndrome panel that  
1:06:23  
happened um the the fact that those who thought that they heard crickets  
1:06:29  
um it was the fact of if you move outside of that cone of effective audio  
1:06:35  
um of the parabolic speaker you will start hearing the marble  
1:06:41  
of the actual cone of vibration going on that you would typically be silent  
1:06:48  
um and i i wonder if it's somewhat the same thing with with the voices  
1:06:55  
you know yeah they're probably going on 24 7  
1:07:01  
to fog your brain it's just you only hear them at the moments where you're on  
1:07:07  
the edge of it like that yeah and most people will say that the  
1:07:13  
voice patterning kind of starts as just that it it's you know like i said it starts with stalking then it  
goes to  
1:07:19  
tinnitus and then the tinnitus will gradually as they work with you and they work with  
1:07:25  
the tones and the frequency and the modulation to actually get you to hear it without surrounding  
people hearing it  
1:07:31  
then you'll start hearing what i call voice patterning or or you know sounding  
1:07:36  
like voices on an am radio channel that's slightly out of tune so it's you  
1:07:41  
know what wha wha wha you know and then as they fine tune it they will fine tune it to  
1:07:48  
the point including with when you have people around you where you start hearing him but the  
1:07:53  
people around you don't and that's that's a specific frequency uh and  
1:07:58  
magnitude it's actually done by magnitude that that each person has that's  
1:08:04  
individual to them you know now occasionally you know they'll mess up and you'll have a group  
1:08:09  
of people that are also an alternative do you hear that i mean and everybody hears it especially  
1:08:15

like sonic cracks and things like that that they'll use a lot of people can hear it but they try to tone it down or

1:08:21

tune it in specifically to that one person because what they want is to be able to hold an entire

1:08:27

conversation with you in your head while nobody around you can hear anything else because when you start going can't you

1:08:32

hear that can't you hear that they're having an active conversation well nobody else is going to hear it because it's specific to you and it's meant to

1:08:39

be that way and it was designed to mimic schizophrenia

1:08:44

yeah and you know um just the fact of your your brain in and of itself is a

1:08:52

biological transducer inside of a resonant chamber yeah like everybody's everybody's

1:08:59

frequency of tuning would be slightly different or adjacent to somebody else's

1:09:04

you know so sure you could you could have a swath of frequencies and this

1:09:10

this is what i've tried to explain to people um who have who have put forth the fact

1:09:16

of perhaps the the astral world incident that happened was a

1:09:22

a a frequency put through the speakers to control the crowd to crush people

1:09:27

um all kinds of things and it's like if

1:09:32

do you realize what it would take to find a frequency that would make a greater majority of the crowd do that

1:09:42

to to be able to heterodyne a crowd on mass with predictability

1:09:50

and would that necessarily be the venue of testing um

1:09:55

you know um yeah now the venue of testing for that was iraq oh yeah yeah yeah that's

1:10:02

that's that's already been accomplished yeah and you have already got to remember in the government research with

1:10:08

darpa and everything else they have people that that's all they do is wake up every day and go to the lab and try to perfect

1:10:14

that yeah you know it's you know it you know it's kind of you know i own a kinkajou and it's kind of funny because



1:10:20

that's you know people go man she's so smart you know she's figured out how to open the locks on her cage well that's

1:10:26

all she has to do all night so

1:10:31

you know i mean if you know if you research something and work with something long enough you'll eventually get it down perfected yeah so

1:10:39

yeah but you know going going back to your initiative one of the questions you asked me i think i got sidetracked with

1:10:45

you know about what my medical peers and risking my license and the one saving

1:10:51

grace with havana syndrome breaking is i had quite a few physicians i worked with that said you know we thought you're

1:10:56

down a little nuts when you started writing these books and then when havana broke they said but now we know you were

1:11:02

just ahead of your time so i mean that's i mean was kind of nice

1:11:07

there but it would be nice if the government would lax up on some of these victims of the embassy so they can

1:11:13

talk to people like me or ed spencer or terry robertson or robert duncan or all of us

1:11:19

you know because you know we can probably give them some answers that they're not getting

1:11:24

yeah yeah and and that's just it you know knowing that

1:11:29

there are whistleblowers like robert duncan out there who hey all he did folks was

1:11:37

work on science like heck that's all the man does now he sits around and like makes rocket systems that junior high

1:11:43

school kids can make you know things like that like um

1:11:49

and and when you're given budget and you're given lab and yeah right over here

1:11:56

to to my right this whole corner is like a dedicated electronics workbench stuff

1:12:01

like that like when when that is the thing that you do to like count sheep when you go to sleep at

1:12:08

night is design circuits things like that um it's a passion and

1:12:14

all you do is build all you do is come up with ideas and when you're working in a workshop where it's kind of like

1:12:20

edison is there and sure he's taking the patents and doing whatever with them but he's also like hey guys in the workshop

1:12:28

here's a problem that we need solved here's a bunch of money go have fun and figure out the problem

1:12:37

you know um that's a pretty exciting venture to be a part of as a scientist

1:12:44

you know just just as somebody exploring boundaries and given a research budget

1:12:50

and given a budget to work with and then you find out

1:12:55

the way that robert duncan did that these are the things that your technology is being used for

1:13:04

um [Music] yeah he he risked everything in coming out

1:13:11

um well and another person kind of in that same vein was fred bell yeah you know dr fred bell in puridyne industries

1:13:18

they they he worked on a lot of the the parts and the electronics that

1:13:24

actually you know makes this system work and you know he he came out as well

1:13:29

exactly it was on that same jesse one of those same jesse ventura shows that duncan was on

1:13:36

and both of those guys i think may have been a little bit vilified in that show and for for for your

1:13:41

listeners just so you know when the government does research they farm out so many little bits and pieces to

1:13:47

different people in different labs nobody really knows what the full only a handful of people at the top know what

1:13:53

all the pieces come together what the puzzle looks like because what they'll do is they'll take

1:13:58

we want you to determine how to transmit a frequency via satellite we want you to determine how to remotely

1:14:04

pick up an eeg signal we want you to another lab determines how you manipulate that eeg another lab

1:14:11

determines how it's beamed back into the brain another lab you know and it's you know and that that's how it's done

1:14:17

where i mean you're you know you're working on you know how to how to receive something

1:14:23

you know you don't really know what the full picture is going to be based on your little

1:14:28

1 1 millionth of the part of the research of what is going to come together in its finality

1:14:36

yeah precisely precisely it's kind of like my wife is one of those that firmly

1:14:42

believes that there is no way that um the federal the federal government or

1:14:48

actors therein could could hide or disguise something like

1:14:53

roswell for that long something of that magnitude

1:14:59

and the the things that i point out regularly on this show that are like that are

1:15:05

hey i i remember when we took down manuel noriega and it was announced on like the news like

ah look at that new

1:15:12

f-117 fighter folks been flying over our heads for 20 years

1:15:17

never knew about it getting ready to take him over to iraq

1:15:22

like you know like they they just pretty much

1:15:28

like admitted that there was this secret aircraft oh and it's got a it's got a bomber

1:15:34

cousin that's been flying over our head for 20 years that you never knew about

1:15:39

you know well and it's it's funny you mentioned manuel noriega you know he voiced complaints

that he was targeted

1:15:45

with electromagnetic weapons as well well and he was he was one of those that they uh

1:15:51

there was a big practice for a long time of

1:15:56

i i guess before you say somebody somebody just

1:16:02

snapped like yeah dude you've been psychically driving them for five days straight

1:16:08

you know homie didn't just snap like same thing that they did to the people

1:16:13

in waco same day you know where you just put up speakers and play abusive rock

1:16:20

and roll and rap music and things like that incredibly loud for three four days

1:16:25

straight um that kind of stuff so yeah yeah um that was that was already

1:16:34

being employed much less um the the voice of god technology telling

1:16:40

him surrender give up you know uh everything else

1:16:46

so these and

1:16:52

you know i i hesitate to say that i hesitate to say that there is ever

1:16:57

a time where using technology like this is acceptable

1:17:05

and and i mainly say that because it is an invasive

1:17:10

technology

1:17:16

well and that's the reason that they can't admit that russia has it because if they admit that russia

1:17:22

has it they're going to have to admit that we have it because most of us that have done any research knows that it kind of got its start in the soviet

1:17:29

union um and then and then was actually sold after the fall of the soviet union

1:17:36

you know to an american private intelligence company and then the research kind of started here

1:17:42

so i mean at least the the voice to skull part of it um you know that was you know

1:17:48

igor schmirnoff's invention in russia and as i think we've talked about that before they actually planned on trying

1:17:54

to use that uh at the the waco branch davidian um assault

1:18:00

you know they were going to use the voice of god you know through as charlton heston in in koresha's brain

1:18:07

in his mind to actually try to convince him to surrender but there was some inadequacies between

1:18:13

their software and american computers to be able to actually make it work and for people who don't believe that that

1:18:18

actually came out in newsweek so i mean that's not not really protected knowledge or anything

1:18:24

but um so it you know it was in kind of like they're trying to pretend a lot of the

1:18:30

media is trying to even 60 minutes kind of they had a show last sunday on it but you know still are kind of putting their

1:18:37

own spin on it well you know these are this really seems like some type of exotic unknown weapon man open up

1:18:43

wikipedia you know go to wikipedia look up directed energy weapons i mean if wikipedia has it down pretty well solid

1:18:50

i think the government probably knows exactly what it is yeah yeah precisely

1:18:55

it is it is not rocket math um these things are out there heck man i

1:19:01

bought one off ebay like how about a parabolic speaker

1:19:07

i could i could tell my neighbors across the street to turn their music down and only the neighbors in that patio area

1:19:13

would hear it you know like it's like a hundred dollar

1:19:18

kit you can go onto ebay and buy one um that is exactly and that that's one

1:19:23

of the things that i will say and one of the reasons why i would like to get giograno on the show i would love to do

1:19:30

a panel with the three of you yourself giodarno and uh robert duncan if we can make that

1:19:36

happen um that would be great because he was the

1:19:42

only ones during that panel that ever said that

1:19:47

there were other people that had reported things like this

1:19:53

that we know this technology exists we know it exists because our enemies

1:20:00

have it and we have it you know

1:20:05

um so he he is he's the only one out of all of them that came out and said like

1:20:12

it very much looks like it would be a microwave type weapon um this very much looks like directed

1:20:19

energy um and once again yeah these are things that we know our enemies have

1:20:26

like they have well even well even dr lim lin who was one of the most predominant you

1:20:33

know microwave researchers even 10 years ago he was if you talked to him or heard him

1:20:40

lecture he would say well you know it can't be weaponized to cause voice in order to cause voices in somebody's head

1:20:46

or used as a communication system the heat generated in the brain would be detrimental it would cause other you

1:20:53

know other ailments and destruction in neural tissue well even he's finally come around and around you know maybe it

1:20:59

has been recognized so i mean you always got to kind of take people who are deriving their living

1:21:05

from government funding with a grain of salt but eventually they got to take the

1:21:11

right path just like i did just admit yeah this is what it is um because right now kind of the

1:21:17

thinking from the government and from unfortunately our major media and if you remember the new york times did an

1:21:23

article specifically on me about five years ago that he essentially said these weapons don't exist and that

1:21:29

i was the pied piper of the mentally ill yeah so and but then what about the hall effect

1:21:35

yeah you have you have a natural psychological effect named after you

1:21:42

and the fact that like anybody in anybody claiming to be a targeted

1:21:47

individual is basically suffering from the same hallucination as somebody who says that they have a haunted house or a

1:21:54

poltergeist yeah which a lot of people a lot of common

1:21:59

knowledge which in in truth a lot of people who think they're living in a haunted house are probably targeted

1:22:06

um you know because like i said with this technology you know what robert duncan said too whenever i met

1:22:13

yeah whenever i mentioned that he was like well it was like i'd kind of reverse that and think if you were in a

1:22:20

quote poltergeist house that you're probably targeted well and you got to remember too with

1:22:25

this with this technology you can power stuff up with its battery power you can shut the power off and on exactly so you

1:22:32

can get you can definitely give a home the look that it's haunted by a poltergeist and

1:22:38

i've seen that with my own eyes where they can take small battery operated toys and actually make them function without batteries in

1:22:45

them yeah um same thing you know you if you wherever they spend any time in my house

1:22:50

you'll see the garage doors open and closed on their own printers come off and on on their own computers come off

1:22:56

and on their own you know so i mean i'm definitely still harassed some some at

1:23:02

some point you know for basically what i write what i try to expose

1:23:07

um but you know it's just now that havana syndrome has broken they

1:23:14

they have a really good chance just to be honest you know and come forward with some of

1:23:20

this but it's kind of like the whole ufo thing you know you know just about everybody has seen a

1:23:25

ufo but the government still won't just come out and say what they are you know or even

1:23:30

come out and say yeah you know there's stuff lying around in the sky we don't know what it is either yeah i mean that'd be you know

1:23:36

but they'll they never will do that and typically what you've seen happen with non-consensual experimentation in the

1:23:43

past um with radiation and everything else in in early mk ultra stuff yeah is it it's

1:23:50

about 40 or 50 years later when you finally get somebody honest in the media that says you know what you know what

1:23:56

they do to all these people in guatemala you know in this prison when they gave them all syphilis and gonorrhea or you

1:24:01

know why did so many people in arizona and new mexico end up with thyroid cancer well then they had the acre

1:24:07

hearings 50 years later and said well we floated radioactive iodine over those states and to see if it would cause

1:24:13

cancer in certain populations and the in and that's typically what our what our government does it'll it'll be another

1:24:22

10 15 20 years from now and then somebody in the press will pick it up and say well you know for from

1:24:28

1980 till 2022 there were thousands of people complaining of havana syndrome in the private sector

1:24:35

and then fine and then finally there'll be an apology yeah and at that point you've got the

1:24:42

billions of dollars from the from the technology being

1:24:47

patented and put into other stuff and proven to work for this so you can use it and that

1:24:53

that you've actively got the money to be able to pay victims you know that that you've actively got

1:24:59

the money that yeah you know if it comes out you know 20 years down the line that we did do this and we have to pay a

1:25:05

hundred thousand dollars to everybody who was a victim all right you know by that point and exactly the

1:25:12

money from the patents will be there and that's why it's going to be so important for a lot of these

1:25:18

government employees that have been victimized to just finally say you know what i'm not staying quiet i'm coming

1:25:24

out because they need to they need to know and they need to realize that they've got brothers and sisters on the

1:25:30

outside of the government that are private citizens that have been tortured with this technology as well

1:25:36

you know as part of perfecting it you know whether that be by the russians or by our own government you know maybe

1:25:42

a little bit of both but i mean it once those people come out and see that you know they're not the

1:25:48

only ones you know that we've been dealing with this in the private sector for some time that will be the you know what will

1:25:55

insight change i think because right now the government's take on it is that if you work for the government you're a victim

1:26:02



of microwave energy if you're complaining about it in the private sector you're crazy yeah it's kind of

1:26:07

their stance right now well and you know

1:26:12

uh john hall that like you said a while ago um with

1:26:17

everything coming out right now this is the perfect time for them to just pony

1:26:22

up uh and i mean the the article i've been flashing on screen here folks is uh at a

1:26:29

fizz.org from 2008 pentagon report investigated lasers that

1:26:36

put voices in your head and i highlighted a part here but down here at the bottom

1:26:42

on the next page let me let me quote this real quick the report explains several types of non-lethal laser

1:26:49

applications including microwave hearing disrupted neural

1:26:54

control and microwave heating for the first type short pulses of rf energy 24

1:27:02

uh 450 megahertz can generate a pressure wave in solids and liquids when exposed

1:27:09

to rf energy humans experience the immediate sensation of quote microwave hearing

1:27:17

sounds that include buzzing ticking hissing or knocking that originate within the head

1:27:24

studies with guinea pigs and cats suggest that the mechanism responsible

1:27:29

for the phenomenon is thermos thermoelastic expansion exposure to the

1:27:34

rf pulses doesn't cause any permanent effects as all effects cease almost immediately

1:27:41

after exposure ceases as the report explains tuning microwave hearing could enable communications with

1:27:48

individuals from distances up to several hundred meters

1:27:56

several hundred meters folks so you're you're looking at within a

1:28:01

mile or so range um and and that's just rf energy

1:28:08

that's just rf that's i mean um and that is 2.4 that's not even in the

1:28:15

gigahertz range you know um but but they're talking

1:28:21  
about microwave hearing disrupted neural control microwave heating

1:28:26  
um you know a lot of the things the sounds include buzzing ticking hissing

1:28:33  
knocking all that originate within the head once again sounds like a lot of what

1:28:41  
targeted individuals suffer on the regulars

1:28:50  
so um and and that was from 2008 folks uh that

1:28:55  
was that was far before any reports of havana syndrome that was

1:29:02  
far far before anything like that so um

1:29:07  
to say that it's something new or to say that this technology is something

1:29:12  
unknown to us i think is more than naive and way more

1:29:18  
than irresponsible

1:29:25  
and it would help if our major media would do their part in exposing it instead of trying to help

1:29:31  
the government cover it up but unfortunately right now we just don't really have any media that's  
much media

1:29:38  
that's not pro-government and you know um i wouldn't even go as

1:29:45  
far as to say it's about being pro-government it's about being actual invested to give

1:29:51  
in investigating something like the dude i'm just a podcaster sitting here in my

1:29:56  
home studio flashing some things up on screen i just happen to have a memory for

1:30:02  
headlines and and i'm a news hound and i i obsess over this stuff so yeah like

1:30:09  
um it is not an incredible web to weave it is not hard to see it's it doesn't

1:30:15  
take anything more than a light google thumbing to find directed energy weapons to find

1:30:22  
articles about them to find lasers putting voices in your head from wired magazines saying voice  
of god

1:30:29  
weapons return um you know things like that these are these are all things that are in regular

1:30:36  
application uh defense wise and police wise things like that

1:30:41

you know they they use them for crowd control that kind of stuff so

1:30:46

um it's just the fact of i don't think most of the media out there is

1:30:53

actively investigating so much as headline chasing and unfortunately the the havana

1:30:59

syndrome headline until it comes down to a straight up truth of like

1:31:08

russia microwaved people's brains china microwaved people's brains until

1:31:15

that is the headline that they can chase publicly i

1:31:20

you know um what's what's sexy about it a thousand people

1:31:27

possibly i'm sure a whole bunch of other people but that that's like saying that

1:31:32

anybody's ufo sighting was valid until now yeah and and now you see quite literally

1:31:40

uh and that was 2017 that the uap videos came out and now you hear the narrative

1:31:47

in the media of the language of ufo denier

1:31:53

being used and and the fact of oh well if you

1:31:59

haven't thought about these for years then then you're the crazy one well where the hell have you guys been

1:32:05

we've been you can all it can't always be a weather balloon you know well

1:32:11

i was telling a buddy of mine the other day doctor about the 80 20 ratio

1:32:17

and it's interesting how often that almost ratio pops up um in life like only about

1:32:24

20 percent of america took place in the american revolution um the rest of them sat at home and

1:32:31

pointed and went wow look at those crazy dudes um please god stop uh

1:32:38

you know um only 20 of people regularly thought about something like

1:32:46

extraterrestrials or government or interference in private life

1:32:51

or you know targeting on the level that we're talking about here

1:32:57

um and even some of the shows that you used to go on don't don't talk about this

1:33:03

topic anymore no it's sad it's sad you know

1:33:08

um because yeah there there are people being targeted in

1:33:14

the government stuff like that but there are thousands of people outside of that that that have been

1:33:21

shooting flares up in the for years in the air um

1:33:28

any of the media any any of the media that's controlled by the fcc has pretty much been

1:33:34

instructed to encourage to not talk about this stuff uh and that's why one of the major shows

1:33:40

that you're talking about now if you want to tune in and hear about bigfoot or natural cures you know it'll be that

1:33:46

just about every night but it won't be anything political and it won't be targeting

1:33:52

um there's only one you know one syndicated show that'll still cover it and and he's

1:33:58

suffered ill effects due to covering it as well so yeah well and you know it's interesting

1:34:03

because you um and we've had the conversation privately uh i've had the conversation

1:34:10

with listeners and stuff um about the fact of yeah you you put a lot

1:34:16

of things out there that a lot of people are no longer willing to talk about

1:34:24

or or even want to bring up you know and and there were a lot of people regularly that

1:34:31

uh where uh you know whatever john hall comes on he tends to get a little political

1:34:36

and like we've said privately in conversation unfortunately the solution is going to be political

1:34:45

until until we find an advocate i mean good good lord look at how long it took

1:34:52

congress and house to accept anything on behalf of the first

1:34:58

responders for 9 11. it took somebody with the voice of jon

1:35:04

stewart to go in front of them and call them out and literally

1:35:10

in public and on television broadcast go how dare you

1:35:17

how dare you sit there and do nothing

1:35:24

and and i really think until until we find that advocate  
1:35:30  
for this for this cause doctor it's it's gonna be hard and yeah it's going to be  
1:35:36  
a political solution it has to be that we've got to we've got to pin something  
1:35:43  
like write it down on a on a freaking bar napkin man that we aren't supposed to  
1:35:48  
experiment on the public i don't care is it  
1:35:55  
as long as we can pass something that says that we aren't supposed to experiment on the public  
anything  
1:36:01  
anything like attach it to a farm bill if you want you know heck attach it attach it to  
1:36:09  
anything well and if you look back at the past with the rockefeller commission church  
1:36:16  
committee you know god you know ted kennedy spearheaded that and you talk about a  
1:36:21  
man with plenty of faults chappaquiddick and everything else but it you know at least he had the  
morality  
1:36:27  
to say you know what we don't need to be experimenting on people yeah and and at least set that  
ball in motion to  
1:36:33  
expose that now you know after they even that took the death of an  
1:36:39  
individual like that the mk ultra and church committee hearings didn't happen until  
1:36:45  
the family of oh my god his name just slipped my mind franklin frankelson yeah  
1:36:51  
until his family said he was killed  
1:36:57  
that that is what it took to make those hearings happen and to push it forward  
1:37:03  
you know and and it's horrible to say that and it's horrible to say that like  
1:37:09  
you know like we said a couple weeks ago with craig woolheader about bigfoot unfortunately  
yeah it might take  
1:37:15  
somebody throwing a body on a slab for science to listen  
1:37:21  
and and that's a horrible mentality to have but if but if that's what it takes to have it and to get  
something done  
1:37:29  
you know um and when you're talking about thousands of gnome victims these are these are

1:37:35

people that are victims of something that we know exists now havana syndrome there's a

1:37:41

thousand people that have claimed this and there are tens of thousands

1:37:49

that claim it outside of the government

1:37:54

so yeah well and if you remember under the obama administration we had the bioethics commission

1:38:00

we had several of those meetings one of them i actually spoke at yeah and uh and

1:38:06

you know any even at the end of their research their claim was that none of there's no

1:38:12

non-consensual experimentation going on so you know it it's been an uphill

1:38:17

battle but um i think we we definitely we can't we can't let them deny havana syndrome

1:38:24

because helping expose havana syndrome and and trying to encourage those victims to

1:38:30

come out of their gag orders and just you know you know risk the prison for for violating it time

1:38:37

is going to be what binds those victims along with the victims of experimentation in the

1:38:43

private sector and it will it will take that to cause political change oh absolutely and

1:38:49

you know don't get me wrong i would i i would love those responsible to pay

1:38:57

i would love that to happen john hall um hey i'd love certain presidents to be in

1:39:04

prison for things that they've done on both sides of the aisle you know

1:39:09

um fact is we we are not in the habit of putting presidents in prison we are not

1:39:15

in the habit of um hey the cia is not in the habit of going

1:39:22

before anybody of the government and actively telling the truth ever um i would still challenge you to find

1:39:28

me the point where that has happened feel free like i'd say i'd wait but that

1:39:33

would be a lot of time on stream um for somebody and that's funny where

1:39:38

they've actually been dragged before house or congress in a in a testimony and actively told the truth

1:39:46

and that is fundamental and that's fundamentally one of our problems that we that has to be cured in order for

1:39:51

this to be served is right now the intelligence community controls the government and it should be

1:39:56

the other way around yes yes well it and i think that once again just to bring up

1:40:02

that 80 20. um i think unfortunately about 80 percent

1:40:07

of people forget the fact that we are the ones in control of the government

1:40:14

the that we are a representative republic that a democracy is a form of voting not a form of government

1:40:22

um you know and and these misconceptions lead to a

1:40:29

disempowerment when you when you lose the conception of the fact that you have the power

1:40:37

you become the victim well and if you if you remember one

1:40:42

thing that i thought was pretty poignant and for once a politician speaking the truth is when

1:40:49

basically trump decided that had he gotten elected for a second term was probably going to go after the

1:40:55

intelligence community for the russia hoax chuck schumer made the comment he said

1:41:00

you go after the intelligence community they've got six ways to sunday to get back at you oh yeah so i mean that that

1:41:07

pretty much told the american public everything they need to know these politicians are fearful of the intelligence

1:41:14

community and it really should be the it should be the other way around

1:41:20

well i mean whenever you're talking about the fact of um

1:41:25

if you've got a device they've they've got your information yeah

1:41:30

um and and that's just it you know

1:41:36

it it sets up for a nasty situation all the way around um it's it's hard to call

1:41:42

to task people who you pay to lie and deceive

1:41:49

and and when you put those same people that you pay to lie and deceive in charge of technologies  
1:41:58  
like this um when you when you put uh  
1:42:03  
alphabet agencies like the fbi in charge of it or or contractors thereof  
1:42:10  
you know um anything like that it's it's a dangerous proposition  
1:42:16  
and it's a die that you roll and you might get something good out of it or you know hey you might get the next  
1:42:22  
terrorist cell who knows and and unfortunately  
1:42:28  
um the the articles that i was posting up earlier um about  
1:42:34  
aaron alexis hearing voices in his head the navy yard shooter about the single  
1:42:40  
mom who was gunned down at the white house for making a bad u-turn um she heard voices in her head saying  
1:42:46  
that obama was in her head telling her myron may um you know  
1:42:53  
like the the cases pop up again and again and again and again  
1:42:58  
and you know when you go back and you listen to that just heart-wrenching two and a half  
1:43:04  
minutes of jeff ely in vermont man um  
1:43:10  
it's it's soul-wrenching to to know that there are people out  
1:43:15  
there suffering from this to know that there are people out there uh going through this where can they go  
1:43:23  
for help doctor where where can the typical ti go what should their course  
1:43:29  
of action be um what what can they do  
1:43:34  
to to mitigate for themselves or their families  
1:43:40  
you know one of the best things to do is don't really try real hard to convince your family  
1:43:46  
members of what's going on with you i know it's confusing and it's irritating that you know the people who supposedly  
1:43:52



love you the most don't understand what's going on with you but the people who love you the most are also going to

1:43:57

be the first to put you in front of a psychiatrist who's not only not going to believe you no matter what you put in

1:44:03

front of them but is going to make your matters worse by giving you a diagnosis um so that what i would recommend is go

1:44:11

to the facebook pages of mine guinea pigs technologies of control or dr robert duncan

1:44:17

there's a number of help groups out there that you know can kind of work with people you know it's

1:44:22

pretty amazing that the ti communities has become a pretty close-knit group i mean they keep an eye on each other and

1:44:29

you'll see facebook post when and unfortunately the the end game for a lot of targeted

1:44:35

individuals is being driven to suicide because the rules of engagement of this technology

1:44:40

is once you're actually under it and you're being watched you don't have to be tortured but you do have to be

1:44:45

watched for the rest of your days and they do that just so in case you know that one of these people ends

1:44:52

up getting the right political connections to get something done about it they have to know so you know they can you know so the

1:44:59

powers that be can actually take action to try to counter it yeah so

1:45:04

so once you're put under the program you're pretty much always on the program but i mean there there are groups that

1:45:11

you can become involved with that you know share ideas and share technology but more than anything it

1:45:17

gives you somebody that you can talk to about it you know without you know really making yourself

1:45:23

you know look psychotic by trying to convince people who don't believe um

1:45:29

you know it's i i i put it down like any

1:45:34

hard paranormal experience or or any hard spiritual experience like

1:45:40

um i remember i was i i turned 18

1:45:46

after i entered the seminary like i was 17 when i went in um

1:45:51

and and me just being a bright-eyed bushy-tailed spiritually bound dude

1:45:57

um hey i thought i thought that like didn't didn't we all have like that

1:46:03

moment of warm quiet in the universe where like everything stopped and stood still

1:46:10

and we were in the presence of something greater than ours like you didn't have that

1:46:17

and like it just blew my mind that once again 80 20

1:46:24

only about twenty percent of people that i talked to be they be they family be

1:46:30

they friends uh or even people who were in the seminary

1:46:36

and called to serve god only about 20 of them were like oh wow

1:46:41

really all right the rest of them were like oh yeah really

1:46:47

yeah all right yeah all right the rest the rest of them were there hoping to be the next joel

goldstein yeah yeah

1:46:55

i'll give uh in the catholic church have fun with that one um

1:47:02

ain't nobody giving you joe lowe's team money in the catholic church and if they it ain't going to you

1:47:08

um but yeah i mean it's

1:47:14

it's hard it's not easy to come forward with things like this and even even the cia agent like i said um

1:47:22

it was refreshing to hear somebody of that ilk in that level where like he was

1:47:29

in charge of a region for the cia um and even he was like i

1:47:37

i know what a rape victim feels like like i i know what it is to go to

1:47:44

somebody and say this happened to me and then go yeah no no it didn't

1:47:54

and i would like your listeners to know that just just for you guys are listening

1:47:59

chris did post the question as how havana syndrome applies to the thousands

1:48:04

of targeted individuals in the private sector that are experiencing the same thing he did pose that question to the

1:48:10

people on the panel and the question was ignored three times no less than three times but

1:48:17

yeah and i and i phrased it very specifically it was a you know does the phenomenology and confirmation

1:48:27

of havana syndrome lind credence

1:48:33

to the claims of thousands of civilians known as targeted individuals

1:48:40

who have claimed the same symptoms for years

1:48:45

and yeah and specifically phrasing it so it's like hey

1:48:51

i am fully acknowledging the work that you are doing here

1:48:56

but for you to deny the fact that that the phenomenology that you are stating

1:49:03

defines havana syndrome doesn't match up with the phenomenology

1:49:08

of people that are called targeted individuals just is not science um

1:49:16

like they're they're pretty much one and the same when you go through and start start reading it like they are they are

1:49:23

pretty the only thing that's not there is the game the gang stalking aspect

1:49:31

well in the one thing that did that has come turn about in technology that did allow

1:49:36

them to diagnose um the the government employees that were victimized which is now available

1:49:43

in the private sector as well is there there is brain scanning now

1:49:48

that can actually pick up micro traumatic brain injury in in white

1:49:53

matter tracks which is what they found in the victims of havana syndrome and it's called

1:49:58

diffusion tensor imaging um and as a matter of fact as you know part of my prior medical practices we do

1:50:06

personal injury you know people that have been in automobile accidents and one of the ways that we can actually

1:50:11

diagnose traumatic brain injury now even mild traumatic brain injury is through diffusion tensor imaging

1:50:18

and and that is what they used on the victims that are government

1:50:23

employees to diagnose that so and that may be something we have to do in in the

1:50:29

private sector is figure out a way to get a section of the private sector that's voicing those complaints to get

1:50:35

diffusion denture imaging um and do it as a study to where we

1:50:40

where we have a group of you know 500 a thousand people that aren't government employees

1:50:45

that have the same symptomology on scan so well it took

1:50:51

literally decades doctor for for the medical community to

1:50:59

accept like uh rf affected syndrome you know people people who are mildly

1:51:05

allergic to electric fields that kind of stuff um

1:51:11

and we we are discovering more and more on the daily and to know that this

1:51:16

technology is out there that it exists that like if if you are

1:51:23

decent with the soldering iron and and an arduino or any kind of

1:51:29

programming guaranteed you could be making this stuff at home it would it would it it would not be rocket math man

1:51:38

um i mean even even two years ago at ces i remember we covered on air

1:51:46

a radar it was a lidar uh

1:51:52

transmit receive unit that was one millimeter by one millimeter

1:52:00

now this lidar chip was accurate

1:52:06

to 250 feet at one millimeter by one millimeter

1:52:14

now to give you folks uh an idea of one millimeter your average

1:52:20

led that you see on like your remote control is five millimeters

1:52:27

that's tiny so an array of a hundred of these

1:52:34

could fit in the size of a postage stamp

1:52:40

and be accurate to 250 meters times

1:52:45

a hundred that's crazy that's the level of technology that we

1:52:52

are commercially available at like the the new iphones have a lidar camera in

1:52:58

them you know so

1:53:03

this stuff is not crazy technology to think about to think about the fact that like you could hack

1:53:10

somebody's phone and have it send an inaudible signal to them 24 7. yep you

1:53:16

could do that you could do that you could do that with their computer

1:53:22

you know all kinds of things so it's it's incredible the level of control

1:53:28

that is out there uh doctor so i i want to thank you as

1:53:33

always for your time i know it is getting laid on in the evening and you have you have a work in

1:53:40

the morning all that kind of good stuff other than the curious realm store online tell

1:53:46

everybody where they can go to [Music] catch up where they can go to buy your

1:53:52

books where they can go to contact you um

1:53:58

best way to contact and then kind of keep up to date with at least where my mind is going

1:54:03

is on facebook guinea pigs technologies of control facebook page

1:54:09

the book by the same title and um satellite terrorism can be

1:54:14

purchased on amazon barnes and nobles yes amazon is still carrying those books

1:54:20

amazingly enough they haven't stopped that yet but they can be purchased there so

1:54:26

absolutely i love my copies uh it is one of those books that whenever

1:54:32

um i i give away at least one copy of guinea pigs a year

1:54:39

at least um not my signed copy but it is it is one of those books that

1:54:46

i just keep a resident copy around because when somebody asks about it i  
1:54:51  
just want to be able to give it to them and it'll probably be greatly appreciated posthumously  
1:54:59  
you know that's unfortunately that that's one of the unfortunate things of taking the right path  
when you know the  
1:55:05  
right path is always a hard path and that's what you know i chose to write those books at the risk  
of  
1:55:11  
being able to actually make a living and but you know that you know god never  
1:55:18  
does make the right path you have unfortunately that's right that's right full of bumps  
1:55:23  
uh uh once again as always thank you so much for your time um always great talking with you  
and  
1:55:30  
talking about this topic i love bringing it to light and letting more people know about it it it  
1:55:38  
hurts me inside to know that there are so many people out there suffering from it so uh thanks  
again for all the work you do  
1:55:44  
in it doctor i greatly look forward to your next appearance all right thank you chris we'll see you  
1:55:50  
good night everybody take care um wow always amazing talking with dr john  
1:55:57  
hall uh our next segment folks as you know is our pre-recorded segment the  
1:56:03  
whole new um format is live guest in front short  
1:56:08  
commercial break followed by pre-recorded uh we will be getting into the world of hypnotic  
regression  
1:56:17  
with our good friend and guest and author of uh  
1:56:23  
my god it just left my head devil's den uh incident it doubles in as  
1:56:29  
well as devil's din the reckoning uh terry lovelace will be joining us  
1:56:35  
talking about the world of hypnotic regression what it's all about and in the final hour folks  
1:56:42  
you will actively see me your host go through a hypnotic regression session  
1:56:50  
unedited in its entirety check it out you will hear about a past life on another planet  
1:56:57  
you will hear of how to pass life as a french-speaking uh i don't know if it's farm worker

1:57:03

rancher or what but um really wild stay tuned for that right after this

1:57:10

thank you so much john hall we'll talk to you soon and uh stay tuned everybody

1:57:17

[Music]

1:57:24

[Music]

1:57:43

[Music]

1:57:48

with the rising attention to the health benefits of cannabis and cannabinoids including cbd

1:57:54

true hemp science has become one of the premier providers of full spectrum cbd and cbd related products

1:58:01

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1:58:09

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1:58:16

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1:58:23

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1:58:30

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1:58:36

seven to save seven percent off your entire purchase of fifty dollars or more

1:58:41

and get two 25 milligrams cbd cookies or brownies free

1:58:46

that website again is [truehimscience.com](http://truehimscience.com) and the code is curious 7.

1:58:53

[Music]

1:59:03

[Music]

1:59:23

[Music]

1:59:32

the curious realm podcast is your source for the latest and greatest news and events in the world of the paranormal

1:59:39

esoteric and forbidden knowledge and there's no better way to spark the conversation than with items from the

1:59:45

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1:59:56

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2:00:04

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2:00:11

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2:00:16

your family or a friend that you want to open that website again is [curiousrealm.com](http://curiousrealm.com)

2:00:25

forward slash stores

2:00:33

[Music]

2:00:39

[Music]

2:00:56

[Music] have you considered starting a podcast

2:01:02

looking for a way to make your business a voice of authority in an industry then podcast cadet is the solution for

2:01:09

you whether starting a podcast for yourself your brand business school

2:01:15

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2:01:38

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2:01:43

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2:01:58

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2:02:04

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2:02:10

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2:02:15

code curious20 to save 20 off your entire purchase

2:02:20

that website again is [podcastcadet.com](http://podcastcadet.com) and we are back folks

2:02:26

thank you so much to all the sponsors full disclosure i am one of the owners of podcast cadet the whole reason i

2:02:32

started that program was i love this format i'm a former broadcast guy

2:02:38

uh worked in local tv radio things like that and

2:02:44

i love the concept of podcasting i like to see people do it right especially if you're trying to build a brand

2:02:50

um it's so hard to go in the background and fix things later rather than actively doing it right from

2:02:56

the start so stop on by check that out make sure to stop on by the

2:03:01

curious realm store [curious realm dot com](http://curiousrealm.com) forward slash store that is where you can pick up books from all of

2:03:08

our guests as well as the amazing books devil's den or incident it doubles down a true story

2:03:14

as well as devil's dim the reckoning by our guest today in this second part of

2:03:20

the show terry lovelace welcome back to the show how are you my friend

2:03:27

up did we lose your audio there

2:03:34

there he is i did i had myself muted [Music]

2:03:40

it's a pleasure to be here it is and i love the look of the uh i love the look of the whole thing and i love the name

2:03:47

it's cool it's nice well welcome back you you were one of the many that were a

2:03:52

guest on our former incarnation dudes and beer and to have you in this incarnation is so fantastic

2:04:00

welcome back to the show terry um we have always gotten a great response from the audience whenever you've come on uh

2:04:06

as i was telling you beforehand um my my mom actively picked up i gave

2:04:12

my mom devil's den the reckoning for christmas because i found out that she had actively gotten incident at devil's

2:04:18

den and loved it and we had like a whole evening of conversation about it um it was it was

2:04:24

really cool to know that like she had become open-minded enough to go out and buy an experiencer's book

2:04:31

um and she said from what i know she has been thoroughly enjoying the second one which is

2:04:36

um gets into a few more stories other than just devil's den uh so

2:04:43

real briefly before we get into the new stuff that you're doing working in the world of hypnotherapy things like that

2:04:50

tell us a little bit about your incident um what brought you into

2:04:55

the world of being an experiencer and what that has been like for you over the last many years

2:05:02

yeah you know i i've like a lot of people uh i've been a lifetime experiencer uh

2:05:08

most people that uh you know have encounters as a kid with non-human

2:05:14

entities will again have them in their 20s or 40s and uh you know for the rest

2:05:20

of their life yeah so you know the incident that

2:05:26

was the catalyst for all this uh was the 1977 camping trip i took while i

2:05:33

was on active duty in the air force and my guy i worked with

2:05:39

suggested uh you know hey man he comes up to me we worked the night shift as emts were

2:05:45

first responders and we worked the night shift and he came up to me one night and says hey man

i got an idea let's go

2:05:50

camping and i i thought he was kidding you know because we're both city kids uh i'd

2:05:56

never been camping and i strongly uh uh believed he'd never been camping

2:06:02

and uh i said okay um let me think about it and uh

2:06:08

we did and we took this camping trip and it was just wild

2:06:14

we there were a series of missteps getting down there that that i won't go into but

2:06:22

uh what we did was we dodged the camp the we didn't get a camping permit we didn't stay in the campground

2:06:28

i wanted to photograph wildlife and my friend was an amateur astronomer and he wanted to watch the night sky without

2:06:35

light pollution so we couldn't do either one of those things if we stayed in a campground you

2:06:42

know with people all around us and kids and other undesirables so we uh

2:06:47

we took we just took a road uh to the northwest and i mean there were

2:06:53

many turns we could have made and just by happenstance we rolled up on this

2:06:59

plateau and google earth has some cool pictures of it it's

2:07:05

an elevated plateau that the top is just flat as a pool

2:07:10

table with and is at about the same height as the treetops

2:07:17

so cool place which we trespass to get in there

2:07:23

there was a chain across the road with a very sternly worded sign saying keep out no honey no camping no fishing

2:07:30

no nothing and uh i thought we're going to turn around and my buddy says no no i got

2:07:35

this man i got this and he hops out of my 66 impala and

2:07:40

what the park rangers had done is taken a chain and just looped it made a new set of it

2:07:45

put a padlock on it and they just draped that over a nail on the opposing post

2:07:51

so my friend gets out picks up the chain and drops it and boom we're in we felt like lewis and clark you know and

2:07:58

we we rolled in and i actually found out later that

2:08:05

that area we thought it was like a nature preserve or something affiliated with the park and it's not

2:08:12

that land is owned by the federal government managed by the bureau of land management

2:08:18

and uh leased to a private individual but it's still off limits to this day

2:08:24

i'll tell you what's interesting is that when we got there we drove up this sharp incline

2:08:30

to get to the top of this thing and somebody had cut the grass up there

2:08:36

i mean it had been mowed fairly recently it was maybe about four or six inches high

2:08:43

um and somebody had you know got rid of the trees and uh

2:08:50

so a great place to camp and we set up a little camp campsite um but the thing i wanted to mention is

2:08:58

i never bothered to look for that on google earth because i thought ah this place has got to be covered with 40 year

2:09:03

old mature trees by now sure the federal government bureau of land management pays somebody to go up there

2:09:10

and cut the top of the grass on the top of this uh plateau and

2:09:15

so so the trees don't grow and they've been doing that for 50 years

2:09:21

that's a lot of gas to burn to cut grass on top of a plateau that's in the middle

2:09:26

of nowhere wow so figure that out wow we set up a campsite and

2:09:34

you know this stuff was all new to us uh you know we did the fun stuff you do when you camp we took a little hike you

2:09:40

know burned some hot dogs that kind of stuff and we actually had a pretty good day

2:09:47

and we had a nine dollar kmart tent and uh a couple of inflatable air mattresses

2:09:54

and my friend brought his coleman cooler packed full of sandwiches and stuff and

2:10:01

we are kicked back on these air mattresses and we have this campfire between us and we're just talking and chilling and

2:10:07

just having a great evening and i remember saying to my friend you know i could understand why people enjoy

2:10:13

this because it really is nice yeah and he's like oh yeah i told you

2:10:18

man i told you this would be cool so um while we're sitting there and this

2:10:24

sounds really cliché i know so don't laugh at me but it's true and other people have told me they've

2:10:30

experienced this and that is that the place went silent i mean it went  
2:10:36  
dead quiet we were kind of because of the crickets the tree frogs all the stuff in the  
2:10:42  
forest that makes noise at night yeah yeah all that stuff was so loud that we were  
2:10:47  
having trouble carrying on a conversation and then suddenly it's gone  
2:10:53  
and they're they're and we not only lost  
2:10:59  
all the crickets the tree frogs we had not only lost all the sound um  
2:11:05  
this was june and it was kind of warm and we had had it we had a nice breeze  
2:11:10  
we were enjoying and that died and it was it was honest to god dead still and it unnerved me  
2:11:19  
and i asked my friend you know hey man is this normal you know like he's gonna know right  
yeah yeah yeah  
2:11:25  
and he's laughing at me saying you know don't worry about the bugs the bugs will come back  
2:11:30  
um you know and then it didn't faze him a bit  
2:11:36  
so i kind of i kind of just let it go we carried on a conversation and a few minutes later he asked  
me he  
2:11:42  
said hey terry were those lights there before he's got his head turned toward the rest  
2:11:47  
the west i can't see what he's looking at because his torso is in the way so i stood up and took a  
step back  
2:11:54  
and on the western horizon there were these three little stars and they were  
2:12:00  
in a perfect triangle and they were too far above the  
2:12:05  
there have been lights like from a train or a parking lot or something um and they were they  
appeared to be  
2:12:12  
dead still so we didn't know what it was so we're watching them and while we're  
2:12:19  
watching them um they moved and what they did first was they  
2:12:25  
they rotated like they were on an axis and turned uh clockwise about 120 degrees  
2:12:32  
and aligned the base of the triangle with the horizon  
2:12:37

so the apex of the triangle is pointed up and

2:12:43

a few minutes later the things moves and it just starts climbing up in the air

2:12:50

and the curious thing is as soon as that thing started climbing in the air

2:12:56

both of us felt this peaceful calm sensation uh very much like being

2:13:03

sedated interesting and because you know our response to this thing was inappropriate you know our

2:13:10

emotions were muted and um we're in kind of a weird place uh

2:13:17

i was even mild mildly disinterested you know i mean i watch i was watching the thing play out

2:13:25

but i didn't feel like i was a um [Music] um an observer i felt i mean a

2:13:31

participant i felt like i was just an observer but we're weird place to be i know but

2:13:37

that's what i felt and there's no conversation between us you know there should have been we

2:13:43

should have been like hey man did you see are you seeing what i'm seeing you know that kind of stuff and there

2:13:49

was none of that um the only thing i remember my friends

2:13:54

saying was they're really moving now and i don't know i don't know who they

2:14:01

is which implies plural because this was one solid object um

2:14:07

there was no doubt about that sure sure and it reached stealing

2:14:12

i'm sorry i interrupted you oh no no no i was just gonna say i'm sure as as air force guys you know that's that that's

2:14:19

just kind of the the nomenclature you know uh they're really moving uh yeah i think

2:14:27

so yeah i think that's a good observation i think it's a true observation and we uh

2:14:33

we watched this thing until it reached the ceiling and i have no idea how high it was

2:14:40

because i had no point of reference and we didn't know how big the thing was

2:14:45

and what it did was it had this upward orientation where we could see three stars

2:14:51

and the thing did like this and uh rolled over salute was parallel with the

2:14:58

ground and the point of the triangle was aimed at us because we saw three lights

2:15:04

oh wow and and then it began like a glide plane down

2:15:09

and it got bigger and bigger and it dimmed the lights there were lights on the points of the triangle it dimmed those

2:15:15

and uh cruised in and we could see the lights and we could see the dark shadow in the middle

2:15:22

move across the treetops and this thing stopped at about 3 000 feet over our

2:15:29

heads and you know you would think we would be

2:15:34

like wiggled out crazy uh no we had that

2:15:40

weird sedated feeling and uh there was a

2:15:46

a light that came on from underneath this thing and in the center uh and it was

2:15:53

you ever seen like a high power searchlight cut through fog yeah so it's like a column of visible white

2:15:59

light that's what this was like it was about six inches in diameter and it just clicked on like someone hit

2:16:06

a switch and the light landed in the middle of our campfire and there was no fog but

2:16:14

the light had that milky characteristic to it that you would see with a search

2:16:19

like cutting through fog it's weird so that was there uh in the middle of the camp of the campfire

2:16:26

for about a minute and then it clicked off and then

2:16:32

in 1977 lasers were kind of a new new uh thing i'd seen them on tv i'd

2:16:38

never seen one in real life this thing shot down a laser beam about the diameter of a pencil

2:16:46

and it was a bluish purple weird color and it was like dancing all over the

2:16:51

campsite but it was hitting all of our stuff it hit me in the chest three at least three times i felt nothing

2:16:58

it hit my car my buddy's uh cooler the tent his backpack my backpack

2:17:05

uh [Music] all the stuff that we had brought that wasn't natural to the top of this

2:17:11

plateau which i thought was interesting so that that took about three minutes and then

2:17:17

then that turned off and it was absolutely still and quiet

2:17:23

still and what we did was

2:17:29

we were both feeling this i mean i was i had that sedated i wouldn't call it apathetic but

2:17:35

almost uh kind of disinterested in what's going on and i went from being

2:17:43

sedated to sleepy and there's there's a distinct difference between the two you can be

2:17:49

relaxed and calm and not sleepy yeah so this thing

2:17:58

did so i think this speaks to the level of influence that these things have over human beings

2:18:04

and i think that that's really underrated and uh sure doesn't get the attention it deserves

2:18:12

so we uh all i wanted to do was get in that tent and go to bed with

2:18:19

this thing 3000 feet over our heads it was triangular shaped and it was

2:18:25

about the size of a walmart at that time all we could see was the

2:18:30

underneath of it and that would change later but we went into my my buddy was closer

2:18:37

to the tent he threw his air mattress in and he just fell on top of it and

2:18:42

by the time i threw my air mattress in and got situated he was already snoring

2:18:48

and um you know i didn't bother to take off my shirt i didn't bother to take off my boots my

2:18:54

combat boots uh which is interesting because that's relevant out in in just a minute

2:19:00

i'll tell you um and that was asleep the minute my head hit the plastic inflated pillow

2:19:08

and i had no dreams i don't think i was asleep i think i was

2:19:14

unconscious or something well and you know it's interesting because i'm

2:19:20

i'm an anxiety sufferer um and whenever i have an anxiety attack

2:19:26

about an hour or so afterward i am the most wiped out

2:19:32

that i could possibly and it's it's just from sheer adrenaline um and and that may even be the case



2:19:39

with what you're describing not only uh possible effects from the technology being used above you because of course

2:19:46

high magnetic fields high rf fields things like that can definitely uh have a fatiguing effect

2:19:53

on the human mind uh in the body but in addition to that just the

2:19:59

the utter shock that your body was going through um the release of adrenaline itself may

2:20:05

have just been enough to just knock you both out you know that could that could be

2:20:11

um yeah yeah i don't know you know that's interesting though because like

2:20:17

you said you you would think that you would be wow did you just see what i saw i know

2:20:23

you just saw what i saw right um especially with as close as y'all were

2:20:28

it's not like y'all were just like neighbors and shared a fence line or something like that like you guys were

2:20:34

emts together that's the equivalent of like going out and rolling the streets as a cop with a

2:20:40

partner you know um you're intimately involved with each other's lives and even even

2:20:46

after this event um it led to a separation between you and

2:20:51

your friend it did you know and we were both newly married uh our wives were friends yeah

2:21:00

and i considered this guy to be my my best friend yeah and uh but i want to talk about that in a

2:21:06

minute because that deserves conversation um you know i don't know

2:21:13

i don't want to get off topic here but i don't know if you've ever read ray fowler's book about the allagash iv

2:21:19

i have not i have not had a chance to read that yet it's i know i know of the case i lived

2:21:26

in maine for many many years i am very very familiar with that case

2:21:32

well you know after their event uh they didn't debrief they didn't talk

2:21:38

about it uh they rode their road the canoe uh

2:21:44

to the shore where the big fire was that it now just embers and uh the four of them got out and just

2:21:50

went to bed and you know yeah you made a point it's human beings

2:21:57

want to validate they want validation from somebody and then

2:22:02

they'll give validation to uh you know the person next to them that saw what they saw and

2:22:08

exchange stories and you know make sure that uh you know i'm not hallucinating that i

2:22:14

really saw this thing or uh it was just none of that it's just crazy there was none of that

2:22:21

so yeah i was sound asleep and i had no idea how long i was

2:22:29

unconscious i'll call it uh but i woke up to these incredibly

2:22:35

bright flashing lights that were white and yellow and kind of a

2:22:40

soft pastel green uh very bright very much like an old school flash bulb like from the 60s into

2:22:48

those cameras you know we see that you have somebody take your picture and the the flash is so bright that yeah yeah

2:22:54

you know that every time you like you see the red spot in front of your eye for an hour uh that's what this was like

2:23:01

so it would uh the lights would come through the canvas of that tent and light up the inside of that tent

2:23:07

like i mean like a ballpark at night and uh i was confused i woke up and i didn't

2:23:14

have my wits about me and i'm thinking where am i oh yeah toby and i are camping that's that's what's

2:23:19

going on and i see these lights and i'm trying to

2:23:24

make sense of it uh by reason and i'm thinking well this is obviously the overhead flashing

2:23:31

lights of a uh park rangers truck they're there to kick us out because we are trespassing

2:23:38

um but then i noticed the lights were at odd intervals they weren't you know regular like flashing lights would be on

2:23:45

an overhead yeah yeah a strobe or something like that yeah so i sat up and i noticed that my

2:23:52

boots were unlaced i mean almost all the way down and i knew

2:23:58

i did not go to bed with them like that i mean you know one of the things that they  
2:24:06  
hammer into your head when you're when you're in the military is to take care of your feet  
2:24:11  
because if you can't walk you're of no use um yeah yeah you're you're dead weight now  
2:24:17  
yes and somebody's going to have to help you and that's going to mean two or three people  
2:24:22  
out of the mix when they should be doing something else that's right so  
2:24:28  
i uh and i wasn't afraid at this point i had no fear whatsoever what i was was i  
2:24:34  
was annoyed you know and i i sat up and  
2:24:40  
unless there was a flash of light where i could see for a millisecond it was it was dark in there  
2:24:47  
uh so i sat up and uh i pulled my boots off  
2:24:52  
and in the next flash of light i saw that my socks were on sideways now that really confused me  
because i would never  
2:24:59  
do that and the idea that we had been undressed and redressed by  
2:25:05  
someone never crossed my mind yeah  
2:25:10  
and i i fixed my boots and i turned my attention to my friend and he's on his knees peering out of  
the left side of  
2:25:17  
the tent looking at something and uh i'm like toby male what's out there is  
2:25:25  
it park rangers what's what's going on and he really didn't give me a  
2:25:31  
correct answer to that so i got on my knees and i looked out  
2:25:37  
and i could see two things number one the thing that was three thousand feet  
2:25:42  
over our heads when we went to bed had descended and was now 30 feet over the floor of this  
meadow  
2:25:49  
now thankfully we had set up camp kind of off to the side  
2:25:54  
uh by the way the precipices for the uh plateau  
2:26:00  
so we weren't directly underneath this thing which i was what i was thankful for  
2:26:05  
um it was kind of off to the side but and that gave us uh and i was

2:26:10

a chance to observe the thing and uh it was incredibly big uh it was

2:26:18

i'd say um i'm sorry i'm sorry can i uh

2:26:27

that's my ringer no worries no worries this is nick here i just got your email ah

2:26:35

okay hey nick i'm in the middle i'm doing a uh recorded podcast right now

2:26:40

oh okay yeah i'll let you go just feel free to buzz me out yep i got your number i will i will

2:26:47

we'll call you back we'll be probably another hour or so thank you so much

2:26:56

i apologize for that that's all right i'm gonna turn the ringer off

2:27:01

which i should have done earlier

2:27:06

that's a guy from mufon in new york oh wow and they're doing a

2:27:14

they want to do there we go we'll won't interrupt us again they're one they're going to do a

2:27:19

recreation a 3d uh they have artists hired a wow

2:27:25

creation of the image of the creatures that i saw because i saw three uh different species

2:27:32

or whatever you would call it oh yeah um so that that will be a fun project so

2:27:38

again i apologize for the interruption and giving you that editing nightmare sir that's all right no  
no

2:27:45

nightmares at all it's a video it's a video loop and audio so easily fixed

2:27:51

okay thank you so much there's there's reasons why my production exists the way it exists

2:27:57

there are so many shortcuts i can do with it like this so yes i'm sure if anybody knows how to do  
this stuff man

2:28:04

it's you so so let me uh i left off with uh

2:28:11

i looked up and i saw that this thing had uh descended to about 3000 feet over our heads

2:28:16

uh that's the reason these lights were so bright is that this thing descended

2:28:23

and you know the lights that were going off were no longer 3 000 feet away they were now you  
know

2:28:29

30 30 40 feet away yeah and

2:28:36

but it did give us an opportunity to see the uh side of the thing which was interesting as heck it really was

2:28:44

scary you know my fear level had started off at about a

2:28:49

two and i looked at this thing and my fear level was about an eight out of ten

2:28:57

and then well the second thing i saw were what i first took to be children

2:29:04

maybe a dozen maybe 15 i didn't count them probably should have

2:29:09

uh 15 kids what i thought were kids running you know just walking around this meadow they were all paired up in

2:29:15

like twos and threes and just wandering around and i'm like toby man

2:29:20

what are these kids doing out here in the middle of nowhere in the middle of the night

2:29:26

and he said terry take a look at them those aren't human beings and he said don't you remember they took us and they

2:29:31

heard us when he said that that triggered a flash remember

2:29:38

wow i've never had a clear linear memory of what all happened to us inside that

2:29:43

thing all i have is bits and pieces some of it recovered via nightmares and

2:29:49

ptsd flashes flashbacks uh intrusive thoughts

2:29:56

but yeah my that that that pegged the needle for me at 10 i

2:30:02

was terrified and i'm looking at these things and i can only see them in dark silhouette

2:30:07

until there's a flash of light and then i see them for just a split second and and he was right and they they

2:30:14

weren't they weren't human beings and they walked with a very distinctive gait

2:30:20

they walked like they had sore feet or something i don't know how to explain it but they had an unusual gait when they walked

2:30:26

and they had heads that were really too large for their torso you know long limbs

2:30:34

relatively short legs and absolute skinny skinny torso

2:30:41

there is on the internet on youtube there a um

2:30:46

i bet you've seen it skinny bob yes

2:30:52

that is the closest representation to this thing i've ever seen

2:30:57

is skinny bob and you know i don't know if you know the story behind that or not but

2:31:02

that was uh put up on youtube by someone who posted one

2:31:07

one item and then you know disappeared it was posted anonymously

2:31:13

it came from uh from russia

2:31:19

and uh it's still on there we go wow that makes my skin crawl every time i

2:31:25

see it yeah so that's uh that's what they look like

2:31:33

now at this point when when you're actively seeing them uh like

2:31:38

you said your your fear level had gone from what you would assume to be about a two

2:31:43

in your previous experience uh where you you and your friend were stunned to the

2:31:50

point of absolute silence at this point was there any i mean of course you said that he

2:31:56

told you do you remember these were the guys that took us um was there any other conversation was

2:32:02

there were there any other overwhelming feelings that you were having during those moments

2:32:08

while you were while you were witnessing these things uh yeah fear i was scared to death you

2:32:13

know what i was afraid of i thought one of us is going to cough or sneeze or raise our voice

2:32:19

you know our hiccups for your presence and draw draw these little guys over to

2:32:25

us and you know they were long since done with us i mean you know it was over

2:32:30

by the time this is going on and um

2:32:36

while we were watching these guys uh and being as silent as we could be

2:32:42

uh so no there really was other than an occasional whisper like uh you know a couple expletives um

2:32:50

there really was no conversation yeah and um from underneath this thing another

2:32:56

light pops on and this one is a column of white light very much like that thing that hit our

2:33:02

campsite our pardon our campfire and it was a very visible white light

2:33:08

about third it was a column about 30 feet in diameter it was about as

2:33:14

as broad as this thing was high off the ground so i'd call it 30 feet

2:33:19

and as soon as it went on all these little guys turned their attention toward it

2:33:26

and they didn't run to it but they just started meandering over there in this odd gate that they had

2:33:33

which made made it even more spooky you know and this is crazy but this is what happened

2:33:41

these guys would get there and they would step into this light in twos and threes

2:33:48

and you know two would step in and they would just in a matter of maybe 20 seconds pixelate

2:33:55

out and disappear and you could see them pixelate out you

2:34:00

know what it was very much like is i'm not a science fiction guy um but i remember the 60s the old

2:34:08

original star trek yeah yeah they had a very similar uh

2:34:13

illusion where you know people would stand on some kind of platform and they would be

2:34:19

transported somewhere and you would see them kind of pixelate out that's what this looked like

2:34:25

and they went in oh i got a great story about that i was just about to say

2:34:31

since the time of your incident which was back in the late 70s correct

2:34:38

so yeah 1977 yes um since then there have been a long string of wild

2:34:45

incidents at devil's den strange disappearances hikers bodies found

2:34:52

all kinds of stuff and that's why i popped that up because whenever you look up devil's den

2:34:58

arkansas that is one of the one of the articles that pops up is from five news

2:35:03

about the oklahoma hiker that had gone missing and his skull was found uh quite a bit later

2:35:09

um there there's numerous numerous cases like that out there and

2:35:16

um that with that being said the the fact that

2:35:22

were there any other sightings uh other than you and your friend that that occurred um between those time

2:35:29

between those years not well between those years uh well uh technically between the years

2:35:36

uh let's say between because uh the one thing i forgot to bring up was that years later

2:35:42

you came to find that you actively had uh not only marks on you but an implant

2:35:49

inside of you um a small square shaped piece of metal with a couple of wires off of it um that

2:35:55

was like 2012 correct it was and you know i'm glad you brought that up because that really is the

2:36:01

catalyst for this whole story yeah yeah i i would not have i would not have written a book and i

2:36:07

would not have spoken about this publicly if i hadn't had those x-rays because

2:36:13

when i had those x-rays um there they are when i had those x-rays uh you can see

2:36:20

like a floral design in the cap of my leg there uh even with a little dot in the middle

2:36:26

yeah the other structure uh no go up go up higher

2:36:34

there you go here there's a square structure

2:36:39

about the size of a fingernail with two wires attached to it

2:36:45

and that really freaked out the radiologist because he insisted that i had to have a scar

2:36:51

there and i said i don't have a scar i've never had any uh injury to that i mean

2:36:56

it skinned me as a kid but i never had any kind of because he thought that i had some kind of like automobile

2:37:02

accident or you know ran into a radio or something well you served in the military maybe you came across some

2:37:08

shrapnel or something you know and you know the technician brought that up that maybe it's a shrapnel wound uh who knows

2:37:15

um but he examined my leg and he didn't find any scar

2:37:21



and he was visibly upset by that and i said doctor let me ask you how often is it that you find a foreign

2:37:27

object under the skin like this and there not be a corresponding scar

2:37:33

and he said never said i've been a radiologist for 23 years uh there should be when you violate the

2:37:40

integrity of the skin on the human body there should be a scar for him again

2:37:46

i have no way he told me he says i have no way to account how this thing got into your leg yeah yeah even if there

2:37:51

was a subcutaneous scar uh you know scar tissue underneath and it didn't show on

2:37:57

top something would show in that radiology to show the fact that you had been cut

2:38:02

open at some point there yeah and you know um

2:38:08

it's a the one thing that i that i love bringing up about your case terry is that you you are a former

2:38:15

attorney general assistant assistant attorney general yes yes um

2:38:21

and and served on uh as as head of the was it the virginia um

2:38:28

[Music] vermont i was uh assistant attorney general in the u.s territory of american samoa

2:38:35

if you see pictures of me with uh like the lay around my neck uh it's called an

2:38:40

uli in the samoan language um that's when i was working as an assistant to attorney

2:38:47

general down there and from there i went to the state of vermont where i was

2:38:52

state's attorney for their board of medical practice and the whole reason i bring that up is just the provenance of

2:38:58

you as a guest um your vested interest in telling a tale

2:39:03

so to speak um or if you were telling a tale like there there could be long and

2:39:09

far-reaching repercussions if that were the case and the whole

2:39:14

reason like you said it's not that not that you didn't want to come out earlier with your story or anything else it's

2:39:21

just that until the day that you had a radiologist and

2:39:26

what you would as a lawyer and an attorney general say well there's a piece of evidence

2:39:33

um until that point uh it was just something that happened to

2:39:38

you in your life you know uh you know it was but you know it changed my life

2:39:43

in a lot of ways i suffered ptsd symptoms uh to this day but what it did was

2:39:50

it it told me that these things had put their hands on me it validated that i knew that yeah

2:39:56

but this validated that they but they really did and uh that was hard for me

2:40:01

to process yeah you know there are certain professions like academia law enforcement you know

2:40:09

government uh you know where if you just don't talk about this kind of stuff yeah and had i had i come out with this while

2:40:16

i was uh you know working for the state or the territory would have been fired they would have

2:40:22

yeah absolutely if you just said if you just said anything about that like at the club over a sniffed or a scotch

2:40:28

or something like that like that that would have run through the ranks of your legal professions so fast

2:40:36

who can you really trust i mean who can you really trust with information that could destroy your career

2:40:42

yeah yeah and even even your wife um had her doubts about things and stuff like

2:40:48

that back back when things first happened so it's it's hard to come out it's hard to

2:40:54

come forward and i think that you as so many people um

2:41:00

who have been violated in horrible ways terry um

2:41:06

once you have the means in front of you you go activist and and you actively step out uh from

2:41:13

the shadows and you say yes this happened to me here is the proof that it happened to me

2:41:19

and we need to check this out we need to look into this um and i think it's a it's a great

2:41:26

that's one reason why i love hearing your story over and over again i think it's a great story of courage

2:41:33

um i think it's a great story of even even years later coming to terms

2:41:39

with what happened to you even your victimization at their hands and you know who knows it may have been

2:41:46

the most loving thing in the world that was going on uh you do not have full recovered memory of what happened in the

2:41:53

craft or with them uh your buddy who you lost contact with and who's who your

2:41:59

friendship just dissolved with uh years later um obviously remembered a

2:42:04

couple more things than you um and that may have been part of the dissolution you know i found out

2:42:13

i read that book by ray fowler about the alligation and two of those guys were twins yeah

2:42:21

james and jim winer james and jack a guy named wreck

2:42:27

and i can't think of the fourth guy's name but you know those guys were tight i mean they fished together they hunted

2:42:33

together they drank together you know they were like you know the band of four and uh after this event

2:42:41

boom the band breaks up everybody goes in a different direction even the twins who were close

2:42:47

were this and uh their story came out whenever one of the

2:42:53

twins was having nightmares about being taken and they wouldn't go away yeah

2:43:00

and he called it he called his twin up and said you know remember that fishing trip we took you know back in 74 or

2:43:07

whatever it was um 73 maybe he says

2:43:13

you know i'm having these really crazy nightmares it's twins said i bet i know what they

2:43:19

are and he told him this nightmare these two guys had not talked about it

2:43:24

but they're having the identical same dream yeah and that's when the

2:43:31

psychiatrist and a hypnotherapist got involved and uncovered all the stuff that happened and uh it's

2:43:38

amazing story well and i think that uh that is a good point for us to pivot

2:43:44

here in this conversation actively terry because uh like i said this

2:43:51

coming to terms with this in your life coming to terms with the evidence that was brought in front of you uh in terms

2:43:58

of i mean because there's one thing to this is what i experienced and i'll never say that i didn't experience it

2:44:05

um but when you're confronted with it like that um and when it's when it's put directly

2:44:12

in front of you the confirmation of yes this actively happened it was not

2:44:18

something that you imagined um nothing along those lines

2:44:23

um it it it steals you in a different way and um

2:44:29

it has it has brought you like i said to the point of advocate it has brought you to the point of going out and speaking

2:44:36

to writing your books um which you know one of them within the community was

2:44:42

just a huge seller when it came out um and

2:44:48

it's also brought you to your new path uh which which is you know falls back on

2:44:54

your original studies in college before you went to law and everything which is psychology so let's get into that a

2:45:02

little bit hey um have you ever been regressed and if so

2:45:08

what was recovered if anything and b what brought you to the point of wanting

2:45:13

to study hypnotherapy you know um

2:45:19

i'd always been interested in the topic and uh i got a good friend here in dallas who

2:45:26

is a practicing board-certified psychiatrist

2:45:32

and he uses hypnotherapy in his practice and

2:45:37

was telling me some remarkable stories and i'm like you know i i don't i'm not ready to be regressed i i don't want to

2:45:43

do that right now uh maybe later uh maybe sometime in my life sure

2:45:49

but not not right now um but

2:45:55

what what got me interested was i mean when i wrote the incident at devil's den and put it on amazon in march of 2018

2:46:03

i thought my story was unique you know i thought that i was uh i won't say

2:46:08

special but uh let's say that i was in a very exclusive club you know

2:46:15

and what happened was i put an email address in the back of the book and i said look i'm not a

2:46:20

therapist or anything but if you'd like to tell me about your store i'd love to hear about it

2:46:25

and i got over 2 000 emails and from people who had

2:46:31

experiences like i had wow so i found out that i'm not unique and there are a lot of people walking around

2:46:38

out there that have had experiences and you know all they really remember is boy you know

2:46:44

when i was four or five i had this weird dream and you know the stream has stuck with me for all these years and whether

2:46:51

they're 18 or 80 they can still recall that particular dream with clarity

2:46:59

and uh you know it's uh it

2:47:04

i i talk to these people when they tell me that and a lot of people did that dream thing between the

2:47:10

ages of four and six yeah i said let me ask you you were six years old can you tell me what you got for christmas that

2:47:16

year can you tell me where your family went for vacation uh and can you tell me uh

2:47:21

the names of two people at your birthday party yeah most of them couldn't

2:47:26

but they could tell me all about the stupid dream they had when they were four five six or seven

2:47:32

[Music] those are the people that i think have likely had some kind of

2:47:38

contact and and may want to investigate that further um

2:47:43

yeah you know i think that the reason that i healed from this

2:47:49

is the fact that i do have some recall from it and i feel that

2:47:57

and my friend agrees with me that for people that have traumatic experiences like this

2:48:03

and then have them suppressed you know that will eventually seep up from your subconscious or unconscious into your

2:48:09

conscious memory yeah and just in fragments and manifest in ways unhealthy ways like

2:48:17

you know drug abuse or alcohol or you know any number of uh

2:48:23

bad behaviors because they're they're injured they're hurt

2:48:29

so i hope to be able to uh and i've done um

2:48:34

i just i just finished a month ago and i've already done you know a dozen or so

2:48:39

regressions for people wow and uh for the ones that were abducted it was

2:48:48

traumatic they cried while in trance state

2:48:53

um they told me what they saw and how afraid they were

2:48:59

and uh i just let them talk and walk them through it

2:49:04

and then reassure them that you know this happened in the past what you're seeing in your mind's eye right now is

2:49:11

not real but you know you survived this and uh

2:49:16

now you can process it clearly and and move on with your life and not let it be a burden anymore

2:49:24

yeah and hopefully you know i'll check in with them in a few months and find out if they're if they're doing well but

2:49:30

i i bet they are yeah and you know

2:49:35

i have family members that have been through regression therapy um there are some that have had some great

2:49:41

results there are some that have had some results that um folks have let's just say questioned

2:49:49

within our family um however uh i i never discount

2:49:56

um any it it can be easy to lead somebody in a regression for certain um and even

2:50:04

even in a hypnotherapy session and you have to be very careful with the questioning that you're using and the

2:50:10

way that you guide somebody most definitely you know in the law the law really taught me how

2:50:16

to ask a leading question yeah yeah yeah something that's not leaving so you know on

2:50:22

direct examination i can i can ask open-ended questions and uh

2:50:27

and on on cross-examination i can lead them down whatever path i want them to as i start every sentence

2:50:34

with isn't it true that yeah and then on and on so you know i've got a

2:50:41

a good basis to work with yeah yeah precisely and and that's what

2:50:48

i was going to say is that as as opposed to a typical person because a lot of the

2:50:53

people that practice quote regression therapy a lot of the people that you see out there are not

2:50:59

necessarily professional uh psychiatrists

2:51:04

you know they they are not necessarily people with letters behind their name um or diplomas of any sort on the wall

2:51:11

not that i don't have a diploma on the wall um but i do what i do professionally

2:51:16

um however uh when you're talking about a regression

2:51:22

you really do have to be careful once again like you were saying how you lead

2:51:27

the subject to make sure that you are not leading them in any way shape or form that you're actively just letting

2:51:34

things occur and and the one thing that i liked about what you were saying during your sessions is you just let

2:51:40

them talk oh they go off on a narrative i mean they you know i i simply asked the

2:51:48

question and what happened then yeah and it's like boom and they'll go

2:51:53

on to a narrative and i don't interrupt them i don't interrupt them i don't question them i

2:51:58

let them tell me their whole story and their own words and

2:52:04

and it's amazing stuff it really is without of course divulging any any

2:52:09

clientele or anything like that what is what is the

2:52:15

wildest thing that you've heard come out of a regression so far uh

2:52:20

coming coming from a subject that you've worked with well and and i want to uh

2:52:28

i want to say that i i went to a very good school called the wellness institute in graham  
washington

2:52:35

and they've been teaching hypnotherapy for 30 years and

2:52:41

you need a graduate degree to even apply to the program oh wow

2:52:46

great so you know when i when i was attending the program uh there were mostly doctors and

2:52:52

therapists uh i think i was the only non non-clinical person there yeah

2:52:59

uh but the answer your question about the wildest thing was um i was regressing this guy back

2:53:06

uh because he had some suffered some traumas as a child and i said you know you know let's  
let's go back you're

2:53:13

getting younger and younger littler and littler we're going further back you know and then  
counting backward as i go

2:53:20

and i i said you know where are you and he said i'm in a i'm in a dark warm place

2:53:28

and i said can you open your eyes and tell me where you're at and he said no all i see is darkness

2:53:35

and i said can you hear anything and he said yeah i can hear my mother's heartbeat

2:53:41

wow so he was in the womb wow wow i said

2:53:47

i want you to go back further calm and relaxed deeper and deeper

2:53:54

and he told me the most amazing story about being a rancher

2:54:02

in like 1810 1812 12. he wasn't exactly sure

2:54:08

he was married he had a couple kids um you know he uh

2:54:14

i mean he wasn't uh you know patton or you know yeah yeah yeah

2:54:20

he wasn't cleopatra or anything like that which guy just an average guy and uh

2:54:27



he uh told me about you know his kids and uh his his wife unfortunately died of a  
2:54:34  
yellow fever and he eventually died of a heart attack he  
2:54:40  
remembers his death oh wow and he remembers you know having a  
2:54:47  
heart attack a crushing feeling in his chest and uh just unbearable pain and then all  
2:54:53  
of a sudden boom just peaceful bliss and he said he recalled popping out of  
2:54:59  
his head and going to heaven  
2:55:04  
and i said well i want you to tell me between your life as a rancher  
2:55:11  
and your life today between those between your your most  
2:55:16  
recent birth where were you and he says you know i don't know i was  
2:55:22  
in a dark place um and there were souls around me  
2:55:29  
and they look like stars and he claims  
2:55:35  
i know nothing about reincarnation i'm going to have to i'm going to have to educate myself  
2:55:44  
claimed that he was able to choose his parents  
2:55:51  
and his birth and kind of a loosely written script for his life  
2:55:57  
which which he was born and probably forgot at all and you know it makes me wonder well why  
2:56:02  
why on earth would would that be so why would you why would you come back uh and be  
reincarnated into a new life  
2:56:11  
as a new individual yeah and uh having lived this past life and hopefully learn  
2:56:16  
some lessons during that lifetime why would you uh  
2:56:21  
why would you not be able to remember that and you know when i was in uh high school i read  
2:56:28  
plato's repl republic and uh i love that you read that in high  
2:56:34  
school oh this was required reading at my college but  
2:56:39  
yeah well he said that  
2:56:46  
when we're born we drink from the waters of forgetfulness

2:56:53

and we lose all that pass by he was a big believer in reincarnation

2:56:59

and uh i thought you know that's just a really cool way of saying it

2:57:06

you know i don't understand it i guess it's complicated um but there's some pretty there's a um

2:57:15

some amazing youtube videos that i was referred to uh and there's an organization called

2:57:21

ions ia nds uh international association

2:57:28

of near-death experiencers uh and they get a bunch of

2:57:35

of uh youtube videos but what's interesting is they

2:57:40

they get this information from people who remember a past life they might remember being in the army uh in world

2:57:46

war ii or something you know you know what there

2:57:51

there are numerous cases of that there are of past lives in present time people who

2:57:59

remember that uh documented documented cases that are very well known uh one in

2:58:06

particular was the young boy that remembered being a world war ii pilot

2:58:11

um remembered squadron everything um james lininger yeah

2:58:19

wrote the uh his parents wrote the book soul survivor yeah

2:58:24

yeah and uh i actually know bruce lininger oh wow

2:58:30

wow and like you said uh not really a topic that you are hugely

2:58:37

familiar with but interesting the fact that within 12 because that is not somewhere that

2:58:43

you led the subject that's not a question that you know what do you remember from your past you know or

2:58:50

anything like that uh it was an utterly organic route that their mind went to

2:58:57

and interesting that within your first 12 cases of regression

2:59:03

with people that that has already happened well you know it

2:59:08

i didn't know that it was a real thing yeah yeah in the class that i took uh you know the

2:59:15

the the professor said look you know if you're in this if you're in this business for any period of time

2:59:21

you're going to run into a past life it's going to happen and there's a protocol for that how to

2:59:27

treat that and how to and i followed the protocol uh you know which is uh

2:59:34

a way of making it uh a therapeutic value and not

2:59:39

a fear-based thing sure sure and even and even to go through like a form of

2:59:45

verification to assure the fact that like hey you know maybe the kid just ran around in spurs

2:59:52

with with a gun on his hip for three years of his life as a kid you know and that just that was like the

2:59:59

happiest time of his life and that was his story in his head and that would that's what carried on to age 54 or 60

3:00:07

whenever you regressed him you know um and those things that you learn in

3:00:12

programs like that actively help you verify that like is this something that he's just recalling

3:00:19

um and is embedded in his in his localized memory of life or is this something else

3:00:27

yeah well there are subtle uh clues you can look for such as

3:00:34

the guy's facial affect change this facial effect change and he spoke differently uh i mean his

3:00:40

voice the tone the tenor the cadence of his well not the cadence but the tone and tenor of his voice remained the same

3:00:47

uh but the cadence changed and he had an accent

3:00:52

i don't know how to describe the accent i wouldn't say that it was southern that's super odd interesting

3:00:58

but he had he had a slight accent and he didn't have that in his waking state

3:01:03

and later when he was out of hypnosis i i gave him a copy of the session

3:01:10

and he was blown away he said and and he said you know this kind of

3:01:16

rings a bell you know he said you know he's he's not

3:01:21

a rancher uh he's a cpa actually wow wow but he said you know

3:01:28

i i could see myself in that role yeah you know whether whether this all was uh

3:01:36

from an experience at age seven when he ran around with a cap gun and uh you know watched uh westerns on tv

3:01:44

or whether it originated from a real past life experience who cares it was real to him

3:01:51

yeah yeah so it was real to him it was important to him and i'm glad we were

3:01:56

able to get it out because he seemed to genuinely

3:02:02

feel better about things and wasn't a believer in reincarnation sure

3:02:09

sure and i'm sure was probably as most people whenever they step into a hypnotherapist chair or session uh more

3:02:17

than skeptical about skeptical about the possible result skeptical

3:02:23

uh you know um cause even myself like i use

3:02:29

binaural beats i've got i've got you know uh glasses that do the same thing

3:02:35

um to help and train my brain all kinds of stuff um but there there's definitely something

3:02:42

different when you're talking full-on hypnosis and when you're when you're talking putting yourself there there's an

3:02:49

extreme amount amount of trust that goes into preparing yourself for that

3:02:54

and there's an extreme amount of trust in yourself in order to allow yourself to be hypnotized to begin with

3:03:01

you know yes because a lot of people are very resilient to

3:03:08

quote the powers of hypnosis i mean it really is you know much like almost like

3:03:13

meditation um it's it's it's it's it's you and how fast and

3:03:19

how readily your brain can get to that you know and if if your brain's gonna

3:03:25

monkey brain it all day and fight it you won't be able to be hypnotized either and it's not just the fact that well i

3:03:31

can't be hypnotized no you can't relax there you go

3:03:38

you can't relax you know probably i think that everybody everybody can be hypnotized

3:03:47

yeah and you know it's not like you might think i mean you're conscious you're awake

3:03:54

you know what you know what you're doing you know where you're at you know if somebody yelled fire you know you'd be

3:04:01

able to come out of that trance in a heartbeat and you know there's there's a lot of

3:04:06

ethical considerations you know we um i would never do like stage hypnosis uh

3:04:14

because i think there's a huge ethical problem for me with with them and uh

3:04:19

um people under trance state are aren't put there for for amusement

3:04:26

you know and to to to you know to do that is just uh

3:04:32

reprehensible sure sure and a little bit a little bit disrespectful to the art the science and the

3:04:38

therapeutic benefits of it um yeah and it you know with that in mind

3:04:45

you answered one of my questions within a question a minute ago which was do you record the sessions and obviously you do

3:04:52

um like my question to follow up that was going to be

3:04:58

do people remember things as they come out or do they normally remember them

3:05:05

after like what is the debrief like um is it that you reveal things to them

3:05:11

during the debrief and then go here's your session go home and listen to it uh process it think about it or is it

3:05:19

that whenever they come out and it's welcome back you're you're a dishwasher

3:05:24

salesman again um at that point is it like a flood of

3:05:31

memory for them is it the fact of like oh wow now i

3:05:36

remember you know be it being a being a farmer and a

3:05:42

rancher in 1888 you know it's like this it comes out in the trance state and

3:05:49

tell me and they i i was hypnotized and for me uh

3:05:55

going back i you know i gave them certain parameters i didn't want to visit devil's den again  
3:06:01  
but i wanted to look at one area of my life and i did within those very narrow  
3:06:07  
parameters and for me it was like watching a movie almost you  
3:06:12  
know and i and i thought is this my imagination or is this real and uh you  
3:06:18  
know i think it was i think it was uh genuine uh  
3:06:24  
and you know so you you actively remembered thing you were you were  
3:06:29  
active during the session you were actively there mentally  
3:06:35  
i was you you weren't let's say like cognitively disassociated  
3:06:40  
from yourself and not physically aware of what was going on questions being  
3:06:46  
asked you answers coming out of you yep my mind was fully engaged  
3:06:52  
uh so it wasn't but you know a lot of people will remember  
3:06:58  
a lot of what they experienced but not all of it you know they forget parts  
3:07:04  
which i find interesting sure sure and uh so i i think i think it's that way  
3:07:11  
though with with just actual recall um my wife and  
3:07:18  
god bless her i love her she is she is an amazing comedian she writes comedy teaches sketch and  
improv  
3:07:25  
her brain and hey you give her lines for a show boom they're in there but as soon as  
3:07:32  
she's done they're gone um and she compares her mind to an etch-a-sketch  
3:07:38  
because she is actively made her mind that flexible  
3:07:44  
to where she can come into a situation remember things and walk out the door  
3:07:50  
and it's gone from her mind um it doesn't rent the spare space the  
3:07:56  
lines aren't there anymore show's over it's gone somebody is like turning the extra  
3:08:02  
sketch upside down so she has she has memories from when she's a kid things like that but when  
it  
3:08:08

comes to like hey you know you remember that time that we went to this place and did it nope  
3:08:14

nope um and it's not because that time wasn't important to her

3:08:20

it's just that her brain has been over years and years and years that is

3:08:26

the way it has learned to process yeah so the things that are huge and

3:08:31

massive they stay in there you know kids schedules stuff like that like they're

3:08:37

in there 24 7. but the rest of it is an etch-a-sketch whereas whereas my life for the last 20

3:08:44

something years has been spent learning things like what's over my left shoulder what every knob on a

3:08:51

console does and remembering it for the moment of fire and panic so

3:08:56

the the intricacies that i'm able to remember about situations that we have both been

3:09:03

in where she remembers gross detail and i remember fine detail

3:09:09

it's really interesting to see and as someone who also studied psychology things like that

3:09:16

that that is one of the most fascinating things in the world to me that two people at the exact same moment can

3:09:24

have an utterly different experience and it's totally through the psychological filter through which they

3:09:31

filter things you know um so it's it's interesting for you to say that

3:09:38

um you're there while you're processing it and that there are still some things

3:09:43

that you can't remember even going through regression you still

3:09:49

can't remember every single thing although i guess technically we should be able to

3:10:00

the fact that some people aren't able to remember that i can't i can't imagine not you know

3:10:07

because yeah not not everybody's brain is built to think in such a way

3:10:13

you know yeah and and you've you've wired it different ways over the years and sure it's taken

3:10:20

in the information but has it has it necessarily stored the information in the same categorical way

3:10:26

that the brain of a of a trial lawyer would file it you know yeah that's a

3:10:32

very good analogy because you know i remember bits and pieces of trials i remember you know

3:10:38

good testimony i remember the verdict especially if it was favorable but but i guarantee you at the same time you could

3:10:45

out of wrote habit name name case name a case law

3:10:51

you know name a judgment that went somewhere and and what something was you know because it was something that you

3:10:57

referred to all the time as an a.g or uh what have you you know yeah um because because it's

3:11:04

it's it's in there and it was filed away and it was tied to something that was so tight to you

3:11:10

that it's never going to go away right you know um no it's not very true

3:11:16

and it's it's it's interesting uh especially the fact of going through as an experiencer and

3:11:23

um and like you were saying remembering things and recalling things

3:11:29

um man that's just that that's absolutely incredible i love the fact that this is

3:11:35

the path that you have gone down terry um because much much like i told sev

3:11:41

i think that her experiences have have made her a great advocate

3:11:49

for for experiencers and her processing of that she wrote a book um it's on my shelf in

3:11:57

back of me and uh she is an incredibly good writer she writes

3:12:03

really really well yeah as as do you and and that's just it though the

3:12:09

the advocacy that you have done since coming out and and even the fact of like i said

3:12:16

be being a former office holder be being somebody of the status of being a an assistant

3:12:23

attorney general um for a u.s territory that kind of stuff um it it raises the bar

3:12:31

for others who have experienced who are in the same seats who are in the same positions

3:12:37

um that if they come out with their story um

3:12:42

it it all of these things help turn the tide you know um your your story with esquire

3:12:50

attached to it terry legitimizes the next story with esquire attached to it



3:12:56

yeah and then i appreciate that very much and i i

3:13:02

what you know whatever there is there seems to be so many moving parts in my book that

3:13:08

some people will hit on and say oh my god i've had that or oh my god that sounds familiar to me

3:13:13

that uh it really is a privilege

3:13:18

to be able to realize that i'm not unique and uh you

3:13:24

know what i thought was a privilege was in when i wrote the red book i had people uh say you know yeah you

3:13:32

can use my story put my put my story in your book yeah you know some said changed my name some of them

3:13:38

said change my city some said both and i respected everything that they uh

3:13:43

they wanted but there's some amazing stories out there yeah yeah absolutely and that that's why

3:13:51

i love doing this show is hearing those stories hearing people share

3:13:58

what is like what is quite literally one of the most intimate moments in their life

3:14:05

yeah you know that's that's what made me feel so privileged is a lot of these people were telling me things from their

3:14:12

past that they hadn't even told their spouse yeah yeah and here that something at that

3:14:17

level of intimacy is with with a stranger is uh is mind-blowing yeah and i'm sure that

3:14:24

i'm sure that you heard it as a lawyer you know uh representing people things like that um with with attorney-client

3:14:31

privilege all kinds of things but when when you're hearing it about something like this when you're hearing it about

3:14:38

these topics when you're hearing it about incidents of

3:14:44

abduction um things like that it's it's it's a

3:14:49

different realm it really is and for people to come to you and share those stories and to leave

3:14:56

uh with a different understanding of themselves and their experience uh how many people

3:15:02

have come to you hey saying something has happened and i want  
3:15:09  
to be regressed lots lots and lots of people okay and when  
3:15:16  
they come to me they say i want to know what happened yeah you know there's there's there's a a  
piece  
3:15:23  
missing yeah and i want to know what happened and and like you said most of the time  
3:15:30  
um after afterward uh seems like everything works out for folks um which is which is  
3:15:37  
a great thing to know that a lot of people are not needing repeat and repeat and repeat therapy  
3:15:44  
uh like that which i'm sure i'm sure happens um the mind  
3:15:49  
and each person is onion in their head you know there's there's  
3:15:56  
layers and layers and layers in there folks um and to try and to try and pigeonhole  
3:16:02  
uh that that's one reason why i don't try to pigeonhole any mentality with this show or anything  
like that terry is  
3:16:10  
because he each person's world is their own experience  
3:16:16  
um we we can't ask if we judge somebody's experience we are  
3:16:23  
asking for our experience to be judged with the same exact with the same exact critique with  
which  
3:16:31  
you have judged you know i yeah i had people write me the most incredible things that  
3:16:38  
you know when you when you give it the first read it's like this can't be true  
3:16:43  
but you know just like you said who am i to judge someone else's subjective experience  
3:16:48  
yeah because like you said you know i've had some crazy things happen in my life  
3:16:53  
yeah and hey i i had people at the seminary look at me and go oh  
3:16:59  
uh okay when i told them about like my ecstatic experiences that i had had  
3:17:06  
um they were just my experiences they don't they don't change my affect toward  
3:17:13  
anybody or the world around me or anything like that i'm still the same guy  
3:17:19  
um i just have a little bit of a different tweak on the way that i think about

3:17:25

things because of my experience you know um had to be very significant

3:17:30

no different than somebody who served in the navy you know like i'm sure you got a different tweak on

3:17:36

life than i do because look even you you served in the air force i'm sure you got a little bit of a different tweak on

3:17:42

life than i do because you served in the air force and i didn't you know um that that is a filter through which you've

3:17:49

experienced life and through which you grow as a human being um and we all like i know people who

3:17:55

left the seminary that were bitter and are still bitter 20 something years later with their

3:18:01

experience and why they went through it and everything else and i know other people that hey they they wear a collar

3:18:08

and they're priests now you know and they're helping run a diocese and things like that

3:18:14

and they are great guys wearing fantastic sparkling collars being huge helps to humanity out there and helping

3:18:22

craft people in their spirituality um not all of them but it's some of them

3:18:29

and not every priest had that experience you know um so yeah i don't

3:18:35

we've had the discussion before on this show you and i terry that a lot of the reason that i have these discussions a lot of

3:18:42

the reason that i always want to start the conversation with you

3:18:47

somewhere along the lines of devil's den um is is because

3:18:54

with that conversation comes the opening of the mind of the listener and the fact of

3:19:01

if you understand this and you're willing to understand this about them now you're willing to have

3:19:07

the deeper conversation with them you know um and you you have to understand that

3:19:13

about somebody especially if they hey if you were if you were still in the closet about it terry it'd be a different story

3:19:21

you know um but because you're out about it because you're an advocate um

3:19:27

yeah i think it's something that needs to be addressed because it is it is such a root of what you're doing and why

3:19:34

you're doing it and the mission that you have now with all of this it's so fantastic to

3:19:39

hear that like you have found something um that has rooted you in a new cause and

3:19:45

purpose you know what i think that's true and i

3:19:50

i enjoy telling my story it's therapeutic every time i tell it

3:19:56

and you know people have been very receptive to my books and i'm very grateful for that

3:20:01

and i would like to give something back uh you know this i never realized that there was a ufo

3:20:08

community uh in this world in this country uh but you know there sure is

3:20:15

um yeah a lot of people and uh more enjoying every day

3:20:22

so it'll be interesting to see what happens in 2022 uh in regard to disclosure and

3:20:30

how the government's going to handle what little bit of the cat's out of the bag now

3:20:37

yeah so yeah it's uh it's really interesting really is and i think that

3:20:43

with people like you people like sev out there as advocates for experiencers

3:20:51

um it's it's fantastic it's really great uh to see not only the open-mindedness

3:20:59

uh even even the this the side-eyed coverage that things get from the media

3:21:04

that i i know in my heart of hearts is soft disclosure but even soft disclosure

3:21:10

ends in disclosure you know no

3:21:16

like even even that is like huge steps forward um

3:21:23

and it's it's so fantastic to see those things happening to see people like you

3:21:29

um moving into this new field going into helping others who have experienced this

3:21:35

how can people come to you how can they get a hold of you how can they schedule a session with

3:21:41

you terry is as a session something that can be done over skype over zoom you know  
3:21:48  
they've been doing zoom uh hypnosis by zoom for years wow  
3:21:55  
and it's very effective [Music] it's very effective interesting  
3:22:01  
and they they taught us that specifically and they they've been teaching it long  
3:22:06  
before the pandemic started so um yeah  
3:22:12  
you know we could do anybody uh like the guy that had the past life was  
3:22:18  
uh in new york city and uh so you know i've done  
3:22:25  
one in person uh okay session and all the rest of them have been by  
3:22:30  
zoom so people can reach me at terrylovelace.com or pardon me terrylavius.com is my  
3:22:36  
website they can reach me at terry lovelace yahoo.com and there is actively a contact form on  
3:22:43  
your website as well that'll that'll i'm sure go right there to where where you're talking about so  
yeah yeah but  
3:22:51  
yeah terry lovelace yahoo.com is your personal um to get a hold of you and  
3:22:57  
yeah stop on by check it out folks stop on by the dude the curious realm store i did that with a  
guest the other night  
3:23:04  
still said dudes and beer uh curiousrealms.org curiousrealm.com forward slash store you can pick  
up  
3:23:10  
terry's books there as well terry um i definitely want to talk to you  
3:23:16  
about doing it let's do a session  
3:23:21  
in an episode uh let's let's do let's do a let's do a  
3:23:27  
regression session on me for an episode uh i would do that and we'll do this  
3:23:34  
we'll do it as a recorded session yeah yeah yeah absolutely that's what i'm saying but the the  
session will be  
3:23:39  
released as an episode and we can see because like i i had a girlfriend at one  
3:23:44  
point she's a lovely lady uh jen blessings to you out there she's actually the one who gave me  
3:23:51

my huge like foot long lemurian crystal that sits on my uh sits on my shelf here  
3:23:58  
in my studio but um she she said that i was a fungus  
3:24:05  
on another planet in a previous life and hey you know i'm i'm not saying that  
3:24:13  
maybe i wasn't a fungus on another planet i have a tendency tendency toward  
3:24:18  
fungi i i enjoy them they're tasty in all rights  
3:24:25  
i think they're also intelligent in their own way yes absolutely i'm getting ready to find  
3:24:31  
the uh mycologist that has been talking about that recently so um yeah yeah it's it's absolutely  
3:24:38  
interesting but um i have been i have been wanting to like uh do an ayahuasca episode  
3:24:47  
where i actively go through an ayahuasca ceremony and record it and release that as part  
3:24:54  
of a live episode and my experience with that um and i wanted to do a a hypno a  
3:25:00  
hypnotherapy episode where i am actively hypnotized during it so  
3:25:05  
that we can certainly do and do it just like we did with this you  
3:25:12  
know pre-recorded and yeah that would be that would be really interesting to uh  
3:25:17  
regress chris and and see what's in my past if anything or  
3:25:22  
but well and you know i would as a lawyer i i have a whole lot more trust in you  
3:25:29  
than i do the the average hypnotherapist that i would meet off the street you know um  
3:25:36  
like like i'm meeting hypnotherapists on the street you know like hey buddy you look like you  
need a  
3:25:43  
regression come here that sounds like the creepiest prospect  
3:25:49  
ever the street hypnosis the street hypnosis deeper and deeper now  
3:25:57  
we're gonna go past that one  
3:26:02  
all the way back to your mother's womb in a place that's dark  
3:26:07  
and warm and safe deeper and deeper  
3:26:13  
still calm and relaxed can you visualize that do you feel like

3:26:20

you're there yes

3:26:29

we're gonna go past them we're going to go before that

3:26:34

we're going to go back we're going to go back before your conception

3:26:40

before you came here we're going to go back and what i'd like you to do

3:26:47

in your mind's eye i'd like you to picture a hallway like a hallway in a hotel

3:26:54

that has doors to the left and doors to the right

3:27:04

you can walk down this hallway or you can stand still

3:27:09

i'd like you to look to the left or right and pick any door that you like

3:27:16

just choose the door of your own liking

3:27:21

let me know when you're standing in front of me okay

3:27:29

you can reach down now and open that door and tell me what you see

3:27:44

it's a bright field

3:27:53

just grass everywhere like a medal

3:27:59

yeah have you been here before

3:28:08

i don't know i'd like you to look at your hands

3:28:13

and tell me if you're a man or a woman in this lifetime

3:28:20

oh man i'd like you to tell me what you're wearing what kind of clothes are you in

3:28:34

what pants

3:28:56

your jacket

3:29:06

look around and tell me what you see

3:29:26

this is a farm

3:29:33

do you have a feel for what year it is

3:29:40

now

3:29:46  
are there buildings or roads fences  
3:29:54  
it's a farm a house  
3:30:07  
and the house is your house is that right  
3:30:13  
now  
3:30:20  
do you work on this farm  
3:30:26  
i don't know  
3:30:36  
go ahead and look i'm sorry i spoke over you what did you  
3:30:44  
see i'm lost  
3:30:56  
can you tell me about that  
3:31:05  
can't find anybody and you don't know where you're at  
3:31:12  
is that right yeah do you want to explore this or do you  
3:31:19  
want to go back and choose another doorway  
3:31:26  
explore it then go to the house and go to the barn  
3:31:32  
either one  
3:31:49  
does the house look old or is it yes  
3:31:55  
yes so can you walk up to the front door  
3:32:02  
yes open the door and step inside  
3:32:25  
does anyone greet you no  
3:32:34  
then go ahead and look around it's okay you're safe  
3:32:40  
it's okay walk around and tell us what you see  
3:32:57  
there's plates on the table  
3:33:08  
how many plates five  
3:33:22  
room full of books



3:33:40

does a family live here or is it something else

3:33:49

i don't know

3:33:56

do you find a stairway wow

3:34:06

tell me about the room full of books

3:34:17

it's less lots of books can't read

3:34:26

and this in this lifetime do you not know how to read

3:34:33

wow

3:34:46

is there a desk

3:34:53

is there a pen or an ink well

3:34:59

no

3:35:04

is there a window in the room yes

3:35:11

look out the window and tell me what you see

3:35:24

welder on a river

3:35:31

do you know the name of the river yeah oh

3:35:41

do you speak english or do you speak another language

3:35:51

some english

3:36:01

and what's the other language that you know

3:36:12

rich

3:36:18

are the books in the study are they in french or do you even or do you know

3:36:28

no french yes

3:36:34

and do you feel like you're a guest here

3:36:40

yes

3:36:46

look around the house some more and see if there's someone else there

3:36:52  
someone else that greets you  
3:37:04  
no one here okay  
3:37:15  
go back to the kitchen and tell me  
3:37:20  
is there food in the kitchen  
3:37:27  
red eggs  
3:37:38  
tomatoes  
3:37:49  
now i'd like you to leave the house and go to the barn  
3:37:56  
when you walk to the barn out the front door  
3:38:17  
inside the barn what do you see  
3:38:27  
yes good is there a carriage or a cart  
3:38:38  
wow  
3:38:48  
have you used that plow before yes  
3:39:00  
and what else do you see in the glory  
3:39:05  
samuel know you yeah  
3:39:13  
do you know the mural's name  
3:39:32  
is there anything else in the barn that you see  
3:39:40  
chickens yes  
3:39:49  
do you feed those chickens yes  
3:39:54  
and they know you yes  
3:40:06  
and do you come out and collect the eggs  
3:40:16  
yes are there any other animals in the barn  
3:40:26  
a cat good  
3:40:33  
do you know the name of the cat

3:40:41  
wacky good  
3:40:48  
good walk around the barn and explore a  
3:40:53  
little bit and tell me what you find  
3:41:15  
the song  
3:41:31  
where are the people chris do you know god  
3:41:44  
will they come back yes  
3:41:56  
where do you sleep at night  
3:42:06  
so there's a spot in the barn for you yes  
3:42:16  
are you paid a wage  
3:42:35  
wage  
3:42:42  
i don't know i live in a farm  
3:42:51  
do they ever give you points i'm sorry i interrupted you  
3:43:01  
no coins  
3:43:08  
[Music] saved yes  
3:43:20  
the people that are there there were five place settings in the  
3:43:25  
kitchen are there children too  
3:43:30  
yes and a man and a wife  
3:43:43  
do you eat at the table with them  
3:43:49  
yes  
3:43:56  
are you related by blood to this family in any way  
3:44:01  
no  
3:44:13  
chris do you remember speaking french  
3:44:22  
no do you remember

3:44:27

being on a ship and crossing the ocean

3:44:33

no do you think that you're maybe in france

3:44:47

no what country are you in

3:44:58

i don't know

3:45:10

can you write can you write your name

3:45:15

no

3:45:24

go to where you're s to where you sleep and tell me what's there do you have

3:45:30

possessions clothes

3:45:36

a watch nice

3:45:48

tell me about that it's a good night

3:45:56

my pup gave it to me

3:46:03

and these things are familiar

3:46:12

this pup

3:46:18

that's your spot right

3:46:25

are there candles or a lantern or a lamp of some kind

3:46:32

lancer

3:46:44

does this place make you feel emotional yes

3:46:49

yes it does it's okay

3:46:55

it's all right you've been there before but this is just a memory

3:47:06

chris does something happen there

3:47:20

oh

3:47:29

my god sick yes you got sick

3:47:36

you got sick and you passed away sick

3:47:47

that must have been hard

3:47:52

do you remember getting old there

3:47:58

yes do you remember when you passed away

3:48:15

tell me about pop

3:48:24

stop taught me the trap

3:48:32

to live

3:48:40

and he's kind to you yeah

3:48:51

and his wife is kind to you

3:49:12

can you recall a time when you left this place

3:49:24

no stayed here

3:49:32

and you stayed there for a lifetime

3:49:46

did you drink wine with your meals or beer

3:49:52

or water

3:50:00

water from the well

3:50:06

to the river yes good

3:50:13

and did you go to religious services on sunday

3:50:23

but did pop and the rest of the family go to religious services

3:50:40

did visitors come to the house ever that you know

3:50:48

sometimes

3:50:56

family family

3:51:05

were there neighbors no

3:51:14

did there come a time when you went to town

3:51:22

it's too big

3:51:31  
oh don't like town  
3:51:39  
how did how did the farm get feed for the mule and feed for the  
3:51:45  
chickens wine and food or beer or water or bread  
3:51:52  
how how did provisions come  
3:51:58  
the general store yes  
3:52:04  
i stay here you stay at the farm  
3:52:12  
yes and you're safe at the farm  
3:52:21  
ah is there some threat  
3:52:28  
off the farm that would make you feel unsafe  
3:52:34  
town's too big i don't like it  
3:52:46  
and the people there are mean  
3:52:56  
too fast  
3:53:01  
fast way of life  
3:53:07  
yes  
3:53:15  
were you ever inside the general store  
3:53:23  
what what did you see  
3:53:31  
saw the jars of candy tools  
3:53:41  
my knife  
3:53:51  
yes  
3:53:56  
did you see money exchanged currency of any kind coins or paper  
3:54:05  
and i'll remember okay  
3:54:11  
and do you have a feel at all for what year it might be  
3:54:30  
oh yes

3:54:42  
and there did come a time when you left the farm  
3:54:51  
do you remember your death  
3:54:58  
he's old tired  
3:55:05  
hard life good life  
3:55:11  
happy were there people there with you when  
3:55:18  
you passed away  
3:55:23  
yeah people that loved you  
3:55:34  
and was your passing easy  
3:55:43  
went to sleep yes  
3:55:51  
and you left this lifetime  
3:55:59  
oh he's so nice yes  
3:56:06  
it was home for you  
3:56:16  
did you see your funeral  
3:56:25  
what's under my tree yes  
3:56:35  
on green grass and shade  
3:56:44  
and people were there to grieve for you  
3:56:53  
and when you left this lifetime you want some place in between  
3:56:59  
someplace between that lifetime and the next lifetime  
3:57:06  
when you passed away can you tell me where you went  
3:57:23  
it was warm and soft  
3:57:29  
or warm if it was warm warm  
3:57:35  
yes and soft  
3:57:41  
and safe yeah

3:57:46

did you have a body or were you just a spirit

3:57:56

i don't know

3:58:08

did you see or talk to other spirits when you were there

3:58:17

i feel them don't talk

3:58:34

we just know yes

3:58:41

and you're together in a soul group of people is that right or are you by yourself

3:58:49

see everyone that's right

3:58:56

yes and you know them

3:59:07

did there come a time when you came back to this planet or another

3:59:14

planet in a body of some kind and were born again

3:59:31

remember being far away far away

3:59:41

far away in another country far away on another planet

3:59:48

and travel years yes yes

4:00:02

and where was your final destination after your travels

4:00:09

so um

4:00:16

can you tell me about home

4:00:32

oh just blue

4:00:41

when you're home [Music]

4:00:48

tell me what you see chris

4:01:01

i see the window

4:01:08

and people waving in it are you inside or are you outside

4:01:16

i'm outside when people are waving to you

4:01:22

they've gone a long long time yes



4:01:28  
and are they welcoming you home  
4:01:35  
and you go through the front door  
4:01:40  
yes and there they're with you  
4:01:47  
hug you comforts you and you know them  
4:01:53  
yes i see my kids do you remember their names  
4:02:06  
marvin and leela  
4:02:17  
marlon and leland these are pretty names  
4:02:25  
and is this a different lifetime  
4:02:35  
i don't know probably  
4:02:44  
yes  
4:02:51  
can you look around the house and tell me what you see [Music]  
4:03:05  
see my children's room  
4:03:13  
and are there toys yes  
4:03:19  
toys beds  
4:03:25  
is this truth  
4:03:30  
yes good is this modern times  
4:03:37  
or is this in the past  
4:03:44  
past far far away far far away  
4:03:55  
do you know what country you're in  
4:04:06  
slaughter  
4:04:11  
[Music] are there two sons  
4:04:18  
or only one  
4:04:25  
is there a moon at night three moons

4:04:31

three moons at night

4:04:41

can you describe your clothing for me what are you wearing

4:04:48

it's gray [Music]

4:04:55

tall gray

4:05:00

stay anyway

4:05:14

is it good to see your children again yeah

4:05:20

it's great to see you leah how old is

4:05:28

she don't ask a lady gray never

4:05:34

that's right how old are you

4:05:40

just do you know 200

4:05:55

so 200 years on that plan

4:06:09

do you know what do you do for a living do you work

4:06:15

i study you study

4:06:23

do you know what what kind of study you do what is your occupation what are you

4:06:29

studying science

4:06:38

yes what kind of science do you study [Music]

4:06:47

electronics building

4:06:59

and then there come a time when you want to work in the electronic field there

4:07:09

yes travel so far

4:07:21

and what kind of vehicle do you travel

4:07:35

a ship

4:07:42

but it's not a ship on the water is it oh

4:07:51

it's what we might call a spaceship air is water it's all water is

4:07:59  
um no difference  
4:08:11  
and are there cities and towns and highways and roads  
4:08:20  
this is everything yes a lot like here like now in this  
4:08:26  
lifetime more  
4:08:40  
and your children went to school  
4:08:45  
no children don't go to school  
4:08:56  
do they learn at home or do they just know  
4:09:07  
[Music] it's hot  
4:09:18  
yes  
4:09:28  
and you have a son named marlon [Music] marvin  
4:09:35  
marvin i'm sorry what does marvin want to be  
4:09:40  
when he grows up  
4:09:49  
marvin wants to wants to build  
4:09:54  
yes he wants to build things  
4:10:01  
and in this lifetime was there anything  
4:10:07  
special that happened to you  
4:10:20  
oh yeah yeah  
4:10:26  
yes  
4:10:33  
and have you known her in other lifetimes  
4:10:39  
wow  
4:10:46  
just there [Music]  
4:10:52  
and did you grow old there  
4:11:04  
what's all did you come a time when you passed away

4:11:15

i don't know

4:11:22

yeah it's hard

4:11:30

is there anything else important

4:11:49

sounds always sounds

4:11:58

what kind of sounds

4:12:08

everything around makes a cell are we talking vibrational kind of

4:12:15

things are we talking music

4:12:21

i hear everything yes

4:12:29

and as your sense of hearing your primary sense the primary way that you sense things

4:12:40

here inside

4:12:52

can you see yes

4:13:01

can you tell me what you eat do you take in nourishment of some kind

4:13:10

yes look at it and tell me what it is

4:13:18

apples

4:13:23

fruit

4:13:33

in this place do you eat meat the flesh of animals

4:13:39

wow

4:13:50

food and vegetables and do you go to a store to buy

4:13:57

fruits and vegetables no

4:14:06

growth you called him

4:14:22

do you want to explore this place some more or do you want to go to another doorway

4:14:30

or do you want to wake up

4:14:36

recap

4:14:55

you want to wake up

4:15:06

tell me what you'd like to do okay

4:15:12

well we can do that very easily but what i want you to do first is i

4:15:18

want you to go back to the doorway step into the hallway

4:15:24

and shut the door

4:15:34

now we're going to move forward we're going to move forward

4:15:40

into the dark warm place of your mother's womb warm and safe

4:15:46

we're still calm and relaxed the things you saw may be emotional but

4:15:55

their their visions of the past

4:16:01

they still affect us

4:16:06

but you had a good life

4:16:12

and then you were born here on earth in this lifetime

4:16:19

what i'm going to do in a moment is i'm going to count from 5 backward

4:16:27

and we're going to wake up

4:16:35

before i do that is there anything else that you would like to explore or like

4:16:41

help with

4:16:51

okay [Music]

4:16:59

in a moment i'm gonna count from one up to five

4:17:06

and you will come back into this room feeling relaxed feeling refreshed

4:17:11

feeling rested feeling great one

4:17:16

energy is flooding back into your body now you're waking up

4:17:22

two feeling filled with energy and light refreshed and awake

4:17:29

three with lots and lots of energy four

4:17:35

feeling bright unconditional love in your heart five open your eyes if you haven't

4:17:43

already wide awake feeling refreshed

4:17:48

still feeling relaxed feeling good

4:17:54

wake up chris and have a wonderful day um yeah terry thanks so much man i

4:18:00

greatly appreciate it uh please do hold the line while we close things out once again folks stop on by

4:18:08

terrylovelace.com is the website uh you can purchase i see his stuff is

4:18:13

available on audible now which is great uh stop on by check that out stop on by

4:18:19

terry lovelace dot com forward slash contact to get in touch with terry uh terry lovelace yahoo.com this is

4:18:26

personal folks until next time take care of yourselves take care of each other

4:18:32

and remember stay curious we'll talk to you soon

4:18:52

[Music]

4:19:00

this [Music]

4:19:06

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remember the other side is always watching

4:20:10  
[Music]  
4:20:25  
two